ᐃᓚᖓ 4 -

ᓴᐳᑎᓯᒪᔪᑎᑦ

ᐊᓴᐱᒃᓴᖅᑖᕐᓂᕐᒥᑦ

ᐃᓄᐃᑦ ᓄᓇᓕᖕᒋᓐᓂᑦ ᐊᓴᐱᒃᓴᕐᒥᒃ/ᐊᓴᐱᒥᒡᓗ ᐱᔾᔪᑎᖃᖅᑐᑦ ᐅᖃᓕᒫᒐᑦ

ᐃᓚᖓ 4 - ᓴᐳᑎᓯᒪᓗᑎᑦ ᐊᓴᐱᒃᓴᖅᑖᕐᓂᕐᒥᑦ

ᐃᓄᐃᑦ ᓄᓇᓕᖏᓐᓂᑦ ᐊᓴᐱᒃᓴᕐᒥᒃ/ᐊᓴᐱᒥᒡᓗ ᐱᔾᔪᑎᖃᖅᑐᑦ ᐅᖃᓕᒫᒐᑦ

ᐸᐅᒃᑑᑎᒃᑯᑦ ᐊᕐᓇᑦ ᐃᓄᐃᑦ ᑲᑐᔾᔨᖃᑎᒌᖏᓐᓄᑦ 1999-ᒥ ᐅᖃᓕᒫᒐᓕᐊᖑᔪᑦ.

ᑖᒃᑯᐊᑦ ᐅᖃᓕᒫᒐᑦ ᓄᓇᓕᖕᒥᐅᓄᑦ ᐊᑐᖅᑕᐅᔪᒃᓴᓂᑦ ᐊᔾᔨᓕᐊᖑᔪᓐᓇᖅᑎᑕᐅᕗᑦ ᐸᐅᒃᑑᑎᑦ ᐊᕐᓇᑦ ᐃᓄᐃᑦ ᑲᑐᔾᔨᖃᑎᒌᖏᓐᓄᑦ.

ᑖᒃᑯᐊᑦ ᐅᖃᓕᒫᒐᓕᐊᖑᓂᖏᑦ (ᐃᓚᖏᑦ 1-6) ᑲᓇᑕᒥ ᐋᓐᓂᐊᖅᑕᐃᓕᔪᓕᓇᔨᒃᑯᓐᓂᑦ ᐋᓐᓂᐊᕐᕕᖕᓂ ᐱᓕᕆᕝᕕᖏᓐᓂᑦ, ᐊᓴᐱᒃᓴᕐᒧᑦ/ᐊᓴᐱᒧᑦ ᐊᐃᑦᑐᕐᓗᒃᑕᐅᑦᑕᐃᓕᓂᕐᒧᑦ ᐱᓕᕆᕝᕕᖏᓐᓂᑦ ᐊᒻᒪ ᓄᓇᓕᖕᓂ ᐱᔾᔪᑎᓕᖕᓂᑦ ᐱᓕᓇᐊᖏᓐᓂᑦ ᑮᓇᐅᔭᖅᑎᑕᐅᕗᑦ.

ᑕᕝᕙᓂ ᐅᖃᐅᓯᐅᔪᑦ ᐃᓱᒪᒋᔭᐅᔪᑦ ᑎᑎᕋᖅᑐᒧᑦ ᐃᓱᒪᒋᔭᐅᕗᑦ ᐊᔾᔨᖃᓐᖏᑐᐃᓐᓇᓇᐊᖃᕐᓗᑎᒃ ᑲᓇᑕᒥ ᐋᓐᓂᐊᖅᑕᐃᓕᒪᔪᓕᓇᔨᓄᑦ ᐃᓱᒪᒋᔭᐅᔪᓄᑦ.

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ᐅᖃᓕᒫᒐᐅᑉ ᖃᖓᓂ ᐃᓗᐊᓂᓗ ᑎᑎᕋᐅᔭᖅᓯᒪᔪᑦ ᕿᐃᐊᑐᕐ ᑳᒻᐳᓪᒧᑦ ᑎᑎᕋᐅᔭᖅᑕᐅᓯᒪᕗᑦ

ᐅᖃᓕᒫᒐᑦ ᓄᐊᑕᒃᓴᑯᓐᓄᑦ ᑐᓴᐅᒪᑎᑦᑎᔪᓕᓇᔨᓄᑦ ᐋᖅᑭᒃᓯᖅᑕᐅᓯᒪᕗᑦ

ᐅᖃᓕᒫᒐᑦ ᐊᔾᔨᖏᑦ ᐃᓄᒃᑎᑐᑦ ᖃᓂᐅᔮᖅᐸᐃᑎᑐᑦ, ᓛᐸᑐᐊᒥ ᖃᓕᐅᔮᖅᐸᐃᑎᑐᑦ ᐊᒻᒪᓗ ᖃᓪᓗᓈᑎᑐᑦ ᐊᑐᐃᓐᓇᐅᕗᑦ.

ᑐᓴᓇᐊᕈᒪᒍᕕᑦ ᐅᖃᓕᒫᒐᓕᐊᖑᓯᒪᔪᓂᒡᓘᓐᓃᑦ ᑎᑭᓴᐃᔪᒪᒍᕕᑦ:

ᐊᕐᓇᐃᑦ ᐃᓄᐃᑦ ᑲᑐᔾᔨᖃᑎᒌᖏᑦ
PAUKTUUTIT
Inuit Women's Association

ᐸᐅᒃᑑᑎᑦ ᐊᕐᓇᑦ ᐃᓄᐃᑦ ᑲᑐᔾᔨᖃᑎᒌᖏᑦ
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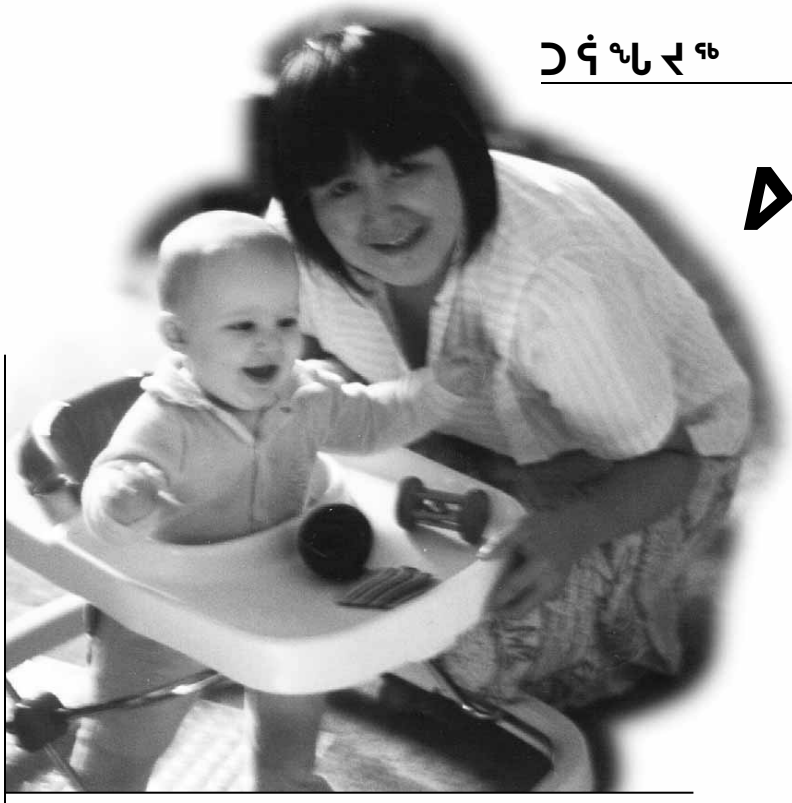
ᑐᕋᖓᔪᖅ

ᐅᖃᖅᑎᓪᓗᖓ ᑐᓴᓚᐅᖅᐱᖓ?



ᓛᑎᐊ ᐸᐃᓇᔪᖅ

ᐊᓴᐱᒧᑦ ᐃᓅᔪᓐᓃᓚᐅᕐᓂ 1992-ᒥᑦ, ᓛᑎᐊ ᓈᑕ ᐅᒃᐱᓇᔭᐅᓂᕐᓗᒃᑐᓂᑦ ᓇᓗᓇᐃᓇᔭᖅᑐᖅᐸᒃᑐᓂ ᐅᓄᖅᑐᓄᑦ ᐅᑭᐅᖅᑕᖅᑐᒥᑦ ᓄᓇᓕᖕᓄᐊᖅᐸᓚᐅᖅᐳᖅ ᐃᓄᖕᓂᒡᓗ ᐊᓴᐱᒃᓴᕐᒥᒃ/ᐊᓴᐱᒥᒡᓗ ᐱᔾᔪᑎᓕᖕᓂᑦ ᐃᓕᓐᓂᐊᖅᑎᑦᑎᔭᖅᑐᖅᐸᒃᑐᓂ. ᓯᕗᓂᐊᓂ ᐊᕐᕌᒍᑦ ᖃᔅᓯᑦᑎᐊᖕᒍᓚᐅᖅᑐᓂᑦ, ᐊᓴᐱ ᑲᔅᐱᐊᒋᔭᐅᒧᑦ ᓛᑎᐊ ᓄᓇᓕᖕᒥᓂᑦ ᐊᐅᓪᓚᓇᐊᖃᓕᓚᐅᖅᐳᖅ ᖃᐅᔨᒪᓐᖕᒋᑕᒥᓄᐊᕐᓗᓂ (ᐋᓪᓚᓄᑦ) ᖃᓪᓗᓈᑦ ᓄᓇᖕᒋᓐᓄᑦ. ᑕᐃᒪᓐᖓᓂᑦ ᓛᑎᐊ ᑲᒪᓇᒻᒪᓇᒃᑐᒥᑦ ᐊᓴᐱᒥᒃ ᐃᓕᓐᓂᐊᖅᑎᑦᑎᖃᑦᑕᓕᓚᐅᖅᐳᖅ ᑕᒪᓐᓇᓗ ᐃᖅᑲᐅᒪᓇᕈᑎᒋᓂᐊᕐᓂᕐᓗᓂᐅᒃ.

ᐃᓅᓯᕐᒥᓂᑦ ᐋᓐᓂᐊᕐᓂᖃᕐᓂᕐᒥᓂᓗ ᓱᓕᑦᑎᐊᕐᓗᓂ ᐅᖃᐅᓯᖃᖃᑦᑕᕐᓂᕐᒥᓄᑦ ᐊᓯᖏᑦ ᐃᓄᐃᑦ ᑐᑭᓯᕙᓪᓕᐊᓕᓚᐅᖅᐳᑦ ᐊᓴᐱᒃᓴᖅ/ᐊᓴᐱᓗ ᑕᒪᐃᓐᓄᓗᒃᑖᖅ ᐊᑦᑕᕐᓇᕐᓂᖓᓄᑦ ᐊᒃᓯᑭᕐᓇᖅᑐᒃᑰᑭᑕᐅᓂᖓᓄᓪᓗ. ᓛᑎᐊᑉ ᖃᓄᖅ ᐊᑕᐅᓯᖅ ᐃᓄᒃ ᐊᓯᓐᖓᖅᑎᓇᔪᓐᓇᖅᑎᒋᓂᖓᓄᑦ ᖃᐅᔨᑎᑦᑐᓐᓇᓚᐅᖅᐸᑦᑎᒍᑦ.

ᐊᓯᖏᑦᑐᖅᑐᖅᑕᐅᓂᖓᓄᑦ ᖃᐅᔨᑎᑦᑐᓐᓇᓚᐅᖅᐸᑦᑎᒍᑦ.

ᐊᖓᔪᖅᑳᒻᒪᓇᐅᑉ ᐅᖃᐅᓯᒃᓴᖏᑦ

ᕕᒋᓂ ᑑᕝᕙᕐ

ᐃᓄᐃᑦ ᐋᓐᓂᐊᖅᑕᐃᓕᔭᕆᐊᖃᕐᓂᖏᓐᓄᑦ ᐃᓅᓯᖃᑦᑎᐊᕆᐊᖃᕐᓂᖏᓐᓄᑦᓗ ᐃᓱᒪᓗᒃᑎᖃᒻᒪᓇᒃᐳᖓ. ᐋᓐᓂᐊᕐᓂᖃᒋᓐᓂᒋᓐᓇᖅᐸᒃᑕᑦᑕ ᓇᖏᓂᖅ ᑲᒪᒋᑦᑎᐊᖅᐸᒡᓗᑕ, ᐃᓕᓐᓂᐊᖅᐸᒡᓗᑕ ᖃᓄᖅ ᐋᓐᓂᐊᕐᓂᖅᑕᐃᓕᔪᓐᓇᕐᒪᖔᑦᑕ ᐊᒻᒪᓗ ᐃᓕᑉᐸᓪᓕᐊᔭᑦᑎᓐᓂᑦ ᐊᑐᕐᓗᑕ.

ᓄᓇᖏᒥᐅᓕᒫᑦ ᐃᓚᒋᓐᓂᑦ ᓄᓇᖏᓂᑦ ᓄᓇᕐᔪᐊᕐᒥᑦ ᓄᓇᒋᔭᐅᔪᓂᑦ ᓄᖑᑕᐅᖃᑦᑕᖅᓯᒪᔭᑦ ᐊᓴᐱᒃᓴᖅ/ᐊᓴᐱᓗ ᐱᔾᔪᑕᐅᑉᓗᑎᒃ, ᐊᒥᓱᐊᓗᐃᑦ ᓄᑕᖅᑲᑦ ᐃᓕᐊᕐᔪᓐᖑᕐᓗᑎᑦ.

ᐊᒥᓱᑎᒍᑦ ᓖᑎᐊ ᐆᑕᐅᑉ ᐃᓅᓯᖓᓂᒃ ᑐᓴᐅᒪᒐᑦᑕ ᓇᖏᓂᕐᓗ ᖃᐅᔨᒪᔭᖃᕐᓗᖓ ᐃᓄᑦᓚᓇᖓᓂᑦ ᐊᓴᐱᒃᓴᓕᖓᓂᒃ. ᐊᑕᐅᓯᐅᓐᖏᑦᑐᒥᑦ ᐃᓄᖏᑦ ᐃᓅᔪᓐᓃᖅᑐᖃᖅᓯᒪᓕᖅᐳᖅ ᐊᓴᐱ ᐱᔾᔪᑕᐅᑉᓗᓂ. ᖃᐅᔨᓯᒪᓕᖅᐳᖓ ᒪᒃᑯᒃᑐᑦ ᐊᐃᑦᑐᕐᓗᒃᑕᐅᓯᒪᓕᖅᑐᑦ ᐊᒥᓲᑦᓕᕝᕙᑦᓕᐊᑐᐃᓐᓇᕐᖏᓐᓄᑦ, ᐱᖃᓯᐅᔾᔭᐅᑉᓗᑎᒃ ᓄᓇᖃᖅᑳᖅᓯᒪᔪᑦ ᒪᒃᑯᒃᑐᑦ. ᒪᒃᑯᒃᑐᑦ ᐊᐃᑦᑐᕐᓗᒃᑕᐅᕝᕙᒃᑐᑦ ᑐᓴᐅᒪᑦᑎᐊᖅᖏᓐᓂᕐᒧᐃᓐᓇᐅᖏᑦᑐᖅ ᐃᓱᒪᓕᐅᑦᑎᐊᖅᐸᖅᖏᓐᓂᕐᒧᐃᓐᓇ-ᐅᖏᑦᑐᕐᓗ, ᑭᓯᐊᓂᒃ ᐃᖏᓐᓂᒃ ᐃᓱᒪᑦᑎᐊᖅᖏᓗᐊᕐᓂᖅ ᐱᔾᔪᑕᐅᕝᕙᒃᑭᐅᑉ.

ᐊᒥᓱᑎᒍᑦ ᖃᐅᔨᒪᒐᑦᑕ ᖃᓄᖅ ᐊᓴᐱᒃᓴᕐᒥᑦ ᓴᐳᑎᓯᒪᔪᓐᓇᕐᒪᖔᑦᑕ, ᑭᓯᐊᓂ ᐊᑐᖅᐸᒐᑕ.

ᑖᒃᑯᐊᑦ ᐅᖃᓕᒫᒐᑦ ᐊᑐᖅᑕᒃᓴᓇᕝᕙᑦ ᓇᖏᓂᖅ ᓄᓇᖏᐅᑉᓗ ᑐᓴᐅᒪᔭᓇᐊᖃᕐᓂᓯᒃᑦ. ᑭᒃᑯᓗᑖᑦ ᖃᐅᔨᒪᔭᓇᐊᖃᕐᒪᑕ ᓯᓕᔪᓂᒃ. ᓄᓇᓕᒋᔭᕐᑦ ᐃᓱᒪᓕᐅᓇᐊᖃᕐᓂᓯᒃᑦ ᐊᒥᓱᑎᒍᑦ ᖃᐅᔨᒪᒐᑦᑕ ᖃᓄᖅ ᐊᓴᐱᒃᓴᕐᒥᑦ ᓴᐳᑎᓯᒪᔪᓐᓇᕐᒪᖔᑦᑕ, ᑭᓯᐊᓂ ᐊᑐᖅᐸᒐᑕ.

ᑖᒃᑯᐊᑦ ᐅᖃᓕᒫᒐᑦ ᐊᑐᖅᑕᒃᓴᓇᕝᕙᑦ ᓇᖏᓂᖅ ᓄᓇᓕᖏᐅᑉᓗ ᑐᓴᐅᒪᔭᓇᐊᖃᕐᓂᓯᒃᑦ. ᑭᒃᑯᓗᑖᑦ ᖃᐅᔨᒪᔭᓇᐊᖃᕐᒪᑕ ᓯᓕᔪᓂᒃ. ᓄᓇᓕᒋᔭᕐᑦ ᐃᓱᒪᓕᐅᓇᐊᖃᕐᓂᓯᒃᑦ ᐊᒥᓱᑎᒍᑦ ᖃᐅᔨᒪᒐᑦᑕ ᖃᓄᖅ ᐊᓴᐱᒃᓴᕐᒥᑦ ᓴᐳᑎᓯᒪᔪᓐᓇᕐᒪᖔᑦᑕ, ᑭᓯᐊᓂ ᐊᑐᖅᐸᒐᑕ.

