ᐊᔪᖅᑭᖅᑐᖅ

“ᐃᓕᓴᐃᔾᔪᓰᑦ, ᐊᔪᓇᖅᓯᐅᔾᔨᒍᓰᑦ”

ᐃᓄᐃᑦ ᐃᓅᓯᑦᑐᑦ ᐊᖑᑏᑦ ᓄᑲᑉᐱᐊᓪᓗ ᕿᑐᕐᖓᓂᓇᑎᐅᕐᓴᖕᒧᑦ

ᐱᓕᒻᒪᕐᓴᕈᑏᑦ

ᐅᒃᑑᕝᕙ 2023

“ᓴᓇᔾᐅᓯᒪᒐᑦᑕ ᐃᒻᒥᒃᑰᖓᓪᓗᑕ, ᑭᓯᐊᓂ
ᑕᐃᒪᐃᕐᑐᒫᕐᓂᐊᕐᓯᒪᒻᒪᑦ ᐃᓚᑖᓇᓂᐊᕐᑕᑎᓐᓄᑦ ᐃᓅᕕᕐᑎᓐᓄᑦ
ᐊᖅᑯᓯᐅᕐᑕᐅᓯᒪᒐᑦᑕ. ᐋᖅᑭᑦᓱᕐᑲᑎᖅᑲᓲᖑᒐᑦᑕ ᐃᓚᕐᑎᓐᓂᑦ
ᒪᒥᓴᕐᓂᒃᑯᑦ ᐊᒻᒪ ᐅᑎᖅᑎᐸᓪᓕᐊᓂᒃᑯᑦ ᐃᓄᐃᑦ
ᐃᓅᕐᑲᑎᒌᑎᒍᑦ ᓴᓐᖏᓂᖏᑦ. ᐋᖅᑭᒋᐊᕐᕕᓕᓐᓂᑦ
ᐊᓯᔾᔩᕆᐊᑐᐊᕈᑦᑕ, ᐊᑑᑎᓕᒻᒧᑦ ᓱᕐᕋᐃᓂᐊᖅᑐᒍᑦ.
ᐅᕐᑲᕐᑲᑎᕆᔪᐊᕐᓗᕆᑦ ᐅᕐᑲᐅᔾᔭᐃᕆᐊᕐᑲᕐᑐᒍᑦ ᕿᑐᕐᖓᑎᓐᓂᑦ
ᐃᓅᓯᕐᑐᓂᓪᓗ ᐊᑲᐅᔪᒧᑦ ᒪᑭᑉᐸᓪᓕᐊᔪᓐᓇᕐᓯᕐᑯᓪᓗᑎᑦ.”

ᐊᑖᑕᐅᓂᖅ ᐃᓱᕐᑲᓐᖏᑦᑐᖅ 2021

2023

ᐸᐅᒃᑑᑎᑦ ᐃᓄᐃᑦ ᐊᕐᓇᐃᑦ ᑲᓇᑕᒥ
1 ᓂᑯᓚᔅ ᐊᖅᑯᑖᓂ, ᐃᓪᓗᕈᓯᖅ 520
ᐋᑐᕚ, ᐊᓐᑎᐅᕆᔪ K1N 7B7

ᐅᕐᑳᓚᐅᑖ: 613-238-3977
ᐊᑭᕐᑲᖕᖏᑦᑐᒃᑯᑦ ᐅᕐᑳᓚᕕᒃᓴᖅ: 1-800-667-0749
ᓱᒃᑲᔪᒃᑯᑦ: 613-238-1787
ᐃᖕᓂᓐᓈᕈᑎᒃᑯᑦ: info@ᐸᐅᒃᑑᑎᑦ.ca

ᐸᐅᒃᑑᑎᑦ.ca

ISBN: 978-1-988671-47-5
ᐊᔪᖅᑭᖅᑐᖅ “ᐃᓕᓴᐃᔾᔪᓰᑦ, ᐊᔪᓇᕐᓯᐅᔾᔫᒍᓯᑦ” ᐃᓅᓯᑦᑐᑦ ᐃᓄᐃᑦ
ᐊᖑᑏᑦ ᓄᑲᑉᐱᐊᓪᓗ ᐊᖏᔪᖅᑳᖑᓂᖕᒧᑦ
ᕿᑐᕐᖓᓕᓇᕆᐅᕐᓴᓗᓂ ᐱᓕᒻᒪᒃᓴᕈᑏᑦ

ᖁᔭᓕᕕᒋᒋᐊᓕᕗᑦ ᐃᓕᑕᕆᔭᐅᓂᖏᑦ

ᖁᔭᓕᕐᓚᕆᑦᑐᒍᑦ ᖁᓕᓂᑦ ᐱᖓᓱᓂᕐᒧ (13) ᑲᑎᒪᖃᑕᐅᓚᐅᖅᑐᓂᑦ ᑲᓇᑕᒥᐅᑦ ᖃᓄᖅᑑᖃᑎᒌᑦᑎᕐᒧᒋᑦ ᐱᔭᙱᓕᒻᒪᕆᐊᓘᕐᒧᑎᑦ ᐃᓚᒌᔭᐅᓐᖑᐊᑕᖅᓯᓐᓇᓚᐅᖓᓚ ᐃᑲᔪᕈᒪᓂᖏᒥᓄᕐᒧ ᐅᓂᒃᑳᖃᓚᐅᖓᓚ ᖃᐅᔨᒪᔭᒥᓂᖕ ᐊᑐᖅᓯᒪᔭᒥᓂᕐᒧ ᖃᓄᖅ ᐊᔪᖅᑭᖅᑐᒃᑯᑦ ᕿᑐᙵᓕᕆᖃᑦᑕᓕᓂᐅᒪᖔᕐᒥ ᓂᖓᖅᑕᐅᔪᖃᖅᑎᕐᒧᒍ ᐊᖕᓇᓂᑦ ᐃᓄᓐᓂᑦ.

ᖁᔭᓕᕐᒧᑕ ᐃᓕᑕᕆᔪᒪᔭᕗᑦ ᐱᔭᙱᑎᓐᓄᑦ ᑲᓇᑕᒥ ᐅᖃᐅᖕᓯᒋᐊᕆᔫᑦ ᑲᑎᒪᔅᓴᓛᖏᑦ ᐃᑲᔪᖅᓂᖃᕐᓚᕆᓚᐅᖓᓚ ᐊᑑᑎᓕᕐᓚᕆᐊᓕᓐᓂᑦ ᑖᒃᑯᐊ ᐋᖅᑭᑦᓱᖅᑎᕐᒧᑎᒍ:

- ᒫᒃᓴ ᔪᐃ, ᐃᓅᓱᑦᑐᓕᕆᓂᖕᒍᑦ ᑐᑭᒧᐊᖅᑎᑦᓯᔨ, ᐃᓄᓕᕆᔨᒃᑯᓐᓄᑦ, ᓄᓇᕗᑦ ᓴᕝᒪᒃᑯᖕᒋᓐᓂ
- ᔭᐃᑎᓐ ᓄᓐᖓᖅ, ᐊᕐᓚᖁᕕᒻᒥ ᐃᓅᓱᑦᑐᓕᕆᔨ, ᐃᓄᓕᕆᔨᒃᑯᓐᓄᑦ, ᓄᓇᕗᑦ ᓴᕝᒪᒃᑯᖕᒋᓐᓂ,
- ᓈᓐᓱ ᑭᓴ, ᐃᓚᓯᒌᑦ ᓂᖓᖅᑲᑦᑕᐅᑎᕝᑦᑐᓂᑦ ᐃᑲᔪᖅᑎᐅᑲᐃᓐᓇᖅᑐᖅ–ᑐᑭᒧᐊᖅᑎᑦᓯᔨ ᖃᓄᐃᓐᖏᑦᓯᐊᖅᓂᖕᒍᑦ
- ᑯᕆᔅᑕ ᑯᓄᒃ, ᐊᐅᓚᑦᑎᔨᐅᑲᐃᓐᓇᖅᑐᖅ, ᐅᑭᐅᖅᑕᖅᑐᒥ ᓱᕈᓯᖅᓂᑦ ᐃᓅᓱᑦᑐᓂᕐᒧ ᐃᑲᔪᕋᓱᐊᖅᑏᑦ ᑎᒥᖓᑦ
- ᑐᕇᓴ ᑯᓄ, ᓄᓇᓕᓐᓂ ᐋᓐᓂᐊᖅᑐᓕᕆᔨᒃᑯᓐᓂᑦ ᑭᒡᒐᖅ, ᓄᓇᕗᑦ ᓴᕝᒪᒃᑯᖕᒋᓐᓂ
- ᐃᓕᓄᐊ "ᐃᓕᓐ" ᐱᐊᑦ, ᐃᓐᓇᑐᖅᑲᖅ, ᓄᓇᑦᓯᐊᕗᑦ
- ᑖᓂᐅᕐ ᐸᐃᑭ, ᑐᑭᒧᐊᖅᑎᑦᓯᔨ, ᐃᓄᓕᕆᔨᒃᑯᓐᓄᑦ, ᐋᓐᓂᐊᖅᑐᓕᕆᔨᒃᑯᓐᓄᑦ ᐃᓄᓕᕆᔨᒃᑯᓄᕐᒧ, ᓄᓇᑦᓯᐊᕗᑦ ᓴᕝᒪᒃᑯᖕᒋᓐᓄᑦ
- ᔨᒥ ᔫᑖᓐ, ᐊᐅᓚᑦᑎᔨ, ᓄᓇᒧᑦ ᐊᐅᕐᓚᕈᔾᔨᓂᖕᒧᑦ, ᐃᓄᕕᐊᓗᐃᑦ ᐃᓄᐃᑦ ᑯᐊᐳᕼᓴᖓᓄᑦ
- ᑖᒪᓃᒃ ᓱᕋᑦ, ᐃᓚᒌᑦ ᓂᖓᖅᑕᐃᓕᖅᑯᕐᒧᒋᑦ ᐊᒻᒪ ᓄᓕᐊᖅᓂᒃᑯᑦ ᖁᓄᔪᖅᓂᐊᖅᑕᒥᓂᖅᓂᑦ ᑭᒡᒐᖅ, ᓄᓇᕕᒃᒥ ᐋᓐᓂᐊᖅᑐᓕᕆᔨᓄᑦ ᐃᓄᓕᕆᔨᒃᑯᓄᕐᒧ
- ᓕᓯ ᐊᓗᐸ, ᑲᑎᕕᒃ ᐸᓖᓯᒃᑯᖕᒋᓐᓄᑦ

ᔨᐊᓂᐳ ᔨᓐᖑᐊ (ᐱᓕᕆᐊᕐᓴᓄᑦ ᑐᑭᒧᐊᖅᑎᑦᓯᔨᑐᖅᑲᖅ), ᐊᒻᒪ ᓈᑎᐊ ᓄᐊᖅ (ᐃᖅᑲᓇᐃᔭᖅᕕᖓᓄᑦ ᐊᖏᔪᖅᑳᖅ, ᓂᖓᖅᑕᐃᓕᓂᖕᒧᑦ ᐋᓐᓂᖅᑎᕆᑦᑕᐃᓕᓂᖕᒧᕐᒧ, ᒪᓕᒐᓕᕆᔨᒃᑯᓐᓂ) ᐊᖅᑯᓯᐅᕆᔨᐅᕐᓚᕆᓚᐅᖅᑑᖓ ᖃᐅᔨᓴᕆᐊᓖᑦ ᖃᓄᐃᓕᖓᓂᐊᖅᒪᖔᑕ ᐊᔾᔨᕌᖏᑦᑐᓂᑦ ᐱᔭᕇᕋᐃᒐᑦᑕ ᐊᓯᐊᓅᖅᐸᑦᑐᑕ, ᐊᔾᔨᕌᖏᑦᑐᕈᓘᔭᐃᑦ ᐃᓗᓕᖕᒋᑦ ᐃᖅᑲᓇᐃᔮᑦᑎᓐᓄᑦ ᑐᕋᖓᔪᑦ ᑲᔪᓯᑎᑕᐅᓯᐊᖁᕐᒧᒋᑦ ᐃᑉᐱᒋᔭᐅᓯᐊᖅᑐᑎᑦ ᐱᑦᑎᐊᖅᓯᒪᓯᐊᖅᑐᑎᕐᒧ.

ᖁᔭᓕᔪᒪᒻᒥᔪᒍᑦ ᐃᑲᔪᖅᓯᒪᖅᔪᐊᖅᓂᖓᓂᑦ ᑕᐃᒫᓐ ᑮᓇᓐ ᐊᒻᒪ ᐱᓕᑉ ᔽᑦ ᖃᐅᔨᓴᖅᑎᐅᓚᐅᖅᑑᑉ ᑲᑎᖅᓱᕆᐊᓕᓐᓂᑦ ᐊᒻᒪ ᐃᑲᔪᖅᓯᒪᕐᓚᕆᑦᑑᖓ ᐱᓕᒻᒪᑦᓴᐅᑏᑦ ᑲᑎᖅᓱᖅᑕᐅᓂᖏᓐᓂ.

ᑮᓇᐅᔭᖃᖅᑎᑕᐅᓐᖑᐊᖅᑕᖅᓯᓐᓇᓚᐅᖅᑐᒍᑦ ᐊᕐᖓᐃᑦ ᐊᒻᒪ ᐊᕐᖓᐃᑦ ᐊᖑᑏᕐᒧ ᓇᓕᒧᕆᑎᑕᐅᓂᖏᓐᓄᑦ ᑲᓇᑕᒥ (WAGE) ᐊᒻᒪ ᓄᓇᖃᖅᑳᖅᓯᒪᔪᓕᕆᔩᑦ ᑲᓇᑕᒥ (ISC).

ᐃᓗᓕᖅᑭᓐᓂᑦ ᓇᓐᓂᑏᑦ

ᖃᐅᔾᑲᐅᑎᓂᖅ ... 1

ᖃᓄᐃᓕᐅᕐᓯᒪᒪᖔᕐᑕ ... 1

ᖃᓄ ᐊᔪᖅᑭᖅᑐᖅ ᐊᑐᖅᑕᐅᔪᓐᓇᕐᐸ ... 2

ᕿᑐᕐᖓᓕᕆᕐᑭᐅᖅᓯᓂᖕᒧᑦ
ᐱᓕᒻᒪᕐᕝᓯᓐᓈᑦ ᐃᓕᓐᓂᐊᕐᓂᖅ ... **3, 4**

ᓱᖕᒪᑦ ᐱᓕᒻᒪᕐᕝᓯᓐᓈᑦ ᐃᓕᓐᓂᐊᕆᐊᕐᑲᕐᐸᑦ
ᐊᑖᑕᐅᓂᖕᒧᑦ ᕿᑐᕐᖓᕐᑖᕉᒫᕐᑐᑦ? ... 5

ᐃᓄᐃᑦ ᕿᑐᕐᖓᓕᕆᓂᖕᒧᑦ
ᐅᑉᐱᕆᔭᖏᑕ ᑐᓐᖓᕕᖏᑦ ... 6

ᐋᖅᑭᑦᓱᐃᓂᖅ ᐃᓕᓐᓂᐊᕐᓯᓐᓈᑦ ᑲᑎᒪᔾᔪᑎᕝᓯᓂᑦ
ᓄᓇᕐᓯᓐᓂ ᐱᕐᑲᑕᐅᓂᐊᕐᑐᓄᑦᑐ ... 8

ᐱᓐᖑᑎᕐᓯᓂᖅ ᑲᑉᐱᐊᓇᓐᖏᑦᑐᒥ ᓴᐃᓕᕕᕝᓴᒥᑦ ... 12

ᐊᑐᖅᑕᐅᓂᖏᑦ ᐃᓄᐃᑦ ᐅᑉᐱᕆᔭᖏᑕ
ᑐᓐᖓᕕᖏᑦ ᐱᓕᒻᒪᕝᓴᕐᓂᖏᓐᓂ ... 13

ᐱᔾᔪᑎᖏᑦ ᐃᓕᓐᓂᐊᕐᓂᐊᕐᑕᖏᑕᑐ
ᑐᕌᖓᖏᑦ ᐱᓕᒻᒪᕝᓴᕐᓂᖏᓐᓂ ... 14

ᑲᑎᒪᔪᓂ ᐊᐅᓚᑦᑎᔨᐅᔪᑦ ... 15

ᐃᓐᓇᑐᕐᑲᑦ ... 16

ᐱᓕᒻᒪᕝᓴᕐᑲᑕᐅᔪᑦ ... 18

ᐱᔭᕇᕐᐸᑦᓕᐊᔪᑦ ᑎᑎᖅᑕᐅᓂᖏᑦ /
ᐃᖅᑲᐅᒪᒋᐊᕐᑲᓗᐊᓐᖑᐊᕐᑐᑦ ... 18

ᐱᓕᒻᒪᕝᓴᕐᓯᓐᓈᑦ ᑲᑎᒪᔾᔪᑏᑦ ᐃᓗᓕᖏᑦ **19, 20, 21**

ᐃᓚᒌᑦᓯᐊᕐᓂᖅ ... 21

ᖃᓄᖅ ᐃᓚᒌᑦᓯᐊᓲᖑᕙᑦ? ... 21

ᐊᐃᑉᐸᒥᓂᖅ ᐅᕐᑲᕐᑲᑎᕐᑲᕝᓯᐊᕐᓂᖅ ... 24

ᕿᑐᕐᖓᒥᓂᖅ ᐅᕐᑲᕐᑲᑎᕐᑲᕝᓯᐊᕐᓂᖅ ... 26

ᐊᕐᖓᐃᑦ ᐊᖑᑏᑦᑐ, ᑭᓇᐅᓂᖅᒥᓂᖅ ᑎᒥᒥᒧᑦ
ᓇᑐᓇᐃᕐᓯᒪᓂᖅ ᐱᖅᑯᓯᐅᒐᔪᑦᑐᑦᑐ ... 28

ᐃᓄᐃᑦ ᐊᖑᑏᑦ ᐊᕐᖓᐃᑦᑐ
ᐱᖅᑯᓯᓇᒐᔪᑦᑕᖅᑭᑦ ... 28

ᐊᕐᖓᐅᔭᑦ ᐊᖑᑕᐅᔭᑦᑐ
ᑭᓇᐅᓂᕋᕈᓯᖅᑭᑦ ᐱᖅᑯᓯᖅᑭᑦᑐ ... 30

ᐃᓅᓯᓕᒫᖅ ᐱᕈᕐᓴᓂᖅ ᒪᒥᓴᕐᓂᕐᑐ ... 32

ᐊᑦᓱᕈᕐᓇᕐᑐᓂᑦ ᐊᓂᒍᐃᔪᓐᓇᕐᓂᖅ ... 32

ᐃᓱᒪᕝᓯᐊᕆᓐᓂᖅ ... 35

ᓂᖓᖅᑕᐃᓕᓂᖅ ... 37

ᕿᑐᕐᖓᕐᑲᕐᑐᓂ ᐊᖏᔪᖅᑳᖑᒍᓱᑦ ... 41

ᐃᓄᐃᑦ ᕿᑐᕐᖓᒥᓂᖅ ᐱᕈᖅᓴᐃᔾᔪᓯᖏᑦ ... 41

ᐅᕐᑲᐅᓯᕆᔪᒥᓇᕐᑐᑦ ... 42

ᖃᓄᐃᓕᐅᕐᑎᑕᐅᓂᖅ
ᐆᑦᑐᕋᕐᑎᑕᐅᓂᕐᑐ ... **45, 46, 47**

ᑐᓐᖓᓵᕆᔾᔪᑏᑦ ᖃᓱᔫᒥᓂᐊᕐᖓᑕ ... 47

ᐆᑦᑐᕋᕐᑎᑕᐅᓂᖅ ... 48

ᓴᓇᕐᕈᑎᓕᐅᕐᓂᖅ ... 48

ᓴᓇᓐᖑᐊᕈᓰᑦ ... 48

ᑎᒥᒥᑦ ᐃᖅᑲᐃᓕᓴᕐᓂᖅ ... 48

ᐊᓱᒃᑲᓐᓂᖅᑭᑦ ᐃᓕᓐᓂᐊᕈᑎᖏᑦ **49, 50**

1. ᐅᓪᓗᓄᑦ ᑎᓴᒪᓄᑦ ᑲᑎᒪᔾᔪᑎᖏᑦ ᓄᓇᓕᓐᓂ
ᓄᓇᒧᓪᓗ ᐊᐅᓪᓚᕐᑲᑕᐅᓯᒪᓂᖅ ... 51

2. Sᑲᓐᖑᓇᕐᑐᑦ ᑐᓴᕐᑕᐅᑭᐊᕐᑲᓐᖏᓂᖏᓐᓄᑦ
ᐊᖏᕈᑏᑦ ᐆᑦᑑᑏᑦ ... 53

3. .ᐃᓕᓐᓂᐊᕐᓯᓐᓈᑦ ᑲᑎᒪᓂᖏᓐᓂᑦ
ᖃᐅᔾᔭᕐᑕᐅᓂᖏᓐᓄᑦ ᐆᑦᑑᑏᑦ ... 54

4. ᑕᐃᒎᓰᑦ ... 55

5. ᓂᕈᐊᕐᑕᐅᓯᒪᔪᑦ ᐃᓄᓐᓅᖓᔪᑦ ᐃᑲᔫᑎᖏᑦ ... 57

ᖃᐅᔨᕕᑭᓯᒪᔭᕗᑦ ... 57

ᐃᓚᒌᑦᓯᐊᕈᓰᑦ ᖃᓄᐃᓐᖏᑦᓯᐊᓂᖕᒧᑦ ... 57

ᐊᕐᖓᐃᑦ ᐊᖑᑏᑦᑐ ᐱᖅᑯᓯᓇᒐᔪᑦᑕᖅᑭᑦ /
ᑭᓱᓕᕆᔨᐅᓂᖅᑭᑦ – ᐃᓕᓴᕐᓇᕈᑎᖅᑭᑦ ... 59

ᐃᓱᒪᕝᓯᐊᕆᓐᓂᖅ / ᐃᓅᓯᓕᕆᓂᖅ /
ᐊᑲᐅᓯᓴᕐᓂᖅ ᒪᒥᓴᕐᓂᒃᑯᑦ ... 59

ᓂᖓᖅᑕᐃᓕᓂᖅ ... 62

ᐊᖏᔪᖅᑳᖑᓗᓂ ᕿᑐᕐᖓᓕᕆᔾᔪᓰᑦ ... 64

ᐃᓕᓐᓂᐊᕐᓯᓐᓈᑦ ᑲᑎᒪᓃᑦ ᑕᒻᒫᕐᕕᓂᑐ
ᐊᑐᕈᒥᓇᕐᑐᑦ ... 66

ᐊᓯᖏᑦ ᐃᓕᓐᓂᐊᕈᑎᖃᓕᐊᒥᓃᑦ ... 67

ᖃᐅᔾᑲᐅᑎᓂᖅ

ᐸᐅᒃᑑᑎᑦ ᐃᓄᐃᑦ ᐊᕐᓇᐃᑦ ᑲᓇᑕᒥ (ᐸᐅᒃᑑᑎᑦ) ᑲᓇᑕᒥ ᑭᒡᒐᕐᑐᐃᔾᔪᑦ ᐊᕐᕋᓂᑦ ᐃᓄᖕᓂᑦ ᑲᓇᑕᒥ. ᐊᐅᓚᑦᑎᔾᔪᕐᑲᕐᑐᑎᑦ ᕐᑯᓕᓂᑦ ᑕᓪᓚᒪᓂᓪᓗ (15) ᑲᑎᒪᔾᔨᓂᑦ ᐃᓄᐃᑦ ᓄᓇᖓᓂᕐᒥᐅᓂᑦ ᐊᒻᒪ ᐃᓄᐃᑦ ᓄᓇᖏᖕᓂᑦ (ᓄᓇᓕᐸᐅᔭᓕᒻᒥᐅᑦ). ᐅᔾᔨᕈᓱᑦᑎᓯᕙᓱᐊᕐᐸᑦᑐᒍᑦ ᑭᖕᖑᒪᔭᖏᖕᓂᑦ ᐃᓄᐃᑦ ᐊᕐᕋᐃᑦ, ᓂᕈᐊᖅᓱᐊᑦ ᐊᒻᒪ ᐊᖑᑕᐅᔭᑦ ᐊᕐᕋᐅᔭᓪᓗ ᐊᔾᔨᒋᖕᒋᑦᑐᓂᑦ ᐱᖅᑯᓯᓖᑦ. ᓂᐱᒋᔭᐅᓂᒃᑯᑦ ᑕᑎᒋᔭᐅᕙᑦᑐᒍᑦ ᐃᓚᐃᖕᓈᑦᑕᐃᓕᓂᖕᒍᑦ ᓇᓚᒍᑏᑦᑎᓯᓂᒃᑯᑦ ᐊᒻᒪ ᐃᓅᕐᑲᑎᒌᑦᑎᒍᑦ ᐋᖅᑭᐸᐸᓪᓕᕐᑎᓯᓯᑦᑐᑕ ᐊᒻᒪ ᑲᔪᖏᕐᑐᐃᕙᑦᑐᒍᑦ ᐃᓄᖕᓂᑦ ᐊᕐᕋᓂᑦ ᐃᓚᒋᔭᐅᕐᑲᑦᑕᕐᑯᓪᓗᒋᑦ ᐃᑲᔪᕐᓯᑦᑐᓄᑦ ᓄᓇᒥᖕᓂ, ᐊᒡᒍᕐᓯᒪᔪᓂ ᑲᓇᑕᒥᓗ ᐃᓅᕐᑲᑎᒌᓂᑦ ᐃᓅᓯᖏᑦ ᐊᑲᕐᓇᕐᑯᓪᓗᒋᑦ.

ᐸᐅᒃᑑᑎᒃᑯᑦ ᐊᑯᓂᐊᓗᖅ ᑕᑎᒋᔭᐅᓯᒪᓕᖕᒐᑕ ᓂᓪᓕᐊᒍᑎᕐᑲᕐᐸᑦᑐᑎᑦ ᐃᐱᒍᓯᑦᑎᐊᕐᓂᖕᒥᑦ ᐊᒻᒪ ᐊᐃᐸᐸᓈᕐᓯᐊᕈᓯᓂᑦ ᐊᖑᑎᓄᑦ ᐊᕐᕋᓄᓪᓗ ᐃᑲᔪᕐᑎᐅᕐᑲᑎᒌᖕᓂᒃᑯᑦ ᓇᓚᒍᑏᒥᑦ ᐊᒻᒪ ᓱᖏᐅᑎᕙᓪᓚᐊᔪᖕᓇᕐᑯᓪᓗᑎᑦ ᐊᕐᕋᐅᔭᑦ ᐊᖑᑕᐅᔭᓪᓗ ᐊᑲᕐᓇᕐᑯᓪᓗᑎᑦ ᑭᓇᐅᒻᒪᖕᖐᕐᒥ ᑭᓯᓕᓈᐅᔪᖅᐅᒻᒪᖕᖐᕐᒥᓗ ᒪᓕᑦᑐᑎᑦ ᐃᓄᐃᑦ ᐃᓕᖅᑯᓯᑐᕐᑲᖏᑕ ᐅᐱᓇᔭᖏᑕᓗ ᒪᓕᒐᖏᑦ. ᓂᓇᐅᑦᑐᒍᑦ ᐊᔪᙱᑦᓯᐊᕐᑐᓂᑦ, ᖃᓄᐃᕐᑲᑦᑕᐅᑎᙱᑦᓯᐊᕐᓗᑎᑦ ᐃᓚᒌᑦᓯᐊᓂᖕᒥᑦ ᐊᔪᖅᑭᖅᑐᓂᑦ ᐱᕈᖅᐃᔪᙵᕐᑯᓪᓗᑕ ᑭᖑᕚᑦᑎᙶᑦ ᓱᕈᓯᑯᓘᓂᑦ ᐃᓅᓯᑦᑐᓂᓪᓗ. ᐅᐱᕈᓯᒃᑲᑦᑕ ᐃᑲᔪᕐᑎᐅᕐᑲᑎᒌᓪᓗᑕ ᓄᖅᑲᕐᔫᒥᑎᑦᓯᔪᙵᕐᑕ ᐊᕐᕋᐅᓂᖏᖕᓄᑦ ᐊᖑᑕᐅᓂᖏᖕᓄᓪᓘᙵᑦ ᓂᖓᕐᑕᐅᕙᑦᑐᓂᑦ ᐊᒻᒪ ᓱᕈᓯᑯᓘᓂᑦ ᐋᓂᖅᑎᖅᑕᐅᕙᑦᑐᓂᑦ, ᐊᑐᖅᑕᐅᒐᔪᒪᑦᓯᓕ ᐃᓄᐃᑦ ᓄᓇᖏᖕᓂ.

ᖃᓄᐃᓕᐅᕐᓯᒪᒻᒪᖖᑦᑕ

ᐸᐅᒃᑑᑎᑦ ᐃᖅᑲᓇᐃᔾᔭᕐᑲᕐᓯᒪᔪᑦ ᐊᕐᕌᒍᓂᑦ ᐃᒥᓲᓕᕐᑐᓂᑦ ᐃᓚᒋᔭᐅᑎᕐᓯᓯᐊᕐᓂᖕᒥᑦ ᐃᓄᖕᓂᑦ ᐊᖑᑎᓂᑦ ᓄᑲᐸᐊᓂᓪᓗ ᐃᓕᖕᓂᐊᕐᑎᑕᐅᕐᑯᓪᓗᑎᑦ ᓂᖓᐅᔾᔨᑦᑕᐃᓚᒪᒍᓯᓂᑦ ᐊᕐᕋᓂᑦ ᓂᕈᐊᕐᓯᐊᓂᓪᓗ. ᑲᑎᒪᑎᕐᓯᕐᑲᑦᑕᕐᑐᑕ, ᐃᖅᑲᓇᐃᔭᕐᑲᑎᒋᓪᓗᑎᑦ ᐊᖑᑏᑦ ᐃᑲᔪᕐᑎᐅᕐᑲᑎᒌᖕᒋᑦ ᓯᕗᓕᕐᑏᓪᓗ, ᐊᒻᒪ ᑎᑎᖅᑲᒃᑯᑦ ᐃᓕᖕᓂᐊᕈᑎᖠᓕᐅᕐᓯᒪᔪᒍᑦ ᐱᓕᒻᒪᕆᐅᑎᖠᓂᓪᓗ ᐊᖑᑎᓄᑦ ᐊᑲᐅᓱᕆᓯᓂᑦ ᒪᒥᓴᕐᐸᓪᓕᐊᓂᖏᖕᓂᒡ ᐊᕐᕌᒍᖏᖕᓂ 2015ᒥ ᐊᒻᒪ 2020ᒥ, ᐱᖕᖑᕐᑎᓯᓚᐅᕐᑐᒍᑦ ᓄᓖᕈᓇᐊᕐᑐᒋᓪᓗ ᐱᓕᒻᒪᒃᓴᕐᓂᖅ, ᐱᓕᒻᒪᓴᐅᑎ ᐊᖑᑎᓄᑦ ᐃᑲᔪᕐᑎᐅᕐᑲᑦᑕᓂᐊᕐᑐᓄᑦ ᒪᒥᓴᕐᑐᑦ ᐃᑲᔪᕐᑎᐅᕐᑲᑎᒌᖅᑭᖏᓄᑦ ᐃᓕᖕᓂᐊᕐᑯᑎᖅᑭᖏᓄᓪᓗ. ᐊᕐᕌᒍᖓᓂ 2020 ᐸᐅᒃᑑᑎᑦ ᐊᑭᓪᓚᐅᕐᒥᔪᑦ ᐃᑲᔫᑎᒥᓂᖅ ᑲᓇᑕᒥ ᐱᒃᑯᓇᕐᑐᓂᑦ ᐊᔪᓇᑦᑐᒥᓇᕐᑐᓂᑦ ᓴᖅᑮᔾᔪᑎᑦᓯᓂᖕᒥᑦ ᑕᕝᕙᓇᓗ ᐃᓚᑕᓇᔭᐅᓚᐅᕐᑐᑦ ᐃᓄᐃᑦ ᐊᖑᑏᑦ ᐊᒻᒪ ᐱᖓᓱᑦ ᐃᓄᐃᑦ ᐊᕐᕋᐃᑦ ᓴᖅᑮᔭᕐᑐᒃᑯᑦ ᐃᑲᔫᒃᑲᐅᓂᖏᖕᓄᑦ ᐃᓚᒌᑦᓯᐊᕈᔫᑦ ᖃᓄᐃᙱᑦᓯᐊᓂᖕᒍᑦ, ᐊᖑᑎᓂᑦ ᐊᕐᕋᓂᓪᓗ ᐃᓚᐃᓈᑦᑕᐃᓕᓲᓂᑦ ᖃᓄᕐᓗ ᐃᓅᓯᖃᓕᕈᒪᒍᙵᕐᒪᖖᑦᑕ ᐋᓂᖅᑎᓇᔾᔨᐅᖏᓪᓗᑎᑦ ᓂᖖᒐᐅᒪᔪᓗᐊᑐᐃᙵᐅᖏᓪᓗᑎᑦ.

ᐊᕐᕌᒍᖏᖕᓂ 2022-2024 ᐱᓕᕆᐊᕆᓚᐅᕐᑕᕗᑦ ᑐᕌᒐᕐᑲᕐᓂᖅᓴᐅᓚᐅᕐᑐᑦ ᕿᑐᖕᒐᓕᕆᔨᐅᓴᓂᖏᑦ ᐃᓅᓯᑦᑐᓂᑦ ᐊᖑᑎᓄᑦ ᓄᑲᐸᐊᓂᓪᓗ. ᑐᑭᒧᐊᕐᑎᑦᓯᔾᔪᑲᕐᑐᑕ ᑲᓇᑕᒥ ᐅᕐᑲᐅᔾᔨᕆᐊᕆᔾᔪᑦ ᑲᑎᒪᔾᔨᑖᖏᑦ, ᖃᐅᔾᔨᓴᓚᐅᕐᒥᔪᒍᑦ ᐃᓄᓐᓄᓚᑦᑖᖅ ᑐᕌᖓᔪᓂᑦ ᐃᑲᔫᑎᖠᓂᑦ ᐊᕐᕋᐃᑦ ᐊᖑᑏᓪᓗ ᑭᓯᓕᓇᑲᔪᒻᒪᖖᑦᑕ ᐊᑐᖅᑕᐅᕐᑯᔭᐅᑲᔪᑦᑐᓂᓪᓗ, ᐃᓚᒌᑦᓯᐊᕈᔫᑦ ᖃᓄᐃᙱᑦᓯᐊᓂᖕᒍᑦ ᐊᒻᒪ ᐃᓱᒪᑦᓯᐊᓇᓂᖅ, ᐊᒻᒪᑦᑕᐅᖅ ᑲᓇᑕᒥᐅᓂᑦ ᐅᕐᑲᕐᑲᑎᕐᑲᕐᑎᓯᓚᐅᕐᒥᔪᑦ ᑲᑎᒪᑎᑦᑐᒥᑦ. ᖃᐅᔾᔨᒪᔭᒥᒍᑦ ᑲᑎᖅᓱᐃᔪᙵᕐᓯᓚᐅᕐᑐᒍᑦ ᐃᓕᓐᓂᐊᕈᑎᖠᓂᑦ ᐱᖕᖑᕐᑎᑕᐅᓪᓗᓂ ᐊᔪᖅᑭᖅᑐᖅ; “ᐃᓕᓴᐃᔾᔪᓯᒌᑦ, ᐊᔪᓇᕐᓯᐅᔾᔨᒍᓯᒌᑦ ᐱᓕᒻᒪᓴᐅᑎᐅᓂᐊᕐᑐᓂᑦ.

ᑐᕌᒐᖏᓪᓕ ᐊᔪᖅᑭᖅᑐᖅ ᐱᓕᒻᒪᓴᐅᑏᑦ:

1. ᐸᕐᓇᐅᑎᓕᐅᕐᑯᓪᓗᑕ ᑐᑭᒧᐊᕐᑎᑦᓯᔾᔨᐅᕐᑯᓪᓗᑕᓗ ᐊᖏᔪᖅᑳᖑᓗᓂ ᕿᑐᖕᒐᓕᓇᔾᔪᓯᓂᑦ ᐃᓕᓐᓂᐊᕐᓯᓐᓈᑦ ᑲᑎᒪᓂᐅᓂᐊᕐᑐᒥᑦ ᐃᓅᓄᑦ ᐊᖑᑎᓄᑦ ᓄᑲᐸᐊᓄᓪᓗ.
2. ᐃᑲᔫᑎᒥᓗᑎᑦ ᑐᓴᐅᒪᔭᐅᑎᓪᓗᑎᒍ ᑐᑭᓯᕙᓪᓕᐊᑐᐃᓐᓇᕐᑕᕗᑦ ᐃᓄᐃᑦ ᖃᐅᔾᔨᒪᔭᖏᑦ ᐃᓱᒪᑦᑎᐊᓇᒍᓯᓂᑦ ᐃᐱᓐᓂᐊᓇᕐᑐᓂᓪᓗ ᑐᑭᓯᒋᐅᓴᓂᖕᒥᑦ ᖃᓄᖅ ᑐᑭᖃᕐᒪᖖᑦᑕ ᐱᓕᒻᒪᓴᐃᓂᖅ, ᒪᒥᓴᕐᓂᖅ ᐊᒻᒪ ᐃᓄᐃᑦ ᕿᑐᖕᒐᒥᓂᖅ ᐱᕈᖅᐃᔾᔪᓯᖏᑦ.
3. ᐃᑲᔪᕈᓐᓇᕐᓯᕐᑯᓪᓗᑎᑦ ᐃᓚᒌᑦᓯᐊᓂᖕᒍᑦ ᐋᖅᑭᑦᓱᐃᑎᓂᑦ.

ᐃᓗᐊᓂ, ᐊᔾᔨᒌᖕᒋᑦᑐᕈᔫᔭᓂᑦ ᐃᓗᓕᖅᑲᐅᖅᑐᑦ ᐅᖅᑲᐅᓯᐅᓯᒪᔪᓂᑦ, ᐃᑲᔫᑎᒃᓴᐳᓂᑦ ᐃᓱᒪᖕᓴᖕᓯᐅᕈᑎᒃᓴᓂᓪᓗ ᖃᓄᖅ ᐃᓕᓐᓂᐊᖅᓯᓐᓈᑦ ᑲᑎᒪᑎᖅᓯᔪᓇᖅᓯᐊᖅᑯᓪᓗᒋᑦ ᐅᐸᓗᖓᐃᖅᓯᒪᔪᓐᓇᖅᓯᖅᑯᓪᓗᒋᑦ ᐃᓅᓯᑦᑐᑦ ᐊᖑᑏᑦ ᓄᑲᐸᐃᐊᓪᓗ ᐊᖏᔪᖅᑳᖅᓯᐊᕚᔫᓛᖅᒪᑕ ᕿᑐᖕᒪᒥᓄᑦ.

ᖁᕝᕙᐊᓯᑦᑎᐊᖅᑐᑕ ᐃᑲᔪᕐᑎᖅᑲᕈᒪᔪᒍᑦ ᑐᓂᓯᓂᒃᑯᑦ ᐃᓄᓐᓄᓚᑦᓛᖅ ᑐᕌᖕᒐᔪᓂᑦ ᐃᑲᔪᕐᑎᒃᓴᓕᐊᖑᓯᒪᔪᓂᑦ ᐱᓐᖑᖅᑎᑕᐅᓪᓗᑎᑦ ᐃᓄᓐᓄᑦ, ᑲᑐᔾᔨᖅᑲᑎᒌᓄᑦ, ᐊᒻᒪ ᓄᓇᖅᑲᖅᑎᓄᑦ ᐊᖅᕋᒍᓂ ᖁᓚᓂ ᑲᑎᖅᓱᖅᑕᐅᕙᓪᓕᐊᓯᒪᔪᑦ. ᐃᔫᓐᓇᑎᑦ ᓴᖅᑮᔭᖅᑎᑕᕝᑦ ᐃᓕᓐᓂᐊᕈᑕᐅᓯᒪᔪᑦ ᑲᔪᓯᓯᒪᔪᓂᑦ ᑎᑎᕋᖅᑕᐅᓂᖁᑦ, ᐊᑭᓐᓇᖅᒥ ᓴᖅᑮᔭᖅᑐᒃᓴᑦ, ᐊᔪᓇᖅᓯᐅᔾᔨᒍᑏᑦ ᐊᒻᒪ ᑕᖅᓇᔫᒃᓴᒃᑯᑦ ᓂᐱᓕᐅᖅᑕᐅᓯᒪᔪᑦ ᐊᑐᐃᓐᓇᐅᔪᑦ ᐃᓄᒃᑎᑐᑦ ᐊᒻᒪ ᐅᔾᔨᖅᓇᕆᐊᖅᑐᒋᑦ ᓴᖅᑮᔭᖅᑎᑕᐅᔪᑦ ᐱᓕᒻᒪᒃᓴᐅᑏᑦ ᐃᓚᖕᒋᓐᓂ ᐊᒻᒪ ᐃᓱᐊᓃᑦᑐᑎᑦ ᑖᒃᑯᐊ ᑎᑎᕋᖅᓯᒪᔪᖅᑯᑎᖕᒋᑕ.

ᖃᓄ ᐊᔪᖅᑭᖅᑐᖅ ᐊᑐᖅᑕᐅᔪᓐᓇᖅᐸ

ᐊᔪᖅᑭᖅᑐᖅ ᐱᓕᒻᒪᒃᓴᐅᑏᑦ ᑐᓴᕐᓴᓕᐊᖑᓯᒪᔪᑦ ᐊᒻᒪ ᐃᓕᓐᓂᐊᕈᑎᒃᓴᑦ ᐅᖅᑲᐅᓯᖅᑲᓗᐊᓐᖑᐊᖅᑐᑦ ᐅᑯᓂᖓ:

1. ᐃᓚᒌᑦᓯᐊᕈᔾᑦ ᖃᓄᐃᙱᑦᓯᐊᓂᖑᑦ.
2. ᐃᓅᓯᓕᒫᖅ ᐊᑲᐅᓯᓴᖅᓂᒃᑯᑦ ᒪᒥᓴᖅᓂᖅ.
3. ᐊᖑᑎᓄᑦ ᐊᕐᓇᓄᓪᓗ ᐊᑐᖅᑕᐅᓴᔪᑦᑐᑦ, ᑭᓯᓕᓇᐳᐅᓴᔪᑦᑐᑦ ᑭᓇᐅᓂᕋᕈᑎᖕᒋᓪᓗ.
4. ᐃᓕᖅᑯᓯᑐᖅᑲᒃᑯᑦ ᐃᓄᐃᑦ ᕿᑐᖕᒪᒥᓂᖕ ᐱᕈᖅᓴᐃᔾᔪᓯᖕᒋᑦ.
5. ᓂᖕᒐᖅᑕᐃᓕᓂᖅ.
6. ᐃᓱᒪᕐᓯᐊᓇᓐᓂᖅ, ᐃᓅᓯᓕᓇᔾᖅᑲᖅᓂᖅ ᐊᒻᒪ ᐊᑲᐅᓯᓴᖅᓂᒃᑯᑦ ᒪᒥᓴᖅᓂᖅ.

ᐊᔪᖅᑭᖅᑐᖅ ᐱᓕᒻᒪᒃᓴᐅᑎ ᖃᓄᑐᐃᓐᓇᖅ ᐊᑐᕈᓐᓇᖅᑕᑎᑦ ᑭᓐᖑᒪᔭᑎᑦ ᑭᓯᐊᓂ ᒪᓕᓪᓗᖕᒋᑦ ᐊᒻᒪ ᐅᓪᓗᖅᓯᐅᑎᒃᑯᑦ ᐊᑐᐃᓐᓇᐅᓂᖅ. ᐃᑲᔪᕈᓐᓇᖅᑐᑎᑦ ᑐᑭᓯᕙᓪᓕᖅᑎᖅᓯᒃᑦᑕᖅᓗᑎᑦ ᐊᖑᑎᓄᑦ ᐊᕐᓇᓄᓪᓗ ᐱᖅᑯᓯᐅᓴᔪᑦᑐᓂᑦ ᐊᒻᒪ ᐊᖑᑎᓂᑦ ᐊᕐᓇᓂᓪᓗ ᐃᓚᐃᓐᓈᖅᓂᖅ ᐱᐅᓯᖕᒋᓄᑦ ᓄᓇᓯᓐᓂ ᐅᕙᔪᓐᓃᑦ ᖃᓄᖅ ᑲᑎᑦᑎᐊᒃᑲᓐᓂᕈᓐᓇᖅᒪᖕᓖᑦᑎᒍ ᐃᓚᕗᑦ ᐃᓚᒌᑦᓯᐊᒃᑲᓐᓂᖅᑯᓪᓗᑕ ᐊᒻᒪ ᓴᐱᓕᖅᑕᐃᓕᔾᔪᓯᓂᑦ ᐱᓕᒻᒪᒃᓴᖅᑕᐅᔪᓐᓇᖅᓂᖕᒋᓐᓂᑦ ᐃᓚᒌᑦ ᓄᓇᖅᑲᑎᒌᓪᓗ. ᐋᖅᑭᑦᓯᐃᔨᐅᓗᓂ, ᖃᐅᔨᓂᐊᖅᑐᓯ ᕿᓂᖅᓇᖕᒐᑦ ᐱᓕᒻᒪᒃᓴᐅᑎᒃᓴᓂᑦ ᐃᓄᓐᓄᑦ ᓄᑲᐸᐃᓄᑦ ᐃᓅᓯᑦᑐᓄᓪᓗ ᐊᖑᑎᓄᑦ ᑲᑎᓐᖓᓗᑎᑦ ᖃᓄᐃᓕᐅᕈᑎᒃᓴᖕᒋᓐᓂᑦ, ᐊᒻᒪ ᐱᓐᖑᐊᖅᓂᖅ ᐊᑭᑦᑐᖅᐅᑎᓂᒃᑯᑦ ᓴᓇᖑᐊᓂᖅᔫᓐᓃᑦ ᐊᑦᓯᐊᓗᖕ ᐱᓕᒻᒪᒃᓴᐅᑎᓂ ᐃᑲᔪᖅᓂᖅᑲᕈᓐᓇᖅᑐᑦ ᐊᔪᖅᑭᖅᑑᓂᐊᕋᖅᑕ. ᖃᑦᓯᑲᓪᓚᐅᒻᒪᑕ ᐃᓕᓐᓂᐊᖅᓯᓐᓈᑦ ᑲᑎᒪᑎᖅᓯᓂᐊᖅᑐᓂ ᐊᐅᓚᒍᓯᐅᓴᔪᑦᑐᑦ:

1. ᐊᑐᐃᓐᓇᐅᑎᖅᓯᔪᓐᓇᖅᑐᑎᑦ ᐅᓪᓗᓂᑦ ᑎᓴᒪᓂᑦ ᐃᓕᓐᓂᐊᖅᓯᓐᓈᑦ ᑲᑎᒪᓂᐊᓂᐊᖅᑐᒥᑦ ᐃᓅᓯᑦᑐᓄᑦ ᐊᖑᑎᓄᑦ ᓄᑲᐸᐃᐊᓄᓪᓗ ᑲᑎᒪᔾᔪᑎᒃᓴᐃᓪᓗ ᐆᑦᑑᑕᐅᓯᒪᔪᑦ ᒪᐸᒐᖅ 39ᒥ ᐊᑐᖅᑕᐅᔪᓐᓇᖅᑐᑦ.
2. ᐋᖅᑭᒋᐊᕐᓴᒃᓴᐅᒻᒥᔪᑦ ᐅᓪᓗᓂᑦ ᐊᑕᐅᓯᕐᒥᑦ, ᒪᕐᕉᓐᓂᑦ ᐱᖕᒐᓱᓂᓪᓘᓐᓃᑦ ᑲᑎᙵᔪᓐᓇᖅᑐᑦ ᓄᓇᒧᑦ ᐊᐅᓪᓚᖅᓯᒪᓗᑎᑦ ᐅᕙᔪᓐᓃᑦ ᓄᓇᒥᓐᓃᓪᓗᑎᑦ ᑲᑎᑎᑕᐅᔪᓐᓇᖅᑐᑦ.
3. ᐅᖅᑲᐅᓯᒃᓴᓕᐊᒥᓃᑦ ᐅᓂᒃᑳᓇᔭᐅᖅᑳᑦᑕᕈᓐᓇᖅᑐᑦ ᐱᓇᓱᐊᕈᓯᑦᑕᓖᑦ ᐃᓕᓐᓂᐊᓅᐃᐸᐸᑕ ᐅᓐᓄᓴᒃᑯᓪᓘᓐᓃᑦ..
4. ᑐᓴᕐᓴᑦ ᑐᑭᓯᒋᐊᕈᑎᒃᓴᑦ ᐊᒻᒪ ᐆᑦᑐᕋᖅᑎᑕᐅᔪᓐᓇᖅᑐᑦ ᐃᓕᓐᓂᐊᖅᕕᒻᒥ ᐃᓕᓐᓂᐊᖅᓂᖕᒋᓐᓂ ᐃᓄᐃᑦ ᐊᕐᓇᐃᑦ ᐊᖑᑏᓪᓗ ᑭᓯᓕᓇᐳᐅᓴᔪᓪᒪᖕᓖᑦᑕ ᐊᒻᒪ ᐊᔾᔨᒌᖕᒋᓐᓂᖕᒋᑕ ᐱᖅᑯᓯᖕᒋᑦ, ᐃᓚᒌᑦᓯᐊᕈᔾᑦ ᖃᓄᐃᙱᑦᓯᐊᓂᖑᑦ. ᐃᓱᒪᕐᓯᐊᓇᓐᓂᖅ, ᐊᓯᖕᒋᓐᓂᓪᓗ.

ᓂᓇᐅᑦᑐᒍᑦ ᐊᔪᖅᑭᖅᑐᖅ ᐱᓕᒻᒪᒃᓴᐅᑏᑦ ᐃᑲᔪᕐᓂᖅᑲᕐᓂᐊᓇᐊᖕᒋᑦ ᐃᓕᓐᓂᐊᕈᑕᐅᓗᑎᒃ ᐃᑲᔫᑕᐅᔪᓐᓇᖅᑯᓪᓗᒋᓪᓗ ᐃᓄᓐᓄᑦ ᐊᖑᑎᓄᑦ ᓄᑲᐸᐃᐊᓄᓪᓗ ᐱᕝᔪᐊᕌᓗᖕᒥᑦ ᐸᖅᑭᔨᐅᒋᐊᖅᑲᖅᓂᖕᒋᓐᓄᑦ ᐊᑖᑕᐅᓗᑎᑦ, ᐊᐃᑉᐸᓇᔭᐅᓪᓗᑎᑦ ᐊᒻᒪ ᐊᔪᓇᑦᑐᒥᓇᖅᑯᓪᓗᒋᑦ ᐊᑖᑕᓯᐊᕙᐅᓂᖕᒋᓐᓄᑦ, ᖃᓄᑐᐃᓐᓇᓯᐊᖅ ᐊᑐᕈᓇᖅᑕᓯ.

“ᖃᓄᐃᖏᑦᑎᐊᖅᑐᒥᒃ ᐃᓚᒌᖕᓂᖅ ᐱᐅᓯᓂᒃ ᐅᖃᑦᓚᖃᑎᒌᓲᑦ, ᒪᒥᐊᓲᑦ, ᐊᒻᒪᓗ ᐃᑲᔪᓲᑦ.”

ᓛᔅ ᖃᖃᖅ, ᑲᓇᑕᒥ ᐃᓄᒃ ᐊᔾᔪᒥᒋᔭᐅᔪᖅ

ᐊᖏᔪᖅᑳᖑᓗᓂ ᕿᑐᕐᖓᓕᓇᔾᔪᓯᓂᑦ ᐃᓕᓐᓂᐊᕐᓯᓐᓈᑦ ᑲᑎᒪᓂᖅ

ᐱᓕᒻᒪᕆᒃᓯᓐᓈᑦ ᑲᑎᒪᔾᔪᑏᑦ ᐃᓗᓕᖏᑦ

ᖃᓄᐃᓕᐅᕐᑎᑕᐅᓂᖅ ᑰᑦᑐᕐᑎᑕᐅᓂᕐᓗ

ᐊᓯᒃᑲᓐᓂᖏᑦ ᐃᓕᓐᓂᐊᕈᑎᒃᓴᑦ

ᐊᖏᔪᖅᑳᖑᓗᓂ ᕿᑐᕐᖓᓕᕆᔾᔪᑎᓂᑦ ᐃᓕᓐᓂᐊᕐᓯᓈᓂᑦ ᑲᑎᒪᓂᖅ

ᐱᓕᒻᒪᕐᕿᓯᓈᓂᑦ ᑲᑎᒪᔾᔪᑏᑦ ᐃᓗᓕᖏᑦ

ᖃᓄᐃᓕᐅᖅᑎᑕᐅᓂᖅ ᐆᑦᑐᕋᖅᑎᑕᐅᓂᖅᑐ

ᐊᓯᑲᓐᓂᖏᑦ ᐃᓕᓐᓂᐊᕈᑎᖃᑦ

“ᖃᓄᐃᖏᑦᑎᐊᖅᑐᒥᒃ ᐃᓚᒌᖕᓂᖅ ᐱᐅᔪᓂᒃ ᐅᖃᓪᓚᖃᑎᒌᔫᑦ, ᒪᒥᐊᔫᑦ, ᐊᒻᒪᓗ ᐃᑲᔪᔫᑦ.”

ᓛᓯ ᖃᖃᖅ, ᑲᓇᑕᒥ ᐃᓄᒃ ᐊᕙᑖᕐᓯᔭᐅᔪᖅ

ᓱᖕᒪᑦ ᐱᓕᒻᒪᕐᓴᕐᓯᓈᑦ ᐃᓕᓐᓂᐊᓇᐊᖅᑲᑉᐸᑦ ᐋᑕᐅᓂᖕᒍᑦ ᕿᑐᕐᖓᕐᑖᕈᒫᕐᑐᑦ?

ᐊᒥᓲᓂᕐᓴᑦ ᐃᓄᐃᑦ ᐊᖑᑏᑦ ᕿᑐᕐᖓᕐᑲᖕᖓᑕ ᐅᕙᔾᔮᓃᑦ ᕿᑐᕐᖓᖅᑖᕈᒫᕐᒥᒻᒪᑕ, ᐊᒃᑲᕈᕐᑐᑎᑦ ᐊᖓᕈᕐᑐᑎᓪᔾᔮᓃᑦ, ᐋᑕᑦᓴᐅᑐᑎᑦ ᐸᐸᑦᓯᔨᐅᑐᑎᓪᔾᔮᓃᑦ. ᐊᖏᔪᖅᑳᖑᓂᖅ "ᐃᓕᓴᕋᑦᓴᐅᖏᑦᑑᖓᑐᐊᖅ" ᑲᑎᒪᕕᒥ ᐃᓪᓗᕈᓯᕐᒥᔾᔮᓃᑦ ᐃᓕᓐᓂᐊᕐᕕᒥ, ᐃᓄᐃᑦ ᖃᐅᔨᒪᔭᖏᑦ ᐊᒻᒪ ᐊᑐᖅᓯᒪᔭᖏᑎᒍᑦ ᐱᖅᑯᓰᑦ ᐅᐸᓗᖓᐃᔭᐃᔪᓐᓇᖕᖓᑕ ᐃᓅᓯᑦᑐᓂᑦ ᐊᒻᒪ ᐃᓅᓯᑦᑐᓂᑦ ᐊᖑᑎᓂᑦ ᖃᓄᖅ ᐊᔪᖅᑭᖅᑐᓂ ᐱᕈᖅᐃᔪᓐᓇᕐᒪᖔᑕ ᓱᕈᓯᑯᓐᓂᑦ, ᐃᓚᕆᑦᓯᐊᓂᖕᒥᑦᑐ, ᐱᕈᖅᐃᔪᓐᓇᕐᑐᑎᑦᑐ "ᐃᓐᓇᕈᕐᐸᑕ ᕿᑐᕐᖓᖏᑦ ᐊᔪᕆᖏᒻᒪᑕ ᐱᓇᓱᐊᕈᒪᔭᒥᓂᖅ". ᐃᓄᐃᑦ ᐊᖑᑏᑦ ᓄᑲᑉᐱᐊᑦᑐ ᐊᑲᐅᓯᕐᑯᒐᑦᑎᒍ ᒪᒥᓴᕐᓂᒃᑯᑦ ᕐᑯᐊᖅᕌᕈᑎᒥᓂᖏᓐᓂᑦ ᐊᒻᒪ ᐃᓯᒪᒃᑯᑦ, ᐃᑉᐱᓐᓂᐊᔭᒥᒍᑦ, ᐅᑉᐱᓇᔭᒥᒍᑦ ᐊᒻᒪ ᑎᑎᒥᒍᑦ ᓴᓐᖏᔫᔪᓐᓇᕐᓯᕐᑯᑦᑐᕆᑦ ᓇᑦᓕᓂᕐᑲᕐᑐᑎᑦᑐ, ᐃᒻᒥᓄᑦ ᓇᑦᓕᑎᕆᔭᒥᓄᑦ ᓇᑦᓕᕆᔭᒥᓄᑦᑐ.

ᕐᑲᐅᔨᒪᓕᕋᑦᑕ ᐊᖑᑏᑦ ᐃᓅᓯᓕᓇᔮᓂᑦ ᓄᓇᖅᑲᑎᒌᑦᑐ ᓯᕗᓕᕐᑎᖏᓐᓂᑦ ᑐᑭᓯᒪᓕᕐᑐᑕ ᐊᕐᕌᒍᑦ ᐊᕙᑎᑦ ᐃᑐᐊᓂ ᐃᑲᔪᕐᑕᐅᓂᖅᐅᔪᓐᓇᖕᖓᑕ ᐃᓄᓐᓂᑦ ᐊᖑᑎᓄᑦ ᐃᑲᔪᖅᑕᐅᓕᕋᐃᒻᒪᑕ, ᐃᓕᖅᑯᓯᕐᑎᒍᑦ ᐱᖅᑯᓯᓂᑦ ᐃᓕᓐᓂᐊᕐ- ᑎᑕᐅᑦᑐᑎᑦ ᓄᓇᒧᑦᑐ ᐊᐅᑦᓚᕈᔾᔭᐅᓯᒪᕙᑦᑐᑎᑦ. ᐊᖑᑏᑦ ᓇᑐᖅᑯᑎᒍᓐᓃᑉᑦᓚᐊᓲᖑᒻᒪᑕ ᓴᓐᖓᑎᑉᐸᑦᓚᐊᑦᑐᑎᑦ ᐃᓕᓐᓂᐊᑐᐊᕋᒥᖅ ᐊᖑᑕᐅᕐᑲᑎᒥᓂᖅ ᑕᑎᕆᔪᓐᓇᕐᑕᒥᓂᖅ ᕐᑲᐅᔾᔪᐊᕋᒥ ᑲᑉᐱᐊᓇᓐᖏᑦᑐᒥ, ᐊᔪᖅᑭᖅᑐᑦ ᐃᓕᓐᓂᐊᕐᕙᕐᑲᓯᐊᑐᐊᕋᒥ ᓱᕚᕋᓈᖏᑦᑐᒥ.

ᐱᔾᔪᑎᖓᓕᓐ ᐃᓅᓯᕐᖓᒥ ᐊᔪᖅᑭᖅᑐᓂᑦ ᐱᓕᒻᒪᕐᓴᐃᓗᑕ ᑲᑎᒪᑎᑦᓯᔪᒪᓂᕗᑦ ᐅᐸᓗᖓᐃᑦᑕᐅᔪᓐᓇᕐᓯᓂᐊᖕᖓᑕ ᐃᓅᓯᑦᑐᑦ ᐃᓄᐃᑦ ᐊᖑᑏᑦ ᓄᑲᑉᐱᐊᑦᑐ ᑐᑭᓯᔪᓐᓇᕐᓯᕐᑯᑦᑐᕆᑦ ᕐᑲᓄᖅ ᐅᕐᑲᓕᒪᔪᓐᓇᕐᓯᕆᐊᕐᑲᕐᒪᖔᑕ ᐊᒻᒪ ᐊᓐᓇᐅᒪᔪᓐᓇᕐ- ᓯᕐᑯᑦᑐᕆᑦ ᐃᓚᕆᑦᓯᐊᕈᓯᔫᑦ ᕐᑲᓄᐃᓐᖏᑦᓯᐊᓂᖕᒍᑦ ᑐᖓᕕᕆᑐᕆᑦ, ᐱᕐᔪᐊᕑᑰᓂᖓᓂᑦᑐ ᓂᓐᖓᓴᕋᐃᑦᑕᐃᓕᕆᐊᕐᑲᕐᓂᖏᑦ ᐊᒻᒪ ᐊᑦᓯᕈᕐᓇᕐᑐᒃᑯᕐᓂᖏᑦ ᐊᒻᒪᑯᑦᑕᐅᖅ ᑐᑭᓯᒪᔭᕆᐊᕐᑲᕐᓂᖏᓐᓂᑦ ᐃᓚᐃᓈᕐᑕᐃᓕᕆᐊᕐᑲᕐᓂᖏᑦ ᐊᖑᑎᓂᑦ ᐊᕐᖓᓂᑦᑐ ᐊᒻᒪ ᓄᓕᐊᓱᓂᑦ ᐊᖑᑕᐅᕐᑲᑎᒥᖓ ᐊᕐᓇᐅᕐᑲᑎᒥᑦᑐᓐᓂ ᐃᓕᖅᑯᓯᕐᑲᕐᑐᓂᑦ. ᐊᑕᐅᓯᒃᑯᑦ, ᑐᑭᓯᐅᓕᕆᕈᑎᖓ ᐃᓅᓯᑦᑐᑦ ᐋᑕᐅᓂᐊᕐᑐᑦ ᑕᒪᐃᓐᓂᓕᒫᓯᐊᖅ ᐱᖅᑯᓯᕐᑲᑎᕆᓐᖏᑕᕐᑲᑐᐊᕐᒥᓐᖓ ᕐᑲᓄᐃᓴᕆᓈᓂᕐᑲᔭᖕᖓᑕ ᐃᓚᐃᓈᕈᓈᓂᕐᑐᑎᑦ ᐊᔾᔭᐅᖏᑦᑐᓇᔭᒥᓐᖓ ᐊᒻᒪ ᑐᑭᓯᒪᓯᐊᓕᕐᑐᑎᑦ ᐊᖏᔪᖅᑳᖑᑐᓂ ᑮᓇᑐᐃᓇᐅᓚᐅᑲᑦ ᑐᓐᖓᓱᑎᑦᓯᕆᐊᕐᑲᕐᓂᖏᑦ ᐊᓯᒥᓂᖅ ᐊᔾᔭᐅᖏᑦᑐᓇᔭᐅᔪᓂᑦ ᐊᒻᒪ ᐅᔾᔭᕈᓯᓕᕐᑐᑎᑦ ᐱᓪᒪᓇᐊᑐᖕᓂᑦ ᕿᑐᕐᖓᕐᑲᕐᑐᓂ ᐱᕈᖅᐃᔾᔪᓯᓂᑦ ᐃᓄᖑᖅᓴᐃᔾᔪᓯᓂᑦ ᐊᖏᔪᖅᑳᑦ ᐱᕈᖅᐃᕆᐊᕐᑲᓲᖑᒻᒪᑕ.

ᐃᓅᓯᕐᖓᒥ ᐱᓕᒻᒪᕐᓯᒪᕆᐊᓖᑦ ᕐᑲᐅᔨᒪᔭᕗᑦ ᕐᑲᐅᑕᒫᑦᑐ ᐊᑐᖅᐸᑦᑕᕗᑦ ᐃᓅᓯᓕᒫᑦᑎᓂ, ᐊᓂᒍᐃᔾᔪᑎᕗᑦ ᐊᑦᓯᕈᕐᓇᕐᑐᓄᑦ ᐊᐳᕋᐃᓚᑦᑕ ᐊᒻᒪ ᓱᖏᐅᑎᔪᓐᓇᕐᓯᕐᑯᑦᑐᑕ ᐊᓯᕐᑲᕐᒥᒻᒪᑕ ᒪᑭᑦᑎᐊᕈᓐᓇᕐᓯᑦᑐᑕ. ᐃᓄᐃᑦ ᐱᖓᓲᔪᕐᑐᓂᑦ ᐱᑦᑐᐊᑕᐅᔪᓂᑦ ᐃᓅᕐᑲᑎᒋᓄᑦ ᐅᐸᓗᖓᐃᔭᕐᒥᑦ ᑐᓐᖓᕙᕐᑲᖕᖓᑕ (ᐃᓄᐃᑦ ᕐᑲᐅᔨᒪᔾᔪᑲᖕᖏᑦ ᐅᕙᔾᔮᓃᑦ ᐃᒪᐃᓕᖓᓕᑎᑕᐅᕙᒻᒥᔪᖅ IQ) ᐊᑐᖅᑕᐅᓚᔪᑦᑐᑦ ᐅᕐᑲᐅᓯᐅᓕᕐᑲᐃᒻᒪᑕ ᐱᓕᒻᒪᕐᓴᕐᓯᒪᔨᐊᓖᑦ ᐃᓄᖅᑭᑦᑐᓂᑦ ᐃᑲᔪᕈᓐᓇᕐᓯᐊᕐᑐᓂᑦ ᐃᓄᓐᖑᕐᓴᐃᕐᑯᑦᑐᑕ, ᐃᓖᓯᐊᕈᓐᓇᕐᑐᓂᑦ ᓄᓇᖅᑲᑎᒌᓯᐊᕈᓐᓇᕐᑐᓂᑦᑐ. ᐅᕐᑲᐅᓯᖏᑦ ᕐᑲᓄᖅᑑᕈᓐᓇᕐᓯᐊᕐᑐᓂᑦ ᐊᓐᓇᐅᒪᔪᓐᓇᕐᑐᓂᑦ ᐆᒪᑦᑎᐊᓇᑦᑐᓂᑦᑐ ᐃᓄᓐᓂᑦ ᐃᑉᐱᒋᕐᑲᑦᑕᐅᑎᓯᐊᕐᑐᓂᑦ ᐃᖅᑲᓱᓐᓂᒃᑯᑦ ᐊᕙᑎᒥᓂᑦᑐ ᐸᖅᑭᑎᐊᕈᓐᓇᕐᑐᓂᑦ. ᑖᒃᑯᐊ ᐃᓄᐃᑦ ᐅᑉᐱᓇᔭᕐᑕ ᒪᓕᒐᕆᑦ ᓱᓕ ᐅᑦᑐᒥ ᐊᑐᕐᒪᑕ ᑭᖑᕚᕆᓐᓄᑦᑐ ᕿᑐᕐᖓᕆᓐᓄᑦ ᐃᓕᓴᑦᑕᐅᕙᑦᑐᑦ. ᐊᑐᖅᑕᐅᓕᕝᒪᑕᐃᓛᖅ, ᑖᒃᑯᐊ ᐅᑉᐱᓇᔭᕗᑦ ᕐᑲᐅᑕᒫᑦᓯᐊᖅ ᐊᑐᖅᑕᕗᑦ ᕐᑲᓄᐃᓕᐅᕐᓂᑎᓐᓂ ᐱᓕᒻᒪᓴᕐᑎᓯᓂᑦᑎᓂ.

1. **ᐃᓅᕐᑲᑎᒌᑦᓯᐊᕐᓂᖅ** | Inuuqatigiitsiarniq | ᐃᑉᐱᒍᓱᑦᓯᐊᕐᓂᖅ ᐃᓚᒌᑦᓯᐊᕐᓂᕐᑯ, ᐱᑦᓯᐊᕐᓂᕐᑯ ᐃᓅᕐᑲᑎᑦᑎᓂᒃ
2. **ᑐᓐᖓᓇᕐᓂᖅ** | Tunnganarniq | ᒪᑐᐃᖓᓂᖅ, ᐃᓚᐅᑎᑦᓯᓂᖅ, ᐃᓕᕋᓐᖏᓂᖅ.
3. **ᐱᔾᔨᑦᓯᕐᓂᖅ** | Pijitsirniq | ᐃᓚᑦᑎᓂᒃ, ᐃᓅᕐᑲᑎᑦᑎᓂᒃ ᓄᓇᖅᑲᑎᑦᑎᓂᑦᑐ ᐱᔾᔨᑦᓯᕈᑎᕐᑲᕐᑐᓂ.
4. **ᐋᔾᔨᕐᑲᑎᒌᓐᓂᖅ** | ᐋᔾᔨᕐᑲᑎᒌᓐᓂᖅ | ᐃᓱᒪᓕᐅᕐᑲᑎᒌᑦᑐᓂ, ᐅᕐᑲᕐᑲᑎᒌᓐᓂᒃᑯᑦ ᐊᒻᒪᑐ ᐊᖏᕐᑲᑎᒌᓐᓂᒃᑯᑦ.
5. **ᐱᓕᒻᒪᒃᓴᕐᓂᖅ/ᐱᔭᕆᐅᖅᓴᕐᓂᖅ** | Piliriqatigiinniq / Pijariuqsarniq | ᐊᔪᕈᓐᓃᖅᓴᕐᓂᖅ ᓱᓇᓕᕆᑐᓂ ᑕᑯᓐᓇᓂᒃᑯᑦ, ᑲᔪᖏᖅᓴᐃᓂᒃᑯᑦ, ᐱᓇᓱᓐᓂᒃᑯᑦ, ᐆᑦᑐᕋᕐᓂᒃᑯᑦ.
6. **ᐱᓕᕆᕐᑲᑎᒌᖕᓂᖅ/ᐃᑲᔪᕐᑲᑎᒌᖕᓂᖅ** | Piliriqatigiinnniq / Ikajuqtigiinniq | ᐃᓄᑑᔾᔮᖏᑦᑐᓂ ᐱᓕᕆᔭᕆᐊᓕᓐᓂᒃ ᐃᖅᑲᓇᐃᔭᕐᑎᕐᑲᑐᓂ.

7. **7. ᖃᓄᖅᑑᕐᓂᖅ** | Qanuqtuurniq | (ᐃᓱᒪᕐᓴᖅᓯᐅᕐᓂᖅ ᓴᓇᑐᓗᓂ ᐋᖅᑭᑦᑎᐊᓕᒻᒥᒃ ᐋᖅᑭᕐᓯᓇᓱᒡᓗᓂ.

8. **ᐊᕙᑎᑦᑎᓐᓂᒃ ᑲᒪᕐᓯᐊᕐᓂᖅ** | Avatittinnik Kᐅᓪᓛᒃᑯᑦatsiarniq | ᐃᑉᐱᒍᓱᕐᓯᐊᕐᓂᖅ ᑲᒪᕐᓯᐊᕐᓂᕐᓗ ᓄᓇᒥᒃ, ᓂᕐᔪᑎᓂᒃ, ᐊᕙᑎᑦᑎᓐᓂᒡᓗ.

