

## Job What is the difference between a job and a career?

Career

These are two words that we may hear, but how are they different? What is a job? What is a career?

A job is a paid position of regular employment. Some people feel a job is something that you do for money to support yourself and/or you family for now. The job could be from one hour here and one hour there doing odd jobs or paid employment you plan to keep for a year to save money to go to school or on a trip. Some people may have the same job for many years like working at the Co-op or Northern. Any tasks a person is expected to do on a regular basis in exchange for money is considered a job. Having different jobs, or even a couple of part time jobs instead of one full-time one, can let you try different kinds of work to find what you really enjoy doing. For example, you may learn that you are really interested in nursing as a career by working at the health centre. You may find you would like to study to become a pilot from experience you gain from working at the airport. Having a part-time job can give you more flexibility to go to school or for other activities like hunting.

A job may be a better fit for you for now if, for example, you want to gain experience before starting your own business, or are saving money for a specific reason. If you are looking for your first job or would like to move into a new or different job, you may want to read the fact sheets on writing a resume and preparing for a job interview.

A career is something that could last a long time and you've developed a plan to build on your experience and gradually move to more senior positions. It represents who you are, something you love to do, your personality and your strengths. Often there is more planning, education and training involved in a career. You stay in the same type of work for a long period of time but the specific jobs or employers you have may change. Being a nurse or teacher can be a lifetime career, although you may work for different employers or move to other communities but do the same kind of work. You may want to read the fact sheet on asset mapping tool on strengths and challenges. Through using this tool, you can identify the strengths and supports that you already have, as well as the resources you have in your community to help you on deciding a career.



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