ᐃᓕᓴᓇᔭᐅᔪᑦ

ᖁᔭᓕᕝᕙᑦ ᑲᑎᒪᔨᕋᓛᓃᖃᑕᐅᔪᑦ: ᐆᐱᑦ ᐊᓄᐃ, ᐋᓕᕝ ᐸᐃᑦᑐᕐ, ᑮᑕ ᒍᓈ, ᕕᓂ ᖃᓇᑕᖅ, ᒧᐊᖅᑎ ᐃᖃᖅᓴᖅ, ᐃᓕᓇ ᐸᐸᕐᕝᓯ, ᕐᔾᔪ ᒪᓂᓕᖅ, ᓗᐃᓴ ᐅᑲᓕᐊᕐᓄᒃ, ᒫᒪᑭ ᕕᐊᑉ, ᓅᐳᕋ ᓅᑉᒪ, ᑐᑭᒧᐊᖅᑎᑦᑎᓚᐅᕝᕙᑦᐸᑕ ᑕᒪᕝᓇ ᐱᓕᓇᐊᖓᒍᔪᖅ ᐱᐊᓂᓴᔭᓚᐅᕝᕙᒪᑦ. ᖁᔭᓕᕝᕙᑦ ᑎᑎᕋᖅᑎᒋᔭᕐᑦ, ᑖᑦ ᐋᓴᓯᑐᕐᕝᕙ, ᑐᑭᒧᐊᖅᑎᒋᔭᕐᑦ ᑲᑕᓇ ᑲᐃᓇ ᐊᒻᒪᓗ ᑎᑎᕋᖅᑕᐅᔪᓂᑦ ᐋᖅᑭᒃᓯᐃᓐᓯᒋᔭᕐᑦ ᕕᕐᓂ ᑑᕝᕙᑦ ᐊᒻᒪᓗ ᑐᕋᐃᓯ ᐅᓴᕋᐃᕝᕙ. ᖁᔭᕝᓇᒦᒃ ᐃᓄᒃᑎᑑᓕᓇᓛᒃ, ᓕᐅᓂ ᑯᓄᒃ ᐊᒻᒪ ᐅᓗᑕ ᖃᔫᕐᔪᐊᖅ ᐃᓄᒃᑎᑐᑦ ᖃᓂᐅᔫᖅᐸᐃᑎᑑᓇᓚᐅᕐᒪᑎᒃ ᐊᒻᒪᓗ ᓇᐃᒥ ᑐᒡᓚᕕᓇ ᓛᐸᑐᐊᕐᒥᐅᑎᑐᑦ ᖃᓕᐅᔫᖅᐸᐃᑎᑑᓇᓚᐅᕐᒪᑦᑕ. ᖁᔭᓕᕝᕙᑦ ᓄᓇᓕᖅᓂᑦ 50 ᐅᖓᑖᓂᑦᑐᑦ ᕿᒥᕐᕈᐃᔨᐅᓚᐅᖅᑐᑦ ᐱᖃᓯᐅᑎᓪᓗᒋᑦ ᐃᓗᐊᖅᓴᐃᔨ ᐳᕈᒃᓵ ᐊᒻᒪᓗ ᐃᓗᐊᖅᓴᐃᔨ ᐊᐃᓐᔪᑦ ᐋᑐᐊᑉ ᐋᓐᓂᐊᕐᕕᐃᓵᔪᐊᖓᓐᓂᑦᑑᒃ ᐃᑲᔪᕐᓂᖃᑦᓚᓇᒃᓯᒪᖓᒪᑎᒃ.

ᓯᕗᐊ

ᑖᒃᑯᐊᑦ ᐊᕕᓂᓕᐅᔪᑦ ᐅᖃᓕᒫᒐᓕᐊᖓᓯᒪᔪᑦ ᐊᓴᐱᒃᓴᕐᒥᒃ ᐊᓴᐱᒥᒡᓗ ᑐᓴᐅᒪᔾᔪᑎᒃᓴᐅᕗᑦ. ᑕᐃᒫᓯᖏᑦ ᒪᑯᐊ 1. *ᐊᓴᐱᒃᓴᖅ/ᐊᓴᐱ: ᖃᐅᔨᒪᔭᐅᓯᐊᓕᑦ, 2. ᐊᓐᓇᐅᒪᔾᔪᑎᕗᑦ ᐊᓴᐱᒃᓴᖃᒪᖔᑦᑐᓗ ᖃᐅᔨᓴᖅᑕᐅᕝᕙᓂᖅ; 3. ᐊᓴᐱᒃᓴᖅ: ᐊᑦᑕᕐᓇᖅᑐᑦ; 4. ᓴᐳᑎᓯᒪᓗᑎᑦ ᐊᓴᐱᒃᓴᖅᑖᓐᓂᕐᒥᑦ; 5. ᐊᕐᓇᑦ ᐊᓴᐱᒃᓴᖅ/ᐊᓴᐱᓪᓗ; ᐊᒻᒪᓗ, 6. ᑯᔭᖕᓂᒃᑯᑦ ᖁᐱᕐᓇᓯᒪᓂᒃᑯᑦ ᐊᐃᑦᑐᕐᓗᒃᑕᐅᕝᕙᒃᑐᑦ ᐊᒻᒪᓗ ᐊᓴᐱᒃᓴᖅ. ᑖᒃᑯᐊᑦ ᐅᖃᓕᒫᒐᑦ ᐃᓄᐃᑦ ᐊᓴᐱᒃᓴᕐᒧᑦ ᐊᐃᑦᑐᕐᓗᒃᑕᐅᕝᕙᒃᑐᑦ ᐅᓄᕐᓂᖏᓐᓂᑦ ᓇᓚᐅᑦᑖᖅᑕᐅᓯᒪᓂᖏᓐᓂᓗᓐᓂᑦ ᐊᑐᓐᖏᑦᑕ ᐱᔾᔪᑎᒋᓪᓗᒍ ᑕᒪᒃᑯᐊᑦ ᓈᓴᖅᑕᐅᓯᒪᔫᒐᓗᐊᑦ ᑐᑭᓯᕐᓗᒍᑕᐅᔭᐸᕐᒪᑕ ᐊᓯᓐᓇᖏᑦᑕ ᐊᓯᖏᓐᓂᖅᑐᖅᑕᐅᓯᒪᓂᖏᓐᓂᓗᓐᓂᑦ ᐊᑐᖅᐸᒐᑕ. ᖁᔭᓕᕝᕙᑦ ᐅᖃᓕᒫᒐᑦ ᐊᑐᖅᑕᒃᓴᓇᕝᕙᑦ ᓇᖏᓂᖅ ᓄᓇᓕᖏᐅᑉᓗ ᑐᓴᐅᒪᔾᔪᑎᒃᓴᐅᕗᑦ. ᖁᔭᕝᓇᒦᒃ ᐃᓄᒃᑎᑑᓕᓇᓛᒃ, ᓕᐅᓂ ᑯᓄᒃ ᐊᒻᒪ ᐅᓗᑕ ᖃᔫᕐᔪᐊᖅ ᐃᓄᒃᑎᑐᑦ ᖃᓂᐅᔫᖅᐸᐃᑎᑑᓇᓚᐅᕐᒪᑎᒃ ᐊᒻᒪᓗ ᓇᐃᒥ ᑐᒡᓚᕕᓇ ᓛᐸᑐᐊᕐᒥᐅᑎᑐᑦ ᖃᓕᐅᔫᖅᐸᐃᑎᑑᓇᓚᐅᕐᒪᑦᑕ. ᖁᔭᓕᕝᕙᑦ ᓄᓇᓕᖅᓂᑦ 50 ᐅᖓᑖᓂᑦᑐᑦ ᕿᒥᕐᕈᐃᔨᐅᓚᐅᖅᑐᑦ ᐱᖃᓯᐅᑎᓪᓗᒋᑦ ᐃᓗᐊᖅᓴᐃᔨ ᐳᕈᒃᓵ ᐊᒻᒪᓗ ᐃᓗᐊᖅᓴᐃᔨ ᐊᐃᓐᔪᑦ ᐋᑐᐊᑉ ᐋᓐᓂᐊᕐᕕᐃᓵᔪᐊᖓᓐᓂᑦᑑᒃ ᐃᑲᔪᕐᓂᖃᑦᓚᓇᒃᓯᒪᖓᒪᑎᒃ.

ᓯᕗᓪᓕᖅ ᓴᐳᒻᒥᔾᔪᑎᕗᑦ - ᐃᓱᒪᕗᑦ

ᓄᓕᐊᕈᒪᓂᖅ ᐊᒻᒪ ᐅᖓᓂᖅ ᐃᓱᒪᑦᑎᓐᓄᑦ ᓴᓐᖏᔪᐊᓘᕗᒃ. ᐅᑯᑦᑎᓐᓂᑦ ᓴᐳᒻᒥᔪᓐᖅᐳᒍᑦ ᐊᓴᐱᒃᓴᖅᑖᖅᑕᐃᓕᓂᕐᒥᒃ ᐃᓱᒪᖃᑎᐊᕐᓗᑕ ᓱᓕᔪᓂᓪᓗ ᑐᓴᐅᒪᓗᑕ. ᐋᖓᔾᔭᕐᓇᖅᑐᑦ ᐃᒥᐊᓗᐃᓪᓗ ᐃᓅᑦᑎᐊᓂᕐᒥᒃ ᐊᓐᓇᐃᑎᑦᑎᓲᖓᒍᒪᑕ. ᓴᐳᒻᒥᓂᖅ ᐊᓴᐱᒃᓴᖅᑖᖅᑕᐃᓕᓂᕐᒧᑦ ᐃᓱᒪᖕᓄᑦ ᐊᑐᑦᑎᐊᕈᑎᒋᔭᕆᐊᖃᕐᓂᐊᕋᕕᐅᒃ.

ᑭᓇᓗᓐᓃᑦ ᑕᑯᑐᐃᓐᓇᕐᓗᒍ ᖃᐅᔨᔪᓐᓇᖕᒋᓚᒍᑦ ᐊᓴᐱᒃᓴᖃᒪᖕᒑᑦ. ᑕᐃᒪᓐᓇᑐᐃᓇᐅᓐᖕᒋᒻᒪᑦ. **ᐃᓱᒪᒍᑦᑕ ᑭᒃᑯᑦ ᖃᐅᔨᒪᓇᓱᒋᓪᓗᒋᑦ ᐊᓴᐱᒃᓴᖃᒪᖕᒑᑕ ᐊᓴᐱᒃᓴᖃᓐᖏᒻᒪᖕᒑᑕᓗᓐᓃᑦ ᐅᑯᑦᑎᓐᓂᑦ ᒪᓂᑎᑉᐳᒍᑦ.**

ᐱᖃᑖ ᓴᐳᒻᒥᔾᔪᑎᕗᑦ - ᐅᕕᓂᕗᑦ

ᐅᕕᓂᕗᑦ ᑎᒥᑦᑕ ᐃᖑᑎᒋᖓᒪᒍ ᐊᓴᐱᒃᓴᒧᓪᓗ ᑎᒥᐅᑉ ᐃᓗᐊᓅᖅᑕᐃᓕᒍᑎᒋᓪᓗᒍ, ᑭᓯᐊᓂᒃ ᑭᓕᖅᓯᒪᓐᖏᑉᐸᑦ ᕿᖓᒍᓖᖅᓯᒪᓐᖏᑉᐸᓪᓗᓐᓃᑦ. ᐊᒻᒪᕗᑦ ᐃᓱᒪᕗᓪᓗ

ᑭᓕᕐᓂᖃᐃᓐᓇᕈᔪᖓᒪᑕ ᕿᖓᒍᓖᖅᓯᒪᓪᓗᑎᒡᓗᓐᓃᑦ. ᓂᓇᒍᑦᑕ, ᑭᒍᑎᓯᐅᕈᑦᑕᓗᓐᓃᑦ ᐅᑯᑦᓗᓐᓃᑦ ᖃᓂᑦᑎᓐᓂ ᐃᕿᖅᓯᔾᔪᑎᒥᒃ ᐊᑐᕈᑦᑕ ᖃᓂᑦᑕ ᐃᓗᐊ ᑭᓕᒐᓚᒃᐸᖓᑦ. ᖃᖓᑐᐃᓐᓇᖅ ᐅᑦᑐᑦᑎᓐᓂᑦ ᐃᑎᑦᑎᓐᓂᓪᓗᓐᓃᑦ ᐆᖅᓯᒫᖓᑦ, ᓇᓚᐅᒃᑳᑕᓗᓐᓃᑦ ᐃᓗᐊᓄᐊᖅᓯᒍᑦᑕ, ᐊᒃᑐᐊᖃᓯᔾᖅᑕᐅᓂᑦᑕ ᐃᓗᐊ ᐊᖓᒪᖅᑎᒐᓛᒃᐸᖓᑦ. ᐊᐅᓈᓪᓚᓐᖏᒃᑲᓗᐊᕐᓗᓂ ᐊᓕᖕᓂᐊᕐᔪᖃᓕᕐᓇᕐᒪᑦ.

ᐅᓯᖓᒍᑦ ᐆᕐᒥᒃ ᐊᑐᕐᓗᑕ ᓴᐳᒻᒥᔪᓐᖅᐸᕗᑦ ᐊᓴᐱᓴᕐᒥᑦ. **ᐊᒻᒫᖕᓂᒃ ᐃᓴᔪᐃᑦᑐᖕᓂᒃ (ᓯᑦᑎᓯᐃᑦᑐᓂᒃ) ᐅᓯᖓᓪᓗᓐᓃᑦ ᐆᕐᓂᒃ ᐋᓐᓂᐊᖅᑕᐃᓕᔪᓕᓇᔨᒃᑯᓐᓂᑦ ᓄᓇᓕᖕᓂ, ᐋᓐᓂᐊᕐᕕᖕᒥᑦ ᐅᑯᑦᓗᓐᓃᑦ ᐃᔭᒐᖅᑖᕐᕕᖕᒥᑦ ᐱᔪᓐᓇᖅᐳᑎᑦ.**

ᖃᐅᔨᒃᑲᐅᑦ: ᐅᕕᓃᑦ ᐊᒃᑐᖅᑕᐅᒃᐸᑦ ᐊᓯᕕᑦ ᑎᒥᖓᑕ ᐃᑉᑎᖓᓐᓄᑦ ᐱᔭᕇᔭᐅᓐᖏᓪᓗᓂ, ᐱᒻᒪᕆᐅᕗᖅ ᐃᑦᖌᓐᓇᖅ ᐊᒃᑐᖅᓯᓯᒪᔪᖅ ᐃᑦᒥᑲᐅᑎᒋᒋᐊᖃᕐᓂᕐᓄᑦ ᐃᑦᒥᐅᑎᓕᖓᑦ.

ᑯᔭᖕᓂᒃᑯᑦ ᖃᓄᐃᑦᑕᐃᓕᓂᖅ: ᐃᓱᒪᓕᐅᖅᐸᖕᓂᖅ

ᑯᔭᖕᓂᒃᑯᑦ ᐊᑦᑕᓇᖅᑐᒃᑰᖅᑕᐃᓕᓂᖅ ᐅᓱᖕᒧᑦ ᕗᖕᓂᒃ ᐱᔾᔪᑎᖃᑐᐃᓐᓐᖏᒻᒪᑦ. ᐱᔾᔪᑎᖃᖃᓯᐅᔾᔨᕐᓕ ᐃᓱᒪᑦᑎᐊᕆᖃᕐᓂᕐᒥᑦ ᑲᔪᓯᓚᐅᓐᖏᑎᓪᓗᑕ. ᑯᔭᖕᓂᕐᒧᑦ ᐃᓱᒪᓕᐊᕆᔭᕗᑦ ᐅᑯᑦᑎᖕᓄᑦ ᐃᒃᐱᖕᓇᕐᓂᖃᕐᓂᐊᕐᒪᑕ ᐃᓱᒪᑦᑎᖕᓄᑦ, ᐃᒃᐱᒍᓱᖕᓂᑦᑎᖕᓄᑦ, ᑕᕐᓂᑦᑎᖕᓄᑦ ᐊᒻᒪᓗ ᑎᒥᑦᑎᖕᓄᑦ ᐃᓅᓯᓕᒫᑦᑎᖕᓂ.

ᑯᔭᖕᓂᕐᒧᑦ ᐃᓱᒪᓕᐊᕆᔭᕗᑦ ᐱᖃᓯᐅᑎᔾᔪᑎᓪᓗᐊᖅᐸᕗᑦ ᐅᒃᐱᕐᓂᑦᑎᖕᓂᑦ, ᖃᑕᓐᖓᑎᑦᑎᖕᓂᑦ ᐃᓕᑦᑎᓯᒪᓂᑦᑎᖕᓂᑦ ᐊᒻᒪᓗ ᑎᒥᑦᑕ ᐃᓗᐊᖅᓴᕐᓂᓇᔭᖏᖕᓂᒃ. ᖃᖓ ᑯᔭᖕᓂᐊᕐᒪᖕᒫᖅᐱᑦ ᑭᓇᒥᒃᓗ ᑯᔭᖃᑎᖃᕐᓂᐊᕐᒪᖕᒫᖅᐱᑦ ᐃᓱᒪᓕᐅᓇᐊᒃᓴᖅ ᐊᖏᓛᖕᒪᑦ. ᐃᓱᒪᒃᓴᖅᓯᐅᕈᑎᒋᒃᓲ-ᔭᓇᐊᖃᖅᐸᑦ, ᑭᓯᐊᓂᒃ ᐃᑯᑦ ᓇᖕᒥᓂᖅ ᐃᓱᒪᓕᐅᕈᓐᓇᖅᐳᑎᑦ. ᑭᓇᑐᐃᓐᓇᕐᒧᑦ ᐊᑲᐅᔫᒐᓗᐊᑦ ᐊᓯᒥᖕᓄᑦ ᐊᑲᐅᓐᖏᑉᐸᖕᒪᑕ.