ᓇᑭᙶᖔᕐᒪᖔᑕ: ᐃᓄᐃᑦ ᐅᑉᐱᕆᔭᖏᑕ ᒪᓕᒐᖏᑦ, ᓄᓇᕗᑦ ᒐᕙᒪᖓᑦ, 1999.ᐃᓄᐃᑦ

ᕿᑐᕐᖓᓕᕆᓂᖓᑦ ᐅᑉᐱᕆᔭᖏᑕ ᑐᓐᖓᕕᖏᑦ

“ᐃᓄᖑᕐᓴᐃᓲᖑᒐᕐᑕ ᕿᑐᕐᖓᑎᓐᓂᑦ ᐃᑉᐱᒍᓱᑦᑎᐊᕐᓗᑎᑦ, ᓇᓪᓕᓂᕐᑲᕐᓗᑎᑦ ᑐᑭᓯᐅᒪᔪᓐᓇᕐᓗᑎᒡᓗ ᐃᓐᓇᕈᕐᓂᐊᕐᖓᑕ.”

ᐃᓄᖑᐃᓂᖅ ᐅᓂᒃᑳᒥᓃᑦ, ᒪᑭᑎᐊᕐᓂᖅ 2011 ᐃᓅᓯᑦᑐᑦ ᑲᑎᒪᕕᒃᔪᐊᕐᓂᖓᑦ, ᐋᖅᑭᐅᒪᕕᒃ ᓱᓴᐃᔭᑎ

ᖃᐅᔨᒋᐊᕐᑏᑦ ᐃᑲᔪᕐᓯᕕᖓ ᓄᓇᕗᒦᑦᑐᖅ ᐱᒋᐊᓚᐅᕐᓯᒪᔪᑦ ᐃᓄᖑᐃᓂᖅ ᕿᑐᕐᖓᓕᕆᒋᐅᖅᓯᓂᖏᒧᑦ 2009ᖑᑎᓪᓗᒍ ᐊᒻᒪ ᐆᑦᑐᕋᕐᓯᓈᓇᑦ ᐱᒋᐊᕐᑕᐅᓪᓗᓂ ᑎᓴᒪᓂ ᓄᓇᓖᓐᓂ ᐊᑯᓐᓂᖓᓂ 2012 ᐊᒻᒪ 2014. ᑕᐃᒪᙵᓂᑦ, ᐃᓚᓴᐃᔾᔪᑕᐅᓯᒪᓕᕐᑐᑦ ᐊᒥᓱᓂ ᐅᑭᐅᖅᑕᖅᑑᑉ ᓄᓇᓖᕐᔪᐊᓪᓗ ᖃᓪᓗᓈᓂ ᓄᓇᖏᓐᓂ. ᐃᓄᖑᐃᓂᖅ ᑐᑭᖃᕐᑐᖅ “ᐃᓄᖑᐃᓂᖅ” ᐊᒻᒪ ᓇᓗᓇᐃᕐᑐᐃᓯᒪᓪᓗᑎᑦ ᐃᓄᐃᑦ ᐱᖅᑯᓯᑐᖃᖏᓐᓂᑦ ᕿᑐᕐᖓᓕᕆᓂᖓᑦ ᐱᕈᓴᐃᔾᔪᓯᓂᑦ. ᑐᕌᖓᖓᓪᓕ ᓴᓐᖓᑎᒃᑲᓐᓂᕐᑯᓪᓗᑎᑦ ᖃᐅᔨᒪᔭᐅᔪᑦ ᐃᓕᖅᑯᓯᑐᖃᐃᓪᓗ ᐅᑎᖅᑎᑕᐅᕙᓪᓕᐊᕐᑯᓪᓗᑎᑦ ᐃᓄᐃᑦ ᕿᑐᕐᖓᒥᓂᖅ ᐱᕈᓴᐃᔾᔪᖅᑎᑦ, ᐃᑲᔫᑕᐅᓂᐊᖅᖢᑕ ᐊᑲᐅᓯᓴᕐᑯᓪᓗᑎᑦ ᐱᓕᒻᒪᕐᓴᖅᑕᐅᔪᑦ ᐃᓚᖏᓪᓗ ᐊᒻᒪ ᑐᑭᓯᔭᐅᕙᓪᓕᐊᑲᓐᓂᕐᓂᐊᖅᖢᑕ ᐃᒻᒪᑐᖅᑲᖅ ᐃᓚᒌᓐᓂᒃᑯᑦ ᐱᕈᓴᐃᔾᔪᑎᕙᓚᐅᕐᑕᕗᑦ ᐃᓚᒌᓚᒫᑎᒍᑦ ᐃᓄᖑᖅᓴᐃᓪᓗᑕ.

ᐱᖓᓲᔪᕐᑐᑦ ᐅᑉᐱᕆᔭᖏᑕ ᑐᙵᕕᖏᑦ ᐅᑯᐊ:

ᐱᐅᓯᑦᑖᖅᐸᓪᓕᐊᓂᖅ ᐃᓅᓯᖅᑲᕐᓯᐊᕐᓂᕐᒧᑦ | ᐱᔭᕐᖠᑎᑦ ᐱᔮᕐᐸᓪᓗᑎᑦ ᑲᔪᓯᓂᖅᑲᑦᑎᐊᕐᓂᐊᕐᖓᕕᑦ ᐃᓅᓯᕐᒥ..

ᐊᔪᕐᓇᖅᑐᒃᑯᕐᖁᓗᐊᕐᓗᓂ ᐊᕐᑮᒍᑎᒃᓴᓂᒃ ᐃᕐᑲᖅᓴᕈᓐᓇᕐᓂᖅ | ᐊᔪᕐᓇᑐᒃᑯᕐᓗᐊᕐᓗᓂ ᐋᖅᑮᒍᑎᒃᓴᒥᒃ ᐃᖅᑲᖅᓴᕈᓐᓇᕐᓂᖅ ᖃᓄᖅᑑᕈᑎᖕᓴᓂ.

ᐱᕐᓯᐊᕈᓐᓇᕐᓃᑦ ᓇᒡᓕᓂᕐᑲᕐᓂᖅ | ᓇᓪᓕᒍᓱᓐᓂᕐᑲᕐᓗᓂ ᐃᑉᐱᒍᓱᑦᑎᐊᕐᓂᒃᑯᑦ ᑲᒪᒋᔭᕆᐊᓕᒥᓐᖓ ᑲᔪᓯᔪᓐᓇᕐᓗᓂ ᓵᑕᖕᓴᐅᔪᓐᓇᕐᓗᓂᓗ.

ᓇᒡᓕᓂᕐᑲᓂᖅ ᐱᔾᔪᕐᓯᕈᓇᓂᖅ ᐊᒻᒪ ᖃᐅᔾᔮᖦᑎᐊᓂᖅ ᐃᓚᒌᖕᓂᕐᒥᒃ | ᓇᓪᓕᒍᓱᓐᓂᕐᑲᕐᓗᓂ, ᐱᔾᔪᑎᕐᓗᑎᑦ ᐊᓯᑎᑦ ᐊᒻᒪ ᐃᓅᕐᑲᑎᕐᑲᑦᑎᐊᕈᓐᓇᕐᓗᓂ.

ᖃᐅᔾᔮᒪᑭᐊᕐᑲᓂᖅ ᐃᓄᐃᑦ ᐊᕝᔾᔨᒌᖕᖏᓂᖕᖏᓐᓂᑦ | ᐃᓕᑕᕆᓗᒍ ᐊᔾᔨᒌᖕᖏᓐᖏᓂᖕᖏᑦ ᐃᓄᐃᑦ.

ᐊᓪᓗᕆᐊᓂᖅ ᐱᕚᓪᓕᕈᑎᓴᒧᑦ | ᐊᓪᓗᕆᐊᖕᖏᓐᓇᐅᔭᕐᓗᓂ ᐊᑲᐅᓯᕚᓪᓕᑎᕐᓯᓂᖕᒧᑦ.

ᐊᑐᖅᓯᒪᔭᕗᑦ ᐅᕙᙵᑦ: ᐃᓄᖑᐃᓂᐅᑉ ᑐᙵᕕᖏᑕ ᐅᕐᑲᓖᒐᕋᓚᖏᑦ, ᖃᐅᔨᒋᐊᕐᑏᑦ ᖃᐅᔨᓴᕐᕕᖓ, 2018

ᑐᙵᕕᖏᑦ ᐅᑉᐱᕆᔭᖏᑕ ᐊᖏᔪᖅᑳᖑᓗᓂ ᕿᑐᕐᖓᓕᕆᔾᔪᓯᓂᑦ ᐃᓕᓐᓂᐊᕐᓯᓈᑦ ᑲᑎᒪᓂᖓᑦ ᐊᑑᑎᕐᑲᕐᓂᐊᕐᑐᑦ ᐅᐱᓐᓇᕋᓂ ᐃᑲᔫᑕᐅᔪᓐᓇᕐᑐᑦ ᐃᓅᓯᑐᓄᑦ ᐊᒻᒪ ᐃᓅᓯᑐᓄᑦ ᐊᖑᑎᓄᑦ ᕿᑐᕐᖓᕐᑖᓛᕈᒪᔪᓄᑦ ᐊᒻᒪ ᕿᑐᕐᖓᕐᑖᕐᓂᐅᓴᔪᑦ ᐊᑖᑕᐅᔾᔪᓯᓂᑦ ᐃᓕᓐᓂᐊᕈᓇᕐᑯᓪᓗᑎᑦ. ᑐᙵᕕᕐᑲᓪᓚᓇᑦᑐᑦ ᐃᓄᐃᑦ ᐱᖅᑯᓯᑐᖃᓗᕐᑕ ᑐᙵᕕᖏᓐᓂᑦ ᐅᑉᐱᕆᔭᖏᓐᓂᑦ ᐊᒻᒪ ᐊᖏᓂᖅᓴᒧᑦ, ᐊᑑᑎᓕᐊᓘᒻᒪᑕ ᐅᕙᑦᑎᓐᓄᓕᒫᖅ ᐃᓅᓯᓕᒫᖅ ᐊᑲᐅᓯᓴᕐᓂᒃᑯᑦ ᒪᒥᓴᕐᓂᑎᓐᓄᑦ. ᐃᓄᖑᐃᓂᖅ ᐃᓕᓐᓂᐊᕈᑎᑦ ᑲᔪᖏᕐᑐᐃᕙᓪᓕᑕ ᐅᖅᑲᐅᓯᖅᑲᕐᓂᖕᒥᑦ ᐋᔾᔨᕈᑕᐅᓗᑎᑦ ᒪᒥᓴᕐᓗᑎᒡᓗ ᐃᓄᖕ ᓴᓐᖓᑎᓐᓂᐊᕐᖓᑦ ᓇᓗᖅᑯᑎᖕᖏᓂᖕᓴᐅᓗᓂ ᑲᒪᒋᔭᕆᐊᓕᒥᓐᖓ ᐊᒻᒪ ᐱᒻᒪᕆᐊᖑᓂᖓᓂᑦ ᐃᓄᖅᑭᑦᑐᓂᑦ

ᓇᑭᖕᒎᒪᖕᒎᑕ: ᓇᑭᖕᒎᒪᖕᒎᑕ: ᐱᖕᒐᓲᔪᖅᑐᑦ ᐃᓄᖕᖑᐃᓂᐅᑉ ᑐᖕᖓᕕᖕᒋ,
ᖃᐅᔨᒋᐊᕐᑏᑦ ᖃᐅᔨᓴᕐᕕᖕᒐ, 2022

ᐃᑲᔪᕐᑎᐅᕐᑲᑎᒌᑦᓯᐊᕐᓗᓂ ᐃᓚᒌᓐᓂᖕᒥᑦ. ᖃᐅᔨᒋᐊᕐᑏᑦ ᖃᐅᔨᓴᕐᕕᖕᒐᑦ ᐅᓂᒃᑳᕐᓯᒪᔪᑦ ᖃᓄᖅ ᏻᒃᑯᐊ ᐱᖕᒐᓲᔪᕐᑐᑦ ᐅᐸᐱᓇᔭᐅᔪᑦ ᑐᓐᖓᕕᖕᒋᑦ ᐃᓄᐃᑦ ᖃᐅᔨᒪᔭᑐᕐᑲᖕᒋᓐᓄᑦ ᐃᓚᒋᔭᐅᒪᓚ, ᖃᓄᖅ ᑐᑭᕐᑲᕐᒪᖕᒋᓚ ᕿᑐᙳᒐᕐᑲᕐᑐᓂ ᐱᕈᕐᐸᓪᓚᐊᓯᓐᓈᑦ ᐱᓚᒻᒪᐸᓪᓚᐊᒋᐊᓚᖕᒋᓐᓂᑦ ᐊᒻᒪ ᖃᓄᖅ ᕿᑐᙳᒐᓛᑦ ᐃᓄᓐᖑᓴᐃᑎᓪᓗᒋᑦ ᐃᓚᓴᐃᔪᓐᓇᕐᒪᖕᒋᕐᒥ ᐅᐸᐱᓇᔭᐅᔪᑦ ᑐᓐᖓᕕᖕᒋᓐᓂᑦ ᕿᑐᙳᒐᒥᓄᑦ.

ᐃᓚᒌᑦᓯᐊᕈᓲᑦ ᖃᓄᐃᓐᖏᑦᓯᐊᓂᖕᒍᑦ ᐃᓚᑕᐅᓂᑯᑦ ᐊᑲᐅᔪᒍᑦ ᐅᕐᑲᕐᑲᑎᒌᑦᑎᐊᕈᓯᓂᕐ, ᐃᓱᒪᒋᔪᓐᓇᐃᓂᖕᒥᑦ
ᐃᑲᔪᕐᑎᐅᕐᑲᑎᒌᓐᓂᖕᒍᑦᓗ.
ᓖᓴ ᖃᖅᑲᖅ, ᑲᓇᑕᒥ ᐃᓄᒃ ᐊᔪᕆᑦᑐᒥᓇᕐᑐᖅ

ᐃᓚᕚᒋᒃᑲᓐᓂᕈᓐᓇᕐᑕᑎᑦ – ᐃᑲᔫᑎᖓᑦ ᐱᔾᔪᑎᖕᒋᑦ ᐃᓚᓐᓂᐊᕐᓂᐊᕐᑕᖕᒋᑕᓗ ᑐᕌᖕᒋᑦ ᐱᓕᒻᒪᕆᕐᓂᖕᒋᓐᓂ

- ᐊᐃᑉᐹᓂ ᐃᓚᖕᒐᓂ ᓄᓇᕗᑦ [ᐃᓄᐃᑦ ᖃᐅᔨᒪᔭᑐᕐᑲᖕᒋᓐᓂᑦ ᐃᓚᓐᓂᐊᑭᑖᑦ](), ᐱᔭᕇᐊᕿᑦᑑᓗᓂ ᐊᐅᓚᔾᔪᓯᓄᑦ ᐃᓚᓕᐅᔾᔭᐅᕙᓪᓕᐊᔪᓐᓇᖕᒐᑕ ᐃᓄᐃᑦ ᖃᐅᔨᒪᔭᑐᕐᑲᖕᒋᑕ ᑐᓐᖓᕕᖕᒋᑦ ᑐᑭᑖᑭᑕᐅᔪᓐᓇᕐᑐᑎᓪᓗ.
- ᐃᓐᓇᑐᕐᑲᖅ [ᐃᓚᐃᔭ ᐃᖅᓃᑉ ᐃᓄᐃᑦ ᕿᑐᙳᒥᓂᖅ ᐱᕈᕐᓴᐃᔾᔪᓯᖕᒋᑦ](), ᐅᕐᑲᓕᒫᒐᓕᐊᒥᓂᖕᒋᓂ ᐃᖅᑲᐅᒪᕐᓯᓯᒪᔪᖅ ᐱᒃᑯᓯᒥᓂᖅ ᖃᓄᖅ ᐃᓄᐃᑦ ᐃᓚᓕᐅᔾᔭᕚᓪᓕᐊᔪᓐᓇᕐᒪᖕᒋᑕ ᐱᐅᓯᑐᕐᑲᖕᒋᓐᓂᑦ ᒫᓐᓇᒎᑦ ᓱᕈᓯᕐᓂᑦ ᐱᕈᕐᓴᐃᔾᔪᓯᓄᑦ, ᒪᓕᒐᓕᕆᓂᖕᒎᑦ ᐊᒻᒪ ᐃᑲᔪᕐᑎᐅᕐᑲᑎᒌᓐᓂᖕᒎᑦ ᓄᓇᕐᑎᓂ

ᖃᐅᔨᒪᔭᒋᐊᓚᒃ: ᑕᒪᒃᑭᕐᑐᓂᑦ ᓇᑭᖕᒑᕐᓂᑰᒻᒪᖕᒑᑕ ***ᓇᓗᓇᐃᕐᓯᒪᔪᑦ ᐃᓱᖕᒋᓐᓂ ᓂᕈᐊᕐᑕᐅᓯᒪᔪᑦ ᐃᓄᓐᓅᖕᒐᔪᑦ ᐃᑲᔫᑎᖓᑦ***

ᐋᖅᑭᑦᓱᐃᓂᖅ ᐃᓚᓐᓂᐊᕐᓯᓐᓈᑦ ᑲᑎᒪᔾᔪᑎᖓᓂᑦ ᓄᓇᕐᓯᓐᓂ ᐱᕐᑲᑕᐅᓂᐊᕐᑐᓂᑦᓗ

ᐱᓪᒪᕆᐅᔪᖅ ᐃᓱᒪᒃᑳᕆᐊᕐᑲᕐᑕᐃᑦ ᓄᓇᕐᑲᑎᓲ ᐅᐸᓗᖕᒐᐃᕐᓯᒪᒪᒐᓗᐊᕐᐹᑦ ᐃᓚᓐᓂᐊᕐᓯᓐᓈᑦ ᑲᑎᒪᓂᐅᓂᐊᕐᑐᒥᑦ. ᓄᓇᓖᑦ ᐅᐸᓗᖕᒐᐃᕐᓯᒪᒐᒐᔭᕐᑐᑦ ᓈᒪᔪᓂᑦ ᐃᑲᔪᕐᑎᕐᑲᕐᐸᑕ ᐊᒻᒪ ᐊᑲᐅᓯᓴᕿᑎᖓᑦ ᒪᒥᓴᐃᓐᓇᕿᑎᖓᑦ ᐊᑐᐃᓐᓇᐅᕙᑦ ᑕᐃᒪᓐᖓᑦ ᐅᕐᑲᕐᑎᕐᑲᕿᓇᕐᑯᓪᓗᑎᑦ ᐊᖕᒋᔪᕐᑳᖕᒍᓂᖕᒍᑦ ᐃᓚᓐᓂᐊᕐᑕᒥᓂᖅ ᐃᓅᓯᕐᒥ ᐱᓕᒻᒪᓴᕆᐊᕐᑲᕐᓂᐊᕐᑕᖕᒋᑦ ᐃᓄᐃᑦ ᐊᖕᒍᑏᑦ ᐃᓅᓯᑦᑐᓪᓗ. ᑐᑭᓯᓇᕐᓴᕐᒥᔪᖅ ᓄᓇᖅᑲᑎᑦ ᐅᐸᓗᖕᒐᐃᓯᒪᓕᕐᓂᖕᒋᓐᓂᑦ ᓂᓪᓕᐊᒍᑕᐅᔭᕆᐊᕐᑲᕐᓂᖕᒐᓂᑦ ᐱᓕᒻᒪᕆᐊᕐᑲᕐᓂᖅ. ᐃᓚᖕᒋᑦ ᓄᓇᓖᑦ ᐅᐸᓗᖕᒐᐃᓯᒪᓂᖕᓴᐅᔪᑦ ᐃᓚᖕᒋᓐᓂᑦ ᐊᑐᐃᓐᓇᕐᑲᓯᐊᑐᐊᕐᒥ ᐊᔪᕆᑦᑐᒥᓇᕐᑐᓂᑦ ᐱᒃᑯᓇᕐᑐᓂᑦ, ᐃᓐᓇᑐᕐᑲᕐᓂᑦ, ᐊᑲᐅᓯᓴᐃᔾᔪᕐᑲᓂᑦ, ᐃᓅᓯᓕᕆᔾᔪᓂᑦ ᐊᓯᖕᒋᓐᓂᓗ ᐋᖅᑭᑦᓱᐃᓚᒻᒪᑦᑐᓂᑦ ᐃᓂᓪᓚᖓᐃᔪᓐᓇᕐᑐᓂᓪᓗ ᐃᓚᓐᓂᐊᕿᑎᖓᓂᑦ ᑲᑎᒪᓯᓐᓈᑦ.

ᐅᑯᐊ ᐃᓚᖕᒋᑦ ᐃᓱᒪᒃᓴᖅᓯᐅᕿᑕᐅᒋᐊᓖᑦ ᐋᖅᑭᑦᓱᐃᕙᓪᓕᐊᓪᓗᓂ ᐊᖕᒋᔪᕐᑳᖕᒍᓗᓂ ᕿᑐᙳᓚᓐᓂᔾᔪᓯᓂᑦ ᐃᓚᓐᓂᐊᕐᓯᓐᓈᑦ ᑲᑎᒪᓂᐅᓂᐊᕐᑐᒥᑦ ᓄᓇᕐᓯᓐᓂ:

1. ᐸᕐᓇᕐᓯᒪᕐᓯᐊᓇᐊᕐᑲᕐᓂᖅ ᐃᓚᓐᓂᐊᕐᓯᓐᓈᑦ ᑲᑎᒪᓂᐅᒐᔭᕐᑐᒥᑦ ᐱᓪᒪᕆᐅᓂᕐᐹᖕᒍᕗᖅ ᐱᑦᑐᒋᑦ ᑲᑐᔾᔨᕐᑲᑎᒋᓂᐊᕐᑕᑎᑦ, ᑮᓇᐅᔭᑦ ᐊᑐᕿᒫᕐᓂᐊᕐᑐᑦ ᐋᖅᑭᑦᓯᕐᓯᒪᓂᖕᒋᑦ, ᐊᒻᒪ ᑮᓇᐅᔭᕐᑖᕐᕕᐅᓂᐊᕐᑐᑦ. ᐸᕐᓇᓐᓂᖅ ᐃᓚᓐᓂᐊᓚᕐᐸᑕ ᖃᓄᐃᓚᐅᕐᑎᓯᓂᐊᕐᒪᖕᒋᕐᒥ ᑐᑭᑖᑭᑕᐅᑲᐅᕐᑐᓲᖕᒍᒻᒪᑕ ᐃᓚᓐᓂᐊᕐᓂᐅᑉ ᐋᖅᑭᑦᓯᒪᓂᓇᓂᐊᕐᑕᖕᒋᑕ ᑐᓐᖓᕕᖕᒋᓐᓂᑦ, ᑐᕌᖕᒋᓐᓂᑦ ᐊᒻᒪ ᓴᖅᑭᑕᐅᔪᒪᔪᓂᑦ. ᐱᓪᒪᕆᐅᕗᖅ ᖃᓄᐃᓚᐅᕐᑎᓯᓚᑭᓯ ᑐᑭᑖᕐᑎᑕᐅᓯᒪᐸᑕ ᕿᑐᙳᓚᓐᓇᓂᖕᒍᑦ ᐊᒻᒪ ᐃᓅᓯᖕᒥ ᐱᓕᒻᒪᓯᒪᒋᐊᓖᑦ ᒥᑦᓴᓄᑦ ᐃᓚᒌᑦᓯᐊᕐᓂᐊᕐᓗᓂ. ᖃᓄᐃᓚᐅᕐᑎᓯᓂᓯ ᐱᓐᖑᐊᕐᓂᒃᑯᑦ ᐱᓕᒻᒪᖕᒋᕐᓃᓐᓃᑦ ᓇᓗᓇᐃᕐᓯᒍᑕᐅᓂᐊᕐᒥᓪᓚᑕ ᖃᓄᑎᒋ ᓱᕐᑭᓐᖑᔭᒃᑯᑦ ᐊᐅᓚᓂᐊᕐᒪᖕᒋᑦ ᐊᒻᒪ ᐃᑦᑐᒥᑦ, ᐃᑲᔪᕐᑎᖓᓂᑦ ᓱᓇᒃᑯᑎᖓᐃᑦᑐ ᐃᓚᓐᓂᐊᕿᑎᖓᓂᑦ ᐊᑐᐃᓐᓇᐅᕆᐊᕐᑲᕐᓂᐊᕐᑐᓂᑦ.

2. ᑐᓴᕋᓱᓂᑦ ᑎᑎᖅᑲᓂᑦ ᐊᑐᐃᓐᓇᐅᑎᑦᓯᓂᖅ ᐱᕆᐊᖕᖓᕐᓂᖓᓂ ᐃᓕᓐᓂᐊᕐᓂᐅᑉ ᖃᐅᔨᒪᕖᕐᓂᐊᖕᖓᑕ ᑭᓯᒥᖕ ᓂᕈᐅᕆᐊᖦᖢ ᐱᔭᕇᕐᓯᒪᓕᕈᑎᖕ. ᑲᑎᒪᔾᔪᑎᖦᖢᓂᑦ ᐋᖅᑭᑦᓱᐃᓯᒪᓗᑎᑦ ᐊᐅᓚᓂᕈᓂᐊᕐᑕᖕᖓᓂᓪᓘᓐᓃᑦ ᓇᓗᓐᖏᓂᖕᖢᓂᐊᖕᖓᑕ ᐱᓕᒻᒪᖦᖃᕐᑕᐅᔪᑦ ᐊᒻᒪ ᑭᓯᒥᖕ ᓂᕈᐅᑦᑐᖦᖢᒪᖕᖑᕐᒥ.

3. ᐊᔪᕈᕐᓯᐅᔾᔨᒍᑎᖦᖢᑦ ᐃᓕᓐᓂᐊᕐᓂᖕᖏᓐᓂ ᐅᖃᐅᓯᐅᓂᐊᕐᑐᓂᑦ, ᐱᓪᓕᕈᐊᓘᓂᐊᕐᑐᖅ ᐋᖅᑭᓱᐃᓯᒪᕗᖏᕐᓗᓂ ᐅᖃᐅᓯᐅᓂᐊᕐᑐᓂᑦ ᐊᒻᒪ ᐊᐱᖅᑯᑕᐅᖃᑦᑕᓂᐊᕐᑐᓂᑦ. ᑕᐃᒪᐃᓕᖕᖓᑉᐸᑕ ᐅᖃᐅᓯᐅᕆᐊᓕᓕᒫᑦ ᐱᔭᕇᔭᕐᑯᓪᓗᑎᑦ ᐊᒻᒪ ᐃᓚᒋᔭᐅᑦᑎᐊᓂᐊᖕᖓᑕ ᐃᓗᓐᓇᓯᐊᑎᑦ ᐱᓕᒻᒪᖦᖃᕐᑕᐅᔪᑦ ᓂᓪᓕᕈᓐᓇᖅᕙᖅᑐᐃᓇᐅᓗᑎᑦ.

4. ᐅᖃᓖᒐᓕᐊᖑᓯᒪᔪᑦ ᓇᓗᓇᐃᕐᓯᒪᓪᓚᑦᑖᖕᖓᑕ ᐃᑲᔫᑕᐅᔪᓐᓇᕐᑐᑦ ᐃᓄᓐᓄᑦ ᐊᖑᑎᓄᑦ ᐃᓅᓯᓕᕆᓃᓄᑦ ᐃᑲᔪᕐᑕᐅᔾᔪᑎᖦᖢᖕᖏᓐᓂ ᐋᖅᑭᓱᕐᑕᐅᓯᒪᐸᑉᐸᑕ ᐊᖑᑎᓅᖕᖓᓗᑎᑦ ᐊᑲᐅᓂᖦᖢᐅᒐᔭᕆᐊᖕᖓ ᐊᒻᒪ ᐊᖑᑎᓄᑦ ᐋᖅᑭᓱᕐᑕᐅᓗᑎᑦ. ᐃᓕᓐᓂᐊᕈᑏᑦ ᓄᓇᖕᖏᓐᓅᓐᖖᓚᕆᐊᓖᑦ ᐊᐅᓚᓂᖕᖓ ᒪᓕᑦᑐᒍ ᐊᒻᒪ ᓄᓇᓖᑦ ᐃᓱᒫᓗᑎᖕᖏᑦ ᐃᓱᒪᒃᓴᖅᓯᐅᕈᑕᐅᑦᑯᔭᖕᖏᑦᑐ ᑐᓐᖓᕕᐅᓗᑎᑦ.

5. ᐃᓱᒪᒃᓴᖅᓯᐅᕈᑕᐅᓗᑎᑦ ᖃᐃᖅᑯᖕᖓᑦ ᐅᖃᓕᒫᕐᑐᖁᔭᕐᑐᑦ ᖃᐅᔨᒪᔭᒥᓂᖕ ᐊᑐᖅᓯᒪᔭᒥᒍᑦᑐ ᐱᓕᒻᒪᑦᓯᒪᔭᖕᖏᓐᓂᑦ ᐅᓂᒃᑳᕈᓐᓇᕐᑯᑦᑐᕆᑦ.

6. ᐃᓱᒪᒃᓴᖅᓯᐅᕈᑕᐅᑐᓂ ᐃᓄᒻᒥᑦ ᐃᓐᓇᑐᖅᑲᕐᒥᑦ ᐱᖃᑕᐅᑎᑦᓯᓂᖕᖏᑦ. ᐱᓪᓕᕈᐊᓘᒻᒪᑕ ᐊᔪᕈᑦᑐᒥᓇᕐᑐᑎᑦ ᐃᓚᓴᐃᔾᔨᐅᑦᑐᑎᑦᑐ ᓯᕗᓕᑦᑎᓐᓅᓐᖖᓚᕐᑐᓂᑦ, ᐅᐸᑎᓭᑦᑎᓐᓂᑦ ᐱᓐᓇᑎᓭᑦᑎᓐᓂᑦ ᐱᐅᓯᑐᖅᑲᒃᑯᑦᑐ ᐱᓕᒻᒪᖠᕈᓯᓂᑦ. ᐃᒻᒪ ᐱᐅᓯᑐᖅᑲᒃᑯᑦ ᐅᑲᐅᓯᖠᐃᔾᔨᐅᔪᑦ, ᐃᓚᖕᖏᑦᑐ ᐃᓕᓐᓂᐊᕐᓯᒪᓪᓚᑦᑖᖅᑐᑦ ᐃᓕᓐᓂᐊᕐᓇᓚᕐ ᐃᓅᓯᓕᕆᓂᖕᖏᑦ. ᐃᓐᓇᑐᖅᑲᑦ ᐃᑲᔪᕈᓐᓇᖦᖢᑕ ᐃᓅᓯᑦᑐᓂᑦ ᐊᖑᑎᓂᑦ ᓄᑲᐱᐊᓂᑦᑐ ᒪᑐᐃᖅᑰᒥᑎᓯᓂᖕᖏᑦ, ᐱᔭᕈᐊᑐᔪᕐᔪᐊᓂᑦ ᓂᑦᑕᐊᒍᑎᖅᑲᕈᓐᓇᓯᒍᑎᑦᑐ ᐅᖃᐅᓯᕙᔪᒪᓐᖏᕐᑕᖕᖏᓐᓂᑦ ᐃᒻᒪᖅᑲᓗ ᐃᓅᓯᓕᕆᓃᒍᑦ ᐃᑲᔪᕐᑎᒍᑦᑐᓐᖓᓐᓂᑦ ᐊᐃᔪᓐᓇᕐᓯᔪᒪᓂᐸᖕᖓᑕ. ᐃᑦᑐᖕᖔᖕᖓᒍᑦᑐ ᐃᒻᒪᖅ ᐃᓄᒻᒥᑦ ᐃᓚᐅᑎᓯᓗᓂ ᐊᓯᕗᕐᑎᒥᑦ ᐅᕝᕙᓗᓐᓂᑦ ᓴᓇᒃᑲᒥᑦ ᐃᓄᐃᑦ ᐱᖁᑎᖏᓐᓂᑦ ᐃᓚᐅᑎᓯᓗᓂ.

7. ᐊᑐᐃᓐᓇᐅᑎᑦᓯᓂᖅ ᐃᓚᖅᑯᓯᑐᖅᑲᒃᑯᑦ ᑲᐸᐃᓐᓇᖕᖏᑦᑐᒥ ᐃᓂᖅᑲᓇᐊᕐᓂᖅ ᐱᓪᓕᕆᐅᓂᕐᐸᖕᖑᓂᐊᕐᑐᖅ. ᐃᓄᐃᑦ ᐊᖑᑏᑦ ᓄᑲᐱᐊᑦᑐ ᓂᑦᑕᐊᒍᓐᓇᕐᓂᐊᖕᖓᑕ ᖁᐊᖅᓴᕈᑎᕆᓯᒪᔭᖕᖏᓐᓂᑦ, ᓂᐅᖕᖓᐅᒪᔾᔪᑎᖕᖏᓐᓂᑦ ᐊᒻᒪ ᐊᓯᖕᖏᓐᓂᑦ ᐊᑲᐃᑦᑕᐅᕈᑎᒥᓂᖕ. ᓄᓇᒧᑦᑐ ᐊᐅᓚᖅᑲᕐᑕᐅᓯᒪᓗᑎᑦ ᐊᔾᔨᐅᖕᖏᑦᑐᒦᑦᑐᐊᕐᒥ ᑲᐸᐃᓐᓇᖕᖏᑦᑑᒃᑲᒥ, ᐃᓚᓴᕐᓇᖅᑐᒥ ᐊᒻᒪ ᓴᖕᖓᑎᕐᓇᑦᓚᓇᑦᑐᒥ ᐊᕙᑎᒥᓐᓇᖕᖓᑦ. ᖃᐅᔾᔭᐅᓯᒪᑦᑐᖅ ᐃᓄᒃᑎᑑᖅᑐᓂ ᐱᓪᓕᕆᐊᑦᑐᓂ ᐊᑦᓯᐊᓗᖕ ᒪᑐᐃᖕᖓᓇᖕᖑᑦ ᐃᐸᕆᔭᒥᖕ ᐅᖃᓕᒪᔪᓇᕐᓯᕙᑦᑐᑎᑦ.

8. ᐃᓱᒪᒃᓴᖅᓯᐅᕈᑎᕆᓗᕆᑦ ᐃᓕᓐᓂᐊᕐᑕᐅᓂᐊᕐᑐᑦ ᑐᕌᖅᑕᕐᓗᑎᑦ ᐃᓱᒪᖕ ᑎᒥᒥᑦᑐ. ᑎᒥᒃᑯᑦ ᐃᖅᑲᐃᓚᐃᔾᔪᑎᓂᑦ ᐊᒻᒪ ᓴᓇᑎᑕᐅᓂᒃᑯᑦ ᐊᕝᕙᒍᑦ ᐱᓪᓕᕆᐊᕐᑐᑦ ᑐᑭᓯᔪᓐᓇᕐᓯᕙᔭᖕᖓᑕ ᐊᑲᐅᔪᒍᑦ ᐃᓅᓯᖃᕈᓐᓇᕐᓂᖕᖏᑦ, ᓱᕐᓗ ᐅᐸᑦᑐᖕᖓᐃᔭᐅᑏᑦ ᓂᐅᖕᖓᑦᑕᐃᓚᓂᖕᖏᑦ ᐊᒻᒪ ᓇᑦᑐᖅᑯᑎᓐᖏᕆᓂᖦᖢᐅᓂᖕᖏᑦ ᒪᑭᑦᑐᓐᓇᕐᓯᑦᑐᑎᑦ. ᐊᑲᐅᔪᒥᑦ ᐆᑦᑐᕆᐅᑏᑦ ᐱᕕᖅᑲᖅᑎᓯᓂᐊᖕᖓᑕ ᐱᓪᓕᕆᐊᖅᑲᖅᑕᐅᔪᓂᑦ ᐃᓅᖅᑲᑎᖕᖏᓐᓄᑦ ᐃᓚᒋᔭᐅᔪᒪᔭᐅᓇᕐᓯᕙᑦᑐᑎᑦ ᐊᒻᒪ ᐅᖅᑲᖅᑎᖅᑲᓇᐅᖦᖢᓂᖕᖏᑦ ᐃᓅᖅᑲᑎᒥᑦ ᐊᒻᒪ ᑕᐱᓅᓐᓂᒃᑯᑦ ᐃᑲᔪᖅᑎᐅᖅᑲᑎᓖᓐᓂᖕᖏᑦ ᐃᓄᑑᔾᔨᑐᐊᕐᑕᐃᓚᓂᖕᖏᑦ ᐱᓪᓕᕆᐊᕐᑐᑎᑦ, ᖃᓄᐃᓕᖓᖕᖏᔾᔨᒥᔭᐅᓇᕐᓯᑦᑐᑎᑦ ᖃᓄᑐᐃᓐᓇᖅ, ᐅᐸᑦᑐᓴᒍᓐᓇᕐᓯᑦᑐᑎᑦ, ᑐᑭᓯᔭᐅᓇᕐᓯᑦᑐᑎᑦ ᐊᓯᒥᖕ ᓇᓪᓕᓂᒃᑯᑦ, ᐊᓯᒥᓂᓪᓗ ᐃᐸᒍᓯᑎᐊᕈᓐᓇᕐᓯᑦᑐᑎᑦ ᐃᖅᑲᓱᓐᓂᒃᑯᑦ.
(ᐃᑲᔪᖅᑎᐅᖅᑲᑎᓖᓐᓂᖅ ᐃᓅᓯᑦᑐᓄᑦ ᐱᓪᓕᕆᐅᑎ 2021)

9. ᐱᖅᑲᓯᐅᔾᔨᓯᒪᓗᑎᑦ/ᖃᓄᖅᑑᕐᓯᒪᔪᓂᑦ ᐅᐱᕆᔪᓐᓇᕐᓂᖕᖏᑦ ᐃᓅᓂᖕᖏᓂᖕ ᐊᒻᒪ ᐃᓄᑦᑎᑐᑦ ᐃᓚᖅᑯᓯᖅᑲᖅ. ᐅᐱᕆᓂᖅ ᐱᒃᑯᓯᑎᓂᒃᑯᑦ ᓯᐊᓪᓕᒪᖦᖢᖅᐃᑦᑐᓐᓇᖕᖑᑦ ᑲᔪᖅᑐᐃᔾᔪᑕᐅᑦᑐᓂᑦ ᖃᓄᐃᖕᖏᑦᓯᐊᖅᑐᓂ ᐃᓅᓯᖅᑲᐅᓇᕐᓂᖕᖏᑦ. ᓴᖅᑭᔾᔭᖅᑎᑦᓯᔪᓂ ᐊᑲᐅᓯᓴᐳᑕᐅᔪᓇᕐᑐᓂᑦ ᐱᒃᑯᓇᕐᓂᖕᖏᓐᓂᑦ ᐱᓪᓕᕆᐊᖅᑲᖅᑕᐅᔪᑦ. ᑲᔪᖕᖏᕐᑐᐃᑦᑐᓂ ᐃᓄᐃᑦ ᐃᓚᖅᑯᓯᖕᖏᑦ ᐊᑑᑎᖅᑲᑦᓚᓇᓪᓚᑕ ᐃᒻᒥᓂᖕ ᐸᖅᑭᑎᐊᓂᖕᖑᑦ ᓇᑦᑕᕆᓂᖕᖑᑦᑐ.*(ᐃᑲᔪᖅᑎᐅᖅᑲ-ᑎᓖᓐᓂᖅ ᐃᓅᓯᑦᑐᓄᑦ ᐱᓪᓕᕆᐅᑎ 2021*

10. ᐃᓱᒪᖅᓱᖅᓯᐅᕈᑎᒋᓗᒋ ᐱᐅᓯᑐᖃᒃᑯᑦ ᒪᒥᓴᕈᓯᓂᑦ. ᖃᐅᔨᒪᔭᐅᓕᖅᖢᑦ ᐊᒥᓱᑦ ᐃᓄᐃᑦ ᐊᖑᑏᑦ ᐅᓂᒃᑳᕈᒪᓂᖅᓴᕈᓃᖑᒪᓪᓚ ᐊᑐᖅᓯᒪᔭᒥᓂᖕ ᖃᐅᔨᒪᔭᒥᓂᓪᓗ ᖃᓄᐃᓕᐅᕐᑎᑕᐅᓕᕋᐃᒐᒥ ᐱᖅᑯᓯᒥᓂᖕ, ᐊᖑᑎᓄᑦ ᑲᒪᒋᔭᐅᒐᔪᑦᑐᓂᑦ. ᐃᓕᖅᑯᓯᑐᖃᒃᑯᑦ ᐱᓕᒻᒪᕆᓃᖅ ᓄᓇᒧᑦᑐ ᐊᐅᓪᓚᕐᓯᒪᓂᖅ ᕐᑯᕙᐊᕆᔭᐅᓛᖑᕚᓪᓚ ᐊᑲᐅᓯᓇᕐᑐᑎᓪᓗ, ᐊᒻᒪ ᐃᓅᓯᑦᑐᑦ ᐃᓚᐅᑎᑕᐅᓕᑐᐊᕋᒥ, ᑐᓐᖓᓱᑎᐊᓕᖅᑦᑕᕐᑐᑦ ᑲᑦᓱᖓᓂᕐᓴᐅᓪᓗᑎᑦ ᐊᑐᐃᓐᓇᖅᑎᑕᐅᓕᕋᐃᒐᒥ.

11. ᓄᓇᒥ ᐊᐅᓪᓚᕐᑎᑕᐅᓯᒪᓪᓗᑎᑦ ᖃᓄᐃᓕᐅᕐᑎᑕᐅᓂᖏᑦ ᐃᓕᑦᓴᐅᑎᑦᓯᓯᐊᓃᖑᒪᓪᓚ ᐃᓅᓯᑦᑐᓂᑦ ᓄᑲᐱᐊᓂᓪᓗ ᐊᒻᒪ ᐱᑦᑕᐅᑎᒋᓚᐅᓐᖏᒃᑲᓗᐊᕐᓗᑎᑦ ᐃᓅᓯᑦᑐᑦ ᐃᓕᑦᓴᐅᕙᒪᓕᖅᑦᑕᖅᖢᑕ. ᖃᐅᔾᕕᓪᓕᐊᔭᒥᓂᖕ ᐊᑐᕈᓐᓇᕐᑎᓯᓪᓗᑎᑦ. ᐃᓱᒪᖅᓱᖅᓯᐅᕈᑕᐅᓗᓂ ᓚᐃᓴᖕᓯᓕᓐᓂᑦ ᐊᐅᓪᓚᕈᔾᔫᔫᖃᕐᓗᑎᑦ ᐅᑯᐋᓐᓃᑦ ᐊᖑᓇᓱᑦᑎᓂᑦ ᐊᓯᕗᓕᒻᒪᑦᑐᓂᑦ ᖃᐅᔫᓴᕐᑎᖃᕐᓂᐊᕐᖓᑕ.

12. ᐃᓱᒪᖅᓱᖅᓯᐅᕈᑕᐅᓗᓂ ᑕᐃᒪᐃᓪᓗᐊᖃᑎᒥᓂᖕ ᐃᑲᔪᕐᑎᐅᖃᑎᒌᖃᐸᑕ ᑐᑭᓯᐅᒪᔪᓐᓇᕐᓂᐊᖅᖢᑕ ᐃᐱᒋᔭᖏᓐᓂᑦ ᐃᐱᒋᖃᑦᑕᐅᑎᓯᐊᕐᓗᑎᓪᓗ. ᑲᑎᙵᑎᓪᓗᒋᑦ, ᐱᓕᒻᒫᐅᑕᐅᔪᓐᓇᖅᖢᑦ ᐃᒻᒥᓂᖕ ᓂᓪᓕᐊᕙᓪᓕᐊᔪᓐ-ᓇᕐᓂᖏᑦ, ᓇᓗᖅᑯᑎᖏᓐᓂᖏᑦ, ᒪᑭᑎᐊᕈᓐᓇᓂᖏᑦ ᐊᒻᒪ ᐊᑲᐅᔪᒥᑦ ᐃᐱᓐᓂᐊᒍᓐᓇᕐᓯᓗᑎᑦ.

13. ᓄᓇᒥᓐᓂ ᓂᕿᖏᑦ ᐱᓪᓗᕈᓂᖅᐹᖑᖃᑕᐅᒪᓪᓚ ᐃᓕᖅᑯᓯᑐᖃᑎᒍᑦ. ᐃᓄᓐᓂ, ᓄᓇᓖᑦ ᐱᖃᓯᐅᔾᔨᓯᒪᒐᔪᑦᑐᑦ ᐃᓄᐃᑦ ᓂᕿᓐᖏᓂᑦ ᐊᒻᒪ ᐱᓪᓗᕈᔪᖅ ᐃᓕᑦᓴᐅᑎᓯᓯᐊᕈᑕᐅᓪᓗᑎᑦ ᐊᖑᑎᓂᑦ ᓄᑲᐱᐊᓂᓪᓗ.

14. ᐃᓱᒪᖅᓱᖅᓯᐅᕈᑎᒋᓗᒍ ᖃᕆᓴᐅᔭᒃᑯᑦ ᐃᓅᖃᑎᒌᓄᑦ ᐅᖃᖅᑎᒌᕝᕕᐅᕙᑦᑐᑦ, ᐊᔾᔨᓐᖑᐊᖅ ᐊᑭᓐᓇᖏᐅᖅ, ᐊᒻᒪ ᑐᓴᐅᒪᑎᓯᓗᑎᑦ ᓄᓇᓖᑦ ᓈᓚᐅᑎᖏᑎᒍᑦ ᑐᓴᐅᑎᒃᑯᑦ ᐊᒻᒪ ᐃᓕᓐᓂᐊᕐᕕᖏᑎᒍᑦ ᑐᓴᕐᑕᐅᑎᓕᕈᕕᒋᑦ ᖃᓄᐃᓕᐅᕐᑎᓯᓂᐅᓂᐊᕐᑐᑦ. ᐱᖃᓯᐅᑎᓗᒋᑦ ᑐᓴᕋᓴᑦ ᐃᓕᓐᓂᐊᕐᓂᐅᑉ ᒥᙵᓄᑦ, ᑮᒃᑯᑦ ᐱᖃᑕᐅᔪᓐᓇᕐᒪᖔᑕ ᐊᒻᒪ ᑐᓴᕋᓴᑦ ᖃᓄᖅ ᐊᓯᑎᑦ ᐃᑲᔫᕈᓐᓇᕐᒪᖔᑕ ᐸᕐᓇᓕᕈᓯ ᐅᐸᓗᖓᐃᓕᕐᐸᑕᓗ ᑲᑎᒪᓯᓐᓈᑦ ᐃᓕᓐᓂᐊᕈᑎᓴᑦ. ᐃᓚᖏᑦ ᐃᓄᐃᑦ ᐃᑲᔪᕐᑎᐅᖃᑎᒌᖏᑦ ᓇᓂᓯᓯᐊᖃᑦᑕᓕᓂᐅᔪᑦ ᐊᖑᑕᐅᖃᑎᒥᓂᖕ ᐃᒻᒥᓂᖕ ᐊᐱᖅᓱᑲᑕᑦᑐᑎᑦ ᐃᓕᑦᓴᐅᔪᒪᒐᔭᕐᑐᓂᑦ.

15. ᖃᐅᔨᒋᐊᕐᕕᒋᓗᒋᑦ ᓄᓇᖁᓐᓂ ᐋᓐᓂᐊᕐᑐᓕᕆᓂᖑᑦ ᑐᑭᒧᐊᕐᑎᖁᔨ ᖃᓄᖅ ᑮᓇᐅᔭᕐᑎᑕᐅᔪᓐᓇᕐᒪᖔᖁ ᑲᑎᒪᔪᒪᓂᖁᓐᓄᑦ. ᓄᓇᖁᓐᓂ ᖃᓄᐃᓐᖏᑦᓯᐊᕐᓂᖑᑦ ᐃᑲᔫᑏᑦ ᑮᓇᐅᔭᑦᑲᒃᑐᐃᓐᓇᕆᐊᖃᖅᖢᑕ, ᐅᑯᐊᓗᓐᓃᑦ ᑐᑭᒧᐊᕐᑎᖁᔾᔭ ᖃᐅᔨᒪᑐᐃᓐᓇᕆᐊᓕᒃ ᐊᓯᖏᓐᓂᑦ ᖃᐅᔨᒋᐊᕐᕕᖕᓂᑦ ᑮᓇᐅᔭᑦᑖᕕᖕᓂᑦ.

16. ᓂᕆᐅᓐᓂᐊᕐᐳᓯ ᐃᓚᖏᑦ ᐊᐳᕈᑕᐅᕐᑕᕐᓯᒪᔪᑦ ᐊᖏᓯᓐᓄᑦ ᓄᓇᖃᖅᑳᕐᓯᒪᔪᑦ ᐊᖑᑎᖏᓐᓄᑦ ᐃᑲᔫᑎᖕᓂᑦ ᕿᓂᕐᑎᒐᓗᒋᑦ – ᑮᓇᐅᔭᖃᕐᓯᐊᖏᓐᓂᖅ, ᐃᓂᖕᓴᕐᓯᐅᕐᓂᖅ ᐅᑯᐊᓗᓐᓃᑦ ᑲᑎᒼᕕᖕᒥᑦ ᐃᒡᓗᒥᑦ ᐊᒻᒪ ᐃᓕᑦᓴᐅᑎᓯᓂᖅ ᐃᑲᔪᕐᑎᖕᓂᑦ ᐱᓕᒻᒪᕐᓯᒪᔪᓂᑦ. ᓄᓇᒧᑦᑕ ᐊᐅᓪᓚᕐᓯᒪᓂᐊᕐᓗᓂ, ᓯᓚᕈᔪᒃ ᐱᔾᔪᑕᐅᔪᓐᓇᖅᖢᑦ ᐊᒻᒪ ᓴᓇᓂᐊᕈᑎᖕ ᐅᖓᓯᑦᑐᒥ ᑕᓖᕐᕕᖕᓂᑦ ᐊᑦᓯᕈᓐᓇᕐᓯᒍᓐᓇᖅᖢᑦ.

17. ᐊᑐᕈᒥᓇᕋᔭᕐᑐᑦ ᐊᑐᖅᑕᐅᖃᔪᑦᑐᑦ ᐃᓄᓐᓄᑦ ᐊᖑᑏᑦ ᐃᑲᔪᕐᑎᐅᖃᑎᒌᖏᓐᓄᑦ ᐃᓄᒃᑎᑑᕐᓗᑎᑦ, ᓄᓇᓖᑦ ᐊᖏᖅᓯᒪᐸᑕ, ᐊᑐᕐᓗᑎᑦ ᖃᕆᓴᐅᔭᒃᑯᑦ ᑐᓴᐅᑎᓂᑦ, ᐃᓚᓕᐅᑎᓗᒍ ᐃᓄᐃᑦ ᐃᓕᖅᑯᓯᖓ ᐊᒻᒪ ᒪᒥᓴᕈᓰᑦ ᐱᖃᓯᐅᑎᓗᒋᓪᓗ ᐃᓄᐃᑦ ᐃᖅᑲᓇᐃᔭᕐᑏᑦ ᐃᑲᔪᖅᑎᓴᐃᓪᓘᓐᓃᑦ.

18. ᐊᑐᕐᓗᑎᑦ ᓄᓇᓖᑦ ᐱᖅᑯᓯᖏᓐᓂᑦ ᐃᓕᓐᓂᐊᕐᓂᖏᑦ ᓱᓕᔪᓂᑦ ᐊᑐᖅᑕᐅᕐᑕᕐᓂᐅᔪᓂᑦ ᐃᑲᔫᑎᒃᑐᑎᑦ ᐊᒻᒪ ᓴᖅᑮᔭᕐᑎᓯᓂᖏᑦ ᐊᖑᑎᓂᑦ ᐊᕐᖕᓇᓂᓪᓗ ᐃᓚᐃᓐᓈᑦᑕᐃᓕᒍᓂᑦ ᐃᓕᓴᐃᓂᒃᑯᑦ ᐊᒻᒪ ᐃᓕᑦᓴᐅᑎᓯᓂᒃᑯᑦ ᐃᑲᔪᕐᑎᐅᖃᑎᒌᓄᑦ ᐃᓕᑦᓴᐅᔪᓂᑦ.

19. ᐃᓱᒪᖅᓴᖅᓯᐅᕈᑕᐅᓗᓂ ᐊᔪᕆᑦᑐᒥᓇᕐᑐᒥᑦ ᐱᒃᑯᓇᕐᑐᒥᑦ ᕿᓂᕐᓂᖅ ᓄᓇᖅᑲᑎᖏᓐᓂᑦ ᐅᓂᒃᑳᕈᓐᓇᕐᑐᓂᑦ ᐃᓚᒌᑦᓯᐊᕈᓰᑦ ᖃᓄᐃᓐᖏᑦᓯᐊᓂᖅ ᖃᓄᖅ ᑕᐅᑦᑐᖃᕐᒪᖔᑦ ᐊᖏᕐᕋᒥ, ᓄᓇᓕᓐᓂ, ᐊᐃᑉᐸᖃᕐᓂᒃᑯᓪᓗ ᐱᖃᓈᒥᑦ ᐊᖕᓇᒥᑦ ᐊᖑᒻᒥᓪᓗ, ᐊᐃᑉᐸᒥᓪᓘᓐᓃᑦ. ᐊᔪᕆᑦᑐᒥᓇᕐᑐᑦ ᐃᑲᔪᕈᓐᓇᖕᖓᑕ ᐃᓅᓯᑦᑐᓂᑦ ᓄᑲᑉᐱᐊᓂᓪᓗ ᖃᐅᔨᓂᐊᖕᖓᑕ ᐊᖑᑎᑦᑲᐅᕐᓂᖕᖓᓂᑦ ᐋᓐᓂᖅᑎᕆᓲᖑᖏᑦᑐᓂᑦ, ᐃᓚᕋᓐᓇᖏᒻᒪᑦ ᓂᓪᓚᐅᑎᖃᕐᓂᖅ ᐋᓐᓂᖅᑎᕆᑦᑕᐃᓕᒋᐊᖃᕐᓂᖏᒥᑦ ᐊᒻᒪ ᐊᖑᑎᒻᒪᕆᐅᔪᓐᓇᖕᖓᑕ ᐅᖃᕈᓇᕐᐸᑕ ᓂᖕᖓᑦᑕᐃᓕᓂᖏᒥᑦ ᐊᒻᒪ ᓈᒻᒪᙱᕈᓐᓇᕐᓯᓗᑎᑦ ᑐᑭᖓ ᐊᓯᔾᔨᑦᑕᐅᓚᐅᕐᐸᑦ ᐊᓯᔾᔨᕐᐸᓪᓚᐊᓚᐅᕐᐸᑕᓗ ᖃᓄᐃᓕᐅᕈᓯᖏᑦ ᐃᓄᐃᑦ ᐊᖑᑏᑦ ᐊᕐᖓᐃᓪᓗ. ᐃᑲᔪᕐᑎᕆᔪᒪᔪᓐᓇᕐᑕᑎᑦ ᐸᐅᒃᑑᑎᑦ ᐱᓕᒻᒪᒃᓴᕐᓂᖏᑦ ᐊᔪᕆᑦᑐᒥᓇᕐᑐᑦ ᐆᑦᑑᑎᖏᑦ. ᐃᓄᐃᑦ ᓴᖅᑮᓯᕐᑎᑦᓯᓪᓚᕆᐸᑦᑐᑦ ᐃᓅᓯᕐᑲᕐᒥ ᐃᓄᐃᑦ ᐅᐱᒍᓯᖏᑕ ᑐᓐᖓᕕᖏᓐᓂᑦ ᐊᑐᖅᑕᒥᒎᑦ ᐃᓚᒌᑦᓯᐊᕈᓰᑦ ᖃᓄᐃᓐᖏᑦᓯᐊᓂᖏᑦ, ᐊᖑᑎᓂᑦ ᐊᕐᖓᓂᓪᓗ ᐃᓚᐃᓐᓈᑦᑕᐃᓕᑉᓃᑦ ᐊᒻᒪ ᐃᓅᓯᕐᑲᕐᓂᖏᒥᑦ ᓂᖕᖓᐅᑎᕙᓐᖏᑦᑐᓂ.

ᐸᐅᒃᑑᑎᑦ ᐃᑭᐊᖅᑭᕙᒃᑯᑦ ᐱᑐᕝᕙᖕᖓ ᐅᕐᑲᓪᓖᒐᓯᑦᑕᖅᑲᐅᕐᑐᖅ ᐃᓪᓐᓂᐊᓱᓐᓈᑦ ᑲᑎᒪᓪᓗᓂ ᐊᑐᐊᒐᓯᓂᑦ ᐊᒻᒪ ᐆᑐᕈᒥᓇᕐᑐᓂᑦ ᖃᐅᔨᒋᐊᕝᕙᓯᑦ ᐃᓱᒪᖅᓴᖅᓯᐅᕈᑎᓯᓂᑦ ᐊᒻᒪ ᐋᖅᑭᑦᓱᐃᒍᑎᓯᓂᑦ ᐊᐅᓚᑦᑎᒍᑎᓯᓂᓪᓗ ᐃᓪᓐᓂᐊᕐᓱᓈᑦ ᑲᑎᒪᓂᐅᔪᓂᑦ. *ᐃᑲᔪᖅᑲᑎᒌᓂᖅ ᐱᓪᓕᒪᓯᐅᑎ* ᐊᑑᑎᖅᑲᓯᐊᕐᑐᑦ ᐊᑐᐊᕋᓯᑦ ᐋᖅᑭᓱᐃᓂᐊᕐᑐᓂ ᐃᓪᓐᓂᐊᕐᓱᓈᑦ ᑲᑎᒪᓂᐅᓂᐊᕐᑐᒥᑦ ᐃᓄᓐᓄᑦ ᓄᑲᑉᐱᐊᓄᑦ ᐃᓅᓯᑦᑐᓄᓪᓗ. ᐱᖃᓯᐅᔾᔨᓯᒪᔪᑦ ᑲᑎᒪᔾᔪᑎᓯᑦ ᐋᖅᑭᓯᒪᓂᖏᓐᓂᑦ, ᓇᓚᕌᖅᕝᕙᓯᓂᑦ ᓯᓚᒥ ᖃᓄᐃᓕᐅᕐᑎᑦᓯᓂᖏᑦ ᐊᒻᒪ ᐃᓄᐃᑦ ᐱᓐᖑᐊᕈᓯᖏᓐᓂᑦ ᐊᒻᒪ ᖃᐅᔾᔨᖅᑲᐅᑎᓕᕆᑦᑖᕐᑐᓄᑦ ᖃᓯᕗᐅᑎᓯᓂᑦ ᐱᒋᐊᕈᑕᐅᔪᒥᓇᕐᑐᑦ. ᐊᓯᖏᑦ ᐋᑐᑎᖅᑲᕈᓐᓇᕐᑐᑦ ᐸᐅᒃᑑᑎᑦ ᓄᓇᒥ *ᐃᓪᓐᓂᐊᕐᓱᓇᑦ ᑲᑎᒪᓂᖏᑦ ᐆᑦᑑᑏᑦ ᐃᓄᓐᓄᑦ ᐊᖕᓇᓄᑦ.* ᐋᖅᑭᓱᑦᑕᐅᓯᒪᓐᖏᒃᑲᓗᐊᕐᑐᑎᑦ ᐃᓄᓐᓄᑦ ᐊᖑᑎᓄᑦ ᓄᑲᑉᐱᐊᓄᑦ, ᐊᒥᓲᒻᒪᑕ ᐊᑐᕈᒥᓇᕐᑐᑦ ᐋᖅᑭᓱᐃᔾᔪᑎᓯᑦ ᑲᑎᒪᑎᓯᓂᐊᕐᓗᓂ. ᑕᒪᒃᑮᑦ ᑎᑎᖅᑲᖅᑕᖏᑦ ᖃᓪᓗᓈᑎᑑᖕᖓᓪᓗᑎᑦ ᐃᓄᑦᑎᑐᓪᓗ.

ᐸᐅᒃᑑᑎᑦ ᓄᓇᓕᓐᓄᑦ *ᐋᖅᑭᓱᑦᑕᐅᓯᒪᔪᑦ ᐅᐸᓗᖕᖓᐃᓯᒪᖅᑯᓪᓗᑎᑦ ᐆᑐᕋᐅᑏᑦ (CRM)* ᐊᑐᖅᑕᐅᕙᑦᑐᑦ ᐃᓄᐃᑦ ᓄᓇᖏᓐᓃᑦᑐᑦ ᑐᑭᓯᓂᐊᖕᖓᑕ ᐅᐸᓗᖕᖓᐃᓯᒪᓕᕐᒪᖔᕐᒥ ᓇᓗᓇᐃᑦᑕᐅᓯᒪᔪᓂᑦ ᐊᑲᐃᓪᓕᐅᕈᑎᓂᑦ ᖃᓄᖅᑑᕆᐊᖅᑲᓕᕐᒪᖔᕐᒥ. ᓴᖅᑭᑕᐅᓯᒪᔪᑦ ᐅᖃᐅᓯᖃᕐᓯᒪᔪᑦ HIV ᐊᓴᐱᑖᑦᑕᐃᓕᓂᖏᑦ ᐸᕐᓇᐅᑎᓂᑦ, ᑕᐃᒪᐃᓚᓗᐊᕐᑎᓪᓗᒍ ᖃᐅᔨᓴᕈᑎᑦ ᐊᐱᖅᑯᑎᖏᑦ ᐊᑐᕈᒥᓇᕐᑐᑦ ᐋᖅᑭᓱᐃᓂᐊᕐᑐᓄᑦ ᑲᑎᒪᓂᐅᓂᐊᕐᑐᒥᑦ ᐊᒻᒪ ᑐᑭᒧᐊᕐᑎᓯᒍᑕᐅᔪᓐᓇᕐᑐᑎᑦ ᓄᓇᓖᑦ ᓯᕗᓕᕐᑎᖏᓐᓄᑦ, ᖃᐅᔨᒪᔪᓄᑦ, ᐊᒻᒪ ᐃᑲᔫᑎᖕᖓᓂᑦ ᐊᓯᖏᓐᓂᑦ ᐅᖃᐅᓯᖅᑲᐸᓪᓚᐊᔪᒪᑉᐸᑕ ᓄᓇᓖᑦ. ᐋᑐᑎᖅᑲᕈᓐᓇᕐᒥᔪᑦ ᐸᐅᒃᑑᑎᑦ *ᐃᓅᓯᓐᓂ ᐊᖅᑯᓵᖅᑕᕋ – ᐊᖅᑯᑎᓐᓂ: ᑳᓐᓯᒧᑦ ᐋᓐᓂᐊᓖᑦ ᐃᑲᔪᕐᑎᐅᖅᑲᑎᒋᖏᑦ ᐃᓄᓐᓄᑦ ᒪᒥᓴᕐᓂᖏᓐᓂ.* ᓇᐃᓈᕐᓯᒪᔪᑦ ᐃᑲᔫᑎᖕᖓᑦ ᐊᑐᐊᕆᖕᖓᑦᑕᖅᑲᕐᑐᑦ (ᐱᖃᓯᐅᑎᓪᓗᑎᑦ ᐃᓄᐃᑦ ᖃᐅᔨᒪᑐᖅᑲᖏᑦᑕ ᑐᓐᖓᕕᖏᑦ), ᐱᔭᕆᐊᑭᑦᑐᑎᑦ ᐊᒻᒪ ᐊᐱᖅᑯᑏᑦ ᐃᑲᔫᑕᐅᔪᓐᓇᕐᓯᐊᕐᑐᑦ ᓇᓪᓚᐊᓄᑐᐃᓐᓇᖅ ᒪᒥᓴᕈᒪᔪᑦ ᐃᑲᔪᕐᑎᐅᖅᑲᑎᒋᖏᓐᓄ.

ᐃᓚᒋᓪᓗᓂᐅᖕ ᐸᐅᒃᑑᑎᑦ ᐱᒋᐊᕐᑎᓯᒪᔭᖏᑦᑕ ᐃᓚᒋᔭᐅᑎᖅᑲᓂᖅ ᐃᓄᓐᓂᑦ ᐊᖑᑎᓂᑦ ᓄᑲᑉᐱᐊᓂᓪᓗ ᐊᑦᓯᔾᔩᒥᐅᓕᖅᑯᓪᓗᒍ ᐊᖑᑎᓂᑦ ᐊᕐᓇᓂᓪᓗ ᓂᖕᖓᕐᑲᑦᑕᕐᓂᖅ, ᐊᐃᑉᐸᖏᑦ ᐃᓐᓂᐊᕈᑏᑦ ᐱᓕᒻᒪᒃᓴᕐᓂᖅ ᐱᓕᒻᒪᓴᐅᑎ ᐱᖅᑯᓯᐅᔾᔨᓯᒪᔪᑦ ᑲᓇᑕᒥ ᐃᓄᓐᓂᑦ ᐊᔪᕆᑦᑐᒥᓇᕐᑐᓂᑦ ᓴᖅᑮᓯᕐᑎᓯ-ᒍᑎᒋᕙᑦᑕᕗᑦ. ᖃᕆᓴᐅᔭᒃᑯᑦ ᐱᑐᕝᕙᖕᖓ ᐃᑭᐊᖅᑭᕙᒃᑯᑦ ᐱᑐᕝᕙᒃ ᖃᐅᔨᒋᐊᕝᕙᑕᓚᒃ ᐅᕐᑲᓪᓖᒐᓯᑦᑕᓂᑦ ᐱᖓᓲᔪᑦᑐᑦ ᐊᑕᐅᓯᕐᒧ ᐊᔪᕆᑦᑐᒥᓇᕐᑐᑦ ᐅᓂᒃᑳᖏᓐᓂᑦ ᐊᒻᒪ ᑕᕐᕆᔫᓯᓂᑦ ᐅᓂᒃᑲᑎᓪᓗᑎᑦ ᐃᓱᒪᒋᔭᖏᓐᓂᑦ ᐃᓚᒌᑦᓯᐊᕈᓯᓂᑦ ᖃᓄᐃᓐᖏᑦᓯᐊᓂᖏᑦ ᐊᖏᕐᕋᒥ, ᓄᓇᖅᑲᑎᒌᓂ ᐃᓚᒌᓪᓗᓂᓗ. ᑖᒃᑯᐊ ᐅᓂᒃᑳᖏᑦ ᐃᓱᒪᖅᓴᖅᓯᐅᕈᑎᓯᐊᕙᓐᓂᑦ ᐅᖃᐅᓯᖅᓯᒪᒻᒪᑕ ᐃᓕᓐᓂᐊᕐᓱᓈᑦ ᑲᑎᒪᔪᓂ ᐃᓕᓐᓂᐊᕈᑕᐅᔪᒥᓇᕐᑐᓂᑦ ᐊᒻᒪ ᑐᐃᓐᓇᐅᓪᓗᑎᑦ ᖃᓪᓗᓈᑎᑐᑦ ᐃᓄᑦᑎᑐᓪᓗ.

ᐱᓐᖑᑎᓯᓂᖅ ᑲᐱᐊᓇᓐᖏᑦᑐᒥ ᓴᐃᓕᕕᖕᓯᒥᑦ

ᐱᔭᕆᐊᑐᓲᖑᒻᒪᓂᓛᖅ ᐃᓚᒋᔭᐅᑎᓯᓂᖅ ᐃᓅᓯᑦᑐᓂᑦ ᐃᓄᓐᓂᑦ ᐊᖑᑎᓂᑦ ᓄᑲᐱᐊᓂᓪᓗ ᐅᖃᖅᑎᖅᑕᑎᐊᕋᓱᓐᓂᖏᑦ ᑐᑭᓕᒥᑦ ᖃᓄᖅ ᐅᓂᒃᑳᓯᖅᑭᓇᕐᒪᖔᑕ ᐊᖕᓇᐅᓂᖑᑦ ᐊᖑᑕᐅᓂᕐᒧᑦᓘᓐᓃᑦ ᐱᔾᔪᑎᓚᓐᓂᑦ, ᓂᙱᐅᒪᓂᖏᓂᖓ, ᑲᐱᐊᒋᔭᖏᓐᓂᑦ ᐃᓱᒪᒋᔭᖏᓐᓂᓪᓘᓐᓃᑦ ᐃᐸᓐᓂᐊᔭᒥᓂᖓ. ᐊᑐᐃᓐᓇᐅᑎᓯᓂᖅ ᐃᓚᖕᑯᓯᖅᑎᒍᑦ ᐃᓪᓗᑎᒍᓪᓗ ᑲᐱᐊᓇᓐᖏᑦᑐᒥ ᐃᓂᖕᓴᖅᓯᐊᓂᖏᑦ ᑕᒪᒃᑯᓂᖓ ᐅᖃᓚᒪᕕᓴᐅᕙᔭᕐᑐᓂᑦ ᐱᒻᒪᕆᐊᓘᓂᐊᕐᑐᖅ. ᑲᐱᐊᓇᓐᖏᑦᑐᖅ, ᐃᓚᓴᕐᓇᕐᑐᒥ, ᓴᓐᖓᑎᕆᕕᐅᔪᓐᓇᕐᑐᒥᑦ ᐊᒻᒪ ᐃᖅᑲᖅᑐᖅᑕᐅᖏᓪᓗᑎᑦ ᐃᓂᖕᓯᐊᕙᒻᒥᑦ ᐃᓚᓕᐅᕈᓯᒪᓗᑎᑦ ᐃᓄᐃᑦ ᐃᓕᖅᑯᓯᖏᓐᓂᑦ ᒪᒥᓴᕈᓯᖏᓐᓂᓪᓗ ᐊᑲᐅᓯᓴᕐᓂᒃᑯᑦ ᐃᑲᔪᕐᓂᖅᑲᕈᓇᖅᓕᑦ ᐱᓕᒻᒪᖕᓴᖅᑕᐅᔪᓄᑦ ᓇᓗᖅᑯᑎᒍᓐᓃᖅᔫᒥᖅᑯᓪᓗᒋᑦ ᐃᓕᕋᓱᖏᓪᓗᑎᑦ ᓂᓪᓕᐊᔪᓇᖅᓯᓂᐊᖕᒐᑕ. ᓄᓇᒧᑦ ᐊᐅᓪᓚᕐᓯᒪᓂᖅ, ᐃᓄᐃᑦ ᓂᕿᖏᑦ, ᐊᒻᒪ ᐃᓄᒃᑎᑑᕐᓂᖅ ᐊᑦᓯᐊᓗᖕ ᐃᑲᔪᕐᓂᖅᑰᖑᒪᑦ ᑲᐱᐊᓇᓐᖏᑦᑐᒥ ᐃᓂᖅᑭᐊᕐᑐᓂ ᓯᓚᑖᓂ ᐃᓚᓐᓂᐊᕐᕕᐅᐸ, ᐃᖅᑲᓇᐃᔭᕐᕕᐅᐸ, ᐅᕙᓗᓐᓃᑦ ᐃᓚᕆᑎᒍᑦ ᐊᑲᐃᓪᓕᐅᕈᑎᓂᑦ ᕿᒪᐃᓯᒪᑲᐃᓐᓇᕈᓇᕕᒻᒥ. ᑲᐱᐊᓇᓐᖏᑦᑐᒥ ᐃᓂᖅᑭᐊᕐᓂᖅ ᐃᑲᔪᕐᓂᖅᑲᓪᓚᕆᒻᒪᑦ ᐃᓄᖅ ᐃᒻᒥᓂᖅ ᑐᑭᓯᕚᓪᓕᕈᓐᓇᕐᒪᖔᑦ ᓴᓐᖏᓂᕐᒥᓂᖅ.

