

Do you know where to go...

ᐅᐅᐅᐅᐅᐅᐅ Inuvialuit

- Sachs Harbour (YSY)
- Tuktoyaktuk (YUB)
- Aklavik (LAK)
- Inuvik (YEV)
- Paulatuk (YPC)
- Ulukhaktok (YHI)
- Cambridge Bay (YCB)
- Gjoa Haven (YHK)
- Kugluktuk (YCO)
- Umingmaktok
- Bathurst Inlet (ZBF)

ᐅᐅᐅᐅᐅᐅᐅ Nunavut

- Grise Fjord (YGZ)
- Resolute (YRB)
- Arctic Bay (YAB)
- Pond Inlet (YIO)
- Clyde River (YCY)
- Qikiqtarjuaq (YVM)
- Pangnirtung (YXP)
- Iqaluit (YFB)
- Kimmirut (YLC)
- Cape Dorset (YTE)
- Nauyasut (YUT)
- Taloyoak (YYH)
- Gjoa Haven (YHK)
- Kugaaruk (YBB)
- Hall Beach (YUX)
- Igloodik (YGT)
- Kangiqsuaq (YWB)
- Quaqtaq (YQC)
- Kangirsuk (YKG)
- Kangiqsualujjuaq (XGR)
- Baker Lake (YBK)
- Rankin Inlet (YRT)
- Chesterfield Inlet (YCS)
- Whale Cove (YXN)
- Arviat (YEK)
- Coral Harbour (YZS)
- Ivujivik (YIK)
- Salluit (YZG)
- Akulivik (YKO)
- Puvirnituq (YPX)
- Inukjuaq (YPH)
- Sanikiluaq (YSK)
- Kangiruk (YKQ)
- Aupaluk (YPJ)
- Tasiujaq (YTQ)
- Kuujuaq (YVP)
- Umiujaq (YUD)
- Kuujuarapik (YGW)

ᐅᐅᐅᐅᐅᐅᐅ Nunatsiavut

- Nain (YDP)
- Makkovik (YMN)
- Hopedale (YHO)
- Postville (YSO)
- Rigolet (YRG)

ᐅᐅᐅᐅᐅᐅᐅ Nunavik



Canada-wide Resources

- Kids Help Phone:..... 1-800-668-6868
- Mental Health Crisis Line:..... 1-888-893-8333
- Suicide and Crisis Hotline:..... 1-800-448-3000
- YWCA Crisis Line:..... 1-866-223-7775

...if you need help?

Nunavut

Police Phone Numbers (RCMP "V" Division)

Arctic Bay:.....	867-439-0123	Arviat:.....	867-857-0123
Baker Lake:.....	867-793-0123	Cambridge Bay:.....	867-983-0123
Cape Dorset:.....	867-897-0123	Chesterfield Inlet:.....	867-898-0123
Clyde River:.....	867-924-0123	Coral Harbour:.....	867-925-0123
Gjoa Haven:.....	867-360-0123	Grise Fiord:.....	867-980-0123
Hall Beach:.....	867-928-0123	Igloolik:.....	867-934-0123
Iqaluit:.....	867-979-0123	Kimmitut:.....	867-939-0123
Kugluktuk:.....	867-982-0123	Kugaaruk:.....	867-769-0123
Nauyasit:.....	867-462-0123	Pangnirtung:.....	867-473-0123
Pond Inlet:.....	867-899-0123	Qikiqtarjuaq:.....	867-927-0123
Rankin Inlet:.....	867-645-0123	Resolute Bay:.....	867-252-0123
Sanikiluaq:.....	867-266-0123	Taloyoak:.....	867-561-0123
Whale Cove:.....	867-896-0123		

Shelters

Agvik Nunavut and Qimaavik
 Transition House (Iqaluit):..... 867-979-4566
 YWCA Sivummut House (Iqaluit):..... 867-979-2700
 Kataujaq Society Safe Shelter (Rankin Inlet):..... 867-645-2214
 Cambridge Bay Crisis Shelter:..... 867-983-2133
 Crisis Intervention Centre (Kugluktuk):..... 867-982-6519
 Tammaaqvik Women's Shelter (Kugaaruk):..... 867-769-6100