ᑭᓇᑐᐃᓐᓇᕐᒧᑦ ᑎᓕᐅᖅᑕᐅᒐᓗᐊᕈᕕᑦ ᑯᔭᖃᑎᒋᔭᐅᔪᒪᓪᓗᑎᑦ ᐊᖏᑐᐃᓇᖃᑦᑕᓇᐊᖃᓐᖏᓚᑎᑦ ᑭᓯᑐᐃᓇᖅ ᐱᔾᔪᑎᒋᓪᓗᒍ. ᑎᒦᑦ ᓇᖕᒥᓂᖅ ᐊᐅᓚᑦᑐᓐᓇᕋᕕᐅᒃ. ᐱᔪᓐᓇᐅᑏᑦ ᓇᓛᒍᑦ ᐋᒃᑲᕈᓐᓇᖅᑐᑎᑦ.

ᒪᑯᐊᑦ ᑯᔭᖕᓂᒃᑯᑦ ᖁᐱᕐᓇᔭᐅᓂᐅᕙᒃᑐᑦ ᐃᓱᒪᒋᔭᒃᓴᑑᔪᓐᓂᕐᒪᑕ, ᐊᔾᔨᒌᓐᖏᑦᑐᓂᒃ ᖁᐱᕐᓇᑕᖕᒍᓱᑦ ᐃᓱᒪᒋᖃᓯᐅᑎᔭᓇᐊᖃᓕᕐᒪᑕ. ᒪᓐᓇ ᐊᓴᐱᒃᓴᖅᑖᑐᐃᓐᓇᓇᐊᖃᕐᓂᖅ ᐃᓱᒪᓕᐅᕈᑎᒋᖃᓯᐅᑎᔭᓇᐊᖃᓕᖅᐸᑦ.

ᑭᖕᒍᓂᖃᑦᑎᐊᖅᑐᒥᑦ ᐃᓱᒪᓕᐅᕐᓂᕐᒧᑦ ᐊᕝᕕᐊᕈᑕᐅᔪᓐᓇᖅᑐᑦ

ᐃᒃᓗᒍᑎᓂᖅ ᓴᓐᖏᔪᐊᓗᖕᒥᒃ ᐃᓱᒪᑦᑎᖕᓂᒃ ᐊᐅᓚᑦᑎᔪᓐᓇᕐᒪᓪᓗ.

ᑯᔭᖕᓂᖅ ᐃᓚᓕᐅᑎᓯᒪᑦᑎᐊᕈᓐᓇᖅᐳᖅ ᐅᖓᒋᒃᑐᓄᑦ. ᐅᖓᓂᖅ ᑭᓯᐊᓂᒃ ᐃᓚᓕᐅᑎᓯᒪᐃᓐᓇᖏᒻᒪᑦ ᑯᔭᖕᓂᕐᒧᑦ.

ᑭᒃᑯᓕᒫᑦ ᓇᓕᒋᔭᐅᔪᒪᔪᐃᓐᓇᐅᖓᒪᑕ ᓇᓕᒋᔭᖃᖅᑐ-ᐃᓐᓇᐅᔪᒪᓪᓗᑎᒃ. ᐃᓛᓐᓂᒃᑯᑦ ᓇᓕᖕᓂᕐᒥᒃ ᐱᔪᒪᓗᐊᒧᑦ ᑕᒻᒪᐅᑎᖃᓲᖕᒍᒐᑦᑕ ᑎᒥᑦᑕ ᐃᒃᓗᖏᒍᕐᓂᕐᒥᑦ.

ᐊᖓᓵᔭᓇᖅᑐᑦ ᐃᒥᐊᓗᐃᓪᓗ ᐃᓱᒪᔾᔪᓯᑦᑎᖕᓄᑦ ᐱᓂᐊᕈᓯᒃᑎᖕᓄᓪᓗ ᐊᒃᑐᐃᓲᖕᒍᖓᒪᑦ. ᑭᖕᒍᓂᖃᑦᑎᐊᕐᓂᐊᕐᓂᕐᒧᑦ ᐃᓱᒪᖃᑦᑎᐊᕐᓂᕐᒥᒃ ᖃᓇᓴᑦᑎᖕᓄᑦ ᐊᑐᖕᖏᑎᑦᑎᔪᓐᓇᕐᒪᑦ.

ᑭᒃᑯᓕᒫᑦ ᐊᑐᖅᑐᓂᒃ ᓱᓕᔪᓂᒃ ᑐᓴᐅᒪᔭᖃᓇᐊᖃᕐᒪᑕ ᐃᓱᒪᓕᐅᑦᑎᐊᖃᑦᑕᕐᓂᐊᕈᑎᒃ. ᐊᓴᐱᒃᓴᖅ/ᐊᓴᐱᓗ ᐊᑦᑕᕐᓇᕐᓂᓇᔭᖏᖕᓂᒃ ᑐᑭᓯᐅᒪᑦᑎᐊᓇᐊᖃᖅᐳᑎᑦ, ᖁᐱᕐᕈᐃᔾᔪᑕᐅᕙᒃᑐᓂᑦ ᐊᒻᒪᓗ ᓯᖓᐃᓕᖅᐸᖕᓂᕐᒥᑦ ᐃᓱᒪᓕᐅᑦᑎᐊᖃᑦᑕᕈᒪᒍᕕᑦ ᐃᓕᖕᓄᑦ.

ᐅᖃᐅᓯᖃᕈᒪᖕᖏᒃᑯᕕᑦ ᑯᔭᖕᓂᐅᑉ, ᐊᓴᐱᓴᒃᐅᑉ/ᐊᓴᐱᐅᑉ ᐅᕝᕙᓘᓐᓂᑦ ᓯᖓᐃᓂᐅᑉ ᒥᒃᓵᓄᑦ ᑐᑭᓯᑦᑎᔪᓐᓇᖅᑐᒥᒃ ᐅᖃᖃᑎᖃᕈᓐᓇᖏᒃᑯᕕᑦ ᓯᓕ, ᓄᓕᐊᕐᓂᕐᒥᒃ ᐊᑐᕐᓯᑦᑎᐊᖃᖏᓐᓂᑦ. ᐸᕐᓇᒃᓯᒪᑎᒍᓇᖅᐳᑎᑦ ᐃᓕᖕᓂᑦ.

ᐃᓱᒪᓕᐊᒃᓴᑦ

ᐃᓱᒪᒋᖃᓯᐅᑎᔭᕆᐊᖃᕐᑦᑎᒍᑦ ᑐᑭᓯᓯᒪᓗᐊᓐᖕᒋᑕᕗᑦ ᑯᔭᖕᓂᕐᒥᑦ ᐱᔾᔪᑎᓕᑦ. ᒪᑯᐊᑦ ᐃᓱᒪᒋᖃᓯᐅᑎᔭᕆᐊᓖᑦ:

- ᖃᔅᓯᓂᑦ ᐅᑭᐅᖃᕐᓗᓂ ᓈᒻᒪᒃᐸ?
- ᓇᒡᓕᒋᑯᕐ?
- ᖃᓄᖅ ᖃᐅᔨᓇᔭᖅᐳᖕᒐ ᐸᕐᓇᒃᓯᒪᖕᒐᒫᕐᒪ?
- ᖃᖕᒐ ᑯᔭᖃᕈᓐᓇᒃᓯᓐᓇᖅᐸ?
- ᖃᔅᓯᓂᒃ ᐊᒥᓱᓗᐊᕐᓂᒃ ᐱᖃᑎᖃᖅᓯᒪᓐᓇᖅᐸ?
- ᑯᔭᖕᓂᕐᒧᑦ ᐊᔭᐅᓇᔭᐅᕗᖕᒫ?
- ᕿᑐᕐᖕᒐᖅᑖᕈᒪ ᑲᒪᒋᔪᓐᓇᕋᔭᖅᐸᕋ?
- ᑲᑎᑎᑕᐅᖃᑎᒃᓴᕋ ᐅᑕᖅᑭᒍᒃᑯᖃᐃ?
- ᐅᑕᖅᑭᔪᒪᕗᖕᒫ ᐊᐃᑉᐸᖅᑖᕐᓂᒥᒃ?
- ᖃᓄᐃᒻᒪᑦ ᑯᔭᖃᑎᖃᖅᐳᖕᒐ?
- ᐅᑯᓐᓂᒃ ᐊᑐᕐᓂᕐᓗᓐᖕᒋᑦᑐᓐᓇᖅᐳᖕᒐ?
- ᐸᕐᓇᒃᓯᒪᓕᖅᐳᖕᒐᖃᐃ ᐊᖕᒐᔪᖅᑳᓐᖕᒍᓇᐊᒃᓴᖅ?
- ᐊᖕᒐᔪᖅᑳᖕᒍᔪᒪᕗᖕᒐᖃᐃ?

ᑕᑯᒃ ᐃᓚᐃᓐᓇᖕᒋᑦ ᐃᓱᒪᒋᔭᓇᐊᓕᑎᑦ. ᓱᓕᒃᖃᓐᓂᖅ ᑐᑭᓯᔪᔪᒃᓴᐅᕗᑎᑦ. ᑕᒪᒃᑯᐊᑦ ᐊᐱᖅᑯᑎᒃᓴᐃᑦ ᐃᓱᒪᒋᓗᒋᑦ ᑯᔭᖃᑎᖃᓚᐅᓐᖕᒋᓐᓂᕐᓂ.

ᓱᓕᓂᖃᖅᑐᒥᒃ ᐃᓕᖕᓂᒃ ᐱᑕᖃᖅᐳᖅ. ᐅᓄᕐᒪᑕ ᐃᓱᒪᒋᔭᓇᐊᓖᑦ ᓲᕐᓗ ᓄᓇᕐᔪᐊᑉ ᐃᓄᒋᐊᖕᓂᖕᒐᓂ. ᖃᓄᑐᐃᓐᓇᖅ ᐱᓂᐊᕐᓃᑦ ᑲᔪᓯᓂᖕᒐ ᐃᓕᖕᓂᓐᖕᒫᖅᑎ-ᒋᐊᖃᖅᐸᑦ ᐃᓕᖕᓂᒃ ᐃᓱᒪᒋᔭᓇᐊᖃᕋᕕᑦ ᐱᐅᔪᒥᒃ ᑭᖕᒍᓂᖃᖅᑎᓐᓂᕐᒧᑦ. ᐃᓅᓯᖃᑦᑎᐊᕈᒪᓂᕐᒧᑦ ᐱᒻᒪᓇᐅᔪᓂ ᐃᓱᒪᓕᐅᓇᐊᖃᕋᕕᑦ.

ᐃᓕᖕᓂᒃ ᕐᑯᔭᓈᖅᑕᐃᓕᒋᑦ.
ᐃᓱᒪᒋᓗᒋᑦ ᑯᔭᖕᓂᕐᒧᑦ ᓴᐳᑎᓯᒪᖕᒋᓪᓗᓂ ᑭᖕᒍᓂᓇᔭᐅᔪᓐᓇᖅᑐᑦ.

ᐊᑐᖅᑕᐃᓕᓂᖅ

ᑯᔭᖕᓂᕐᒥᒃ ᐅᖃᐅᓯᖃᖅᑐᖃᖅᑎᓪᓗᒍ ᐊᑐᖅᑕᐃᓕᒪᓂᕐᒥᒃ ᑐᓴᐅᒪᔪᒃᓴᐅᕗᑎᑦ. ᐊᑐᖅᑕᐃᓕᓂᖅ ᐃᒫᒃ ᑐᑭᖃᕐᒪᑦ ᑲᑎᑎᑕᐅᖃᑎᖃᓚᐅᕋᓂ ᑯᔭᒃᑕᐃᓕᓂᕐᒥᒃ. **ᐊᑐᖅᑕᐃᓕᓂᖅ ᐃᓕᖕᓄᑦ ᓱᓕᓂᐊᕐᓂᕐᒧᑦ ᐱᔾᔪᑎᖃᖅᐳᖅ.** ᐅᓄᖅᑐᑦ ᑕᐃᒫᒃ ᐃᓱᒪᓕᐅᖅᓱᒪᕝᕙᒃᐳᑦ ᐅᓄᖅᑐᓂᒡᓗ ᐱᔾᔪᑎᖃᐅᖅᐸᒃᓗᑎᑦ ᐊᑐᖅᑕᐃᓕᔪᒪᓂᕐᒧᑦ.

ᐅᓄᕐᓂᖅᓴᑦ ᐅᒃᐱᕐᓂᓇᔭᐅᔪᑦ ᑯᔭᖕᓂᕐᒨᖕᒐᔪᓂᑦ ᒪᓕᒐᖃᐅᖅᐳᑦ. ᐅᒃᐱᕐᓂᓇᔭᕐᓂᑦ ᐃᓕᓯᒪᔭᑎᑦ ᐃᓱᒪᒋᔪᒪᑐᐃᓐᓇᐊᖃᖅᐸᑎᑦ ᐃᓱᒪᓕᐅᕐᓂᐊᖅᑎᓪᓗᑎᑦ ᐊᑐᖅᑕᐃᓕᓂᐊᕐᓂᕐᒥᒃ.

ᐃᓚᖕᒋᑦ ᑯᔭᒃᑕᐃᓕᓱᖕᒐᕗᑦ ᑎᒥᒥᓂᑦ ᐃᓱᒫᓗᑎᖃᕈᑎᒃ. ᖃᐅᔨᓯᒪᒐᒥᒃ ᓱᓕᔪᓂᒃ ᑐᓴᐅᒪᓪᓗᑎᒃ ᐊᒻᒪ ᐅᓗᓇᐊᓱᒃᓗᑎᒃ ᐊᓴᐱᓴᕐᒥᒃ/ᐊᓴᐱᒥᒃᓘᓐᓃᑦ, ᖁᐱᕐᓇᔭᐅᓂᕐᒥᒃ, ᓯᖕᒐᐃᓕᑐᐃᓐᓇᐊᖃᕐᓂᕐᒥᒃ ᐊᒻᒪ ᑯᔭᖕᓂᒥᒃ ᐊᑐᖅᓴᕋᐃᒍᒪᓇᑎᒃ.

ᐃᓚᖕᒋᑦ ᑯᔭᒃᑕᐃᓕᓱᖕᒐᕗᑦ ᑎᒥᒥᓂᑦ ᐃᓱᒫᓗᑎᖃᕈᑎᒃ. ᖃᐅᔨᓯᒪᒐᒥᒃ ᓱᓕᔪᓂᒃ ᑐᓴᐅᒪᓪᓗᑎᒃ ᐊᒻᒪ ᐅᓗᓇᐊᓱᒃᓗᑎᒃ ᐊᓴᐱᓴᕐᒥᒃ/ᐊᓴᐱᒥᒃᓘᓐᓃᑦ, ᖁᐱᕐᓇᔭᐅᓂᕐᒥᒃ, ᓯᖕᒐᐃᓕᑐᐃᓐᓇᐊᖃᕐᓂᕐᒥᒃ ᐊᒻᒪ ᑯᔭᖕᓂᒥᒃ ᐊᑐᖅᓴᕋᐃᒍᒪᓇᑎᒃ.

ᐃᓚᖕᒋᓪᓗ ᐃᓱᒪᖃᕐᓗᑎᒃ ᑯᔭᖕᓂᖅ ᑐᓂᔾᔪᑎᒋᔭᒃᓴᐅᓂᖕᒐᓄᑦ ᓇᒡᓕᒋᔭᒥᓄᑦ ᑭᓯᐊᓂ. ᑖᓐᓇ ᑐᓂᖅᑯᑎᒋᔭᒃᓴᖕᒐ ᓴᓂᕐᑯᒃᓯᒪᓪᓗᒍ ᓇᒡᓕᒋᔭᒥᓄᑦ ᑐᓂᓂᐊᕐᓗᓂᐅᒃ ᐃᓅᓯᕐᒥᒍᖃᑎᒋᓂᐊᖅᑕᒥᓄᑦ.