ᐊᓯᖏᑦ ᐃᓗᓕᖅᑲᐅᕐᑐᑦ ᑲᐱᐊᓇᓐᖏᑦᑐᒥ ᐃᓂᖅᑭᐊᕐᓂᖅ ᐃᒪᐃᓕᖓᖃᔪᓂᑦ:

- ᐃᓘᓇᓯᐊᑎᑦ ᑐᓐᖓᓱᑎᑕᐅᓂᖏᓐᓂᖅ ᖃᐅᔨᒪᑎᑕᐅᓗᑎᑦ ᐊᔾᔨᐅᖏᒃᑲᓗᐊᕐᐸᑕ ᐊᓄᕌᕐᓯᒪᒍᓯᖏᑦ ᐅᕝᕙᓘᓐᓃᑦ ᐊᖕᓇᓂᕋᕋᓗᐊᕐᐸᑦ ᐊᖑᑕᐅᓂᕋᕋᓗᐊᕐᐸᓘᓐᓃᑦ.
- ᐃᓚᓐᓂᐊᕐᓯᓐᓈᑦ ᑲᑎᒪᓂᖅ ᐃᓄᒻᒧᑦ ᑐᑭᒨᐊᕐᑎᓯᔨᖅᑲᕐᐸᑦ ᐱᔾᔪᑎᖏᑦ ᐃᓚᓐᓂᐊᕐᓂᐊᕐᑕᖏᑕᓗ ᑐᕌᖓᖏᑦ ᐱᓕᒻᒪᖕᓯᓂᖏᓐᓂ ᐃᓚᓕᐅᔾᔨᓯᐊᕐᓯᒪᔪᓇᕐᑐᒥᑦ ᑐᓐᖓᓇᕐᔭᕐᑐᖅ.
- ᐊᑐᐃᓐᓇᐅᑎᓯᓂᖅ ᑐᓴᕐᖓᓂᑦ ᐅᖃᓕᒫᒐᖕᖓᓂᑦ ᐱᕆᐊᓐᖓᕐᓂᖓᓂ ᐃᓕᓐᓂᐊᕐᓂᖅ ᑲᐱᐊᓱᓐᖏᔾᔪᒥᓂᐊᖕᖓᑕ ᖃᓄᐃᓕᐅᕐᓂᐊᕐᒪᖔᕐᒥ.
- ᐃᐱᕆᑦᑎᐊᕐᓗᒍ ᑲᙳᓇᕐᓂᖓᓄᑦ ᑐᓴᕐᑕᐅᕆᐊᖅᑲᓐᖏᑦᑐᑦ ᐊᒻᒪ ᑕᑯᔭᐅᕆᐊᑐᓐᖏᑦᑐᑦ ᑲᙳᓇᕐᓂᖏᓐᓄᑦ.
- ᐅᖅᑲᖅᑎᕉᑦᑐᓇᕐᓗᑎᑦ ᐊᒻᒪᓗᕐᓯᓯᒪᓗᑎᑦ ᐊᒻᒪ ᐃᓕᖅᑯᓯᖅᑲᑎᒥᓂᖅ ᐱᓐᖑᐊᖅᑲᑎᖅᑲᕐᓗᑎᑦ ᐃᓕᕋᓇᓐᖏᓪᓗᓂ ᑲᐱᐊᓇᔾᔨᖕᒪᑦ.
- ᐊᑐᕐᓗᓂ ᐃᓄᐃᑦ ᓴᓇᐅᓕᖕᖏᓐᓂᑦ ᐊᒻᒪ ᐊᔾᔨᓐᖑᐊᓂᑦ ᐊᑭᓐᓇᕐᒥᐅᓂᑦ, ᓱᑲᐅᔭᓐᖑᐊᑦ ᓴᐃᒻᒪᑎᖏᓐᓂᑦ ᐅᕝᕙᓘᓐᓃᑦ ᐊᓯᖏᓐᓂᑦ ᕿᒥᕐᕈᐊᕋᖕᓂᑦ ᐃᓕᖅᑯᓯᕐᑎᒍᑦ ᐃᑦᑐᖓᓗ ᐃᓕᕋᓇᓐᖏᒪᑦ ᑲᐱᐊᓇᕋᓂ ᐃᓚᓕᐅᔾᔨᓯᐊᕐᑐᓂᓗ.
- ᐱᓐᖑᕐᑎᓯᓂᖅ ᑲᐱᐊᓇᓐᖏᑦᑐᒥ ᐃᓂᖅᑭᐊᕐᓂᖏᒥᑦ ᖃᓄᑐᐃᓈᓐᖓᔪᓇᕐᖓᑕ ᐃᓚᑕᓇᔭᐅᓯᒪᔪᒥ ᐃᓚᑕᓇᔭᐅᓯᒪᓐᖏᑦᑐᒥᓗ, ᖃᓇᓴᐅᔭᒃᑯᑦ ᐅᕝᕙᓘᓐᓃᑦ ᓈᓐᖓᓪᓘᑎᓗᑎᑦ ᐃᓚᓐᓂᐊᕐᕕᖕᓴᒥᑦ.

ᐱᔾᔪᑎᖏᑦ ᐃᓚᓐᓂᐊᕐᓂᐊᕐᑕᖏᑕᓗ ᑐᕌᖓᖏᑦ ᐱᓕᒻᒪᖕᓯᓂᖏᓐᓂ ᐊᔾᔨᖕᖏᑦᑐᓂᑦ ᑐᓴᐅᒪᔾᔪᑎᓂᑦ ᐊᑐᕈᓇᕐᑐᑦ ᐃᓕᕋᓇᓐᖏᓂᐊᕐᖔᖏᒪᑕ ᑲᐱᐊᓇᓐᖏᑦᑐᒥ ᐃᓂᖅᑭᐊᕐᓗᑎᑦ. ᐸᐅᒃᑑᑎᑦ ᐊᒻᒪ ᑐᓐᖓᓱᑦᑎᕙᖕᖓᑦ ᐃᓄᐃᑦ ᐊᑐᐃᓐᓇᖅᑲᐅᕐᑐᑦ ᐅᖅᑲᓕᒫᓕᕋᓛᓂᑦ ᖃᓄᐃᓕᐅᖅᑕᕈᓇᕐᒪᖔᑕ ᐃᓕᕋᓇᓐᖏᑦᑐᒥ ᓴᓇᓂᖏᑦ ᐅᖅᑲᖅᑎᖅᑲᓂᖏᓪᓗ ᑲᐱᐊᓇᓐᖏᑦᑐᒥ ᐃᓂᖅᑭᐊᕐᑐᓂ.

ᐃᖅᑲᐅᒪᔭᐅᕆᐊᓖᑦ, ᒪᑯᐊ:

- ᐅᖅᑲᐅᓯᕐᓂᑦ ᐃᓚᓕᐅᔾᔨᓯᒪᔨᐊᕐᑐᓂᑦ ᐅᖅᑲᐅᓯᖅᑲᕐᓗᑎᑦ ᓰᕐᓗ "ᐊᐃᑉᐸᖅ" ᐅᕝᕙᓘᓐᓃᑦ "ᐊᐃᑉᐸᓪᓗᐊᖅ" ᐊᑐᖅᑕᐅᖏᓐᖔᕐᓗᑎᑦ "ᐱᕐᑲᓈᖅ ᐊᖑᑦ/ᐊᕐᓇᓘᓐᓃᑦ" ᐅᕝᕙᓘᓐᓃᑦ "ᐅᐃᒃ/ᓄᓕᐊᖅ/ᑲᑎᑎᑕᐅᓯᒪᖅᑲᑎᒐ".
- ᐅᔾᔨᕐᑐᕐᓯᐊᕐᑲᑦᑕᕐᓗᓯ ᐅᖅᑲᓐᖏᒃᑲᓗᐊᕐᑐᓂ ᑎᒥᒃᑯᑦ ᐊᐅᓚᓂᐅᔪᓂᑦ ᖃᐅᔾᔮᒃᖃᕐᓇᔾᔪᑎᓂᑦ.
- ᓈᓚᑦᑎᐊᕐᑲᑦᑕᕐᓗᑎᑦ ᐅᔾᔨᕐᓇᓪᓚᓇᓪᓗᓂ ᓈᓚᑦᑎᐊᕋᕕᑦ ᐅᖅᑲᐅᓯᓇᕐᑖᑦᑕᖏᓐᓂᓪᓗ ᓂᓪᓕᐅᑎᖅᑲᕐᐸᓪᓗᑎᑦ.
- ᐃᑉᐱᒍᓱᑦᑎᐊᕐᓗᑎᑦ ᐃᖅᑲᓱᓐᓂᒃᑯᑦ.
- ᐅᔾᔨᕆᐊᕐᓗᓯ ᐱᐅᓯᑐᖅᑲᒃᑯᑦ ᐊᒻᒪ ᐊᓪᒍᕐᓯᒪᔪᑎᒍᑦ ᐅᖅᑲᐅᓯᖏᑎᒍᑦ ᐱᖅᑯᓯᖏᓐᓂᑦ.
- ᕆᐅᑦᑐᖅᑲᑦᑕᕐᓗᑎᑦ ᑐᓴᖅᓴᓂᑦ ᐅᓂᒃᑳᖅᑲᓕᖅᐃᒍᕕᑦ ᐱᓕᒻᒪᖅᑲᑕᐅᔪᑦ ᑐᑭᓯᓂᐊᖕᖓᑕ ᐅᖅᑲᐅᓯᐅᖅᑳᖅᑐᒥᑦ.

ᐃᓱᒪᖅᓴᖅᓯᐅᕈᑎᖃᑦ ᐃᓄᐃᑦ ᐃᑲᔫᑎᒋᓲᖕᒋᑦ ᐋᖅᑭᑦᓱᐃᓂᐊᕐᓗᓂ ᐃᓕᓐᓂᐊᕐᓯᓐᓈᑦ ᑲᑎᒪᓂᖕᒥᑦ

- *ᓄᓇᓖᑦ ᐅᓂᒃᑳᖕᒋᑦ: ᐃᓕᓐᓂᐊᕐᓯᓐᓇᑦ ᑲᑎᒪᓂᖕᒍᑦ ᐆᑦᑑᑏᑦ* (2013). ᐸᐅᒃᑑᑎᑦ ᐃᓄᐃᑦ ᐊᕐᓇᐃᑦ ᑲᓇᑕᒥ.
- *ᓄᓇᓕᓐᓄᑦ ᐋᖅᑭᑦᓱᕐᑕᐅᓯᒪᔪᑦ ᐅᐸᓗᖓᐃᕐᓯᒪᕐᑯᓪᓗᒋᑦ ᐆᑦᑐᕋᐅᑏᑦ (CRM)* (2019). ᐸᐅᒃᑑᑎᑦ ᐃᓄᐃᑦ ᐊᕐᓇᐃᑦ ᑲᓇᑕᒥ (ᑲᑐᔾᔨᕐᑲᑎᒋᓪᓗᒋᑦ ᑎᐅᓪHᐊᐅᓯ ᓯᓚᑦᑐᖅᓴᕐᕕᔾᔪᐊᖓᑦ).
- *ᐃᓄᐃᑦ ᐃᓐᓇᑐᕐᑲᑦ ᐃᓅᓯᑦᑐᓪᓗ ᑲᑎᒪᑎᑕᐅᓂᖏᓄᑦ ᐆᑦᑐᕋᐅᑏᑦ* (2011). ᐸᐅᒃᑑᑎᑦ ᐃᓄᐃᑦ ᐊᕐᓇᐃᑦ ᑲᓇᑕᒥ.
- *ᐱᓐᖑᑎᓯᓂᖅ ᐃᓕᖅᑯᓯᑐᕐᑲᕐᑎᒍᑦ ᑲᑉᐱᐊᓇᓐᖏᑦᑐᒥ ᐃᓂᕐᑲᓯᐊᕐᓂᖕᒥᑦ ᐊᒻᒪ ᑲᒪᒋᔭᐅᓯᐊᕐᓂᖏᓐᓄᑦ ᐃᓄᐃᑦ ᐊᕐᖓᐃᑦ ᐃᓚᖏᓪᓗ: ᐃᑲᔫᑎᖃᑦ ᐊᑐᐊᒐᖏᑦ ᐱᔨᑦᓯᕐᑎᐅᕙᑦᑐᓄᑦ (2019)*. ᐸᐅᒃᑑᑎᑦ ᐃᓄᐃᑦ ᐊᕐᓇᐃᑦ ᑲᓇᑕᒥ.
- *ᐃᑲᔪᕐᑲᑎᒌᓐᓂᖅ: ᐃᓄᐃᑦ ᐃᓄᓯᑦᑐᑦ ᐊᖅᑯᑎᒋᔪᓐᓇᕐᑕᖏᑦ ᓂᖓᑦᑕᐃᓕᓂᖕᒍᑦ* (2021). [ᐃᓅᓯᑦᑐᑦ ᑲᑎᓐᖓᔪᓂ ᐊᑐᐊᒐᕐ], ᐸᐅᒃᑑᑎᑦ ᐃᓄᐃᑦ ᐊᕐᓇᐃᑦ ᑲᓇᑕᒥ.
- *ᐃᓅᓯᓐᓂ ᐊᖅᑯᓵᖅᑕᕋ – ᐊᖅᑯᑎᓐᓂ: ᑳᓐᓯᒎᑦ ᐋᓐᓂᐊᓖᑦ ᐃᑲᔪᕐᑎᐅᕐᑲᑎᓯᖕᒋᑦ ᐃᓄᓐᓄᑦ ᒪᒥᓴᕐᓂᖕᒋᓐᓂ* (2019). ᐸᐅᒃᑑᑎᑦ ᐃᓄᐃᑦ ᐊᕐᓇᐃᑦ ᑲᓇᑕᒥ.
- *ᓄᓇᒍᑦ ᐊᐅᓪᓚᕐᓯᒪᓗᓂ ᐃᓕᓐᓂᐊᕐᓯᓐᓇᑦ ᑲᑎᒪᓂᖕᒍᑦ ᐆᑦᑑᑏᑦ ᐃᓄᓐᓄᑦ ᐊᕐᖓᓄᑦ* (2011). ᐸᐅᒃᑑᑎᑦ ᐃᓄᐃᑦ ᐊᕐᓇᐃᑦ ᑲᓇᑕᒥ.
- *ᐱᓕᒻᒪᒃᓴᕐᓂᖅ – ᐃᓚᒋᔾᔭᐅᑎᓯᓂᖅ ᐊᖑᑎᓂᑦ ᓄᑲᑉᐱᐊᓂᓪᓗ ᓂᖓᕐᑕᐅᕐᑲᑦᑕᕐᑯᒍᓐᓃᕐᑐᒋᑦ ᐊᕐᖓᐃᑦ ᓂᕝᕕᐊᖅᓯᐊᓪᓗ: ᐃᓕᓐᓂᐊᕈᑏᑦ 1* (2015). ᐸᐅᒃᑑᑎᑦ ᐃᓄᐃᑦ ᐊᕐᓇᐃᑦ ᑲᓇᑕᒥ.
- *ᐱᓕᒻᒪᒃᓴᕐᓂᖕᒍᑦ ᐊᔪᙳᑦᑐᒥᓇᕐᑐᓂᑦ ᓴᖅᑮᔾᔪᕐᑎᓯᓂᖕᒥᑦ ᐆᑦᑑᑏᑦ* (2020). ᐸᐅᒃᑑᑎᑦ ᐃᓄᐃᑦ ᐊᕐᓇᐃᑦ ᑲᓇᑕᒥ.
- *ᐱᓕᒻᒪᒃᓴᕐᓂᖅ: ᐃᓚᒋᔾᔭᐅᑎᓯᓂᖅ ᐊᖏᑎᓂᑦ ᓄᑲᑉᐱᐊᓂᓪᓗ ᓂᖓᖅᑕᐃᓕᓂᖕᒍᑦ ᐊᕐᖓᓂᑦ ᓂᕝᕕᐊᖅᓯᐊᓂᓪᓗ: ᐃᓕᓐᓂᐊᕈᑏᑦ 2* (ᐋᖅᑭᑦᐊᕐᑕᐅᓂᑯᑦ 2020). ᐸᐅᒃᑑᑎᑦ ᐃᓄᐃᑦ ᐊᕐᓇᐃᑦ ᑲᓇᑕᒥ.
- *ᐃᑲᔫᑎᒐᓖᑦ ᑲᑉᐱᐊᓇᓐᖏᑦᑐᒥ ᐃᓂᖅᓵᓚᐅᕐᓂᐊᕐᓗᓂ* (2023) ᑐᓐᖓᓱᕗᕕᖓᑦ ᐃᓄᐃᑦ.

ᐊᑐᖅᑕᐅᓂᖕᒋᑦ ᐃᓄᐃᑦ ᐅᑉᐱᕆᔭᖕᒋᑕ ᑐᓐᖓᕕᖕᒋᑦ ᐱᓕᒻᒪᖕᓴᕐᓂᖕᒋᓐᓂ

- ᑐᓐᖓᕕᒋᓗᒋᑦ ᓴᓐᖏᓂᑎᑦ ᐃᓕᖅᑯᓯᕐᑎᒍᓪᓗ ᐃᓅᓃᑦ.
- ᐃᓕᕋᓇᓐᖏᑦᑐᒥ ᑲᑉᐱᐊᓇᕐᑐᒦᖕᒋᓪᓗᑎᑦ ᐊᒻᒪ ᑕᑯᔭᐅᒋᐊᑐᓐᖏᑦᑐᑦ ᑲᓐᖑᓇᕐᓂᖕᒋᓐᓄᑦ ᐱᓕᒻᒪᖕᓴᕐᑲᑕᐅᔪᓐᓇᖕᒐᕐᑐᑦ ᐅᕐᑲᐅᓯᐅᑦᑕᐃᓕᓗᑎᑦ.
- ᒪᑐᐃᓐᖖᐸᓯᐊᕐᓗᑎᑦ ᓂᓪᓚᐊᕐᑯᓗᒋᑦ ᐃᖅᑲᖅᑐᖅᑕᐅᔪᕐᑲᓐᖏᓪᓗᓂ.
- ᑕᐃᒪᐃᓪᓗᐊᕐᑲᑎᖕᒋᓐᓂᑦ ᐃᑲᔪᕐᑎᖅᓂᑦ ᐊᑐᐃᓐᓇᐅᑎᓯᓗᑎᑦ.
- ᕐᑯᕕᐊᑦᑕᓇᕐᑐᓂᑦ ᐱᓐᖑᐊᕐᑎᑕᐅᓗᑎᑦ “ᐅᕐᑭᓪᓚᕚᓪᓚᕐᓂᐊᕐᖓᑕ” ᐅᕐᑯᒪᐃᑦᑐᓕᕆᓚᐅᕐᑎᓪᓗᒋᑦ.
- ᐊᐃᑎᔨᒋᐊᕐᑲᕈᓯ ᐃᓱᒪᓕᕆᔨᒍᑦ ᐊᔪᓕᕐᓯᒪᔪᓪᓘᓐᓃᑦ ᐃᑲᔪᕐᑎᖕᒋᓐᓄᑦ ᐅᐸᕝᕕᒋᔪᓐᓇᕐᑕᖕᒋᓐᓂᑦ ᓇᓗᓇᐃᕐᓯᕕᒋᕙᓪᓗᒋᑦ.

ᐱᒪᓇᐅᒪᑦ ᐃᓕᖅᑯᓯᕐᑎᒍᑦ ᐃᓕᕋᓇᖕᒋᑦᑐᒥ ᑲᐱᐊᓇᖕᒋᑦᑐᒥ ᐃᓂᖅᑲᓯᐊᕐᐸᑕ ᐃᓕᓐᓂᐊᖅᑕᐅᔪᑦ ᒪᑐᐃᖕᓖᓯᐊᕐᔪᑎᑦ ᓂᓪᓚᐊᔪᓐᓇᕐᓂᐊᕐᒪᑕ. ᓄᓇᒧᑦ ᐊᐅᓪᓚᕐᓯᒪᓂᖅ ᓇᓪᕌᕐᖓᐅᒥᔪᖅ. ᐊᑎᓚᐅᕐᑎᑕᐅᓂᖏᑦ ᐱᓕᒻᒪᕐᖓᖅᑕᐅᔪᑦ ᐊᖏᕈᒪᒥᑦ ᑕᑯᔭᐅᑎᐊᑐᓐᖏᑦᑐᑦ ᑲᖕᒍᓇᕐᓂᖏᓐᓄᑦ ᐅᖅᑲᓯᐅᔾᔭᖏᒪᑕ ᐊᑎᓚᐅᕐᑕᐅᐸᑕ ᑲᔪᖏᒃᑲᓐᓂᕈᑕᐅᓂᐊᕐᑐᑦ ᓂᓪᓚᐊᒍᓐᓇᕐᓯᔪᑎᑦ ᐃᓱᒪᒋᔭᒥᓐᓂᖅ ᐃᐸᓐᓂᐊᔭᒥᓐᓪᓗ. ᓂᕆᐅᓐᓂᐊᖅᐳᓯ ᐃᓚᖏᑦ ᐱᓕᒻᒪᕐᖓᖅᑕᐅᔪᑦ ᐃᑲᔪᕐᑕᐅᑎᐊᖅᑲᕐᓂᐊᕐᒪᑕ ᐃᓅᓯᓕᕆᔾᔪᑦ ᐅᖃᐅᓯᖏᑦ ᑕᓱᐅᖅᑎᖅᑲᕐᑐᑎᑦ ᐅᖅᑲᓪᓚᐅᓯᖅᑲᕐᓂᖏᓐᓂ ᐱᔭᕆᐊᑐᔪᕐᔪᐊᓂᑦ ᐋᓂᐊᖅᑐᓂᓪᓗ ᐅᖅᑲᐅᓯᖅᑲᓕᕋᐃᐸᑕ.

ᓇᑯᓇᐃᑦᑕᐅᓂᖏᑦ ᐃᓄᐃᑦ ᖃᐅᔨᒪᔭᑐᖃᖏᑦ ᑐᙵᕕᖏᑦ ᑐᑭᖅᑲᓐᓂᕈᑕᐅᕙᑦᑐᑦ ᐃᓕᓐᓂᐊᕐᑎᓄᑦ ᐱᓕᒻᒪᕐᖓᖅᑕᐅᔪᑦ ᑐᑭᓯᓂᐊᕐᒪᑕ ᐃᓕᖅᑯᓯᒥᓐ ᐱᒪᓇᐊᓘᓂᖏᓐ ᐃᓚᑦᑎᓯᐊᕈᓯᑦ ᖃᓄᐃᖕᒋᑦᓯᐊᓂᖓᑦ, ᐃᑉᐱᒍᓱᑦᑎᐊᕐᓂᖏᑦ ᐊᕐᓇᐃᑦ ᐊᖑᑏᑦ ᑭᓯᓕᓇᐃᑦᐳᓂᖏᓂᑦ, ᐃᓕᓐᓂᐊᕐᑎᑕᐅᒍᑎᑦ ᓈᖕᒐᓯᕆᐅᖕᓂᖏᒥᑦ ᐊᑦᓯᕈᕐᓇᕐᑐᓂᑦ, ᐊᒻᒪ ᐱᒪᓇᐅᓂᖏᓐᓂᑦ ᐱᕈᖅᐃᓂᐊᕐᑐᓂ ᕿᑐᙵᓕᒥᓂ.

ᐱᔪᑎᖏᑦ ᐃᓕᓐᓂᐊᕐᓂᐊᕐᑕᖏᑕᑐ ᑐᖁᖓᖏᑦ ᐱᓕᒻᒪᕐᓂᖏᓐᓂ

ᐱᒪᓇᐅᕗᖅ ᐱᔪᑎᖏᑦ ᐃᓕᓐᓂᐊᕐᓂᐊᕐᑕᖏᑕᑐ ᑐᖁᖓᖏᑦ ᐱᓕᒻᒪᕐᓂᖏᓐᓂ ᐊᒻᒪ ᐱᓕᒻᒪᕐᖓᖅᑕᐅᔪᑦ ᑐᑭᓯᓯᒪᔪᐊᓇᐊᓖᑦ **ᐱᔪᑎᖏᓐᓂᑦ** ᐊᒻᒪ **ᐃᓕᓐᓂᐊᕐᑕᖏᑦ ᑐᖁᖓᖏᓐᓂᑦ** ᑲᑎᒪᓂᖏᓂ.

ᐱᔪᑎᖓ ᑐᑭᓪᓗ ᓱᖓᑦ ᐃᓕᓐᓂᐊᕐᓯᓈᑦ ᑲᑎᒪᔪᖅᑕᑦᑕᒪᖕᖔᑦ **ᐅᕝᕙᓗᓐᓃᑦ** ᖃᓄᖅ ᑲᔪᓯᑎᓯᓇᓱᐊᕐᒪᖔᓯ. ᐱᔪᑎᖓ ᐊᔪᖅᑭᖅᑐᖅ ᐊᖏᔪᖅᑳᖑᔪᓂ ᕿᑐᙵᓕᓇᔾᔪᓯᓂᑦ ᐃᓕᓐᓂᐊᕐᓯᓈᑦ ᑲᑎᒪᓂᖅ ᐃᓚᒋᔭᐅᑎᓯᓂᐅᒪᑦ ᐃᓄᓐᓂᑦ ᓄᑲᐱᐊᓂᑦ ᐃᓅᓯᑐᓂᑦ ᐊᖑᑎᓂᑦ ᐊᑖᑦᓯᐊᕙᐅᕐᑯᑦ ᐃᓄᐃᑦ ᖃᐅᔨᒪᔭᖏᑦ ᑐᖕᖓᕕᒋᑦ ᐃᓱᒪᓕᓐᓂᖑᑦ ᐃᑉᐱᓐᓂᐊᔭᖏᓐᓂᑦ ᐃᓕᓴᕐᓯᒋᐅᓴᕈᑏᑦ ᐃᓅᓯᖕᒥ ᐱᓕᒻᒪᓯᒪᒋᐊᓖᑦ, ᒪᒥᓴᕐᓂᖕᒥ ᐊᒻᒪ ᕿᑐᙵᓕᓇᓂᖕᒥ.

ᐃᓕᓐᓂᐊᕈᑏᑦ ᑐᖁᖕᖓᒋᑦ ᓇᑯᓇᐃᓯᒪᓂᕐᓴᐅᒥᔪᑦ ᐊᒻᒪ ᐅᓂᒃᑳᑐᑎᑦ *ᑭᓯᒥᖕ* ᓂᕆᐅᒪᖕᖏᑦ ᐱᓕᒻᒪᕐᖓᖅᑕᐅᔪᑦ ᐃᓕᓐᓂᐊᕐᑕᒥᓂᖕ ᐊᑐᕐᓂᐊᕐᑕᒥᓂᓪᓗᓈᓃᑦ ᐃᓕᓐᓂᐊᕐᓂᖏᓐᓂ. ᑭᖑᓂᐊᒍᑦ ᐊᖏᔪᖅᑳᖑᔪᓂ ᕿᑐᙵᓕᓇᔾᔪᓯᓂᑦ ᐃᓕᓐᓂᐊᕐᓯᓈᑦ ᑲᑎᒪᓂᐅᑉ, ᓂᕆᐅᑦᑐᒍᑦ ᐱᓕᒻᒪᕐᖓᖅᑕᐅᔪᑦ ᐃᓕᓐᓂᐊᓇᐊᖏᑦ ᐃᓚᖕ:

1. ᓇᑯᓇᐃᓯᔪᓐᓇᕐᓯᒍᑎᑦ ᐃᖅᑲᖓᕈᓐᓇᕐᓯᒍᑎᓪᓗ ᐱᖅᑯᓯᖕᒪᓂᑦ, ᐃᓱᒪᖕᒪᓂᑦ ᐊᒻᒪ ᐃᓄᐃᑦ ᐅᑉᐱᓇᓯᖏᓐᓂᑦ ᐱᓐᓇᓇᓯᖏᓐᓂᑦ
2. ᐃᑉᐱᒍᓱᓐᓂᖕᖓᐅᓕᕐᑐᑎᑦ ᓇᑯᖅᑯᑎᓐᖏᓂᖏᒪᒥᑦ.
3. ᐊᑐᓇᐅᕐᑐᑎᑦ ᐃᓕᓐᓂᕐᓂᒃᑯᑦ ᐃᓅᓯᑦᑑᖅᑲᑎᒥᖕ ᐱᖅᑲᓇᓯᑖᕐᓂᖏᑦ.
4. ᑐᑭᓯᑐᑎᑦ ᐊᓯᔾᔨᑦᑕᑐᐊᖏᑦᑐᒥᑦ ᐃᓅᓯᑦᑕᖅᒪᑦ ᐱᒪᓇᐅᓂᖓᑐ ᕿᑐᙵᒥᑦ ᐱᕈᖅᐃᓂᖓᑦ.
5. ᐊᑐᕈᓐᓇᕐᓯᓂ ᐃᓕᑦᑕᒥᓂᖅ ᖃᓄᖅ ᐊᑦᓯᕈᕐᓇᑐᒃᑯᑐᓂ ᓂᖕᖓᓇᕐᑐᒃᑯᑦᑐ, ᑐᐊᕕᕐᓇᒃᑯᒃᑯᑦ ᖁᐊᖅᓵᕐᓇᕐᑐᒃᑯᑦᑐ ᐊᓂᒍᐃᔪᓐᓇᕐᓂᐊᕐᒪᑦ.
6. ᑐᑭᓯᒍᑎᖅ ᖁᔭᓕᓂᖕᖓᐅᓕᕐᓂᐊᕐᒪᑕ ᑭᖑᕙᕆᑎᒍᑦ ᑲᓯᒃᓯᒪᓂᑦᑎᓂᑦ ᖃᐅᔨᒪᔾᑎᓂᑦ ᓯᓚᑐᓂᕐᓂᑦᑐ ᐃᓕᖅᐃᔪᓐᓇᕐᓯᒍᑎᑦ ᐊᑲᐅᔪᒧᑦ ᐃᓂᖅᑎᓭᔪᓯᓂᑦ ᐊᒻᒪ ᐱᓕᒻᒪᖅᑐᑎᑦ ᓂᖓᕐᑕᐃᓕᓂᖏᒥᑦ ᐅᓂᒃᑳᑐᐊᑎᒍᑦ.
7. ᑐᑭᓯᐅᒪᓂᖅ ᐱᒪᓇᐅᓂᖓᓂᑦ ᐊᓯᒥᒃ ᐅᖅᑲᖅᑎᖅᑲᓇᐅᖕᓂᖅ ᖃᓄᕐᑐ ᐊᑐᖁᔭᕐᒪᖔᑦ.
8. ᑐᑭᓯᓯᒪᓂᖅ ᐊᔾᔨᒌᖏᒻᒪᑕ ᕿᑐᙵᓕᓇᔾᔪᔾ ᐃᓄᖕᒍᖓᐃᓪᓗᓂ ᐊᒻᒪ ᐃᓚᒌᑦ ᐃᓱᒪᓕᐅᕈᓯᖏᑦ.
9. ᖁᕕᐊᓇᕐᑐᒥ ᐊᑲᐅᔪᒧᑦ ᐃᑉᐱᒍᓯᕆᐅᖕᓂᖅ ᐱᕈᕐᐸᓪᓚᐊᓯᐊᓂᖕᒪᑕ ᖃᓄᐃᓐᓇᓯᐊᖅ ᑐᑭᓯᑎᒍᑦᐊᕐᐸᒍ.

ᑐᖁᖓᓚᐊᒥᓃᑦ ᐃᓕᓐᓂᐊᕈᑏᓪᓗ ᐱᔭᕇᕐᑕᐅᓇᓯᐊᕐᑐᑦ ᐊᑐᖅᑕᐅᔪᓐᓇᕐᓂᐊᕐᑐᑦ ᖃᐅᔨᓴᕐᑕᐅᓕᕐᐸᑦ ᖃᓄᑎᒋ ᐊᐅᓚᑦᑎᐊᕐᑎᕆᓂᕐᒪᖔᑦ ᐃᓕᓐᓂᐊᕐᓂᖅ. ᖃᐅᔨᓂᐊᕐᑐᑎᑦ ᑲᔪᓯᓯᐊᓂᐊᕐᒪᖔᑕ ᐱᓕᒻᒪᕐᓯᓈᑦ ᑲᑎᒪᔪᑏᑦ ᐃᓱᓕᖕᒋᑦ ᐊᒻᒪ ᐱᖑᐊᕈᑎᒥᓃᑦ ᑕᐃᒪᖕ ᐊᑐᖅᑕᐅᓂᐊᓚᐅᖅᑎ.

ᑲᑎᒪᔩᓂ ᐊᐅᓚᑦᑎᔨᐅᔪᑦ

ᓂᕈᐊᕐᓯᓂᖅ ᐱᓕᒻᒪᕐᓯᒪᔩᓂᑦ ᖃᐅᔨᒪᕝᕙᐊᕐᑐᓂᓪᓗ ᐃᓕᓐᓂᐊᕐᓯᓐᓈᑦ ᑲᑎᒪᔾᔩᑎᕙᑦ ᐱᔾᔩᑎᖏᓂᑦ ᐃᓕᓐᓂᐊᕐᓂᐊᕐᑕᖏᑕᓗ ᑐᕌᖓᖏᓂᑦ ᐱᓕᒻᒪᕙᕐᓂᖏᓐᓂ ᐱᒻᒪᕆᐅᓂᐊᕐᖓᑕ. ᐅᔾᔨᕆᓪᓗᒍ ᐅᕐᑲᐅᓯᐅᓂᐊᕐᑐᑦ, ᐊᑦᓱᐊᓗᖕ ᐃᑉᐱᓐᓂᐊᕐᑲᑦᑕᓚᖓᒻᒪᑕ ᐃᖅᑲᐅᒪᕙᓗᑎᓪᓗ ᖁᐊᖅᓵᕈᑎᒥᓂᖕᓂᑦ ᐋᓐᓂᓇᕐᑐᓂᑦ. ᐃᖅᑲᐅᒪᓂᐊᖅᑯᑎᑦ ᐊᖑᑏᑦ ᐃᑲᔪᕐᑕᐅᔭᒪᔦᑦ ᒥᑭᔪᑰᔾᔪᓕᕈᓐᓇᖓᑕ ᖃᓄᐃᓕᒃᑲᓂᕐᕕᖃᕐᑐᔾᔨᕈᓐᓂᕐᓗᑎᑦ ᐊᒻᒪ ᓴᒃᑯᐃᔭᒪᓐᖏᒧᑦ ᓂᓐᖓᐅᒪᓂᒃᑯᑦ ᓵᑐᐃᓐᓇᓇᐊᖅᖓᑕ. ᐃᑲᔪᕐᑕᐅᔭᒪᒪᔭᐃᒧᑦ ᐅᑕᖅᑭᑐᐃᓐᓇᖅᑲᑦᑕᓕᓂᐅᒧᑦ ᐊᑦᓱᕈᓇᕐᑐᓂᑦ ᐅᕙᓗᓐᓃᑦ ᓯᓚᑖᓂᑦ ᐊᑦᓱᕈᕐᑎᑕᐅᒧᑦ ᐃᑲᔪᕐᑕᐅᔭᒪᓕᑕᐃᓐᓈᔾᔫᓪᓗᑎᑦ. ᓂᓐᖓᒪᔦᖅ ᓇᓗᓕᐅᖅᑲᔦᕐᔫᓐᓃᑦ ᐃᑲᔪᕐᑕᐅᔭᒪᔦᖅ ᑐᓐᖓᓱᑦᑎᑕᐅᕆᐊᓕᒃ. ᐱᓪᓚᕆᐊᔫᓂᐊᕐᑐᖅ ᑲᑎᖕᖓᔦᓂ ᓯᕗᓕᕐᑎ ᐊᑐᐃᓐᓇᐅᑎᓯᐸᑦ ᑲᐸᐊᓇᓐᖏᑦᑐᒥ ᐃᓂᖓᓯᐊᕖᒥᑦ ᑕᒪᐃᓐᓄᓕᒫᓯᐊᖅ ᐱᓕᒻᒪᖅᑲᑕᐅᔦᓄᑦ ᐊᒻᒪ ᐃᑲᔦᖓᐅᑎᕆᔦᓐᓇᕐᓗᑎᑦ ᐃᒥᒃᑯᑦ ᐃᑲᔦᕐᑕᐅᕆᐊᖅᑉᐸᑕ. ᑲᑎᓐᖓᔦᓂ ᓯᕗᓕᕐᑏᑦ ᓄᑉᐱᐊᓂᑦ ᐃᑲᔦᕐᓂᐊᕐᐸᑕ (ᑐᖕᖂᓃᑦᑐᑦ ᐃᓅᓯᑦᑐᑦ) ᖃᐅᔨᓴᕐᑕᐅᖅᑳᓇᐊᓕᒃ ᐱᓂᕐᓗᓚᐅᕐᓯᒪᓐᖏᒃᑲᓗᐊᕐᒪᖔᑦ ᒪᓕᒐᕐᑎᒍᑦ.

ᓄᓇᒧᑦ ᐊᐅᓪᓚᕐᓯᒪᓂᐊᕐᓗᓂ, ᐱᔾᔩᑎᖏᑦ ᐃᓕᓐᓂᐊᕐᓂᐊᕐᑕᖏᑕᓗ ᑐᕌᖓᖏᑦ ᐱᓕᒻᒪᕆᐊᕐᓂᖏᓐᓂ ᖃᐅᔨᒪᕆᐊᓖᑦ ᐱᐅᓯᑐᕐᑲᒃᑯᑦ ᐱᓐᖑᐊᕈᓯᓂᑦ ᖃᓄᐃᓕᐅᕈᓯᓂᓪᓗ ᑕᒻᒫᕝᕙᒻᒦᓂᖏᓐᓂ. ᐊᒥᓱᓂᐊᕐᑐᕆᔭᐅᑉᐸᑕ, ᐃᒻᒪᖅ ᐊᑲᐅᓂᖓᐅᓚᔾᔪᖅ ᒪᕐᕉᓕᖓᑉᐸᑕ ᐱᔾᔩᑎᖏᑦ ᐃᓕᓐᓂᐊᕐᓂᐊᕐᑕᖏᑕᓗ ᑐᕌᖓᖏᑦ ᐱᓕᒻᒪᖅᓴᕐᓂᖏᓐᓂ. ᐊᒥᓱᓂᖓᐅᓗᑎᑦ ᖃᐅᔨᒪᓂᓖᑦ ᐊᒻᒪ ᐱᕕᖅᑲᕐᓂᖅᓴᐅᓗᑎᑦ ᐱᔾᔩᑎᖏᑦ ᐃᓕᓐᓂᐊᕐᓂᐊᕐᑕᖏᑕᓗ ᑐᕌᖓᖏᑦ ᐱᓕᒻᒪᖅᓴᕐᓂᖏᓐᓂ ᓇᓪᓕᑭᑕᖅᑎᑕᐅᐸᑕ ᐱᓐᖑᐊᕐᓂᖏᓐᓂ ᐊᒻᒪ ᐅᓂᒃᑳᕐᓂᖏᓐᓂ ᑐᓴᕐᖓᓂᑦ. ᐊᐃᑉᐸᕐᑲᕐᑎᕐᓯᓂᖅ ᓯᕗᓕᕐᑎᒥᑦ ᐃᑲᔦᕐᑎᕐᑳᒃᑲᓐᓂᕈᓐᓇᖓᑕ ᐊᑦᓱᕈᕐᑲᓗᐊᓕᕐᐸᑦ ᐱᓕᒻᒪᖅᓴᕐᑐᒥᑦ ᐊᐃᑉᐸᖓ ᑲᔦᓱᑐᐃᓐᓇᑎᓪᓗᒍ ᐃᓱᖏᓐᓂ.

ᑕᐃᒪᐃᓚᔪᒻᒪᑕ ᐱᔾᔩᑎᖏᑦ ᐃᓕᓐᓂᐊᕐᓂᐊᕐᑕᖏᑕᓗ ᑐᕌᖓᖏᑦ ᐱᓕᒻᒪᖅᓴᕐᓂᖏᓐᓂ ᖃᐅᔨᕆᐊᕐᕕᐅᓚᔪᒻᒪᑕ ᐃᓕᓐᓂᐊᕐᑐᕐᑲᕐᓂᐊᑎᓪᓗ ᑲᑎᒪᓯᓐᓈᕐ. ᑎᑎᕋᕋᔪᒻᒪᑕ ᐃᓱᒪᕆᔭᐅᔦᓂᑦ ᐊᑐᓕᕐᑯᔭᐅᔦᓂᓪᓗ ᐱᓕᒻᒪᖅᑲᑕᐅᔦᓄᑦ, ᐅᐊᕐᑎᐊᕚᓕᕐᐸᓪᓗ, ᑕᒪᒃᑭᕐᑐᒍ ᖃᓄᑎᕆ ᑲᔦᓯᓯᐊᕐᑎᕆᓐᓂᕐᒪᖔᑦ ᐊᒻᒪ ᐊᕗᕋᑕᐅᕙᑦᑐᑦ ᐊᑦᓱᕈᕐᓇᕐᑐᑦ ᐃᓕᓐᓂᐊᓂᐊᕐᑐᓂ ᑐᑭᓱᓇᕐᓯᔦᓐᓇᕐᑐᑎᑦ.

ᐱᒻᒪᕆᐅᔦᑦ ᖃᐅᔨᒪᔭᐅᕆᐊᓖᑦ ᐱᔾᔩᑎᖏᑦ ᐃᓕᓐᓂᐊᕐᓂᐊᕐᑕᖏᑕᓗ ᑐᕌᖓᕆᓂᐊᕐᑕᖏᑦ ᐱᓕᒻᒪᖅᓴᕐᓂᖏᓐᓂ:

- ᐃᓄᐃᑦ ᓯᕗᓕᖏᓐᓃᓐᖔᕐᑐᑦ, ᐃᓕᖅᑯᓯᖓ, ᐊᒻᒪ ᐃᓄᐃᑦ ᖃᐅᔨᒪᔭᐅᑦᑕᖏᑦ (ᐃᓄᐃᑦ ᐅᐱᕆᔭᖏᑕ ᒪᓕᒐᖏᑦ).
- ᖃᐅᔨᒪᕆᐊᕐᑲᕐᓂᖅ ᓄᓇᓕᑦ ᐱᖅᑯᓯᑐᕐᑲᖏᓐᓂᑦ ᐊᑐᖅᓯᒪᔭᖏᓐᓂᓪᓗ ᐊᒻᒪ ᒦᓇᓂᓴᕐᓂᑦ ᓴᓐᖏᓂᐅᔦᓂᑦ ᐊᐳᕈᑕᐅᕙᑦᑐᓂᓪᓗ ᐊᑦᓱᕈᓇᕐᑐᓂᑦ.
- ᓇᒧᑦ ᐊᐃᑎᒍᓐᓇᕐᒪᖔᑦᑎᒍ ᐱᓕᒻᒪᖅᑲᑕᐅᔦᑦ ᑐᓴᕐᖃᑲᓐᓂᕐᓂᑦ ᐃᑲᔦᕐᑎᖃᓂᓪᓗ ᐱᔦᒪᑉᐸᑕ, ᐆᑦᑑᑎᒋᓗᒍ, ᓄᓇᖓᓂ ᐃᓱᒪᓕᕆᔨᑦ ᐃᑲᔦᕈᓐᓇᕐᑐᑦ ᐊᒻᒪ ᐊᒍᕐᓯᒪᔦᓂ ᑲᓇᑕᒥᐅᓐᓃᑦ ᐅᖄᓚᕕᖓᑦ ᐃᑲᔦᕐᑕᐅᔦᒪᔦᓄᑦ.
- ᑐᓴᕐᑕᐅᕆᐊᖃᓐᖏᑦᑐᑦ, ᑕᑯᔭᐅᕆᐊᑐᓐᖏᑦᑐᑦ ᑲᖑᓇᕐᓂᖏᓐᓄᑦ, ᐊᒻᒪ ᐅᖃᐅᓯᖃᖅᐃᓐᓇᓂᐊᖃᕐᓂᖅ ᐅᑭᐅᑭᓗᐊᕐᑐᑦ ᐅᓗᓇᐊᓇᕐᑐᒦᑦᑑᔭᕐᐸᑕ ᐅᕝᕙᓗᓐᓃᑦ ᐃᓐᓇᐅᓂᖓᑦ ᐃᒻᒥᓂᖅ ᐊᓯᒥᓂᓪᓗᓐᓃᑦ ᖃᓄᐃᓕᑦᓯᓂᐊᕐᑐᔫᕐᐸᑕ.
- ᖃᐅᔨᒪᓂᕐᑲᕐᓗᑎᑦ ᐊᔾᔨᒌᖕᖏᓐᓂᑦᑎᓐᓂᑦ, ᐃᓚᐃᓐᓈᑦᑕᐃᓕᓂᖏᑦ ᐃᓚᑭᔭᐅᑎᔾᔨᔨᐊᕐᓂᖏᓪᓗ. ᖃᐅᔨᕆᐊᒃᑲᓂᑈᒧᕝᕙᑦ, ᕿᒥᕐᕈᓗᒋᑦ ᐃᓚᖓᓂ ᐊᕐᓇᐃᑦ ᐊᖑᑏᓪᓗ ᐊᔾᔨᒌᖏᓐᓂᑦ, ᓄᓕᐊᕐᓂᒃᑯᑦ ᑮᓇᐅᒻᒪᖔᕐᒥ ᐊᒻᒪ ᑭᓯᓕᕆᔨᐅᒻᒪᖔᕐᒥ ᒪᐱᒐᖅ 20ᒥᑦᑐᑦ.

ᐱᒻᒪᕆᐅᔦᑦ ᐱᓕᒻᒪᕐᓯᒪᕆᐊᓖᑦ ᐱᔾᔩᑎᖏᑦ ᐃᓕᓐᓂᐊᕐᓂᐊᕐᑕᖏᑕᓗ ᑐᕌᖓᖏᑦ ᐱᓕᒻᒪᖅᓴᕐᓂᖏᓐᓂ:

- ᑐᑭᓇᕐᓯᐊᕐᓗᓂ ᐅᖃᖅᑎᖃᕈᓐᓇᕐᓂᖅ.
- ᐊᑐᖅᑕᐅᕙᔦᑦᑐᓂᑦ ᐃᓱᒪᓕᕆᓂᖑᒧᑦ ᐃᓅᓕᕐᓯᔦᓐᓇᕐᓗᑎᑦ. ᐃᓱᒪᖅᓴᖅᓯᐅᕈᑎᖓᑦ ᐃᓄᐃᑦ ᐃᑲᔫᑎᒋᔦᓐᓇᕐᑕᖏᑦ ᐅᓇᓃᑦᑐᑦ.

- ᐃᒻᒥᓂᖅ ᐃᓅᓯᕐᒥᒃ ᑭᐱᓯᑦᑕᐃᓕᓂᖕᒍᑦ ᐃᑲᔫᑎᖅᓴᑦ ᐱᓕᒻᒪᖅᓴᐅᑏᑦ (ASIST).
- ᑲᑎᓐᖓᔪᓂ ᑐᑭᒧᐊᕐᑎᑦᓯᔨᐅᓂᖕᒍᑦ ᐱᖁᓰᑦ.
- ᐃᖅᑲᓇᐃᔭᕐᑲᑎᕐᑲᕐᓂᖅ ᐃᓅᓯᑦᑐᓂᑦ.
- ᐃᓕᓴᐃᔪᓐᓇᕐᓗᑎᑦ ᐆᑦᑐᕋᐅᑕᐅᔪᓂᑦ ᐃᓚᒌᑦᓯᐊᕈᓯᓂᑦ ᕿᓄᐃᓐᖏᑦᓯᐊᓂᖕᒍᑦ.

ᐃᓱᒪᖅᓴᖅᓯᐅᕈᑎᖃᑦ ᐃᓄᐃᑦ ᐃᑲᔪᑎᒋᓲᖏᑦ ᐋᖅᑭᑦᓱᐃᓂᐊᕐᓗᓂ ᐱᔾᔪᑎᖏᑦ ᐃᓕᓐᓂᐊᕐᓂᐊᕐᑕᖏᑕᓗ ᑐᕌᖓᖏᑦ ᐱᓕᒻᒪᖃᕐᓂᖏᓐᓂ

- ***ᐊᑐᐊᒐᑦ ᐃᓄᓐᓂᑦ ᐃᓐᓇᑐᕐᑲᕐᓂᑦ ᐃᑲᔪᕐᑎᕐᑲᕐᓂᐊᕐᓗᓂ***, ᐱᓚᔾᔨ ᐊᐅᓚᔾᔪᑦ (2008), ᓄᓇᕗᑦ ᓯᓚᑦᑐᖅᓴᕐᕕᖓ.
- [***ᐃᓄᕐᑎᑐᑦ ᐃᓱᒪᓕᕆᓂᖕᒍᑦ ᐃᓄᓕᓴᐃᔾᔪᓯᖏᑦ***](#) ᐃᓕᓐᓂᐊᕈᑏᑦ ᑲᓇᑕᒥ ᐃᓱᒪᓕᕆᔨᒃᑯᑦ ᑲᒥᓴᖓᓄᑦ ᑲᓇᑕᒥ.
- [***ᒪᒥᓴᕐᓂᖕᒍᑦ ᐃᑲᔪᖅᑎᐅᕐᑲᑎᑏᑦ ᑐᑭᒧᐊᕐᑎᑦᓯᔨᖅᓴᖏᓐᓂᑦ ᐱᓕᒻᒪᖅᓴᐅᑏᑦ***](#) (HSGFT) ᐃᓪᓘᓐᓂᖅ ᒪᕐᑑᓐᓂᖅ ᓄᓇᕗᑦᒧᑦ ᑐᕌᖓᓪᓗᑎᑦ ᐃᑲᔪᕐᑎᐅᕐᑲᑎᑏᑦ ᑐᑭᒧᐊᕐᑎᑦᓯᔨᖏᓐᓄᑦ ᐃᓕᓐᓂᐊᕈᑎᖃᑦ ᐊᑐᐃᓐᓇᐅᑎᑕᐅᔪᑦ ᐃᓅᓯᕐᖕᒥᑦ ᐃᓴᒃᓯᒪᒋᑦ ᑲᑎᒪᔨᖏᑦ.
- ᓄᓇᕗᑦᒥ ᐋᓐᓂᐊᕐᑲᕐᓇᖏᑦᑐᓕᕆᔨᒃᑯᑦ ᐊᑐᐃᓐᓇᕐᑲᕐᑐᑦ ᐱᖓᓱᓂᑦ ᒪᑉᐱᓚᓐᓂᑦ ᑐᓴᕋᖅᓴᓂᑦ ᑕᐃᔭᐅᓪᓗᓂ [***ᖃᓄᐃᓐᓇᖅ ᐃᑲᔪᕋᓲᑏᑦ ᐃᑲᔪᕐᑐᖅᑕᐅᓂᖏᓪᓗ ᐊᑦᓯᕈᕐᑐᑦ***](#). ᑖᒃᑯᐊ ᓄᓇᕗᓕᒫᒥ ᖃᐅᔨᒋᐊᕐᕕᖓᑦ ᑎᑎᕋᕐᓯᒪᔪᕐᑯᑎᖏᑦ ᐃᓱᒪᓕᕆᔩᑦ ᐃᑲᔪᕐᑲᑦᑕᕐᑐᑦ.
- [***ᓄᓇᕕᒃ ᐃᓱᒪᓕᕆᓂᖕᒍᑦ ᐃᑲᔫᑎᖃᑦ ᐊᑐᐊᒐᖏᑦ***](#) ᖃᓕᓴᐅᔭᒃᑯᑦ ᐊᑐᐃᓐᓇᐅᔪᑦ ᐃᑲᔪᕐᑏᑦ ᐱᔾᔪᑉᑐᓂᑦ ᐃᓅᓯᑦᑐᓂᑦ ᐃᓅᓯᑦᑐᓄᑦ ᑯᐱᒃ ᖃᓕᐅᓴᒃᔭᑯᒃ ᐱᑐᕝᕕᖓᓂ.
- ᓄᓇᕝᓯᐊᑉ [***ᓄᓇᓕᓐᓂ ᐃᓅᓯᓕᕆᓂᖕᒍᑦ ᐃᑲᔫᑏᑦ***](#) ᖃᐅᔨᒋᐊᕐᕕᖓᑦ ᓈᓴᐅᑎᖏᓐᓂᑦ ᑎᑎᕋᕐᓯᒪᔪᑦ ᐃᓱᒪᓕᕆᔨᓂᑦ ᐊᑐᐃᓐᓇᕐᑲᕆᒪᔪᓄᑦ ᐊᒡᒍᕐᓯᒪᔪᓚᒫᓂ, ᐱᕐᑲᓯᐅᔾᔭᐅᓯᒪᓪᓗᑎᑦ ᐅᐊᓚᓂᐅᑉ Beaufort-Delta ᓄᓇᖏᑦ.

ᐃᓐᓇᑐᕐᑲᑦ

ᓇᓗᓇᐃᕐᓯᑲᓐᓂᕐᓂᖅ ᖃᓄᑎᒋ ᐊᑑᑎᕐᑲᕐᒪᖓᑕ ᐃᓄᐃᑦ ᖃᐅᔨᒪᔭᑐᕐᑲᖏᑦ ᐃᓅᓂᖕᒥᓂᖅ ᐅᐱᒍᓯᓐᓂᖓᐅᓕᕐᓂᐊᕐᑐᑦ ᐊᒻᒪ ᐃᒥᒃᑯᑦ ᓇᓗᖅᑯᑎᓐᖏᓂᖓᐅᓕᕐᓗᑎᑦ. ᐃᓅᓯᑦᑐᑦ ᐃᓄᐃᑦ ᓇᓗᖅᑯᑎᓐᖏᓂᖓᐅᓕᕈᑎᖅ, ᐃᓚᖏᑦ ᐃᓅᕐᑲᑏᑦᓄᑦ ᐊᔪᓕᕈᑕᐅᕙᑦᑐᑦ ᐊᑲᐃᓪᓕᐅᕈᑏᑦ ᓲᕐᓗ ᐋᖓᔾᔭᕐᑐᑦ ᓄᖅᑲᕈᓐᓇᐃᓕᒍᑕᐅᕙᑦᑐᑦ ᐊᒻᒪ ᐃᓅᓯᖕᒥᓂᖅ ᑭᐱᓯᓂᖅ ᓄᖅᑲᕐᐋᒥᒐᔭᕐᖓᑦ (ᐃᓄᒻᒥᑦ ᐃᓐᓇᑐᕐᑲᕐᒥᖕᒫᕐᑐᖅ).

ᖃᐅᔨᒋᐊᕐᕕᐅᓯᒪᔪᖅ: [ᐃᓄᐃᑦ ᖃᐅᔨᒪᔭᑐᕐᑲᖏᓐᓂᑦ ᐃᓕᓐᓂᐊᕈᑏᑦ,](#) ᓄᓇᕗᑦ ᐃᓕᓐᓂᐊᕐᑐᓕᕆᔨᖏᓐᓂᑦ, 2007

ᐃᓄᐃᑦ ᐃᓐᓇᑐᕐᑲᑦ ᐋᑎᓕᓪᓚᕆᐊᓗᓐᓂᑦ ᖃᐅᔨᒪᓂᕐᑲᖕᖓᑕ ᐊᒻᒪ ᑕᑯᓐᓇᕐᑕᖏᑎᒍᑦ ᐃᑲᔨᕈᓐᓇᕐᑐᑦ ᑲᑎᓐᖓᔪᓂᑦ. ᐅᓂᒃᑳᕈᓐᓇᕐᑐᑎᑦ ᕿᑐᕐᖓᓕᕆᔾᔪᓯᓂᑦ ᐱᐅᓯᑐᕐᑲᒃᑯᑦ ᐃᓄᙳᖅᓴᐃᓂᖕᒍᑦ ᐱᓇᓱᐅᔪᓂᑦ ᐱᖁᓯᓂᓪᓗ, ᐃᒻᒥᓂᓪᓗ ᐊᑐᖅᓯᒪᔭᒥᒍᑦ ᐅᓂᒃᑳᕈᓐᓇᖅᖓᑕ ᒪᒥᓇᕐᓂᒃᑯᑦ ᐊᑲᐅᓯᓴᕐᓂᖕᒥᑦ ᐊᒻᒪ ᐃᖅᑲᐅᒪᔾᔪᑎᓐᓂᑦ ᐊᑐᖅᓯᒪᔾᔪᑎᓪᓗ ᓄᓇᒧᑦ ᐊᐅᓪᓚᕐᓯᒪᓪᓗᑎᑦ. ᐱᒻᒪᕆᐅᒻᒥᔪᖅ ᐋᑎᕐᑲᕐᓂᖓ ᐃᓅᓯᑦᑐᑦ ᐃᓕᓐᓂᐊᕈᓐᓇᖅᖓᑕ ᐃᓐᓇᑐᕐᑲᕐᓂᑦ

ᑐᑭᓯᕚᓪᓕᕐᓂᐊᕐᖓᑕ ᐃᓄᐃᑦ ᓯᕗᓕᖏᓐᓃᓐᖔᕐᑐᓂᑦ ᐃᓕᖅᑯᓯᕐᒥᓂᓪᓗ. ᑕᐃᒪᐃᒍᔪᒻᒪᓐ, ᐃᓐᓇᑐᖅᑲᕐᑕᖅᑲᕐᑎᓪᓗᒍ ᐃᓪᓗᕈᓯᕐᒥ ᑲᔪᖏᕐᓇᓂᖅᓴᐅᒻᒪᑦ ᐅᖃᓕᒫᔭᕆᐊᖅᓴᖅ. ᐊᒻᒪ ᐃᓐᓇᑐᖃᐅᑉ ᖃᐅᔨᒪᓂᖓ ᐅᑎᕐᕕᖏᖅᑲᕐᑕᕐᑐᒍ ᐃᓕᓐᓂᐊᕐᓯᓐᓈᑦ ᐱᓕᒻᒪᕐᖓᕐᓂᖏᓐᓂ ᐃᓕᖅᑯᓯᖅ ᑐᓐᖓᕕᓪᓚᕆᐅᑉᐳᒻᒪᑦ ᐊᑐᖅᑕᐅᑎᐊᕐᑐᓂᓗ ᑲᑎᒪᓂᖏᓂ.

ᐃᓐᓇᑐᖅᑲᑦ ᐊᔪᕆᑐᒥᓇᕐᑐᑦ ᐱᒻᒪᕆᐊᓘᒻᒪᑕ. ᐃᓚᖏᑦ ᐱᐅᓯᑐᖅᑳᖁᑦ ᐊᑲᐅᓯᓴᐃᕚᐅᒻᒪᑕ, ᐊᒻᒪ ᐃᓚᖏᑦ ᐃᓕᓐᓂᐊᕐᓯᒪᓗᑎᑦ ᐃᓅᓯᓕᕆᕚᐅᓂᖏᒥᑦ. ᐃᓐᓇᑐᖅᑲᑦ ᐃᑲᔪᕈᓐᓇᓪᓚᕆᒻᒪᑕ ᐃᓅᓯᑦᑐᑦ ᐊᖑᑏᑦ ᓄᑲᑉᐱᐊᓪᓗ ᒪᑐᐃᖅᐸᓪᓕᐊᔪᓐᓇᕐᓯᓪᓗᑎᑦ ᐊᒻᒪ ᐅᖃᐅᓯᖅᑳᐸᓪᓕᐊᔪᓐᓇᖅᓚᑕ ᐱᔭᕆᐊᑐᔪᓪᓚᕆᐊᓗᓐᓂᑦ ᐊᒻᒪ ᐃᑲᔪᕐᑕᐅᔪᒪᓕᕈᓐᓇᕐᑐᑦ ᐃᓅᓯᓕᕆᕙᓂᑦ ᐃᑲᔪᕐᑎᙵᓂᓪᓗ. ᐊᑲᐅᖕᔫᕐᑐᖅ, ᐃᓐᓇᑐᖅᑲᖅ ᐅᖃᖅᑲᑎᖅᑲᓕᓂᐅᑉᐸᑦ ᐊᔾᔨᓇᕕᐊᕈᓐᓇᖅᑲᑕ.

ᓇᐃᓈᕐᓯᒪᔪᑦ ᐊᔪᕆᕐᓯᐅᔾᔨᒍᑏᑦ ᐊᑐᐊᓘᙵᑦ ᐃᓐᓇᑐᖅᑲᕐᒥᑦ ᐃᑲᔪᕐᑎᖅᑲᕐᓂᐊᕐᓗᓂ ᐋᖅᑭᑦᓱᕐᑕᐅᓚᐅᕐᓯᒪᔪᑦ ᓄᓇᕗᑦ ᓯᓚᑦᑐᖅᓴᕐᕕᖓᓄᑦ ᖃᓄᖅ ᐃᓐᓇᑐᖃᐃᑦ ᐃᓚᒋᔭᐅᑎᑕᐅᔪᓐᓇᕐᒪᖔᑕ ᐱᓕᒻᒪᖅᓯᓐᓈᑦ ᑲᑎᒪᔪᓄᑦ ᐅᕙᕘᓐᓃᑦ ᐊᐱᖅᓱᖅᑐᖅᑲᕐᓂᖓᓂ. ᐃᑉᐱᒋᑦᑎᐊᕐᓗᒋᑦ ᐃᖅᑲᓱᓐᓂᒃᑯᑦ ᐊᒻᒪ ᐊᑭᓕᕐᑕᐅᓗᑎᑦ ᑲᑎᒪᔾᔪᓯᐊᕐᓗᑎᓪᓘᓐᓃᑦ. ᐊᑐᐊᓘᕐᒋᑦ ᓇᓗᓇᐃᕐᓯᓯᒪᒻᒥᔪᑦ ᐃᓄᐃᑦ ᖃᐅᔨᒪᔭᑐᖅᑲᕐᒋᓐᓂᑦ ᐊᒻᒪ ᐃᑲᔫᑕᐅᔪᒥᓇᕐᑐᓂᑦ ᐆᑐᑎᕐᓯᐊᕙᓐᓂᑦ.

ᐃᓕᓐᓂᐊᑲᓐᓂᕈᑎᖕᖏᑦ ᐃᓄᐃᑦ ᐃᓐᓇᑐᖅᑲᕐᖏᓂᑦ – ᐃᑲᔫᑎᖕᖏᑦ ᐱᔾᔪᑎᕐᒋᑦ ᐃᓕᓐᓂᐊᕐᓂᐊᕐᑕᕐᒋᑕᓗ ᑐᕌᖓᕐᒋᑦ ᐱᓕᒻᒪᖅᓴᕐᓂᕐᖏᓐᓂ

- ***ᐊᑐᐊᓘᑦ ᐃᓄᓐᓂᑦ ᐃᓐᓇᑐᖅᑲᕐᓂᑦ ᐃᑲᔪᕐᑎᖅᑲᕐᓂᐊᕐᓗᓂ***, ᐱᓚᔾᔨ ᐊᐅᓚᔾᔪᑦ (2008), ᓄᓇᕗᑦ ᓯᓚᑦᑐᖅᓴᕐᕕᖓ.
- ***ᐊᐱᖅᓱᕐᓂᖅ ᐃᓄᓐᓂᑦ ᐃᓐᓇᑐᖅᑲᕐᓂᑦ, ᖃᐅᔨᒃᑲᐅᑎᓂᖅ*** (ᐊᐱᖅᓱᑲᑕᓐᓂᖅ ᐃᓄᓐᓂᑦ ᐃᓐᓇᑐᖅᑲᕐᓂᖅ ᐅᖃᓕᒫᒐᕐᒋᑦ, Vol. 1), J. ᐆᓐᑎᓐ ᐊᒻᒪ F. ᓚᐅᒍᕚᓐ (eds.) (1999). ᓄᓇᕗᑦ ᓯᓚᑦᑐᖅᓴᕐᕕᖓ.
- ᑲᓇᑕᒥ ᓄᓇᖅᑲᖅᑳᕐᓯᒪᔪᑦ ᐋᓐᓂᐊᖅᑲᕐᓇᕐᒋᑦᑐᓕᕆᓂᕐᒧᑦ ᑲᑐᔾᔨᖅᑲᑎᒌᕐᒋᑦ ᐅᖃᓕᒫᓕᓕᐅᓚᐅᖕᓚᑕ ᓇᐃᓈᕐᓯᒪᔪᓂᑦ ᖃᓄᖅ ᐊᐱᖅᓱᕆᓇᕐᒪᖔᕐᒥ ᐊᓪᓚᓂᑦ ᓄᓇᖅᑲᖅᑳᕐᓯᒪᔪᓂᑦ, ᐃᓄᓐᓂᑦ ᐊᓪᓚᖓᔪᓂᓪᓗ ᐃᓐᓇᑐᖅᑲᕐᓂᑦ: [ᐊᐱᖅᓱᕐᓂᖅ ᐃᓐᓇᑐᖅᑲᕐᓂᑦ: ᐊᔪᕆᕐᓯᐅᔾᔨᒍᑏᑦ ᐊᑐᐊᓘᕐᒋᑦ.]

ᐃᓱᒪᖅᓴᖅᓯᐅᕈᑎᖕᖏᑦ ᐃᓄᐃᑦ ᐃᑲᔫᑎᒋᔫᕐᒋᑦ ᐊᒻᒪ ᐃᓄᐃᑦ ᐃᓐᓇᑐᖅᑲᑦ

- [***ᖃᑐᖕᖓᒥᑦ ᐱᕈᖅᓴᐃᓂᕐᒧᑦ ᐅᖃᓕᒫᒐᑦ***], ᒦᑲ ᐊᕐᓇᒃᑲᖅ (2011). ᒪᒥᓴᕕᒃ ᐊᒻᒪ ᑲᓇᑕᒥ ᐋᖓᔮᓇᕐᑐᓂᑦ ᐊᔪᓕᕐᓯᒪᔪᑦ ᐃᑲᔪᕐᑎᕐᒋᑦ.
- [***ᐊᑐᐊᓘᑦ ᐃᓄᓐᓂᑦ ᐃᓐᓇᑐᖅᑲᕐᓂᑦ ᐃᑲᔪᕐᑎᖅᑲᕐᓂᐊᕐᓗᓂ***], ᐱᓚᔾᔨ ᐊᐅᓚᔾᔪᑦ (2008). ᓄᓇᕗᑦ ᓯᓚᑦᑐᖅᓴᕐᕕᖓ.
- [***ᐱᖅᑲᓗᔭ ᐊᑲᐅᓯᓴᕈᓯᑦ ᒪᒥᓴᕐᓂᒃᒧᑦ ᐅᖃᓕᒫᒐᕐᒋᑦ***], ᒦᑲ ᐊᕐᓇᒃᑲᖅ (2010). ᒪᒥᓴᕕᒃ ᐊᒻᒪ ᑲᓇᑕᒥ ᐋᖓᔮᓇᕐᑐᓄᑦ ᐊᔪᕆᕐᓯᒪᔪᓂᑦ ᒪᒥᓴᕕᒃ.
- [***ᐊᐱᖅᓱᕐᓂᖅ ᐃᓄᓐᓂᑦ ᐃᓐᓇᑐᖅᑲᕐᓂᑦ, ᖃᐅᔨᒃᑲᐅᑎᓂᖅ***] (2009). ᑲᓇᑕᒥ ᓄᓇᖅᑲᖅᑳᕐᓯᒪᔪᑦ ᐋᓐᓂᐊᖅᑲᕐᓇᕐᒋᑦᑐᓕᕆᓂᕐᒧᑦ ᑲᑐᔾᔨᖅᑲᑎᒌᕐᒋᑦ.
- [***ᐃᓄᐃᑦ ᖃᑐᖕᖓᒥᓂᖕ ᐱᕈᖅᓴᐃᔾᔪᓯᕐᒋᑦ***] (ᐊᐱᖅᓱᑲᑕᓐᓂᖅ ᐃᓄᓐᓂᑦ ᐃᓐᓇᑐᖅᑲᕐᓂᖅ ᐅᖃᓕᒫᒐᕐᒋᑦ Vol. 3), ᓇᖅᑭ ᐃᖅᑯ ᐊᒻᒪ ᐅᖅᓯᕋᓚᒃ ᐅᑦᑐᖅᑭ (2000). ᓄᓇᕗᑦ ᓯᓚᑦᑐᖅᓴᕐᕕᖓ.
- [ᐃᓄᐃᑦ ᖃᑐᖕᖓᒥᓂᖕ ᐱᕈᖅᓴᐃᔾᔪᓯᕐᒋᑦ, ᐃᓚᐃᔾᔭ ᐃᖅᓗ (2014). Inhabit ᑐᓴᐅᑎᓕᕆᔨᑦ ᐊᒻᒪ ᓄᓇᕗᑦ ᓚᕙᒪᖓᑦ.]

ᐱᓕᒻᒪᒃᓴᖃᑦᑕᐅᔪᑦ

ᐊᑲᐅᓂᖅᓴᐅᕙᔪᑦᑐᖅ, ᐃᓕᓐᓂᐊᕐᑐᑦ ᑲᑎᒪᓯᓐᓈᑦ ᐱᖓᓲᔪᕐᑑᑉᐸᑕ (6) ᑎᑭᓪᓗᒋᑦ ᖁᓕᓄᑦ ᒪᕐᕉᓄᓪᓗ (12), ᒪᓕᓪᓗᒍ ᐃᓕᓐᓂᐊᕈᑕᐅᓂᐊᕐᑐᖅ. ᐱᕚᖅᓯᐊᕈᓐᓇᖅᐸᑕ ᐱᓕᒻᒪᒃᓴᖃᑦᑕᐅᔪᑦ ᐅᖃᓕᒪᔪᓐᓇᕐᓯᓗᑎᑦ ᐃᓚᖏᑦ ᐱᖃᑕᐅᓐᖏᒃ-ᑲᓗᐊᕐᑎᓪᓗᒋᑦ. ᐱᕚᖅᑐᐃᓐᓇᐅᔪᓐᓇᕐᑐᑎᑦ ᐱᖃᑕᐅᔪᑦ ᐊᒻᒪ ᐊᐱᖅᓱᕈᓐᓇᕐᓯᓗᑎᑦ ᐊᒻᒪ ᐱᕚᖅᑎᕐᓯᒪᓚᑦ ᐱᔾᔪᑎᖏᓐᓂᑦ ᐃᓕᓐᓂᐊᕐᓂᐊᕐᑕᖏᑕᓗ ᑐᕌᖓᖏᑦ ᐱᓕᒻᒪᒃᓴᕐᓂᖏᓐᓂ ᐊᓯᒥᑦ ᐃᓱᒪᖅᑳᓇᐊᖅᑲᕐᓂᖏᒥᑦ, ᓈᓚᑦᑎᐊᓂᖏᒥᑦ ᐊᒻᒪ ᑭᐅᔪᓐᓇᕐᓗᑎᑦ ᐃᑑᓐᓇᕐᓯᐊᖏᓐᓄᑦ ᐱᓕᒻᒪᒃᓴᖃᑦᑕᐅᔪᑦ ᐱᕗᓪᓕᐊᓂᖏᓐᓂ.