Victim Services

Nunavut Community Justice:..... 867-975-6363

Crisis Lines

Nunavut Kamatsiaqtut Help Line (24/7):..... 1-800-265-3333 /
 (Inuktitut available 7pm – midnight) 867-979-3333

Other

Family Abuse Intervention Workers

Arctic Bay	867-439-8183	Arviat	867-857-2959
Baker Lake	867-793-2045	Cambridge Bay	867-983-4017
Cape Dorset.....	867-897-3686	Chesterfield Inlet.....	867-898-9045
Clyde River.....	867-924-6565	Coral Harbour.....	867-925-8222
Gjoa Haven	867-360-6826	Grise Fiord.....	867-980-4099
Hall Beach	867-928-8054	Igloolik	867-934-8830
Iqaluit	867-975-6362	Kimmitut	867-939-2001
Kugaaruk	867-769-6281	Kugluktuk.....	867-982-6510
Nauyasit	867-462-4007	Pangnirtung.....	867-473-8018
Pond Inlet.....	867-899-8064	Qikiqtarjuaq.....	867-927-8089
Rankin Inlet.....	867-645-2039	Resolute Bay.....	867-252-3005
Sanikiluaq.....	867-266-7905	Taloyoak.....	867-561-6864
Whale Cove.....	867-896-9961		

Government of Nunavut
 – Department of Family Services
 – Family Violence
www.gov.nu.ca/family-services/information/family-violence

Tammaativik Boarding Home:..... 867-975-3390 or 867-979-5900
 Pulaarvik Kablu Friendship Centre:..... 867-645-2600
 Nunavut Aids Line:..... 1-800-661-0795

Nunavik

Police Phone Numbers (Kativik Regional Police Force)

Akuluvik:.....	819-496-9111	Aupaluk:.....	819-491-9111
Inukjuak:.....	819-254-9111	Ivujivik:.....	819-922-9111
Kangiqualujuaq:.....	819-337-9111	Kangijsujuaq:.....	819-338-9111
Kangirsuk:.....	819-935-9111	Kuujuaq:.....	819-964-9111
Kuujuaarapik:.....	819-929-9111	Puvirnituk:.....	819-988-9111
Quaqtaq:.....	819-492-9111	Salluit:.....	819-255-9111
Tasiujaq:.....	819-633-9111	Umiujaq:.....	819-331-9111

Shelters

Tungasuvik Women's Shelter (Kuujuaq)..... 819-964-0536
 Initsiaq Inuit Women's Shelter (Salluit)..... 819-255-8817
 Ajapirvik Shelter (Inukjuak)..... 819-254-1414

Victim Services

To report a case of child sexual or physical abuse, call the Youth Protection Intake

Crime Victims Assistance Centre (CAVAC) Sapumijit Crisis Line:
 Kuujuaq:..... 1-866-778-0770 Inukjuak:..... 1-888-254-8170
 Salluit:..... 1-888-255-8328 Kuujuaarapik:..... 1-888-929-3742
 Puvirnituk:..... 1-888-988-2867

Youth Protection Intake

- Ungava Coast (Kuujuaq)..... 819-964-2905 ext. 331 or ext. 365
 - Hudson Coast (Puvirnituk)..... 1-877-535-2345

Crisis Lines

Quebec National Crisis Line (24/7)..... 1-866-277-3553

Other

Government of Quebec – Domestic Violence Website
www.domesticviolence.gouv.qc.ca

SOS Violence Conjugale..... 1-800-363-9010
www.sosviolenceconjugale.ca

Center for Intervention and Research in Conjugal and Family Violence Program..... 514-270-8462

After hours local Youth Protection services:

Kuujuaq:.....	819-964-2902 ext. 0	Kangijsujuaq:.....	819-338-1138
Quaqtaq:.....	819-492-9037	Kangirsuk:.....	819-935-4817
Aupaluk:.....	819-491-7023	Tasiujaq:.....	819-633-5450
Kangiqualujuaq:.....	819-337-5335	Puvirnituk:.....	1-877-535-2345
Kuujuaarapik:.....	819-929-3859	Umiujaq:.....	819-331-7643
Inukjuak:.....	819-254-8196	Akuluvik:.....	819-496-2730
Ivujivik:.....	819-922-3393	Salluit:.....	819-255-8135

Other Numbers:

Nunatsiavut

Police Phone Numbers (RCMP "B" Division)

Hopedale:.....	709-933-3820
Makkovik:.....	709-923-2405
Nain:.....	709-922-2862
Rigolet:.....	709-947-3400
Postville (source in Makkovik):.....	1-800-709-7267

Shelters

Nain Safe House:..... 1-866-922-1230 or 709-922-1229 (crisis)
 Kirkina House (Rigolet):..... 709-947-3333
 Libra House (Happy Valley-Goose Bay):..... 709-896-8022 or 709-896-3014 (crisis)

Victim Services

Department of Justice and Public Safety (Happy Valley-Goose Bay)..... 709-896-0446
 Department of Justice and Public Safety (Nain)..... 709-922-2360

Crisis Lines

Crisis Centre (24/7):..... 1-888-737-4668
 Parents Help Line:..... 1-888-603-9100
 Sexual Assault Crisis and Info:..... 1-800-726-2743

Other

Violence Prevention Labrador
 Diverse Communities, Common Ground..... 1-866-446-8080
www.vplabrador.ca

Government of Newfoundland and Labrador,
 Violence Prevention Initiative..... 709-729-5009
www.gov.nl.ca/VPI/index.html

Child, Youth and Family Services:

Nain:.....	709-922-1251
Hopedale:.....	709-933-3887
Makkovik, Postville, and Rigolet:.....	709-923-2187
Happy Valley – Goose Bay:.....	709-896-2494

Urban Centres

Edmonton, Alberta

Distress Line:..... 780-482-4357
 Family Violence Information Line (24/7) (no area code needed):..... 310-1818
 Child Abuse Hotline:..... 1-800-387-5437
 Mental Health Crisis Line (24/7):..... 1-877-303-2642
 Edmonton Women's Shelter
 Crisis Line (24/7):..... 780-479-0058
 Sexual Assault Centre of Edmonton
 Crisis Line (24/7):..... 780-423-4121

Winnipeg, Manitoba

Crisis Line:..... 1-888-322-3019
 Manitoba Suicide Line:..... 1-877-435-7170
 Winnipeg Mobile Crisis Service:..... 204-940-1781
 Manitoba Women's Shelter
 Crisis Line:..... 1-877-997-0007

Ottawa, Ontario

Distress Line (24/7):..... 613-238-3311
 Mental Health Crisis Line (24/7):..... 1-866-531-2600
 Youth Services Bureau
 Crisis Line (24/7):..... 1-877-377-7775
 Mental Health Mobile
 Crisis Team (24/7):..... 1-866-996-0991
 Ottawa Rape Crisis Centre (24/7):..... 613-562-2333
 Women's Crisis Line:..... 613-745-4818
 Ontario Assaulted Women's
 Hotline:..... 1-866-863-0511

Montreal, Quebec

Quebec National Crisis Line (24/7)..... 1-866-277-3553
 Crisis Line (Montreal North)
 Association Iris..... 514-388-9233
 Crisis Line (Montreal East) Entremise..... 514-351-9592
 Crisis Line (Montreal Centre/East)
 Le Transit..... 514-282-7753
 Crisis Line (Montreal West Island)
 West Island Crisis Centre..... 514-684-6160

St. John's, Newfoundland and Labrador

Mental Health Crisis Line (24/7):..... 1-888-737-4668
 Sexual Assault Crisis Line:..... 1-800-726-2743
 Parents Help Line:..... 1-888-603-9100
 Family Violence Program:..... 709-777-5074