ᐃᓚᖕᒋᑦ ᐅᑕᖅᑭᓲᖕᒍᕗᑦ ᖃᐅᔨᒪᒐᒥᒃ ᓄᓕᐊᕐᓂᒥᑦ ᓱᓕ ᐊᑐᕈᒪᓐᖕᒋᒃᓚᐅᕐᓂᖕᒋᓐᓄᑦ. ᑯᔭᒃᑕᐃᓕᓂᖅ ᖁᓚᕐᓇᓐᖕᒋᑦᑐᒃᑯᑦ ᐃᓱᒫᓗᒐᐃᕈᑕᐅᖕᒪᑦ ᐊᓴᐱᒃᓴᖅᑖᑐ-ᐃᓐᓇᐊᖃᕐᓂᕐᒧᑦ, ᖁᐱᕐᓇᔭᐅᑐᐃᓐᓇᐊᖃᕐᓂᕐᒧᑦ ᓯᖕᒐᐃᓕᑐᐃᓐᓇᐊᖃᕐᓂᕐᒧᓪᓘᓐᓃᑦ. **ᐃᓱᒪᒃᓴᖅᓯᐅᕈᑎᒋᒃᑭᑦ!!!**

ᑖᔅᓱᒥᖕᒐᑦᑕᐃᓐᓇᖅ ᐱᖃᑎᖃᕐᓂᖅ

ᑖᔅᓱᒥᖕᒐᑦᑕᐃᓐᓇᖅ ᐱᖃᑎᖃᕐᓂᖅ ᐅᖃᐅᓯᓇᔭᐅᓱᖕᒐᕗᖅ ᐊᐃᐸᖃᕐᓂᖅ ᐅᖃᐅᓯᓇᔭᐅᑎᓪᓗᒍ, ᓱᕐᓗ ᑲᑎᑎᑕᐅᓯᒪᖃᑎ-ᖃᓂᕐᒥᒃ. ᐅᓄᕐᓂᖅᓴᓪᓗ ᐅᒃᐱᕈᓱᒃᐳᑦ ᑖᔅᓱᒥᖕᒐᑦᑕᐃᓐᓇᖅ ᐱᖃᑎᖃᕐᓂᖅ ᑯᔭᖕᓂᕐᒨᖕᒐᖕᒋᒪᑦ. ᑕᐃᒫᒃ ᐃᓱᒪᖃᖅᑐᓄᑦ, ᐱᖃᓯᐅᑎᓪᓗᒍ ᐃᒃᐱᒋᓂᕐᒥᑦ ᑲᓱᒫᔪᓂᒃ, ᖃᓄᕐᓗ ᐃᒃᐱᒋᔭᖕᒋᑦᑎᒍᑦ, ᓄᓕᐊᕐᓂᖅ ᐊᒻᒪ ᐊᓯᖕᒋᓐᓂᑦ ᖃᓄᑐᐃᓇᖅ ᐊᐃᐸᓇᔭᓂ ᐱᖃᑎᒋᓗᒍ ᐊᑯᓂ, ᑖᓐᓇᑦᑕᐃᓐᓇᕐᓗ ᐊᐃᐸᓇᓂᐊᕐᓗᒍ. ᐋᔅᖃᑎᒋᓯᒪᓗᒍ ᐊᐃᐸᐃᑦ ᖃᓄᐃᓐᓇᖅᑑᒐᓗᐊᒃᑯᑦ ᐊᐃᐸᓈᓐᓇᕐᓂᐊᕐᓗᒍ ᐊᐃᐸᓈᑐᓄᑦ ᐃᓕᖅᑯᓯᓇᔭᐅᔪᑎᑐᑦ. **ᑖᔅᓱᒥᖕᒐᑦᑕᐃᓐᓇᖅ ᐊᐃᐸᖃᕐᓂᐊᕐᓂᖅ ᑖᒃᑯᖕᓄᖕᒐ ᒪᕐᕈᖕᓄᒃ ᐋᔅᖃᑎᒋᒍᑕᐅᓯᒪᔪᓐᓇᖅᐳᖅ.**

ᐃᓚᖕᒋᓪᓗ ᐃᓱᒪᖃᕐᓗᑎᒃ ᑯᔭᖕᓂᖅ ᑐᓂᔾᔪᑎᒋᔭᒃᓴᐅᓂᖕᒐᓄᑦ ᓇᒡᓕᒋᔭᒥᓄᑦ ᑭᓯᐊᓂ. ᑖᓐᓇ ᑐᓂᖅᑯᑎᒋᔭᒃᓴᖕᒐ ᓴᓂᕐᑯᒃᓯᒪᓪᓗᒍ ᓇᒡᓕᒋᔭᒥᓄᑦ ᑐᓂᓂᐊᕐᓗᓂᐅᒃ ᐃᓅᓯᕐᒥᒍᖃᑎᒋᓂᐊᖅᑕᒥᓄᑦ.

ᐃᓚᖕᒋᑦ ᐅᑕᖅᑭᓲᖕᒍᕗᑦ ᖃᐅᔨᒪᒐᒥᒃ ᓄᓕᐊᕐᓂᒥᑦ ᓱᓕ ᐊᑐᕈᒪᓐᖕᒋᒃᓚᐅᕐᓂᖕᒋᓐᓄᑦ. ᑯᔭᒃᑕᐃᓕᓂᖅ ᖁᓚᕐᓇᓐᖕᒋᑦᑐᒃᑯᑦ ᐃᓱᒫᓗᒐᐃᕈᑕᐅᖕᒪᑦ ᐊᓴᐱᒃᓴᖅᑖᑐ-ᐃᓐᓇᐊᖃᕐᓂᕐᒧᑦ, ᖁᐱᕐᓇᔭᐅᑐᐃᓐᓇᐊᖃᕐᓂᕐᒧᑦ ᓯᖕᒐᐃᓕᑐᐃᓐᓇᐊᖃᕐᓂᕐᒧᓪᓘᓐᓃᑦ. **ᐃᓱᒪᒃᓴᖅᓯᐅᕈᑎᒋᒃᑭᑦ!!!**

ᑯᔭᖕᓂᒃᑯᑦ ᖃᓄᐃᑦᑕᐃᓕᓂᖅ: ᐃᓱᒪᓕᐅᖅᐸᖕᓂᖅ

ᐊᐃᑉᐸᓇᔭᕐᓂᒃ ᓇᓗᒃᑭᑕᐃᓂᖅ

ᐃᓚᖏᑦ ᑯᔭᒃᑕᐅᓲᖕᒍᕗᑦ ᑖᔅᓱᒥᖕᒐᑦᑕᐃᓐᓇᖅ ᐊᐃᑉᐸᖅᑖᓚᐅᓐᖏᓐᓂᕐᒥᓂ. ᐃᓚᖏᑦ ᑖᔅᓱᒥᖕᒐᑦᑕᐃᓐᓇᐅᓐᖏᑦᑐᒥᒃ ᐱᖃᑎᖃᓲᖕᒍᕗᑦ ᐊᒻᒪ ᑯᔭᖃᑎᖃᖅᓯᒪᓪᓗᑎᒃ ᐅᓄᖅᑐᓂᒃ. ᑭᒃᑯᑐᐃᓐᓇᑦ ᑯᔭᖃᑎᖃᖅᓯᒪᔪᑦ ᑭᓇᒥᑐᐃᓐᓇᖅ ᖃᐅᔨᓯᒪᓇᓂ ᐊᓴᐱᒃᓴᖅᑖᖅᓯᒪᑐᐃᓐᓇᐊᖃᕐᓂᖕᒐᓄᑦ ᓱᕗᕐᖕᒐᓂ ᐊᐃᑉᐸᓇᓚᐅᖅᑎᓐᓇᐅᒃ.

ᐅᓄᖅᑐᑦ ᐊᐃᐸᖅᑖᓲᑦ ᐊᑯᓂᐅᔪᒥᒃ ᐊᐃᑉᐸᓇᓂᐊᕋᓱᒋᓪᓗᓂᐅᒃ. ᑖᓐᓇ ᐊᐃᑉᐸᓇᔪᓐᓃᖅᐸᐅᒃ ᐊᓯᐊᓂᒃ ᐊᐃᑉᐸᖃᑭᒪᓕᑐᐃᓐᓇᐊᖃᖅᐳᖅ. ᑖᔅᓱᒥᖕᒐᑦᑕᐃᓐᓇᐅᒐᓗᐊᖅ ᐊᐃᑉᐸᖃᖅᐸᒃᓗᓂ ᐊᔾᔨᒌᓐᖏᑦᑐᓂᒃ ᑕᐃᔭᐅᒐᔪᒃᐳᖅ ᐊᐃᑉᐸᓇᔭᕐᓂᒃ ᓇᓗᒃᑭᑕᐃᓂᕐᒥᒃ. ᑕᐃᒪᓐᓇ ᓇᓗᒃᑭᑕᐃᓐᓂᓪᓗᑎᑦ ᐅᒃᐱᑭᓱᓕᑐᐃᓐᓇᐊᖃᖅᐳᑎᑦ ᐊᓴᐱᒃᓴᖅᑖᕐᓂᐊᖅᑐᒃᓴᐅᓐᖏᓐᓂᕐᓄᑦ.

ᐅᓄᖅᑐᑦ ᑭᒃᑯᑐᐃᓐᓇᑦ ᐃᓱᒪᖕᒪᑕ ᑖᔅᓱᒥᖕᒐᑦᑕᐃᓐᓇᖅ ᐊᐃᑉᐸᖃᕐᓗᓂ ᐊᓴᐱᒃᓴᖅᑖᕐᓇᓐᖏᓐᓂᖕᒐᓄᑦ, ᑭᓯᐊᓂᒃ ᑕᐃᒪᐃᓐᖏᓚᖅ. ᐱᒻᒪᓇᐅᓪᓚᓇᒃᐳᖅ ᐊᐃᑉᐸᓇᓂᐊᖅᑕᑦ ᐅᖃᖃᑎᒋᐊᖃᕐᓂᕐᓄᑦ ᓯᕗᓂᐊᓂ ᐱᖃᑎᖃᑦᑕᓚᐅᖅᓯᒪᔭᓯ ᐱᔾᔪᑎᒋᓪᓗᒋᑦ ᖃᓄᕐᓗ ᑐᑭᓯᐅᒪᓂᖃᕐᒪᖔᒍᒍ ᑖᔅᓱᒥᖕᒐᑦᑕᐃᓐᓇᖅ ᐊᐃᑉᐸᖃᖅᐸᖕᓂᕐᒥᒃ ᐱᔾᔪᑎᖃᖅᑐᓂᒃ ᖃᐅᔨᓐᖕᒍᓗᒍ. ᑖᔅᓱᒥᖕᒐᑦᑕᐃᓐᓇᖅ ᐱᖃᑎᖃᖅᐸᖕᓂᐊᕐᓂᕐᓄᑦ ᐃᓱᒪᓕᐅᕈᕕᑦ ᑐᑭᓯᓇᓱᒋᓕᖅᑕᐃᓕᒋᑦ ᑐᓴᐅᒪᔭᕆᐊᖃᓐᖏᓐᓂᕐᓄᑦ ᑯᔭᒃᐸᖕᓂᕐᒥᒃ, ᐊᓴᐱᒃᓴᕐᒥᒃ/ᐊᓴᐱᒥᒃ, ᕐᑯᐱᕐᓇᔭᐅᔭᑦᑐᓂᒃ ᐅᕝᕙᓘᓐᓃᑦ ᓯᖕᒐᐃᓂᕐᒥᒃ. ᐊᒡᓛᑦ, ᑕᒪᐃᓐᓂᒃ ᐊᐃᑉᐸᓈᒃᑑᒃ ᖃᐅᔨᓴᓇᐊᖃᖅᐳᒃ ᖃᐅᔨᒪᔭᐅᔭᓇᐊᓐᖕᓂᒃ ᖃᐅᔨᒪᑦᑎᐊᕐᓗᐊᕐᒪᖔᑎᒃ.

ᑖᔅᓱᒥᖕᒐᑦᑕᐃᓐᓇᖅ ᐊᐃᑉᐸᖃᕐᓂᖅ ᐊᓴᐱᒃᓴᕐᒥᑦ ᓴᐳᒻᒥᖕᒐᔾᔪᑎᒋᔪᓐᓇᖅᐸᑦ ᑭᓯᐊᓂᒃ ᑕᒪᐃᓐᓂᒃ ᐊᐃᑉᐸᓈᒃᑑᒃ:

- ᓯᕗᓂᐊᓂ ᐊᐃᑉᐸᓇᕝᓚᐅᖅᑕᒥᓂᑦ ᓱᓕᑦᑎᐊᕐᓗᑎᑦ ᐅᖃᐅᓯᖃᕈᓐᓇᖅᐸᑎᒃ;
- ᐊᕐᕌᒍᒥᑦ ᖃᐅᔨᓴᖅᑕᐅᓚᐅᕐᓗᑎᒃ ᑕᖅᑭᑦ ᐊᕐᕕᓂᓕᑦ ᓈᑎᓪᓗᒋᑦ ᖃᐅᔨᓴᖅᑕᐅᒃᑲᓐᓂᕐᓗᑎᒃ ᐊᓴᐱᒃᓴᖅᑖᖕᒐᔪᑎᒋᒃ ᖃᐅᔨᓴᖅᑕᐅᕝᕙᓗᑎᒃ ᓇᓂᓯᕝᕕᐅᓯᒪᓐᖏᑦᐸᑦᑕ;
- ᐊᑐᑦᑎᐊᕐᓗᑎᒃ ᐋᔨᖃᑎᒌᒍᑎᒋᓯᒪᔭᒥᖕᓂᒃ ᐊᓯᓐᓂᐊᔾᔭᓐᖏᑦᑎᐊᕐᓂᖏᓐᓄᑦ;
- ᐊᓴᐱᒃᓴᕐᒥᒃ/ᐊᓴᐱᒥᒃ, ᕐᑯᐱᕐᑭᐃᔭᑦᑐᓂᒃ ᐊᒻᒪᓗ ᓯᖕᒐᐃᓂᕐᒥᑦ ᐱᔾᔪᑎᖃᖅᑐᓕᒫᓂᒃ ᓱᓕᔪᓂᒃ ᖃᐅᔨᒪᐅᑦᑎᐊᕐᓗᑎᒃ;
- ᑲᔾᑎᓂᒃ ᐊᒥᖅᑳᖅᑕᐃᓕᓗᑎᒃ.

ᐊᐃᑉᐸᓇᔭᐃᑦ (ᐱᖃᑎᒋᔭᐃᑦ, ᑯᔭᒃᑕᐃᑦ) ᖃᐅᔨᒪᓐᖏᒃᑯᐊᐅᒃ, ᐃᓕᖕᓂᒃ ᐊᑦᑕᕐᓇᖅᑐᒃᑰᖅᑎᑉᐳᑎᑦ ᐊᓴᐱᒃᓴᖅᑖᑐᐃᓐᓇᐊᖃᕐᓂᕐᒧᑦ!

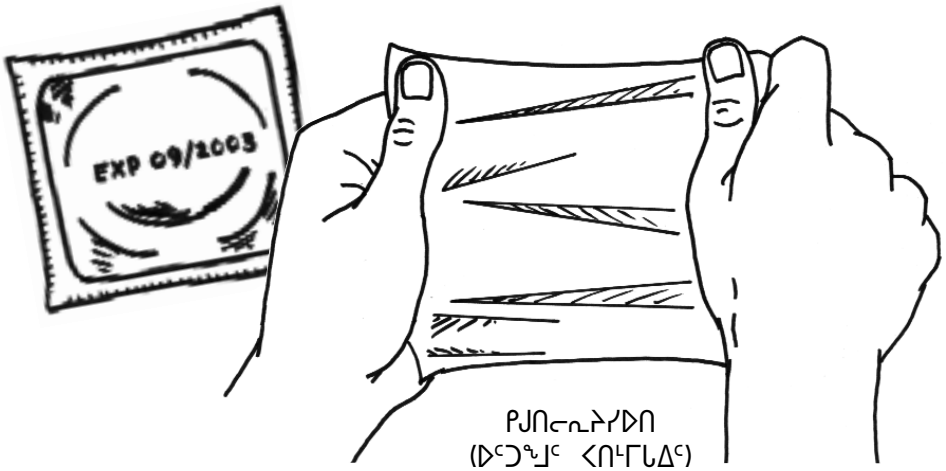
ᐊᑦᑕᕐᓇᖅᑐᒃᑰᓐᖏᑦᑐᒥᒃ ᑯᔭᒃᐸᖕᓂᖅ

ᑭᒃᑯᑐᐃᓐᓇᑦ ᑎᒥᖏᑕ ᐃᐸᑎᖏᓐᓂᑦ ᐊᒥᖅᑳᓐᖏᑐᐊᕈᑎᒃ ᐊᒃᑐᐃᓐᖏᑐᐊᕈᑎᒡᓗ ᑯᔭᒃᑎᓪᓗᒋᑦ ᐊᑦᑕᕐᓇᖅᑐᒃᑰᓐᖏᑦᑐᒥᒃ ᑯᔭᖕᓂᖅᑲᖅᐸᒃᐳᑦ. ᑯᓂᒃᓴᕐᓂᕐᒥᒃ ᐊᒃᑐᐊᖅᑲᓯᔾᕐᓂᕐᒥᒡᓗ ᐊᓴᐱᒃᓴᖅᑖᕈᓐᓇᖏᓚᒍᑦ.

ᐊᑦᑕᕐᓇᓐᖏᒃᑲᓐᓂᖅᑐᒃᑯᑦ ᑯᔭᒃᐸᖕᓂᖅ

ᑭᒃᑯᑐᐃᓐᓇᑦ ᑯᔭᒃᑳᖕᒐᒥᒃ ᐅᓐᓄᓘᓐᓃᑦ ᐅᑦᑐᖏᒥᒃ ᐊᓗᐱᖅᑐᐃᔭᕋᖕᒐᒥᒃ/ᐅᓯᖏᒥᒃ ᒥᓗᒃᐃᔭᕋᖕᒐᒥᒃ ᐊᓴᐱᒃᓴᕐᒥᒃ ᑎᒥᒥᖕᓄᐊᖅᑐᖅᑐᐃᓐᓇᕆᐊᖅᐸᒃᐳᖅ. ᐊᑦᑕᕐᓇᓐᖏᑦᑐᒃᑯᓪᓗ ᑯᔭᖕᓂᖅᑲᖅᐸᒃᐳᒍᑦ ᐅᓯᖕᒍᑦ ᐆᕐᒥᒃ ᐅᓐᓄᓘᓐᓃᑦ ᐃᓴᓴᔪᐃᑦᑐᒥᒃ (ᓯᑦᑎᓯᐃᑦᑐᒥᒃ) ᐊᑐᕋᖕᒐᒥᒃ ᑎᒥᑦᑕ ᐃᐸᑎᖏᓐᓄᑦ ᐊᒥᖅᑳᖅᑕᐃᓕᔾᔪᑎᒋᔪᓐᓇᖅᑕᑦᑎᓐᓂᑦ.

ᐊᓴᐱᒃᓴᖅ ᐊᑦᑕᕐᓇᖅᑐᐊᓗᕗᖅ. ᑖᔅᓯᒥᖕᒐᑦᑕᐃᓐᓇᖅ ᐊᐃᑉᐸᖅᓗᐊᕈᕕᑦ ᑕᒪᔅᓯᒃ ᐊᐃᑉᐸᓈᒃᑐᓯᒃ ᐊᓴᐱᒃᓴᖅᑲᕐᒪᖔᖅ ᓱᖅᑲᐅᔨᓴᖅᑕᐅᓯᒪᓐᖏᒃᑯᔅᓯᒃ, ᐅᓐᓄᓘᓐᓃᑦ ᐊᐃᑉᐸᓇᔭᑦ ᐊᓯᓐᓂᐊᖅᓯᒪᑐᐃᓐᓇᕆᐊᖅᑲᕋᓯᒋᒍᕕᐅᒃ, ᐊᑐᐃᓐᓇᖅᑲᑦᑕᓇᕆᐊᖅᐳᑎᑦ ᐃᔅᓴᔪᐃᑦᑐᒥᒃ (ᓯᑦᑎᓯᐃᑦᑐᒥᒃ) ᓴᐳᒻᒥᓯᒪᔾᔪᑎᒥᒃ. ᐊᑕᐅᓯᐊᑐᐃᓐᓇᕋᓗᐊᕐᓗᑎᑦ ᐊᓴᐱᒃᓴᖅᑐᒥᒃ ᐱᖅᑎᖅᑭᕈᕕᑦ ᑎᒦᑦ ᐊᐃᑦᑐᕐᓗᒃᑕᐅᑐᐃᓐᓇᕆᐊᖅᐳᖅ. ᑭᓇᑐᐃᓐᓇᖅ ᑕᑯᑐᐃᓐᓇᕐᓗᒍ ᖃᐅᔨᒪᓐᓇᖏᒻᒪᑦ ᐊᓴᐱᒃᓴᖅᑲᕐᒪᖔᖅ.