ᐱᓕᒻᒪᒃᓴᖃᑦᑕᐅᔪᑦ ᐅᑭᐅᖏᑦ ᒪᓕᓐᓂᐊᕐᑐᑦ ᖃᓄᐃᓕᐅᕐᑎᑕᐅᓂᖏᑦ ᒪᓕᑦᑐᒋᑦ, ᐅᓄᕐᓂᖏᑦ ᓱᕙᓕᕐᐱᑦ ᐃᖅᑲᓇᐃᔭᕐᐱᓪᓗ ᐊᒻᒪ ᑭᓯᓕᕆᓂᐊᕐᒪᖔᑕ ᑲᑎᒪᓂᖏᓐᓂ. ᐱᓐᖑᐊᕈᑏᑦ ᖃᓄᐃᓕᐅᕐᑎᑕᐅᒍᑏᑦ ᐅᖃᐅᓯᖅᓴᓪᓗ ᐊᔪᖅᑭᖅᑐᖅ ᐱᓕᒻᒪᖅᓴᐅᑏᑦ ᐃᓗᐊᓂ ᐊᑐᖅᑕᐅᔪᓐᓇᕐᑐᑦ ᐅᑭᐅᓕᓐᓄᑦ ᖁᓕᓂᑦ ᐃᓅᓯᑦᑐᕈᕌᑦᑐᓄᑦ ᐊᕙᑎᖏᓐᓄᑦ.

ᒪᑐᐃᓐᓈᖅᓯᐊᕐᓗᓂ ᑐᓐᖓᓱᑦᑎᕐᓯᔪᓐᓇᕐᑐᑦ ᐱᓕᒻᒪᒃᓴᖃᑦᑕᐅᔪᒪᔪᓂᑦ ᐅᕙᑦᓂᓐᓂᑦ ᓂᕈᐊᕐᑕᐅᓯᒪᕚᕆᕐᑐᒥᓂᕐᓂᑦ ᐅᐸᕐᑯᔭᕐᓯᓐᓂᑦ. ᒪᑐᐃᓐᓈᖅᓯᐊᕐᐸᑦ ᑭᒃᑯᐃᓐᓇᕐᓄᑦ ᓄᓇᖅᑲᑦᑕᐅᔪᑦ ᐱᖃᑕᐅᔪᓐᓇᕐᓯᕙᔅᓴᖅᐸᑕ. ᓂᕈᐊᕐᑕᐅᓯᒪᕚᕆᕐᑐᑦ ᐋᖅᑭᑦᓱᐃᔭᐅᔪᓐᓇᖅᐸᑕ ᐃᓕᓐᓂᐊᕐᓯᓐᓈᑦ ᑲᑎᒪᓂᐅᓂᐊᕐᑑᑉ ᐃᓗᓕᖏᖅᑎᓐᓂᑦ ᑐᕌᖓᓪᓚᑦᑖᕐᑐᓂᑦ ᑲᑎᒪᓐᖓᓂᐊᕐᑐᓄᑦ; ᐆᑦᑑᑎᒋᓗᒍ, ᐃᓅᓯᑦᑐᑦ ᐃᓕᓐᓂᐊᓖᕐᐸᑕ ᐃᓕᓐᓂᐊᒃᑲᓐᓂᓇᐊᓖᑦ, ᐃᑲᔪᕐᑕᐅᒃᑲᓐᓂᖅᓴᕐᑐᑦ ᐊᔪᓇᕐᓯᐅᔅᓴᐅᓗᑎᑦ ᐅᕝᕙᓘᓐᓃᑦ ᐃᓅᓯᑦᑐᑦ ᐊᖑᑏᑦ ᐊᐃᐸᐸᖅᑐᑦ ᓄᓕᐊᓯᒥᓂᖕ ᓇᔮᔪᒥᑦ.

ᐱᔮᕿᐸᓪᓕᐊᔪᑦ ᑎᑎᖅᑕᐅᓂᖏᑦ / ᐃᖅᑲᐅᒪᔨᐊᖃᓗᐊᓐᖑᐊᕐᑐᑦ

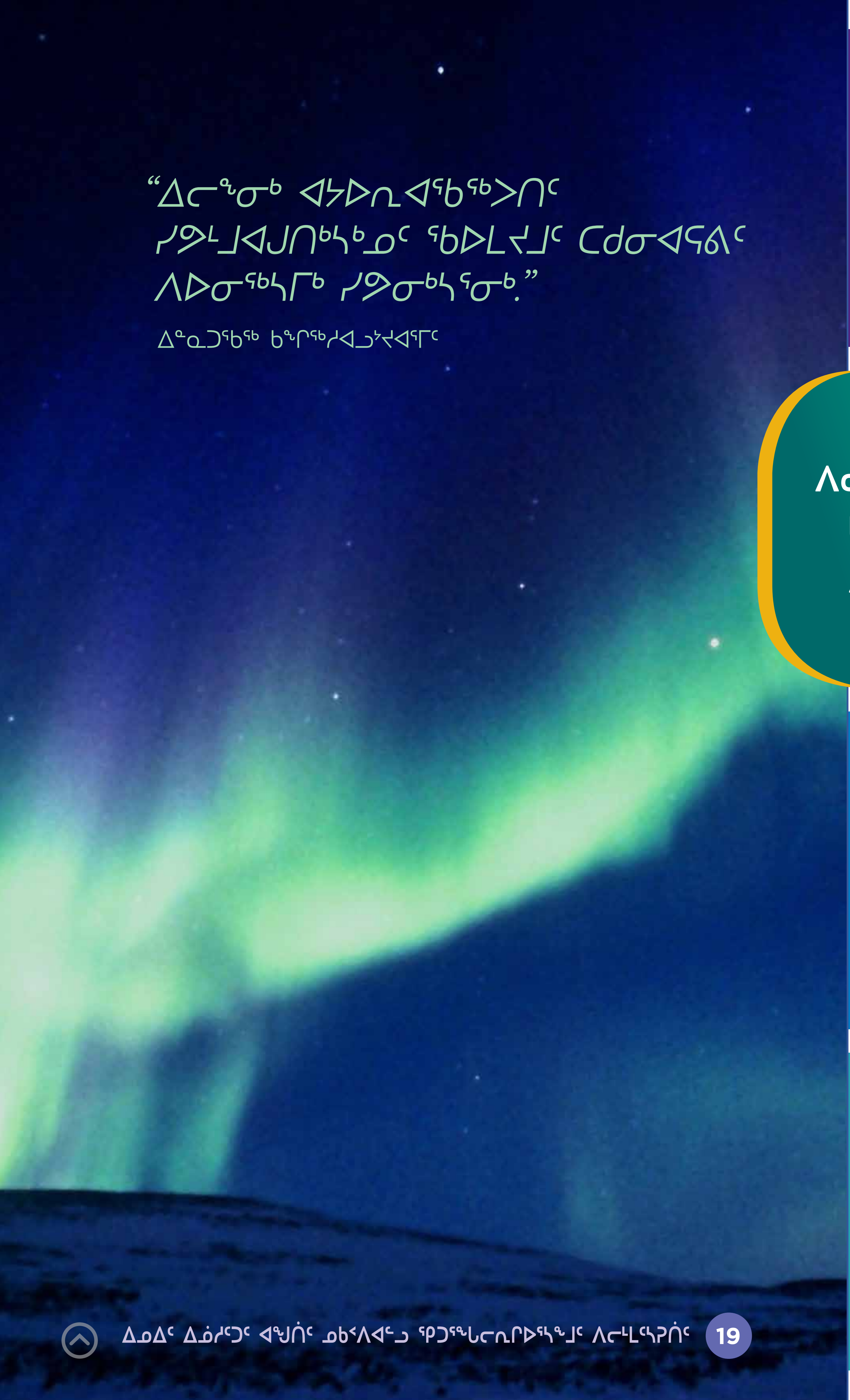
ᐋᖅᑭᑦᓱᕐᓯᒪᓂᖕᖓ ᐃᓕᓐᓂᐊᕐᓯᓐᓈᑦ ᑲᑎᒪᓂᐅᒻ ᐊᔾᔨᖏᕆᑦᑑᔪᓐᓇᕐᑐᑦ ᒪᓕᑦᑐᒋᑦ ᓄᓇᓖᑦ ᐅᐸᓗᖓᐃᕐᓯᒪᓂᖏᑦ, ᐊᑐᐃᓐᓇᑦ ᐃᓕᓐᓂᐊᕖᑦᓴᑦ ᐃᓪᓗᑦ, ᑭᒃᑯᑦ ᐃᓚᒋᔭᐅᑎᑕᐅᓂᐊᕐᒪᖔᑕ ᐱᓕᒻᒪᒃᓴᖃᑕᐅᓂᐊᕐᑐᑦ ᐊᒻᒪ ᐊᑲᐅᒋᔭᒃᑯᑦ ᑲᒪᒋᔪᒪᔭᓐᓂᑦ. ᓱᓕᒃᑲᓐᓂᖅ, ᐃᓱᒪᖅᓴᖅᓯᐅᕈᑎᒋᓗᒋᑦ ᐱᓐᖑᐊᕈᑎᓴᑦ ᐆᑐᖃᐅᑏᑦ ᐊᒻᒪ ᐃᓕᓐᓂᐊᕈᑕᐅᓂᐊᕐᑐᑦ ᐊᑐᕈᒪᕙᔭᑦᑕᑎᑦ: ᐃᓚᒋᔭᐅᑎᓯᓂᖅ ᐃᓐᓇᑐᖅᑲᕐᓂᑦ, ᐊᒡᒍᖅᓯᒪᓗᑎᑦ ᐅᖅᑲᖅᑎᕆᓐᓂᖅ, ᑕᕐᕆᔮᑦ, ᐱᓐᖑᐊᕐᓗᑎᑦ ᐱᓪᓚᑦᑖᓐᖑᐊᕐᓂᖅ, ᐅᓂᒃᑳᖅᑐᐊᕐᓂᖅ ᐊᒻᒪ/ᐅᕝᕙᓘᓐᓃᑦ ᐱᓐᖑᐊᕈᑏᑦ ᖃᓱᓴᕈᑎᑦ.

ᐱᔭᑦᓴᕆᐊᓕᕗᑦ ᓱᕗᖕᖓᒍᑦ ᑲᔪᓯᔪᐊᓂᐊᕐᑦ ᐃᓕᓐᓂᐊᕐᓯᓐᓈᑦ ᑲᑎᒪᓂᖅ ᐅᑯᐊ:

- O ᑮᓇᐅᔭᕐᓯᐅᕐᓂᖅ ᓇᓂᓯᕆᐊᖃᕈᑕ.
- O ᐃᖅᑲᓇᐃᔭᕐᑖᕐᓂᖅ ᑐᑭᒧᐊᕐᑎᓯᔨᒥᑦᑐᓂᑦ) ᐃᓅᓯᓕᕆᔨᒥᓪᓗ(ᓂᓪᓗ).
- O ᑐᑭᒧᐊᕐᑎᓯᔨ(ᔨᑦ) ᐋᖅᑭᓱᐃᖁᑎᒋᓪᓗᒋᑦ ᐃᓗᓕᖏᖅᑎᓐᓂᑦ.
- O ᐃᓱᒪᖅᓴᖅᓯᐅᕈᑕᐅᓗᓂ ᐊᑦᑕᓇᖅᑐᐃᓯᒪᓂᖅ ᐊᒻᒪ ᐊᑲᕐᕆᓂᐊᕐᖁᓗᐊᕐᒪᖔᑕ ᖃᓄᖅᑑᕈᑕᐅᕆᐊᓖᑦ.
- O ᓇᓗᓇᐃᕐᓗᒍ ᐃᓕᓐᓂᐊᕐᓯᓐᓈᑦ ᑲᑎᒪᕕᐅᓂᐊᕐᑐᖅ ᐃᓂᖓ.
- O ᓄᓇᖅᑲᑎᒋᓂᑦ ᐊᑭᓕᕐᓯᐃᔭᒪᒐᔭᕐᑐᓂᑦ ᕿᓂᕐᓗᑎᑦ ᐃᑲᔪᕈᒪᔪᓂᓪᓗᓐᓂᑦ.
- O ᓴᖅᑭᔮᕐᑎᓪᓗᒍ ᐃᓕᓐᓂᐊᕐᓯᓐᓈᑦ ᑲᑎᒪᓂᐅᓂᐊᕐᑐᖅ.
- O ᐋᖅᑭᑦᓱᕐᑕᐅᕙᓐᓂᕐᓗᑎᑦ ᓱᓇᒃᑯᑎᓭ ᓂᐅᖅᑲᖅᓯᑦ ᑕᒧᓗᑦᓴᐃᓪᓗ.
- O ᑲᒪᒋᔭᐅᕙᓐᓂᕐᓗᑎᑦ ᒪᓕᑌᕐᑎᒍᑦ ᐋᖅᑭᑉᐸᕐᓂᐊᓖᑦ ᓵᕐᓗ ᓇᓪᓕᐅᒃᑯᓛᖅᑲᐅᑎᑦ, ᐊᓯᖕᒋᓪᓗ.
- O ᓂᕈᐊᕐᓯᓂᖅ ᐱᓕᒻᒪᒃᓴᖃᑦᑕᐅᓂᐊᕐᑐᓂᑦ.
- O ᖃᐅᔨᓴᕐᑕᐅᓂᖏᑦ ᐱᕗᓪᓕᐊᓂᖏᑕ.
- O ᓴᓗᒻᒪᖅᓴᕐᑕᐅᓗᓂ ᐱᔮᕿᐸᑕ.

ᓱᓇᒃᑯᑏᑦ ᐊᑐᓇᐊᕐᑲᑐᐃᓐᓇᓇᐊᓖᑦ:

- O ᓇᖏᕐᑐᒥ ᐸᐃᐸᐁᑦ ᑎᑎᕐᕿᐊᓯᐊᑦ.
- O ᓇᖏᑦᑐᑦ ᐸᐃᐹᒃᑯᕖᑦ.
- O ᑳᑭᐅᑎᓯᐊᑦ.
- O ᑎᑎᕋᐅᑏᑦ ᐃᑦᑎᓖᑦ.
- O ᓂᐱᔫᑦ.
- O ᐊᑎᓕᐅᕐᕖᑦ ᓇᓗᓇᐃᒃᑯᑏᑦ.
- O ᐃᒻᒥᒃᑯᑦ ᑎᑎᕋᕐᕕᓯᐊᑦ.
- O ᑎᑎᕋᐅᕐᑏᑦ ᐸᐅᓖᑦ/ ᑎᑎᕋᐅᑎᓪᓚᑦᑖᓪᓗ.
- O ᓱᓇᒃᑯᑏᑦ ᐱᓐᖑᐊᕈᑎᓴᓄᑦ.
- O ᓵᓚᖅᑲᐅᓯᐊᓯᐊᑦ.
- O ᓂᐅᖅᑲᓕᓇᕐᓯᑦ ᓂᓇᑎᑦᓯᖅᑲᑦᑕᓂᐊᕐᑐᓪᓗ.



“ᐃᓕᖕᓂᒃ ᐊᔪᐅᓇᐊᖃᕐᐳᑎᑦ ᓯᕗᒻᒧᐊᒍᑎᒃᓴᒃᓄᑦ ᖃᐅᒪᔪᒧᑦ ᑕᑯᓂᐊᕋᕕᑦ ᐱᐅᓂᕐᓴᒥᒃ ᓯᕗᓂᒃᓴᕐᓂᒃ.”

ᐃᓐᓇᑐᖃᕐ ᑲᖏᕐᓱᐊᓗᔾᔪᐊᕐᒥᑦ

ᐊᖏᔪᕐᑳᖑᓗᓂ
ᕿᑐᕐᖓᓕᓇᔾᔪᓯᓂᑦ
ᐃᓕᓐᓂᐊᕐᓯᓐᓈᑦ
ᑲᑎᒪᓂᕐ

ᐱᓕᒻᒪᕐᓴᕐᓯᓐᓃᑦ
ᑲᑎᒪᔾᔪᑏᑦ
ᐃᓗᓕᖏᑦ

ᖃᓄᐃᓕᐅᕐᑎᑕᐅᓂᕐ
ᐆᑦᑐᕐᑎᑕᐅᓂᕐᓗ

ᐊᓯᒃᑲᓐᓂᖕᒋᑦ
ᐃᓕᓐᓂᐊᕈᑎᑦ

“ᐃᓕᖕᓂᒃ ᐊᔭᐅᕆᐊᖃᖅᐳᑎᑦ
ᓱᕈᒻᒧᐊᒍᑎᒃᓴᒃᓄᑦ ᖃᐅᒪᔫᒧᑦ ᑕᑯᓂᐊᕋᕚᑦ
ᐱᐅᓂᖅᓴᒥᒃ ᓱᕈᓂᒃᓴᕐᓂᒃ.”

ᐃᓐᓇᑐᖃᖅ ᑲᖏᖅᓱᐊᓗᔾᔪᐊᕐᒥᑦ

ᐱᓕᒻᒪᕐᕆᓯᓇᓅᑦ ᑲᑎᒪᔾᔪᑏᑦ ᐃᓗᓕᖏᑦ

"ᐱᕝᕙᓪᓕᐅᑎᒋᐊᓪᓚᕆᐊᕈᓂ ᓯᕗᒧᑦ ᖃᐅᒪᕝᕙᒧᑦ ᑕᑯᓇᕐᓯᐊᖑᐸᓪᓚᑎᑦ ᐱᐅᓂᖕᓯᒥᑦ ᓯᕗᓂᖕᖃᖅᓂᐊᕋᕙᑦ." (ᐃᓄᑐᖃᖅ ᑲᖏᖅᖢᐊᓗᔾᔪᐊᒥᐅᖅ)

ᖃᐅᔨᒋᐊᕐᕕᐅᓯᒪᔪᑦ: ᓴᐱᓕᑦᑕᐃᓕᓂᖅ: ᐊᓂᒍᐃᓂᖅ ᐊᑦᓱᕋᖅᑐᓂᑦ ᐊᐳᕆᑕᐅᕙᑦᑐᓂᑦ ᐊᒻᒪ ᐃᓄᒃᑭᓯᐊᖅᑐᓂ ᓯᕗᒧᐊᒋᐊᕐᓂᖅ, NAHO, 2007, ᒪᐱᒐᖅ. 38

ᐃᓕᓐᓂᐊᕐᓯᓇᓅᑦ ᑲᑎᒪᓂᖅ ᐱᓕᒻᒪᖕᖃᑕᐅᔪᑦ ᑐᑭᓯᓯᒪᒋᐊᓖᑦ ᐋᑖᑦᓯᐊᕙᐅᓂᐊᖅᑐᓂ ᖃᓄᐃᓵᕈᓇᓇᐊᖃᕐᒪᑦ ᑐᑭᓱᓇᓯᐊᖅᑐᓄᑦ; ᐊᒻᒪ ᐊᐃᑉᐸᖃᖅᓂᖅ ᕿᑐᖕᖓᓕᕆᓂᖕᒍᓪᓗ ᐃᓱᒪᓕᐅᕈᑕᐅᕆᐊᓖᑦ ᐅᐃᒻᒪᑦᑕᐃᓕᓗᓂ ᑭᓯᐊᓂᐅᒻᒪᑦ, ᖃᓄᐃᖕᖏᑦᓯᐊᖅᑐᒥᑦ ᐃᓱᒪᓯᐊᕆᑦᑐᒥᓪᓗ, ᓂᖕᖓᐅᒪᓂᒃᑰᖕᒋᑦᑐᖅ. ᑕᒪᒃᑯᐊ ᐃᓅᓯᖕᒥ ᐱᓕᒻᒪᓯᒪᒋᐊᓖᑦ ᐊᒻᒪ ᐅᖃᖃᑎᒌᒍᑕᐅᒋᐊᓖᑦ ᐃᓕᓐᓂᐊᕐᓯᓇᓅᑦ ᑲᑎᒪᓂᖕᒥ.

"ᐊᖑᑏᑦ ᐃᑲᔪᖅᑕᐅᔪᒪᕙᔪᐃᒻᒪᑕ ᐃᑲᔪᖅᑕᐅᒋᐊᖃᖅᑐᒋᖕᖏᒧᑦ...ᐊᖑᑏᑦ ᕿᑐᖕᖓᒥᓂᖕ ᐃᑲᔪᕐᓂᖕᓴᐅᔭᖅᑐᑦ ᐃᒻᒥᓂᖕ ᑭᖑᓪᓕᐅᑎᓪᓗᑎᑦ" (ᐃᓄᒃ ᐋᑕᑕ)

ᖃᐅᔨᒋᐊᕐᕕᐅᓯᒪᔪᑦ: ᓇᓗᓇᐃᖅᓯᕙᐅᓯᒪᒧᑦ ᐊᖏᔪᖅᑳᓄᑦ ᐃᑲᔫᑎᖓᑦ ᓄᓇᕗᒥ: ᕿᒥᕐᕈᔭᐅᓯᒪᔪᑦ, ᖃᐅᔨᒋᐊᕐᑏᑦ ᖃᐅᔨᓴᕐᕕᖓ, 2010, ᒪᐱᒐᖅ. 24.

ᐃᓚᒌᓯᐊᕈᓰᑦ ᖃᓄᐃᙱᑦᓯᐊᓂᖕᒧᑦ

"ᐃᖅᑲᐅᒪᒋᐊᕐᓗᑕ ᐃᓄᐃᑦ ᐃᓄᓯᐊᕙᐅᖓᓗᐊᕐᒪᑕ; ᐃᓗᓐᓈᓗᑎᑦ ᐱᐅᙱᑦᑐᐊᓘᙱᒻᒪᑕ. ᐊᒥᓲᒻᒪᑕ ᐃᓄᑦᑕᖓᑕ ᐱᐅᓂᖏᑦ, ᐱᐅᕆᔭᓐᓇᕐᑕᕗᑦ. ᐊᑭᕋᕐᑐᕆᐊᑐᙱᑦᓯᐊᕐᑕᕗᑦ ᒥᑭᑦᑑᑎᑯᓗᓐᓄᑦ ᐱᐅᕆᙱᑦᑐᐃᓐᓇᒧᑦ ᖃᓂᑦᑕᖕᒑᕋᓯᑦᓗᑎᒍ." (ᐃᓄᑐᖃᖅ Hᐅᕐᑕᐃᔪᑦ)

ᖃᐅᔨᒋᐊᕐᕕᐅᓯᒪᔪᑦ: ᓴᐱᓕᑦᑕᐃᓕᓂᖅ: ᐊᓂᒍᐃᓂᖅ ᐊᑦᓱᕋᖅᑐᓂᑦ ᐊᐳᕆᑕᐅᕙᑦᑐᓂᑦ ᐊᒻᒪ ᐃᓄᒃᑭᓯᐊᖅᑐᓂ ᓯᕗᒧᐊᒋᐊᕐᓂᖅ, NAHO, 2007, ᒪᐱᒐᖅ. 9

ᖃᓄᖅ ᐊᐃᑉᐸᕇᓯᐊᕈᙱᕙᑦ?

ᖃᓄᖅ ᑕᐅᑦᑐᖃᑉ "ᖃᓄᐃᙱᑦᓯᐊᕐᑐᒃᑯᑦ" ᐊᐃᑉᐸᕇᓐᓂᖅ? ᖃᓄᐃᙱᑦᓯᐊᕐᑐᑦ ᐱᖃᓅᑦ ᐊᕐᓇᖅ, ᐊᖑᑎ ᐊᐃᑉᐸᕇᑦ ᐃᓚᒌᓯᐊᕐᑐᑦ ᐃᑲᔪᕐᑎᐅᖃᑎᒌᓯᐊᕐᑐᑦ, ᓇᓪᓕᒋᖃᑦᑕᐅᑎᔪᑦ ᐊᐃᑉᐸᕇᓯᐊᕐᑐᓪᓗ. ᑖᒃᑯᐊ ᐃᓚᒌᒍᓰᑦ ᐃᑲᔪᕈᓇᕐᑐᑦ ᑕᑯᓇᙱᐊᓯᒪᔭᑎᑦ ᑎᑭᑦᑐᓇᕐᑯᓪᓗᒋᑦ; ᐃᑲᔪᕐᓂᖅᕈᓇᖕᖓᑕ ᐃᓱᒪᓯᐊᕆᓐᓂᖕᒧᑦ. ᐊᑲᐅᒋᖅᑕᐅᑎᙱᕐᑐᐊᓗᐃᑦ ᐊᐃᑉᐸᕇᓯᐊᖕᒋᑦᑐᑦ ᐋᓐᓂᖅᑕᐅᑎᕙᔪᑦᑐᑦ, ᐋᓐᓂᖅᑎᓇᕙᑦᑐᑦ ᐊᒻᒪ ᓂᙱᓇᓯᐊᕐᑐᑎᑦ ᓄᓖᑦᑕᓇᕐᑐᑦ ᑭᒃᑯᑐᐃᓇᓯᐊᓄᑦ ᐃᓚᒌᓂ, ᐱᓗᐊᕐᑐᖅ ᓱᕈᓯᑯᓗᓐᓄᑦ.

ᐃᓚᖕᖓᓂ 12-ᒪᐱᒐᑦ ᐃᑲᔫᑎᓴᑦ, ᐃᓚᒌᓯᐊᕈᓰᑦ ᖃᓄᐃᙱᑦᓯᐊᓂᖕᒧᑦ, ᐃᓅᓯᕐᖕᒥᑦ ᐃᓴᒃᓯᒪᒋᑦ ᑲᑎᒪᔩᖕᒋᑦ ᐅᖃᖅᓯᒪᔪᑦ: "ᑭᓇᑐᐃᓐᓇᓯᐊᖅ ᓇᓪᓕᒋᔭᐅᒋᐊᖃᕋᓗᐊᕐᒪᑦ ᐃᑉᐱᒋᔭᐅᓯᐊᕐᑐᓂᓗ ᐃᖅᑲᓱᖃᑎᒌᓐᓂᒃᑯᑦ ᐃᓚᒌᑦ. ᖃᓄᐃᓕᐅᕈᓯᕗᑦ ᓵᙳᔾᔪᑎᕗᓪᓗ ᐊᐃᑉᐸᑎᓄᑦ ᐊᐅᓚᑦᑐᓐᓇᕋᑦᑎᒍ."

ᐊᐃᑉᐸᕇᓯᐊᕋᓱᐊᕐᑐᓂ ᐱᔭᕇᐊᑐᔪᓪᓚᕇᒻᒪᑦ ᐋᖅᑭᑦᓱᐃᑎᒋᐊᖅᑲᕐᓂᖅ ᓈᓚᒋᐊᖅᑲᕐᓂᕐᓗ. ᐃᒻᒥᓂᖕ ᐊᑦᓯᐊᓗᖕ ᖃᐅᔨᒪᓇᓱᐊᓕᒃ ᐊᓯᓐᓄᑦᓗ ᓇᓪᓚᙱᓂᖅᑲᕐᓗᑎᑦ. ᐱᔭᕇᐊᑐᓕᔾᔪᒻᒪᑦ ᐅᓂᒃᑳᖅᑲᕇᐊᓴᖅ ᑕᑯᓇᙱᐊᕐᓯᒪᔭᙱᑦ, ᐅᐱᑎᓴᙱᑦ ᐱᓇᕇᓴᙱᑦ, ᑲᐱᐊᒋᔭᙱᓪᓗ ᑭᓯᐊᓂᓕ ᐃᖅᑯᓪᓕᐅᑎᒋᖃᑦᑕᓕᕐᑐᒋᑦ ᑕᑎᒌᑦᑐᙱᕐᓯᔪᙱᖕᖓᑕ ᐅᐱᑎᖃᑦᑕᐅᑎᓗᑎᑦ ᖃᓂᓪᓚᓂᖕᓴᐅᓗᑎᓪᓗ ᐊᐃᑉᐸᕇᓐᓂᒃᑯᑦ. ᖃᓄᐃᙱᑦᓯᐊᕐᓗᑎᑦ ᐊᐃᑉᐸᕇᑦ ᐅᖃᓕᒫᕋᓱᐊᖕᒋᑦ ᐅᖃᖅᓯᒪᒻᒪᑕ ᐃᒫᖕ:

“ᐃᖁᕕᑦ ᐊᐃᑉᐸᐃᓪᓗ ᑕᕝᕗᖕᒐᖅᐃᓐᓇᖅ ᑐᕌᒐᖃᕋᓯ. ᐊᖏᖅᓯᒪᓗᒋᑦ ᐊᑐᓂ ᑕᑯᓐᓇᕐᑕᓯ ᐊᒻᒪ ᓴᓐᖏᓂᓯ ᑕᐱᓖᓪᓗᓯ ᓵᓐᖓᓯᔪᓐᓇᕐᓂᐊᕋᓯ ᐃᓄᑑᔨᕐᖏᓪᓗᑎᑦ.”

ᖃᐅᔨᒋᐊᕐᕕᐅᓯᒪᔪᑦ: ᐃᓚᒌᑦᓯᐊᕈᓰᑦ ᖃᓄᐃᓐᖏᑦᓯᐊᓂᖕᒍᑦ, ᐃᓅᓯᕐᖏᑦ ᐃᓴᒃᓯᒪᒋᑦ ᑲᑎᒪᔨᖏᑦ, 2020

ᐅᖃᐅᓯᐅᔪᓂᑦ ᐊᐱᖅᑯᑎᖕᑦ ᖃᓄᐃᓕᐅᕐᑎᑕᐅᓂᕐᓗ

1. ᖃᓄᖅ ᐊᐃᑉᐸᓖᑦᓯᐊᕐᓂᖅ ᑐᑭᖃᕐᐸ ᐃᓕᓐᓄᑦ?
2. ᐃᖅᑲᖕᕐᓗᑎᑦ ᑭᒃᑯᓐᓂᖕ ᐊᐃᑉᐸᓖᑦᓯᐊᕐᑑᓐᓂᖕ ᑕᑯᓯᒪᒻᒪᖖᕐᒥᑦ. ᖃᓄᖅ ᐱᐅᓯᖃᓲᖑᕚᖕ ᐃᒻᒥᓄᑦ?
3. ᐊᐃᑉᐸᕐᑲᑦᓯᐊᓚᐅᕐᓯᒪᒍᕕᑦ, ᖃᓄᖅ ᑕᐅᑦᑐᖃᕐᓂᖅᐸ? ᖃᓄᖅ ᓵᓐᖓᑦᓯᖃᑦᑕᓂᕐᐱᓯ ᐊᑦᓱᕆᓇᕐᑐᓂᑦ?
4. ᐊᐃᑉᐸᕐᑲᑦᓯᐊᓚᐅᕐᓯᒪᓐᖏᒃᑯᑦ ᓱᓕ, ᖃᓄᐃᓕᐅᕋᔾᕐᐱᑦ ᐊᐃᑉᐸᓖᑦᓯᐊᕐᑯᓪᓗᓯ?
5. ᑕᑯᓐᓇᕐᓗᒍ ᐊᒻᒪ ᐅᖃᐅᓯᕆᓗᒋᑦ 14-ᒥᓂᑦ ᑕᕐᕆᔾᔅᖅ ᓅᐃᐅᓪ ᖃᓗᔾᔭᖅᒥᑦ, ᑲᖏᖅᓵᓂᖕᒥᐅᖅ, ᐅᖃᐅᓯᖃᕐᑎᓪᓗᒍ ᐃᓚᒌᑦᓯᐊᕈᓯᓂᑦ ᖃᓄᐃᓐᖏᑦᓯᐊᓂᖕᒍᑦ.

ᓴᓇᕿᑎᑦ/ᑎᑎᖅᑲᑦ/ᑐᓂᐅᖅᑲᒐᑦ ᐊᑐᖅᑕᐅᔪᓐᓇᕐᑐᑦ ᐃᓕᓐᓂᐊᕐᑐᓂ

- ***ᐃᒻᒥᓂᖕ ᐃᑉᐱᒋᑦᑎᐊᕐᑐᖕᒐ*** ᓴᖅᑭᑕᐅᓚᐅᕐᓯᒪᔪᖅ ***ᐃᓕᓐᓂᐊᕐᕕᒻᒥ ᐅᓂᒃᑳᓇᔾᔪᐅᓪᓗᓂ*** ᐃᓚᒌᑦᓯᐊᕈᓰᑦ ᖃᓄᐃᓐᖏᑦᓯᐊᕐᓗᓂ ᒥᑦᓴᓄᑦ ᐱᖕᒐᓲᔪᕐᑐᓂᑦ ᐃᓗᓕᖅᑲᕐᑐᖅ ᐅᖃᖃᑎᒌᓐᖑᐊᕈᑎᓂᑦ ᐊᒻᒪ ᒪᕐᕉᓕᖕᒐᓗᑎᑦ ᐱᓐᖑᐊᕈᑏᑦ ᐃᓅᓯᑐᓄᑦ.
- ᒪᕐᕌᒃ ᒪᑉᐱᒑᒃᐃᓚᒌᑦᓯᐊᕈᓰᑦ ***ᖃᓄᐃᓐᖏᑦᓯᐊᓂᖕᒍᑦ: ᐃᒻᒥᓂᖕ ᐅᓂᒃᑳᓇᓚᐅᕐᑕ*** ᐅᖃᓕᒫᒐᕋᓛᖏᑦ ᐅᖃᐅᓯᖅᖄᑉᓕᐊᒍᑏᑦ ᖃᓄᐃᓐᖏᑦᓯᐊᕐᓗᓂ ᐊᒻᒪ ᖃᐅᔨᒪᓕᒪᓇᓐᖏᑦᑐᓂᑦ ᖃᓄᐃᓐᖏᑦᓯᐊᓂᖕᒍᑦ ᐊᒻᒪ ᐅᐸᓗᖕᒐᐃᓯᒪᓂᖅ ᐊᐃᑉᐸᕐᑲᑦᓯᐊᕐᓂᖕᒍᑦ.
- ***ᓴᓐᖏᔪᒥᑦ ᑐᓐᖓᕕᖅᑲᕐᓂᖅ*** ᐃᓚᖕᒐᓃᑦᑐᖅ ᐃᓅᓯᕐᒥᑦ ᐃᓴᒃᓯᒪᒋᑦ ᑲᑎᒪᔨᖏᑕ 12-ᒪᑉᐱᒐᖅ ***ᐃᓚᒌᑦᓯᐊᕈᓰᑦ ᖃᓄᐃᓐᖏᑦᓯᐊᓂᖕᒍᑦ*** ᐅᖃᓕᒫᒐᕋᓛᑦ ᓇᐃᓈᕐᓯᒪᔪᑦ 16 ᐃᓛᒃᑯᕐᑐᑦ ᑐᓂᐅᖅᑲᒐᐅᔪᓐᓇᕐᑐᑦ.
- ᐃᓚᒌᑦ ᒪᑉᐱᒐᖅ ***ᐃᓅᓯᑦᑎᐊᕆᖕᓂᖅ ᐃᓪᓗᒥᐅᕐᑲᑎᒌᓪᓗᓂ*** ᐃᑭᐊᖅᑭᕕᒃᑯᑦ ᐱᑐᖁᕕᖕᒐᓂ ᐅᓂᒃᑳᑦᓯᐊᕐᓯᒪᔪᑦ ᖃᓄᐃᓐᖏᑦᓯᐊᕐᓗᓂ ᐊᒻᒪ ᖃᐅᔨᓕᒪᓇᓐᖏᑦᑐᓂᑦ ᐃᓚᒌᑦᓯᐊᕈᓰᑦ ᖃᓄᐃᓐᖏᑦᓯᐊᓂᖕᒍᑦ.
- ᐸᐅᒃᑑᑎᑦ ᐊᑐᐃᓐᓇᕐᑲᕐᒥᔪᑦ ᑕᕐᕆᔾᔮᓂᑦ ***ᓅᐃᐅᓪ ᖃᓗᔾᔭᖅ*** ᐅᖃᐅᓯᕐᑲᕐᑎᓪᓗᒍ ᐃᓚᒌᑦᓯᐊᕈᓰᑦ ᖃᓄᐃᓐᖏᑦᓯᐊᓂᖕᒍᑦ ᐊᒻᒪ ᐊᖑᑏᑦ ᒪᒥᓴᕿᑎᖕᖏᓐᓂᑦ.
- ***ᐊᐃᑉᐹᓖᑦᑎᐊᕐᓂᖅ ᖃᓄᖅᑑᕿᑏᑦ*** ᐅᖃᓕᒫᒐᑦ ᐃᓅᓯᕐᖏᑦ ᐃᓴᒃᓯᒪᒋᑦ ᑲᑎᒪᔨᖏᓂᑦ ᐱᖃᓯᐅᔾᔨᓯᒪᔪᑦ ᐱᓐᖑᐊᕈᑎᓂᑦ, ᐊᑐᐊᒐᖕᓂᑦ ᑲᑎᒪᔨᑦ ᑕᕐᕆᔾᔮᓕᐊᒥᓂᖏᓐᓂᑦ ᐊᒻᒪ ᐊᐱᖅᑯᑎᑕᖃᕐᑐᑎᑦ ᐊᔾᔨᖏᖏᑦᑐᓂᑦ ᐃᓚᒌᑦᓯᐊᕈᓰᑦ ᖃᓄᐃᓐᖏᑦᓯᐊᓂᖕᒍᑦ ᑐᕌᖕᒐᔪᓂᑦ.

ᐃᓕᖅᑲᓐᓂᕋᕐᓴᑦ - ᐃᓕᓐᓂᐊᕈᑏᑦ ᐱᔾᔪᑎᖏᑦ ᐃᓕᓐᓂᐊᕐᓂᐊᕐᑕᖏᑕᓗ ᑐᕌᒐᖏᑦ ᐱᓕᒻᒪᕐᕙᕐᓂᖏᓐᓂ

- ᐃᓅᓯᕐᒥᑦ ᐃᓄᒃᓯᒪᒋᑦ ᑲᑎᒪᔨᖏᑦ ᐊᑐᐃᓐᓇᐅᑦᓯᒻᒥᔪᑦ ***ᐃᓚᒌᑦᓯᐊᕈᓰᑦ ᖃᓄᐃᓐᖏᑦᓯᐊᓂᖑᒍᑦ***, 12-ᒪᐸᒋᑦ ᐊᖏᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ ᐅᖃᓖᒪᒍᑏᑦ ᓇᓗᓇᐃᕐᓯᓯᒪᔪᑦ 16ᓂᑦ ᐃᓱᒪᖅᓴᖅᓯᐅᕈᑎᖕᓂᑦ ᐃᓚᒌᑦᓯᐊᕈᓯᓂᑦ ᖃᓄᐃᓐᖏᑦᓯᐊᓂᖑᒍᑦ.
- ***ᐃᒻᒥᓂᖓ ᐃᐸᒋᑦᑎᐊᕐᑐᖓ*** ᐃᑭᐊᖅᑭᕕᒃᑯᑦ ᐱᑐᕝᕕᖓᓂ ᐅᖃᓖᒪᕐᑕᓕᒃ 19-ᒪᐸᒋᑦ ᐃᓕᓐᓂᐊᕐᕕᐅᐸ ᐃᓪᓗᕈᓯᖓᓂ ᐅᓂᒃᑳᒥᓂᕐᓂᑦ ᑕᐃᔭᐅᓪᓗᑎᑦ ***ᐃᓚᒌᑦᓯᐊᕈᓰᑦ ᖃᓄᐃᓐᖏᑦᓯᐊᓂᖑᒍᑦ*** ᑕᐃᒫᖕ ᐱᖃᓯᐅᔾᔨᓯᒪᓪᓗᑎᑦ ᐱᓐᖑᐊᕈᑎᖕᓂᑦ ᐆᑦᑐᕋᐅᑎᓴᓂᑦ ᐃᓄᓐᓄᑦ ᐃᓅᓯᑦᑐᓄᑦ ᐊᒻᒪ ᐅᓂᒃᑳᖅᑎᐅᑉ ᑎᑎᕋᑦᑕᒥᓂᖏᓐᓂᑦ. ᐃᓚᓴᐃᔨᐅᑉ ᐊᔪᓇᕐᓯᐅᔾᔨᒍᑎᖏᑦ ᐊᒻᒪ ᐆᑦᑐᕋᐅᑎᖕᓴᑦ ᐸᕐᓇᐅᑎᖏᑦ ᐊᑐᐃᓐᓇᐅᒻᒥᔪᑦ.
- 32-ᒪᐸᒋᑦ ***ᐊᐃᑉᐹᕿᑦᑎᐊᕐᓂᖅ ᖃᓄᖅᑑᕈᑏᑦ ᐅᖃᓖᒪᒋᑦ*** ᐱᔭᐅᓂᒃᑯᑦ ᐃᓅᓯᕐᒥᑦ ᐃᓄᒃᓯᒪᒋᑦ ᑲᑎᒪᔨᖏᓐᓂᑦ ᐱᖃᓯᐅᔾᔨᓯᒪᔪᑦ ᐱᓐᖑᐊᕈᑎᓂᑦ, ᐅᓂᒃᑳᓂᑦ ᓇᐃᓈᕐᓯᒪᔪᓂᑦ ᑲᑎᒪᔨᓄᑦ ᑕᕐᕿᔫᑉᓴᓂᑦ ᐊᒻᒪ ᐅᖃᐅᓯᐅᔪᓂᑦ ᐊᐱᖅᑯᑎᑖᒥᓂᕐᓂᑦ ᐱᔪᑎᖃᕐᑐᑎᑦ ᐃᓚᒌᑦᓯᐊᕈᓰᑦ ᖃᓄᐃᓐᖏᑦᓯᐊᓂᖑᒍᑦ.
- ***ᐃᒻᒥᓂᖓ ᐃᐸᒋᑦᑎᐊᕐᑐᖓ*** ᐊᑐᐃᓐᓇᓛᑦ ***ᐊᑐᖑᒐᕙᑦ***, 40-ᒪᐸᒋᑦ ᐊᖏᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ ᐅᖃᑦᑕᐃᓕᓐᖏᑦᑐᑦ ᐅᓂᒃᑳᓕᐊᒥᓃᑦ ᐃᓄᐃᑦ ᐃᓅᓯᑦᑐᖏᓐᓄᑦ ᓄᓕᐊᕐᓂᒃᑯᑦ ᖃᓄᐃᑦᑕᐃᓕᒋᐊᖅᑲᕐᓂᖕᒥᑦ. ᐃᒥᒃᑰᖓᔪᓂᑦ ᐃᓚᓴᐃᔨᓄᑦ ᐊᑐᐊᕋᕙᓂᑦ ᐊᑐᐃᓐᓇᖅᑲᑦᑲᕐᑐᖅ.
- ***ᐃᒻᒥᓂᖓ ᐃᐸᒋᑦᑎᐊᕐᑐᖓ*** ᐃᑭᐊᖅᑭᕕᒃᑯᑦ ᐱᑐᕝᕕᖓᓂ ᒪᐸᒐᖅ ᑕᐃᔭᐅᓪᓗᓂ ***ᐊᖏᕌᖏᑦᑐᑦ ᐃᓚᒌᒍᓰᑦ*** ᓇᐃᓈᕐᓯᒪᔪᓂᑦ ᑐᑭᓕᐅᕐᓯᒪᔪᑦ ᐊᐃᑉᐸᕿᓕᖅᑐᑦ, ᓂᐊᕐᓂᖑᒍᑦ ᐊᒻᒪ ᐊᓯᓐᓂᑦ ᐃᓚᒌᒍᓯᓂᑦ ᐊᒻᒪᓗᑦᑕᐅᖅ ᐊᑐᖅᑕᐅᓕᒪᓇᖏᑦᑐᓂᑦ ᐃᓚᒌᑦᓯᐊᕈᓰᑦ ᖃᓄᐃᓐᖏᑦᓯᐊᕐᓂᖑᒍᑦ.

ᐃᓄᐃᑦ ᖃᐅᔨᕕᒋᓯᒪᔭᑯᑦ ᐃᓚᒌᑦᓯᐊᕈᓯᓂᑦ ᖃᓄᐃᓐᖏᑦᓯᐊᕐᓂᖑᒍᑦ

- *ᐊᐃᑉᐸᒌᑦᑎᐊᕐᓂᖅ: ᐅᖃᐅᓯᐅᓂᐊᕐᑐᓄᑦ ᐊᑐᐊᒐᑦ* (2022). ᐃᓅᓯᕐᒥᑦ ᐃᓄᒃᓯᒪᒋᑦ ᑲᑎᒪᔨᖏᑦ.
- *ᐊᑐᖑᒐᕙᑦ* (2012). ᐃᒻᒥᓂᖓ ᐃᐸᒋᑦᑎᐊᕐᑐᖓ, ᓄᓇᕗᑦ ᐋᓐᓂᐊᕐᑐᓕᕆᔾᔭᒃᑯᖏᑦ.
- *ᐊᖏᕌᖏᑦᑐᑦ ᐃᓚᒌᒍᓰᑦ*. ᐃᒻᒥᓂᖓ ᐃᐸᒋᑦᑎᐊᕐᑐᖓ, ᓄᓇᕗᑦ ᐋᓐᓂᐊᕐᑐᓕᕆᔾᔭᒃᑯᖏᑦ.
- *ᐃᓚᒌᑦᓯᐊᕈᓰᑦ ᖃᓄᐃᓐᖏᑦᓯᐊᓂᖑᒍᑦ* (ᐃᑭᐊᖅᑭᕕᒃᑯᑦ ᐱᑐᕝᕕᖓᓂ ᐃᑲᔫᑎᖃᑦ ᐊᒻᒪ ᐅᓂᒃᑳᕐᓂᐊᕐᓗᓂ ᐅᖃᓖᒪᒐᖃᑦ). ᐃᒻᒥᓂᖓ ᐃᐸᒋᑦᑎᐊᕐᑐᖓ, ᓄᓇᕗᑦ ᐋᓐᓂᐊᕐᑐᓕᕆᔾᔭᒃᑯᖏᑦ.
- *ᐃᓚᒌᑦᓯᐊᕈᓰᑦ ᖃᓄᐃᓐᖏᑦᓯᐊᓂᖑᒍᑦ ᐃᓕᓐᓂᐊᕐᕕᒻᒥ ᐅᓂᒃᑳᑦ* (2018). ᐃᒻᒥᓂᖓ ᐃᐸᒋᑦᑎᐊᕐᑐᖓ, ᓄᓇᕗᑦ ᐋᓐᓂᐊᕐᑐᓕᕆᔾᔭᒃᑯᖏᑦ.
- *ᐃᓚᒌᑦᓯᐊᕈᓰᑦ ᖃᓄᐃᓐᖏᑦᓯᐊᓂᖑᒍᑦ: ᐃᒻᒥᓂᖓ ᐅᓂᒃᑳᓇᓚᐅᕐᑕ* (2018). ᐃᒻᒥᓂᖓ ᐃᐸᒋᑦᑎᐊᕐᑐᖓ, ᓄᓇᕗᑦ ᐋᓐᓂᐊᕐᑐᓕᕆᔾᔭᒃᑯᖏᑦ.
- *ᐃᓚᒌᑦᓯᐊᕈᓰᑦ ᖃᓄᐃᓐᖏᑦᓯᐊᓂᖑᒍᑦ: ᐅᖃᓖᒪᒍᑏᑦ* (2020). ᐃᓅᓯᕐᒥᑦ ᐃᓄᒃᓯᒪᒋᑦ ᑲᑎᒪᔨᖏᑦ.
- *ᐃᓅᓯᑎᐊᕆᖕᓂᖅ ᐃᓪᓗᒥᐅᖃᑎᒌᓪᓗᓂ* (ᐃᑭᐊᖅᑭᕕᒃᑯᑦ ᐱᑐᕝᕕᒃ).
- *ᓅᐃᐅᓪ ᖃᓗᔾᔭᖅ: ᑕᕐᕆᔫᑉᓴᖅ* (2020). ᐸᐅᒃᑑᑎᑦ ᐃᓄᐃᑦ ᐊᕐᓇᐃᑦ ᑲᓇᑕᒥ.

ᐊᐃᐸᖅᑐᓂ ᑐᑭᓯᐅᒪᖅᑎᒋᔭᐊᕐᓂᖅ ᐅᖃᖅᑎᒌᓂᒃᑯᑦ

ᑐᑭᓯᐅᒪᖅᑎᒋᔭᐊᕐᓂᖅ ᐅᖃᖅᑎᒌᓂᒃᑯᑦ ᐃᓚᒋᑦᓯᐊᓇᐅᒪᑦ ᐊᒻᒪ ᐊᑯᓂᐅᓂᕐᓗᑦ ᐊᐃᑉᐱᕆᑦᑐᓇᖅᑐᑎᑦ. ᐃᔨᖅᓯᒪᓐᖏᓪᓗᑎᑦ ᐅᖃᖅᑎᒌᖏᓐᓇᖅᑲᑦᑕᒃᑲᑕ ᐅᖃᐅᓯᑎᐊᕙᓂᓪᓗ ᓂᓪᓕᐅᑎᖃᖅᑲᑦᑕᖅᓂᖅ ᓴᓐᖑᑎᖅᓇᐅᒪᑦ, ᖃᓂᓪᓕᖅᑲᑦᑕᐅᑎᓂᕐᓴᐅᔭᖅᑐᓂ ᐊᐃᑉᐸᒧᑦ ᑐᑭᓯᕙᓇᖅᓯᓪᓗᒍ ᐃᓚᓐᓂᓪᓗ ᑐᑭᓯᐅᒪᕙᓇᖅᓯᓗᓂ. ᒪᑐᐃᖓᓂᖅ, ᓂᓪᓕᒃᒪᑦᑕᐃᓕᓂᖅ ᐊᑲᐅᙱᒧᑦ ᓂᓪᓕᐊᖅᑕᐅᑎᓂᖅ ᑑᑭᓯᔭᐅᓂᖅᓴᐅᓇᖅᖢᑦ ᐃᐸᒍᓯᑎᐊᖅᑐᓂ, ᐅᐃᒪᔮᕆᓂ ᐃᓄᓯᐊᕙᐅᓂᒃᑯᓪᓗ ᓂᓪᓕᐊᖅᑕᖅᑐᓂ. ᐅᖃᐱᓗᕈᓘᔭᖅᓂᖅ ᐅᕙᓘᓐᓃᑦ ᐅᖃᓯᐊᕈᓇᖅᑭᓐᓂᖅ ᐅᖃᐅᓯᕆᓇᓯᑕᒥᓂᖅ ᑐᑭᓯᓂᕐᓗᒍᑕᐅᓲᖑᒪᑕ, ᐊᑭᕐᕈᑎᓂᐊᖅᑲᐅᖅᑭᒃᑲᓗᐊᕐᑐᑎᑦ ᐊᑭᕐᕈᑎᓕᔭᕐᑐᑦ, ᐊᑲᐅᖕᒋᑦᑐᐊᓘᓇᕐᑐᓂᓗ.

ᐃᓅᓯᖅᒥᑦ ᐃᓴᒃᓯᒪᒋᑦ ᑲᑎᒪᔩᖅᑭᑕ ᐊᔪᕆᓯᐅᔾᔨᒍᑎᖅᑭᑦ ᐊᐃᑉᐱᕆᑎᐊᕐᓂᖅ (“ᐊᐃᑉᐱᕆᓯᐊᕈᓰᑦ”) ᐅᓂᒃᑳᕐᓯᒪᔪᑦ ᐱᖅᑯᓯᓂᑦ ᐃᑲᔪᕐᑐᐃᔪᓇᕐᑐᓂᑦ ᐃᓚᒌᑦᓯᐊᕈᓰᑦ ᖃᓄᐃᓐᖏᑦᓯᐊᓂᖕᒍᑦ. ᒪᑯᐊᖑᓪᓗᑎᑦ:

- <u>ᑐᑭᓯᐅᒪᖅᑎᒌᓐᓂᖅ ᐅᖃᖅᑎᒌᓐᓂᒃᑯᑦ</u>, ᐱᓗᐊᕐᑐᖅ ᐊᐃᑉᐱᕆᓪᓕᕐᑖᕐᑐᓂ, ᐊᑐᓂ ᐊᐃᑉᐸᕆᔭᖅ “ᓂᕆᐅᓐᓂᐅᓴᑐᐃᓐᓇᖕᒋᑦ ᐱᔪᒪᔭᖕᒋᓪᓗ” ᐊᒻᒪ ᑐᑭᓯᑲᐅᑎᒋᓗᓂ “ᑕᐃᒫᓴᐃᓐᓇᖅ ᐃᓱᒪᖅᑲᖅᒥ”.
- <u>ᐅᖅᑲᑕᐃᓕᓐᖏᓐᓂᖅ</u> ᖃᓄᑐᐃᓐᓇᖅ ᓈᒻᒪᓴᙱᒃᑯᕕᑦ; ᐅᖃᐅᓯᕆᑲᐅᕐᑐᖅᑲᑦᑕᕐᓗᒋᑦ “ᑎᒍᒥᐊᕐᑖᓗᑐᐃᓐᓇᕆᓂᐊᖕᒋᓐᓇᕕᒋᑦ.” ᓇᓪᓕᐊᔪᓐᓇᑲᐅᑎᒋᔪᓐᓇᕆᐊᖅᑐᑎᑦ “ᒪᑐᐃᖕᒑᓯᐊᕐᓗᑎᑦ ᐅᖃᐅᓯᕆᔪᒪᔾᔭᓂᑦ ᐃᐱᒋᔭᓐᓂᑦ ᑲᐱᐊᓱᙱᓪᓗᑎᓪᓗ.”
- <u>ᐃᐱᒍᓯᑎᐊᕐᓂᖅ</u>. “ᐃᐱᒋᖅᑲᑦᑕᐅᑎᑦᑎᐊᕐᓂᖅ ᐃᖅᑲᓱᓐᓂᒃᑯᑦ ᐃᓚᒋᑦᓯᐊᕐᓇᐅᒪᑦ. ᐊᑐᓂ ᐊᐃᑉᐱᕆᒃ ᐱᔪᒪᔭᖅᑎᑦ ᐃᐱᒋᔭᖅᑎᓪᓗ ᐊᑑᑎᖅᑲᖅᑐᐃᓐᓇᐅᓂᖕᒋᓐᓂᑦ ᑐᑭᓯᐅᔪᒪᓪᓗᓂ.” — ᐃᓅᖅᑲᑎᒋᑦᑎᐊᕐᓂᖅ.
- <u>ᐃᑲᔪᖅᑎᐅᖅᑲᑎᒋᓐᓂᖅ</u> ᓴᐃᒻᒪᖅᓴᐃᒍᑕᐅᒪᑦ ᑲᔪᖕᒋᒃᑲᓂᕈᑕᐅᓪᓗᓂᓗ ᐊᐃᑉᐸᖅᕈᒪᓂᖕᒋᑦ ᐊᒻᒪ ᐃᓅᓯᓴᓕᐅᕈᑕᐅᓪᓗᓂ ᐃᑲᔪᖅᑎᐅᖅᑲᑎᒋᓐᓂᒃᑯᑦ.
- ᐊᖏᖅᑲᑎᒋᖕᒋᓐᓂᖅ ᐊᐃᑉᐱᕆᑦᑐᓂ ᐊᑐᖅᑐᓂᐊᖅᓇᑐᐃᓐᓇᖕᒋᑦ. “ᐱᒻᒪᕆᐅᓚᖅᑯᕗᖅ ᖅᑯᓄᐃᓴᕆᐊᖅᑲᖅᓂᖅ ᐊᒻᒪ ᓇᐅᒃᑯᑦ <u>ᐋᔩᖅᑐᑎᑦ ᓴᒃᑯᐃᔭᓐᓇᕆᐊᖅᑲᖅᓂᖕᒥᑦ</u>.” ᑐᑭᓇᓱᐊᖅᑐᓱ ᓇᓪᓕᐊ ᐃᓕᑦᓯᓐᓄᑦ ᐊᑲᐅᓂᑦᑖᖑᓂᐊᖅᒪᖕᒋᑦ — ᐋᔩᖅᑲᑎᒋᓐᓂᖅ. ᐃᓚᒌᑦᓯᐊᕈᓰᑦ ᖃᓄᐃᓐᖏᑦᓯᐊᓂᖕᒍᑦ ᑕᕝᕙᓴᐅᑎᒋᐅᔭᓇᖅᑭᒪᑕ ᖅᑯᓄᐃᓴᕆᐊᖅᑲᕐᒪᑦ ᐊᒻᒪ ᐊᐃᑉᐱᕆᑦ ᐃᐱᒋᖅᑲᑦᑕᐅᑎᓯᐊᕆᐊᖅᑲᖅᑐᑦ ᐃᖅᑲᓱᓪᓗᑎᑦ ᐱᕕᖅᑲᖅᑎᓯᐊᕐᓗᒋᑦ ᐊᒻᒪ ᑲᓐᖑᒋᔭᖕᒋᓐᓂᑦ ᐅᖃᐅᓯᖅᑲᑦᑕᐃᓕᓂᖅ. “ᐊᐃᑉᐱᕆᓯᐊᕈᓰᑦ ᑕᒪᐃᓐᓂᐊᓗᖅ ᐅᖃᐅᓯᖅᑲᑲᐅᑎᒋᔾᔭᖕᒋᒪᑕ ᐊᐃᑉᐱᕆᖕᒋᓈᓗᖕᒋᓪᓗᑎᓪᓗ.” ᐱᒻᒪᕆᐅᕚᖅ ᖅᑯᓄᐃᓴᕈᓐᓇᕆᐊᖅᑲᖅᓂᖅ ᐊᒻᒪ ᐅᐸᕆᔾᔫᒥᓗᒍ ᓯᓚᑎᑦᑕᐃᓕᓂᒃᑯᑦ ᐊᐃᑉᐹᓐᓂᑦ.

ᐅᖃᐅᓯᐅᔪᓂ ᐊᐱᖅᑯᑎᓴᑦ ᖃᓄᐃᓕᐅᖅᑎᑕᐅᓂᕐᓗ

1. ᐊᐱᕆᓗᒋᑦ ᐱᓕᒻᒪᓴᖅᑕᐅᔪᑦ ᖃᓄᖅ ᐊᓯᒥᓄᑦ ᐅᖃᓕᒪᕕᐅᔪᒪᓃᖑᒪᖕᒌᖅᒥ ᐊᒻᒪ ᖃᓄᖅ ᐃᐱᓐᓂᐊᓃᖑᒪᖕᒌᑕ ᑕᐃᒫᖕ ᐅᖃᓕᒪᕕᐅᓪᓗᑎᑦ? ᐆᑦᑑᑎᒋᓗᒍ, “ᐃᓄᓐᓄᑦ ᓂᓪᓕᐊᕕᐅᔪᒪᓃᖑᔪᖕᒐ ᑐᙵᓇᖅᓗᑎᑦ. ᖃᓄᐃᓴᕈᓐᓃᐸᒃᑲᒪ ᐅᖃᓕᒪᔭᕆᐊᓴᖅ ᐅᖃᐅᓯᕆᔪᒪᔭᓐᓂᑦ.”
2. ᐊᐱᕆᓗᒋᑦ ᐱᓕᒻᒪᓴᖅᑕᐅᔪᑦ ᐃᓱᒪᖅᓴᖅᓯᐅᕈᑎᓴᓂᑦ ᐆᑦᑐᑎᓴᖅᓯᒪᖕᒌᑕ ᐱᖅᑯᓯᐅᕙᑦᑐᓂᑦ ᐅᖃᐅᓯᖅᑕᖅᑯᓂᑯᓂᓪᓗ ᑲᑦᑎᑎᕆᔪᓂᑦ ᐊᑲᐅᔪᑦ ᐅᖃᓕᒪᒐᓱᒃᑲᓗᐊᖅᑐᓂ. ᑎᑎᕋᖅᓗᒋᑦ ᖃᓄᒃᑲᓂᖅ ᐅᖃᕋᔭᖅᒪᖕᒌᖅᐱᐅᒃ ᐊᑲᐅᓂᓴᒃᑯᑦ.
3. ᐃᓱᒪᖅᓴᖅᓯᐅᕈᑎᒋᓗᒋᑦ ᖃᓄᐃᓕᐅᖅᑎᓯᓂᐊᖅᒪᖕᒌᓯ ᑲᑎᙵᓗᑎᑦ ᐅᖃᓕᓯᓈᓂᑦ.
4. ᐱᓕᒻᒪᓴᓚᐅᖅᑐᓂ ᐱᙳᐊᖅᑎᑕᐅᓕᖅᑐᑎᑦ ᖃᓄᖅ ᐅᖃᖅᑎᒋᔭᐊᕈᓇᓂᖅᒥᑦ ᐆᑐᖅᑎᑕᐅᑎᑦ.

ᓴᓇᕿᑎᑦ, ᑎᑎᖅᑲᑦ ᐊᒻᒪ ᑐᓂᐅᖅᑲᒐᑦ ᐃᓕᓐᓂᐊᕐᓯᓐᓈᑦ ᑲᑎᒪᔪᓄᑦ ᐊᑐᕋᖓᑦ

- ᐃᓚᖓᓂ **ᓴᓐᖏᔪᒥᑦ ᑐᓐᖓᕕᕐᑲᕐᓂᖅ** ᒪᐸᒐᖅ 2ᒥ ᐃᓅᓯᕐᖕᒥᑦ ᐃᓴᒃᓯᒪᒋᑦ ᑲᑎᒪᔨᖏᑕ **ᐃᓚᒌᑦᓯᐊᕈᓰᑦ ᖃᓄᐃᓐᖏᑦᓯᐊᓂᖓᓄᑦ** ᐅᖃᓪᓛᒐᕋᕊᖏᓐᓂ ᑎᑎᕋᕐᓯᒪᔪᖃᐅᕐᒥᔪᖅ ᐅᕐᑲᕐᑲᑎᒌᓐᓂᖓᓄᑦ ᐃᑲᔫᑎᖕᓂᑦ ᐱᒋᐊᑭᑕᐅᓂᐊᕐᑐᓂᑦ ᐱᓕᒻᒪᖕᕐᑲᑕᐅᔫᑉ ᐆᑦᑐᕐᑲᐅᑎᒋᓂᐊᕐᑕᖏᓐᓂᑦ.
- 14-ᒥᓂᑦᒥᑦ ᐸᐅᒄᑑᑎᑦ ᑕᕐᓇᓵᖕᖓ, **ᕗᐅᓚ ᓄᖕᒐᒃ** ᐅᕐᑲᖅᓯᒪᒻᒪᕐ: "ᐃᓚᒌᑦᓯᐊᕈᓰᑦ ᖃᓄᐃᓐᖏᑦᓯᐊᓂᖓᓄᑦ ᑐᑭᓪᓚᒃ ᐃᐸᒋᕐᑲᑦᑕᐅᑎᓯᐊᕐᓂᖅ, ᐅᐸᓇᕐᑲᑦᑕᐅᑎᓂᑦ ᐊᒻᒪ ᐅᕐᑲᕐᑲᑎᒌᑦᑎᐊᕈᓐᓇᕐᓂᖅ." ᐅᕐᑲᕐᑲᑎᒌᓪᓗᑎᑦ ᖃᓄᖅ ᑖᒃᑯᐊ ᐱᖓᓱᓪᓗᐊᑕᑦ ᐊᐃᐸᕐᑲᓯᐊᕐᓂᖓᓄᑦ ᐊᑐᕈᓐᓇᕐᒪᖔᑕ. ᕗᐅᓚ ᓄᖕᒐᒃ ᑲᓇᑕᒥ ᐃᓄᓐᓂᑦ ᐊᔪᓇᑦᑐᒥᓇᕐᑐᓂᑦ ᐆᑦᑐᕋᐅᑏᑦ ᐱᓕᕆᒃᓴᕐᓂᖅ ᐱᓕᓇᐊᒧᑦ.
- 8-ᒪᐸᒐᑦ ***ᐃᓚᒌᑦᓯᐊᕈᓰᑦ ᖃᓄᐃᓐᖏᑦᓯᐊᓂᖓᓄᑦ - ᐆᑦᑐᕋᐅᑎᖓᑦ ᐸᕐᓇᐅᑎᖏᑦ*** ᐊᓱᖏᑦ ᐃᓱᒪᖅᓴᖅᓯᐅᕈᑎᓴᑦ ᐱᓐᖑᐊᕈᑎᖓᓪᓗ ᑲᑎᓐᖓᔪᓂ ᐅᕐᑲᕐᑲᑎᒌᓕᕐᐸᑕ. ᐸᕐᓇᑕᐅᓯᒪᔪᑦ ᐃᓚᒋᔭᐅᕐᑯᓪᓗᒋᑦ ***ᐃᓚᒌᑦᓯᐊᕈᓰᑦ ᖃᓄᐃᓐᖏᑦᓯᐊᓂᖓᓄᑦ ᐃᓕᓐᓂᐊᕐᕕᒻᒥ ᐅᓂᒃᑳᑦ*** (2018) ᐃᒻᒥᓂᖅ ᐃᐸᒋᑦᑎᐊᕐᑐᖓ.

ᐃᓕᒃᑲᓐᓂᕋᖕᑦ - ᐃᓕᓐᓂᐊᕈᑏᑦ ᐱᕝᔪᑎᖏᑦ ᐃᓕᓐᓂᐊᕐᓂᐊᕐᑕᖏᑕᓗ ᑐᕌᖓᖏᑦ ᐱᓕᒻᒪᖕᕐᓂᖏᓐᓂ

- 32-ᒪᐸᒐᑦ ***ᐊᐃᐹᓈᑦᑎᐊᕐᓂᖅ ᖃᓄᒃᑑᕈᑏᑦ ᐅᖃᓕᒫᒐᑦ*** ᐱᔭᐅᓂᑯᑦ ᐃᓅᓯᕐᖕᒥᑦ ᐃᓴᒃᓯᒪᒋᑦ ᑲᑎᒪᔨᖏᓐᓂᑦ ᐊᑐᐃᓐᓇᖃᕐᑐᑦ ᐱᓐᖑᐊᕈᑎᖓᓂᑦ, ᑕᕐᓇᓵᖓᓂᑦ, ᐅᖃᐅᓯᐅᔪᓂᑦ ᐊᐱᖅᑯᑎᖓᓂᑦ ᐊᒻᒪ ᑐᑭᖏᑦ ᑐᕌᖓᔪᑦ ᐃᓄᓐᓄᑦ ᐃᓅᓯᑐᓄᑦ ᖃᓄᐃᓐᖏᑦᓯᐊᕐᑐᓂ (ᐊᒻᒪ ᐱᑦᑎᐊᖏᑦᑐᓂ) ᐃᓚᒌᒍᓯᓂᑦ. ᖃᓇᓴᐅᔭᒍᑦ ᑲᐸᑎᓲᒥᑦ ᑐᖅᑯᐃᕕᒥᑦ ᐊᑐᐃᓐᓇᕐᑕᕐᑲᕐᑐᑦ ᑕᕐᓇᓵᖓᓕᓐᓂᑦ ᐊᒻᒪ ᑎᑎᕋᑦᑕᐅᔪᓐᓇᕐᑐᓂᑦ ᐃᑲᔫᑕᐅᓂᐊᖓᑕ ᐅᕐᑲᕐᑲᑎᒌᐸᓪᓕᐊᓕᕐᐸᑕ. ᖃᐅᔨᒋᐊᕐᕕᐅᔪᓐᓇᕐᑐᑦ ᑲᑎᒪᔩᑦ ᐅᑯᖓ embracelife@inuusiq.com

ᐃᓄᐃᑦ ᑐᓴᕐᕕᒋᓯᒪᔭᐅᑦ ᐅᕐᑲᕐᑲᑎᒌᓐᓂᖕᒥᑦ

- *ᐊᐃᐹᓈᑦᑎᐊᕐᓂᖅ ᖃᓄᒃᑑᕈᑏᑦ ᐅᖃᓕᒫᒐᑦ* (2022). ᐃᓅᓯᕐᖕᒥᑦ ᐃᓴᒃᓯᒪᒋᑦ ᑲᑎᒪᔨᖏᑦ..
- *ᐃᓚᒌᑦᓯᐊᕈᓰᑦ ᖃᓄᐃᓐᖏᑦᓯᐊᓂᖓᓄᑦ - ᐆᑦᑐᕋᐅᑎᖓᑦ ᐸᕐᓇᐅᑎᖏᑦ* (2017). ᐃᒻᒥᓂᖅ ᐃᐸᒋᑦᑎᐊᕐᑐᖓ, ᓄᓇᕗᑦ ᐋᓐᓂᐊᕐᑐᓕᓇᔾᑯᖏᑦ.
- *ᐃᓚᒌᑦᓯᐊᕈᓰᑦ ᖃᓄᐃᓐᖏᑦᓯᐊᓂᖓᓄᑦ* (ᐅᖃᓪᓛᒐᕋᕊ) (2021). ᐃᓅᓯᕐᖕᒥᑦ ᐃᓴᒃᓯᒪᒋᑦ ᑲᑎᒪᔨᖏᑦ.
- *ᕗᐅᓚ ᓄᖕᒐᒃ: ᑕᕐᓇᓵᖕᖅ* (2020). ᐸᐅᒄᑑᑎᑦ ᐃᓄᐃᑦ ᐊᕐᓇᐃᑦ ᑲᓇᑕᒥ.
- *ᐱᓕᒻᒪᒃᓴᕐᓂᖅ: ᐃᓚᒋᔭᐅᑎᓯᓂᖅ ᐊᖏᑎᓂᑦ ᓄᑲᐸᐊᓂᓪᓗ ᓂᖓᖅᑕᐃᓕᓂᖓᓄᑦ ᐊᕐᖓᓂᑦ ᓂᕕᐊᖅᓯᐊᓂᓪᓗ* (2020). Pauktuutit Inuit Women of Canada.

ᐅᖃᖅᑎᖅᑲᖅᓂᖅ ᓱᕈᓯᑯᓗᓐᓂᑦ

”ᐱᐅᓯᑐᖅᑳᑯᓪᓚ ᐃᓅᓯᑦᑐᑦ ᐱᓕᒻᒪᕆᖅᑕᐅᕙᓚᐅᖕᒐᑕ ᐃᓅᓯᓚᒫᖅ ᐊᑐᖅᓂᐊᖅᑕᕆᓐᓂᑦ ᐅᐸᓗᖕᒐᐃᖅᑕᐅᓪᓗᑎᑦ ᐱᓕᒻᒪᕆᖅᑕᐅᓂᒃᑯᑦ. ᓱᕈᓯᑯᓗᐃᑦ ᐋᒫᖅᐸᑦᑐᑎᑦ ᐸᖅᑭᔾᔪᐃᓪᓗᑎᑦ ᐱᐊᕋᖅᓂᕐ; ᓂᕕᐊᖅᓯᐊᑦ ᐃᓕᓴᖅᑕᐅᕙᑦᑐᑎᑦ ᐋᓅᓇᔪᐊᕙᐅᓂᖏᑦ... ᑕᒪᒃᑯᐊ ᐃᓕᓴᐃᔾᔪᓰᑦ ᐋᖅᑭᐸᐸᓪᓚᐊᖑᔭᖁᒪᓪᓚᑕ ᐊᕿᒍᕋᓵᓗᓐᓂᑦ ᓯᕗᓕᑎᓐᓅᓐᖔᑦᑐᑦ ᐋᔫᕋᕈᑕᐅᓂᒃᑯᑦ... ᐊᖑᑏᑦ, ᐊᑲᐃᑦ ᐊᖓᐃᓪᓗ, ᐊᑖᑕᑦ ᐊᑖᑕᔪᐊᓪᓗ ᐅᖃᖅᑎᖅᑲᖅᐸᑦᑐᑎᑦ ᓄᑲᑉᐱᐊᓂᑦ ᖃᓄᖅ ᐸᖅᑭᔾᔪᐊᕙᐅᓂᐊᕐᒪᖔᑕ ᖃᓄᖅ ᐃᑲᔪᖅᑐᐃᔪᕆᐅᒪᖔᑕ ᓄᓕᐊᒥᓂᖅ ᕿᑐᕐᖓᒥᓂᓪᓗ.” (ᐃᓄᒃ ᐃᓐᓇᑐᖅᑲᖅ)

ᖃᐅᔨᒋᐊᖅᕕᐅᓯᒪᔪᑦ: ᐅᖃᐅᓯᖏᓐᓂᑦ [ᐊᖏᔪᖅᑳᓄᑦ ᐃᑲᔫᑎᖓᑦ ᓄᓇᕗᒥ: ᕿᒥᕐᕈᔭᐅᓯᒪᔪᑦ](#),
ᖃᐅᔨᒋᐊᕐᑏᑦ ᖃᐅᔨᓴᕐᕕᖓ, 2010, ᒪᑉᐱᖅ. 20-21.

ᐅᐊᑦᑎᐊᕈᓪᓚ, ᐃᓄᐃᑦ ᓱᕈᓰᑦ ᐊᒥᓯᐊᓗᖕᓂᑦ ᐃᓕᓴᐃᔮᖅᐸᓚᐅᖕᒐᑕ, ᖃᓂᒋᓂᖅᐹᖑᓐᓂᑦ ᐃᓚᖕᒋᓐᓂᑦ ᐱᖅᑲᓇᓇᔭᖕᒋᓐᓂᓪᓗ ᐃᓚᖕᒋᑕ. ᑕᐃᒫᖕ ᓯᐊᕐᓯᒪᔪᑦ ᐃᑲᔪᕐᑎᖕᒋᑦ ᐊᒥᒎᓗᐊᕈᓐᓃᕐᒪᑕ ᐅᓪᓗᒥ, ᐊᒻᒪ ᐊᑖᑕᐅᓂᖅ ᐱᒻᒪᕆᐅᒋᐊᓪᓚᑲᓐᓂᓪᓚᕐᑐᖅ. ᐊᒥᓱᑦ ᕿᑐᖕᒐᖅᑖᕆᐅᓚᕆᑖᕐᑐᑦ, ᓄᓇᐃᖅᑕᐅᓯᓯᒪᔪᓂᑦ ᓯᕗᓪᓕᖅᑲᒍᑦ ᐃᓕᖅᑯᓯᕆᓐᖕᒋᑕᒥᓂᖕ ᐊᑎᓯᑎᑕᐅᓯᒪᒧᑦ ᓇᓗᓕᕐᓯᒪᓪᓗᑕ ᐊᖏᔪᖅᑳᕐᓯᐊᕙᓐᓂᑦ ᐊᔪᕆᕐᑐᒥᓇᕐᑐᓂᑦ ᐱᑦᖃᐅᕐᓯᐊᕈᓐᓂᒍᑦ ᐅᖅᑰᓐᓃᑦ ᕿᑐᖕᒐᓕᕆᓂᖕᒍᑦ ᐱᕈᐃᓴᐃᔾᔪᓯᓂᑦ ᓇᓗᓕᕐᓯᒪᓕᑐᑎᑦ. ᐱᓕᒻᒪᕆᐅᑏᑦ ᕿᑐᖕᒐᓕᕆᓂᖕᒍᑦ ᐊᖏᔪᖅᑳᕐᓯᐊᕙᐅᓂᐊᕐᓗᓂ ᑐᑭᓯᐅᒪᔭᐅᕆᐊᓪᓚᒃ ᐃᓄᐃᑦ ᖃᐅᔨᒪᔭᑐᖅᑲᖕᒋᑎᒍᑦ ᑐᑭᖅᑲᒪᑦ ᐱᓕᒻᒪᖅᓴᕐᓂᖅ ᐅᕝᕙᔫᓐᓃᑦ ᐊᔪᕈᕐᓃᓴᕐᓂᖅ.

ᕿᑐᖕᒐᓕᕆᓂᖅ ᐊᑦᓯᕈᕐᓇᕐᑐᒃᑰᕐᓇᖕᒐᑦ ᐊᒻᒪ ᐃᑉᐱᓐᓂᐊᔭᒃᑯᑦ ᐃᓯᒪᑦᑎᐊᕆᕆᐊᖅᑲᕐᑐᓂ ᐃᓄᓐᖒᖅᓴᐃᓂᐊᕐᓗᓂ ᕿᑐᖕᒐᒥᑦ ᐱᕈᖅᓴᓂᖕᒋᓂ ᓇᓗᖅᑯᑎᕐᑯᓇᕆᑦ. ᐅᖃᖅᑎᖅᑲᕈᓐᓇᓯᐊᕐᓂᖅ ᐋᔾᔭᕐᓂᒃᑯᑦ ᐱᒻᒪᕆᐅᕗᖅ ᐊᖏᔪᖅᑳᕐᓯᐊᕙᐅᓂᐊᕐᓗᓂ. ᐃᓄᓐᓂᓪᓚ, ᐱᐅᓯᑐᖅᑲᐃᑦ ᓯᕗᓪᓕᑎᓐᓅᓐᖔᖅᑐᑦ ᑭᖑᕝᕕᑎᓐᓄᑦ ᐃᓕᓴᖅᑕᐅᓚᔪᓪᓚᑕ ᐅᓂᒃᑳᖅᑐᐊᑎᒍᑦ. ᐃᓄᐃᑦ ᐃᓕᖅᑯᓯᖕᒐᒍᑦ ᒪᓕᒐᐃᑦ ᑐᓐᖓᕕᖅᑲᖕᒐᑕ ᖃᓄᖅ ᐊᖏᔪᖅᑲᕆᔭᐅᔪᖅ ᕿᑐᖕᒐᒥᓂᖕ ᑐᓐᖓᕕᓕᐅᖅᐸᑦᑐᑦ ᐅᖃᐅᓯᒃᑯᑦ ᐅᖃᐅᓯᐅᖕᖏᑦᑑᒐᓗᐊᒃᑯᑦ ᑎᒥᒃᑯᑦ ᐃᓕᓐᓂᐊᕐᒐᕆᓂᑦ. ᓱᕈᓯᑯᓗᐃᑦ ᐃᓕᓲᖑᒻᒪᑕ ᑕᑯᓐᓇᖅᑕᒥᒍᑦ ᓈᓚᑦᑕᒥᒍᓪᓗ. ᐊᔪᓇᑕᐅᓱᖑᓂᖕᒋᓐᓄᑦ, ᐊᖏᔪᖅᑲᓇᔭᐅᔪᑦ ᑲᔪᖕᒋᖅᑐᐃᒋᐊᓖᑦ ᐃᑉᐱᒍᓯᑦᑎᐊᖅᓂᖕᒥᑦ ᐃᖅᑲᓱᓐᓂᒃᑯᑦ ᐊᒻᒪ ᐃᑲᔪᖅᓂᒃᑯᑦ ᐊᓯᒥᓂᖕ ᐊᒻᒪ ᐱᔾᔪᑭᓯᒪᔪᓐᓇᓇᐊᖅᑲᖅᓂᖕᒥᑦ. ᐅᖃᖅᑎᒋᓂᖅᑕᒫᑦ ᕿᑐᖕᒐᖕᒐ ᐃᑉᐱᒍᓯᒋᐊᓪᓚᒃ ᐃᑉᐱᒋᔭᐅᔪᐊᖅᑭᒥ ᓇᓪᓚᒋᔭᐅᒐᒥᓗ.

ᐃᓄᓐᖑᐃᓂᖅ ᐊᖏᔪᖅᑳᖑᓪᓗᓂ ᐃᓕᓴᐃᔾᔪᓯᖕᒋᑦ ᐊᑐᓚᖅᑯᔨᓯᒪᔪᑦ ᐃᓄᑑᖅᑲᑎᒋᓗᒋᑦ ᐅᖃᖅᑎᒋᕙᓪᓗᒋᑦ ᕿᑐᖕᒐᑎᑦ ᐊᑐᓂ. ᐅᖃᐅᓯᒃᑯᑦ ᐅᖃᐅᔾᔫᓯᐊᓇᐊᖅᑲᖕᒐᑕ ᓱᕈᓯᑯᓗᐃᑦ. ᐃᓕᓐᓂᐊᓇᐊᓖᑦ ᐊᒻᒪ ᑐᑭᓯᓯᒪᓗᑎᑦ ᖃᓄᐃᓕᐅᑐᐊᕋᒥ ᐅᑎᕝᕙᐅᓂᐅᓴᑐᐃᓐᓇᕋᒥ. ᕿᑐᖕᒐᒥᑦ ᐊᐃᑉᐸᖅᑲᓂᓂ ᐃᓕᓴᐃᕋᖅᔪᐃᓐᓇᖅᑐᑎ ᑲᔪᖕᒋᖅᑐᐸᓪᓗᑎᓪᓗ ᖃᓄᖅᑑᕈᓐᓇᖅᓂᖕᒋᑦ ᓱᓇᑐᐃᓐᓇᖅ ᐊᑐᐃᓐᓇᐅᔪᖅ ᐊᑐᖅᓗᒍ ᐊᒻᒪ ᐊᑲᐃᓪᓕᐅᕈᑎᓂᑦ ᖃᓄᖅᑑᕈᓐᓇᖅᑐᑎᑦ. ᐊᑖᑕᐅᓪᓗᓂ ᕿᓄᐃᑦᑑᒥᐊᖅᑲᖅᓇᖕᒐᑦ ᐊᔪᐃᓐᓇᕈᓐᓇᖅᑐᓂᓗ, ᐅᓂᒃᑳᕝᕕᒋᕙᓪᓚᐊᕙᓪᓗᒋᑦ ᐃᓕᓴᖅᑐᒋᑦ ᑐᑭᓯᓇᖅᑐᒥᑦ ᖃᖅᑭᐊᖅᐸᓪᓗᒋᑦ ᐊᑲᐅᔪᒍᑦ ᑲᔪᖕᒋᖅᑐᔪᐊᖅᑐᒋᓪᓗ. ᕿᑐᖕᒐᓖᑦ ᐊᑐᓂ ᕿᑐᖕᒐᖕᒋᓐᓂᑦ ᐊᔪᖕᒋᓂᖕᒋᓐᓂᑦ ᐱᕈᖅᓴᐃᒋᐋᓖᑦ ᐊᒻᒪ ᓴᓐᖓᒋᑎᓇᓗᑎᑦ, ᐃᓄᓐᖑᖅᓴᖅᑐᑎᑦ ᐊᔪᖅᑭᖅᑐᑦ ᐊᒻᒪ ᓴᓐᖏᓂᖕᒋᑦ ᖃᓄᐃᓐᖏᓐᓂᕋᖅᑐᑎᑦ. ᐊᑐᓂ ᓱᕈᓯᑯᓗᐃᑦ ᐱᕈᕐᖑᒪᓪᓚᑕ ᐊᔾᔨᕐᖏᑦᑐᒥᑦ ᓲᖃᐃᓕᕕᒥᑦ ᐊᒻᒪ ᐃᓕᓴᖅᑕᐅᓂᖕᒐ ᐅᖃᖅᑎᒋᐅᓂᖕᒐᓗ ᒪᓕᑦᑕᓇᐊᓪᓚᒃ ᐊᑐᓂ ᓱᕈᓯᐅᑉ ᑐᑭᓯᔭᓐᓇᖅᑕᖕᒐᓂᑦ.

ᐊᔪᖅᑭᖅᑐᖅ ᐃᓕᓐᓂᐊᖅᓯᓐᓈᑦ ᑲᑎᒪᓂᖅ ᑲᔪᖕᒋᖅᑐᐃᒋᐊᓖᑦ ᐱᓕᒻᒪᕆᖅᑲᖅᑕᐅᔪᓂᑦ ᐃᓕᓐᓂᐊᖅᑯᓪᓗᒋᑦ ᐊᖏᔪᖅᑳᕐᓯᐊᕙᐅᓂᖕᒥᑦ (ᐱᓕᒻᒪᖅᓴᖅᓂᖅ) ᐊᒻᒪ ᐃᑲᔪᕈᓐᓇᖅᓂᖕᒥᑦ ᐊᓯᒥᑦ ᖃᓄᐃᖕᒋᓐᓂᖕᒋᔭᐊᖅᑯᓪᓗᒋᑦ, ᐊᒻᒪ ᐱᓗᐊᖅᑐᖅ ᐃᓚᒥᓂᖕ (ᐱᔨᑦᓯᖅᓂᖅ).

ᐅᖃᐅᓯᐅᙵᓂ ᐊᐱᖅᑐᑎᖅᑦ ᖃᓄᐃᓕᐅᕐᑎᑕᐅᓂᕐᒧ

1. ᑭᓱᒥᒃ ᐊᑦᓱᕈᑎᖃᕈᓐᖓᕕᑦ?
2. ᖃᓄᐃᓕᐅᕈᓐᖓᕕᑦ ᐊᑦᓱᕈᕐᓇᑐᒃᑰᓕᕋᐃᒐᕕᑦ? ᓵᓐᖓᒋᔪᑎᒋᓇᓱᐊᕐᑐᕆᑦ ᐊᑲᐅᙱᓐᖓᕚᑦ?
3. ᐃᓕᓐᓂᐊᕐᓯᒪᕕᑦ ᐃᓐᓇᑐᖃᓂᑦ ᐅᕐᑯᒪᐃᑦᑐᒃᑰᕐᓂᐅᑉ ᐊᒻᒪ ᐊᑦᓱᕈᕐᓇᑐᒃᑰᕐᓂᐅᑉ ᒥᑦᓴᓄ?
4. ᖃᓄᐃᓕᐅᕐᑎᓯᔪᕐᑲᕈᓐᖓᕚ ᐃᑲᔫᑎᖕᓂᓪᓘᓐᓃᑦ ᐃᓕᓐᓂᐊᕈᑎᖕᓂᑦ ᓄᓇᓯᓐᓂ ᐃᑲᔫᑕᐅᔪᓐᓇᕐᑐᓂᑦ ᐊᑦᓱᕈᕐᓇᕐᑐᒃᑰᕐᑐᓄ?

ᓴᓇᕐᕈᑎᑦ, ᑎᑎᖅᑲᑦ ᐊᒻᒪ ᑐᓂᐅᖅᑲᒐᑦ ᐃᓕᓐᓂᐊᕐᓯᓐᓈᑦ ᑲᑎᒪᔪᓄᑦ ᐊᑐᕋᖕᑦ

- ᐸᐅᒃᑑᑎᑦ ᐃᓄᐃᑦ ᐊᕐᓇᐃᑦ ᑲᓇᑕᒥ 17-ᒥᓂᑦ [ᐃᓄᐃᑦ ᐅᓂᒃᑳᕐᑐᐊᕈᓯᖕᒋᑦ](#) ᔫᑑᑉ ᑕᕐᓇᔾᔪᖕ ᒪᐃᑯᓪ ᑯᓯᒐᖅ ᐅᒃᓂᒃᑳᕐᑎᓪᓗᒍ ᐃᓅᓯᑦᑑᓪᓗᓂ ᑲᓇᑕᒥᐅᓄᑦ ᐃᓅᓯᑦᑐᑦ ᐱᓕᒻᒪᖕᖃᑕᐅᔪᓄᑦ ᐃᓄᐃᑦ ᓴᓇᓐᖑᐊᕈᓯᖕᒋᓐᓂᑦ ᐃᓕᖅᑯᓯᖕᒐᓂᓪᓗ.

ᐃᓕᒃᑲᓐᓂᕋᖕᑦ - ᐃᓕᓐᓂᐊᕈᑏᑦ ᐱᔾᔪᑎᖕᒋᑦ ᐃᓕᓐᓂᐊᕐᓂᐊᕐᑕᖕᒋᑕᓗ ᑐᕋᒐᖕᒋᑦ ᐱᓕᒻᒪᖕᕐᓂᖕᒋᓐᓂ

- [***ᐃᓄᐃᑦ ᕿᑐᕐᖓᒥᓂᖕ ᐱᕈᕐᓴᐃᔾᔪᓯᖕᒋᑦ***](#) ᐅᓂᒃᑳᖕᒋᑦ ᐃᓐᓇᐅᖃᐅᒻ ᐃᓚᐃᔾᔭ ᐃᖅᓗ ᐅᓂᒃᑲᓕᒃ ᐃᒻᒥᓂᖕ ᐊᑐᖅᓯᒪᔭᒥᓂᖕ ᐊᒻᒪ ᐱᐅᓯᑐᖅᑳᑦ ᐅᖃᐅᔾᔫᓯᐊᓂᑦ ᐊᔾᔨᖕᒋᑦᑐᓂᑦ ᐅᖃᐅᓯᖃᕐᑎᓪᓗᒍ. ᐱᒋᐊᕐᑐᒍ ᒪᑉᐱᒐᖅ ᐱᖑᓱᔪᕐᑐᑦ, ᐃᖅᓗ ᐅᖃᐅᔾᔨᒋᐊᕐᓯᒪᔪᖅ 49ᓂᑦ ᖃᓄᖅ ᐱᕈᕐᓴᐃᓱᖑᒪᖕᖓᑦᑕ ᕿᑐᕐᖓᑎᓐᓂᑦ, ᓇᓗᓇᐃᕐᓯᒪᒐᔪᑦᑐᑎᓪᓗ ᐱᔾᔪᑎᖕᒋᑦ ᐅᖃᐅᔾᔫᓯᐊᖕᒋᑕ.
- ᖃᐅᔨᒋᐊᕐᑏᑦ ᖃᐅᔮᓵᕐᕕᖕᖓᓂᑦ ᐅᖃᓕᒫᒐᕆᓃᑦ ᑕᐃᔭᐅᓪᓗᑎᑦ [***ᐃᓄᓐᖑᐃᓂᖅ ᐅᖃᐅᔾᔫᓯᐊᑦ ᐃᓄᐃᑦ ᐃᓐᓇᑐᖃᖕᒋᓐᓂᑦ ᕿᑐᕐᖓᑎᓐᓂᑦ ᐱᕈᕐᓴᐃᓂᖕᒧᑦ***](#) ᐱᖃᓯᐅᔾᔨᓯᒪᔪᑦ ᐅᑭᐅᖕᒋᓐᓂᑦ ᒪᓕᑦᑐᑎᑦ ᐅᖃᐅᔾᔫᓯᐊᑦ ᖃᓄᖅ ᐅᖃᓕᒪᔪᖕᐅᒻᒪᖕᖔᑕ ᓱᕈᓯᑯᓗᓐᓄᑦ
- ᐋᖅᑭᐅᒪᕕᒃ ᓱᓴᐃᔭᑎ's [***ᐃᓄᓐᖑᐃᓂᖅ ᐊᖑᔪᖅᑳᖑᓗᓂ ᕿᑐᕐᖓᓕᕆᔾᔪᓃᑦ ᒪᓕᒐᖕᒋᑦ***](#) ᖃᑦᓯᑲᓪᓚᐃᑦ ᐅᖃᓕᒫᒐᕐᔫᑦ ᓇᓗᓇᐃᕐᑐᐃᓯᒪᔪᑦ ᐊᑐᓂ ᐱᖓᓲᔪᕐᑐᓂᑦ ᒪᓕᒐᓂᑦ. ᐊᑐᓂ ᐅᖃᓕᒫᒐᕐᔫᑦ ᐅᖃᐅᔾᔨᒋᐊᕐᓯᒪᔪᑦ ᖃᓄᖅ ᕿᑐᕐᖓᑎᓐᓄᑦ ᐅᖃᓕᒪᔪᖕᐅᒻᒪᖕᖔᑕ.

ᐃᓄᐃᑦ ᖃᐅᔨᕕᒋᓯᒪᔭᖕᒋᑦ ᖃᓄᖅ ᓱᕈᓯᑯᓗᓐᓂᑦ ᐅᖃᖃᑎᖃᕐᑐᖕᐅᒻᒪᖕᖔᑕ

- [***ᐃᓄᐃᑦ ᕿᑐᕐᖓᒥᓂᖕ ᐱᕈᕐᓴᐃᔾᔪᓯᖕᒋᑦ***](#) (2014). ᐃᓚᐃᔾᔭ ᐃᖅᓗ. ᓄᓇᕗᑦ ᒐᕙᒪᖕᒐ
- [***ᐃᓄᓐᖑᐃᓂᖅ ᐅᖃᐅᔾᔫᓯᐊᑦ ᐃᓄᐃᑦ ᐃᓐᓇᑐᖃᖕᒋᓐᓂᑦ ᕿᑐᕐᖓᑎᓐᓂᑦ ᐱᕈᕐᓴᐃᓂᖕᒧᑦ***](#) (2014). ᖃᐅᔨᒋᐊᕐᑏᑦ ᖃᐅᔮᓵᕐᕕᖕᖓ.
- [***ᐃᓄᓐᖑᐃᓂᖅ ᐃᓄᐃᑦ ᖃᐅᔨᒪᔭᑐᖃᖕᒋᑕ ᒪᓕᒐᖕᒋᑦ***](#) [ᐱᖓᓲᔪᕐᑐᑦ ᐅᖃᓕᒫᒐᕐᔫᑉ]. ᐋᖅᑭᐅᒪᕕᒃ ᓱᓴᐃᔭᑎ (ᐊᑐᐃᓐᓇᑦ ᐃᓅᖃᑎᒋᑦ ᐱᑐᕝᕕᖓᓂ ᐃᑭᐊᖅᑭᕕᒃᑯᑦ).
- [***ᐊᑖᑕᐅᓂᖅ ᐃᓱᖃᓐᖏᒪᑉ: ᐃᑲᔫᑎᖕᑦ ᐅᖃᓕᒫᒐᕐᔫᑦ ᐃᓚᒌᓯᐊᓂᖕᒧᑦ ᐃᓕᓐᓂᐊᕈᑏᑦ ᑐᓐᖓᕕᖃᕐᑐᑎᑦ ᐃᓄᓐᖑᐃᓂᖕᒧᑦ ᐃᓕᓴᐃᔾᔪᑎᓂᑦ***](#) (2021). ᑲᓇᑕᒥ ᐃᑲᔪᕐᑎᐅᖃᑎᒌᑦ ᓄᓇᖃᖅᑳᕐᓯᒪᔪᓂᑦ ᐋᓐᓂᐊᕐᑐᓕᕆᓂᖕᒧᑦ ᐊᒻᒪ ᐋᖅᑭᐅᒪᕕᒃ ᓱᓴᐃᔭᑎ.
- [***ᐃᓚᒌᑦ ᑲᑎᓐᖓᒍᓯᖕᒋᑦ: ᐃᑲᔫᑎᖕᑦ ᐅᖃᓕᒫᒐᕐᔫᑦ ᐃᓚᒌᓐᓂᖕᒧᑦ ᓴᓐᖓᑦᑎᕈᑎᓂᑦ ᒪᓕᑦᑐᒋᑦ ᐃᓄᓐᖑᐃᓂᖕᒧᑦ ᐃᓕᓴᐃᔾᔫᑦ***](#) (2021). ᑲᓇᑕᒥ ᐃᑲᔪᕐᑎᐅᖃᑎᒌᑦ ᓄᓇᖃᖅᑳᕐᓯᒪᔪᓂᑦ ᐋᓐᓂᐊᕐᑐᓕᕆᓂᖕᒧᑦ.

ᐊᖕᓇᐃᑦ ᐊᖑᑏᓪᓗ, ᓂᓪᓕᐊᕐᓂᒃᑯᑦ ᑭᓇᐅᓂᕋᕐᓂᖕᑦ ᑭᓱᓕᕆᔨᐅᒪᖕᒫᑕᓗ

“ᐃᒪᐅᑉ ᐊᑭᐊᓃᓐᖓᕐᑐᑦ ᖃᓪᓗᓈᑦ ᑕᒫᓂᕐᒥᐅᑕᐅᓚᐅᕐᑎᓐᓇᒋᑦ, ᐱᓗᐊᕐᑐᒥᓪᓗ, ᐅᐸᒃᖢᖅ-ᑎᑮᑦ ᑐᕌᕙᖕᒋᑦ, ᐃᓄᐃᑦ ᐱᐅᓯᖕᒋᑦ ᓄᓕᐊᕐᓂᖕᒍᑦ ᒪᑐᐃᓐᖔᓂᖅᓴᐅᓚᐅᕐᓯᒪᒐᓗᐊᖕᒐᑕ ᐊᒻᒪ ᖃᓄᐃᖅᓴᕋᑎᖕ ᓇᓪᓕᐊᓄᑐᐃᓐᓇᖅ. ᓄᓕᐊᕐᓂᖅ ᑐᑭᓯᐅᒪᔭᐅᓪᓗᓂ ᐃᓅᓯᕐᒥ ᐊᖅᑯᓴᕆᐊᒃᑲᒥᒻᒪᑦ ᐊᑐᕐᓗᒍ ᑭᐊᓯᓂ. ᐊᖏᔪᖅᑳᕆᔭᐅᔪᑦ ᐃᑐᕆᔭᐅᔪᑦ ᓂᖏᐅᕆᔭᐅᔪᓪᓗ ᐅᖃᐅᔾᔪᐃᕗᐅᓪᓗᑎᑦ ᓱᕈᓯᑯᓗᓐᓂᑦ ᐃᓅᓯᑐᓂᓪᓗ ᐋᓐᓇᐅᒪᔪᓐᓇᕆᐊᑲᕐᓂᖕᒥᑦ ᐃᓅᓯᓯᐊᕙᒻᒥᑦ... ᐊᖕᓇᐃᑦ ᐊᖑᑏᓪᓗ ᑭᓱᓕᕆᔨᐅᓂᖕᒋᑦ ᑕᐃᑦᓱᒪᓂ ᓴᓂᖅᑯᕝᑲᕐᑎᖕ ᐊᕐᓇᒧᑦ ᐊᖑᒻᒧᓪᓘᓐᓃᑦ ᐋᖅᑭᓯᒪᓚᐅᖕᒋᒃᑲᓗᐊᖕᒐᑕ. ᓈᒻᒪᒋᔭᐅᕙᑦᑐᑦ, ᑕᐃᑦᓱᒪᓂ, ᑲᔪᖕᒋᕐᑐᖅᑕᐅᕙᑦᑐᑦ ᓂᕕᐊᖅᓯᐊᑦ ᐊᓯᕙᕆᐅᖅᓴᑎᑕᐅᕙᑦᑐᑎᑦ ᐊᖑᑏᑦ ᐊᑐᕋᔪᑦᑕᖕᒋᓐᓂᑦ ᓲᕐᓗ ᐆᒪᔪᕐᓯᐅᕐᓂᖅ, ᐊᒻᒪ ᐊᖑᑏᑦ ᒥᖅᓱᕆᐅᖅᓴᑎᑕᐅᕙᑦᑐᑦ ᐊᖕᓇᓄᑦ ᑲᒪᒋᔭᐅᓚᔪᑦᑐᓂᑦ ᓲᕐᓗ ᒥᖅᓱᕐᓂᖅ. ᐅᕐᑲᐅᓯᑐᖅᑲᑦ “ᖃᐃᕋᔪᐊᑦᑐᑦ” ᐊᒻᒪ “ᒪᓃᓗᑭᔅᑦ” ᐊᓐᓇᐃᔭᐅᕙᓪᓕᐊᓯᒪᒻᒪᑕ ᑕᐃᑦᓱᒪᓂᑦ, ᖃᓄᐃᒋᔭᐅᕙᓚᐅᖕᒋᒻᒪᑕᓕ ᓄᓕᐊᕐᓂᖕᒍᑦ ᐃᒃᑎᒍᓯᒍᓯᖕᒋᑦ ᓇᓪᓕᐊᐃᓐᓇᐅᒐᓗᐊᕐᐸᑦ ᐊᒻᒪ ᐊᖑᑦ ᐊᕐᓇᕐᓘᓐᓃᑦ ᑭᓇᐅᓂᕋᕐᓂᖕᒋᑦ.”

ᖃᐅᔨᒋᐊᕐᕕᐅᓯᒪᔪᑦ: ᑕᕝᕙ: ᑲᓇᑕᒥ ᖃᓄᖅᑑᕈᑏᑦ ᓄᓪᓕᐊᕐᓂᖕᒍᑦ ᖃᓄᐃᓐᖏᑦᓯᐊᕈᓯᓂᑦ, ᐸᐅᒃᑑᑎᑦ ᐃᓄᐃᑦ ᐊᕐᓇᐃᑦ ᑲᓇᑕᒥ, 2017, ᒪᐸᒐᖅ. 7

ᐃᓄᐃᑦ ᐅᖃᐅᓯᖅᑳᐸᓪᓕᐊᓕᕐᒥᔪᑦ ᐊᖕᓇᐃᑦ ᐊᖑᑏᓪᓗ ᑭᓱᓕᕆᔨᐅᒍᓐᓇᕐᓂᖕᒋᓐᓂᑦ, ᐊᖑᑕᐅᓂᕋᕐᑐᑦ ᐊᖕᓇᐅᓂᕋᕐᑐᕐᓃᓐᓂᑦ ᐊᒻᒪ ᐊᕐᓇᐅᔭᑦ ᐊᖑᑕᐅᔭᓪᓗ ᐃᓱᒪᒃᓯᐸᓪᓕᐊᓪᓗᑎᑦ, ᑭᓯᐊᓂᓪᓕ ᐅᖃᐅᓯᕆᔭᕆᐊᖓ ᓱᓕ ᐊᑲᐅᑦᔭᐅᓐᖏᑦᑐᖅ. ᐱᒻᒪᕆᐅᕗᖅ ᑐᓐᖓᓇᕐᑐᒥᑦ ᐃᓂᖃᕆᐊᖃᕐᓂᖕᖕᓂᑦ ᐃᓱᒪᒃᑯᑦ ᐅᓗᕆᐊᓇᖕᒋᑦᑐᒥ ᒪᑐᐃᓐᖓᓱᐊᕐᓗᑎᓪᓗ ᐅᖃᐅᓯᐅᔭᕆᐊᖃᕐᓂᖕᒐᓂᑦ. ᖃᐅᔨᒪᔭᒥᓂᖅ ᐅᓂᒃᑳᖃᑦᑕᕐᓂᖅ ᐊᒻᒪ ᒪᑐᐃᓐᖓᕐᓂᖅ ᐊᕐᓇᐅᑉ ᐊᖑᑎᐅᓪᓗ ᑭᓇᐅᔪᒪᓂᖕᒐᓂᑦ ᐊᒻᒪ ᓄᓪᓕᐊᕐᓂᒃᑯᑦ ᐃᒃᑎᒍᑭᓯᖕᒋᑦ ᐃᓄᐃᑦ ᓄᓇᖕᒐᓂ ᑐᑭᓯᐅᒪᔭᐅᓂᖕᒐ ᐱᒻᒪᕆᐅᒻᒪᑦ ᐃᓚᒋᔭᐅᕙᐊᕈᒪᔪᓄᑦ, ᐃᓱᒪᑦᑎᐊᕆᓐᓂᖕᒍᑦ ᐊᒻᒪ ᕿᑐᖕᖓᓕᕆᕙᐊᓂᖕᒍᑦ ᐊᖏᔪᖅᑳᖑᓪᓗᓂ.

ᐃᓄᐃᑦ ᐊᖑᑏᑦ ᐊᖕᓇᐃᓪᓗ ᐱᖅᑯᓯᕆᕙᔪᑦᑕᖕᒋᑦ

“ᐃᓛᓐᓂᒃᑯᑦ ᓂᕕᐊᖅᓯᐊᑦ ᐊᓯᕙᖅᑲᑕᐅᖅᑲᑦᑕᓂᐅᔪᑦ ᐊᑖᑕᒥᓄᑦ ᐅᑭᐅᑭᓐᓂᖕᒋᓐᓂ, ᐊᔪᓐᖏᑦᓯᐊᓕᖅᑲᑦᑕᓚᐅᕐᑐᑦ ᐊᑖᑕᒥᑎᑐᑦ ᐊᖑᓇᓯᑦᑎᒻᒪᕆᐅᓪᓗᑎᑦ. ᑕᐃᒫᓴᐃᓐᓇᖅ ᐃᐸᐃᑦᓯᐅᔪᓪᓗᓂ ᐊᔪᓐᖏᓂᕋᑦᑕᐅᓪᓗᓂ... ᐃᓚᖕᒋᑦ ᐊᖑᑏᑦ ᒥᖅᓱᒃᑳᓗᓚᐅᕐᑐᑦ ᐊᒻᒪ ᐊᖏᕋᓪᓕᕆᔭᐊᕿᓐᓇᕐᑐᑎᑦ. ᑕᐃᒫᓴᐃᓐᓇᖅ ᐊᖕᓇᑎᑐᑦ ᐊᔪᓐᖏᑦᑐᐊᓘᓪᓕᕐᐸᑦᑐᑎᑦ. ᑕᐃᒪᐃᒻᒪᑦ, ᐊᖕᓇᐃᑦ ᓇᓯᕆᓇᕐᑐᑦ, ᐊᒻᒪ ᐊᖑᑦ ᐃᓪᓗᓕᕆᑦᑎᐊᕆᓇᕐᑐᓂ ᐊᖕᓇᑎᑐᑦ. ᐱᐅᓐᖏᑦᑐᐊᓘᒋᐊᖕᒐ ᑕᑯᓇᕐᑕᐅᕙᓚᐅᖕᒋᑦᑐᖅ. ᐊᓪᓛᓪᓘᓐᓃᑦ, ᐱᔪᒃᑯᓂᕋᕐᑕᐅᓪᓗᓂ ᐊᓐᓇᐅᒪᓂᖕᒍᑦ.”

ᖃᐅᔨᒋᐊᕐᕕᐅᓯᒪᔪᑦ: ᐅᖃᓗᕋᐃᑦ: ᐅᖃᐅᓯᒃᑯᑦ ᐅᓂᒃᑳᑐᐊᑦ ᓄᓇᕗᒥᑦ, ᐱᐊᓂᑦ ᐊᒻᒪ ᐹᓪ, 2004, p. 14-15.

ᐃᓐᓇᑐᖃᑦ ᐅᓂᒃᑳᖃᑦᑕᕐᓯᒪᔪᑦ ᐱᐅᓯᑐᖃᒃᑯᑦ ᐊᖑᑏᑦ ᐊᖕᓇᐃᓪᓗ ᑭᓱᓕᕆᔨᐅᓂᖕᒋᑦ ᓇᓗᓇᖅᐸᓚᐅᖕᒋᑦᑐᑦ, ᑭᓯᐊᓂ ᓇᓪᓕᐊᓐᓄᑐᐃᓐᓈᖕᒐᔪᓐᓇᕐᑐᑦ ᐃᑲᔫᑕᐅᓂᖕᒐᓄᑦ ᐃᓚᒌᓪᓕᒫᓄᑦ ᐊᒻᒪ ᐊᓐᓇᐅᒪᔭᕆᐊᖃᕐᓂᖕᒋᓐᓄᑦ ᐆᒪᔾᔪᐅᑎᐊᖃᕐᑐᑎᑦ ᑕᒫᕐᓯᒪᓂᖕᒋᓐᓂ. ᐆᑦᑑᑎᒋᓗᒍ, ᓄᑲᐱᐊᑦ ᐃᓕᓭᑕᐅᕙᕐᑐᑎᑦ ᐊᖑᓇᓱᓐᓂᖕᒥᑦ ᓴᓇᕐᕈᑎᓕᐅᕐᓂᖕᒥᑦ ᐆᒪᔪᕋᓱᒋᑎᓂᑦ, ᖃᒧᑏᑦ ᐊᓱᖕᒋᓪᓗ ᐊᓐᓇᐅᒪᔅᑕᐅᓯᒪᓂᐊᓪᓚᑦ ᓄᓇᑐᐃᓐᓇᕐᒥ ᐃᓅᓇᓱᐊᕐᑐᓂ. ᐊᖕᓇᐃᑦ ᐃᓕᓭᑕᐅᕙᕐᑐᑦ ᓄᓇᒥᓐᓂ ᐱᓕᒻᒪᓯᒪᒋᐊᓕᓐᓂᑦ ᓲᕐᓗ ᓄᓇᒦᓐᖔᕐᑐᓂᑦ ᓂᕿᑦᓭᔾᔭᐅᕐᓂᖅ, ᓂᖅᑎᐅᕐᓂᖅ, ᐸᒃᑭᔨᐅᓪᓗᑎᑦ ᕿᑐᕐᖓᒥᓂᖅ ᐊᓐᓄᕌᔨᐅᕙᑦᑐᑎᓪᓗ. ᑭᓯᐊᓂᓪᓕ, ᐊᕐᓇᖅ ᐊᖑᓇᓱᑦᑎᓯᐊᕙᐅᕙᑦ ᐆᒪᔪᕋᔪᕙᑦ ᐊᒻᒪ ᐊᖑᑦ ᒥᖅᓱᒃᑲᐅᒍᓂ, ᑐᓐᖓᓱᐊᑎᑕᐅᑐᐃᓐᓇᕐᐸᓪᓚᐅᕐᑐᑦ ᐊᔪᓐᖏᓐᓇᒥᒋᑦ. ᐊᖕᓇᐃᑦ ᐊᖑᑏᓪᓗ ᐃᑲᔪᕐᑎᐅᖃᑎᒌᓯᐊᕐᑐᑦᑦ ᐱᓇᓱᐊᖅᑕᕐᑐᑎᑎᑦ ᓯᕗᓪᓕᐅᔾᔨᓪᓗᑎᑦ ᐃᓚᒥᓐᓂᖅ ᓄᓇᒥᓪᓗ.

ᐃᓚᖕᒋᑦ ᐃᓄᐃᑦ ᐃᓱᒪᖃᕐᑐᑦ ᐊᖑᑏᑦ ᑭᓱᓕᕆᔨᐅᓂᖕᒋᑦ ᐊᓯᔾᔨᕐᓯᒪᓂᖅᓴᓪᓚᑎᐅᓕᖅᓴᕐᒐᑕ ᐊᖕᓇᐃᑦ ᐱᐅᓯᑐᖃᖕᒋᓐᓂᑦ “ᐱᖅᑯᓯᑐᖃᕐᓂᑦ” “ᒫᓐᓇᓂᓴᕐᓄᑦ” ᐃᓄᐃᑦ ᓄᓇᖕᒐᓂ.

"ᐊᔪᐃᓐᓇᕐᑐᐊᓘᒻᒪᑕ ᐃᓂᑖᔭᐊᕋᓱᐊᕐᓂᖅ ᐃᓅᖃᑎᖏᓂ ᐅᓪᓗᒥᐅᓕᕐᑐᖅ ᐊᖑᑏᑦ ᐊᑲᐃᓪᓕᐅᕈᓕᓕᕐᑕᖏᑦ ᑐᑭᓱᐅᒪᔭᐅᓯᐊᕐᑐᖅ ᐊᖑᑎᐅᖃᑎᖏᓐᓄᑦ ᐃᓄᐃᑦ ᓄᓇᖓᓂ. ᒫᓐᓇᑖᓚᖅ, ᐱᒻᒪᕆᐅᓂᖅᐹᖑᓕᕐᑐᖅ ᐊᖑᑏᑦ ᐊᖑᑎᐅᖃᑎᒥᓄᑦ ᐃᑲᔪᕐᑕᐅᔭᕆᐊᖃᕐᓂᖏᓐᓂᑦ ᐅᓂᒃᑳᖃᑎᒋᑉᐸᓪᓗᑎᑦ ᐋᕐᕿᖃᑎᒋᓪᓗᑎᓪᓗ ᐊᑦᓱᕈᕐᓇᕐᑐᑦ ᐊᐳᕈᑕᐅᕙᕐᑐᑦ ᓵᖓᕙᑦᑕᖏᓐᓂᑦ. ᓴᓐᖏᓕᕈᑎᒋᓐᖏᑦᓯᐊᕐᑕᖏᑦ ᐊᖑᑎᐅᑉ, ᐱᔪᓐᓇᖏᑦᑑᖏᑦᑑᓪᓗᓂᓗ. ᓴᓐᖏᓂᖅᓴᐅᔾᔪᑎᖏᑦ ᐃᖅᑯᓪᓕᐅᑎᖃᕈᓐᓇᕐᓂᖏᓐᓄᑦ."

ᖃᐅᔨᒋᐊᕐᕕᐅᓯᒪᔪᑦ: [ᖃᓄᖅ ᐊᖑᑏᑦ ᐱᖁᓯᑐᖃᖏᑦ ᐊᓯᔾᔨᕐᓯᒪᓕᕐᒪᖔᑕ ᓄᓇᕗᒥ](), ᐃᓅᓯᕐᖏᑦ ᐃᓴᒃᓯᒪᑎᑦ ᑲᑎᒪᔨᖏᑦ ᐃᑭᐊᖅᑭᕙᒃᑯᑦ ᐱᑐᖄᒃ

ᖃᐅᔨᒋᐊᕐᕕᐅᔪᓐᓇᕐᒥᔪᑦ [SMASH (ᓴᓐᖏᓂᐅᓂᕋᕐᑕᐅᔪᑦ ᐊᖑᑎᒻᒪᕆᐅᓂᖅ ᒧᑦ ᐊᒻᒪ ᓄᓕᐊᕐᓂᖅ ᒧᑦ ᖃᓄᐃᓐᖏᑦᓯᐊᕈᓯᒍᑦ)]() ᐃᓕᓐᓂᐊᕐᓯᓐᓈᑦ ᑲᑎᒪᔾᔪᑎᖏᓐᓂᑦ ᐊᒻᒪ ᐅᑭᐅᖅᑕᖅᑐᒥ ᐃᑲᔪᕐᑎᐅᕐᑲᑎᑏᑦ ᑕᐃᒪᐃᓪᓗᐊᕐᑲᑎᑏᖏᑦ ᐃᑲᔪᕈᓐᓇᕐᑐᑦ ᐱᔾᔪᑎᖏᑦ ᐃᓕᓐᓂᐊᕐᓂᐊᕐᑕᖏᑕᓗ ᑐᕋᖓᖏᑦ ᐱᓕᒻᒪᒃᓴᕐᓂᖏᓐᓂ. ᑲᑐᔾᔨᕐᑲᑎᑏᑦ ᑐᕋᖓᖏᑦ ᐃᓅᓯᑦᑐᓄᑦ ᐊᖑᑎᓄᑦ ᐃᓄᐃᑦ ᓄᓇᖓᓂ ᐅᓪᓗᐃᓐᓈᕐᓗᑎᑦ ᐃᓕᓐᓂᐊᕐᓯᓐᓈᑦ ᑲᑎᒪᕐᑦᑕᕐᑯᓪᓗᒋᑦ ᐊᒻᒪ ᓄᓇᑖᑦ ᖃᐅᔨᒋᐊᕐᕕᐅᕙᓪᓗᑎᑦ ᐊᒻᒪ ᕿᓃᓐᓇᕐᓗᑕ ᑲᑐᔾᔨᕐᑲᑎᓴᑎᓐᓂᑦ. ᑐᑭᓯᒋᐊᒃᑳᓂᕈᒪᒍᕕᑦ ᑐᓴᕋᓴᓂᑦ ᐅᕙᖓ ᖃᐅᔨᒋᐊᕈᓐᓇᕐᑐᑎᑦ ᐱᑐᖄᖓᓄᑦ https://arcticsmash.ca.

ᐅᕐᑲᐅᓯᐅᔪᓂ ᐊᐱᖅᑯᑎᖁᑦ ᖃᓄᐃᓕᐅᕐᑎᑕᐅᓂᕐᓗ

1. ᖃᓄᖅ ᐊᕐᖕᓇᐃᑦ ᐊᖑᑏᓪᓗ ᑭᓯᓕᕆᔾᔪᓯᑐᕐᑲᖏᑦ ᐃᓄᐃᑦ ᐊᖑᑏᑦ ᐊᕐᖕᓇᐃᓪᓗ ᐊᓯᔾᔨᕐᓯᒪᓕᕐᐸᑦ ᐃᒻᒪᑐᕐᑲᕐᓂᑦ?
2. ᐱᓗᐊᕐᑐᒥᖅ, ᐃᓄᐃᑦ ᐊᖑᑏᑦ ᓯᕗᓕᕐᑎᐅᓯᒪᓂᖏᑦ ᐊᓯᔾᔨᑲᒻᒪᕐᓯᒪᕚᑦ ᑕᐃᒪᓐᖓᑦ ᓄᓇᓕᓐᓄᑦ ᐊᑕᐅᓯᒧᑦ ᑲᑎᑕᐅᓚᐅᕐᓯᒪᒐᑦᑕ? ᓱᖕᒪᑦ?
3. ᐊᖏᕐᑲᑎᒋᕙᑏᑦ ᐋᒡᒐᓘᓐᓃᑦ ᐅᕐᑲᐅᓯᒥᓂᖏᑦ ᑖᔅ ᖃᒃᑲᖅ, ᑲᓇᑕᒥ ᐃᓄᖅ ᐊᔪᕆᑦᑐᒥᓇᕐᑐᓄᑦ ᓂᐳᐊᕐᑕᐅᓚᐅᕐᑐᖅ 2020ᖑᑎᓪᓗᒍ, ᖃᒪᓂᑦᑐᐊᖅ?

    [ᐊᖑᑦ ᐊᕐᖕᓇᐅᓪᓗ] ᑭᓯᓕᕆᔨᐅᓂᖏᑦ ᑲᒥᒋᐅᔪᕐᑲᑦᑕᓚᐅᕐᑕᖏᑦ ᐊᓯᔾᔨᕐᓯᒪᓕᕐᖓᑕ ᐱᐅᔪᒧᑦ ᐅᐱᓐᓇᕋᓂ ᐊᕐᖕᓇᐃᑦ ᐃᓕᓴᕐᑕᐅᓯᒪᒻᒥᒪᑕ ᐊᖑᓇᓱᓐᓂᖏᑦ ᐊᒻᒪ ᖃᐅᔾᒪᓕᕐᑐᖓ ᐊᓯᕙᕈᓐᓇᕐᑐᑦ... ᑕᐃᒫᖏᑖᖅ ᐅᕐᑲᓚᐅᕋᒪ, ᑭᓇᑐᐃᓐᓇᔭᐊᖅ ᖃᓄᑐᐃᓐᓇᔭᐊᖅ ᑭᓯᓕᕆᔨᐅᔪᓐᓇᕐᑐᖅ, ᑖᓐᓇ ᐱᒻᒪᕆᐅᔪᖅ ᐃᓚᓕᐅᔾᔨᓯᒪᔭᐊᕐᓂᐊᕈᑦᑕ, ᐊᒻᒪ ᐃᓄᒃ ᐃᓱᒪᖅᓱᕈᓐᓇᖕᖓᑦ ᑭᓯᓕᕆᔨᐅᔪᒪᑐᐊᕈᓂ.

    ᐱᓕᒻᒪᒃᓴᕐᓂᖅ, 2020, ᒪᑉᐱᖓᖅ. 9

4. ᐃᓅᕝᕕᑦ ᐱᕐᑲᓐᓇᕆᔮᓪᓗᓐᓃᑦ ᐊᑦᓯᕈᕐᑎᑕᐅᓚᐅᕐᓯᒪᕖᑦ ᐊᖏᕐᖕᓴᐃᓐᓇᕆᐊᕐᑲᕐᑐᔾᔪᓂ ᐊᖑᒻᒧᑦ ᐊᕐᓇᒧᓪᓗᓐᓃᑦ ᑲᒥᒋᔭᐅᒋᐊᓕᓐᓂᑦ ᐃᖅᑲᓇᐃᔭᕐᑎᑕᐅᓪᓗᑎᑦ ᐊᑲᐅᒋᓐᖏᒃᑲᓗᐊᕐᑐᒍ? ᖃᓄᕐᓕ ᐃᑲᔪᕈᓐᓇᕐᐱᑕ ᓇᓪᓕᐊᓄᑐᐃᓐᓈᖓᔪᓐᓇᕐᑯᓪᓗᒋᑦ ᐊᕐᖕᓇᐃᑦ ᐊᖑᑏᓪᓗ ᑭᓯᓕᕆᔨᐅᓂᖏᑦ?

ᓴᓇᕿᑎᑦ, ᑎᑎᖅᑲᑦ ᐊᒻᒪ ᑐᓂᐅᖅᑲᖓᑦ ᐃᓕᓐᓂᐊᕐᓯᓐᓈᑦ ᑲᑎᒪᔪᓄᑦ ᐊᑐᕋᖁᑦ

- ᑐᓂᐅᖅᑲᕋᖁᑦ ᐊᒻᒪ ᐅᕐᑲᐅᓯᐅᔪᒥᓇᕐᑐᑦ ᑎᑎᕋᕐᓯᒪᔪᑦ ᐃᓄᐃᑦ ᐊᖑᑏᑦ ᐊᕐᖕᓇᐃᓪᓗ ᑭᓯᓕᕆᔨᐅᓯᒪᓂᖏᑦ ᒪᑉᐱᖓᖏᓐᓂ 47-48 ᒦᒃ ᐊᕐᓇᑲᐅᒻ ***ᕿᑐᕐᖓᒥᑦ ᐱᕈᕐᓴᐃᓂᖓᑦ ᐅᕐᑲᓕᒫᖓᓕᐊᖏᓐᓂ***. ᑖᒃᑯᐊ ᑭᓯᓕᕆᔨᐅᓂᕆᕙᓚᐅᕐᑕᖏᑦ ᐅᓪᓗᒥᓯᑖ ᐊᑐᖅᐸᑦ?

ᐃᓕᒃᑲᓐᓂᕐᓴᓚᑦ - ᐃᓕᓐᓂᐊᕈᑏᑦ ᐱᔾᔪᑎᖏᑦ ᐃᓕᓐᓂᐊᕐᓂᐊᕐᑕᖏᑕᓗ ᑐᕌᒐᖏᑦ ᐱᓕᒻᒪᕆᒃᓯᓐᖏᓐᓂ

- ***ᐱᓕᒻᒪᒃᓴᕐᓂᒃ: ᐃᓚᒋᔭᐅᑎᕙᓂᒃ ᐊᖏᑎᓂᑦ ᓄᑲᐱᐊᓂᓪᓗ ᓂᖓᖅᑕᐃᓕᓂᖏᑦ ᐊᕐᖓᓂᑦ ᓂᕕᐊᖅᓯᐊᓂᓪᓗ*** ᕿᒥᕐᕈᓯᒪᒻᒪᑕ ᐃᓚᖏᓐᓂᑦ ᐊᐳᕈᑕᐅᕙᕐᑐᓂᑦ ᐊᑦᓱᕈᕐᓇᕐᑐᓂᑦ ᐃᓄᓐᓄᑦ ᐊᖑᑎᓄᑦ ᐊᒻᒪ ᖃᓄᖅ ᐱᕈᕐᐸᓪᓕᐊᒻᒪᖔᑕ ᐊᑲᐅᓯᕙᓪᓕᐊᒻᒪᖔᑕᓗ ᒪᒋᓴᕐᓂᒃᑯᑦ.

ᐃᓄᐃᑦ ᖃᐅᔨᕕᑦᓯᒪᔭᕗᑦ ᐊᖑᑏᑦ ᐊᕐᓇᐃᓪᓗ ᑭᓯᓚᕆᔨᐅᒐᔪᓐᓂᖏᓐᓂᑦ

- *ᕿᑐᕐᖓᒥᑦ ᐱᕈᖅᐃᓂᖓᓄᑦ ᐅᖃᓕᒫᒐᑦ,* ᒦᑲ ᐊᕐᓇᒃᑲᖅ (2011). ᒪᒥᓴᕕᒃ ᐊᒻᒪ ᑲᓇᑕᒥ ᐋᖓᔾᔪᓇᕐᑐᓄᑦ ᐊᔪᓕᕐᓯᒪᔪᓂᑦ ᐃᑲᔪᕐᑏᑦ.
- *ᓇᑲᑎᓐᖓᒃ. ᑲᓇᑕᒥ ᐅᕐᑲᕐᑎᕐᑲᕐᓂᖅ ᐊᖑᑎᓂᑦ ᐊᕐᓇᓂᓪᓗ ᐃᓚᐃᓐᓈᑦᑕᐃᓕᓲᓂᑦ ᐃᓅᓯᑦᑐᓂᑦ ᑲᓇᑕᒥᐅᓂᑦ* (ᐅᑦᑐᕝᕙᐅᑏᑦ, 2023). ᐸᐅᒃᑑᑎᑦ ᐃᓄᐃᑦ ᐊᕐᓇᐃᑦ ᑲᓇᑕᒥ.
- *ᐱᓕᒻᒪᒃᓴᕐᓂᒃ: ᐃᓚᒋᔭᐅᑎᕙᓂᒃ ᐊᖏᑎᓂᑦ ᓄᑲᐱᐊᓂᓪᓗ ᓂᖓᖅᑕᐃᓕᓂᖏᑦ ᐊᕐᖓᓂᑦ ᓂᕕᐊᖅᓯᐊᓂᓪᓗ* (2020). ᐸᐅᒃᑑᑎᑦ ᐃᓄᐃᑦ ᐊᕐᓇᐃᑦ ᑲᓇᑕᒥ.
- *ᑕᕝᕙ: ᑲᓇᑕᒥ ᖃᓄᖅᑑᕈᑏᑦ ᓄᓕᐊᕐᓂᖓᑦ ᖃᓄᐃᓐᖏᕙᐊᕈᓯᓂᑦ* (2017). ᐸᐅᒃᑑᑎᑦ ᐃᓄᐃᑦ ᐊᕐᓇᐃᑦ ᑲᓇᑕᒥ.
- ***ᐅᕐᑲᓗᕋᐃᑦ: ᐅᕐᑲᐅᓯᒃᑯᑦ ᐅᓂᒃᑳᕐᑐᐊᑦ ᓄᓇᕗᒥᑦ*** (2004). J. ᐱᐊᓂᑦ ᐊᒻᒪ S. ᕋᐅᓕ (eds.). ᒪᒃᑭᐅᑦ-ᑯᐃᓐᔅ ᑐᓴᐅᑎᖏᑦ.

ᐊᕐᓇᐅᑉ ᐊᖑᑎᐅᑦᑐ ᑭᓇᐅᓂᕋᕐᓂᖓ ᐱᖅᑯᓯᖏᑦᑐ

ᐊᖑᑕᐅᓂᕋᕐᑐᑦ ᐊᕐᓇᐅᓂᕋᕐᑐᕐᑑᓐᓃᑦ ᐃᒻᒥᓂᖅ ᑕᑯᓐᓇᕈᓯᓇᒐᑦᑎᒍ – ᐊᖑᑏᑦ, ᐊᕐᓇᐃᑦ, ᑕᒪᒃᑺᔭᖅ, ᑕᒪᒃᑺᖏᑦᑐᖅ, ᐊᑦᓛᑦᑑᓐᓃᑦ ᐊᕐᓇᐅᒐᓂ ᐊᖑᑕᐅᒐᓂᑑᓐᓃᑦ ᐃᓱᒪᕐᑲᕐᑐᑦ. ᐊᕐᓇᐃᑦ ᐊᖑᑏᑦᑐ ᐱᖅᑯᓯᕐᑲᕋᔭᑦᑐᑦ ᐊᐅᓚᑐᓯᖏᑎᑐᑦ, ᐊᓄᕌᕐᓯᒪᑐᓯᖏᑎᑐᑦ ᐊᒻᒪ ᐅᕐᑲᓕᒪᐅᓯᖏᑎᑐᑦ ᑭᓴᒻᒪᖔᕐᒥ ᖃᐅᔨᒪᔭᐅᓂᐊᕋᒥ. ᐃᓖᓐᓂᒃᑯᑦ ᑎᒥᐅᑉ ᑕᐅᑦᑐᖓ ᒪᓕᑦᑐᐊᐸᑦᑐᑦ ᐊᖑᑕᐅᓂᕋᕐᑐᑦ ᐊᕐᓇᐅᓂᕋᕐᑐᕐᑑᓐᓃᑦ ᐊᒻᒪ ᐊᖑᑦ ᐊᕐᓇᕐᑐ ᐱᐅᓯᖓ ᐃᓖᓐᓂᒃᑯᑦᑐ ᓇᓗᓇᕐᑐᑎᑦ.

ᑎᒥᖓᑕ ᑕᐅᑦᑐᖓ ᒪᓕᓐᖏᐸᑉᐸᑦ ᐊᖑᑕᐅᓂᕋᕐᑐᒧᑦ ᐊᕐᓇᐅᓂᕋᕐᑐᕐᑑᓐᓃᑦ ᐅᕙᑑᓐᓃᑦ ᐊᕐᓇᑦ ᖑᑏᑦᑐ ᐱᖅᑯᓯᖏᑦ, ᐃᓖᓐᓂᒃᑯᑦ ᐃᒻᒥᓂᖅ ᐊᑦᑎᖅᓯᒪᓖᖑᒻᒪᑕ ᐊᕐᓇᐅᓯᓇᓕᕐᐸᑦᑐᑦ ᐊᖑᑕᐅᓯᓇᓕᕐᐸᑦᑐᑦᑐ. ᐆᑑᑎᒋᑐᒍ, ᑎᒥᖓ ᐊᖑᑕᐅᑦᑐᓂ ᑭᓯᐊᓂᓕ ᐃᒻᒥᓂᖅ ᐊᕐᓇᐅᒋᐊᓚᕐ ᑕᑯᓐᓇᕐᑐᖅ; ᐅᕙᑑᓐᓃᑦ ᐊᕐᓇᐅᑦᑐᓂ ᑎᒥᖓ ᑭᓯᐊᓂᓕ ᐃᒻᒥᓂᖅ ᐊᖑᑕᐅᔭᓇᐊᓚᕐ ᑕᑯᓐᓇᕐᑐᖅ. ᐊᕐᓇᐅᓯᓇᓕᕐᐸᑦᑐᖅ ᐊᖑᑕᐅᓯᓇᓕᕐᐸᑦᑐᑦᑐ ᐃᓅᔪᒥᓂᐅᓯᓇᓲᖑᒻᒪᑕ "ᑕᒻᒪᕐᑕᐅᑦᑐᑎᑦ" ᑎᒥᑖᕐᑎᑕᐅᓐᓂᕋᒥ."

"ᐃᒻᒪᑐᕐᑲᕐᓕ, ᐃᓄᐃᑦ ᐱᖓᔪᕐᑲᖅᐸᓚᐅᖅᖓᑕ ᑕᐃᔭᐅᑦᑐᑎᑦ ***ᓯᐱᓂᖅ****. ᐃᓄᐃᑦ ᓯᐱᓂᒃᑯᑦ ᐊᖑᑕᐅᖓᑎᖅ ᐊᕐᓇᐅᖓᑎᑦᑑᓐᓃᑦ, ᑕᒪᒃᑻᖑᑦᑐᑎᑦ ᐃᓄᖅ. ᓯᐱᓂᕋᕐᑕᐅᕙᓚᐅᕐᑐᑦ ᐃᓅᒌᕐᒪᑕ.* ***ᓯᐱᓂᖅ*** *ᐃᓱᒪᒋᔭᐅᕙᓚᐅᕐᑐᖅ ᐅᐱᓇᔭᒥᑐᑦ ᐊᔾᔨᐅᖏᒋᐊᖏᑦ ᐊᒻᒪ ᐊᖓᒃᑯᖅᓯᐊᕙᐅᓂᐊᕐᑐᒋᔭᐅᑦᑐᑎᑦ."*

ᖃᐅᔨᒋᐊᕐᕕᐅᓯᒪᔪᑦ: ᐱᐅᓯᑐᕐᑲᒃᑯᑦ ᐋᓐᓂᐊᕐᑐᓕᕆᓂᖓᓄᑦ ᖃᐅᔨᒪᔭᐅᔪᑦ (ᐊᐱᖅᓱᕐᓂᖅ ᐃᓄᓐᓂᑦ ᐃᓐᓇᑐᕐᑲᕐᓂᑦ Vol. 5), 2001.

ᐃᐸᕆᑦᑎᐊᕐᑐᒍ ᐃᖅᑲᓱᓐᓂᒃᑯᑦ ᐃᓅᓪ ᐃᒻᒥᓂᖕ ᓇᓗᓇᐃᕐᓯᒪᓂᖕᖓ ᐊᕐᓇᖅ ᐊᖑᑦᔫᓐᓂᑦ, ᐊᖑᑏᑦ ᐊᕐᓇᑦᔫᓐᓃᑦ ᐊᓯᔾᔨᐊᒪᕆᐊᔫᓐᓃᑦ, ᐊᒻᒪ ᓇᓗᓇᕈᓐᓃᐸᑦᑐᑦ ᑭᓇᐅᓂᖕᒋᑦ ᐊᓐᓄᕌᕐᓯᒪᒍᓯᖕᒋᑎᒍᑦ, ᐅᔾᒥᖕᒋᑎᒍᑦ, ᖃᓄᐃᓕᐅᕈᒪᓂᖕᒋᑎᒍᑦ, ᑐᓐᓂᖅᑲᖅᓃᒃᑯᑦ, ᐊᓱᖕᒋᑦᑕ, ᓴᓐᖓᑎᕈᑕᐅᔪᓐᓇᖕᖓᑕ ᓇᑦᑯᑎᖕᒋᓐᓂᖕᒍᑦ ᐃᒻᒥᓂᑦᑐ ᐊᓐᓂᓇᕐᓂᖕᒥᓃᒃ. ᐃᑲᔪᕐᑐᖅᑕᐅᖕᒋᑦᑐᑦ ᑭᓇᐅᒻᒪᖕᖒᕐᒥ, ᓱᕈᓯᑯᓗᐃᑦ, ᐃᓅᓯᑦᑐᑦ ᐃᓐᓇᐃᑦᑐ ᐃᓱᒫᓗᒍᑦ ᑲᑕᕐᓯᒪᕙᔪᒪᑕ ᐊᒻᒪ ᐃᒻᒥᓂᖕ ᐋᓐᓂᕋᓱᓕᕐᐸᑦᑐᑦ.

ᐅᖃᐅᓯᐅᔭᓂ ᐊᐱᖅᑯᑎᖕᑦ ᖃᐅᔨᒋᐅᕐᑎᑕᐅᓂᕐᒍ

1. ᐊᒥᓱᑦ ᐊᕐᖕᓇᐃᑦ ᐊᖑᑏᑦᑐ ᐊᖑᑕᐅᔮᑦ ᐊᕐᓇᐅᔮᑦᔫᓐᓃᑦ ᐃᓄᐃᑦ ᓇᓗᓇᐃᕐᓯᓚᐅᕐᓯᒪᓐᖕᒋᒻᒪᑕ ᑲᐸᐊᓱᒧᑦ ᐃᓚᐃᓐᓈᕐᑕᐅᓂᐊᕐᑐᒋᒧᑦ ᐊᒻᒪ ᓈᒻᒪᒋᔭᐅᔾᔫᓱᕆᓐᖕᒋᒧᑦ. ᖃᓄᕐᓕ ᐃᓕᕆᓇᓐᖕᒋᑦᑐᒥ ᐃᓱᒪᒃᑯᑦ ᑲᐸᐊᓇᖕᒋᑦᓗᓂ ᐃᐸᒍᓱᑦᑎᐊᕐᑐᓂᑦᓗ ᐅᖃᖅᑎᓲᑦᑐᓇᕐᐱᑕ ᑕᒪᑐᒥᖕᖓ?
2. ᖃᓄᕐᓕ ᐃᓱᒪᕖᑦ ᐃᓄᐃᑦ ᐱᐅᓯᑐᖅᑳᒃᑯᑦ ᒪᑐᐃᖕᖓᓂᖕᓴᐅᕙᓚᐅᕐᐹᑦ ᖃᓄᐃᖖᖕᒋᓐᓂᖕᓴᐅᑦᓗᑎᑦ ᐊᕐᓇᐅᔭᓂᑦ ᐊᖑᑕᐅᔭᓂᑦᔫᓐᓃᑦ, ᐊᒻᒪ ᓄᓇᐃᖅᑕᐅᓯᒪᔪᖅ ᖃᑦᑐᓈᓄᑦ ᐃᓚᐃᓐᓈᓕᕐᓂᑰᕚᑦ?
3. ᐅᑦᑐᒥᓕ ᐱᖅᑯᓯᕆᔭᕗᑦ ᓈᒻᒪᖕᖏᕐᓂᖅᓴᐅᓕᕐᐹᑦ ᐊᖕᒋᖅᓯᒪᓂᖕᓴᐅᓕᕐᒦ ᐊᒻᒪ ᖃᓄᖅ ᐃᑲᔪᕈᓐᓇᕐᐱᑕ ᐱᕙᓪᓕᐊᓂᖕᖓᓂ?
4. ᖃᓄᒃᑲᓐᓂᖅ ᐃᓕᓐᓂᐊᕈᒪᕖᑦ ᐊᖑᑕᐅᔭᑦ ᐊᕐᓇᐅᔭᓪᓗ ᐊᔾᔨᒌᖕᒋᓐᓂᖕᒋᓐᓂᑦ ᐱᖅᑯᓯᖕᒋᓐᓂᓪᓗ? ᑭᓇᒥᑦ ᐊᐱᖅᓱᕈᓐᓇᕐᐱᑕ?

ᓴᓇᕿᑎᑦ, ᑎᑎᖅᑲᑦ ᐊᒻᒪ ᑐᓂᐅᖅᑲᕆᑦ ᐃᓕᓐᓂᐊᕐᓱᓈᑦ ᑲᑎᒪᔪᓄᑦ ᐊᑐᕐᖓᑦ

- ***ᐃᒻᒥᓂᖕ ᐃᐸᕆᑦᑎᐊᕐᑐᖕᖓ*** ᐃᑭᐊᖅᑭᕕᒃᑯᑦ ᐱᑐᖁᕕᒃ ᓇᓗᓇᐃᓯᓯᒪᒻᒪᑕ ᖃᓄᖅ ᑐᑭᓯᔾᔭᐅᒃᑲᓐᓂᕿᓐᓇᕐᒪᖕᖒᑕ ᐊᖑᑕᐅᓂᕐᑐᑦ ᐊᕐᖕᓇᐅᓂᕐᑐᕐᔫᓐᓃᑦ ᐱᖅᑯᓯᖕᒋᑦᑐ. ᑕᐃᔫᓱᑦ ᐅᖃᐅᓯᕐᑕᖕᒋᑦ ᓇᓂᔭᐅᔪᓐᓇᕐᑐᑦ ᐃᓗᐊᓂ.
- ***ᒥᐊᓕᐅᑉ ᐅᓂᒃᑳᖕᖓ*** ᔪᓇᕗᑦ ᐋᓐᓂᐊᖅᑲᕐᓇᖕᒋᑦᑐᓕᖅᖠᖕᒋᑕ ᖃᖅᓇᐅᔭᒃᑯᑦ ᐱᑐᖁᕕᖕᖓᓃᑦᑐᖅ ᒪᐸᖓᖅ ᖃᓄᑎᒋ ᐃᑲᔪᕐᓂᖅᑲᕐᒪᖕᖒᑦ ᐃᒻᒥᓂᖕ ᓴᖅᑭᑦᑐᓂ 18-ᓂᑦ ᐅᑭᐅᓕᒃ ᓇᓕᐊᓐᓂᑐᐃᓐᓇᖅ ᐃᒃᑎᔫᓱᑦ ᐊᒻᒪ ᑎᐊᒥ ᐊᕐᓇᖅ ᐃᓄᒃ.
- ᑕᕐᕆᔮᖕᖅᐸᐅᒃᑑᑎᒃᑯᓂᑦ 2022 ᔩᑐᑉ ᑕᕐᕆᔮᖕᖅ ***ᑲᑎᓐᖓᒃ*** (ᖃᑦᑐᓈᑎᑐᑦ ᐃᓄᑦᑎᑐᑦᑐ) ᐱᔾᔪᑎᓕᒃ ᐊᖑᑎᓂᑦ ᐊᕐᖕᓇᓂᑦᑐ ᐃᓚᐃᓐᓈᑦᑕᐃᓕᓲᓂᑦ ᐊᒻᒪ ᐅᖃᖅᑲᑎᕆᓗᕆᑦ ᑕᕐᕿᔮᖕᐅᑉ ᒥᑦᓴᓄᑦ ᖃᓄᖅ ᑐᑭᖃᖅᑎᑕᐅᒻᒪᖕᖒᑦ ᐱᓕᒻᒪᖕᖅᑲᑕᐅᔪᓄᑦ.
- ᐅᓂᒃᑲᓕᐊᒥᓃᑦ ᑕᕐᕆᔮᖕᓕᐊᒃᑯᑦ ᒪᕿᐹᒃ ᓂᕈᒪᔫᖕ, ***ᒪᕿᐹᖕ ᑎᓯᔩᖕ*** (2016) ᕿᒥᕿᓯᒪᔪᑦ ᐃᒪᑐᖅᑳᓗᓐᓂᑦ ᖃᓄᐃᓕᐅᕐᑕᐅᖅᑲᑦᑕᕐᓯᒪᓂᖕᒋᑦ ᐊᖑᑕᐅᔭᑦ ᐊᕐᓇᐅᔭᑦᑐ ᖃᐃᕋᔪᐊᑦᑐᑦ ᒪᓃᑐᑭᖕᑦᑐ LGBTQ2+ ᐊᒻᒪ ᓄᓕᐊᕐᓂᐅᑉ ᒥᑦᓴᓄᑦ ᐃᓄᐃᑦ ᓄᓇᖕᖓᓂ. ᑲᑎᓐᖓᔪᓄᑦ ᐅᖃᐅᓯᖕᑦ, ᓇᐃᓈᕐᓯᒪᔪᑦ ᔩᑐᑉ ᑕᕐᕆᔮᖕᖕᒋᑦ ᑐᐃᓐᓇᐅᔪᖅ.

ᐃᓕᒃᑲᓐᓂᕋᕐᓂᑦ - ᐃᓕᓐᓂᐊᕈᑏᑦ ᐱᔾᔪᑎᖏᑦ ᐃᓕᓐᓂᐊᕐᓂᐊᕐᑕᖏᑕᓗ ᑐᕌᒐᖏᑦ ᐱᓕᒻᒪᖕᓂᖏᓐᓂ

- ***ᐊᖑᑕᐅᓂᕋᕐᑐᑦ ᐊᕐᓇᐅᓂᕋᕐᑐᕐᓘᓐᓃᑦ ᐱᙳᓱᖏᓪᓗ*** ᐃᑭᐊᖅᑭᕕᒃᑯᑦ ᐱᑐᕝᕕᖓᓂ ᒪᐸᒐᖅ ᑎᑎᕋᐅᔭᕐᓯᒪᓪᓗᑎᑦ ᓇᓗᓇᐃᕐᑐᐃᓯᒪᔪᑦ ᐊᖑᑕᐅᓂᕋᕐᑐᑦ ᐊᕐᓇᐅᓂᕋᕐᑐᕐᓘᓐᓃᑦ ᐱᙳᓱᖏᓐᓂᓪᓗ ᐊᒻᒪᓘᑦᑕᐅᖅ ᑐᓴᕋᖕᑦ ᐊᒻᒪ ᑐᑭᖏᑦ ᑭᓯᓕᕆᔨᐅᓂᖏᑕ ᐊᒻᒪ ᑐᑭᖏᑦ ᐊᕐᓇᐅᑉ ᐊᖑᑕᐅᓪᓗ ᑕᐃᒍᓯᖏᑦ.
- ***ᐃᒻᒥᓂᖕ ᐃᐸᒋᑦᑎᐊᕐᑐᖓ*** ᐃᑭᐊᖅᑭᕕᒃᑯᑦ ᐱᑐᕝᕕᒃ ᐱᕐᑲᓱᐅᔮᓯᒪᔪᑦ ᐱᑐᕝᕕᒻᒥᑦ ᐃᑲᔫᑎᖕᓂᑦ ᐊᑐᕈᒥᓇᕐᑐᓂᑦ ᐃᓅᓱᑦᑐᓄᑦ, ᐊᖏᔪᖅᑳᓄᑦ ᐊᒻᒪ ᐸᖅᑭᔮᐅᔪᓄᑦ, ᐃᓕᓴᐃᔮᓄᑦ ᐊᒻᒪ/ᐅᕝᕙᓘᓐᓃᑦ ᐋᓂᐊᖅᑐᓕᕆᔮᐅᔪᓄᑦ.