ᑭᒍᑎᓕᕆᔨᓯᐅᑎ
(ᐅᑦᑐᖕᒍᑦ ᐸᑎᒻᒥᒐᐃᑦ)

ᓱᐱᐅᑉ ᕿᓯᖕᒐᓐᓂᓐᖕᒐᖅᑐᒥᒃ ᐅᓯᖕᒍᑦ ᐆᕐᒥᒃ ᐊᑐᖅᑕᐃᓕᒋᑦ ᐊᓴᐱᒃᓴᕐᒥᒃ ᓴᐳᒻᒥᑎᒋᓇᓯᒡᓗᒍ.

ᐅᓯᖕᒧᑦ ᐆᑦ

ᑕᒪᒃᑯᐊᓪᓗᓐᓃᑦ ᓴᓐᖏᔪᒥᒃ ᐊᐅᒃᑕᔫᕐᒥᒃ ᐅᓯᖕᒧᑦ ᐆᓕᐊᖑᓯᒪᔪᑦ ᓱᕋᔭᑉᐳᑦ. ᖃᐅᔨᓴᖅᑕᐅᓯᒪᒐᓗᐊᖅᑎᓪᓗᒋᑦ ᐊᓕᔭᓐᖏᒃᑲᓗᐊᕐᒪᖔᑕ ᐊᖑᔪᖃᓐᖏᒃᑲᓗᐊᕐᒪᖔᑕᓗᓐᓃᑦ, ᐱᕐᓗᐊᕿᔪᐃᑦᑑᓐᖏᓚᑦ. ᐅᓯᖕᒧᑦ ᐆᑦ ᐊᓕᒃᐸᒃᐳᑦ ᐊᑐᖅᐸᓐᖏᓚᓪᓗᓐᓃᑦ ᐱᔾᔪᑕᐅᓗᐊᒐᔪᒃᓗᓂ ᑭᒃᑯᑐᐃᓐᓇᐃᑦ ᖃᐅᔨᒪᑦᑎᐊᓐᖏᔅᓗᑎᒃ ᐊᑐᕋᓱᖃᑦᑕᕐᒪᑕ ᐅᓯᖕᒧᑦ ᐆᕐᓂᒃ. ᑕᒪᐃᓐᓂᒃ ᐊᖑᒍᑎᑦ ᐊᕐᓇᓪᓗ ᐅᓯᖕᒧᑦ ᐆᕐᓂᒃ ᐊᑐᓇᐅᖅᓴᖃᑦᑕᓪᓗᐊᖅᐳᑦ ᐊᒃᓯᓪᓗᓐᓃᑦ ᓇᓕᐊᒃ ᖃᐅᔨᒪᑦᑎᐊᕐᓂᐊᕐᒪᑦ ᐊᑐᑦᑎᐊᕐᓂᕐᒥᑦ.

ᑕᐃᒪᓐᓇ ᐃᓗᐊᖅᓴᕐᓂᖅᓴᐅᓕᕈᓐᓇᕐᒪᑕ ᐆᕐᒥᒃ ᐊᑐᓇᐊᒃᓴᖅ ᐊᐃᑉᐸᖃᖅᑎᓪᓗᒋᑦ. ᐊᐃᑉᐸᓇᑑᒃᑕᐅᖅ ᑲᑐᑎᓗᑎᒃ ᐊᔪᕈᓐᓃᖅᓴᕈᓐᓇᖅᐸᒃᑭᑑᒃ ᐅᓯᖕᒧᑦ ᐆᕐᒥᒃ ᐊᑐᓇᐅᖅᓴᓗᑎᒃ. ᐅᓯᖕᒧᑦ ᐆᕐᓂᑦ ᐊᑐᑦᑎᐊᓇᐅᖅᓴᔭᓇᐊᖃᕐᓇᖅᐳᖅ. ᐊᖑᒍᑎᑦ ᐊᔪᕈᓐᓃᖅᓴᖃᑦᑕᓪᓗᐊᖅᐳᑦ ᐅᓲᑉ ᐆᖕᒐᓐᓂᒃ ᐊᑎᓯᔭᓇᐊᒃᓴᖅ ᐃᖅᓯᔭᓇᐊᒃᓴᕐᓗ ᐃᖕᒥᖕᓂᒃ ᑎᒃᓴᓕᖅᑎᓇᓱᒃᑎᓪᓗᒋᑦ, ᒪᕿᑎᓇᓱᒃᑎᓪᓗᒋᑦ.

ᐅᓯᖕᒧᑦ ᐆᑦ ᐊᑐᖅᑕᐅᖏᓇᐅᔭᓪᓗᐊᖅᐳᑦ ᑯᔭᑐᐊᕋᖔᖕᒐᐃᑦ ᐅᑯᑦᑑᓐᓃᑦ ᐅᓯᖕᒥᒃ/ᐅᑦᑐᖕᒥᒃ ᒥᓗᒃᐃᔭᕋᖔᖕᒐᐃᑦ/ᐊᓗᐱᖅᑐᐃᔭᕋᖔᖕᒐᐃᑦ.

ᐃᓕᑉᐸᓪᓕᐊᔭᓇᐊᖃᖅᑕᑎᑦ ᐃᓕᓪᓗᒋᑦ ᓱᓕᔪᓪᓗ ᖃᐅᔨᓗᒋᑦ. **ᐃᓅᓕᔭᐅᓂᐊᕐᕕᑦ!!** ᑕᒪᒃᑯᐊᑦ ᑐᓴᒐᒃᓴᑦ ᐱᔪᓐᓇᖅᐸᑎᑦ ᑖᒃᑕᓂᑦ (ᓗᒃᑖᓂᑦ) ᐃᓗᐊᖅᓴᐃᔨᓂᒡᓗᓐᓃᑦ (ᓇᔭᓐᖓᐊᓂᑦ), ᐋᓐᓂᐊᖅᑕᐃᓕᔪᓕᕈᕕᖕᒥᑦ, ᐋᓐᓂᐊᕐᕕᖕᒥᑦ ᐅᕝᕙᓗᓐᓃᑦ ᐋᓐᓂᐊᕐᕕᐊᓗᒻᒥᑦ ᐅᕝᕙᓗᓐᓃᑦ ᓄᓇᓕᔅᓯᓐᓂ ᐃᔭᒐᖅᑖᕐᕕᔅᓯᓐᓂᑦ. ᐃᓕᓐᓂᐊᕐᕕᖕᓂ ᐅᖃᕐᕕᐅᔪᓐᓇᖅᐸᒃᑐᑦ ᑐᓴᒐᒃᓴᖃᒐᔪᒃᑭᕗᑦ ᐃᓕᖕᓄᐊᕈᓐᓇᖅᑕᖏᓐᓂᒃ ᐊᒻᒪᓗ ᓄᓇᕐᔪᐊᕐᒥᑦ ᖃᓇᑕᐅᔭᒃᑯᑦ ᑐᓴᒐᒃᓴᖃᕐᕕᒃᑕᐅᖅ ᑐᓴᐅᒪᕝᕕᒃᓴᑦᑎᐊᐸᐅᕗᖅ. ᑕᒪᒃᑯᑦ ᑭᒃᑯᑐᐃᓐᓇᐃᑦ ᐃᑲᔪᕈᒪᑐᐃᓐᓇᕐᒪᑕ ᐃᓕᖕᓂᒃ ᐃᓱᒪᓕᐅᑦᑎᐊᖃᑦᑕᓇᐊᒃᓴᖅ ᐊᑦᑕᓇᖅᑐᒃᑰᖅᑕᐃᓕᔭᓇᐊᒃᓴᖅ ᐊᒻᒪᓗ ᐃᓅᓯᖃᑦᑎᐊᓇᐊᒃᓴᖅ.

ᐃᓕᖕᓂᒃ ᐃᓕᓐᓂᐊᖅᑎᓪᓗᑎᑦ - ᐃᓅᓯᓕᒫᒃᓴᕐᓄᑦ!

13-ᖑᔪᑦ ᐅᓯᖕᒧᑦ ᐆᕐᒥᒃ ᐊᑐᑦᑎᐊᕐᓂᕐᒧᑦ ᒪᓕᒋᐊᓕᑦ

ᑯᔭᖃᑎᖃᓚᐅᓐᖏᑎᓪᓗᑎᑦ ᒪᑯᐊᑦ ᐃᓱᒪᒋᒃᑭᑦ:

1. ᐃᓕᖕᓂᒃ ᐃᓱᒪᒋᑦᑎᐊᓚᐅᕐᑲᓇᑦ, ᐱᔪᒪᔭᕐᓂᒃ ᑐᕌᓇᔪᒪᔭᕐᓂᒡᓗ, ᖃᓄᖅ ᐊᐃᑉᐸᖃᕈᒪᖕᒪᖔᖅᐱᑦ ᐊᒻᒪᓗ ᖃᓄᖅ ᑯᔭᖃᑎᖃᕈᕕᑦ ᐃᓅᓯᕐᓄᑦ ᐋᖅᑭᒋᐊᕈᑎᖃᕐᓂᐊᕐᓂᖓᓄᑦ. ᐃᓱᒪᒋᓗᒋᑦ ᐃᓱᒪᓕᐊᓇᓂᐊᖅᑕᑎᑦ ᖃᓄᖅ ᐃᒃᐱᖕᓇᕐᓂᖃᕐᓂᐊᕐᒪᖔᒋᑦ ᐊᓯᖕᓄᑦ ᐃᒃᐱᒋᔭᕐᓄᑦ.

2. ᐊᓴᐱᒃᓴᕐᒥᒃ/ᐊᓴᐱᒥᒃ, ᖁᐱᕐᓇᔭᐅᔭᑦᑐᓂᑦ ᐊᒻᒪᓗ ᓯᖕᒐᐃᓂᕐᒥᑦ ᐱᔾᔪᑎᖃᖅᑐᓂᑦ ᓯᓕᔪᓂᒃ ᖃᐅᔨᑦᑎ-ᐊᕐᓗᑎᑦ ᖃᐅᔨᓴᕐᓗᑎᓪᓗ ᑐᑭᓯᑦᑎᐊᕐᓗᐊᕐᒪᖔᖅᐱᒋᑦ.

3. ᓂᐅᕕᕐᕕᓕᐊᕐᓗᑎᑦ ᐋᓐᓂᐊᕐᕕᖕᒧᓪᓘᓐᓃᑦ ᓴᓐᖏᔪᒥᒃ ᐃᓴᔪᐃᑦᑐᒥᑦ (ᓯᑦᑎᓯᐃᑦᑐᒥᒃ) ᓴᓇᓯᒪᔪᓂᒃ ᐅᓯᖕᒧᑦ ᐆᕐᓂᒃ ᐊᐃᒃᓯᕐᓗᑎᑦ. ᐄᔭᒐᓕᓇᔨ ᐋᓐᓂᐊᖅᑕᐃᓕᔪᓕᓇᔨᓘᓐᓃᑦ ᐊᐱᓇᓗᒍ ᓇᓪᓕᐊᖕᓂᒃ ᐃᑉᑎᐅᑎᒃᓴᕐᓂᒃ ᐊᑐᖃᓯᐅᔾᔨᓪᓗᐊᕐᒪᖔᖅᐱᑦ ᐅᓯᖕᒧᑦ ᐆᕐᒥᒃ.

4. ᐊᔪᕈᓐᓃᖅᓴᕐᓗᑎᑦ ᐅᓯᖕᒧᑦ ᐆᕐᒥᑦ ᐊᑐᓇᐊᒃᓴᖅ ᐄᖅᓯᔭᓇᐊᒃᓴᕐᓗ ᑭᓯᐊᓂᒃ ᐃᓗᐊᖅᓴᓕᕈᕕᑦ. ᐊᕐᓇᑦ ᐊᔪᕈᓐᓃᖅᓴᕈᓐᓇᖅᐳᑦ ᐸᓈᓇᒥᒃ ᐱᕈᖅᑐᕕᓂᕐᒥᓐᓃᑦ ᐅᓲᔭᖅᑐᒥᒃ ᐊᑐᕐᓗᑎᒃ.

ᐸᕐᓇᒃᓯᒪᓕᕈᕕᑦ ᑯᔭᖃᑎᖃᓇᐊᒃᓴᖅ:

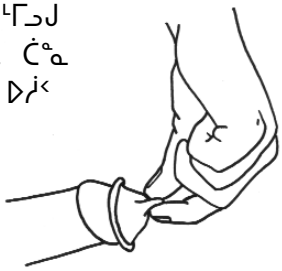
5. ᐅᓯᖕᒧᑦ ᐆᑉ ᐆᓇᔭᖕᒐ ᐅᖃᓕᒫᕐᓗᒍ ᓴᓐᖏᔪᒥᓐᖕᒐᕐᓗᐊᕐᒪᖔᑦ ᐃᓴᔪᐃᑦᑐᒃᓴᔭᒥᑦ. ᐊᑐᕐᓂᖕᒐᑕ ᐃᓱᓕᕝᕕᒃᓴᖕᒐ ᖃᐅᔨᒋᐊᕐᓗᒍ ᑐᖕᒐᐅᑦᑎᓯᒪᓐᖏᒃᑲᓗᐊᕐᒪᖔᖅ. ᐅᓯᖕᒧᑦ ᐆᑦ ᐊᑐᕈᓐᓃᕐᕕᖃᖅ-ᐸᖕᒥᖕᒪᑕ ᓱᕐᓗ ᐃᒻᒧᒃᑎᑐᑦ. ᐊᑐᕈᓐᓃᕐᓂᐊᕐᓂᖕᒐᑕ ᐅᓪᓗᐊᓄᐊᓚᐅᓐᖏᑎᓪᓗᒍ ᐅᓯᖕᒧᑦ ᐆᖅ ᐊᑐᖅᑕᐅᔭᕆᐊᖃᖅᐳᖅ.

6. ᐅᓯᖕᒧᑦ ᐆᖅ ᐊᓕᒃᑕᐃᓕᒪᓗᒍ ᐆᖕᒐ ᒪᑐᐃᕐᓗᒍ. ᖃᐅᔨᓴᕐᓗᑎᑦ ᐊᓕᓐᖏᒃᑲᓗᐊᕐᒪᖔᖅᐱᐅᒃ ᑭᒍᑎᖕᓄᑦ ᑯᑭᖕᓄᓪᓘᓐᓃᑦ.

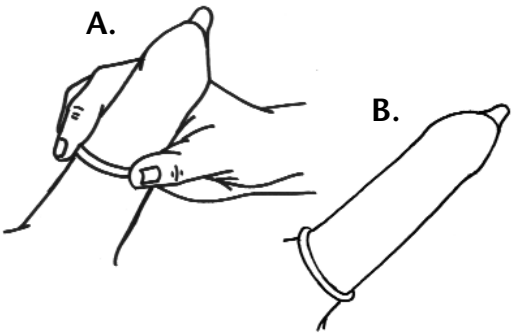
13-ᖁᔪᑦ ᐅᓯᖕᒧᑦ ᐆᕐᒥᒃ ᐊᑐᑦᑎᐊᕐᓂᕐᒧᑦ ᒪᓕᒋᐊᓕᑦ

7. ᐅᓯᖕᒧᑦ ᐆᖅ ᐃᓱᐊᓂ ᒧᓕᐊᔾᔭᖅᑐᑯᓗᖃᕐᓂᐊᖅᐳᖅ. ᑖᓐᓇ ᒧᓕᐊᔾᔭᖅᑐᖅ ᑎᒍᓗᒍ ᐅᓯᖕᒧᑦ ᑎᓯᒃᑎᓯᒪᔪᒧᑦ ᐃᓱᐊᓄᐊᕐᓗᒍ.

8. ᑖᓐᓇ ᒧᓕᐅᔾᔭᕐᓂᖓ ᐸᑕᒻᒥᓗᒍ ᐳᕕᔭᑦᑐᓐᓃᖅᑎᑦᑎᐊᕐᓗᒍ. ᑖᓐᓇ ᐃᓱᑯᓗᐊ ᒧᓕᐅᔾᔭᖅᑐᖅ ᐅᓲᑉ ᐃᓱᐊᓃᑦᑐᖅ ᐃᓱᐊᑕ ᖁᓕᑦᑎᐊᖓᓃᓪᓗᐊᖅᐳᖅ.



9. ᐅᓯᖕᒧᑦ ᐆᖅ ᐃᓱᕕᓪᓗᒍ ᑕᐅᓄᖓᓕᒫᖅ ᐅᓲᑉ ᐃᓱᐊᑕ ᐃᒡᓗᖓᖓᓄᑦ ᐃᓱᓕᑎᓪᓗᒍ.