ᐃᓄᐃᑦ ᖃᐅᔨᕕᒋᓯᒪᔾᔨᑦ ᐊᕐᓇᐃᑦ ᐊᖑᑎᓪᓗ ᐊᔾᔨᒋᖏᓐᓂᖏᓐᓂᑦ

- [ᐊᖑᑕᐅᓂᕋᕐᑐᑦ ᐊᕐᓇᐅᓂᕋᕐᑐᕐᓘᓐᓃᑦ ᐱᙳᓱᖏᓪᓗ,] ᐃᒻᒥᓂᖕ ᐃᐸᒋᑦᑎᐊᕐᑐᖓ, ᓄᓇᕗᑦ ᐋᓂᐊᕐᑐᓕᕆᔾᑯᖏᑦ.
- [ᐃᒻᒥᓂᖕ ᐃᐸᒋᑦᑎᐊᕐᑐᖓ ᖃᐅᔨᕕᒋᓯᒪᔾᔨᑦ]. ᐃᒻᒥᓂᖕ ᐃᐸᒋᑦᑎᐊᕐᑐᖓ, ᓄᓇᕗᑦ ᐋᓂᐊᕐᑐᓕᕆᔾᑯᖏᑦ.
- [ᒥᐊᓕᐅᑉ ᐅᓂᒃᑳᖓ,] ᓄᓇᕗᑦ ᐋᓂᐊᕐᑲᕐᓇᖏᑦᑐᓕᕆᔨᖏᑦ.

ᐃᓅᓯᓕᒫᖅ ᐱᕈᕐᓴᓂᖅ ᐊᑲᐅᓯᖕᓂᕐᓗ

ᑕᐃᑦᓱᒪᓂ ᐊᑎᕐᑲᕐᑲᑦᑕᓚᐅᖏᑦᑐᖅ. ᖃᐅᔨᒪᔭᐅᓪᓗᓂ ᐋᔩᕐᑲᑎᒌᓐᓂᖅ. ᐊᑲᐅᓯᖕᓂᒃᑯᑦ ᒪᒥᓐᓂᐊᕐᐸᑕ, ᐅᕐᑲᐅᓯᕆᓗᒍ ᑭᓯᐊᓂᐅᒻᒪᑦ ᐋᓐᓂᕈᑎᒋᓯᒪᔾᔪᑦ ᖁᐊᖅᓵᕈᑎᒥᓂᓪᓘᓐᓃᑦ ᓱᕈᓯᐅᓪᓗᑎᑦ. ᐃᓱᒪᒃᑯᑦ ᐋᓐᓂᖅᓯᒪᓚᕝᕕᑦ, ᐋᓐᓂᓇᓪᓕᕆᑦᑐᐊᓘᓪᓗᓂᓗ. ᑕᕝᕙᑲᐅᑎᒋ ᒪᒥᔾᔮᖏᑦᑐᑎᑦ ᐅᖃᐅᓯᕆᕋᑖᑦᑐᒍ. ᒪᒥᐸᓪᓕᐊᓂᐊᕐᑐᖅ ᓃᕐᓗ ᑭᓪᓕᓪᒃ ᐅᖃᐅᓯᒋᕙᓪ-ᓕᐊᕐᑲᑦᑕᕐᑐᒍ ᕿᐊᔾᔪᑎᒋᖅᑳᓚᐅᕐᑐᒍᓗ. ᑕᐃᒪᖕ ᐊᑲᐅᓯᖑᓃᑦ ᒪᒥᓴᕐᓂᒃᑯᑦ. ᐊᓪᓛᑦ ᐃᓄᒃ ᐃᓐᓇᐅᓕᕋᓗᐊᐊᕐᑐᓂ ᒪᒥᓭᓐᓇᕐᑐᖅ ᐅᕕᒃᑲᐅᓪᓗᓂᓘᓐᓃᑦ, ᑕᐃᒪᓐᖓᑦ ᐅᖃᐅᓯᕆᕙᓪᓗᒍ ᑭᓯᐊᓂ ᐊᑲᐅᓯᕙᓪᓕᐊᒍᓇᕐᑐᖅ. *(ᐋᓚᓯ ᔩᒥ)*

ᖃᐅᔨᒋᐊᕐᕕᐅᓯᒪᔪᑦ: ᐱᐅᓯᑐᖃᒃᑯᑦ ᐋᓂᐊᕐᑐᓕᕆᓂᖕᒍᑦ ᖃᐅᔨᒪᔭᐅᔪᑦ (ᐊᐱᖅᓱᕐᓂᖅ ᐃᓄᓐᓂᑦ ᐃᓐᓇᑐᖃᕐᓂᑦ Vol. 5), 2001, ᒪᐸᒐᖅ. 248

ᐊᑦᓱᕈᕐᓇᕐᑐᓂᑦ ᐊᓂᒍᐃᔪᓐᓇᕐᓂᖅ

ᐅᐸᓗᐃᔭᕆᐊᕐᑲᓐᖏᑦᑐᑦ ᐊᑦᓱᕈᕐᓇᕐᑐᑰᓕᕈᑦᑕ. ᖃᐅᔨᒪᔪᒍᑦ ᓵᓐᖓᕙᖏᐊᖕᖅ ᐊᑲᐃᓪᓕᐅᕈᑎᓂᑦ ᐊᓂᒍᐃᔪᓐᓇᕐᑐᑕᓗ. ᐊᖅᑯᑎᒍᑦ ᓴᓂᖅᑯᑎᐊᕐᑲᓐᖏᑕᒍᑦ ᐃᓱᒫᓗᓕᕋᓗᐊᕈᑦᑕ; ᐅᐃᒪᔹᑦᑕᐃᓕᓗᑕ ᑐᑭᓕᐊᕐᔭᐊᕐᓗᑕ. ᑲᐸᐊᓱᑦᑕᐃᓕᓗᑕ ᑲᑦᑕᐃᓕᓗᑕᓗ. ᐆᒪᕐᑲᕆᐊᕐᑲᕋᑦᑕ ᐊᑲᐅᓪᓕᐅᕈᑎᓂᑦ ᖃᓄᖅᑑᕈᓐᓇᕐᓂᖕᒍᑦ, ᓄᒫᑦᑐᐊᓗᑐᐃᓐᓇᖏᓪᓗᑕ ᑲᓇᑦᑕᐃᓕᓗᑕ. (ᐃᓐᓇᑐᖅᑲᖅ ᑐᒃᑑᔭᖅᑐᒥᐅᖅ)

ᖃᐅᔨᒋᐊᕐᕕᐅᓯᒪᔪᑦ: [ᓴᐱᓕᑦᑕᐃᓕᓂᖅ: ᐊᓂᒍᐃᓂᖅ ᐊᑦᓱᕈᕐᓇᕐᑐᓂᑦ ᐊᐳᕈᑕᐅᕙᑦᑐᓂᑦ ᐊᒻᒪ ᐃᓄᖅᑭᔪᐊᕐᓗᓂ ᓱᕚᒍᐊᕆᐊᕐᓂᖅ], NAHO 2007, ᒪᐸᒐᖅ. 2

ᐃᓘᓐᓇᓯᐊᑦ ᐊᑦᓱᕈᕐᓇᑐᒃᑰᓲᖑᒐᓪᓚᑦ ᖃᖓᓚᐅᓪᓚᒃᑯᑦ ᐱᔾᔪᑎᓕᓐᓂᑦ ᐃᓚᒌᓐᓂᖓᓂᑦ, ᐃᓕᓐᓂᐊᕐᓂᖓᓂᑦ, ᐃᖅᑲᓇᐃᔭᕐᓂᖓᓂᑦ, ᓄᓇᓕᓐᓂ ᐃᓱᒪᓗᒋᔭᐅᔪᓂᑦ ᐊᒻᒪᐊᓱᒃᑲᓐᓂᐊᓗᕐᒋᓐᓄᑦ. ᐊᑦᓱᕈᕐᓇᑐᒃᑰᓕᓱᖑᔪᑦ ᐃᓱᒪᒃᑯᑦ ᐃᐸᐱᓐᓂᐊᔭᒃᑯᑦ, ᑎᒥᒃᑯᑦ, ᐃᓅᖃᑎᒌᑎᒍᑦ, ᑮᓇᐅᔭᑎᒍᑦ ᒪᑭᒪᓇᓱᐊᕐᓂᒃᑯᑦ ᐊᓱᕐᕆᑎᒍᓪᓗᓐᓃᑦ ᐅᖁᒪᐃᙱᓗᐊᓕᒃᑳᓚᒐᐃᒐᑦ ᓴᐱᕐᓇᕐᑐᓂᑦ. ᐃᓛᓐᓂᒃᑯᑦ ᐊᑦᓱᕈᕐᓇᑐᒃᑰᕐᓂᖅ ᐱᐅᔪᓇᕐᑐᖅ ᐃᓅᓯᐊᕋᓱᓐᓂᖑᓪ ᐊᐅᓚᔾᔭᐃᒋᐊᕈᑕᐅᓱᖑᒻᒪᑕ ᖃᓄᐃᓕᐅᕆᐊᖅᑲᕐᓂᑎᓐᓄᑦ. ᐆᑦᑑᑎᒋᓗᒍ, ᐃᓅᓯᑦᑎᐊᕆᓐᖏᓐᓂᖅ ᐃᓪᓗᒥᐅᖅᑲᑎᒡᓕᓪᓗᓂ ᐅᖅᑲᖅᓯᒪᔪᑦ ᐃᓚᖏᑦ ᐃᓕᓴᕐᓇᕐᑐᑦ ᑎᒥᒃᑯᑦ ᐆᒪᑎᕗᑦ ᓱᒃᑲᓕᔪᐊᓘᓕᕐᑐᓂ ᐊᒻᒪ ᐆᒻᒪᑦᑎᐊᕆᓕᒃᑳᓪᓚᑦᑐᓂ ᐅᔾᔮᕐᓇᑲᐅᔭᓕᕐᑐᓂ ᑲᑉᐱᐊᓇᕐᑐᒦᓕᖅᐃᓚᑦᑕ ᓄᓇᒦᑦᑐᑕ. ᑭᓯᐊᓂᓕ, ᓄᖅᑲᖓᑲᐃᓐᓇᖕᒋᒃᑯᑦᑕ ᐊᑦᓱᕈᕐᓇᑐᒃᑰᕈᑎᑦᑎᓂᑦ, ᑎᒥᕗᑦ ᐊᑦᓱᕈᓗᐊᓕᕐᑉᑐᖅ, ᐸᕝᕙᓴᖅᐃᑦᑐᑯᓘᓕᕐᑐᑕ, ᖁᐊᖅᓵᑲᓪᓚᑦᑖᓕᕐᑐᑕ, ᑕᖃᓯᒪᐃᓐᓇᕐᑐᐊᓘᔭᓕᕐᑐᑕ ᐊᓪᓛᓘᓐᓃᑦ ᓂᖕᒑᐅᒪᔪᐊᓘᓕᕐᑐᑕ ᐱᒋᐊᕐᓯᓂᐅᔭᖅᑐᑦ. ᐱᓪᒪᓇᐅᕗᕐᓕ ᐃᓕᓭᓯᔪᓐᓇᕐᓯᒋᐊᖃᕐᓂᕗᑦ ᐊᑦᓱᕈᕐᓇᕐᑐᒃᑰᓕᖅᐃᓚᑦᑕ ᐊᒻᒪ ᐱᔾᔪᑎᑦᑎᓂᑦ. ᑐᑭᓯᓂᐊᕐᑐᒍᑦ ᐊᑲᐅᔪᒃᑯᑦ ᖃᓄᖅ ᓵᓐᖓᓯᔪᓐᓇᕐᒪᖓᑦᑕ. ᓯᙵᓕᐊᕐᑐᑭᒪᓕᕐᓇᕐᑐᖅ, ᐃᒥᑭᒪᓕᕐᓇᕐᑐᖅ, ᐋᖓᔭᓇᕐᑐᑐᑭᒥᓇᕐᑐᖅ, ᐋᓐᓂᖅᑎᕆᔪᒥᓇᕐᓯᓪᓗᓂ ᐅᕝᕙᓘᓐᓃᑦ ᓂᕆᔪᒪᔪᐊᓗᑐᐃᓐᓇᐅᓕᕐᓗᑕ ᐱᐅᕆᑦᑐᓂᑦ. ᐊᑲᐅᓂᕐᓴᖅ ᐱᓕᒻᒪᕐᓴᖕᒫᕈᑦᑕ ᐊᑦᓱᕈᕐᓇᕐᑐᒃᑰᕐᑐᓂ ᖃᓄᖅᑑᕈᑎᕐᓴᓂᑦ ᐃᓕᓐᓂᐊᕐᓗᑕ ᖃᓱᕐᓴᓂᖅᒥᑦ ᐃᖃᐃᓕᕐᓴᓂᒃᑯᑦ, ᓱᓂᓯᐊᕐᑲᑦᑕᕐᓂᒃᑯᑦ ᑕᕝᕙᓂᕐᓴᐃᓐᓇᖅ, ᓂᕆᓯᐊᕙᖅᑲᑦᑕᓂᒃᑯᑦ, ᖁᕕᐊᓇᕐᑐᓕᕆᕙᓪᓗᑕ, ᖁᕕᐊᓲᑎᒋᓗᒋᑦ ᑲᔪᓯᑎᑕᕗᑦ, ᐅᔾᔨᕆᐊᕐᓗᒋᑦ ᓈᒻᒪᖕᒋᑦᑐᑦ ᐅᕝᕙᑎᓐᓄᑦ ᐊᑐᓕᕐᐸᑦᑕᕗᑦ ᐊᒻᒪ ᑕᒪᐃᑦᑕᕆᐊᖃᕈᕕᑦ, ᐃᑲᔪᕐᑕᐅᔪᒪᕝᕙᓪᓗᑎᑦ.

ᐅᖃᐅᓯᐅᔪᓂ ᐊᐱᖅᑯᑎᖏᑦ ᖃᓄᐃᓕᐅᕐᑎᑕᐅᓂᕐᓗ

- ᑭᓱᒥᒃ ᐊᑦᓱᕉᑎᖃᓲᖑᕕᑦ?
- ᖃᓄᐃᓕᐅᓲᖑᕕᑦ ᐊᑦᓱᕈᕐᓇᑐᒃᑰᓕᕐᐃᓚᕕᑦ? ᓵᓐᖓᓯᔪᑎᒋᓇᓱᐊᕐᑐᕆᑦ ᐊᑲᐅᔫᖓᕚᑦ?
- ᐃᓕᓐᓂᐊᕐᓯᒪᕖᑦ ᐃᓐᓇᑐᖃᓂᑦ ᐅᖁᒪᐃᑦᑐᒃᑰᕐᓂᐅᑉ ᐊᒻᒪ ᐊᑦᓱᕈᕐᓇᑐᒃᑰᕐᓂᐅᑉ ᒥᑦᓴᓄᑦ?
- ᖃᓄᐃᓕᐅᕐᑎᑦᓯᔪᕐᑲᓲᖑᕚ ᐃᑲᔫᑎᖕᓂᓪᓘᓐᓃᑦ ᐃᓕᓐᓂᐊᕈᑎᖕᓂᑦ ᓄᓇᑦᓯᓐᓂ ᐃᑲᔫᑕᐅᔪᓐᓇᕐᑐᓂᑦ ᐊᑦᓱᕈᕐᓇᕐᑐᒃᑰᕐᑐᓄᑦ?

ᓴᓇᕐᕈᑎᑦ, ᑎᑎᖅᑲᑦ ᐊᒻᒪ ᑐᓂᐅᖅᑲᒐᑦ ᐃᓕᓐᓂᐊᕐᓯᓐᓈᑦ ᑲᑎᒪᔪᓄᑦ ᐊᑐᕋᕐᓴᑦ

- ᕿᒥᕐᕈᓗᒋᑦ ᑐᓴᕋᕐᓴᑦ ᐊᑦᓱᕈᕐᓇᑐᒃᑰᕐᓂᐅᑉ ᒥᑦᓴᓄᑦ ***ᐃᓅᓯᑦᑎᐊᕆᓐᖏᓐᓂᖅ ᐃᓪᓗᒥᐅᖅᑲᑎᒡᓕᓪᓗᓂ*** ᐃᑭᐊᖅᑭᕕᒃᑯᑦ ᐱᑐᕝᕕᒻᒥ ᑎᑎᕋᕐᓯᒪᔪᑦ.
- ᐊᑐᕐᓗᒋᑦ ᒪᐸᒐᑦ 22-27 ᒦᑲ ᐊᕐᓇᑲᐅᓪ ᑎᑎᕋᐅᔭᕐᓯᒪᓯᐊᕐᑖᓗᐊᓂᑦᐱᖅᑲᓗᔭ ***ᐊᑲᐅᓯᓴᕈᓰᑦ ᒪᒥᓴᕐᓂᒃᑑᑦ ᐅᖃᓕᒫᒐᕆᑦ*** ᐅᖃᐅᓯᖃᕐᑐᑦ "ᓱᒃᑲᐃᓕᕆᐊᖃᕐᓂᐅᓪ" ᐊᒻᒪ ᓯᕗᒧᐊᕐᐸᓪᓕᐊᑦᑎᐊᕐᓂᖕᒥᑦ.
- ᐊᑐᕐᓗᒍ ***ᐃᓄᑑᓐᖏᑦᑐᑎᑦ – ᐃᓐᓇᕐᓄᑦ ᐊᒥᐊᒐᖕᓯᑦ ᐅᖃᓕᒫᒐᑦ*** ᐊᒻᒪ ᐱᓕᒻᒪᖕᓴᖃᑕᐅᔪᑦ ᐱᕕᖅᑎᓪᓗᕆᑦ ᐅᖃᓕᒫᕐᓂᐊᖕᒐᑕ ᐃᓐᓇᑐᖃᐃᑦ ᐅᖃᐅᓯᖏᓐᓂᑦ ᐊᒻᒪ ᐊᒥᐊᓇᓗᑎᑦ ᒪᐸᒐᖏᓐᓂᑦ ᑎᑎᕋᕐᓗᑎᓪᓗ ᐃᓱᒪᒋᔭᖏᓐᓂᑦ ᐅᖃᓕᒪᕝᕙᓪᓕᐊᓂᖕᒥᓂ ᓂᐱᖃᓐᖏᓪᓗᑎᓪᓘᓐᓃᑦ.
- ᑐᓂᐅᖅᑲᕐᓗᒋᑦ ᐊᒥᐊᕐᓯᒪᓯᐊᕐᑐᑦ ᐊᔾᔨᖑᐊᑦ ᐊᑭᓐᓇᕐᒥᐅᑦ ***ᐊᓱᔾᔨᕈᒪᓕᕐᓗᓂ ᑐᑭᑖᕈᑎᖕᓯᐅᕐᓂᖅ*** ᐃᓅᓯᖅᑲᓯᐊᕐᓂᖓᑦ ᐃᓕᓐᓂᐊᕈᑎᖕᓴ. ᐱᓕᒻᒪᖕᓴᖅᑲᑕᐅᔪᑦ ᐃᓚᓕᐅᔾᔭᕙᓪᓕᐊᔪᓐᓇᕐᑐᑦ ᖁᕕᐊᕆᑖᕆᓐᓂᑦ ᐱᓐᖑᐊᕈᑎᓂᑦ ᐅᕝᕙᓘᓐᓃᑦ ᐊᕆᓯᒪᓗᑎᑦ ᐊᑕᐅᓯᕐᒥᑦ ᒪᕿᓂᓪᓘᓐᓃᑦ ᑲᒪᒋᔭᖃᐊᓕᕐᒋᓐᓂᑦ ᐃᓗᐊᓂᑦ.
- ᑕᕐᖃᔭᐅᑎᒃᑯᑦ ***ᐅᓂᒃᑳᓕᐊᖑᓯᒪᔪᑦᐊᑦᓱᕈᕐᓇᑐᒃᑰᕐᓂᖅ: ᐃᓱᓖᓗᓐᓂᖅ ᐃᓕᓐᓂᐊᕐᑕᒥᓂᓪᓗ ᐱᓕᒻᒪᖕᓂᖅ*** (2015) ᐱᖅᑲᓯᐅᔾᔭᐅᓯᒪᔪᑦ ᐊᔾᔨᖑᐊᑦ ᐊᑐᖅᑕᐅᔪᓐᓇᕐᑐᑦ ᑐᓴᕐᓴᐅᓗᑎᑦ ᐊᒻᒪ ᐅᖃᐅᓯᐅᔪᓐᓇᕐᑐᑎᑦ. ᑐᕌᓪᓗᐊᑕᑦ ᐃᓕᓐᓂᐊᕐᕕᐊᓗᖕᒥ ᐃᓕᓐᓂᐊᕐᑏᑦ.

ᐃᓕᒃᑲᓐᓂᕋᕐᓴᑦ - ᐃᓕᓐᓂᐊᕈᑏᑦ ᐱᔾᔪᑎᖏᑦ ᐃᓕᓐᓂᐊᕐᓂᐊᕐᑕᖏᑕᓗ ᑐᕌᒐᖏᑦ ᐱᓕᒻᒪᕆᒃᓯᕐᓂᖏᓐᓂ

- ᐃᓄᐊᓯᕐᖏᑦ ᐃᓭᒃᓯᒪᒋᑦ ᑲᑎᒪᔨᖏᑦ ᐊᑐᐃᓐᓇᐅᑎᕐᓯᒪ ᐋᑎᖃᕈᓇᕐᑐᓂᑦ ᑖᕆᓴᐅᑎᒃᑯᑦ ᐅᓂᒃᑳᓂᑦ ***ᑕᐃᔭᐅᓪᓗᓂᐊᕐᓱᕈᕐᓇᑐᒃᑰᕐᓂᖅ: ᐃᓱᒫᓗᓐᓂᖅ ᐃᓕᓐᓂᐊᕐᑕᒥᓂᓪᓗ ᐱᓕᒻᒪᒃᓴᕐᓂᖅ*** ᖃᓪᓗᓈᑎᑐᑦ ᐃᓄᒃᑎᑐᓪᓗ. ᐃᓕᓐᓂᐊᕐᑎᓄᑦ ᑐᑦᖓᒐᓗᐊᕐᑐᑎᑦ, ᐋᑎᑕᕐᑲᖓᑕ ᑐᓴᕋᕐᓴᑦ ᐊᒻᒪ ᐊᔾᔨᖑᐊᑦ ᖃᓄᖅ ᐊᑦᓱᕈᕐᓇᕐᑐᓂᑦ ᐊᓂᒍᐃᔪᓐᓇᕐᒪᖔᑕ.
- ***ᓴᐱᓕᑦᑕᐃᓕᓂᖅ: ᐊᓂᒍᐃᓂᖅ ᐊᑦᓱᕈᕐᓇᕐᑐᓂᑦ ᐊᐳᕈᑕᐅᕙᕐᑐᓂᑦ ᐊᒻᒪ ᐃᓄᒃᑭᓯᐊᕐᓗᓂ ᓯᕗᒧᐊᒋᐊᕐᓂᖅ*** ᐅᓂᒃᑳᕐᓯᒪᔪᑦ ᖃᓄᖅ ᐱᔭᕆᐊᑐᔪᒃᑰᕐᑐᓂ ᐊᓂᒍᐃᔪᓐᓇᕐᒪᖔᕐᒥ ᐃᓄᐃᑦ ᓈᓚᕐᑲᑕᐅᔪᑦ.
- ***ᓴᐱᓕᑦᑕᐃᓕᓂᖅ: ᐃᓅᓯᕐᒥ ᐊᑦᓱᕈᕐᓇᕐᑐᓂᑦ ᓅᖓᔪᒍᓐᓇᕐᓂᖅ*** 2-ᒪᑉᐱᖓ5 ᐅᕐᑲᓕᒫᖓᕋᓛᑦ ᑲᓇᑕᒥ ᓄᓇᕐᒃᑯᕐᓯᒪᔪᑦ ᐋᓐᓂᐊᕐᑐᓕᕆᓂᖑᑦ ᑲᑐᔾᔨᕐᑲᑎᒋᖏᓐᓂᑦ ᐊᔪᙱᓐᓂᖅ ᑐᑦᑕᕐᕖᒃ ᓇᓗᓇᐃᕐᔾᔨᓯᒪᔪᑦ ᐱᐅᓂᖏᓐᓂᑦ ᐃᓅᓯᔾᔨᐊᕆᓐᓂᖏᓪᓗ ᐃᓄᐃᑦ ᐃᓇᓗᕐᑲᖏᑕ ᐅᓂᒃᑳᖏᑦ ᐃᑲᔫᑕᐅᕐᑲᑦᑕᕐᓯᒪᔪᑦ ᐃᓄᓐᓄᑦ ᐊᑦᓱᕈᕐᓇᕐᑐᑦ ᐅᐳᕋᐃᖓᒥᖅ.
- ***ᐊᖅᑯᑎᔾᔭᕙᑦ ᐃᓱᒪᔾᔭᕆᓐᓂᖑᑦ ᓄᓇᕐᒃᑯᕐᓯᒪᔪᑦ ᓄᑲᑉᐱᐊᖏᓐᓄᑦ ᐊᖑᑎᖏᓐᓄᓪᓗ*** by the ᖃᐅᔨᒋᐊᕐᑏᑦ ᖃᐅᔨᓴᕐᕕᖓ ᕿᒥᕐᕈᓯᒪᔪᑦ ᐱᖓᓱᔪᕐᑐᓂᑦ ᐊᑕᐅᓯᕐᒥᓪᓗ ᓄᓇᓕᓐᓂ ᐊᐅᓚᑕᐅᔪᓂᑦ ᓄᓇᒧᑦ ᐊᐅᓪᓚᕐᓯᒪᓂᒃᑯᑦ ᐃᓕᓐᓂᐊᕈᑕᐅᕙᕐᑐᓂᑦ ᐃᓄᐃᑦ ᓄᓇᖓᓂ. ᐅᓂᒃᑳᑦ ᐱᓪᓗᐊᑕᐅᓂᖏᑦ ᐊᑲᐅᓯᓴᕈᑎᓂᑦ ᓇᓗᓇᐃᕐᔪᓯᒪᔪᑦ ᐋᓐᓂᐊᕐᑕᐃᓕᓂᖑᑦ ᖃᓄᐃᓐᖏᑦᔪᐊᕐᓂᖑᓪᓗ ᑐᕌᖓᔪᓂᑦ ᐊᖑᑎᓄᑦ ᓄᑲᑉᐱᐊᓄᓪᓗ ᕿᓚᒥᑲᐃᓐᓇᕐᒧᑦ ᐊᑯᓐᓈᕿᔪᒧᑦ/ᐊᑯᓂᒧᓪᓗ ᐊᑐᕈᓐᓇᕐᑐᓂᑦ.

ᐃᓄᐃᑦ ᖃᐅᔨᒋᐊᕐᕕᒋᓯᒪᔭᕗᑦ ᐊᑦᓱᕈᕐᓇᕐᑐᓂᑦ ᐊᓂᒍᐃᔪᓐᓇᕐᓂᖑᑦ

- [*ᐱᕐᑲᓗᔭ ᐊᑲᐅᓯᓴᕈᓰᑦ ᒪᒥᓴᕐᓂᒃᑯᑦ ᐅᕐᑲᓕᒫᖓᖏᑦ*](), ᒦᑲ ᐊᕐᓇᒃᑲᖅ (2010). ᒪᒥᓴᕐᕕᒃ ᐊᒻᒪ ᑲᓇᑕᒥ ᐋᖓᔾᔭᓇᕐᑐᓄᑦ ᐊᔪᓕᕐᓯᒪᔪᓂᑦ ᒪᒥᓴᕐᕕᒃ.
- [*ᓴᐱᓕᑦᑕᐃᓕᓂᖅ: ᐃᓅᓯᕐᒥ ᐊᑦᓱᕈᕐᓇᕐᑐᓂᑦ ᓅᖓᔪᒍᓐᓇᕐᓂᖅ*]() (ᑎᑎᕋᕐᓯᒪᔪᑦ ᐊᑐᖅᑕᐅᕐᑲᑦᑕᓕᓃᑦ) (2008). ᐊᔪᙱᓐᓂᖅ ᑐᑦᑕᕐᕖᒃ, ᑲᓇᑕᒥ ᓄᓇᕐᒃᑯᕐᓯᒪᔪᑦ ᐋᓐᓂᐊᕐᑲᕐᓇᖏᑦᑐᓕᕆᓂᖑᑦ ᑲᑐᔾᔨᕐᑲᑎᒋᖏᑦ.
- [*ᓴᐱᓕᑦᑕᐃᓕᓂᖅ: ᐊᓂᒍᐃᓂᖅ ᐊᑦᓱᕈᕐᓇᕐᑐᓂᑦ ᐊᐳᕈᑕᐅᕙᕐᑐᓂᑦ ᐊᒻᒪ ᐃᓄᒃᑭᓯᐊᕐᓗᓂ ᓯᕗᒧᐊᒋᐊᕐᓂᖅ*]() (2007). ᐊᔪᙱᓐᓂᖅ ᑐᑦᑕᕐᕖᒃ, ᑲᓇᑕᒥ ᓄᓇᕐᒃᑯᕐᓯᒪᔪᑦ ᐋᓐᓂᐊᕐᑲᕐᓇᖏᑦᑐᓕᕆᓂᖑᑦ ᑲᑐᔾᔨᕐᑲᑎᒋᖏᑦ.
- [*ᐊᑦᓱᕈᕐᓇᑐᒃᑰᕐᓂᖅ*](), ᐃᓄᐊᓯᑎᐊᕆᖕᓂᖅ ᐃᓪᓗᒥᐅᕐᑲᑎᒋᓪᓗᓂ.
- [*ᐊᑦᓱᕈᕐᓇᑐᒃᑰᕐᓂᖅ: ᐃᓱᒫᓗᓐᓂᖅ ᐃᓕᓐᓂᐊᕐᑕᒥᓂᓪᓗ ᐱᓕᒻᒪᒃᓴᕐᓂᖅ*]() (ᑕᑉᐸᔫᑦᓴᒃᑯᑦ ᐅᓂᒃᑳᓕᐊᑦ) (2015). ᐃᓄᐊᓯᕐᖏᑦ ᐃᓭᒃᓯᒪᒋᑦ ᑲᑎᒪᔨᖏᑦ.
- [*ᐊᓯᔾᔨᕈᒪᓕᕐᓗᓂ ᑐᕿᑖᕈᑎᑦᓴᓯᐅᕐᓂᖅ*]() (2018). ᓄᓇᕕᒃ ᐋᓐᓂᐊᕐᑐᓕᕆᔨᖏᑦ ᐃᓄᓕᕆᔨᒃᑯᖏᓪᓗ.
- [*ᐃᓄᑑᔾᔨᖏᑦᑐᑎᑦ: ᐃᓐᓇᕐᓄᑦ ᐊᒥᐊᕋᑦᓴᑦ*]() (ᐊᒥᐊᕋᑦᓴᑦ ᒪᑉᐱᖓᑦ ᐃᓱᒪᔾᔭᕆᓐᓂᖅ ᓴᐃᓕᓂᕐᓗ). ᐃᓄᐊᓯᕐᖏᑦ ᐃᓭᒃᓯᒪᒋᑦ ᑲᑎᒪᔨᖏᑦ.

ᐃᓱᒪᕐᓯᐊᓇᓐᓂᖅ

"ᐊᑕᓂᖏᑦ ᐃᓄᐃᑦ ᐊᒻᒪ ᐃᓄᐃᑦ ᓄᓇᖏᑦ (ᓄᓇᐃᑦ) ᐊᑑᑎᓖᑦᓚᕆᐅᒻᒪᑕ ᐃᓄᐃᑦ ᐃᓱᒪᕐᓯᐊᕆᒍᓯᖏᓐᓄᑦ. ᓂᕿᒃᑯᓂᒃ ᐃᓄᐃᑦ ᓂᕿᖏᓐᓂᑦ, ᓄᓇᒧᑦ ᐊᐅᓚᕐᓯᒪᒃᑕᕐᓂᒃ, ᐱᒻᒪᕆᐊᓘᕗᒃ ᐃᓕᒃᑯᓯᕐᑎᒍᑦ ᑭᓇᐅᓂᕐᑎᓂᑦ ᐊᑐᐃᓐᓇᕈᒪᓗᒋᓪᓗ."

ᖃᐅᔨᒋᐊᕐᕕᐅᓯᒪᔪᑦ: [ᐊᓚᐊᓇᐃᑦ ᐃᓄᐃᑦ ᐃᓱᒪᕐᓯᐊᓇᓐᓂᒃ ᑲᔪᓯᑎᑕᐅᓂᖏᓐᓄᑦ ᐸᕐᓇᐅᑎᑦ](), ᐃᓄᐃᑦ ᑕᐱᕇᑦ ᑲᓇᑕᒥ, 2007, ᒪᐱᒐᖅ. 8

ᐃᓄᒃᑎᑐᑦ ᐅᖃᐅᓯᖓ "ᐊᑲᐅᓯᖕᓂᒃ ᒪᒥᓴᕐᓂᒃᑯᑦ" ᐅᖃᐅᓯᕆᓂᐅᓪᓗᒋᑦ ᐃᓱᒪᒋᔭᑎᑦ ᐃᐸᐃᓐᓂᐊᔭᑎᓪᓗ. ᐅᖃᐅᓯᕆᔪᓐᓇᕐᓯᒍᕕᒋᑦ ᐃᐸᐃᓐᓂᐊᔭᑎᑦ, ᓇᖏᕐᓯᔪᓐᓇᕐᓯᔪᑎᑦ ᓴᓐᖏᔫᓗᑎᑦ.
(ᐃᓄᒃ ᒪᒥᓴᐃᔨ/ᐃᓅᓯᓕᕆᔨ)

ᖃᐅᔨᒋᐊᕐᕕᐅᓯᒪᔪᑦ: [ᑲᓇᑕᒥ ᐸᕐᓇᐅᑎᑦ ᐋᓐᓂᖅᑎᕆᑕᐃᓕᓂᖕᒧᑦ ᐃᓄᐃᑦ ᓄᓇᖏᓐᓂ](), ᐸᐅᒃᑑᑎᑦ ᐃᓄᐃᑦ ᐊᕐᓇᐃᑦ ᑲᓇᑕᒥ, 2006, ᒪᐱᒐᖅ. 8

ᐃᓪᓗᒥᓕ, ᐃᓄᓐᓄᑦ ᐃᓱᒪᓕᕐᓯᒪᒎᑕᐅᕙᑦᑐᑦ ᐊᑲᐃᓪᓕᐅᕈᑏᑦ ᓴᒃᑲᓚᕿᓂᑰᒻᒪᑕ ᖃᓪᓗᓈᓄᑦ ᓄᓇᐃᖅᑕᐅᓂᑯᒧᑦ ᐃᓕᖅᑯᓯᓇᖕᖏᑕᑦᑎᓂᑦ ᐊᑎᓯᑎᑕᐅᓇᓱᐊᒧᑦ ᐊᒻᒪ ᑭᖑᕚᓰᑦ ᖁᐊᖅᓵᕈᑎᒋᓯᒪᔪᖏᑦ ᐱᓪᓗᒋᑦ ᐊᒻᒪᓗᑦᑕᐅᒃ ᐅᓪᓗᒥᓂᓴᑦ ᐃᓅᖅᑎᒌᑦ ᑮᓇᐅᔭᑎᒍᑦ ᒪᑭᒪᓱᐊᕈᑎᒋᓕᕐᑕᖏᑦ ᐊᐳᕈᑕᐅᕙᒻᒪᑕ ᐊᑦᓱᕐᓇᕐᑐᑦ ᐃᖅᑲᓇᐃᔮᓴᖅᑯᓯᐊᖏᓐᓂᒃ, ᐃᓪᓗᖅᑯᓯᐊᖏᓐᓂᒃ ᐊᒻᒪ ᐋᖕᒐᔾᔭᓇᕐᑐᑦ ᐃᒥᐊᓗᓪᓗ ᐱᔮᑕᐅᓪᓗᑎᑦ. ᐅᐊᑎᐊᕈᓕ, ᐃᓄᐃᑦ ᐊᑦᓱᕉᑎᖏᓐᓂᑦ ᐊᓂᒍᐃᕙᓚᐅᕐᑐᑦ ᐅᖃᓕᒫᒃᑎᒃᑐᑎᑦ ᓄᓇᖓᑕ ᓯᕗᓕᖅᑎᖓᓂᑦ, ᐃᓐᓇᑐᖅᑯᓂᑦ, ᐊᒻᒪ ᓄᓇᒧᑦ ᐊᐅᓚᕐᓯᒪᕙᑦᑐᑎᑦ. ᐃᑲᔪᕐᑏᑦ ᐊᑐᐃᓐᓇᐅᑎᓪᓗᒋᑦ, ᐃᓄᐃᑦ ᐊᖑᑏᑦ ᓄᑲᐱᐊᓪᓗ ᕿᓂᓐᖏᓂᖅᓴᐅᓕᕐᐸᑦᑐᑦ ᐃᑲᔪᖅᑎᖃᓂᑦ. ᐃᓱᒪᓕᕆᓂᖅ ᐊᒻᒪ ᐃᓱᒪᕐᓯᐊᓇᓐᓂᖅ ᐊᔾᔨᖕᒋᑦᑐᕈᓐᔭᐅᒻᒪᑕ ᐊᒻᒪ ᐃᒻᒥᓄᐃᓐᓇᖅ ᐱᒃᑯᑎᒧᑦ ᐱᔭᕆᐊᑐᒐᔪᑦᑐᑦ ᐅᖃᐅᓯᕆᔭᕆᐊᖏᑦ ᐃᓕᓐᓂᐊᕐᓯᓐᓈᑦ ᑲᑎᒪᓂᖏᒥ. ᑭᓯᐊᓂᓕ, ᖃᓄᖅᑑᕈᑕᐅᑉᐸᑕ ᓴᐱᓕᑦᑕᐃᓕᓂᒃᑯᑦ, ᐃᓕᓐᓂᐊᕐᓯᓐᓈᑦ ᑲᑎᒪᓂᖏ ᐅᖃᐅᓯᐅᔪᑦ ᐋᖅᑭᑦᑕᐅᓯᒪᔪᓐᓇᖅᑐᑦ ᐃᒻᒪᑐᖅᑎᑐᑦ ᓯᕗᓕᑦᑎᓐᓃᓐᖔᖅᑐᓂᑦ ᐃᒻᒥᓂᖅ ᐊᓐᓇᐅᒪᔪᓐᓇᖅᑐᑕ, ᐊᔪᐃᓐᓇᕈᓐᓇᖅᑐᑕ ᓴᐱᓕᑦᑕᐃᓕᓂᒃᑯᑦ, ᖃᓄᖅᑑᕈᓐᓇᖅᓂᒃ, ᒪᒪᑐᓂᖅ ᐊᒻᒪ ᓱᖏᐅᑎᔪᓐᓇᖅᓂᒃᑯᑦ ᐊᓯᔾᔨᖅᑲᓯᐅᑎᓂᒃᑯᑦ.

ᐊᑐᖅᑕᐅᔪᓐᓇᖅᔪᑦ ᐊᒡᒐᒃᑯᑦ ᐊᑦᓱᕈᕐᓇᑐᒃᑯᑦᑐᖅᑎᓪᓗᒍ ᐊᒻᒪ ᐃᓱᒪᑦᑎᐊᕆᓐᓂᖏᑦ ᑐᓴᐅᒪᑎᑦᓯᓂᒃᑯᑦ. ᐱᔭᕆᐊᑭᑦᑑᑯᓗᐃᑦ ᐃᓚᖏᑦ ᓲᕐᓗ ᑎᒥᒥᑦ ᐃᖅᑲᐃᓕᓴᕐᓂᖅ ᐱᓱᓪᓗᓂ, ᐱᓱᕐᕋᔅᓯᒪᓗᓂ, ᐃᖅᑲᐃᓕᓴᕐᓗᓂ; ᐅᕝᕙᓘᓐᓃᑦ ᐃᓚᑭᔭᐅᓗᓂ ᒥᖅᓱᖅᑎᐅᖅᑲᑎᕆᓄᑦ, ᓴᓇᙳᐊᕐᑎᓄᑦ, ᓴᓇᐅᒐᕐᓂᑦ, ᐃᖅᑲᓕᐊᓂᒃᑯᑦ ᐊᖑᓇᓱᓐᓂᑯᓪᓗ, ᓂᕿᑦᑎᐊᕙᓐᓂᑦ ᓂᕆᕙᓐᓂᒃᑯᑦ, ᓱᓂᑦᓯᐊᒃᑕᕐᓗᓂ ᐊᒻᒪ ᐅᖃᖅᑎᖅᑲᐅᓪᓗᓂ ᖃᓄᐃᓕᐅᖅᑎᖅᑲᐅᓪᓗᑕ ᐱᖃᓇᕆᔭᑦᑎᓂᑦ ᐃᓚᑦᑎᓂᓪᓗ. ᓴᐱᓕᑦᑕᐃᓕᓂᖅ ᑐᑭᒃᑐᖅ ᓱᕐᕆᐅᑎᓂᖅ ᐊᓯᔾᔨᕐᓕᐊᔪᓂᑦ, ᓇᓗᖅᑯᑎᖕᖏᓂᖅ, ᓴᖅᑮᔭᕐᑎᑦᓯᓂᒃᑯᑦ ᐃᑲᔪᖅᑎᐅᖃᑎᖃᕐᓂᑦ ᐊᒻᒪ ᓴᙱᓂᕐᑎᓂᑦ ᐃᑲᔫᑎᖃᕈᓇᖅᑐᑕ.

ᐅᖃᐅᓯᐅᔪᓂ ᐊᐱᖅᑯᑎᖏᑦ ᖃᓄᐃᓕᐅᖅᑎᑕᐅᓂᖅ

1. ᐊᐱᕆᓗᒋᑦ ᐱᓕᒻᒪᖅᓴᖅᑕᐅᔪᑦ ᓇᓕᐊ ᐃᓄᐃᑦ ᖃᐅᔨᒪᔪᖅᑲᖏᑕ ᑐᓐᖓᕕᖏᑦ ᓇᓗᓇᐃᖅᓯᓯᐊᕐᕚᖑᒻᒪᖔᑕ ᐃᓄᐃᑦ ᒪᒪᑐᓂᖏᓐᓂᑦ ᐊᒻᒪ ᐱᒻᒪᕆᐅᓂᖓᓂᑦ ᐃᓱᒪᕐᓯᐊᕆᒋᐊᖃᕐᓂᖅ ᐊᒻᒪ ᓱᖓᒪᑦ ᐱᒻᒪᕆᐅᒪᖔᑦ ᓄᓇᒧᑦ ᐊᐅᓚᕐᓯᒪᒃᑕᕐᓂᖅ. ᐊᐱᕆᓗᒋᑦ ᖃᓄᖅ ᐅᓪᓗᒥᒧᑦ ᐊᑐᖅᑕᐅᔪᓐᓇᖅᒪᖔᑕ.
2. ᐊᑐᓂ ᐱᓕᒻᒪᖅᓴᖅᑕᐅᔪᑦ ᐊᐱᕆᓗᒋᑦ ᖃᓄᖅ ᓵᙵᓯᔪᓐᖑᐊᒻᒪᖔᑕ ᖃᐅᑕᒫᑦ ᐊᑦᓱᕈᕐᓇᖅᑐᓂᑦ ᐊᒻᒪ ᐊᑲᐅᔪᒧᑦ ᐃᓱᒪᕐᓯᐊᕆᐊᖅᑲᖅᑕᕐᓂᖕᒥᑦ ᓇᓗᖅᑯᑎᖕᖏᓂᖕᒥᓪᓗ. ᐊᐱᕆᓗᒋᑦ ᖃᓄᖅ ᐊᓂᒍᐃᔪᓐᓇᖅᒪᖔᑕ ᐊᑦᓱᕈᕐᓇᖅᑐᓂᑦ ᓵᙵᓯᔭᕆᐊᖃᖅᑎᓪᓗᒋᑦ?
3. ᐊᐱᕆᓗᒋᑦ ᐱᓕᒻᒪᖅᓴᖅᑕᐅᔪᑦ ᐃᓚᒌᓐᓂᖕᒧᑦ ᐊᑦᓱᕈᑕᐅᕙᑦᑐᓂᑦ ᐊᒻᒪ ᐱᒻᒪᕆᐅᓂᖓᓂᑦ ᐊᑲᐅᔪᒧᑦ ᑕᑯᓐᓇᐃᓐᓇᕆᐊᖃᖅᑲᓂᖕᒥᑦ ᐃᓄᖕᕿᓂᖕᒧᑦ ᐊᑦᓱᕈᕐᓇᖅᑐᒃᑯᑦᑕᕋᓗᐊᖅᒥ ᐊᒻᒪ ᐱᔭᕆᐊᑐᔪᓂᑦ ᐃᓱᒪᓕᐅᕆᐊᖅᑲᖅᑎᓪᓗᒋᑦ.

ᓴᓇᕿᑎᑦ, ᑎᑎᖅᑲᑦ ᐊᒻᒪ ᑐᓂᐅᖅᑲᒐᑦ ᐃᓕᓐᓂᐊᕐᓯᓐᓈᑦ ᑲᑎᒪᔪᓄᑦ ᐊᑐᕋᖏᑦ

- ᐅᓂᒃᑳᓇᔭᐅᓗᑎᑦ ᐃᓄᓐᓄᑦ ᐊᑐᖅᑕᐅᕐᑲᑦᑕᕐᓂᑯᑦ ᐃᓱᒪᔫᕐᑐᓄᑦ ᑕᕐᓇᔮᓕᐊᒥᓂᕐᓂᑦ **ᐃᓄᐃᑦ ᐅᑭᐅᖅᑕᖅᑐᒥᐅᑦ** ᑕᕐᓇᔭᖏᙱᓐᓂᑦ ᐊᒻᒪ ᐊᐱᕆᓗᒋᑦ ᐱᓕᒻᒪᖏᕐᑲᑕᐅᔪᑦ ᐃᒻᒥᓂᑦᑕᐅᖅ ᐊᑐᓚᐅᕐᓯᒪᒻᒪᙶᑕ ᑕᐃᓖᖓᐃᓐᓇᖅ. ᐊᐱᕆᓗᒋᑦ ᑖᒃᑯᓯᐃᓐᓇᐃᑦ ᓵᙳᓯᔪᑎᒥᓂᖏᑦ ᐊᑐᕈᓐᓇᕐᒪᙶᑕ ᐃᒻᒥᓄᑦ.
- ᕿᒥᕐᕈᓗᒋᑦ ᑐᓴᕋᖏᑦ ᐃᓱᒪᓯᐊᕆᓂᖓᑦ ***ᐃᓅᓯᑦᑎᐊᕆᙱᓂᖅ ᐃᓪᓗᒥᐅᕐᑲᑎᒋᓪᓗᓂ*** ᐃᑭᐊᖅᑭᕕᒃᑯᑦ ᐱᑐᖅᕕᒃ. ᑎᑎᕋᕐᓯᒪᔪᑦ ᖃᓄᖅ ᑐᑭᕐᑲᕐᒪᙻᑦ ᐃᓱᒪᑦᑎᐊᕆᓂᖅ ᐃᓱᒪᔮᓐᖏᓪᓗᓂ ᖃᓄᕐᓗ ᐃᒻᒥᓂᖅ ᐸᖅᑭᑦᑎᐊᕈᓐᓇᕐᒪᙻᑦᑕ ᖃᓄᐃᓕᐅᕐᑲᑦᑕᓂᒃᑯᑦ. ᑖᒃᑯᐊ ᐃᑲᔫᑎᕐᑲᕈᓐᓇᕐᓯᐊᕐᑐᑦ ᐃᓚᕆᔭᐅᑎᑦᓯᓂᖏᑦ ᐱᓕᒻᒪᖏᕐᑲᑕᐅᔪᓂᑦ ᐃᒻᒥᓂᖅ ᐃᓱᒪᑦᑎᐊᕆᓂᖓᑦ ᖃᓄᕐᓗ ᐃᓅᓯᕐᒥᓂ ᐊᑦᓱᕈᕐᓇᕐᑐᓂᑦ ᓵᙳᓯᔪᓐᓇᕐᒪᙻᕐᒥ.
- ᐱᔭᕆᐊᑐᓂᖓᓄᑦ ᐅᖃᐅᓯᐅᒥᐊᖓ, ᐃᖅᑲᐅᒪᓂᐊᕐᐳᓯ 3-ᒪᑉᐱᒐᑦ ᐅᖃᓕᒫᒐᕋᓛᑦ ***ᖃᓄᑐᐃᓐᓇᖅ ᐃᑲᔪᕋᓱᐃᑎᑦ ᐃᑲᔪᕐᑐᖅᑕᐅᓂᖏᑦᓗ ᐊᑦᓯᕈᕐᑐᑦ*** ᓄᓇᕗᑦ ᐋᓐᓂᐊᕐᑐᓕᕆᔨᖏᓐᓄᑦ ᐃᑲᔫᑕᐅᔪᓐᓇᖅᖃᑕ ᐱᓕᒻᒪᖏᕐᑲᑕᐅᔪᓄᑦ ᕿᓂᑐᐃᓐᓇᕆᐊᓕᓐᓂᑦ ᐃᑲᔫᑕᐅᒃᑲᓐᓂᕈᓐᓇᕐᑐᓂᑦ.
- ᑎᒥᒥᑦ ᐃᖃᐃᓕᓴᕐᓂᖅ ᐃᓱᒪᑦᑎᐊᕆᓂᖓᑦ ᐱᖃᓯᐅᔾᔨᓯᒪᔪᑦ ᐅᒥᙱᑦ ᐊᒻᒪ ᓂᐅᒎᑦ ᐱᙳᐊᕈᓰᑦ ᐊᑭᑦᑐᕋᐅᑏᑦ ᐃᖃᐃᓕᓴᐅᑕᐅᕙᒻᒪᑕ. ᑕᒃᑯᓗᒍ ᐃᓚᖓᓂ ᐃᓄᐃᑦ ᐱᙳᐊᕈᓯᖏᓐᓂ ᐸᐅᒃᑑᑎᑦ **ᐃᑲᔪᖅᑲᑎᒌᓐᓂᖅ: ᐃᓄᐃᑦ ᐃᓄᓯᑦᑐᑦ ᐊᖅᑯᑎᒋᔪᓐᓇᕐᑕᖏᑦ ᓂᙵᑦᑕᐃᓕᓂᖓᑦ, ᐃᓅᓯᑦᑐᓄᑦ ᐱᕆᐊᕈᑎᖏᑦ ᐱᓕᒻᒪᓴᐅᑎᖏᓂ.**

ᐃᓕᒃᑲᓐᓂᕋᖏᑦ - ᐃᓕᓐᓂᐊᕈᑏᑦ ᐱᔾᔪᑎᖏᑦ ᐃᓕᓐᓂᐊᕐᓂᐊᕐᑕᖏᑕᓗ ᑐᕌᖓᖏᑦ ᐱᓕᒻᒪᖏᕐᓂᖏᓐᓂ

- ***ᐃᓄᐃᑦ ᐅᑭᐅᖅᑕᖅᑐᒥᐅᑦ ᐱᔭᐅᓂᒃᑯᑦ*** ᓄᓇᕗᑦ ᐋᓂᐊᖅᑲᕐᓇᖏᑦᑐᓕᕆᔨᖏᓂᑦ ᑲᑎᖅᓱᖅᑕᐅᓯᒪᔪᑦ ᐃᓄᐃᑦ ᐊᑐᖅᓯᒪᔭᒥᓂᖅ ᐅᓂᒃᑳᑦ ᖃᓄᖅ ᐃᓄᐃᑦ ᐃᓱᒪᔫᖅᑲᑦᑕᓕᓂᐅᒻᒪᙶᑕ ᐊᒻᒪ ᖃᓄᖅ ᓵᙳᓯᔪᓐᓇᕐᒪᙶᑕ ᐱᓕᒻᒪᕋᕈᑏᑦ.
- ***ᐃᑲᔪᖅᑲᑎᒌᓐᓂᖅ: ᐃᓄᐃᑦ ᐃᓄᓯᑦᑐᑦ ᐊᖅᑯᑎᒋᔪᓐᓇᕐᑕᖏᑦ ᓂᙵᑦᑕᐃᓕᓂᖓᑦ, ᐃᓅᓯᑦᑐᑦ Initiatives ᐱᓕᒻᒪᕋᐅᑎ*** (2021) by ᐸᐅᒃᑑᑎᑦ ᐃᓄᐃᑦ ᐊᕐᓇᐃᑦ ᑲᓇᑕᒥ ᐅᓂᒃᑳᕐᓯᒪᔪᑦ ᐃᓄᐃᑦ ᐱᙳᐊᕈᓯᖏᓐᓂᑦ ᐊᒻᒪ ᑐᓐᖓᓴᕆᓇᔾᔪᑏᑦ ᖃᓯᔾᔫᒥᓂᐊᖓᑕ ᐃᓄᐃᑦ ᐃᓅᓯᑦᑐᑦ.
- ***ᐃᓱᒪᓯᐊᕆᓐᓂᖅ*** (2014) ᐃᓄᐃᑦ ᑕᐱᕇᑦ ᑲᓇᑕᒥ 2-ᒪᑉᐱᓛᒃ ᑲᑎᖅᓱᖅᓯᒪᔪᑦ ᑎᑎᕋᕐᓯᒪᔪᑦ ᐃᓱᒪᓯᐊᕆᓐᓂᖓᑦ ᐃᓅᕐᑲᑎᒋᓄᑦ ᓇᓗᓇᐃᕐᓯᒍᑕᐅᕙᑦᑐᑦ ᐃᓄᐃᑦ ᐋᓐᓂᐊᕐᑐᓕᕆᔨᖏᓐᓂ.
- ***ᐊᖅᑯᑎᓯᐊᕙᑦ ᐃᓱᒪᓯᐊᕆᓐᓂᖓᑦ ᓄᓇᕐᑲᖅᑳᕐᓯᒪᔪᑦ ᓄᑲᑉᐱᐊᖏᓐᓄᑦ ᐊᖑᑎᖏᓐᓄᓪᓗ*** (2018) ᐅᓂᒃᑳᖏᑦ ᖃᐅᔨᒋᐊᕐᑏᑦ ᖃᐅᔨᓴᕐᕕᖓᑕ ᖃᐅᔨᓴᕐᑕᒥᓂᖏᑦ ᐃᑲᔪᕐᓂᕐᑲᕐᓂᖅᓴᐅᓂᖓᓂᑦ ᓄᓇᓕᓐᓂᑦ ᓯᕗᓕᕐᑎᖅᑳᓗᑎᑦ ᐊᒻᒪ ᓄᓇᒧᑦ ᐊᐅᓪᓚᕐᑎᓯᖅᑲᑦᑕᕐᓂᖅ ᐃᓱᒪᓯᐊᕆᓐᓂᖓᑦ ᐃᑲᔫᑎᓯᐊᕙᐅᒪᑕ ᓄᓇᕐᑲᖅᑳᕐᓯᒪᔪᑦ ᓄᑲᑉᐱᐊᖏᓐᓄᑦ ᐊᖑᑎᖏᓐᓄᓪᓗ.

ᐃᓄᐃᑦ ᖃᐅᔨᒋᐊᕐᕕᒋᓯᒪᔭᕗᑦ ᐃᓱᒪᕐᓯᐊᕆᓂᖓᑦ

- *ᖃᓄᐃᐃᓐᓇᖅ ᐃᑲᔪᕋᓲᑏᑦ ᐃᑲᔪᕐᑐᖅᑕᐅᓂᖏᓪᓗ ᐊᑦᓱᕈᕐᑐᑦ* (2022) (ᐃᑲᔪᕐᑏᑦ ᑎᑎᕋᕐᓯᒪᔪᑦ ᖃᐅᔨᒋᐊᕐᕕᖕᕐ). ᓄᓇᕗᑦ ᐋᓂᐊᖃᕐᓇᖏᑦᑐᓕᕆᔨᖏᑦ.
- *ᐃᑲᔪᖅᑎᒌᓐᓂᖅ: ᐃᓄᐃᑦ ᐃᓄᓯᑦᑐᑦ ᐊᖅᑯᑎᒋᔪᓐᓇᕐᑕᖏᑦ ᓂᖓᑦᑕᐃᓕᓂᖓᑦ, ᐃᓅᓯᑦᑐᓄᑦ ᐱᒋᐊᕈᑎᖑᑦ ᐱᓕᒪᖑᐅᑎ* *(2021). ᐸᐅᒃᑑᑎᑦ ᐃᓄᐃᑦ ᐊᕐᓇᐃᑦ ᑲᓇᑕᒥ.*
- *ᐃᓱᒪᕐᓯᐊᕆᓐᓂᖅ* (2014, 2-ᒪᑉᐱᖓᑦ ᑎᑎᕋᕐᓯᒪᔪᑦ ᐊᑐᖅᑕᐅᖃᑦᑕᓕᓃᑦ). ᐃᓄᐃᑦ ᑕᐱᕇᑦ ᑲᓇᑕᒥ 2-ᒪᑉᐱᖒᒃ ᑲᑎᑦᓱᕐᓯᒪᔪᑦ ᑎᑎᕋᕐᓯᒪᓂᖏᑦ ᐃᓱᒪᕐᓯᐊᕆᓐᓂᖓᑦ ᖃᐅᔨᒪᔾᔪᑕᐅᖃᑦᑕᕐᑐᑦ ᐃᓄᐃᑦ ᐋᓂᐊᖃᕐᓇᖏᑦᑐᓕᕆᔨᖏᓐᓄᑦ.
- *ᐃᓄᖅᑭᓂᖓᑦ ᐃᓱᒪᑦᑎᐊᕆᓐᓂᖅ* ᐃᓅᓯᑦᑎᐊᕆᖕᓂᖅ ᐃᓪᓗᒥᐅᖃᑎᒌᓪᓗᓂ, ᐃᓱᒪᕐᓯᐊᕆᓐᓂᖅ, ᓄᓇᕗᑦ ᐋᓂᐊᖃᕐᓇᖏᑦᑐᓕᕆᔨᖏᑦ. https://livehealthy.gov.nu.ca/en/mental-wellness/positive-mental-health

ᓂᖓᖅᑕᐃᓕᓂᖅ

ᐃᓱᒪᒃᑯᑦ ᐋᓂᖅᑎᕆᓂᖅ ᐃᓚᒌᔭᐅᓂᐅᓴᑐᐃᓐᓇᖕᖓᑦ ᐊᔾᔨᒌᖏᑦᑐᓄᑦ ᐋᓂᖅᑎᕆᓂᐅᔪᓄᑦ. ᓱᕋᑦᑎᕆᓂᖅᐹᖑᔪᕐᓕ ᐋᓂᖅᑎᕆᓂᖅ ᖁᐊᖅᓵᖅᓯᒪᓂᕗᑦ ᐆᒪᑎᒃᑯᑦ ᑕᕐᓂᑯᓪᓗ ᓯᓪᓗᓯᒪᓂᐊᓗᓪᓗ ᓇᓪᓕᑦᑎᒋᓱᕆᔭᑦᑎᓐᓄᑦ ᐅᑉᐱᕆᔭᑦᑎᓄᓪᓗ ᐋᓂᖅᑕᐅᓂᖅ.

ᖃᐅᔨᒋᐊᕐᕕᐅᓯᒪᔪᑦ: *ᐊᐃᑉᐹᕆᑦᑎᐊᕐᓂᖅ ᖃᓄᖅᑑᕈᑏᑦ ᐅᖃᓖᒪᒐᑦ*, ᐃᓅᓯᖕᒥᑦ ᐃᓴᒃᓯᒪᕆᑦ ᑲᑎᒪᔨᖏᑦ, ᒪᐱᒐᖅ. 26.

ᐊᒥᓱᔪᐊᖑᓂᖏᓐᓄᑦ ᓈᓴᑦᑕᐅᓯᒪᔪᑦ ᓂᕐᖓᐅᔨᒃᑲᑦᑕᕐᑐᑦ ᐃᓄᐃᑦ ᓄᓇᖏᓐᓂ ᑎᑎᕋᑦᑕᐅᓯᒪᕙᐊᖕᖓᑕ. ᐱᓗᐊᕐᑐᖅ ᐃᓱᒫᓗᓇᓪᓚᕆᑦᑐᖅ ᐊᒥᓱᔪᐊᑦ ᓂᖓᕐᑕᐅᕙᑦᑐᑦ ᐃᓄᐃᑦ ᐊᕐᓇᐃᑦ ᐋᓂᖅᑕᐅᓯᒪᔪᑦ. ᑖᒃᑯᐊ ᓈᓴᑦᑕᐅᓯᒪᓂᖏᑦ ᐊᕐᕌᒍᕐᓴᓗᓐᓂᑦ ᖁᓕᕋᓴᓂᑦ ᐊᒻᒪ ᐊᑕᔪᓪᓚᓇᐅᓪᓗᑎᑦ ᓯᕗᓕᕗᑦ, ᐃᓅᖃᑎᒋᑦ, ᒪᑭᒪᓇᓱᐊᕈᑎᕗᑦ, ᐃᓕᖅᑯᓯᕗᑦ ᐊᒻᒪ ᐃᓅᓪᓗᑕ ᐱᔪᓐᓇᐅᑎᑦᑎᓂᑦ ᐊᖅᓵᑦᑕᐅᓯᒪᒧᑦ ᐋᓂᖅᑎᖅᑕᐅᓂᒃᑯᑦ ᓂᖓᑦᑕᐅᓂᒃᑯᓪᓗ. ᐊᑕᐅᓯᐊᕐᓗᑎᑦ ᐃᓕᓐᓂᐊᕐᓯᓐᓈᑦ ᑲᑎᒪᓂᖅ ᐋᖅᑮᔾᔭᖏᑦᑐᑦ ᐱᔭᕆᑐᔪᕐᔪᐊᕌᓗᖕᓂᑦ ᐊᑲᐃᓪᓚᐅᕈᑎᓂᑦ. ᐃᓚᒌᑦ ᓇᓪᓕᐊᐃᓐᓇᖅ ᐊᔾᔨᒌᖏᒪᓚᑕ, ᐊᒥᓱᑦ ᖃᓄᐃᓐᖏᑦᓯᐊᕐᑐᑦ; ᐊᒥᓱᓪᓗ ᐋᓂᖅᑎᖅᑕᐅᑎᕙᑦᑐᑦ. ᐊᔪᖅᑭᖅᑐᖅ ᕿᑐᕐᖓᓕᕆᓂᖓᑦ ᐃᓅᓯᕐᒥ ᐱᓕᒻᒪᓯᒪᒋᐊᓖᑦ ᐱᓕᒻᒪᖅᑐᖅ ᖏᑦ ᓇᓗᓇᐃᕐᔭᓯᒪᓪᒪᑕ ᖃᓄᖅ ᑐᕿᒃᑲᖕᖖᑦ ᐃᓚᒌᑦᑎᐊᕐᓂᖅ ᓂᖓᑦᑕᐅᕙᓐᖏᓪᓗᓂ ᐋᓂᖅᑕᐅᕙᖏᓪᓗᓂᓗ. ᐃᓚᒌᔭᐅᑎᓯᓂᖅ ᐃᓄᓐᓂᑦ ᐊᖑᑎᓂᑦ ᓄᑉᐱᐊᓂᓪᓗ ᐊᑐᕐᓗᒍ ᑭᓯᐊᓂ ᐊᑲᐅᔪᒧᑦ ᐊᑯᓂᐅᓂᐊᕐᑐᒧᑦ ᐊᓯᔾᔨᕈᑉᐸᓪᓕᐊᑦᓯᐊᕈᒪᒍᑦᑕ.

ᓂᖓᕐᓂᖅ ᐋᓂᖅᑎᕆᓂᕐᓗ ᐊᔾᔨᒌᖏᑦᑑᒪᑕ ᐊᒥᒐᓪᓗᑎᑦ ᑎᒥᒃᑯᑐᐃᓐᓇᖅ ᐋᓂᖅᑎᕆᓂᑐᐃᓐᓇᐅᖏᒪᑦ, ᐊᒻᒪ ᐃᓚᖏᑦ ᒪᓕᒐᕐᓂᑦ ᓯᕐᑯᒥᑦᓯᓯᒪᓐᖏᑦᓱᑎᒃ. ᐆᑦᑑᑎᒥᓗᒍ, ᐃᓱᒪᒃᑯᑦ ᐃᑉᐱᓐᓂᐊᔭᒥᓂᖓ ᐋᓂᖅᑎᕆᓂᖅ ᐊᑐᖅᑕᐅᕙᔪᓐᓂᖅᐹᖅ ᐅᕙᒃᑲᐃᑦ ᐊᐃᑉᐸᕇᓕᕐᑎᓪᓗᒋᑦ. ᓂᖓᕐᓃᑦ ᐋᓂᖅᑎᕆᓃᓪᓗ ᐃᒪᐃᑦᑑᓰᑦ:

- **ᑎᒥᒃᑯᑦ ᐋᓂᖅᑎᕆᓂᖅ**: ᐱᔮᖅᑯᒻᒥᑦ ᐋᓂᖅᓯᔪᖅ, ᐅᓗᕆᐊᑦᓴᕆᔪᖅ ᐊᐅᓚᑦᓯᒍᒪᔪᑦ ᖃᓄᐃᓕᐅᕐᑯᔭᒥᓂᖅ, ᐃᓕᕋᑦᓵᕐᑐᖅ ᓈᓚᖏᑦᓱᕆᑦᓯᔪᑦ ᖃᓄᐃᓕᒋᐊᖃᓪᑐᓂᐅᖅ (ᐋᓂᖅᓯᔪᖅ, ᑎᓪᓗᑦᓯᔪᖅ, ᐸᑎᑦᓯᔪᖅ, ᓂᓐᖓᐅᔾᔨᔪᖅ, ᐊᓂᖅᑎᕈᑎᖕᓂᑦ ᐅᓗᕆᐊᑦᓴᕈᑎᓖᑦ, ᐊᓯᖏᓪᓗ).

- **ᖁᓄᔾᕐᓂᐊᕐᓂᖅ ᓄᓕᐊᖅᑕᐅᔾᒪᙳᕆᑦᑐᒥᑦ:** ᖃᓄᑐᐃᓐᓇᕐᓯᐊᖅ ᐱᔾᒪᙳᕆᑦᑐᒥᑦ ᓄᓕᐊᕋᓱᑦᑐᖅ ᐱᔾᒪᑎᓐᓇᒍ ᖁᓄᔾᓐᓂᐊᕐᑕᖓ. ᑭᓇᑐᐃᓐᓇᖅ ᖁᓄᓐᖏᒃᑲᓗᐊᕐᐸᑦ ᓂᓪᓕᖕᖏᒃᑲᓗᐊᕐᐸᓗᐋᓐᓃᑦ ᐊᖏᕐᓴᐃᓐᓇᖏᒻᒪᑦ (ᖁᓄᔾᓐᓂᐊᕐᓂᖅ, ᓄᓕᐊᕐᑕᐅᔾᒪᙳᕆᑦᑐᖅ ᐊᑦᑐᐊᔾᐅᓂᖅ, ᑯᓂᑦᑕᐅᓂᖅ ᐊᓯᖏᓪᓗ).
- **ᐃᓱᒪᒃᑯᑦ ᐋᓐᓂᖅᑎᕆᓂᖅ:** ᐱᖅᑯᓯᖅᑲᓲᑦ ᑲᑦᑎᑎᓇᓱᐊᕐᑐᑦ ᑭᓇᐅᓂᖓᓂᑦ ᐊᒻᒪ ᓇᓗᓕᕐᑎᓯᒐᓱᐊᕐᑐᑦ ᓱᓪᓗᑎᓯᓂᒃᑯᑦ ᐊᒧᑎᕆᓂᒃᑯᓪᓗ, ᖃᐃᒐᓪᓛᓂᒃᑯᑦ, ᐋᓐᓂᖅᓯᓂᐊᕐᓂᕋᕐᓂᒃᑯᑦ, ᓯᓐᓇᑐᔾᕙᐊᖑᓂᒃᑯᑦ, ᑲᓐᖑᑎᑦᑎᓂᒃᑯᑦ, ᐊᓯᖏᓐᓂᑦ ᑕᑯᑎᑦᑎᑕᐃᓕᒃᑯᑦ ᐱᖃᓐᓇᕆᔾᖏᓐᓂᑦ ᐃᓚᖏᓐᓂᓪᓗ ᐊᓯᖏᓪᓗ.
- **ᑮᓇᐅᔭᑎᒎᑦ ᐋᓐᓂᖅᑎᕆᓂᖅ:** ᐊᐅᓚᑦᑎᒐᓱᐊᕐᑐᖅ ᓇᓪᓕᐊᑕ ᑮᓇᐅᔾᖏᓐᓂᑦ (ᑮᓇᐅᔭᓕᐅᕐᑯᔨᙳᕆᑦᑐᖅ, ᐊᐃᑉᐸᖓᑕ ᑮᓇᐅᔭᕐᑖᖏᓐᓂᑦ ᓄᖑᓯᕙᑦᑐᖅ, ᑎᒍᒥᐊᖏᓐᓇᕐᑐᖅ ᑮᓇᐅᔭᒃᑯᕕᒡᒍᑦ ᕿᑐᑦᑐᓚᐅᔾᖓᓂᑦ, ᐊᓯᖏᓪᓗ).
- **ᐃᓕᖅᑯᓯᕐᑎᒎᑦ ᐋᓐᓂᖅᑎᕆᓂᖅ:** ᑕᐃᒪᐃᓕᔾᑦᑐᑦ ᐊᓯᖏᓐᓂᑦ ᑲᑦᑎᑎᓕᓯᐊᕐᑐᑦ (ᐃᓖᓴᓖᑦ ᐃᓕᖅᑯᓯᕐᓯᖅᑐᓂᑦ, ᐃᓚᐅᕐᑯᓘᙳᕆᑦᑐᑦ ᐊᓯᖏᓐᓂᑦ ᐃᓕᖅᑯᓯᖅᑲᑎᒋᙳᕆᑕᖏᓐᓂᑦ ᐱᙳᐊᑎᓪᓗᒋᑦ, ᐃᖅᑲᖅᑐᐃᔾᖅ ᐃᓄᓐᓂᑦ "ᐃᓅᓗᐊᕐᑐᖅ ᐅᕙᓘᓐᓃᑦ" "ᐃᓅᙳᕆᓗᐊᕐᑐᖅ," ᐊᓯᖏᓪᓗ).

ᖃᐅᔨᒋᐊᕐᕕᐅᓯᒪᔪᑦ: ᐊᑐᖅᑕᐅᓂᒃᑯᑦ [ᐅᕙᒃᑲᐃᑦ ᐊᐃᑉᐸᓚᕝᕐᑐᑦ ᓂᖓᕐᑕᐅᕙᓐᓂᖏᑦ](#) ᐊᒻᒪ [ᐊᐃᑉᐸᕇᕐᑎᐊᕐᓂᖅ ᖃᓄᖅᑐᕈᑏᑦ ᐅᖃᓕᒫᕐᒐᑦ](#), ᐃᓅᓯᖕᒥᑦ ᐃᓴᒃᓯᒪᕆᑦ ᑲᑎᒪᔨᖕᒋᑦ.

ᐃᒥᐃᓪᓚᑕ ᖃᐅᔨᕖᕆᓯᒪᔭᕗᑦ ᑐᓴᕋᓴᓂᑦ ᐊᒻᒪ ᓴᓇᕿᑏᑦ ᐊᖑᑏᑦ ᐊᕐᓇᐃᓪᓗ ᓂᖓᕐᐸᑦᑐᑦ ᐃᓄᓐᓂᑦ ᐊᖕᓇᓂᑦ. ᐸᐅᒃᑑᑎᑦ ᖃᓄᖅᑑᕈᑎᖃᔅᓯᒪᔪᑦ ᑖᓯᒥᖓ ᐊᑲᐃᓪᓕᐅᕈᒻᒥᑦ ᑕᐃᒪᙵᑦ ᑲᑐᔾᔨᖃᑎᕐᙵᑦ ᐱᙳᕐᑎᑕᐅᓚᐅᕐᓯᒪᒻᒪᑕ 1985ᒥ. ᐊᒥᓱᑦ ᐃᑲᔫᑎᒃᓴᑦ ᖃᓄᖅᑑᖅᓯᒪᔪᑦ ᓂᖓᕐᓂᖕᒍᑦ ᐋᓐᓂᖅᑎᕆᓂᖕᒍᓪᓗ ᑐᑦᓯᖓᔪᑦ ᐃᓕᓐᓂᐊᕐᑎᑦᓯᓂᒃᑯᑦ ᐃᓚᕼᑦᓯᐊᑭᓰᑦ ᖃᓄᐃᓐᖏᑦᓯᐊᓂᖓᑦ ᐊᒻᒪ ᓂᓐᖓᕐᑕᐃᓕᒪᔾᔪᑎᓴᓂᑦ ᐃᓕᓐᓂᐊᕐᑎᑦᓯᓂᒃᑯᑦ. ᐃᓄᐃᑦ ᐊᖑᑏᑦ ᓄᑲᑉᐱᐊᓪᓗ, ᐃᒻᒥᓂᖅ ᐅᐱᕆᓂᖅ ᐊᒻᒪ ᓇᓗᖅᑯᑎᙳᕆᓐᓂᖅ ᐊᑦᓱᐊᓗᖅ ᐱᓪᓚᕆᐅᔾᑦ ᐃᓚᕼᑦᓯᐊᑭᓯᓄᑦ ᓂᓐᖓᐅᔾᔮᙳᕆᖓᓛᕐᓗᑎᑦ ᐊᒻᒪ ᐱᐅᓯᑐᖅᑲᒃᑯᑦ ᐊᖑᑏᑦ ᖃᐅᔨᒪᔭᕆᓐᓂᑦ ᐃᓕᓴᐃᕙᓪᓗᑎᑦ ᖃᓄᖅ ᐃᓕᖅᑯᓯᑐᖅᑲᑦ ᑭᓯᓕᓇᔮᐅᒐᔪᓚᐅᕐᑐᑦ ᐅᐸᑎᓴᓪᓗ ᑐᓐᖓᕕᖕᒋᑦ ᐊᓯᔾᔮᐸᓪᓕᐊᓯᒪᓂᖕᒋᓐᓂᑦ ᐱᕙᓪᓕᐊᓪᓗᑎᑦ ᒫᓐᓇᓯᓚ ᐊᑑᑎᓕᐊᓘᒻᒪᑕ ᐃᓅᓯᑦᑎᓐᓄᑦ.

ᐅᖃᐅᓯᐅᔾᓂ ᐊᐱᖅᑯᑎᒃᓴᑦ ᖃᓄᐃᓕᐅᕐᑎᑕᐅᓂᕐᓗ

1. ᐋᓐᓂᖅᑎᕆᔨᐅᑉ ᓂᙵᒐᑦᑕᐃᓕᒪᔾᓇᖏᒧᑦ, ᑲᐱᐊᓯᑦᑕᐃᓕᒪᔾᓇᖏᒧᓐ, ᓯᓇᑦᑕᐃᓕᒪᔾᓇᖏᒧᑦ ᐅᕙᓗᓐᓃᑦ ᓴᖕᖏᓂᕐᓴᐅᓂᖅᓴᐅᓯᒋᒧᑦ ᓂᙵᒐᐅᔾᔨᓕᖅᑲᑦᑕᕐᐳᑦ. ᐅᖃᐅᓯᐅᓗᓂ "ᐊᒥᓱᑦ ᑎᒥᒃᑯᑦ ᐋᓐᓂᖅᑕᐅᔾᒪᕙᒻᒪᑕ ᐱᐅᓯᕐᒥᒎᑦ ᐃᓕᖅᑯᓯᒥᒎᓪᓗ."
2. ᐃᓄᒃ ᒪᕿᒃ ᐱᖑᖅᑲᑦᑕᐅᑎᑉᐸᑎᒃ ᐊᔭᖅᑲᑦᑕᐅᑎᑉᐸᑎᓪᓗᓐᓃᑦ ᐋᓐᓂᖅᑎᕆᓂᐅᕚ?
3. ᐊᐱᖅᑯᑦ ᐅᖃᐅᓯᐅᓗᓂ: ᓱᓪᓕᑎᓂᖅ ᖃᓄᐃᓐᓇᖅ ᓈᒻᒪᓐᓂᕋᕐᑕᐅᕙ ᐊᐃᑉᐹᓪᓗᓂ?

ᓴᓇᕿᑎᑦ, ᑎᑎᖅᑲᑦ ᐊᒻᒪ ᑐᓂᐅᖅᑲᒐᑦ ᐃᓚᓐᓂᐊᕐᓯᓐᓈᑦ ᑲᑎᒪᔨᓄᑦ ᐊᑐᕋᖕᑦ

- ᑕᕐᓇᔭᕐᑕᐅᓗᓂ 10 ᒥᓂᑦᒥᑦ ᔫᑑᑉ ᑕᕐᓇᔫᖕᖅ ***ᓇᑦᓕᒋᕙᕋ ᐊᑯᓕᕕᒃ ᑕᕐᓇᔫᖕᑦ 2 – ᐊᖏᕐᕋᒥ ᓂᖓᕐᑕᐅᖅᑲᑦᑕᕐᓂᖅ ᐊᒻᒪ ᖁᓄᔪᕐᓂᐊᕐᓂᖅ: ᐱᔾᔪᑎᖏᑦ ᐋᖅᑭᒍᑕᐅᔪᓐᓇᕐᑐᓪᓗ*** ᐊᒻᒪ ᐅᖃᐅᓯᐅᓗᑎᑦ ᑕᕐᓇᔭᕋᑖᕐᑕᖏᑦ ᐱᓕᒻᒪᖕᖃᑕᐅᔪᓄᑦ. 2019ᓕᕆ ᑕᕐᓇᔫᖕᖅ ᐃᓚᒋᔭᐅᔪᖅ ᐱᕙᓪᓕᐊᓂᖅ ᐱᓕᕆᐊᖑᓚᐅᕐᑐᖅ ᐊᑯᓕᕕᒻᒥ, ᓄᓇᕕᒃ. ᓄᓇᕐᑲᖅᑐᑦ ᐃᓱᒪᒋᔭᒥᓂᖕ ᐅᓂᒃᑳᑎᓪᓗᒋᑦ ᐊᑐᖅᓯᒪᔭᒥᓂᓪᓗ ᐱᔾᔪᑎᐅᔪᓂᑦ ᐋᖅᑭᐸᐸᓪᓕᕈᑎᖕᓂᓪᓗ ᐊᖏᕐᕋᒥ ᓂᖓᖅᑕᐅᕐᑲᑦᑕᓂᖏᑦ ᐊᒻᒪ ᖁᓄᔪᕐᓂᐊᕐᓂᖏᑦ.
- ᓄᓇᕕᒻᒥ ᐋᖅᑭᑦᑕᐅᕕᒃ ᒪᒥᓴᕐᕕᖓ ᒪᕿᓐᓂᖕ ᒪᐸᒫᓐᓂᖕ ᐅᕐᑲᓚᒫᒐᕋᑳᕐᑲᕐᑐᑦ ᑕᐃᔭᐃᓪᓗᓂ ***ᓂᓐᖓᐅᒪᔾᔪᑎᖕᕐᑲᕈᓐᓃᕐᓂᖅ*** ᐅᓂᒃᑲᕐᓯᒪᔪᑦ ᐃᒻᒥᓂᖕ ᐊᑐᕐᓯᒪᔭᖏᓐᓂᑦ ᐊᒻᒪ ᐱᔾᔪᑎᒋᔭᐅᔪᑦ ᐊᒥᓲᓂᖏᓐᓂᑦ ᓂᓐᖓᐅᒪᔾᔪᑎᒋᔭᐅᔪᑦ, ᓴᖅᑭᕈᓯᖓ, ᐊᒃᑐᐃᕙᓐᓂᖓ ᐊᓯᒥᓂᖕ ᐊᒻᒪ ᕐᑲᓄᖅ ᐊᑲᐅᓯᔅᓂᒃᑯᑦ ᒪᒥᔅᕈᓐᓇᕐᒪᖔᑕ. ᑐᓂᐅᖅᑲᐃᓗᑎᑦ ᐃᓚᓐᓂᐊᕐᑐᓄᑦ ᐅᕐᑲᐅᓯᕗᓂᑦ.
- ᐃᓅᓯᖕᒥᑦ ᐃᓭᓯᒪᒋᑦ ᑲᑎᒪᔫᖏᑦ ᐊᑐᐃᓐᓇᕐᑲᕐᒥᔪᑦ ᒪᕿᓐᓂᖕ ᒪᐸᒫᓐᓂᖕ ᐅᕐᑲᓚᒫᒐᕋᒌᓂᑦ ᑕᐃᔭᐃᓪᓗᓂ ***ᐃᓚᑮᑦ ᓂᖓᕐᑲᑦᑕᐅᑎᔭᕐᑐᑦ*** ᕐᑲᓪᓗᓈᑎᑑᖓᓪᓗᑎᑦ ᐃᓄᒃᑎᑐᓪᓗ ᐅᓂᒃᑳᓯᒪᔪᓂᑦ ᐋᔾᔨᖏᕐᑐᓂᑦ ᓂᖓᕐᓂᐅᕙᕐᑐᓂᑦ, ᐋᔾᔨᖏᓐᓂᖏᑦ ᕐᑲᓄᐃᓐᖏᕐᓯᐊᕐᓂᖅ ᐊᒻᒪ ᕐᑲᓄᐃᔾᔭᔾᔫᑦ ᕐᑲᓄᐃᓐᖏᕐᓯᐊᓂᖏᑦ ᐊᒻᒪ ᑕᐃᒪᐃᓕᖅᑭᑦᑖᕙᓐᓂᖏᑦ ᐋᓐᓂᖅᑎᓇᕙᕐᑐᑦ. ᑐᓂᐅᖅᑲᐃᓗᑎᑦ ᐃᓚᓐᓂᐊᕐᑐᓄᑦ ᐅᕐᑲᐅᓯᕗᓂᑦ. ᐃᓅᓯᖕᒥᑦ ᐃᓭᓯᒪᒋᑦ ᑲᑎᒪᔩᖏᑦ ᐃᑭᐊᖅᑭᕕᒃᑯᑦ ᐱᑐᕝᕕᖓᓂ ᐅᕐᑲᓚᒫᒐᕋᒌᕐᑕᕐᑲᕐᒥᔪᖅ ᓱᕈᓯᑯᓗᓐᓂᑦ ᐋᓐᓂᖅᑎᓇᓂᐅᑉ, ᓂᓐᖓᐅᒪᕐᑲᑦᑕᕐᑐᓂ ᐱᓗᐊᑦᑕᐃᓕᒪᔪᓐᓇᕐᓂᖏᒥᑦ ᐊᒻᒪ ᐅᕕᒃᑲᐃᑦ ᐊᐃᑉᐸᓇᓕᕌᕐᑐᑦ ᓂᖓᕐᑕᐅᕙᓐᓂᖏᑕ ᒥᑦᓵᓄᑦ.
- ***ᕐᑲᓄᐃᓕᐅᓇᐊᕐᑲᕐᐳᖓ ᐊᖅᑯᓵᕐᓯᒍᒪ ᓂᓐᖓᐅᒪᔪᒥᑦ?*** ᐱᔭᐅᓂᑯᑦ ᕐᑲᐅᔨᕆᐊᕐᐱᑦ ᕐᑲᐅᔨᓴᕐᕕᖓᓂ ᐊᑕᐅᓯᖅ ᒪᐸᒑᖅ ᓴᐃᒻᒪᖅᓴᐃᓂᖅ ᐊᔾᔨᓐᖑᐊᖅ ᐊᑭᓐᓇᕐᒥᐅᖅ ᓇᓗᓇᐃᕐᓯᓯᒪᓪᓗᑎᑦ ᕐᑲᓄᐃᓕᐅᓇᐊᕐᑲᕐᒪᖔᕐᐱᑦ ᑎᓴᒪᐅᔪᖕᒋᕋᕐᑐᓂᑦ ᓇᓗᓇᐃᕐᓯᓯᒪᓪᓗᑎᑦ ᓂᓐᖓᐅᒪᔪᓂᑦ ᓵᓐᖓᕐᑎᑦᑕᐃᓕᒪᓂᖏᑦ. ᑖᒃᑯᐊ ᐆᑦᑐᑕᐅᓗᑎᑦ ᐅᕐᑲᐅᓯᐅᔪᓐᓇᕐᑐᑦ ᓂᓐᖓᐅᔾᔭᕐᑲᑦᑕᕐᓂᑯᓄᑦ ᐊᒻᒪ ᓂᓐᖓᐅᔾᔭᕐᑲᑦᑕᕈᒪᓐᖏᕐᑐᓄᑦ. ᐊᔾᔨᓐᖑᐊᖅ ᐊᑭᓐᓇᕐᒥᐅᖅ ᕐᑲᓪᓗᓈᑎᑑᖓᔪᖅ ᐃᓄᒃᑎᑐᓪᓗ.
- ᐱᒋᐊᕐᓗᒍ ᒪᐸᒑᖅ 19***ᐊᐃᑉᐹᓃᕐᑎᐊᕐᓂᖅ ᕐᑲᓄᖅᑑᕈᐱᑦ ᐅᕐᑲᓚᒫᒐᖓᓂ*** ᐃᓅᓯᖕᒥᑦ ᐃᓭᓯᒪᒋᑦ ᑲᑎᒪᔩᖏᓃᓐᖓᕐᑐᑦ ᓇᓗᓇᐃᕐᓯᓯᒪᔪᑦ ᕐᑲᓄᐃᓕᕐᑎᕐᓯᔪᓇᕐᒪᖔᑕ ᐱᕐᑲᓯᐅᔾᔨᓯᒪᓪᓗᑎᑦ ᑕᕐᓇᔫᖕᓂᑦ ᐊᒻᒪ ᐱᓕᒻᒪᖕᕐᑐᑦ ᐅᕐᑲᐅᓯᓇᔪᓇᕐᑕᖏᓐᓂᑦ ᐊᐱᖅᑯᑕᐅᓯᒪᔪᑦ ᐊᐃᑉᐸᓈᑦ ᐋᓐᓂᖅᑎᕐᑲᑦᑕᐅᑎᕙᕐᑐᑦ ᒥᑦᓵᓄᑦ. ᕐᑲᐅᔨᕆᐊᕐᕕᐅᔪᓐᓇᕐᑐᑦ ᑲᑎᒪᔩᖏᑦ ᑐᖅᑯᐃᕕᑖᕈᒪᑉᐸᑕ USB ᐃᓗᓕᖅᑲᐅᕐᑐᓂᑦ ᑕᕐᓇᔫᖕᓂᑦ ᐊᒻᒪ ᐃᑲᔪᕐᓯᒋᐊᕈᑎᓂᑦ ᑎᑎᖅᑲᕐᑕᕐᑲᕐᑐᑎᑦ.
- ᐸᐅᒃᑑᑎᑦ ***ᐃᑲᔪᕐᑲᑎᒌᓐᓂᖅ: ᐃᓄᐃᑦ ᐃᓅᓯᕐᑐᑦ ᐊᖅᑯᑎᒋᔪᓐᓇᕐᑕᖏᑦ ᓂᖓᑦᑕᐃᓕᓂᖏᑦ*** ᐱᓕᒻᒪᖕᐅᑎ ᐅᕐᑲᐅᔾᔨᕆᐊᕐᓯᒪᔪᑦ ᐃᓐᓇᖏᑦ ᐃᓱᒪᑕᕐᑲᕐᓂᖏᑦ ᐊᒻᒪ ᕐᑲᓄᖅᑑᕈᑎᖕᓂᑦ ᓂᖓᖅᑕᐃᓕᓂᖏᑦ, ᐃᓱᒪᖅᓴᖅᓯᐅᕈᑎᖕᓂᓪᓗ ᐱᓐᖑᐊᕈᑎᖕᓂᓪᓗ. ᑐᕌᒐᕐᑲᕐᑐᑦ ᐱᓕᒻᒪᕐᑯᓪᓗᒋᑦ ᐊᓂᒍᐃᔭᓐᓇᕐᓯᓂᖏᑦ ᐊᒻᒪ ᐃᓕᖅᑯᓯᒥᓂᖕ ᐅᐱᒍᓱᒍᓐᓇᕐᓯᕐᑯᓪᓗᒋᑦ ᐃᓅᓯᑐᑦ ᓯᕗᓕᕐᐱᑦ. ᐱᓕᒻᒪᖕᐅᑎ ᐊᑐᐃᓐᓇᐅᔪᑦ ᕐᑲᓪᓗᓈᑎᑐᑦ ᐊᒻᒪ ᐃᓄᒃᑎᑐᑦ ᐋᔾᔨᖏᕐᑑᓪᓗᑎᑦ ᐅᕐᑲᐅᓯᕐᑲᑎᖏᕐᑐᑦ. ᐱᓐᖑᐊᕈᑎᑦ ᓯᓚᒥᓪᓗᓂ ᐊᑐᖅᑕᐅᒐᔪᓐᓂᖕᑦ.
- ᓄᓇᕗᑦ ᒐᕙᒪᖓᑦ ᐃᓅᓯᑎᐊᓇᖕᓂᖅ ᐃᓪᓗᒥᐅᕐᑲᑎᒋᓪᓗᓂ ᐃᑲᔫᑎᖏᑦ ᐱᕐᑲᓯᐅᔾᔨᓯᒪᔪᑦ ᐃᑭᐊᖅᑭᕕᒃᑯᑦ ᐱᑐᕝᕕᖓᓂ ᐅᓂᒃᑳᓂᑦ ᑕᐃᔭᐅᓪᓗᓂ ***ᓂᓐᖓᐅᒪᓂᖅ, ᕐᑮᓕᓐᖑᓂᖅ ᐊᒻᒪ ᓂᖓᕐᓂᐅᓴᓂᖅ*** ᐊᑑᑎᕐᑲᕈᓐᓇᕐᔪᐊᕐᑐᓂᑦ ᑐᑭᖏᓐᓂᑦ ᓇᓗᓇᐃᕐᓯᓯᒪᔪᑦ ᓂᓐᖓᐅᒪᓂᐅᑉ ᓂᖓᕐᓂᐅᓪᓗ ᐱᐅᓯᖓᓂᑦ ᐊᒻᒪ ᐋᔾᔨᖏᕐᑐᓂᑦ ᐃᓄᐃᑦ ᓂᓐᖓᐅᒪᓐᖏᓪᓗᑎᑦ ᐊᑐᖖᑳᕐᓇᕐᑕᖏᓐᓂᑦ.

ᐃᓕᒃᑲᓐᓂᕋᕐᓇᑦ - ᐃᓕᓐᓂᐊᕈᑏᑦ ᐱᔾᔪᑎᖏᑦ ᐃᓕᓐᓂᐊᕐᓂᐊᕐᑕᖏᑕᓗ ᑐᕌᖓᖏᑦ ᐱᓕᒻᒪᕐᔪᕐᓂᖏᓐᓂ

- ᕿᒥᕐᕈᓗᒋᑦ ᑐᓴᕋᕐᓴᑦ ***ᓂᐢᖓᐅᒪᓂᖅ, ᕿᓕᓐᖑᓂᖅ ᐊᒻᒪ ᓂᖓᕐᓂᐅᓴᓂᖅ*** ᐃᓅᓯᖅᑎᐊᕆᖕᓂᖅ ᐃᓪᓗᒥᐅᖃᑎᒌᓪᓗᓂ ᐃᑭᐊᖅᑭᕕᒃᑯᑦ ᐱᑐᖁᕕᖓᑕ ᐅᓂᒃᑳᕕᖓᓂ.
- 76-ᒪᑉᐱᖑᑦ ᑎᑎᖅᑲᖅᑕᖏᑦ ᑕᐃᔭᐅᓪᓗᓂ [***ᖃᐅᔨᒪᔭᙱᐊᓕᑎᑦ ᐊᐃᑉᐸᖅᑲᕐᓗᓂ ᓂᖓᕐᓂᐅᑉ ᒥᕐᖑᓄᑦ... ᓂᖓᕐᓂᐅᓴᕐᓂᑉᐸᑕ***](#) ᐱᔭᐅᓂᒃᑯᑦ ᑐᐊᕕᕐᓇᕐᑐᖅᑲᖅᑎᓪᓗᒍ ᓂᖓᕐᑕᐅᓯᒪᔪᓂᑦ ᐃᑲᔪᕐᕕᒃᒥᑦ ᐊᐃᑉᐸᖅᑲᕐᓗᓂ ᓂᖓᕐᓂᐅᑉ ᒥᕐᖑᓄᑦ ᕿᒥᕐᕈᓯᒪᔭᐊᕐᑐᑦ. ᐅᖃᐅᓯᖅᑲᕐᓂᖕᓴᐅᖓᓗᐊᕐᑎᓪᓗᒋᑦ ᐱᓂᕐᓗᒃᑕᐅᔪᒥᓂᕐᓂᑦ ᐋᓐᓂᖅᑕᒥᓂᕐᓂᑦ, ᐊᑑᑎᖅᑲᕈᓐᓇᖕᔪᐊᕐᑐᑦ ᑐᑭᖏᑦ ᐊᒻᒪ ᖃᐅᔮᓴᕈᓯᖏᑦ ᐊᖑᑎᓄᑦ ᑐᕌᖓᑎᖑᕐᓗᒋᑦ.
- ᐸᐅᒃᑑᑎᑦ ***ᐃᑲᔪᖅᑲᑎᒌᓐᓂᖅ: ᐃᓄᐃᑦ ᐃᓄᓯᑐᑦ ᐊᖅᑯᑎᕆᔪᓐᓇᕐᑕᖏᑦ*** ᓂᖓᑦᑕᐃᓕᓂᖑᑦ ᐱᓕᒻᒪᕆᐅᑎ ᐊᑲᐅᔪᒧᑦ ᐅᖃᐅᔾᔫᓯᐊᑦ ᖃᓄᖅ ᐃᓚᒋᔭᐅᑎᕙᔪᓐᓇᕋᒪᖔᑕ ᐃᓐᓇᕐᓂᑦ ᐃᓱᒪᑕᖕᓂᑦ ᐊᒻᒪ ᓂᖓᕐᑕᐃᓕᓂᓂᖑᑦ ᖃᓄᖅᑑᕈᑎᖕᓂᑦ. ᑐᕌᖓᓕ ᐃᓕᓐᓂᐊᕐᑎᕙᕐᑯᓪᓗᑕ ᓂᐢᖓᑦᑕᐃᓕᒪᔾᔪᑎᖕᓂᑦ ᐊᒻᒪ ᐃᓕᖅᑯᓯᑎᓂᑦ ᐅᐱᒍᓱᓐᓂᖏᑦ ᐊᒻᒪ ᐃᑲᔪᕐᓯᕆᐊᕈᑏᑦ ᐃᓅᓯᑐᓄᑦ ᓱᕗᓕᕐᑎᓄᑦ. ᐱᓐᖑᐊᕈᑎᖏᑦ ᐊᑐᖅᑕᐅᓂᖕᓴᐅᖓᔪᑐᑦ ᓯᓚᒥ.
- ᓄᓇᕕᒃ ᐋᖅᑭᑦᑕᐅᕕᒃ ᒪᒥᓴᕐᕕᖓ ᒪᕐᕉᓐᓂᖓ ᒪᑉᐱᒍᓐᓂᑦ ᐅᕐᑲᓖᒪᖓᕋᓛᑦ ᑕᐃᔭᐅᓪᓗᓂ ***ᓂᐢᖓᐅᒪᔾᔪᑎᖕᓴᕐᑲᕈᓐᓃᕐᓂᖅ*** ᓇᐃᓈᕐᓯᒪᓪᓗᑎᑦ ᐅᓂᒃᑳᕐᓯᒪᔪᑦ ᐃᒥᒧᑦ ᐊᒻᒪ ᐃᓅᕐᑲᑎᒧᑦ ᓂᐢᖓᐅᒪᔾᔪᑎᐅᓚᕿᕐᑲᑦᑕᕐᑐᓂᑦ, ᐱᖅᑯᓯᐅᔪᓂᑦ, ᐊᒻᒪ ᖃᓄᖅ ᐊᑦᑐᐃᓂᕐᑲᓲᖑᒪᖔᑕ ᐊᓯᑎᓂᑦ ᐊᒻᒪ ᖃᓄᖅᑑᕈᑏᑦ ᒪᒥᓴᕐᓂᖑᑦ ᓂᐢᖓᐅᒪᓗᐊᕈᓐᓃᕐᓂᐊᖕᖓᑕ.
- ᐃᓅᓯᕐᖕᒥᑦ ᐃᓴᒃᓯᒪᒋᑦ ᑲᑎᒪᔨᖏᑦ ᐊᑐᐃᓐᓇᕐᑲᕐᒥᔪᑦ ᒪᕐᕉᓐᓂᑦ ᒪᑉᐱᒍᓐᓂᑦ ᐅᕐᑲᓖᒪᖓᕋᓕᒥᑦ ᑕᐃᔭᐅᓪᓗᓂ ***ᐃᓚᒋᑦ ᓂᖓᕐᑲᑦᑕᐅᑎᔭᕐᑐᑦ*** ᕐᑲᓪᓗᓈᑎᑑᖓᓪᓗᑎᑦ ᐃᓄᒃᑎᑐᓪᓗ ᐅᓂᒃᑳᕐᓯᒪᓪᓗᑎᑦ ᐊᔾᔨᒌᖏᑦᑐᓂᑦ ᓂᖓᐅᒪᓂᐅᓯᓂᑦ, ᐊᔾᔨᒌᖏᑦᑐᓂᑦ ᖃᓄᐃᓐᖏᑦᓯᐊᕐᓗᓂ ᖃᓄᐃᓪᓗᓃᓘᓐᓃᑦ ᐱᖅᑯᓯᐅᓯᓃᑦ ᐊᒻᒪ ᓂᐢᖓᐅᑎᓕᖅᑭᑖᕙᑦᑐᑦ ᒥᕐᖑᓄᑦ. ᑐᓂᐅᖅᑲᐃᓗᑎᑦ ᐃᓕᓐᓂᐊᕐᑐᓄᑦ ᐅᕐᑲᐅᓯᖕᓂᑦ. ᐃᓅᓯᕐᖕᒥᑦ ᐃᓴᒃᓯᒪᒋᑦ ᑲᑎᒪᔨᖏᑦ ᐃᑭᐊᖅᑭᕕᒃᑯᑦ ᐱᑐᖁᕕᖓᑕ ᐅᓂᒃᑳᕕᖓᓂ ᐅᕐᑲᓖᒪᖓᕋᕐᑕᓚᒃ ᓲᕈᓯᑯᓗᓐᓂᑦ ᐋᓐᓂᖅᑎᓇᓂᐅᑉ, ᓂᐢᖓᐅᒪᕐᑲᑦᑕᕐᑐᓂ ᐱᓗᐊᑦᑕᐃᓕᒪᔪᓐᓇᕐᓂᖅ ᐊᒻᒪ ᐅᕕᒃᑲᐃᑦ ᐊᐃᑉᐸᓇᓕᕐᓴᕐᑐᑦ ᓂᖓᕐᑕᐅᕙᓐᓂᖏᑕ ᒥᕐᖑᓄᑦ

ᐃᓄᐃᑦ ᖃᐅᔨᕕᕆᓯᒪᔭᖏᑦ ᓂᖓᕐᑕᐃᓕᓂᖑᑦ

- [***ᖃᓄᐃᓕᐅᕆᐊᕐᑲᕐᐳᖓ ᐊᖅᑯᕌᕐᓯᒧᒪ ᓂᐢᖓᐅᒪᔪᒥᕐ?***](#) ᖃᐅᔨᕆᐊᕐᑏᑦ ᖃᐅᔨᓴᕐᕕᖓ.
- [***ᐃᑲᔪᖅᑲᑎᒌᓐᓂᖅ: ᐃᓄᐃᑦ ᐃᓄᓯᑐᑦ ᐊᖅᑯᑎᕆᔪᓐᓇᕐᑕᖏᑦ ᓂᖓᑦᑕᐃᓕᓂᖑᑦ***](#) (2021), ᐸᐅᒃᑑᑎᑦ ᐃᓄᐃᑦ ᐊᕐᓇᐃᑦ ᑲᓇᑕᒥ.
- **ᐃᓚᒌᑦ ᓂᖓᕐᑲᑦᑕᐅᑎᔭᕐᑐᑦ** ᐃᓅᓯᕐᖕᒥᑦ ᐃᓴᒃᓯᒪᒋᑦ ᑲᑎᒪᔨᖏᑦ. https://inuusiq.com/wp-content/uploads/2021/11/2014-ELC-Family-Violence-Brochure-English.pdf
- [***ᖃᐅᔨᒪᔭᙱᐊᓕᑎᑦ ᐊᐃᑉᐸᖅᑲᕐᓗᓂ ᓂᖓᕐᓂᐅᑉ ᒥᕐᖑᓄᑦ... ᓂᖓᕐᓂᐅᓴᕐᓂᑉᐸᑕ***](#) ᐱᔭᐅᓂᒃᑯᑦ ᑐᐊᕕᕐᓇᕐᑐᖅᑲᖅᑎᓪᓗᒍ ᓂᖓᕐᑕᐅᓯᒪᔪᓂᑦ ᐃᑲᔪᕐᕕᒃ ᐅᖃᐅᓯᖅᑲᕐᓯᒪᔪᑦ ᐊᐃᑉᐸᕇᑦ ᐋᓐᓂᖅᑎᖅᑲᑦᑕᐅᑎᕙᕐᑐᑦ ᒥᕐᖑᓄᑦ. ᑐᕌᖅᑲᓪᓗᐊᑕᖅᑑᖓᓗᐊᑦ ᐋᓐᓂᖅᑎᑕᐅᖅᑲᑦᑕᕐᑐᓂᑦ, ᐊᑑᑎᖅᑲᕈᓐᓇᖕᔪᐊᕐᑐᑦ ᑐᑭᖏᑦ ᐊᒻᒪ ᖃᐅᔮᓴᕈᑎᖕᖏᑦ ᐊᑐᖅᑕᐅᔪᓐᓇᕋᔭᕐᒥᔪᑦ ᐊᖑᑎᒨᖓᖕᖔᕐᓗᑎᑦ.

ᕿᑐᙵᖃᖅᑯᓂ ᐊᖏᔪᖅᑳᕐᒍᒍᓯᑦ

ᑐᕌᖃᐃᓐᓇᓚᐅᖓᓚᑕ ᐃᓄᐃᑦ ᐃᓂᓴᐃᔾᔪᓯᑎᖏᓐᓂ ᕿᑐᙵᒥᓂᒃᑯ ᐱᕈᓴᐃᒃᑯᑎᑦ ᓯᕗᓂᕐᓴᒥᑦ ᐃᓱᒪᖃᐃᓐᓇᕐᑐᑎᑦ. ᐃᓄᙳᖕᓴᐃᒃᑯᑎᑦ ᐃᓄᕐᓯᐊᕙᐅᓂᐊᕐᑐᓂᑦ ᑐᓐᖓᕕᒃ-ᓚᓇᐅᒃᑯᓂ. ᐃᑑᓐᓇᕐᓯᐊᑎᑦ ᐊᔪᕿᕐᓃᓴᕐᑕᐅᕙᑦᑐᑎᑦ ᐃᑲᔪᕿᓐᓇᕐᓯᑎᑕᐅᓇᓱᐊᕐᑐᑎᒃᑯ ᐃᓅᖃᑎᒥᓂᖅ ᐊᓐᓇᐅᒪᔾᔪᑎᒃᓚᓇᐅᒃᑯᓂ ᐃᓄᑦᑎᐊᕙᐅᓂᖏᑦ.

ᖃᐅᔨᒋᐊᕐᕕᐅᓯᒪᔪᑦ: [ᐃᓄᙳᐃᓂᖅ ᑐᓴᕐᖓᑦ ᑎᑎᕋᕐᓯᒪᓂᖏᑦ](), ᖃᐅᔨᒋᐊᕐᑏᑦ ᖃᐅᔨᓴᕐᕕᖓ, ᒪᐸᖓᖅ. 2

ᕿᑐᙵᕐᑖᕐᓂᖅ ᐱᕐᔪᐊᕌᓗᒪᑦ ᑭᓇᑐᐃᓐᓇᐅᑉ ᐃᓅᓯᖓᓂ. ᐸᖅᑭᔮᓂᖅ ᕿᓄᐃᓭᕐᓂᐅᒋᐊᕐᑲᕐᒪᑦ, ᖃᓄᖅᑑᕈᓐᓇᕐᓂᖅ ᐊᒻᒪ ᐃᑲᔪᕐᑎᐅᖃᑎᖒᓐᓂᒃᑯᑦ ᐊᐃᑉᐸᕇᑦ ᐊᓯᖏᓪᓗ ᐱᕈᓴᐃᖃᑕᐅᕙᑎᑦ ᖃᓄᐃᙱᑦᓯᐊᕐᑐᓂᑦ ᑯᕕᐊᓯᑦᑐᑯᓘᓐᓂᑦ ᓱᕈᓯᕐᓂᑦ. ᑕᒪᒃᑯᐊ ᐊᔪᓐᖏᓐᓃᑦ ᓇᓗᓇᐃᕐᓯᒍᑕᐅᕙᑦᑐᑦ ᖃᓄᐃᙱᑦᓯᐊᕐᑐᓂ ᐃᓅᒋᐊᖓᖅ ᐊᒻᒪ ᐱᒻᒪᕆᐅᒻᒥᔪᖅ, ᖃᓄᖅ ᑐᑭᖃᒻᒪᖔᑦ ᐃᓅᓂᖅ. ᐃᓄᐃᑦ ᖃᐅᔨᒪᔭᑐᖃᕆᑕ ᑐᓐᖓᕕᖕᒋᑦ ᐊᒃᑯᓯᐅᕐᓯᒪᓯᐊᖓᑕ ᕿᑐᙵᖃᖅᑯᓂ ᐊᖏᔪᖅᑳᕐᒍᒍᓯᓂᑦ ᐃᓄᙳᖅᓴᐃᓂᖒᑦ. ᐅᐸᓇᔭᑦᑕ ᑐᓐᖓᕕᖕᒋᑦ ᓱᓕ ᐃᑲᔫᑕᐅᔪᓐᓇᖓᑕ ᐃᓄᓐᓄᑦ ᒫᓐᓇᐅᓕᕐᑐᖅ ᐊᖅᑯᑎᓭᓕᐅᕐᓂᖒᑦ ᐊᒻᒪ ᐱᔭᓇᑐᔾᔪᐊᕚᓗᑎᑦᑐᑯ ᓯᓚᕐᔪᐊᕗᑦ ᑲᔪᖏᕐᑐᐃᓂᒃᑯᑦ ᐊᑲᐃᑦᓕᐅᕈᑏᑦ ᖃᓄᖅᑑᕈᑕᐅᕐᑯᑦᑐᑎᑦ ᐋᖅᑭᒍᑎᖕᒋᓐᓄᑦ:

- ᖃᓄᖅᑑᕈᓐᓇᕐᓂᖅ ᐊᒻᒪ ᐋᖅᑭᒍᑎᖕᖅᓯᐅᕐᓂᖅ — ᖃᓄᖅᑑᕐᓂᖅ.
- ᐃᐸᒍᓯᑦᑎᐊᕐᓂᖅ ᐃᖅᑲᓯᓐᓂᒃᑯᑦ ᐃᓯᒪᖅᓴᐅᕈᑕᐅᓗᑎᒃᑯ ᐊᔾᔨᕉᕆᑦᑐᓄᑦ ᐃᓄᓐᓄᑦ ᐃᓯᒪᓂᐅᕈᓯᐅᕙᑦᑐᑦ ᑕᑯᓐᓇᕐᑕᒥᒍᑦ — ᐋᔾᔭᖃᑎᒋᓐᓂᖅ.
- ᐃᓕᓐᓂᐊᖃᑎᒋᓐᓂᖅ ᐊᒻᒪ ᐊᑐᖅᓯᒪᔭᒥᒍᑦ — ᐱᓕᒻᒪᖅᓴᕐᓂᖅ.
- ᐃᑲᔪᕐᑎᐅᖃᑎᒋᓐᓂᒃᑯᑦ ᑐᕌᖃᖅᑯᓂᖅ ᑕᕝᕗᖓᓴᐃᓐᓇᖅ — ᐱᓕᓇᖃᑎᒋᓐᓂᖅ.

ᑖᒃᑯᐊ ᐅᐸᓇᔭᑦᑕ ᑐᓐᖓᕕᖕᒋᑦ ᐊᑐᖅᑐᕆᑦ ᐃᑲᔫᑎᓯᐊᕙᐅᒻᒪᑕ ᓇᓗᖅᑯᑎᓐᖏᓐᓂᖕᒍᑦ, ᐃᓅᓂᑦᑎᓂᑦ ᐅᐱᒍᓱᓐᓂᖕᒥᑦ ᐊᒻᒪ ᐃᓱᒪᒃᑯᑦ ᓴᐃᒪᓂᖕᒥᑦ ᐊᒻᒪ ᓴᙱᑎᕈᑕᐅᔪᓐᓇᕐᑐᑎᑦ ᐊᖏᔪᖅᑲᓯᐊᕙᐅᓂᖕᒍᑦ ᕿᑐᙵᒥᓄᑦ.

ᐊᔪᖅᑭᖅᑐᖅ ᕿᑐᙵᓕᓇᓂᖕᒍᑦ ᐱᓕᒻᒪᓴᐅᑏᑦ ᐃᓕᓐᓂᐊᕐᓯᓐᓈᑦ ᑲᑎᒪᓂᖕᒥ ᓇᑯᓇᐃᓯᓯᒪᓯᐊᓇᐊᓖᑦ ᐃᓄᐃᑦ ᖃᐅᔨᒪᔭᖕᒋᑦ ᐊᑐᖅᓯᒪᔭᖕᒋᒃᑯ ᐃᓅᓯᕐᒥᓂ ᖃᐅᔨᓯᒪᔭᖕᒋᑦ ᐋᑎᓕᓪᓚᓇᐅᔪᓐᓇᖓᑕ ᓄᑲᐸᐊᓄᑦ ᐃᓅᓯᑦᑐᓄᒃᑯ ᐊᖑᑎᓄᑦ ᕿᑐᙵᖃᓕᕈᑎᖅ. ᐊᔪᖅᑭᖅᑐᖅ ᐱᓕᒻᒪᓴᐅᑏᑦ ᐱᓪᓗᐊᑕᐅᓂᖏᑦ, ᐊᒥᓱᐊᓘᒻᒪᑕ ᐃᓄᓐᓄᓚᑦᑖᖅ ᑐᕌᖓᔪᑦ ᐃᑲᔫᑎᓯᑦ ᐱᔾᔪᑎᖏᓄᑦ ᐃᓕᓐᓂᐊᕐᓂᐊᕐᑕᖏᑕᓗ ᑐᕌᖏᓄᑦ ᐱᓕᒻᒪᓯᕐᓂᖏᓐᓂᖅ ᕿᒥᕐᕈᔾᔭᑕᐅᔪᓐᓇᖓᑕ ᖁᐊᖅᓵᕈᑕᐅᓯᒪᔪᓂᑦ ᐃᓱᒪᒃᑯᑦᑐ ᐃᓱᒥᕐᓯᐊᕐᓯᒪᓗᑎᑦ, ᐃᐸᖕᓂᐊᓂᒃᑯᑦᑐ, ᐅᐸᕐᓂᒃᑯᑦ ᐊᒻᒪ ᑎᒥ ᓴᖖᒋᔪᕐᑯᑦᑐᒍ, ᐆᒪᑦᑎᐊᓇᑦᑐᑎᑦ ᓇᑦᑎᓂᖅᑲᕐᑐᑎᑦᑐ. ᑕᐃᒫᑦᑕᐅᖅ, ᐃᑲᔫᑎᑦ ᐊᑐᐃᓐᓇᐅᔪᑦ ᖃᐅᔨᒋᐊᕐᑏᑦ ᖃᐅᔨᓴᕐᕕᖓᓂᑦ ᐃᓄᙳᐃᓂᖅ ᕿᑐᙵᓚᑦ ᐃᓕᓐᓂᐊᕈᑎᖏᑦ ᐱᖓᓲᔪᕐᑐᓂᑦ ᑐᓐᖓᕕᖅᑲᖓᑕ ᐊᖏᔪᖅᑳᓇᔭᐅᔪᑦ ᐅᐸᓇᔭᖏᑦ ᑐᑭᖅᑐᑎᑦ ᕿᑐᙵᓕᓐᓄᑦ, ᕿᑐᙵᕆᖕᓄᑦ ᐃᓄᓕᒫᓄᑦ.

ᐃᓄᐃᑦ ᕿᑐᙵᒥᓂᖅ ᐱᕈᓴᐃᔾᔪᓯᖏᑦ

ᐃᓄᐃᑦ ᖃᐅᔨᒪᔭᖏᑦ ᐱᓇᓇᔭᖏᑦᑐ ᐊᒻᒪ ᐊᑐᖅᓯᒪᔭᖏᑦ ᐃᓅᓯᕐᒥ ᐃᑲᔪᕐᓂᖃᕈᓐᓇᖓᑕ ᓄᑲᐸᐊᓄᑦ ᐃᓅᓯᑦᑐᓄᑦᑐ ᐊᖑᑎᓄᑦ ᕿᑐᙵᖃᓕᕐᐸᑕ ᐊᑐᕈᓐᓇᕐᑕᖏᓂᑦ. ᐊᔪᖅᑭᖅᑐᖅ ᐱᓕᒻᒪᓴᐅᑏᑦ ᐊᔪᓇᕐᓯᐅᔾᔮᓯᒪᔪᑦ, ᐊᒥᓱᒻᒪᑕ ᐃᓄᓐᓄᓚᑦᑖᖅ ᑐᕌᖓᔪᓂᑦ ᐃᑲᔫᑎᖏᓂᑦ ᐱᔾᔪᑎᖏᑦ ᐃᓕᓐᓂᐊᕐᓂᐊᕐᑕᖏᑕ ᑐᕌᖏᑦ ᐱᓕᒻᒪᑦᓴᕐᓂᖏᓐᓂᖅ ᐊᑲᐅᓯᓴᕈᑎᓴᓂᑦ ᖁᐊᖅᓵᕈᑕᐅᓯᒪᔪᓂᑦ ᐃᓱᒪᒃᑯᑦᑐ ᐃᓱᒥᕐᓯᐊᕐᓯᒪᓗᑎᑦ, ᐃᐸᖕᓂᐊᓂᒃᑯᑦᑐ, ᐅᐸᕐᓂᒃᑯᑦ ᐊᒻᒪ ᑎᒥ ᓴᖖᒋᔪᕐᑯᑦᑐᒍ, ᐆᒪᑦᑎᐊᓇᑦᑐᑎᑦ ᓇᑦᑎᓂᖅᑲᕐᑐᑎᑦᑐ. ᑕᐃᒫᑦᑕᐅᖅ, ᐃᑲᔫᑎᑦ ᐊᑐᐃᓐᓇᐅᔪᑦ ᖃᐅᔨᒋᐊᕐᑏᑦ ᖃᐅᔨᓴᕐᕕᖓᓂᑦ ᐃᓄᙳᐃᓂᖅ ᕿᑐᙵᓚᑦ ᐃᓕᓐᓂᐊᕈᑎᖏᑦ ᐱᖓᓲᔪᕐᑐᓂᑦ ᑐᓐᖓᕕᖅᑲᖓᑕ ᐊᖏᔪᖅᑳᓇᔭᐅᔪᑦ ᐅᐸᓇᔭᖏᑦ ᑐᑭᖅᑐᑎᑦ ᕿᑐᙵᓕᓐᓄᑦ, ᕿᑐᙵᕆᖕᓄᑦ ᐃᓄᓕᒫᓄᑦ.

ᐃᓱᒪᒋᒋᐊᕐᓗᒍ ᖃᓄᐃᒌᓗᑎᑦ ᐊᑖᑕᐅᔪᒪᑦᑕᕐᒪᕐᒫᖅᐱᑦ. ᐸᕐᓇᐅᑎᓕᐅᕐᓗᑎᑦ ᐊᑖᑕᐅᔪᒪᓂᑦ ᖃᓄᖅ ᑕᐅᑦᑐᖃᖅᓴᕐᒪᖕᒫᑦ. ᐃᓱᒪᒃᓴᖅᓯᐅᕈᑎᒋᓗᒋᑦ ᓄᖅᑲᖓᐅᑎᑎᑦ ᓱᖕᒪᑦ ᐊᑖᑕᐅᔪᒪᓂᖕᒧᑦ ᑲᔪᓯᔪᓐᓇᖕᒋᒻᒪᖕᒫᑦ. ᐊᑖᑕᓯᐅᕐᐸᓪᓗᑎᑦ ᐊᔪᓇᑦᑐᒥᓇᕐᑐᓂᑦ ᐅᖃᖅᑲᑎᒋᕙᓪᓗᒋᓪᓗ ᐊᑦᓱᕈᕐᓇᕐᑐᓄᑦ ᐊᐳᕈᑎᒐᐃᒍᕕᑦ ᐊᒻᒪ ᐃᓱᒫᓗᒋᔭᓐᓂᑦ ᕿᑐᖕᒐᖅᑲᖅᑐᑎᑦ. ᕿᓂᕐᐸᓪᓗᑎᑦ ᓄᓇᖁᓐᓂ ᐃᑲᔪᖅᑎᐅᖅᑲᑎᒌᓂᑦ ᓄᓇᖁᓂ ᐊᑖᑎᒌᓄᑦ ᕿᑐᓐᖓᓄᓈᓄᑦ ᐱᓐᖑᐊᕐᓂᐅᕙᑦᑐᑦ.

ᖃᐅᔨᒋᐊᕝᕕᐅᓯᒪᔪᑦ: [ᐊᑖᑕᐅᓂᖅ ᐃᓱᒪᓐᖏᒪᕆᒃ](), ᑲᓇᑕᒥ ᓄᓇᖃᖅᑳᖅᓯᒪᔪᑦ ᐋᓐᓂᐊᖅᑐᓕᕆᔨᖏᑦ [NCCIH] ᐊᒻᒪ ᐋᖅᑭᐅᒪᕕᒃ ᓱᓴᐃᔭᑎ, 2021, ᒪᐸᒐᖅ. 18

ᐃᓄᐃᑦ ᐱᕈᖅᓴᐃᔾᔪᓯᖏᑦ ᕿᑐᖕᒐᖏᓐᓂᑦ ᐊᔾᔨᒋᓐᖏᔾᔭᐊᑲᓪᓚᓪᓚᕆᑦ ᖃᓪᓗᓈᓂᕐᒥᐅᑦ ᑲᓇᑕᒥ ᐱᖅᑯᓯᖏᑕ. ᓯᓚᑎᑦᑎᓐᓄᑦ, ᐃᓄᐃᑦ ᕿᑐᖕᒐᖏᑦ ᐃᓱᒪᒃᓱᓗᐊᕐᑐᒋᔭᐅᕙᓪᓚᑕ, ᓇᓗᓇᐃᕐᑕᐅᓯᒪᓪᓗᓂ ᐃᓕᓐᓂᐊᖏᓐᓂᖏᓂ, ᓱᕈᓰᑦ ᐃᖅᑯᒪᑦᓱᔾᔭᕐᓂᖅᓴᐅᓱᖑᓪᓚᑕ ᖃᓪᓗᓈᓂᕐᒥᐅᑦ ᕿᑐᖕᒐᖏᓐᓂᑦ, ᓂᕆᑎᑕᐅᒐᔪᑦᑐᑎᑦ ᑳᓕᖃᐃᓪᓚᑕ ᐊᒻᒪ ᓯᕿᓐᖑᔭᒥᑦ ᒪᓕᓐᖏᓂᖅᓴᐅᓪᓗᑎᑦ ᐊᒻᒪ ᐃᓂᖅᑎᖅᑕᐅᔾᔪᓯᖏᑦ ᐊᖏᔪᖅᑳᖏᓐᓄᑦ ᐊᔾᔨᓇᒋᑦ. ᑐᑭᓯᓯᒪᓐᖏᑦᑐᓄᑦ ᑕᑯᓇᕐᑕᐅᒍᓂ, ᐃᓄᐃᑦ ᕿᑐᖕᒐᓖᑦ ᓱᕐᑯᑎᖕᖏᑦᔫᖏᓪᓚᑕ ᐅᕙᑦᑑᓐᓃᑦ ᖃᓱᖕᒐᓗᐊᕐᑐᑦ ᕿᑐᓐᖓᒥᓄᑦ. ᓱᓕᒃᑲᓂᖅ, ᐃᓕᖅᑯᓯᖃᑎᒋᖕᒋᒧᑦ ᑐᑭᓯᓂᕐᓗᖃᑦᑕᐅᑎᓱᖑᓪᓚᑕ.

ᖃᐅᔨᒋᐊᕝᕕᐅᓯᒪᔪᑦ: ᐃᓄᒋᑐᑦ, ᐸᐅᓐᑑᑦ, 2006, ᒪᐸᒐᖅ.16

ᐃᓄᐃᑦ ᕿᑐᖕᒐᒥᓂᖕ ᐱᕈᖅᓴᐃᔾᔪᓯᖏᑦ ᐊᔾᔨᒋᓐᖏᔾᔭᐊᑲᓪᓚᓪᓚᕆᑦ ᖃᓪᓗᓈᓂᕐᒥᐅᑦ ᑲᓇᑕᒥ ᐱᖅᑯᓯᖏᑕ. ᐸᐅᓐᑑᑦ ᐅᖃᓪᓖᕗᖅᑎᓐᓂ ᐃᓄᒋᑐᑦ, ᐊᑐᐊᕗᑦ ᐃᓄᐃᑦ ᐃᓕᖅᑯᓯᖓᓄᑦ, ᓖᓐᓇᓂᓴᑦ ᐃᓄᐃᑦ ᕿᑐᖕᒐᒥᓂᖕ ᐱᕈᖅᓴᐃᔾᔪᓯᖏᑦ ᐱᖃᓯᐅᔾᔨᓯᒪᔪᑦ:

- ᐃᑎᔪᐊᓗᖕᒥᑦ ᕿᑐᖕᒐᒥᓂᖕ ᓇᓪᓚᒍᓯᓲᑦ.
- ᐃᓕᓐᓂᐊᕐᓂᖅᓴᐅᕙᑦᑐᑦ ᐊᑐᖅᑕᕐᒥᒍᑦ, ᐱᖑᐊᕐᓂᒃᑯᑦ ᐊᒻᒪ ᐃᓅᖃᑎᒌᑦ ᑲᑎᓐᓂᖕᒋᑎᒍᑦ.
- ᐊᑐᕈᒪᓂᖅᓴᐅᓪᓗᑎᑦ ᐊᑐᐊᖕᒋᑕᕋᓗᐊᒥᒍᑦ ᕿᑐᖕᒐᖕᒋᓐᓂᑦ ᐱᓕᒻᒪᓵᐃᓂᒃᑯᑦ.
- ᐃᓕᓴᐃᓲᑦ ᐆᑐᕋᐅᑎᖃᑐᑎᑦ ᑕᑯᓐᓇᑎᑦᓯᓂᒃᑯᓪᓗ. ᕿᓄᐃᓵᕐᓂᒃᑯᑦ.
- ᒥᑕᓐᓂᒃᑯᑦ ᐃᓪᓚᕐᑎᑦᓯᓲᑦ ᓱᕈᓯᕐᓂᑦ ᐱᑎᐊᖕᒋᑦᑑᑎᓪᓗᑎᑦ.
- ᑕᐃᒃᑯᐊ ᐃᑲᔪᕐᑎᖕᒋᑦ ᓱᕈᓯᑰᕐ ᐃᓅᓯᖕᒐᓃᑐᐊᕐᒥ ᐃᓕᓴᐃᖅᑕᐅᕙᑦᑐᑦ.

ᐅᖃᐅᓯᕆᔭᒥᓇᕐᑐᑦ

ᐅᖃᐅᓯᕆᔭᒥᓇᕐᑐᑦ ᐃᓕᓐᓂᐊᕐᓯᓐᓇᓪᓚᑦ ᑲᑎᒪᓂᖕᒥ ᐱᕈᖅᓴᐃᓂᖕᒧᑦ ᕿᑐᖕᒐᒥᓂᖕ ᐃᓅᓯᕐᖕᒥ ᐱᓕᒻᒪᖅᓯᒪᒋᐊᓪᓚᑦ ᒪᑯᓂᖕᖓ ᐱᖃᓯᐅᔾᔨᓯᒪᕙᑦᑐᑦ:

- ᐃᓅᓯᕐᖕᒥ ᐱᓕᒻᒪᖅᓯᒪᒋᐊᓪᓚᑦ.
- ᐃᓅᖃᑎᒥᖕ ᐃᓚᖅᑲᖅᓯᐊᕈᓱᑦ ᐋᖅᑭᓐᓂᑯᓪᓗ ᐅᖃᓪᓚᒪᐅᓱᑦ.
- ᓇᓗᖅᑯᑎᓐᖑᕐᓂᖅ.
- ᐊᓯᒥᓂᖕ ᑐᑭᓯᓯᒪᓂᖅ.
- ᐃᓂᖅᑎᓇᓂᖅ.
- ᐊᑦᓱᕈᕐᓇᑐᒃᑰᕐᑐᓂ ᐊᐅᓚᑦᑎᒍᑎᓴᑦ, ᑐᕋᒐᖅᑲᕐᓂᖅ ᐃᒻᒥᓂᓪᓗ ᐊᐅᓚᑦᑐᓇᕐᓂᖅ.

ᐅᖃᐅᓯᐅᐋᓂ ᐊᐱᖅᑯᑎᕗᑦ ᖃᓄᐃᓕᐅᕐᑎᑕᐅᓂᕐᒧ

1. ᖃᓄᖅ ᑐᑭᖃᕐᐸ ᐊᑖᑕᕐᓯᐊᕙᐅᓂᖅ?
2. ᐅᐸᓗᖓᐃᕐᓯᒪᐖᔾᓕᕐᐲᑦ (ᐅᐸᓗᖓᐃᕐᓯᒪᓂᖅᐲᑦ) ᐱᕈᐃᒋᐊᕙᖅ ᕿᑐᕐᖓᓂᑦ?
3. ᑭᓱᓕᕆᔫᐅᓂᖏᑦ ᐊᑖᑕᐅᓗᓂ ᐊᓱᔾᔨᕐᓯᒪᓕᕐᐹᑦ ᐱᕈᕐᓴᓂᕆᓚᐅᖅᑕᓂᑦ?
4. ᑭᓵᓯᕆᕕᒋᑦ ᐊᑦᓱᕈᕐᓇᕐᑐᑦ ᐊᐳᕈᑕᐅᓗᐊᕐᐸᕐᑐᑦ ᐊᑖᑕᐅᓗᓂ? ᑮᓇᐅᔭᐅᕚ, ᖃᓄᐃᓕᐅᕆᐊᕙᖅ, ᕿᓄᐃᓵᕆᐊᕐᑲᕐᓂᖅ, ᐅᕙᓘᓐᓃᑦ ᐃᓱᒪᒃᓱᕈᓐᓃᕐᑐᕆᓂᖅ?
5. ᐅᕐᑲᓕᒫᕐᓗᒋᑦ ᐃᓄᐃᑦ ᕿᑐᕐᖓᒥᓂᖅ ᐱᕈᕐᓴᐃᔾᔭᓯᖏᑦ ᓇᓗᓇᐃᕐᑕᐅᓯᒪᒧᑦ ᐃᓄᕐᑎᑐᑦ (ᐹᓂᑦᑐᑦ ᑕᑯᓗᒋᑦ) ᐊᐱᕆᓗᒋᓪᓗ ᐱᓕᒻᒪᕝᕐᑲᑕᐅᔪᑦ ᐋᑐᑎᕐᑲᕐᒪᖔᑕ ᓱᓕ ᐅᕙᓘᓐᓃᑦ ᑐᑭᕐᑲᕐᐹᑦ ᐅᓪᓗᒥ?

ᓴᓇᕈᑎᑦ, ᑎᑎᖅᑲᑦ ᐊᒻᒪ ᑐᓂᐅᖅᑲᕆᑦ ᐃᓕᓐᓂᐊᕐᓯᓈᑦ ᑲᑎᒪᔪᓄᑦ ᐊᑐᕋᕗᑦ

- ᑕᑯᓐᓇᕐᑕᐅᓗᓂ ᔫᑑᑉ ᑕᕐᕆᔮᕗᖅ ***ᐃᓄᐃᑦ ᕿᑐᕐᖓᒥᓄᑦ ᖃᐃᒐᓪᓛᕙᓐᖏᑦᑐᑦ - ᐱᖅᑯᓯᖏᑦ ᐱᕈᕐᓴᐃᓂᖓᓄᑦ ᐃᓱᒪᒃᑯᑦ ᖃᓄᐃᓐᖏᑦᓯᐊᕐᑐᓂᑦ, ᐊᖏᔪᖅᑲᐅᓯᕈᓇᖏᑦᑐᓂᑦ ᕿᑐᕐᖓᓕᓐᓂᑦ*** ᐊᐱᕆᓗᒋᑦ ᐱᓕᒻᒪᕝᕐᑲᑕᐅᔪᑦ ᐅᖃᖅᑎᒌᓐᓂᐊᖓᑕ ᖃᓄᑎᒋ ᐱᒻᒪᕆᐅᑎᒋᒻᒪᖔᑦ ᓂᖓᐅᒪᑦᑕᐃᓕᓂᖅ ᐊᒻᒪ ᐅᐃᒻᒪᑦᑕᐃᓕᓂᖅ.
- ᑐᓂᐅᖅᑲᕐᓗᒋᑦ ᐊᑕᐅᓯᖅ ᒪᐱᒐᖅ ᐊᔾᔨᓐᖑᐊᖅ ᐊᑭᓐᓇᕐᒥᐅᖅ ***ᐱᖓᓲᔭᕐᑐᑦ ᐃᓅᖑᐃᓂᖓᑦ ᒪᓕᒋᑦ ᑐᓐᖓᕕᖏᑦ*** ᐋᖅᑭᑦᓱᕐᑕᐅᓂᑯᑦ **ᖃᐅᔨᒋᐊᕐᑏᑦ ᖃᐅᔨᓴᕐᕕᖓ** (QHRC) ᐊᒻᒪ ᖃᓄᖅ ᐅᐸᕆᔭᐅᔪᑦ ᐊᑖᑕᕐᓯᐊᕙᐅᓂᖏᑦ ᐊᑕᒻᒪᖔᑦ.
- ᑐᓂᐅᖅᑲᕐᓗᒋᑦ ᐊᔾᔨᖏᓐᓂᑦ ***ᐃᓅᖑᐃᓂᖅ ᐃᓄᐃᑦ ᖃᐅᔨᒪᔭᑐᖃᖏᑕ ᒪᓕᒐᖏᑦ*** ᐅᕐᑲᓕᒫᓚᕋᓖᓕᐊᒥᓃᑦ ᐋᖅᑭᐅᒪᕝᒃ ᓱᕁᐃᔭᑎᑯᓄᑦ. ᐅᖃᖃᑎᒌᓐᓂᐊᖓᑕ ᐊᖏᔪᖅᑳᖑᓂᖏᑦ ᒪᓕᒐᐃᑦ ᑐᓐᖓᕕᖏᑦ ᑐᑭᖏᑕ ᐱᒻᒪᕆᐅᓂᖏᑦ ᐃᓅᓯᖓ ᐱᓕᒻᒪᕐᓯᒪᒋᐊᓖᑦ, ᕿᑐᕐᖓᓕᕆᓂᐅᑉ ᐅᖓᑎᐊᓗᐊᓄᑦ.

ᐃᓕᖅᑲᓐᓂᕋᕐᓴᑦ - ᐃᓕᓐᓂᐊᕈᑏᑦ ᐱᔾᔪᑎᖏᑦ ᐃᓕᓐᓂᐊᕐᓂᐊᕐᑕᖏᑕᓗ ᑐᕌᒐᖏᑦ ᐱᓕᒫᖑᕐᓂᖏᓐᓂ

- ᐸᐅᒃᑑᑎᑦ ***ᐃᓄᙱᑐᑦ*** ᐅᖃᓕᒫᒐᖏᓐᓂ ᕿᑐᖕᒐᒥᓂᖕ ᐱᕈᖕᐃᔾᔪᓯᓂ ᐊᒻᒪ ᐅᓪᓗᒥᐅᓕᕐᑐᖅ ᐃᓚᒌᑦ ᐊᔾᔨᒋᑦᑐᓐᓃᕐᓂᖏᑕ ᐅᔾᔨᕐᓇᕐᓯᓂᐊᖕᒐᑦ ᐱᐅᓯᑐᖅᑲᒃᑯᑦ ᒫᓇᓂᓴᒃᑯᓪᓗ ᐃᓕᒌᖑᓲᑦ.
- ***ᐋᑖᑦᑎᐊᕙᐅᓂᖅ: ᐃᓄᖕ ᐋᑖᑕᐅᓪᓗᓂ ᐅᔾᔨᕆᓯᒪᔭᖏᑦ*** 52-ᒥᓂᑦ ᔫᑑᑉ ᑕᕐᕆᔮᖕᓴᖅ ᕿᒥᕐᕈᓯᒪᔪᑦ ᐋᔾᔨᐅᖏᑦᑐᓂᑦ ᑕᑯᓐᓇᕈᓯᓂᑦ ᐊᒻᒪ ᐊᑦᓯᕈᕐᓇᕐᑐᓂᑦ ᐃᓅᓪᓗᓂ ᐋᑖᑕᐅᓪᓗᓂ (ᖃᓪᓗᓈᑎᑐᑦ ᐃᓄᑦᑎᑐᓪᓗ).
- ᑎᓴᒪᐅᔪᕐᖏᕋᕐᑐᑦ ᒪᑉᐱᒐᑦ ***ᐃᓄᓐᖑᐃᓂᖅ ᑐᓴᕋᖕᑦ ᑎᑎᕋᕐᓯᒪᓂᖏᑦ ᖃᐅᔨᒋᐊᕐᑏᑦ ᖃᐅᔾᔭᕐᕕᖕᒐᑦ*** ᓇᐃᓈᕐᓯᒪᔪᓂᑦ ᐃᓄᓐᖑᐃᓂᖅ ᕿᑐᖕᒐᓕᕆᓂᖕᒍᑦ ᐃᓕᓐᓂᐊᕈᑏᑦ ᐊᒻᒪ ᐊᑕᓪᓗᑎᑦ ᐃᓄᐃᑦ ᒪᓕᒐᖏᑕ ᑐᓐᖓᕕᓪᓗᐊᑕᖏᓐᓄᑦ ᐊᑲᐅᓯᔾᔨᓯᓄᓪᓗ. ᓇᓗᓇᐃᕐᓯᓯᒪᒻᒥᔪᑦ ᐱᖕᖓᓰᔪᕐᑐᐃᓯᕐᓗᑎᑦ ᐃᓕᓐᓂᐊᕈᑎᖕᓴᓂᑦ ᕿᑐᖕᒐᓕᓐᓄᑦ ᓇᓗᓇᐃᕐᑐᐃᓯᒪᓪᓗᑎᑦ ᐃᑲᔫᑕᐅᔪᒥᓇᕐᑐᓂᑦ ᐃᓕᓐᓂᐊᕐᓂᖏᓐᓂ. ᑐᑭᒨᐊᕐᑎᕐᓯᔩᑦ ᐃᓕᓐᓂᐊᕐᑐᓄᑦ ᐅᖃᓕᒫᒐᖏᑦ ᐊᑐᐃᓐᓇᐅᖏᑦᑐᑦ ᑕᖅᑲᒃᑯᓄᖕᒐ.
- ᑲᓯᕐᓯᒪᓂᖏᑦ ᐃᓄᐃᑦ ᖃᐅᔨᒪᔭᑐᖃᖏᑦ ᐊᒻᒪ **ᖃᐅᔨᒋᐊᕐᑏᑦ ᖃᐅᔾᔭᕐᕕᖕᒐ** ᐱᖕᖓᓰᔪᕐᑐᑦ ᐃᓄᓐᖑᐃᓂᖕᒍᑦ ᒪᓕᒐᑦ ᑐᓐᖓᕕᖏᑦ ᓇᓗᓇᐃᕐᓯᒪᕐᓯᐊᕐᑐᑦ ᐱᖕᖓᓰᔪᕐᑐᓂ ᓇᐃᓈᕐᓯᒪᓪᓗᑎᑦ ᐅᖃᓕᒫᒐᕋᓛᓂ ᑐᑭᓯᓇᑲᐅᑎᒋᓪᓗᑎᑦ ᑕᐃᔭᐅᓪᓗᓂ ***ᐃᓄᓐᖑᐃᓂᖅ ᐃᓄᐃᑦ ᖃᐅᔨᒪᔭᑐᖃᖏᑕ ᒪᓕᒐᖏᑦ*** ᓴᑎᑭᑕᐅᓂᑯᑦ ᐋᖅᑭᐅᒪᕕᒃ ᓱᓴᐃᔭᑎᑯᓄᑦ.
- 56-ᒪᑉᐱᒐᑦ ***ᐊᑐᐊᖅᓯᔪᑦ: ᐊᑐᐊᖅᓯᓂᖅ ᐊᖅᑯᑎᖕᓴᒥᓂᖕ, ᐃᓄᐃᑦ ᐱᐅᓯᑐᖅᑲᖏᓐᓂᑦ ᐃᑲᔫᑎᖃᕐᓂᖅ*** ᐊᑐᖅᑕᐅᔪᓇᕐᑐᑦ ᖃᓪᓗᓈᓂᕐᒥᐅᓄᑦ ᐱᔮᓯᕐᑎᓄᑦ ᐃᑲᔪᕋᓱᐊᕐᑐᓂᑦ ᐃᓄᓐᓂᑦ ᕿᑐᖕᒐᓕᓐᓂᑦ. ᐊᑑᑎᖃᕐᓯᐊᕐᑐᓂᑦ ᑐᓴᕋᖕᓕᓐᑦ ᐃᓄᐃᑦ ᐃᓕᕐᑐᓯᑐᖃᖏᓐᓂᑦ ᐊᒻᒪ ᐃᓄᓐᓄᑦ ᑐᕌᖕᒐᓪᓚᑦᑖᕐᑐᑦ ᐃᑲᔪᑎᓴᑦ ᐊᑐᖅᑕᐅᔪᓐᓇᕋᔭᕐᑐᑦ ᐃᓕᑭᔭᐅᕐᓯᐊᕐᑯᓪᓗᑎᑦ ᐃᓄᓐᓄᑦ ᕿᑐᖕᒐᓕᓐᓄᑦ.

ᐃᓄᐃᑦ ᖃᐅᔨᕖᑭᓯᒪᔭᕗᑦ ᕿᑐᖕᒐᒥᓂᖕ ᐱᕈᖕᐃᓂᖕᒎᑦ

- ***ᕿᑐᖕᒐᒥᑦ ᐱᕈᖕᐃᓂᖕᒍᑦ ᐅᖃᓕᒫᒐᑦ*** ᒦᑲ ᐊᕐᓇᒃᑲᖅ (2011). ᒪᒥᓴᕕᒃ ᐊᒻᒪ ᑲᓇᑕᒥ ᐋᖕᒐᔭᓇᕐᑐᓄᑦ ᐊᔪᓕᕐᓯᒪᔪᓂᑦ ᐃᑲᔪᕐᑏᑦ.
- ***ᕿᑐᕐᒪᒥᑦ ᐱᕈᖕᐃᔾᔫᑦ*** (ᐊᐱᖅᓱᕐᓂᖅ ᐃᓄᓐᓂᑦ ᐃᓐᓇᑐᖃᕐᓂᑦ ᐅᖃᓕᒫᒐᖕᑦ 3), J. ᐳᕆᒃᔅ (ed.) (2000). ᓄᓇᕗᑦ ᓯᓚᑦᑐᖅᓴᕐᕕᖕ.
- ***ᐋᑖᑕᐅᓂᖅ ᐃᓱᖃᓐᖏᒪᕐ: ᐃᑲᔫᑎᖕᑦ ᐅᖃᓕᒫᒐᕋᓛᑦ ᐃᓕᖏᓯᐊᓂᖕᒍᑦ ᐃᓕᓐᓂᐊᕈᑏᑦ ᑐᓐᖓᕕᖃᕐᑐᑎᑦ ᐃᓄᓐᖑᐃᓂᖕᒍᑦ ᐃᓕᓴᐃᔾᔪᑎᓂᑦ*** (2022). ᑲᓇᑕᒥ ᐃᑲᔪᕐᑎᐅᖃᑎᖏᑦ ᓄᓇᖃᖅᑳᕐᓯᒪᔪᓂᑦ ᐋᓐᓂᐊᕐᑐᓕᕆᓂᖕᒍᑦ ᐊᒻᒪ ᐋᖅᑭᐅᒪᕕᒃ ᓱᓴᐃᔭᑎ.
- ***ᐱᖕᖓᓰᔪᕐᑐᑦ ᐃᓄᓐᖑᐃᓂᖕᒍᑦ ᒪᓕᒐᑦ ᑐᓐᖓᕕᖏᑦ*** (ᐊᔾᔨᓐᖑᐊᖅ ᐊᑭᓐᓇᕐᒥᐅᖅ, 2022) ᖃᐅᔨᒋᐊᕐᑏᑦ ᖃᐅᔾᔭᕐᕕᖕ.
- ***ᐃᓄᓐᖑᐃᓂᖅ ᐃᓄᐃᑦ ᖃᐅᔨᒪᔭᑐᖃᖏᑕ ᒪᓕᒐᖏᑦ*** (ᐱᖕᖓᓰᔪᕐᑐᑦ ᐅᖃᓕᒫᒐᕋᓛᕐ). ᐋᖅᑭᐅᒪᕕᒃ ᓱᓴᐃᔭᑎ (ᐊᑐᐃᓐᓇᑦ ᐃᓅᕐᑲᑎᕐᑏᑦ ᐱᑐᕝᕕᖕᖓᓂ ᐃᑭᐊᖅᑭᕕᒃᑯᕐ).
- ***ᐃᓄᐃᑦ ᕿᑐᖕᒐᒥᓄᑦ ᖃᐃᒐᓪᓛᕙᓐᖏᑦᑐᑦ – ᐱᖅᑯᓯᖏᑦ ᐱᕈᖕᐃᓂᖕᒍᑦ ᐃᓱᒪᒃᑯᑦ ᖃᓄᐃᓐᖏᑦᓯᐊᕐᑐᓂᑉ, ᐊᖏᔪᖅᑲᐅᓯᕈᓐᓇᖏᑦᑐᓂᑦ ᕿᑐᖕᒐᓕᓐᓂᑦ*** *ᒪᐃᑯᓪᓖᓐ ᑐᑭᐊᑉ (2021). ᔫᑑᑉ.*

“ᐃᒡᕕᑦ ᐊᐃᑉᐸᐃᑦᓗ ᐋᕿᒃᓱᐃᖃᑎᒌᒃᐳᓯᒃ ᐊᑕᐅᓯᕐᒧᑦ ᑐᕌᖅᑕᕗᓐᓄᑦ. ᑲᑐᔾᔨᖃᑎᒌᒡᓗᓯᒃ ᐊᑐᓂ ᐅᖃᐅᓯᕆᔭᓯᖕᓂᒃ ᐊᒻᒪᓗ ᓴᖕᖏᓂᖅᓯᒃ ᐱᓕᕆᖃᑎᒌᑦᑎᐊᕐᓂᐊᕋᓯ ᑕᒪᓐᓇ ᓴᖕᖏᓂᖅᓴᐅᑎᑦᑎᓲᖅ ᐃᓄᓘᓐᖏᓐᓂᕐᒥᓪᓕ.”