10. ᐅᓯᖕᒧᑦ ᐆᑉ ᓱᓚᑖ ᐃᑉᑎᐅᑎᒃᓴᓕᖅᓯᒪᓪᓗᐊᖅᐳᖅ ᐸᓂᖅᓯᒪᔾᔭᓐᖕᒋᒻᒪᑦ. ᐅᓯᖕᒧᑦ ᐆᑦ ᐃᑉᑎᐅᑎᒃᓴᖅᑐᖅᐳᑦ ᑕᒪᒃᑯᓄᖓᑦᑕᐃᓐᓇᖅ ᐊᑐᖅᑕᒃᓴᓂᑦ. ᐊᑕᐅᓯᖅ ᑕᐃᒪ ᐱᒻᒪᕆᐅᔪᖅ ᐳᐃᒍᕆᐊᖃᓐᖕᒋᑕᑦ ᐃᑉᑎᐅᑎᒃᓴᒥᑦ ᐱᔾᔪᑎᖃᖅᑐᖅ. **ᐊᑐᓚᐅᖅᓯᒪᓂᐊᓐᖕᒋᓚᑎᑦ ᐃᑉᑎᐅᑎᒃᓴᓕᐊᖓᒍᓯᒪᔪᒥᒃ ᐅᖅᓯᖅᑎᖅᓯᒪᔪᒥᒃ.** ᐃᑉᑎᐅᑎᒃᓴᑦ ᐅᖅᓯᖅᑎᖅᓯᒪᔪᓂᓐᖓᖅᑐᑦ ᓱᕐᓗ ᑖᓴᓖᖓᓂᕐᖅᑕᐅᔪᓂᑦ, ᐊᒡᒐᒃᓯᐅᒻᒥᑦ, ᐸᑕᒥᑦ (ᐃᒻᒧᔾᔭᖅᑐᕐᒥᑦ), ᐅᖅᓯᕐᒥᒃ ᓂᕐᓱᐅᕈᑎᒥᑦ ᐅᓐᑭᓗᓐᓃᑦ ᖃᓄᑐᐃᓐᓇᖅ ᐅᖅᓯᕐᓂᓐᖓᖅᑐᑦ ᐊᓕᒃᓴᕐᐃᓕᕈᑕᐅᔾᔭᒻᒪᑦ ᐅᓯᖕᒧᑦ ᐆᕐᓄᑦ. ᐃᑉᑎᐅᑎᒃᓴᑦ ᐃᒪᕐᒥᒃ ᓴᓇᓯᒪᔪᑦ ᓱᕐᓗ ᕗᖓ ᔪᕿᓗᓗᓯ-ᖁᓂᕐᖅᑕᐅᔪᑦ ᐆᔾᔭᖅᑖᕐᕕᖕᓂᑦ ᐋᓐᓂᐊᕐᕕᖕᓂᓪᓗᓐᓃᑦ ᐱᔭᐅᔪᓐᓇᖅᐸᒃᑐᑦ ᐊᑐᖅᑕᑐᐊᓇᓪᓗᐊᖅᐸᑎᑦ. ᐆᔾᔭᓕᓇᔫ ᐃᓗᐊᖅᓴᐃᔫᓐᓃᑦ ᐊᐱᓇᓗᒍ ᓇᓪᓕᐊᒃ ᐃᑉᑎᐅᑎᒃᓴᐃᑦ ᐊᑐᖅᓯᐅᑎᔭᒃᓴᐅᖕᒪᖔᒋᑦ ᐅᓯᖕᒧᑦ ᐆᕐᓄᑦ.

13-ᖃᔪᑦ ᐅᓯᖕᒧᑦ ᐆᕐᒥᒃ ᐊᑐᑦᑎᐊᕐᓂᕐᒧᑦ ᒪᓕᒋᐊᓕᑦ

11. ᐊᖕᒍᑦ ᒪᕿᑐᐊᖅᐸᑦ ᐅᓯᖕᒐ ᒥᒃᓱᒃᑲᓂᓯᑲᐅᑎᒋᓐᒃᐳᖅ. ᐅᓯᖕᒧᑦ ᐆᓇᔭᖕᒐᑕ ᐃᓱᐊᓂᒃ (ᑎᒥᒥᓄᑦ ᖃᓂᓂᖅᓴᒦᑦᑐᒥᒃ) ᑎᒍᒥᐊᖏᓐᓇᕆᐊᖃᖅᐳᖅ ᐅᓯᓂᓗ ᐊᒧᑲᐅᑎᒋᓗᓂᐅᒃ ᒪᕿᑐᐊᖅᐸᑦ. ᑕᐃᒪᐃᓐᖏᑉᐸᑦ ᐅᓯᖕᒧᑦ ᐆᖅ ᐋᑐᐃᓐᓇᕆᐊᖃᖅᐳᖅ ᐊᐃᑉᐸᓇᔭᖕᒐᑦᑕ ᐃᓗᐊᓄᑦ.

12. ᑖᓐᓇ ᐅᓯᖕᒧᑦ ᐆᖕᒍᓴᖅᑐᖅ ᐃᓱᐊ ᒪᑐᐃᓐᖕᒑᕐᓂᖕᒐ ᕿᓚᒡᓗᒍ ᐃᒋᓪᓗᒍᓗ. ᐊᑕᐅᓯᕐᒥᒃ ᐅᓯᖕᒧᑦ ᐆᕐᒥᒃ ᐊᑐᒃᑲᓂᓚᐅᖅᓯᒪᓐᖏᓪᓗᑎᑦ.

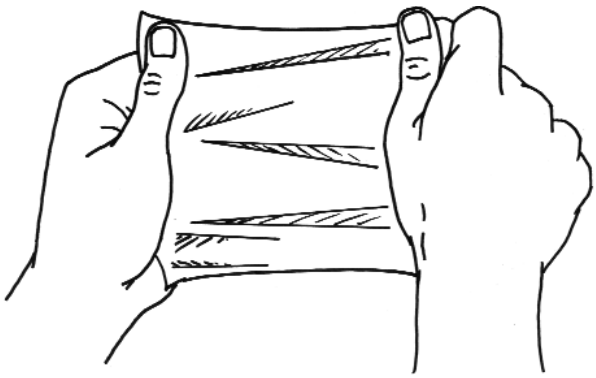
13. ᐊᒡᒐᓯᒃ ᐅᐊᓴᕐᓗᓯᐅᒃ. ᓴᓚᐅᓯᓕᕐᓗᓯ.

ᐊᕐᓇᕐᓄᑦ ᐅᑦᑐᖕᒥᓄᑦ ᓴᐳᒻᒥᓯᒪᔾᔪᑎᑦ

ᐊᕐᓇᕐᓄᑦ ᓴᐳᒻᒥᓯᒪᔾᔪᑎᑦ ᓴᓐᖏᔪᒥᑦ ᐃᔅᓴᔪᐃᑦᑐᒃᓴᔭᕐᒥᓐᖕᒑᖅᑐᑦ ᐊᕐᓇᐅᑉ ᐅᑦᑐᖕᒐᑕ ᐃᓗᐊᓄᐊᖅᑕᐅᔪᓐᓇᖅᐸᒃᐳᑦ ᑯᔭᒃᑕᐅᓚᐅᓐᖏᓐᓂᕐᒥᓐᓂᑦ. ᐊᕐᓇᑦ ᐅᖃᖃᑦᑕᖅᓯᒪᔭᑦ ᑭᓯᐊᓂᒃ ᐊᔪᕈᓐᓃᖅᓴᖅᐸᒃᓗᑎᑦ ᐆᖅᓯᔪᓐᓇᖅᓯᓚᖕᓂᖏᓐᓄᑦ ᐊᖅᓯᔪᓐᓇᖅᓯᓚᖕᓂᖏᓐᓄᑦᓗ. ᑕᐃᒫᑦᑕᐃᓐᓇᖅ ᐊᑐᖃᑦᑕᓪᓗᐊᓇᔭᑦ ᓲᕐᓗ ᐅᓯᖕᒧᑦ ᐆᖅᑎᑐᑦ. ᑕᐃᒫᒃᑕᐅᖅ ᓴᓐᖏᔪᒥᒃ ᕿᓪᓚᔪᑭᐊᕐᒥᓐᖕᒑᓇᐊᖃᓇᔭᑦ, ᐊᑐᕐᓂᖏᑦ ᐃᓱᓕᕝᕕᖃᓇᔭᑦ ᐊᒻᒪᓗ ᑐᖅᑯᖅᓯᒪᑦᑎᐊᓇ-ᐊᖃᖅᐳᑦ.

ᐊᕐᓇᕐᓄᑦ ᓴᐳᒻᒥᓯᒪᔾᔪᑎᑦ ᐊᑐᐃᓐᓇᐅᔭᑦ ᐃᓚᐃᓐᓇᖏᓐᓂᑦ ᐃᔭᒐᖅᑖᕐᕕᖕᓂᑦ. ᓄᓇᓕᔅᓯᓐᓂ ᐃᔭᒐᖅᑖᕐᕕᖕᒐᑦ ᖃᐅᔨᒋᐊᕐᕕᒋᓗᒍ ᐱᑕᖃᕐᒪᖔᑖ.

ᐅᑦᑐᖕᒥᑦ ᐊᓗᐱᖅᑐᕐᓂᕐᒧᑦ/ᐅᓯᖕᒥᑦ ᒥᓗᒃᓂᕐᒧᑦ ᓴᐳᒻᒥᓯᒪᔾᔪᑎᑦ



ᐊᓗᐱᖅᑐᐃᓪᓗᓂ ᒥᓗᒃᐃᓪᓗᓂᓘᓐᓃᑦ ᐊᑦᑕᕐᓇᓐᖏᓐᓂᖅᓴᐅᒐᓚᒃᐳᖅ ᑯᔭᖕᓂᕐᒥᑦ, ᑭᓯᐊᓂᒃ ᓱᓕ ᐊᑦᑕᕐᓇᕐᓂᖃᖅᐳᖅ. ᐊᑦᑕᕐᓇᓪᓚᓇᒃᐳᖅ ᐊᓯᖏᓐᓂᑦ ᕐᑯᐱᕐᓇᓐᓇᖅᑐᖅᑖᑐᐃᓐᓇᓇᐊᖃᕐᓂᕐᓄᑦ.

ᐊᑦᑕᕐᓇᖅᑐᒃᑰᖅᑕᐃᓕᑦᑎᐊᕈᒪᓪᓗᓂ ᐅᓯᒃ ᒥᓗᒃᖅᑕᐅᓂᐊᑐᐊᑖᖕᒐᑦ ᐅᓯᖕᒧᑦ ᐆᕐᒥᒃ ᐊᑐᐃᓐᓇᐅᔭᓪᓗᐊᖅᐳᖅ. ᐃᑉᑎᐅᑎᒃᓴᕐᒥᒃ ᐊᑐᕈᒪᔾᔭᓐᖏᑦᑐᒃᓴᐅᕗᑎᑦ ᐃᑉᑎᐅᑎᒃᓴᖃᖅᑎᑕᐅᕙᒋᖅᑐᒥᒡᓗᓐᓃᑦ ᐅᓯᖕᒧᑦ ᐆᕐᒥᒃ. ᐅᑦᑐᖕᒥᑦ ᐊᓗᐱᖅᑐᐃᓂᐊᕈᕕᑦ, ᐅᑦᑐᖕᒧᑦ ᐸᑎᒻᒥᔭᒃᓴᒥᑦ ᕿᓪᓚᔪᕈᐊᒃᓴᔭᒥᒃ ᐊᑐᕈᓐᓇᓇᕗᑎᑦ, ᑕᒪᒃᑯᐊᑦ ᑕᑭᓪᓗᑎᒃ ᑭᑉᐸᓇᒃᐸᒃᑐᑦ ᐅᑦᑑᑉ ᓵᖕᒐᓐᓄᐊᖅᑕᐅᕙᒃᑐᑦ ᐅᑦᑐᖕᒥᑦ ᐃᑉᑎᖏᓐᓂᑦ ᐅᖃᕐᓄᐊᖅᓯᑎᑦᑕᐃᓕᔾᔪᑎᒋᓪᓗᒋᑦ.

ᑭᒍᑎᓕᓇᔨᓯᐅᑎ (ᐅᑦᑐᖕᒧᑦ ᐸᑎᒻᒥᒐᐃᑦ)

ᐅᑦᑐᖕᒧᑦ ᐸᑎᒻᒥᒐᐃᑦ ᕿᓪᓚᔪᕈᐊᒃᓴᔭᐅᕗᑦ ᑭᒍᓯᓇᔨᓄᑦ ᐊᑐᖅᑕᐅᕙᒃᑐᑦ ᐃᓛᖅᓯᐃᑎᓪᓗᒍ. ᑭᒍᓯᓇᔨᒋᔭᑦ ᐋᓐᓂᐊᖅᑕᐃᓕᔪᓕᓇᕝᕕᖕᒥᓐᓃᑦ ᐃᖅᑲᓇᐃᔭᖅᑎᐅᔪᑦ ᐅᕝᕙᓐᓃᑦ ᐃᓗᐊᖅᓴᐃᕝᕕᖕᒥᑦ (ᐋᓐᓂᐊᕐᕕᖕᒥᑦ) ᐱᔪᓐᓇᖅᑐᒃᓴᐅᕗᑎᑦ. ᐅᑦᑐᖕᒧᑦ ᐸᑎᒻᒥᒐᐃᑦ ᐊᑐᒐᕐᓂᖅᑐᑯᓘᕗᑦ. ᖃᓐᑦ ᐊᓯᕕᑦ ᐅᑦᑐᐊᓄᐊᓚᐅᕐᓇᒍ ᐃᑎᐊᓄᓪᓗᓐᓃᑦ, ᑖᓐᓇ ᐸᑎᒻᒥᒐᖅ ᐊᓗᐱᕐᓂᐊᖅᑕᕕᑦ ᖃᖓᓄᐊᕐᓗᒍ ᐅᖃᕐᓄᐊᖅᑐᖃᔭᓐᖏᒻᒪᑦ ᐅᑦᑐᖕᒐᑦᑕ ᐃᑉᑎᖏᓐᓂᑦ.

ᓲᕐᓗᑦᑕᐅᖅ ᐅᓯᖕᒧᑦ ᐆᖅᑎᑐᑦ ᐊᑐᐊᒐᖃᐅᓇᕗᑦ ᐅᑦᑐᖕᒧᑦ ᐸᑎᒻᒥᒐᐃᑦ

1. ᓴᓐᖏᔪᒥᒃ ᕿᓪᓚᔪᕈᐊᒃᓴᔭᕐᒥᒃ ᓴᓇᓯᒪᓪᓗᐊᖅᐳᑦ

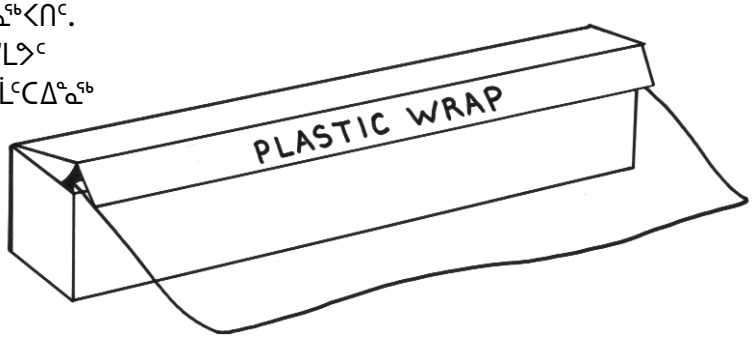
2. ᓇᓪᓕᐊᒃᑯᑦ ᓇᓗᓇᐃᒃᑯᑦᑎᖅᓯᓯᒪᓪᓗᐊᖅᐳᑎᑦ ᖃᐅᔨᒪᓂᐊᕋᕕᑦ ᖃᖓᒐᒍᑦ ᑐᓄᐊᒍᓪᓗᓐᓃᑦ ᐊᓗᐱᖅᑐᐃᔾᔪᑎᒋᖅᑲᐅᖓᒪᖓᖅᐱᐅᒃ. ᐱᓗᐊᖅᑐᒥᑦ ᐱᒻᒪᕆᐅᕗᖅ ᓄᖅᑲᓚᐅᑲᒃᓗᑎᑦ ᐊᓗᐱᖅᑐᐃᒃᑲᓐᓂᕈᒪᓂᐊᕈᕕᑦ.

3. ᑕᒪᒃᑯᐊᑦ ᐅᑦᑐᖕᒧᑦ ᐸᑎᒻᒥᒐᐃᑦ ᐅᐊᓴᖅᑕᐅᔪᓐᓇᖅᐸᖕᒪᑕ ᐊᑐᒃᑲᓐᓂᕐᓗᒋᓪᓗ.

ᐅᑦᑐᖕᒥᑦ ᐊᓗᐱᖅᑐᕐᓂᕐᒧᑦ/ᐅᓯᖕᒥᑦ ᒥᓗᖃᕐᓂᕐᒧᑦ ᓴᐳᒻᒥᓯᒪᔾᔪᑎᑦ

ᕿᓪᓚᔪᑭᐊᒃᓴᔭᑦ

ᐃᓛᓐᓂᒃᑯᑦ ᐅᑦᑐᖕᒧᑦ ᐸᑎᒻᒥᒐᐃᑦ ᓇᓂᔭᒃᓴᐅᑦᑎᐊᖅᐸᓐᖕᒋᒻᒪᑕ ᐃᓛᓐᓂᓘᓐᓃᑦ ᐳᐃᒍᑐᐃᓐᓇᖅᐸᒃᑐᑎᒍᑦ. ᓴᓐᖕᒋᔪᒥᒃ ᕿᓪᓚᔪᑭᐊᒃᓴᔭᒥᒃ ᓴᓇᓯᒪᓐᖕᒋᒃᑲᓗᐊᖅᑎᓪᓗᒋᑦ, ᕿᓪᓚᔪᑭᐊᑐᐃᓐᓇᑦ ᓂᐅᕕᕐᕕᖕᓂᑦ ᓂᕿᓯᐅᑕᐅᕝᒃᑐᑦ ᑕᐃᒫᑦᑕᐃᓐᓇᖅ ᓴᐳᒻᒥᑎᒋᔪᓐᓇᖅᐸᑎᑦ. ᖃᐅᔨᓴᖅᑕᐅᖃᑦᑕᖅᓯᒪᔪᑦ ᖃᐅᔨᔾᔪᑕᐅᖃᑦᑕᖅᓯᒪᕗᑦ ᐊᓴᐱᒃᓴᖅ ᕿᓪᓚᔪᑭᐊᒃᑰᕈᓐᓇᖕᒋᓐᓂᖕᒐᓄᑦ. ᑕᐃᒫᑦᑕᐃᓐᓇᖅ ᐅᑦᑐᖕᒧᑦ ᐸᑎᒻᒥᒐᕐᓂᒃ ᐊᑐᖃᑦᑕᖅᑕᑦᑎᑐᑦ ᐊᑐᕐᓗᒍ. ᕿᓪᓚᔪᑭᐊᑐᐃᓐᓇᕐᒥᒃ ᐊᑐᕈᕕᑦ, ᐊᑐᒃᑲᓐᓂᖅᑕᐃᓕᓗᒍ. ᓄᑖᒥᒃ ᐊᑐᑐᐃᓐᓇᓕᕐᓗᑎᑦ. ᕿᓪᓚᔪᑭᐊᑐᐃᓐᓇᕐᒥᒃ ᐊᑐᕈᓐᓇᖕᒋᓚᑎᑦ ᐅᓯᖕᒧᑦ ᐆᓇᓗᒍ.



ᐅᓯᖕᒧᑦ ᐆᑦ ᐊᑐᖅᑕᐅᑎᓪᓗᒋᑦ ᐅᑦᑐᖕᒥᒃ ᐃᑎᕐᒥᒡᓘᓐᓃᑦ ᐊᓗᐱᖅᑐᐃᓂᕐᒧᑦ

ᐅᑦᑐᖕᒧᑦ ᐸᑎᒻᒥᒐᐃᑦ ᐳᐃᒍᕐᓂᕈᕕᐅᒃ ᕿᓪᓚᔪᑭᐊᒃᓴᔭᕐᒥᒡᓗ ᓇᓂᓯᔪᓐᓇᕐᓇᑎᑦ, ᐅᓯᖕᒧᑦ ᐆᕐᒥᒃ ᑕᐃᒪᓐᓇ ᐊᑐᕈᓐᓇᓇᕗᑎᑦ. ᐅᓯᖕᒧᑦ ᐆᑉ ᐆᖕᒐ ᒪᑐᐃᕐᓗᒍ ᐊᓕᒃᑕᐃᓕᒪᓗᒍ ᐅᓯᖕᒧᓪᓗ ᐆᖅ ᐃᓯᕕᓪᓗᒍ. ᑕᑭᓂᖕᒐᒍᑦ ᑭᐱᓗᒍ ᐃᓯᐊᓄᑦ. ᑭᐱᒍᓂ ᒪᑐᐃᕐᓗᓂ ᐊᖕᒋᓗᐊᕐᓇᓂ ᖃᑭᐅᑎᒃᓴᖅᑎᑐᐸᓗᒃ. ᐅᑦᑐᖕᒧᑦ ᐸᑎᒻᒥᒐᕐᓂᑦ ᐊᑐᐊᒐᐃᑦ ᑖᒃᑯᐊᑦᑕᐃᓐᓇᖅ ᐊᑐᕐᓗᒋᑦ ᑭᓯᐊᓂ ᐅᓯᖕᒧᑦ ᐆᖅ ᐃᒋᓪᓗᒍ ᐊᑐᐊᓂᒃᑯᕕᐅᒃ.

ᐃᓱᒪᒋᔭᕆᐊᖃᖅᐸᒃᑐᑦ

ᐃᔅᓴᔪᐃᑦᑐᒃᓴᔭᕐᒥᒃ ᑎᒥᖓ ᐱᐅᒃᓴᓐᖏᑦᑐᑦ

ᐃᓚᖏᑦ ᑭᒃᑯᑐᐃᓐᓇᑦ ᑎᒥᖏᑦ ᐱᐅᒃᓴᓐᖏᑦᑐᐃᓐᓇᕆᐊᖃᖅᐸᖓᒪᑕ ᕿᓪᓚᔪᑭᐊᒃᓴᔭᕐᒥᒃ. ᑕᐃᒪᐃᑎᓪᓗᒍ ᐅᓱᖕᒧᑦ ᐆᕐᓂᑦ ᐅᑦᑐᖕᒧᓪᓗ ᐸᑎᒻᒥᒐᕐᓂᑦ ᐊᑐᕆᐊᒃᓴᖅ ᐊᔪᕐᓇᕐᓂᖅᓴᐅᓚᒐᓚᒃᐸᒃᐳᖅ. ᑭᒃᑯᑐᐃᓐᓇᑦ ᕿᓪᓚᔪᑭᐊᒃᓴᔭᕐᒥᒃ ᑎᒥᖏᑦ ᐱᐅᒃᓴᓐᖏᑦᑐᑦ ᐃᓚᑦᑕᕆᐊᖃᖅᐳᖅ ᒪᕿᐃᓚᖓᔪᓂᑦ ᐊᑐᖃᑦᑕᕐᓂᕐᒥᒃ.

ᒪᕿᐃᓕᖓᔪᓂᒃ ᐊᑐᖃᑦᑕᕐᓂᖅ

ᐊᖑᒻᒥᒃ ᕿᓪᓚᔪᑭᐊᒃᓴᔭᕐᒥᒃ ᑎᒥᖓ ᐱᐅᒃᓴᓐᖏᑉᐸᑦ, ᓱᐱᐅᑉ (ᓂᕐᔪᑎᐅᑉ) ᕿᓱᖓᓐᓂᓐᖓᖅᑐᒃᓴᔭᖕᒥᒃ ᐅᓱᖕᒧᑦ ᐆᕐᒥᒃ ᐊᑎᓱᖅᑳᓚᐅᕐᓗᓂ ᕿᓪᓚᔪᑭᐊᒃᓴᔭᖕᒥᒃ ᐊᑎᓱᔪᓐᖅᐸᒃᐳᖅ ᖃᒃᑲᓐᓂᐊᒍᑦ. ᓱᐱᐅᑉ ᕿᓱᖓᓐᓂᓐᖓᖅ-ᑐᒃᓴᔭᒃ ᐅᕕᓂᖓᓐᓄᑦ ᓴᐳᒻᒥᑎᒋᔪᓐᓇᕐᒪᐅᒃ ᕿᓪᓚᔪᑭ-ᐊᒃᓴᔭᖕᒥᒃ ᐅᓱᖕᒧᑦ ᐆᕐᒥᒃ ᐊᒻᒪᓗ ᕿᓪᓚᔪᑭᐊᒃᓴᔭᖅ ᓴᐳᒻᒥᔾᔪᑎᒋᓗᓂᐅᒃ ᐊᓴᐱᒃᓴᖅᑖᖅᑕᐃᓕᓂᕐᒧᑦ ᐊᓱᖏᓐᓂᓪᓘᓐᓃᑦ ᖁᐱᕐᓇᔭᐅᔭᑦᑐᓂᑦ. ᐊᕐᓇᕐᒥᒃ ᕿᓪᓚᔪᑭᐊᒃᓴᔭᖕᒥᒃ ᑎᒥᖓ ᐱᐅᒃᓴᓐᖏᑉᐸᑦ, ᐊᖑᑦ ᕿᓪᓚᔪᑭᐊᒃᓴᔭᖕᒥᒃ ᐅᓱᖕᒧᑦ ᐆᕐᒥᒃ ᐊᑎᓱᓪᓗᐊᖅᐳᖅ ᐊᒻᒪᓗ ᖃᒃᑲᓐᓂᐊᒍᑦ ᓱᐱᐅᑉ ᕿᓱᖓᓐᓂᓐᖓᖅᑐᒃᓴᔭᖕᒥᒃ ᐅᓱᖕᒧᑦ ᐆᕐᒥᒃ ᐊᑎᓱᒃᑲᓐᓂᕐᓗᓂ. ᕿᓪᓚᔪᑭᐊᒃᓴᔭᒃ ᐆᓇᔭᖓ ᐊᕐᓇᕐᒧᑦ ᓴᐳᒻᒥᐅᑕᐅᔪᓐᓇᖅᐳᖅ ᐊᓴᐱᒃᓴᖅᑖᖅᑕᐃᓕᓂᕐᒧᑦ ᐊᓱᖏᓐᓂᓪᓘᓐᓃᑦ ᖁᐱᕐᓇᔭᐅᔭᑦᑐᓂᑦ ᐊᒻᒪᓗ ᓱᐱᐅᑉ ᕿᓱᖓᓐᓂᓐᖓᖅᑐᒃᓴᔭᖅ ᓴᐳᒻᒥᑎᒋᓗᓂᐅᑉ ᐅᕕᓂᖓᓐᓂᒃ ᐊᒃᑐᖅᓱᑦᑕᐃᓕᔾᔪᑎᒋᓗᓂᐅᒃ.

ᐅᑦᑐᖕᒥᑦ ᐃᕿᖅᓱᓂᖅ

ᐅᑦᑐᖕᒥᑦ ᐃᕿᖅᓱᕝᒃᐳᑦ ᓱᕐᓗ ᐃᕿᒥᒃᓗᒍ ᐅᑦᑐᐃᑦ ᐃᑏᓪᓘᓐᓂᑦ. ᐃᓚᖏᑦ ᑕᐃᒪᐃᑉᐸᒃᐳᑦ ᓴᓗᒪᖅᑳᓚᒃᑲᓐᓂ-ᒋᒪᓪᓗᑎᒃ. ᖃᒃᑭᓐᖅᑐᒥᒃ (ᕕᓂᒍᒥᒃ) ᐃᒪᕐᒥᑦ ᐃᓚᓱᓪᓗᑎᒃ ᐃᕿᖅᑐᐃᔾᔪᑎᖃᖅᐸᒃᐳᑦ.

ᑕᐃᒪᓐᓇ ᐃᕿᕐᓂᖅ ᑯᔭᓚᐅᕐᓂ ᑯᔫᓂᒃᓱᒪᓕᕐᓗᓂᓘᓐᓂᑦ **ᐊᓴᐱᑖᖅᑕᐃᓕᔾᔪᑎᒋᔪᓐᓇᓐᖏᓚᑦ** ᑎᒥᖕᓂ. ᐊᒡᓛᓪᓘᓐᓂᑦ, ᖃᒃᑭᓐᖅᑐᕐᓘᓐᓂᑦ ᐅᑦᑐᒃᐱᑦ ᐃᑎᖅᐱᓪᓘᓐᓂᑦ ᐃᓗᐊᓂ ᐊᓴᐱᒃᓴᖅᑖᖅᓴᕐᐃᓐᓂᖅᓴᐅᔾᔪᑎᒋᑐᐃᓐᓇᕆᐊᖃᖅᐸᑦ. ᐃᒪᖅ ᕿᑦᓱᒃᓱᔪᓐᓇᕐᒪᑦ ᑭᓕᖅᓱᐊᕐᔪᒍᓐᓇᕐᓗᑎᒡᓘᓐᓂᑦ ᐊᓴᐱᒃᓴᕐᒥᒃ ᑎᒥᓐᓄᐊᖅᓴᕐᓴᐃᔾᔪᑕᐅᔪᓐᓇᑐᐃᓐᓇᕆᐊᖃᖅᑐᓂᑦ. **ᐅᑦᑐᐃᑦ ᐃᕿᓪᓗᐊᓐᖏᓚᐃᑦ ᑯᔭᒃᓵᓕᓂᐊᓕᖅᑎᓪᓗᑎᑦ ᑯᔭᒃᑕᐅᕐᓂᓵᖅᑎᓪᓗᑎᓪᓘᓐᓂᑦ.**

ᐃᖅᑲᓇᐃᔭᕐᕕᖕᒥᑦ ᓴᐳᑎᓯᒪᓂᖅ - ᖃᓄᐃᓐᓇᖅ ᐊᑦᑕᓇᖅᑐᒃᑰᖅᑕᐃᓕᔾᔪᑎᑦ

ᑭᒃᑯᐃᓐᓇᑦ ᐊᐅᖕᒥᒃ ᑎᒥᐅᓪᓗ ᐃᑉᑎᖏᓐᓂᒃ ᐱᓕᕆᐊᖃᖅᑐᒃᓴᐅᓪᓗᑎᑦ ᐃᖅᑲᓇᐃᓛᓐᑦ ᐃᓕᓐᓂᐊᖅᑎᑕᐅᕝᕙᒃᐳᑦ ᑕᐃᔭᐅᔪᒥᒃ “ᖃᓄᐃᓐᓇᖅ ᐊᑦᑕᓇᖅᑐᒃᑰᖅᑕᐃᓕᔾᔪᑎᓂᑦ” ᓴᐳᒻᒥᓯᒪᔾᔪᑎᒋᔭᒃᓴᓇᓪᓗᓂᔾᔪᒃ ᖁᐱᕿᐃᑦᑕᐃᓕᔭᕆᐊᒃᓴᖅ ᐊᔾᔨᒌᓐᖏᑦᑐᐊᓗᖕᓂᑦ, ᐊᓴᐱᒃᓴᖅ ᐱᖃᓯᐅᑎᓪᓗᒍ. ᓄᓇᕐᔪᐊᕐᒥᑦ ᐊᑦᑕᓇᖅᑐᒃᑰᖅᑕᐃᓕᔾᔪᑎᑦ ᐊᑐᐊᒐᐅᕗᑦ ᑭᒃᑯᐃᓐᓇᕐᓄᑦ ᐊᒃᑐᖅᓯᔭᑐᐃᓐᓇᕆᐊᖃᖅᑐᓄᑦ ᐊᐅᖕᒥᒃ ᑎᒥᐅᓪᓗᓐᓃᑦ ᐃᑉᑎᖏᓐᓂᒃ. ᐊᑐᐊᒐᐃᑦ ᐅᖃᐅᓯᖃᖅᐳᑦ ᖃᓄᖅ ᐅᕕᓃᑦ ᓴᐳᒻᒥᓯᒪᔪᓐᓇᖅᐸᖕᒪᖔᖅᐱᐅᒃ ᖃᓄᕐᓗ ᓴᓗᒻᒪᖅᓴᐃᔪᓐᓇᖅᐸᖕᒪᖔᑦ ᑭᓯᑐᐃᓐᓇᕐᓂᒃ ᖁᐱᕿᓄᑦ ᓲᕐᓗ ᐊᓴᐱᒃᓴᕐᒧᑦ ᐊᒃᑐᖅᑕᐅᑐᐃᓐᓇᕆᐊᖃᖅᐸᒃᑐᓂᒃ. ᐊᑐᐊᒐᑦᑎᐊᕙᐅᕗᑦ ᑭᒃᑰᓗᒃᑖᓄᑦ ᖃᐅᔨᒪᔭᐅᓪᓗᐊᕐᓗᑎᑦ ᐊᑐᖅᑕᐅᓪᓗᐊᕐᓗᑎᒡᓗ..

1. ᐃᓴᔪᐃᑦᑐᓂᑦ (ᓯᑦᑎᓯᐃᑦᑐᓂᒃ) ᐊᒡᒐᒃᓯᒪᕙᒡᓗᑎᒃ ᖃᓄᐃᓐᓇᖅ ᐊᒃᑐᖅᓯᓂᐊᑐᐊᕋᖕᒐᕕᑦ ᑭᓇᐃᓐᓇᐅᑉ ᐊᐅᖓᓐᓂᒃ ᑎᒥᖓᑦᑕᓗᓐᓃᑦ ᐃᑉᑎᖏᓐᓂᑦ.

- ᐊᐊᓂᒃᑯᕕᑦ ᐊᒡᒐᒃᑭᒡᓗ ᐲᑭᓐᓇᖅᓯᒍᕕᒋᒃ, ᐊᒡᒐᒃᐱᑦ ᐸᕝᕕᐊᒍᑦ ᓄᓯᖅᑳᕐᓗᒍ ᓯᕗᓪᓕᖅ ᐊᒡᒐᒃ ᐃᓗᐊᓐᖓᖅ ᐃᒧᓂᐊᕐᒪᑦ.
- ᐊᒌᑉ ᐊᑐᕐᓴᑦᑕᐃᑦ ᐲᑭᕕᐅᒃ ᐃᓱᐊ ᐊᑐᕐᓗᒍ ᐱᖃᑖ ᐲᓇᐊᓖᑦ.
- ᐊᒡᒐᒃ ᐊᑐᖅᓯᒪᔪᖅ ᐊᒃᑕᕐᕕᖕᒧᑦ ᐃᒋᓪᓗᒍ.
- ᐊᒡᒐᒃᑭᑦ ᐅᐊᓴᕐᓗᒋᑦ ᐆᓇᔪᒃᑐᒧᑦ ᐃᒪᕐᒧᑦ ᐅᐊᓴᐅᑎᒧᓪᓗ.
- ᐊᒡᒐᒃ ᐊᑐᕐᓂᐊᖅᑕᑎᑦ ᓈᒻᒪᒋᓗᒋᑦ ᐊᑎᓗᒋᓪᓗ ᐊᒃᑐᖅᓯᓚᐅᖕᒋᓐᓂᕐᓄᑦ ᑭᐊᑐᐃᓐᓇᐅᑉ ᐊᐅᖓᓐᓂᒃ ᑎᒥᖓᑦᑕᓗᓐᓃᑦ ᐃᑉᑎᖏᓐᓂᒃ.

2. ᐃᒋᑲᐅᑎᒋᑦᑕᖅᑐᒥᒃ ᑎᒦᑦ ᓴᐳᒻᒥᑎᖃᕐᓗᒍ ᓲᕐᓗ ᑕᐃᒃᑯᓂᖓ ᓂᕐᓱᐅᖅᑐᓄᑦ ᐊᑐᖅᑕᐅᕙᒃᑐᓂᒃ ᓴᐳᒻᒥᑎᒋᓗᒍ ᐊᐅᖕᒥᒃ ᑎᒥᓂᓪᓕ ᐃᑉᑎᖏᓐᓂᑦ. ᐃᓛᓐᓂ ᑭᓯᑐᐃᓐᓇᑦ ᑯᕕᓲᖓᖓᒪᑕ ᓯᖅᑭᖅᑕᕐᓗᑎᒡᓗᓐᓃᑦ.

ᐃᖅᑲᓇᐃᔭᕐᕕᖕᒥᑦ ᓴᐳᑎᓯᒪᓂᖅ - ᖃᓄᑐᐃᓐᓇᖅ ᐊᑦᑕᓇᖅᑐᒃᑰᖅᑕᐃᓕᔾᔪᑎᑦ

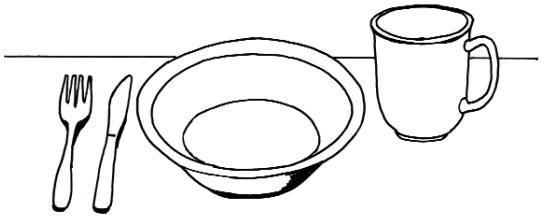
3. ᑮᓇᕐᒧᑦ ᓴᐳᒻᒥᔾᔪᑎᒥᒃ ᐊᑐᖅᐸᒡᓗᑎᑦ ᖃᐅᔨᒪᑦᑎᐊᓐᖏᒃᑳᖕᒐᕕᑦ ᖃᓄᐃᑦᑐᒥᒃ ᖁᐱᕈᖃᖅᑐᖃᑐᐃᓐᓇᕆᐊᖃᕐᒪᖔᒍ ᖁᐃᖅᓯᖅᑐᑦ. ᐳᕙᒡᓗᒃᑐᑦ (ᑏᑦᑕ) ᖁᐃᖅᓯᕋᖕᒐᒥᒃ ᐊᐃᑦᑐᕐᓗᐃᔪᓐᓇ-ᑐᐃᓐᓇᕆᐊᖃᖅᐸᒃᐳᑦ. ᖃᐅᔨᒪᓪᓚᑦᑖᓐᖏᒃᑯᕕᑦ ᑭᓇᑐᐃᓐᓇᖅ ᖃᓄᐃᒻᒪᑦ ᖁᐃᖅᓯᕐᒪᖔᒍ, ᐊᑲᐅᓂᖅᓴᐅᕗᖅ ᐃᒋᑲᐅᑎᒋᑦᑕᖅᑐᒥᑦ ᑮᓇᐃᑦ ᓴᐳᒻᒥᑎᖃᕈᕕᐅᒃ. ᐊᓴᐱᒃᓴᖃᖅᑐᑦ ᐊᓯᒥᖕᓂᓐᖔᖅᑐᓂᑦ ᖁᐱᕈᓄᑦ ᐊᐃᑦᑐᕐᓗᒃᑕᐅᓴᕋᐃᑦᑐᑯᓘᕝᕙᖕᒪᑕ ᓄᕝᒃᑯᕕᑦ ᑮᓇᕐᒧᑦ ᓴᐳᒻᒥᔾᔪᑎᒥᒃ ᐊᑐᖅᓯᒪᓪᓗᐊᓇᕗᑎᑦ ᓴᐳᒻᒥᖕᒐᔾᔪᓐᓇᕐᓂᐊᕐᒥᒐᕕᐅᒃ.

4. ᐊᒐᑦᑎᓐᓂᒃ ᐃᕐᒥᒋᐊᖃᖅᐸᖕᓂᕗᑦ ᐱᒻᒪᓇᐅᓂᖅᐹᖕᒍᔪᒃᓴᐅᓪᓗᓂ ᖃᓄᑐᐃᓐᓇᖅ ᐊᑦᑕᕐᓇᖅᑐᒃᑰᖅᑕᐃᓕᔾᔪᑎᒃᓴᐅᕗᖅ

- ᐊᒐᒃᑭᒃ ᐅᐊᓴᕐᕕᐅᑉ ᐃᓗᐊᓃᑎᑦᑎᐊᕐᓗᒋᑦ ᐃᕐᒥᒃᑎᓪᓗᒋᒃ.
- ᐃᕐᒥᐅᑎᒥᒃ ᐃᒪᕐᒥᒐᓗ ᐆᓇᔪᒃᑐᒥᒃ ᐊᑐᓗᐊᖅᑕᐃᓕᒪᓐᖏᓪᓗᑎᑦ ᐊᒐᒃᑭᒐᓗ 30 ᓯᐊᑲᓐᓂᒃ ᐊᑯᓂᐅᓂᖃᖅᑎᒋᓪᓗᐊᖅᑐᒥᒃ.
- ᖃᐅᔨᓴᕐᓗᑎᑦ ᐊᒐᓕᒫᒃᑭᒃ ᐅᐊᓴᕐᓗᐊᕐᒪᖔᒃᑭᒃ, ᐱᓗᐊᖅᑐᒥᒃ ᑯᑭᒃᑭᓪᓗ.
- ᐊᒐᒃᑭᒃ ᐃᕐᒥᒃᐸᒡᓗᒋᑦ ᐊᒐᒃᑭᒃ ᐊᑎᓚᐅᖅᑎᓐᓇᑎᑦ ᐊᑐᐊᓂᒃᑎᓪᓗᒋᓪᓗ ᓴᐳᒻᒥᑎᒃᖃᓂᕈᓐᓇᕐᑯᓪᓗᑎᑦ.
- ᐊᒐᒃᑎᑦ ᐊᓪᓚᖅᑎᑦᑎᐊᕐᓗᒋᑦ.

5. ᓵᕕᒃᓯᖃᖅᑐᑦ ᓲᕐᓗ ᐃᖕᒍᓯᕐᓂᑦ ᖁᓕᖕᓂᒃ ᐃᒪᕐᒥᒃ ᐃᖕᒍᓯᕐᒥᒃ ᐊᑕᐅᓯᕐᒥᒃ ᓵᕕᒃᓯᓕᖅᓯᒪᔪᖅ ᐅᓄᖅᑐᓄᑦ ᖁᐱᕐᕈᓄᑦ ᑐᖁᕋᐃᔾᔪᑕᐅᔪᓐᓇᖅᐳᖅ, ᐱᖃᓯᐅᑎᓪᓗᒋᑦ ᐊᓴᐱᒃᓴᐅᑉ ᖁᐱᕐᕈᖕᒋᓐᓂᑦ. ᐊᐅᒡᔫᓐᓃᑦ ᐊᐅᖕᒥᖕᖓᖅᑐᕐᔫᓐᓃᑦ ᓴᓇᕐᕈᑎᓄᐊᖅᐸᑕ ᑕᒪᐅᖕᒐᒥᐊᕐᔫᓐᓃᑦ, ᐅᐊᓴᑦᑎᐊᕐᓗᒍ ᓵᕕᒃᓯᖃᖅᑐᒧᑦ.

6. ᐊᓐᓄᕐᓂᒃ ᐅᐊᓴᐃᒍᕕᑦ ᐊᐅᒻᒥᒃᓯᒪᔪᓂᒃ ᐊᐅᒥᖕᖓᖅᓯᒪᔪᓂᒡᔫᓐᓃᑦ ᐃᐱᖃᖅᑐᓂᑦ, ᐊᐅᓚᔾᔭᖅᑎᓗᐊᖅᑕᐃᓕᒪᓗᒍ ᐃᕐᒥᕝᕕᓕᐊᕈᑎᑎᓪᓗᒋᑦ. ᐆᓇᔪᒃᑐᒧᑦ ᐃᒪᕐᒧᑦ ᐅᐊᓴᐅᑎᓕᖕᒍᑦ ᐃᕐᒥᒡᓗᒋᑦ ᐸᓂᕐᓲᕕᐅᓪᓗ ᐃᓗᐊᓂ ᐸᓂᒃᓯᕐᓗᒍ. ᐊᐅᒃᑕᖃᕐᔪᐊᓚᐅᖅᐸᑦ ᑎᒥᐅᓪᓗᓐᓃᑦ ᐃᐸᑎᖕᒋᓐᓂᑦ, ᒥᑭᑦᑑᒐᓗᐊᕐᒥᑦ ᓵᕕᒃᓯᓕᕈᓐᓇᖅᐸᑦ ᐃᕐᒥᐅᑎᒋᔭᑦ ᐃᒪᖅ.



7. ᓂᕐᓇᓯᓂᒃ ᐃᕐᒥᖕᓂᖅ, ᐊᓴᐱᒃᓴᖃᖅᑑᒐᓗᐊᕐᒧᓪᓗᓐᓃᑦ ᐊᑐᐊᒐᖅᑕᖃᓐᖕᒋᓚᖅ. ᐆᓇᑦᑎᐊᖅᑐᒧᑦ ᐃᒪᕐᒧᑦ ᐅᐊᓴᕐᓗᒋᑦ ᐃᕐᕈᖅᑐᑦᑎᐊᕐᓗᒋᓪᓗ.

ᓄᓇᕐᔪᐊᕐᒥᑦ ᐊᑦᑕᕐᓇᖅᑐᒃᑰᖅᑕᐃᓕᔾᔪᑎᓄᑦ, ᑲᔅᑎᓄᑦ ᐱᕐᓗᐊᕿᔾᔪᑕᐅᕝᒃᑐᑦ ᐊᒻᒪᓗ ᐃᖅᑲᓇᐃᔭᕐᕕᖕᓂ ᐊᒃᑐᐃᑐᐃᓐᓇᓇᐊᖃᕐᓂᕐᒧᑦ ᐱᔾᔪᑎᖃᖅᑐᑦ ᑐᓴᒐᒃᓴᒃᑲᓐᓂᑦ ᐊᑐᐃᓐᓇᐅᕗᑦ ᐃᖅᑲᓇᐃᔭᕐᕕᖕᓂ ᐊᑦᑕᕐᓇᖅᑕᐃᓕᔭᓇᐊᖃᕐᓂᕐᒧᑦ ᐋᓐᓂᐊᕐᓂᖅᑖᖅᑕᐃᓕᔭᓇᐊᖃᕐᓂᕐᒧᓪᓗ ᖃᐅᔨᒋᐊᕈᑎᒃᓴᓂᒃ (ᑮᓇᐅᔭᓕᓇᔨᕐᔪᐊᒃᑯᑦ ᑲᑎᒪᔨᖕᒋᓐᓂᑦ ᑲᓇᑕᒥ, ᑕᓪᓕᒪᒋᔭᖕᒐᑦ ᐅᖃᓕᒫᒐᓕᐊᖕᒐᑦ) ᑲᓇᑕᒥ ᐃᓗᐊᖅᓴᐃᔨᑦ (ᓇᔭᖕᖓᐊᑦ) ᑲᑐᔾᔨᖃᑎᒌᖕᒋᓐᓂᑦ ᐊᓴᐱᒥᒃ ᑲᒪᔨᐅᔪᓂᑦ, ᑐᕋᖅᑎᓪᓗᒍ ᐅᕗᖕᒐ ᑕᐃᔾᔭᓐᒧᑦ, Diane Fillion, President, Module G, Ottawa Hospital-General Campus, 501 Smyth Road, Ottawa, ON K1H 8L6, ᐋᑐᐋ, ᐊᓐᑎᐅᓇᐅᒥ, ᖃᓇᑕᐅᔭᒃᑯᑦ ᑐᕋᕈᑖ: dfillion@ogh.on.ca.

ᖃᐅᔨᒋᐊᕈᒪᒍᕕᑦ ᐊᓴᐱᒃᓴᕐᒥᒃ/ᐊᓴᐱᒥᒃᑰᓐᓃᑦ ᐱᔾᔪᑎᓕᖕᓂᑦ, ᐅᖃᓕᒫᕐᓗᑎᑦ ᐊᓯᖕᒋᓐᓂᑦ ᐅᖃᓕᒫᒐᓕᐊᖕᒍᓯᒪᔪᓂᑦ ᑖᒃᑯᐊᑦ ᐃᓚᖕᒋᓐᓂᑦ, ᖃᐅᔨᒋᐊᕐᕕᒋᓗᒍ ᐋᓐᓂᐊᕐᕕᒃ ᐋᓐᓂᐊᖅᑕᐃᓕᔪᓕᕆᕕᒃᑰᓐᓃᑦ ᓄᓇᓕᔅᓯᓐᓂᑦ ᐅᑦᑭᑰᓐᓃᑦ ᒪᑯᐊᑦ ᖃᐅᔨᒋᐊᕐᕕᒋᓗᒋᑦ:

ᖃᓇᑕᐅᔭᒃᑯᑦ ᑐᓴᒐᒃᓴᖅᓯᐅᕐᕕᐅᑉᒃᑐᑦ

ᐋᓐᓂᐊᖅᑕᐃᓕᔪᓕᕆᔨᕐᔪᐊᒃᑯᑦ ᖃᓇᑕᒥ
www.hc-sc.gc.ca/aids.htm

ᖃᓇᑕᒥ ᐊᓴᐱᒥᒃ ᒪᒥᓴᐃᓂᕐᒧᑦ ᑐᓴᐅᒪᔪᓕᕆᔨᑦ
www.catie.ca

ᖃᓇᑕᒥ ᓄᓇᖃᖅᑳᖅᓯᒪᔪᓄᑦ ᐊᓴᐱᒥᒃ ᖃᒪᔨᑦ
www.caan.ca

ᖃᓇᑕᒥ ᐊᓴᐱᒃᓴᕐᒥᒃ/ᐊᓴᐱᒥᒃ ᒪᓕᒐᓕᕆᓂᕐᒧᑦ ᖃᒪᔨᑦ
www.aidslaw.ca

ᐊᑭᖃᓐᖕᒋᑦᑐᑦ ᐅᖃᓗᒃᕕᐅᔪᓐᓇᖅᑐᑦ

ᐃᖃᔪᖅᑕᐅᔪᒪᔪᓄᑦ ᐅᕝᑳᓕᕐᕕᒃ ᐊᒻᒪᓗ ᐊᓴᐱᒥᒃ ᑐᓴᕈᒪᔪᓄᑦ ᐅᕝᑳᓕᕐᕕᒃ (ᐅᑭᐅᖅᑕᖅᑑᑉ ᐱᖓᖕᓇᖅᐸᓯᐊᓂ) -
1 (800) 661-0844 ᐅᑦᑭᑰᓐᓃᑦ ᔭᓗᓇᐃᒥ
920-2121 7-ᒥᑦ ᐅᓐᓄᒃᓴᒃᑯᑦ 11-ᒧᑦ ᐅᓐᓄᒃᐊᑯᑦ

ᓄᓇᕗᒻᒥᑦ ᐊᓴᐱᒥᒃ ᑐᓴᕈᒪᔪᓄᑦ ᐅᕝᑳᓕᕐᕕᒃ -
1 (800) 661-0795 ᐅᑦᑭᑰᓐᓃᑦ ᐃᖃᓗᖕᓂᑦ
979-0520 7-ᒥᑦ ᐅᓐᓄᒃᓴᒃᑯᑦ 12-ᒧᑦ ᐅᓐᓄᐊᒃᑯᑦ.

CPAVIH-ᒃᑯᑦ ᒪᓐᑐᓇᐊᒥ - 1 (800) 927-2844

ᓂᐅᑭᐅᓐᓛᓐᒥᑦ ᓛᐸᑐᐊᒥᓗ ᐊᓴᐱᒧᑦ ᖃᑎᒪᔨᐊᓛᑦ -
1 (800) 563-1575

ᐅᖃᐅᓯᐅᓲᑦ ᐅᖃᐅᓯᐅᓯᒪᔪᑦ

ᓄᓇᕐᔪᐊᕐᒥᐅᖃᑎᑦᑎᓐᓂᑦ ᐃᓅᖃᑎᖃᐅᓕᕐᑦᑕ. ᐅᑭᐅᖅᑕᖅᑐᒥᐅᓄᑦ ᐃᒃᐱᖕᓇᕐᓂᖃᖅᐸᒃᑐᓕᒫᑎᑐᑦ, ᐋᓐᓂᐊᕐᓂᖅᑖᖕᒍᕝᕙᒃᑐᑦ ᐃᓱᓕᕝᕕᖃᐅᕐᕕᐅᓐᖏᓚᑦ. ᐱᓕᕆᐊᖃᖅᑐᓗᒃᑖᖕᒍᕗᒍᑦ ᐋᖅᑭᒋᐊᕈᑎᒃᓴᖅᓯᐅᖅᑎᓪᓗᑕ ᐃᓛᒃᑯᑦ ᑲᑐᔾᔨᓪᓗᑕᓗ ᓂᕈᐊᖅᐸᒃᑕᑦᑎᒍᑦ ᐃᓱᒪᓕᐊᕆᕙᒃᑕᑦᑎᒍᓪᓗ. ᐊᓴᐱᒃᓴᖅ ᐊᓴᐱᓗ ᐊᐅᓚᑕᐅᔪᓐᓇᕐᓂᖃᕐᒪᑕ, ᑕᐃᒪᐃᓂᖓᓄᑦ, ᐃᓱᒪᓕᐅᖃᑦᑕᕆᐊᖃᕐᓂᐊᖅᐳᒍᑦ ᐃᓅᓯᖃᕐᓗᑕᓗ ᑕᒪᒃᑯᐊᑦ ᒪᓕᒃᓗᒋᑦ!

— ᒥᐊᓕ ᓴᐃᒪᓐ, ᑭᒡᒐᖅᑐᐃᔨᕐᔪᐊᖅ ᓄᓇᕐᔪᐊᕐᒥᑦ ᐱᔾᔪᑎᓕᖕᓂᑦ

ᑖᒃᑯᐊᑦ ᐅᖃᓕᒫᒐᑦ ᐋᖅᑭᑦᑎᐊᖅᓯᒪᓪᓚᓇᒃᐳᑦ ᑐᑭᓯᕝᕙᓪᓕᕐᓇᕐᓗᑎᑦ. ᑭᒃᑯᑐᐃᓐᓇᑦ ᑕᒪᑐᒥᖓ ᓄᑖᒥᑦ ᑐᕐᑯᓐᓇᒐᔪᒃᑐᒥᒡᓗ ᐋᓐᓂᐊᕐᓂᕐᒥᑦ ᖃᐅᔨᒪᑦᑎᐊᕐᓂᖏᓐᓄᑦ ᕐᑯᔭᓕᓂᐊᖅᑐᒃᓴᐅᕗᑦ.

— ᒪᓕᒐᕐᓂᑦ ᖃᐅᔨᓴᐃᔨᐅᖃᑕᐅᔪᖅ ᓴᕐᓕ ᕝᑦ

ᐊᕐᓇᐃᑦ ᐃᓄᐃᑦ ᑲᑐᔾᔨᖃᑎᒌᖕᒋᑦ

PAUKTUUTIT

Inuit Women's Association