ᐱᕕᐅᔪᖅ: ᖃᓄᐃᖕᒋᑦᑎᐊᖅᑐᒥᒃ ᐃᓚᕇᒍᓯᑦ, ᐃᓴᒃᓯᒪᒋᑦ ᐃᓅᓯᕐᒥᒃ ᑲᑐᔾᔨᖃᑎᒌᖕᒋᑦ, 2020

ᐊᖏᕐᖃᒃᑳᖑᓗᓂ ᕿᑐᖅᖓᓕᕆᔾᔪᓯᓂᑦ ᐃᓕᓐᓂᐊᖅᓯᓈᑦ ᑲᑎᒪᓂᖅ

ᐱᓕᒻᒪᕐᓴᖅᓯᓈᑦ ᑲᑎᒪᔾᔪᑎᑦ ᐃᓗᓕᖕᒋᑦ

ᖃᓄᐃᓕᐅᕐᑎᑕᐅᓂᖅ ᑰᑦᑐᕋᕐᑎᑕᐅᓂᕐᓗ

ᐊᓯᒃᑲᓐᓂᖕᒋᑦ ᐃᓕᓐᓂᐊᕈᑎᕕᑦ

“ᐃᕝᕙᑦ ᐊᐃᑉᐸᐃᓪᓗ ᐋᕿᒃᓯᐃᖃᑎᒌᒃᐳᓯᒃ ᐊᑕᐅᓯᕐᒧᑦ ᑐᕌᖅᑕᕝᓯᓐᓄᑦ. ᑲᑐᔾᔨᖃᑎᒌᒡᓗᓯᒃ ᐊᑐᓂ ᐅᖃᐅᓯᓇᔭᓯᖕᓂᒃ ᐊᒻᒪᓗ ᓴᖖᒋᓂᖅᓯᒃ ᐱᓕᕆᖃᑎᒌᑦᑎᐊᕐᓂᐊᕐᕋᓯ ᑕᒪᓐᓇ ᓴᖖᒋᓂᖅᓴᐅᑎᑦᑎᓲᖅ ᐃᓄᑑᓐᖏᓐᓂᕐᒥᓪᓕ.”

ᐱᕕᐅᔪᖅ: ᖃᓄᐃᖕᒋᑦᑎᐊᖅᑐᒥᒃ ᐃᓚᒌᒍᓯᑦ, ᐃᓴᒃᓯᒪᒋᑦ ᐃᓅᓯᕐᒥᒃ ᑲᑐᔾᔨᖃᑎᒌᖕᒋᑦ, 2020

ᖃᓄᐃᓕᐅᕐᑎᑕᐅᓂᖅ ᐆᑦᑐᕐᑎᑕᐅᓂᕐᒧ

ᐸᐅᒃᑑᑎᑦ 2015 ᐱᓕᒻᒪᒃᓴᕐᓂᖅ ᐱᓕᒻᒪᖅᓴᐅᑎᖕᒋᑦ ᐱᖃᓯᐅᔾᔨᓯᒪᔪᑦ ᐊᔪᓇᕐᓯᐅᔾᔨᒍᑎᓂᑦ ᑲᑎᖕᖑᔪᓄᑦ ᖃᓄᐃᓕᐅᕐᑎᑕᐅᓂᖅ ᐆᑦᑐᕐᑎᑕᐅᓂᕐᒧ ᐊᔾᔨᒌᖕᒋᑦᑑᕙᒻᒪᑕ ᐃᓅᓯᕐᒥ ᐱᓕᒻᒪᕐᓯᒪᒋᐊᓖᑦ. ᖃᓄᐃᓕᐅᕐᑎᑕᐅᔪᓐᓇᕐᑐᑦ ᐃᑲᔫᑕᐅᓂᐊᖅᒪᑕ ᐃᓕᑦᑕᖕᒋᑦ ᐅᕐᑯᒪᐃᓐᖏᔾᔫᒥᓂᐊᖅᒪᑕ ᕐᑯᕕᐊᑦᑕᔾᔫᒥᓗᑎᑦ ᑲᑎᒪᓂᐅᑉ ᐃᓱᐊᓂ. ᐅᕐᑲᐅᓯᐅᔪᓐᓇᕐᑐᑦ ᐅᑯᐊ:

- ᓇᓗᖅᑯᑎᖕᒋᓂᖅ.
- ᓂᖕᒐᑦᑕᐃᓕᓂᖅ.
- ᓂᖕᒐᐅᒪᓪᓗᓂ ᐊᐅᓚᑦᑎᒍᓰᑦ.
- ᓯᓐᓇᓂᖅ (ᓯᓪᒐᑦᑎᓂᖅ).
- ᓵᖕᒐᔭᐅᓗᓂ ᖃᓄᐃᓕᐅᕆᐊᖅᑲᒪᖕᒫᕐᒥ.
- ᖃᑦᓵᓪᓗᓂ ᖃᓄᐃᓕᐅᕆᐊᖅᑲᒪᖕᒫᕐᒥ.
- ᐃᓱᒪᒋᔪᓐᓇᐃᕐᓂᖅ ᓴᒃᑯᐃᓂᕐᒧ.
- ᑲᔪᓯᔪᐊᕐᓯᒪᖕᒋᒃᑯᓂ ᖃᓄᐃᓕᐅᕆᐊᖅᑲᒪᖕᒫᕐᒥ.
- ᐃᓄᖅᑭᓐᓂᖅ.

ᐊᐃᑉᐸᕇᑦᑎᐊᕐᓂᖕᒍᑦ ᖃᓄᖅᑑᕈᑎᑦ ᐅᕐᑲᓚᒫᒐᑦ ᐅᕐᑲᐅᓯᖅᑐᑦ ᐃᓚᒋᑦᓯᐊᕈᓰᑦ ᖃᓄᐃᖕᒋᑦᓯᐊᓂᖕᒍᑦ ᐃᓚᓐᓂᐊᕈᑎᑕᖅᑲᐅᖕᒐᑕ ᐱᖕᖑᐊᕈᑎᑎᒍᑦ ᐱᓕᒻᒪᖅᑕᐅᑎᐊᓖᑦ ᐱᓕᒻᒪᖅᓴᕐᑐᓪᓗ ᓂᓪᓚᖅᑲᑦᑕᓇᐊᖅᑲᕐᑐᑎᑦ ᐊᑐᕐᓗᑎᑦ ᐸᐃᑉᐹᒥ ᑎᑎᕋᕐᕕᖕᒥᑦ ᐊᑐᕐᓗᑎᑦ, ᐸᐃᑉᐹᑐᐃᓐᓇᕐᓂᑦ, ᓂᐱᑎᑕᒐᕐᓂᓪᓘᓐᓃᑦ ᐸᐃᑉᐹᕆᐦᑯᓗᓐᓂᑦ ᐃᓱᒪᒃᓴᖅᓯᐅᕐᓗᑎᑦ, ᑭᐅᑲᑦᓪᓗᑎᑦ ᐊᔾᔨᖕᒋᑦᑐᓂᑦ ᐊᐱᖅᑯᑎᓂᑦ, ᐅᕙᓗᓐᓅᑦ ᐊᒐᓯᒪᓗᑎᑦ ᐅᕐᑲᐅᓯᖅᑎᑕᐅᓗᑎᑦ. ᐅᕐᑲᐅᓯᐅᔪᓐᓇᕐᑐᑦ ᐊᐃᑉᐸᕇᑦᓯᐊᕈᓰᑦ ᐊᐃᑉᐸᕇᑦᓯᐊᖕᒋᔾᔪᑕᐅᕙᑦᑐᓪᓗ, ᐊᖕᒋᕐᓂᖅ, ᑎᒥᒃᑯᑦ ᐋᓂᖅᑎᖅᑕᐅᓂᖅ ᐊᒻᒪ ᓂᖕᒐᕐᓂᖅ.

ᑐᓐᖓᓵᓇᔾᔪᑏᑦ ᖃᓯᔾᔫᒥᓂᐊᖅᒪᑕ

ᐊᓚᖅᓯᒥᓂᕐᓂᑦ ᐱᙳᐊᕈᑎᖃᕐᓂᖅ — ᐊᒻᒪᓗᕐᓯᓯᒪᓗᑎᑦ ᐃᑦᓯᕚᕐᑎᓪᓗᒋᑦ, ᐸᐃᕐᒥᑦ ᐱᙳᐊᕈᑎᖃᕐᓗᑎᑦ, ᓈᓴᐅᑎᖕᒐ ᓈᒻᒪᓈᕋᐃᑉᐸᑦ ᓄᐊᕐᓯᓴᓇᐊᖅᑲᓪᓚᕐᑐᑎᑦ ᐊᓚᖅᓯᓂᑦ ᐊᓪᓚᐅᒪᒥᓄᑦ. ᑕᑯᓗᒍ ᒪᐸᒐᖅ 24 ᐃᑲᔪᖅᑲᑎᒌᓐᓂᖅ: *ᐃᓄᐃᑦ ᐃᓅᓯᑦᑐᑦ ᐊᖅᑯᑎᕆᔪᓐᓇᕐᑕᖕᒋᑦ ᓂᖕᒐᑦᑕᐃᓚᓂᖕᒍᑦ.*

ᓇᓚᖅᑯᑕᐅᑦᑕᐃᓚᒪᓇᓯᐊᕐᑐᑦ ᓂᖬᔪᒍᑦ — ᐱᓕᒻᒪᖅᑲᑕᐅᔪᑦ ᐊᒻᒪᓗᕐᓯᓯᒪᓗᑎᑦ ᑐᓂᓯᖅᑲᑦᑕᐅᑎᓇᓯᐊᕐᑐᑦ ᐊᓯᒥᓅᓵᕐᓯᐊᕐᑐᒍ ᓇᓚᖅᑯᑕᐅᑦᑕᐃᓚᒪᓇᓯᐊᕐᑐᑎᑦ. ᑕᑯᓗᒍ ᒪᐸᒐᖅ 24 ᐃᑲᔪᖅᑲᑎᒌᓐᓂᖅ: *ᐃᓄᐃᑦ ᐃᓅᓯᑦᑐᑦ ᐊᖅᑯᑎᕆᔪᓐᓇᕐᑕᖕᒋᑦ ᓂᖕᒐᑦᑕᐃᓚᓂᖕᒍᑦ.*

ᐆᑦᑐᕐᑎᑕᐅᓂᖅ

ᐅᕿᓐᓂᖅᓴᓂᑦ ᕗᖅᑲᐃᓂᖅ — ᒦᑲ ᐊᕐᓇᑲᐅᒪᐱᖅᑲᓗᔭ ᐊᑲᐅᓯᓴᕈᓰᑦ ᒪᒥᓴᕐᓂᒃᑰᑦ ᐅᕐᑲᓚᒫᒐᖕᒋᑦ ᐅᓂᒃᑳᖅᑲᕐᑐᖅ ᕗᖅᓴᔭᒎᑦ ᕗᖅᑲᐃᓂᖅ "ᐃᓅᓯᖅᑲᑦᓯᐊᕈᑎᓂᑦ" ᓱᕐᓗ, ᐃᓱᒪᑦᑎᐊᓇᓐᓂᖅ, ᓇᓪᓚᓐᓂᖅ, ᕐᑯᕕᐊᓇᕐᓂᕐᒧ (ᑕᑯᓗᒍ ᒪᐸᒐᖅ 65). ᒪᒥᓴᕐᕕᒃ ᐊᒻᒪ ᑲᓇᑕᒥ ᐋᖕᒐᔾᔭᓇᕐᑐᓄᑦ ᐊᔪᓚᕐᓯᒪᔪᓂᑦ ᒪᒥᓴᕐᕕᒃ.

ᓴᓐᖓᑎᑉᐸᓪᓚᐊᓂᖅ ᐃᒻᒥᓂᖅ ᐱᐅᕆᓂᓪᓚᐊᒍᑎᖅᓴᓂᑦ — ᑲᑎᖕᖑᔪᑦ ᐱᓕᒻᒪᖅᓴᐅᑎᑦ ᐊᑐᕐᑐᑎᑦ ᑐᓂᐅᖅᑲᐅᓂᑦ ᐊᒻᒪ ᐅᕐᑲᐅᓯᖅᑲᓇᐊᖅᑲᓪᓚᕐᑐᑦ ᐃᒻᒥᓂᖅ ᐱᐅᕆᔭᒥᓂᖅ. ᒪᐸᒐᖅ 10 ᐱᓕᒻᒪᒃᓴᕐᓂᖅ: *ᐃᓚᒋᔭᐅᑎᓯᓂᖅ ᐊᖑᑎᓂᑦ ᓄᑲᑉᐱᐊᓂᓪᓗ ᓂᖕᒐᖅᑕᐅᕐᑯᔪᓐᓃᕐᑐᒋᑦ ᐊᕐᓇᐃᑦ ᓂᕕᐊᖅᓯᐊᓪᓗ* (2015).

ᐊᔪᕆᕐᓯᐅᔾᔨᒍᑎᑦ ᐅᓪᓗᑲᒻᒪᐅᓂᐊᕐᑐᔫᑉᐸᑦ ᖃᓄᐃᓕᐅᕆᐊᖅᓴᖅ — ᑕᑯᓐᓇᕐᓗᒋᑦ ᐅᖃᐅᓯᕆᓗᒋᓪᓗ ᑕᕆᔫᖅᓴᖅ ᑕᕆᔫᓕᐊᒥᓂᖏᑦ ᓴᐃᓐ ᑯᐃᔫᓐ, ᐃᓅᓯᖅᒥᑦ ᐃᓴᒃᓯᒪᒋᑦ ᑲᑎᒪᔩᖏᑦ.

ᓴᓇᕿᑎᓕᐅᕐᓂᖅ

ᓴᓇᕿᑏᑦ ᓅᑦᑐᖅᓯᐅᑏᓪᓗ — ᑲᓇᑕᒥ ᓄᓇᖃᖅᑳᕐᓯᒪᔪᑦ ᖃᓇᓴᐅᔾᔭᒃᑯᑦ ᐱᑐᖁᕆᖓ ᐱᖃᓯᐅᔾᔨᓯᒪᒻᒪᑕ ᐅᓂᒃᑳᓕᐊᓂᑦ ᐃᓄᐃᑦ ᓂᕿᖏᓐᓂᑦ, ᐊᖑᓇᓱᒍᓯᖏᓐᓂᑦ ᓅᑦᑐᖅᓯᐅᑎᖏᓐᓂᓪᓗ.

ᓴᒃᑯᓕᐅᕿᑏᑦ — ᓄᕗᑦᑎᐊᓇᑦᑐᓂᑦ ᑲᕐᔪᒧᑦ ᓴᒃᑯᓕᐅᕿᑏᑦ ᑐᕆᓄᓪᓗ ᓴᒃᑯᖕᓂᑦ.

ᑲᑭᕙᒃ — ᐃᓕᓐᓂᐊᕿᓇᕐᑐᑦ ᐃᓄᐃᑦ ᐃᖃᓗᖃᕐᓂᕆᖏᓐᓂᑦ ᑲᑭᕙᒻᒥᖕ. ᑲᑭᕙᒃ ᐊᔾᔭᐅᖏᑦᑎᐊᕐᑐᓂ ᓴᓇᒪᓂᖓ, ᐱᖓᓲᓕᖓᓪᓗᑎᑦ ᑲᑭᔾᔪᑎᖏᑦ, ᓯᒪᑖᓗ ᐃᓗᒻᒧᖓᓪᓗ ᑲᑭᕙᖓ.

ᓴᓐᖑᐊᕿᓰᑦ

ᐊᒥᐊᕋᖅᓴᑦ – ᑎᑎᕋᕐᑕᐅᓗᓂ ᒪᑉᐱᒐᐃᑦ ᐃᓄᑑᔾᔫᖏᑦᑐᑎᑦ: ᐃᓐᓇᕐᓄᑦ ᐊᒥᐊᕋᖅᓴᑦ. ᐊᒥᐊᕋᖅᑕᕐᑲᐅᕐᒪᑦ ᒪᑉᐱᒐᕐᓂᑦ ᐊᒻᒪ ᐊᐱᖅᑯᑎᑕᕐᑲᐅᕐᑐᓂ ᐃᓱᒪᖅᓴᖅᓯᐅᕈᑎᖅᓴᓂᑦ. ᐃᓅᓯᖅᒥᑦ ᐃᓴᒃᓯᒪᒋᑦ ᑲᑎᒪᔩᖏᑦ.

ᑎᒥᒥᑦ ᐃᖅᑲᐃᓕᓴᕐᓂᖅ

ᐱᓯᕋᔫᓐᓂᖅ — *ᐃᑲᔪᖅᑲᑎᒌᓐᓂᖅ: ᐃᓄᐃᑦ ᐃᓄᓯᑦᑐᑦ ᐊᖅᑯᑎᕆᔪᓐᓇᕐᑕᖏᑦ ᓂᖓᑦᑕᐃᓕᓂᖑᑦ ᓇᓗᓇᐃᕐᓯᓯᒪᒻᒪᑕ* ᐱᓯᖅᑲᑦᑕᕐᓂᖅ "ᖁᕕᐊᓇᕐᑐᓂ, ᓯᓚᒥ ᐱᓕᒻᒪᖦᖤᐅᑎᐅᒪᑦ ᐃᖅᑲᐃᓕᓴᕐᓂᖑᑦ, ᐊᓂᖅᓵᖅᓯᐊᕐᓇᖅᑐᓂ, ᐃᓱᒪᖅᓴᖅᓯᐅᕐᓇᕐᑐᓂ ᐊᒻᒪ ᑲᑎᒃᑲᓂᕈᑕᐅᔪᓇᕐᑐᓂ" (ᑕᑯᓗᒍ ᒪᑉᐱᒐᖅ 49). ᐱᓯᕋᔫᑦᑐᓐᓇᕐᑐᑦ ᓄᓇᑐᐃᓐᓇᕐᒥ, ᓄᓇᓖᑦ ᓯᓚᑎᐊᕐᔪᐊᓂ ᓄᓇᓖᓪᓘᓐᓂᑦ ᐃᒻᒨᐊᓂ.

ᐃᓄᐃᑦ ᐱᓐᖑᐊᕿᓯᖏᑦ — *ᐃᑲᔪᖅᑲᑎᒌᓐᓂᖅ: ᐃᓄᐃᑦ ᐃᓄᓯᑦᑐᑦ ᐊᖅᑯᑎᕆᔪᓐᓇᕐᑕᖏᑦ ᓂᖓᑦᑕᐃᓕᓂᖑᑦ* ᐅᖃᖅᓯᒪᒻᒥᔪᑦ ᒪᕐᕉᓐᓂᖓ ᐃᓄᐃᑦ ᐱᓐᖑᐊᕿᓯᖏᓐᖓ: ᐅᒥᖓᒃ ᐊᒻᒪ ᓂᐅᒧᑦ ᓵᓚᕆᑦᑕᐅᑎᒐᓱᑦᑐᑦ ᒪᑉᐱᒐᖅ 22-23.

ᐃᓄᐃᑦ ᐱᓐᖑᐊᕿᓯᖏᑦ — ᑲᑦᓯᑲᓪᓚᑦ ᐅᖃᓚᒦᒐᕋᓛᑦ ᑕᐃᔭᐃᓪᓗᑎᑦ ᐃᓄᐃᑦ ᐱᓐᖑᐊᕿᓯᖏᑦ ᐊᔪᕆᕐᓯᐅᔾᔨᓯᒪᔪᑦ ᐃᓄᐃᑦ ᐱᓐᖑᐊᕿᓯᖏᓐᓂᑦ ᐊᑭᑦᑐᕋᐅᑎᓂᒃᑯᑦ ᐊᒻᒪ ᓂᐱᑮᓴᕐᑐᓂ ᐱᓐᖑᐊᕋᖅᓴᑦ. ᓴᖅᑭᑕᐅᓂᒃᑯᑦ ᑭᕙᓪᓕᕐᒥ ᐃᓄᐃᑦ ᑲᑐᔾᔭᖅᑎᑰᕐᖏᓄᑦ 1989ᒥ. ᐅᖃᓚᒦᒐᕋᓛᑦ ᐃᓄᒃᑎᑑᖓᔪᑦ ᐊᒻᒪ ᖃᓪᓗᓈᑎᑐᑦ ᐃᓅᖅᑲᑎᒋᑦ ᑐᑦᑕᕐᕕᖓᑦ ᓱᕈᓯᕐᓄᑦ, ᐃᓅᓯᑐᓄᑦ ᐃᓕᑭᓄᓪᓗ ᖃᓇᓴᐅᔾᔭᒃᑯᑦ ᐱᑐᖁᕆᖓᓂᑦᑐᑦ ᐃᑭᐊᕐᑭᕕᒃᑯᑦ.

ᐊᐅᓪᓗᑎᓂᖓ ᐃᓄᐃᑦ ᐃᓅᓯᓕᕆᓂᕐᒧᑦ ᐃᓕᓐᓂᐊᕐᑎᕐᑎᓂᖅ ᐊᒻᒪᓗ ᓄᑕᕋᓕᕆᓂᖅ ᐊᑐᕐᓂᐊᖅᑕᕗᑦ ᑕᐃᒪᖓᓂᑦ ᓯᕗᓂᒃᓴᕐᑎᓐᓄᑦ. ᐅᓇ ᐱᕙᓪᓕᐊᑎᕐᑎᓂᖅ ᐃᓄᕐᑎᐊᕙᐅᓂᕐᒧᑦ ᑕᒪᐃᓐᓄᑦ ᐊᑕᖁᖅ ᑕᒪᑐᒧᖓ. ᑕᒪᕐᒥᒃ ᓂᕆᐅᑦᑐᑦ ᐊᖁᑦᑐᐃᓐᓇᐅᓕᓪᓗᑎᒃ ᐊᒻᒪᓗ ᐃᑲᔫᑎᓗᑎᒃ ᐃᓅᓯᕐᒥᖓ.

ᐱᕕᐅᔪᖅ: ᐃᓄᓐᖑᐃᓂᖅ ᑐᓴᒐᒃᓴᑦ, ᖃᐅᔨᒋᐊᖅᑏᑦ ᐋᓐᓂᐊᕐᑲᕐᓇᓐᖏᑦᑐᓕᕆᓂᕐᒥ ᖃᐅᔨᓴᕝᕕᒃ, ᒪᒃᐱᒐᖅ 2

ᐊᖏᔪᖅᑳᖑᓗᓂ ᕿᑐᕐᖓᓕᕆᔾᔪᓯᓂᑦ ᐃᓕᓐᓂᐊᕐᓯᓐᓈᑦ ᑲᑎᒪᓂᖅ

ᐱᓕᒻᒪᕐᓴᕐᓯᓐᓈᑦ ᑲᑎᒪᔾᔪᑏᑦ ᐃᓗᓕᖏᑦ

ᖃᓄᐃᓕᐅᕐᑎᑕᐅᓂᖅ ᐆᑦᑐᕐᑎᑕᐅᓂᕐᒧ

ᐊᓯᒃᑲᓐᓂᖏᑦ ᐃᓕᓐᓂᐊᕈᑎᔅᓴᑦ

ᐊᐅᓪᓗᑎᓂᖓ ᐃᓄᐃᑦ ᐃᓅᓯᓕᕆᓂᕐᒧᑦ ᐃᓕᓐᓂᐊᕐᑎᑦᑎᓂᖅ ᐊᒻᒪᓗ ᓄᑕᕋᓕᕆᓂᖅ ᐊᑐᕐᓂᐊᖅᑕᕗᑦ ᑕᐃᒪᖓᓂᑦ ᓯᕗᓂᒃᓴᑦᑎᓐᓄᑦ. ᐅᓇ ᐱᕙᓪᓕᐊᑎᑦᑎᓂᖅ ᐃᓄᑦᑎᐊᕙᐅᓂᕐᒧᑦ ᑕᒪᐃᓐᓄᑦ ᐊᑕᔪᖅ ᑕᒪᑐᒧᖓ. ᑕᒪᕐᒥᒃ ᓂᕆᐅᑦᑐᑦ ᐊᔪᕿᑐᐃᓐᓇᐅᓕᕐᓗᑎᒃ ᐊᒻᒪᓗ ᐃᑲᔫᑎᓗᑎᒃ ᐃᓅᓯᕐᒥᖕᓂ

ᐱᙳᐊᔪᖅ: ᐃᓄᖕᒍᐃᓂᖅ ᑐᓴᒐᒃᓴᑦ, ᖃᐅᔨᒋᐊᖅᑏᑦ ᐋᓐᓂᐊᖅᑲᕐᓇᖏᑦᑐᓕᕆᓂᕐᒥ ᖃᐅᔾᔭᕐᕕᒃ, ᒪᒃᐱᒐᖅ 2

1. ᐆᑦᑑᑎᖓᑦ ᑲᑎᒪᔾᔪᑎᓴᑦ - ᑎᓴᓂᑦ -ᐅᓪᓗᓂᑦ ᓄᓇᓕᓐᓂ ᓄᓇᒥᓗ ᐃᓕᓐᓂᐊᕐᓯᓐᓈᑦ ᑲᑎᒪᓂᖅ

ᐅᓪᓗ ᓯᕗᓪᓕᖅᐹᖅ: ᖃᐅᔨᒃᑲᐅᑎᓂᖅ	
ᐅᓪᓗ/ᓯᑮᓐᖑᔭᖅ	**ᐱᓕᒻᒪᒃᓴᐅᑎᑦ**
9:00-9:30 ᐅᓪᓛᒃᑯᑦ	ᖃᐅᔨᒃᑲᐅᑎᓂᖅ of ᐱᔾᔪᑎᖏᑦ ᐃᓕᓐᓂᐊᕐᓂᐊᕐᑕᖏᑕᓗ ᑐᕌᒐᖏᑦ ᐱᓕᒻᒪᒃᓴᕐᓂᖏᓐᓂ
9:30-10:00 ᐅᓪᓛᒃᑯᑦ	ᑲᑎᓐᓂᖅ/ᑲᑎᓕᕋᑖᕐᑐᓂᓪᓗ ᑐᓐᖓᓵᕆᔾᔪᑏᑦ ᖃᓲᔾᔪᑎᒃᓯᖏᑦ
10:00-10:15 ᐅᓪᓛᒃᑯᑦ	**ᓄᖅᑲᖓᑲᐃᓐᓇᕐᓂᖅ**
10:15-11:00 ᐅᓪᓛᒃᑯᑦ	**ᐱᓕᒻᒪᒃᖃᑕᐅᔪᑦ ᐃᓕᑉᐸᓪᓕᐊᓂᖏᑦ ᑭᓇᐅᔾᔪᑎᑦᑎᓂᑦ, ᐃᓱᒪᑦᑎᓂᑦ ᐊᒻᒪ ᐃᓄᐃᑦ ᐅᑉᐱᕆᔭᖏᑕ ᒪᓕᒐᖏᓐᓂᑦ** • ᐱᔾᔪᑎᖏᑦ ᐃᓕᓐᓂᐊᕐᓂᐊᕐᑕᖏᑕᓗ ᑐᕌᒐᖏᑦ ᐱᓕᒻᒪᒃᓴᕐᓂᖏᓐᓂ ᑎᑎᕋᕝᕙᒃᑎᑕᐅᔪᓐᓇᕐᑐᑦ ᐊᖏᔫᑎᓂᑦ ᐸᐃᑉᐹᓂᑦ ᓇᖏᕈᑎᓕᓐᓂᑦ ᐊᒻᒪ ᐊᑐᓂ ᐱᖃᑕᐅᔪᑦ ᐃᓚᓕᐅᔾᔨᕙᓪᓕᐊᔪᓐᓇᕐᑐᑦ ᐃᓕᑉᐸᓪᓕᐊᔭᖏᓐᓂᑦ ᐊᒻᒪ ᐅᖃᐅᓯᐅᓕᕐᒥᓗᑎᑦ. • ᐅᔾᔨᕆᕆᐊᕐᓗᒋᑦ ᖃᓄᑎ ᐊᑲᕐᓇᒻᒪᖔᑕ ᐱᓕᒻᒪᒃᖃᑕᐅᔪᑦ.
11:00-12:00 ᐅᓪᓗᒃᑯᑦ	**ᑲᔪᖏᑐᐃᓂᖅ ᓇᓗᖅᑯᑎᓐᖏᓂᖏᑦ** • ᐊᔾᔨᓐᖑᐊᖅ ᐊᑭᓐᓇᕐᒥᐅᖅ ᐸᐃᑉᐹᑐᐃᓐᓇᖅ ᑎᑎᕋᐅᒫᑦ ᑎᑎᕋᐅᔭᕈᓐᓇᕐᑐᑦ ᐅᖃᐅᓯᒃᓯᓐᓈᑦ ᐅᐱᒋᔭᒥᓂᖕ ᒪᑐᐃᕈᑕᐅᔪᓐᓇᖕᒐᑕ.
12:00-1:00 ᐅᓪᓗᒃᑯᑦ	**ᐅᓪᓗᕈᕐᒥᑕᕐᓇᖅ**
1:00-3:00 ᐅᓪᓗᒃᑯᑦ	**ᐃᓄᐃᑦ ᐱᓐᖑᐊᕈᓯᖏᑦ ᖃᓄᐃᓕᐅᕐᑎᑕᐅᓂᖏᓪᓗ ᐃᓅᓯᑦᑐᑦ ᑲᑎᑉᐸᓪᓕᐊᓂᐊᖕᒐᑕ ᐊᒻᒪ ᐃᓕᓐᓂᐊᕐᓗᑎᑦ ᐊᓯᔾᔨᕐᑕᓗᐊᓐᖏᑦᑐᒥᑦ ᐃᓅᓯᖃᕐᓂᖏᒥᑦ ᐊᒻᒪ ᐱᒻᒪᕆᐅᓂᖓᓂᑦ ᕿᑐᕐᖓᒥᑦ ᐱᕈᖅᐃᓂᖓᑦ.** • ᐅᒃᑯᓯᒃᓴᒥᑦ ᓴᓇᓐᖑᐊᕆᐅᖅᓴᓂᖅ ᐊᒡᒍᕐᓯᒪᓂᖏᓐᓂ
3:00-3:15 ᐅᓪᓗᒃᑯᑦ	**ᓄᖅᑲᖓᑲᐃᓐᓇᕐᓂᖅ**
3:15-4:00 ᐅᓪᓗᒃᑯᑦ	ᐱᖃᑕᐅᔪᑦ ᑐᓴᕐᕕᐅᓂᖏᑦ/ᐅᖃᐅᓯᖅᓴᖏᑦ

ᐊᑐᕆᐊᖃᕐᓂᐊᕐᑐᑦ:

- ᓇᖏᕐᑐᑦ ᐸᐃᑉᐹᑦ ᑎᑎᕋᕝᕙᖅᓴᑦ
- 2 ᐊᒥᐊᕈᑏᑦ ᐃᓗᓕᖅᑲᐅᕐᑐᑦ (24 ᑲᑎᑦᑐᒋᑦ)
- 2 ᐸᐃᑉᐹᑦ
- 2 ᑎᑎᕋᐅᑎᓪᓚᑦᑖᑦ
- 20-30 ᐸᐅᓕᒻᒧᑦ ᑎᑎᕋᐅᒻᒧᑦ ᐲᔭᐃᑏ
- 4 ᕗᖅᓯᒪᔪᑦ ᐊᒥᐊᕈᑎᑦ (1 ᐊᑐᓂ ᓵᓕᓐᓄᑦ)
- 20-30 ᐊᐃᕗᓇ ᐅᐊᓴᐅᑏᑦ
- 20-30 ᐊᐅᑦᑕᔩᑦ ᓴᓇᕐᕈᑎᖅᓴᑦ
- 2 ᐃᑦᑎᕝᕕᐅᔭᑦ ᐊᖏᔫᑎᓂᑦ ᕿᓪᓚᔪᕿᐊᓂᑦ ᕗᖅᓴᔮᓪᓚᑦ ᓴᓇᕐᕈᑎᓄᑦ ᓴᓇᔭᖅᓴᓄᓪᓗ ᕗᖑᓂᐊᕐᑐᑦ

ᐅᓪᓗ ᐅᐃᑉᐹ: ᐃᓐᓇᑐᖅᑲᑦ ᐱᖃᑕᐅᓪᓗᑎᑦ	
ᐅᓪᓗ/ᓯᑮᓐᖑᔭᖅ	**ᐱᓕᒻᒪᒃᓴᐅᑎᑦ**
9:00-9:30 ᐅᓪᓛᒃᑯᑦ	ᑐᓐᖓᓵᕆᔾᔪᑏᑦ ᖃᓲᔾᔨᒥᓂᐊᖕᒐᑕ/ᖃᐅᔨᒃᑲᐅᑎᓂᖅ ᐅᓪᓗᒥᒧᑦ
9:30-10:00 ᐅᓪᓛᒃᑯᑦ	ᐃᓐᓇᑐᖅᑲᑦ ᐅᓂᒃᑳᕐᓂᐊᕐᑐᑦ ᖃᐅᔨᒪᔭᒥᓂᖕ ᓯᓚᑐᓂᒃᑯᓪᓗ ᐅᓂᒃᑳᕐᓗᑎᑦ ᐊᑲᐅᔪᒧᑦ ᐃᓂᕐᑎᕆᔾᔨᓯᓂᑦ ᐊᒻᒪ ᓂᓐᖓᐅᒪᓂᒃᑰᖏᑦᑐᖅ ᐋᖅᑮᔪᓐᓇᕐᓂᖏᓐᓂᑦ ᐅᓂᒃᑳᕐᑐᐊᕐᓂᒃᑯᑦ
10:00-10:15 ᐅᓪᓛᒃᑯᑦ	**ᓄᖅᑲᖓᑲᐃᓐᓇᕐᓂᖅ**
10:15-11:00 ᐅᓪᓛᒃᑯᑦ	**ᐃᓐᓇᑐᖅᑲᑦ ᐅᓂᒃᑳᕐᓂᐊᕐᑐᑦ ᖃᐅᔨᒪᔭᒥᓂᖕ ᓯᓚᑐᓂᒃᑯᓪᓗ ᐅᓂᒃᑳᕐᓗᑎᑦ ᐊᑲᐅᔪᒧᑦ ᐃᓂᕐᑎᕆᔾᔨᓯᓂᑦ ᐊᒻᒪ ᓂᓐᖓᐅᒪᓂᒃᑰᖏᑦᑐᖅ ᐋᖅᑮᔪᓐᓇᕐᓂᖏᓐᓂᑦ ᐅᓂᒃᑳᕐᑐᐊᕐᓂᒃᑯᑦ** • ᐅᖃᖅᑲᑎᖃᕐᑐᑎᑦ ᐃᓐᓇᑐᖅᑲᕐᒥᑦ ᐱᓕᒻᒪᒃᓴᕐᑎᑕᐅᓂᖅ.
11:00-12:00 ᐅᓪᓗᒃᑯᑦ	ᐱᒻᒪᕆᐅᓂᖓ ᐅᖃᖅᑲᖅᑲᑎᒌᑦᑎᐊᕐᓂᐅᒻ ᐱᓕᒻᒪᒃᓴᕐᓂᖅ ᐊᒻᒪ ᖃᓄᐃᓕᖓᓲᖑᑦᑕᕐᒪᖔᑕ
12:00-1:00 ᐅᓪᓗᒃᑯᑦ	**ᐅᓪᓗᕈᕐᒥᑕᕐᓇᖅ**
1:00-3:00 ᐅᓪᓗᒃᑯᑦ	**ᓇᓗᓇᐃᕐᑕᐅᒋᐊᓖᑦ** • ᐃᓐᓇᑐᖅᑲᕐᒥᑦ ᐅᖃᖅᑲᑎᖃᕐᓂᖅ ᐊᒻᒪ ᐱᔾᔪᑎᖏᑦ ᐃᓕᓐᓂᐊᕐᓂᐊᕐᑕᖏᑕᓗ ᑐᕌᒐᖏᑦ ᐱᓕᒻᒪᒃᓴᕐᓂᖏᓐᓂ ᑭᓯ ᐊᑲᐅᔫᑎᕆᒻᒪᖔᕆᑦ ᐱᓐᖑᐊᕐᑎᑕᐅᓕᕐᐸᑦ ᐅᖃᖅᑲᑎᕆᔭᐅᓕᕐᐸᑕᓗ
3:00-3:15 ᐅᓪᓗᒃᑯᑦ	**ᐱᖃᑕᐅᔪᑦ ᑐᓴᕐᕕᐅᓂᖏᑦ/ᐅᖃᐅᓯᖅᓴᖏᑦ**
3:15-4:00 ᐅᓪᓗᒃᑯᑦ	ᐱᖃᑕᐅᔪᑦ ᑐᓴᕐᕕᐅᓂᖏᑦ/ᐅᖃᐅᓯᖅᓴᖏᑦ

ᐊᑐᕆᐊᖃᕐᓂᐊᕐᑐᑦ:

- ᓇᓗᓇᐃᕐᑕᐅᒋᐊᓖᑦ ᐅᖃᐅᓯᖅᓴᖏᑦ ᑐᑭᓱᐊᕐᑎᕐᓯᔨ ᐃᓐᓇᑐᖅᑲᕐᓗ.

ᐅᓪᓗ ᐱᖓᓱᐊᑦ: ᓄᓇᒧᑦ ᐊᐅᓪᓚᕐᓯᒪᓂᖅ

ᐅᓪᓗ/ᓯᕿᓐᖑᔭᖅ	ᐱᓕᒻᒪᒃᓴᐅᑎᑦ
9:00-9:30 ᐅᓪᓛᒃᑯᑦ	ᑐᓐᖓᓵᕆᔩᑦ ᖃᐅᔨᒥᓂᐊᖕᖓᑕ/ᖃᐅᕗᒃᑲᐅᑎᓂᖅ ᐅᓪᓗᒥᒧᑦ
9:30-10:00 ᐅᓪᓛᒃᑯᑦ	**ᐊᓂᒍᐃᓇᓱᐊᕈᓰᑦ ᖃᐅᑕᒫᑦ ᐊᑦᓯᕈᕐᓇᑐᒃᑰᕈᑕᐅᕙᑦᑐᓂᑦ ᐊᒻᒪ ᓂᪿᖓᐅᒪᔾᔪᑕᐅᕙᑦᑐᑦ ᐅᖃᐅᓯᐅᓂᖏᑦ, ᐆᑐᕋᕐᑎᑕᐅᓂᖅ ᐊᒻᒪ ᐱᓐᖑᐊᕐᑎᑕᐅᓂᖅ** • ᐅᖃᖅᑎᒋᔪᒋᑦ ᑐᑭᒧᐊᕐᑎᓯᔨ(ᔩᑦ) ᑖᓯᒧᖓ ᐱᓕᒻᒪᒃᓴᐅᒪᒍᑦ.
10:00-10:15 ᐅᓪᓛᒃᑯᑦ	**ᓄᖅᑲᖓᑲᐃᓐᓇᕐᓂᖅ**
10:15-11:00 ᐅᓪᓛᒃᑯᑦ	**ᓇᓕᒧᓕᕐᑎᕆᓂᖅ ᐃᖅᑲᓇᐃᔭᒥᑦ ᐊᒻᒪ ᐃᓚᒌᑎᒍᑦ ᐃᓅᓯᕐᑎᓐᓂᑦ ᐅᖃᐅᓯᐅᓂᖓ, ᐅᑦᑐᕋᕐᑎᑕᐅᓂᖅ ᐊᒻᒪ ᐱᓐᖑᐊᕐᑎᑕᐅᓂᖅ** • ᐅᖃᖅᑎᒋᔪᒋᑦ ᑐᑭᒧᐊᕐᑎᓯᔨ(ᔩᑦ) ᑖᓯᒧᖓ ᐱᓕᒻᒪᒃᓴᐅᒪᒍᑦ.
11:00-12:00 ᐅᓪᓗᒃᑯᑦ	**ᓄᓇᒧᑦ ᐊᐅᓪᓚᕐᓯᒪᓪᓗᑎᑦ ᐃᓕᓐᓂᐊᕐᑎᑕᐅᓂᖏᑦ ᖃᓄᖅ ᐊᑦᓯᕈᕐᓇᕐᑐᒃᑰᕐᑎᓪᓗᒋᑦ ᖁᐊᖅᓵᓇᕐᑐᒃᑯᓪᓗ ᖃᓄᐃᓕᐅᕆᐊᕐᑲᕐᒪᖔᕐᒥ** • ᐅᖃᖅᑎᒋᔪᒋᑦ ᑐᑭᒧᐊᕐᑎᓯᔨ(ᔩᑦ) ᑖᓯᒧᖓ ᐱᓕᒻᒪᒃᓴᐅᒪᒍᑦ.
12:00-1:00 ᐅᓪᓗᒃᑯᑦ	**ᐅᓪᓗᕈᕐᒥᑕᕐᓇᖅ**
1:00-3:00 ᐅᓪᓗᒃᑯᑦ	**ᓄᓇᒧᑦ ᐊᐅᓪᓚᕐᓯᒪᓪᓗᑎᑦ ᐃᓕᓐᓂᐊᕐᑎᑕᐅᓂᖏᑦ ᖃᓄᖅ ᐊᑦᓯᕈᕐᓇᕐᑐᒃᑰᕐᑎᓪᓗᒋᑦ ᖁᐊᖅᓵᓇᕐᑐᒃᑯᓪᓗ ᖃᓄᐃᓕᐅᕆᐊᕐᑲᕐᒪᖔᕐᒥ ᑲᔪᓯᔪᑦ** • ᐅᖃᖅᑎᒋᔪᒋᑦ ᑐᑭᒧᐊᕐᑎᓯᔨ(ᔩᑦ) ᑖᓯᒧᖓ ᐱᓕᒻᒪᒃᓴᐅᒪᒍᑦ.
3:00-3:15 ᐅᓪᓗᒃᑯᑦ	**ᓄᖅᑲᖓᑲᐃᓐᓇᕐᓂᖅ**
3:15-4:00 ᐅᓪᓗᒃᑯᑦ	ᐱᖃᑕᐅᔪᑦ ᑐᓴᕐᕕᐅᓂᖏᑦ/ᐅᖃᐅᓯᒃᓯᖏᑦ.

ᐊᑐᓇᐊᖃᕐᓂᐊᕐᑐᑦ:

- ᐊᐅᓪᓚᕈᔾᔨᔾᔨ ᐅᕝᕙᓘᓐᓃᑦ ᐅᐊᕐᑏᑦ ᐊᒻᒪ/ᐅᕝᕙᓘᓐᓃᑦ ᑕᒻᒫᕐᕕᒻᒥ ᐃᑲᔪᕐᑎᐅᓂᐊᕐᑐᑦ
- ᑕᒻᒫᕐᕕᒻᒥ ᓱᓇᒃᑯᑎᖏᑦ
- ᓂᕿᓂᒃ ᐋᕐᓯᔫᑦ, ᓂᕆᔭᖏᑦ ᑕᒧᓗᖓᖏᓪᓗ ᓂᕿᑦᑎᐊᕙᑦ
- ᐊᑭᓕᐅᓯᐊᖏᑦ ᐃᓕᖅᑯᓯᓕᕆᓂᐊᕐᑎᓪᓗᒋᑦ
- CPR ᐋᓐᓂᖅᑐᖃᕐᐸᑦ ᐃᓅᓕᕐᓯᓂᖓᑦ ᐃᓕᓐᓂᐊᕈᑏᑦ
- ᐃᖏᕐᕋᔾᔪᑏᑦ
- ᐃᓂᖏᒥᑦ ᑕᒻᒫᕐᕕᖏᒥᓪᓗ ᐊᑐᖅᑐᐊᕐᓂᖅ

ᐅᓪᓗ ᑎᓴᒪᖓᑦ: ᐱᔭᕇᕐᓂᖅ

ᐅᓪᓗ/ᓯᕿᓐᖑᔭᖅ	ᐱᓕᒻᒪᒃᓴᐅᑎᑦ
9:00-9:30 ᐅᓪᓛᒃᑯᑦ	ᑐᓐᖓᓵᕆᔩᑦ ᖃᐅᔨᒥᓂᐊᖕᖓᑕ/ᖃᐅᕗᒃᑲᐅᑎᓂᖅs for the ᐅᓪᓗ
9:30-10:00 ᐅᓪᓛᒃᑯᑦ	**ᐊᖏᔪᖅᑲᖑᓗᓂ ᕿᑐᕐᖓᓕᕆᔾᔪᑦ ᐃᓱᒪᓕᐅᕈᔾᔪᓪᓗ** • ᐱᖃᑕᐅᔪᑦ ᐅᓂᒃᑳᖅᑎᑕᐅᓗᑎᑦ ᐊᓕᐊᓇᐃᒋᔭᒥᖏᒥᖕ ᕿᑐᕐᖓᓕᕆᓪᓗᓂ. • ᑕᐃᒃᑯᐊᓕ ᐃᓄᒋᐊᓂ ᓂᓪᓕᐊᒍᒪᒐᔪᐃᑦᑐᑦ, ᑎᑎᕋᐅᔭᖅᑎᓪᓗᒋᑦ ᐃᖅᑲᐅᒪᔭᒥᓂᖕ ᐅᕝᕙᓘᓐᓃᑦ ᐊᖏᔪᖅᑳᖑᓗᓂ ᐊᑐᓇᐊᖃᕐᑐᒋᔭᖏᓐᓂᑦ (ᐅᖃᖅᑎᒋᔭᐅᓂᐊᖕᖓᑦ ᐅᖃᐅᓯᐅᓕᕐᐸᑕ, ᐃᒻᒥᓂᖕ ᐊᑲᐅᒋᔭᒥᒎᖅ).
10:00-10:15 ᐅᓪᓛᒃᑯᑦ	**ᓄᖅᑲᖓᑲᐃᓐᓇᕐᓂᖅ**
10:15-11:00 ᐅᓪᓛᒃᑯᑦ	**ᑲᔪᖏᕐᑐᐃᓂᖅ ᐃᓱᒪᒃᑯᑦ ᐱᕈᕐᐸᓪᓕᐊᓂᖏᑦ ᐅᖃᐅᓯᖃᕐᑎᓪᓗᒋᑦ, ᐆᑦᑐᕋᕐᑎᑕᐅᓂᖅ ᐊᒻᒪ ᐱᓐᖑᐊᕐᑎᑕᐅᓂᖅ** • ᐊᐱᕆᓗᒋᑦ ᐱᓕᒻᒪᒃᓴᖃᑕᐅᔪᑦ ᑭᓇᒥᖕ ᐱᒃᑯᑎᔭᖃᕐᒪᖔᑕ ᐊᔪᕆᑦᑐᒥᓇᕐᑐᒥᑦ ᓱᖓᓪᓗ. ᐃᓱᒪᔪᓇᕐᓯᒐᔭᕐᖓᑕ ᐱᐅᔪᒥᑦ ᓴᐱᕐᓇᕐᑐᖃᕐᖏᓂᖓᓂᑦ ᐃᓄᒻᒥᑦ ᐱᒃᑯᓇᕐᑐᒥᑦ ᐃᖅᑲᐅᒪᓕᕈᑎᖕ ᐊᒻᒪ ᐃᓕᕋᓇᕐᑐᒥᑦ ᐱᒃᑯᓇᕐᑐᒥᑦ ᐃᔾᔪᐊᕈᒥᓇᕆᔭᕆᐊᓂᑦ. ᐱᓕᒻᒪᒃᓴᖅᑕᐅᔪᑦ ᐃᓗᓯᕐᒥᓄᑦ ᐃᑉᐱᒋᓕᕈᑎᖕ ᖃᓄᖅ ᐊᖏᔪᖅᑳᖑᒍᒪᓪᓚᔭᕐᒪᖔᕐᒥ ᐊᒻᒪ ᖃᓄᖅ ᐱᒃᑯᕆᔭᕆᑦ ᐊᔪᕆᑦᑐᒥᓇᕐᑐᑦ ᐆᑦᑑᑎᓯᐊᕙᐅᔪᓐᓇᕐᓂᖏᓐᓂᑦ ᐊᒻᒪ ᐊᑐᐊᕈᒥᓇᕐᓗᑎᑦ ᑐᕌᓕᕆᐊᒥᖕ ᐱᔭᕇᕈᓐᓇᕐᓯᓗᑎᑦ. • ᐃᓄᐃᑦ ᐱᓐᖑᐊᕈᓯᖏᑦ: 2-ᐃᓱᖓᓪᓗᐊᒥᑦ ᐳᖅᑐᓂᓕᒻᒥᑦ ᐃᓱᒻᒥᕐᓯᖓᓱᐊᕐᓂᖅ, 1-ᐃᓱᖓᓪᓗᐊᒥᑦ ᐳᖅᑐᓂᓕᒻᒥᑦ ᐃᓱᒻᒥᕐᓯᖓᓱᐊᕐᓂᖅ,1 ᐃᓱᖓᓪᓗᐊᖅ ᕿᒻᒋᕐᓗᓂ ᐃᓱᒻᒥᕐᓯᖓᓱᐊᕐᓂᖅ
11:00-12:00 ᐅᓪᓗᒃᑯᑦ	ᐃᓱᒪᒃᑯᑦ ᐱᕈᕐᐸᓪᓕᐊᓂᖏᑦ ᐅᖃᐅᓯᖃᕐᑎᓪᓗᒋᑦ/ᐆᑦᑐᕋᕐᑎᑕᐅᓂᖅ/ᐱᓐᖑᐊᕐᑎᑕᐅᓂᖅ
12:00-1:00 ᐅᓪᓗᒃᑯᑦ	**ᐅᓪᓗᕈᕐᒥᑕᕐᓇᖅ**
1:00-3:00 ᐅᓪᓗᒃᑯᑦ	ᐃᓕᓐᓂᐊᕐᓂᖅ ᐱᓐᖑᐊᕐᓂᒃᑯᑦ ᐅᖃᓕᒪᓯᓐᓇᕐ, ᐆᑦᑐᕋᕐᑎᑕᐅᓂᖅ ᐊᒻᒪ ᐱᓐᖑᐊᕐᑎᑕᐅᓂᖅ
3:00-3:15 ᐅᓪᓗᒃᑯᑦ	**ᓄᖅᑲᖓᑲᐃᓐᓇᕐᓂᖅ**
3:15-4:00 ᐅᓪᓗᒃᑯᑦ	ᐱᖃᑕᐅᔪᑦ ᑐᓴᕐᕕᐅᓂᖏᑦ/ᐅᖃᐅᓯᒃᓯᖏᑦ

ᐊᑐᓇᐊᖃᕐᓂᐊᕐᑐᑦ:

- 2-3 ᐳᖅᑐᔫᑎᑦ ᓇᐸᔪᑦ ᐃᓱᒥᒃᑕᐅᓯᒪᓯᐊᖃᑦᑕᓂᐊᕐᑐᑦ
- 2 ᓄᕕᖅᓅᖕᓴᔾᔭᖕ ᕿᓚᕈᑎᓪᓘᓐᓃᑦ

2. ᑲᓐᖑᓇᕐᑐᑦ ᑐᓴᕐᑕᐅᒋᐊᖅᑳᓐᖏᓂᖏᓐᓄᑦ ᐊᖏᕈᑏᑦ

ᑲᑎᓐᖓᔪᓄᑦ ᐊᔪᓇᕐᓯᐅᔾᔨᒍᑏᑦ

1. 1. ᑐᑦᓯᐊᕐᓂᒃᑯᑦ ᒪᑐᐃᖅᓯᕐᑯᔭᐅᒍᒥᓇᕐᑐᑦ.
2. 2. ᐃᓘᓐᓇᑎᑦ ᐅᑉᐱᓇᕐᑲᑦᑕᐅᑎᓂᖅ ᐱᒻᒪᕆᐅᓂᖅᐹᖑᒻᒪᑦ ᐅᕐᑲᕐᕗᐅᓗᑎᑉ!
3. 3. ᑲᑎᓐᖓᔪᑦ ᐅᑉᐱᓇᕐᑲᑦᑕᐅᑎᓗᑎᑦ ᑕᑯᔭᐅᒋᐊᑐᓐᖏᑦᑐᑦ ᑲᓐᖑᓇᕐᓂᖏᓐᓄᑦ ᐊᑐᓂ ᐊᖑᑏᑦ ᐅᕐᑲᐅᓯᕐᑲᑦᑕᐃᓕᒋᐊᕐᑲᕐᓂᖏᓐᓂᑦ.
4. 4. ᑐᓴᕐᑕᑎᑦ ᑕᒃᑲᓂ ᑕᒃᑳᓂᖏᓐᓇᕐᓂᐊᕐᑐᑦ. ᑕᑯᔭᑎᑦ ᑕᒃᑲᓂ ᑕᒃᑳᓂᖏᓐᓇᕐᓂᐊᕐᑐᑦ. ᐅᕐᑲᐱᓘᑎᕐᑲᑦᑕᐃᓕᓗᑎᑦ.
5. 5. ᑲᑎᒪᓂᖏᓐᓂ, ᐃᑦᓯᕙᐅᑕᖅ ᐊᐱᓇᕐᑲᑦᑕᕐᓗᓂ ᓂᓪᓕᖅᑐᕐᑲᕈᒪᒻᒪᖓᑦ.
6. 6. ᐊᑕᐅᓯᐅᓈᕐᑎᕐᓗᑎᑦ ᐅᕐᑲᓕᒪᕙᓪᓗᑎᑦ. ᐅᕐᑲᓕᒪᔪᕐᑲᕐᑎᓪᓗᒍ, ᓈᓚᑦᑐᐃᓐᓇᐅᒋᐊᕐᑲᕐᑐᒍᑦ ᐱᔭᕇᕐᓱᓐᓂᖓᓂ.
7. ᑭᓇᑐᐃᓐᓇᖅ ᐃᓄᓯᓕᕆᔾᔨᒥᑦ ᐃᓅᖅᑲᑎᖅᑲᕈᒪᑉᐸᑦ, ᐊᑐᐃᓐᓇᕐᑕᕐᑲᕐᓂᐊᕐᑐᖅ.

ᑕᑯᔭᐅᒋᐊᑐᓐᖏᑦᑐᑦ ᑲᓐᖑᓇᕐᓂᖏᓐᓄᑦ

- ᑐᑭᓯᔪᖓ ᐊᖏᖅᐳᖓᓗ ᐅᕐᑲᐅᓯᐅᔪᒥᓃᑦ ᑐᓴᕐᑕᒥᓂᒃ ᑲᑎᓐᖓᑎᓪᓗᑕ ᐅᕐᑲᐅᓯᓇᔾᔭᖅᑭᓐᓇᒃᑯᑦ ᐊᓯᓐᓄᓪᓗ ᓂᓪᓕᐅᑎᒋᔾᔭᓇᒋᑦ.
- ᐊᖏᖅᐳᖓ ᐱᕐᑲᑕᐅᔪᑦ ᐊᑎᖏᓐᓂᑦ ᐅᕐᑲᐅᓯᕐᑲᔾᔭᖅᑭᓐᓇᒪ ᑭᒃᑯᑦ ᐱᕐᑲᑕᐅᓐᓂᕐᒪᖔᑕ ᑭᓯᐊᓂ ᐊᖏᖅᓯᒪᑉᐸᑕ ᖃᓄᐃᑦᓴᖏᓐᓂᕋᕐᓗᑎᑦ.
- ᑐᑭᓯᕗᖓ ᐊᖏᖅᐳᖓᓗ ᑲᑎᓐᖓᔪᓄᑦ ᐊᔪᓇᕐᓯᐅᔾᔨᒍᑎᓂᑦ.
- ᑐᑭᓯᑦᑎᐊᕐᑐᖓ ᓯᕐᑯᒥᑦᓯᒍᒪ ᑲᑎᓐᖓᔪᓄᑦ ᐊᔪᓇᕐᓯᐅᔾᔨᒍᑏᑦ ᐅᕙᓘᓐᓃᑦ ᐊᖏᕈᑎᒋᓯᒪᔭᓐᓂᑦ ᑕᑯᔭᐅᒋᐊᑐᓐᖏᑦᑐᑦ ᑲᓐᖑᓇᕐᓂᖏᓐᓄᑦ ᖃᓄᐃᓕᔭᐅᔪᓐᓇᕋᒪ ᓲᕐᓗ ᐅᑎᖅᑎᑕᐅᒃᑲᓂᔾᔭᖅᑭᑦᑐᖓ ᐱᕐᑲᑕᐅᔪᒪᒐᓗᐊᕈᒪ.
- ᐊᖏᖅᐳᖓ ᓯᕐᑯᒥᑦᓯᒍᒪ ᐊᖏᕈᑕᐅᓚᐅᕐᑐᒥᑦ ᐊᓯᒃᑲ ᐊᑲᐅᓐᖏᑦᑐᒍᑦ ᐊᒃᑐᖅᑕᐅᔪᓐᓇᖅᖓᑕ, ᒪᒥᓴᕐᓂᖏᓐᓂᑦ ᐊᒻᒪ ᑲᑉᐱᐊᓇᓐᖏᑦᑐᒦᓐᓂᐊᓚᐅᕐᑐᑦ ᑲᑉᐱᐊᓇᕐᑑᒥᑐᐃᓐᓇᓇᐊᕐᑲᕐᓂᖏᓐᓂᑦ.

ᑕᑯᔭᐅᒋᐊᑐᓐᖏᑦᑐᑦ ᑲᓐᖑᓇᕐᓂᖏᓐᓄᑦ ᐊᑐᓐᖏᔾᔪᑎᒋᔪᓇᕐᑕᖏᑦ

ᐊᑐᓐᖏᔾᔪᑕᐅᔪᓇᕐᑐᑦ ᒪᓕᑦᑕᐅᑦᓴᐃᓐᓇᓇᐊᓖᑦ ᒪᓕᒐᕐᓂᑦ ᐊᒻᒪ ᐃᓱᒪᑦᓯᐊᕋᓱᓐᓂᖑᑦ:

1. ᓄᓕᐊᕐᓂᒃᑯᑦ, ᑎᒥᒃᑯᑦ ᐃᓱᒪᒃᑯᓪᓗ ᐋᓐᓂᖅᑎᖅᑕᐅᓂᑯᐃᑦ ᓱᕈᓯᐅᓪᓗᑎᑦ ᐅᕐᑲᐅᓯᐅᑉᐸᑦ.
2. ᐃᓅᓯᑦ ᐊᓯᕗᓪᓘᓐᓃᑦ ᐃᓅᓯᖓ ᐅᓗᓇᐊᓇᕐᑐᒦᓂᐅᓴᑉᐸᑦ.
3. ᒪᓕᒐᕐᑎᒍᑦ ᐱᕐᑯᔭᓂᑦ ᐱᓂᕐᓗᒃᑐᕐᑲᕐᓂᒥᓂᖓ ᐅᕐᑲᐅᓯᐅᑉᐸᑦ.

ᑕᑉᐱᒃᑯᐊ ᓴᖅᑭᖅᐸᑕ, ᐅᕐᑲᓯᐅᓗᑎᒃ ᑭᓯᐊᓂᐅᒪ ᐊᖏᔪᖅᑲᐅᑎᓄᑦ, ᐊᒻᒪ ᒪᓕᒋᐊᓖᑦ ᐊᑐᖅᑕᐅᔭᓇᐊᕐᑲᓕᕐᓗᑎᑦ.

ᐱᕐᑲᑕᐅᔫᑉ ᐊᑎᓕᐅᕈᓯᖓ: ______________________ ᐅᓪᓗᖓ: ______________________

ᐱᔭᐅᓂᑯᑦ ᐅᕙᓐᖓᑦ: ᑭᕙᓪᓕᕐᒥ ᐃᓅᓯᓕᕆᔩᑦ ᐃᑲᔪᕐᑏᓪᓗ ᐱᔾᔪᓯᕐᑎᖏᓐᓄᑦ ᐆᑦᑐᑎᓕᐊᒥᓃᑦ ᑕᑕᑎᕆᐊᓖᑦ (ᑐᓴᕋᕐᓴᕐ)

3. ᐊᑐᖅᑕᐅᔪᓐᓇᕐᑐᑦ ᐃᓕᓐᓂᐊᕐᓯᓐᓈᑦ ᑲᑎᒪᓂᖅ ᖃᓄᐃᓐᓂᕐᒪᖔᑦ ᖃᐅᔨᓴᕐᑕᐅᓪᓚᕐᐸᑦ

ᐃᓯᐊᓂ, ᐊᐱᕆᔪᒪᓂᐊᕐᒥᖅᓯᐅᖅ ᐱᓕᒻᒪᒃᓴᕐᑲᑕᐅᔪᑦ ᖃᐅᔨᓇᓱᐊᕐᓗᒍ ᖃᓄᑎᒋ ᐃᓕᓐᓂᐊᕐᓯᓐᓈᑦ ᑲᑎᒪᓂᖅ ᑲᔪᓯᑎᐊᕐᑎᒋᓐᓂᕐᒪᖔᑦ. ᑐᑭᓯᕝᔪᑕᐅᓂᐊᖅᖢᑕ ᓇᓗᓇᐃᕐᓗᒋᑦ ᑭᓯᑦ ᑲᔪᓯᕐᓯᐊᕐᓂᖅᒪᖔᑕ ᐊᒻᒪ ᐃᓱᒪᒃᓴᒃᓯᐅᕈᑎᖃᓂᑦ ᓇᐅᒃᑯᑦ ᐋᖅᑭᒋᐊᕐᕕᒃᑲᕐᒪᖔᑦ ᐃᓕᓐᓂᐊᕐᑎᓯᑲᓐᓂᕐᓂᐊᕈᓯ. ᓱᓕᒃᑲᓐᓂᖅ, ᐃᓚᖏᑦ ᐃᓕᓐᓂᐊᕐᓯᓐᓈᑦ ᑲᑎᒪᑎᕐᓯᓗᓂ ᑮᓇᐅᔾᖃᒃᑲᐃᑦᓴᑦ ᑎᑎᕋᕐᓯᒪᔪᑎᒍᑦ ᖃᐅᔨᓴᐅᑎᒥᓂᕐᓂᑦ ᐱᔪᒪᓪᖑᒍᒪᓚᑕ. ᐱᒪᕆᐅᕗᖅ ᐅᖃᐅᑎᓯᒪᕗᕆᕐᓗᒋᑦ ᐱᓕᒻᒪᒃᓴᕐᑲᑕᐅᔪᑦ ᑕᐃᒫᖕ ᐅᖃᐅᓯᖏᑦ ᐊᓯᑎᓐᓄᑦ ᑐᓴᕐᑕᐅᖅᔫᖏᒻᒪᑕ ᑲᓐᖑᓇᕐᓂᖏᓐᓄᒡᓗ ᐅᖃᐅᑕᐅᖅᔫᖏᒻᒪᑕ. ᑑᓴᕐᒥᑦ ᑐᑭᓕᐅᖅᐱᕐᒥᒡᓘᓐᓃᑦ ᑑᓵᖅᑲᐊᖅᑲᕐᔭᕐᑐᑦ ᖃᒡᓗᓈᑎᑑᕈᓇᖏᕐᐸᑦ ᐱᓕᒻᒪᒃᓴᕐᑲᑕᐅᔪᖅ. ᐊᐱᖅᑯᑕᐅᒐᔪᑦᑐᑦ ᖃᐅᔨᓴᕐᑐᖃᕐᕕᒻᒪᑦ ᐱᓕᒻᒪᒃᓴᕐᑐᓄᑦ ᒪᑯᐊ:

1. ᐱᐅᓂᖅᑲᖅᑲᐅᕚᑦ ᐃᓕᓐᓂᐊᕐᓯᓐᓈᑦ ᑲᑎᒪᔾᔪᑎᕗᑦ? ᓈᓴᐅᑎᒃᑯᑦ ᓇᓗᓇᐃᕐᓗᒋᑦ ᐊᑕᐅᓯᕐᒥᑦ ᑕᓪᓕᒪᓄᑦ. ᐊᓯᖏᑦ ᐅᖃᐅᓯᑦᓴᑦ?

2. ᐅᖃᐅᓯᑦᓴᖃᕕᐅᕚᑦ ᖃᓄᑎᒋ ᐸᕐᓇᕐᓯᐊᕐᑎᕆᓯᒪᒻᒪᖔᑦ ᐊᒻᒪ ᑲᔪᓯᑎᑕᐅᓯᒪᒻᒪᖔᑦ ᐃᓕᓐᓂᐊᕐᓯᓐᓈᑦ ᑲᑎᒪᓂᖅ? — ᓈᓴᐅᑎᒃᑯᑦ ᓇᓗᓇᐃᕐᓗᒋᑦ ᐊᑕᐅᓯᕐᒥᑦ ᑕᓪᓕᒪᓄᑦ. ᐊᓯᖏᑦ ᐅᖃᐅᓯᑦᓴᑦ?

3. ᐱᓕᒻᒪᒃᓴᕐᑲᑕᐅᔪᑦ ᑐᑭᓯᕙᓪᓕᕐᓯᒪᓪᓕᕐᐸᑦ ᕿᑐᙵᓕᕆᓂᖑᑦ ᐃᓅᓯᖕᒥ ᐱᓕᒻᒪᕐᓯᒪᒋᐊᓕᓐᓂᑦ? — ᐄ ᐅᕙᓘᓐᓃᑦ ᐋᒃᑲ? ᐊᓯᖏᑦ ᐅᖃᐅᓯᑦᓴᑦ?

4. ᐄᖑᐸᑦ, ᖃᓄᖅ ᑐᑭᓯᓯᒪᓪᓕᕐᓂᖓ ᐃᑲᔪᕐᓂᖅᑲᕐᓂᐊᕐᐸ ᐃᓅᓯᖓᓄᑦ ᐊᑲᐅᔪᒧᑦ? — ᐊᓯᖏᑦ ᐅᖃᐅᓯᑦᓴᑦ?

5. ᐱᓕᒻᒪᒃᓴᕐᑲᑕᐅᔪᑦ ᐊᑲᐅᓂᖅᓴᐅᓪᓚᕚᑦ ᒪᑭᐹᓪᓚᕈᓇᕐᓯᓗᑎᑦ ᐊᑐᕐᓗᒋᑦ ᐃᓚᒌᕐᓯᐊᕈᓰᑦ ᖃᓄᐃᓐᖏᑦᓯᐊᓂᖑᑦ? — ᐄ ᐅᕙᓘᓐᓃᑦ ᐋᒃᑲ? ᐊᓯᖏᑦ ᐅᖃᐅᓯᑦᓴᑦ?

6. ᐱᓕᒻᒪᒃᓴᕐᑲᑕᐅᔪᑦ ᐅᖃᖃᑎᖃᕈᓐᓇᖅᓴᐅᔾᔮᓪᓚᕐᐸᑦ ᐊᐃᑉᐸᒥᓂᖕ, ᐱᖃᓐᓇᕆᔦᒥᓂᖕ, ᐃᓚᒥᓐᓂᓪᓘᓐᓃᑦ? — ᐄ ᐅᕙᓘᓐᓃᑦ ᐋᒃᑲ? ᐊᓯᖏᑦ ᐅᖃᐅᓯᑦᓴᑦ?

7. ᐄᖑᐸᑦ, ᖃᓄᖅ ᐃᓕᓐᓂᐊᕐᑕᑎᑦ ᐃᑲᔫᑎᖃᕐᓂᖅᐸᑦ? — ᐄ ᐅᕙᓘᓐᓃᑦ ᐋᒃᑲ? ᐊᓯᖏᑦ ᐅᖃᐅᓯᑦᓴᑦ?

8. ᑭᓱ ᑐᓴᕈᒥᓇᕐᓂᖅᐹᖑᓐᓂᕐᐸ ᐃᓕᓐᓂᐊᕐᑕᓯᓐᓂ? — ᐊᓯᖏᑦ ᐅᖃᐅᓯᑦᓴᑦ?

9. ᑭᓱ ᑐᓴᕈᒥᓇᕐᓂᖅᐹᖑᓐᓂᖏᓚᖅ ᐅᕙᓘᓐᓃᑦ ᐊᑑᑎᖃᓐᖏᓛᖑᓐᓂᕐᐸᑕ ᐃᓕᓐᓂᐊᕐᑕᓯᓐᓂ? — ᐊᓯᖏᑦ ᐅᖃᐅᓯᑦᓴᑦ?

10. ᐱᓕᒻᒪᒃᓴᕐᑲᑕᐅᔪᑦ ᐃᓕᓐᓂᐊᕐᑯᐹᓚᔭᕆᕚᑦ ᐊᓯᖏᓐᓂᑦ ᓄᓇᓕᓐᓂᑦ ᑕᐃᒫᖕ ᑲᑎᒪᓯᓐᓈᑦ ᐃᓕᓐᓂᐊᕐᑐᓂ? — ᐄ ᐅᕙᓘᓐᓃᑦ ᐋᒃᑲ? ᐊᓯᖏᑦ ᐅᖃᐅᓯᑦᓴᑦ?

11. ᓈᒻᒪᓐᓂᕋᓗᐊᕐᐸᑦ ᐃᑲᔪᕐᑎᑦᓴᑦ ᐃᖅᑲᓇᐃᔭᕐᑏᑦᑐᓐᓂᑦ ᐊᑐᐃᓐᓇᔪᑦ ᐃᑲᔪᕈᓐᓇᕐᑐᓂᑦ ᐱᓕᒻᒪᒃᓴᕐᑐᓂᑦ ᐱᔭᕇᕐᑐᔪᓕᕆᓕᕋᐃᒻᒪᑕ? — ᐄ ᐅᕙᓘᓐᓃᑦ ᐋᒃᑲ? ᐊᓯᖏᑦ ᐅᖃᐅᓯᑦᓴᑦ?

12. ᐃᓕᓐᓂᐊᕐᓯᓐᓈᑦ ᑲᑎᒪᕐᑲᑕᐅᓃᑦ ᓱᕐᕋᐃᓯᒪᕚ ᐃᓱᒪᓕᐅᕈᑎᓐᓂᑦ ᕿᑐᙵᓕᕐᑲᕐᓂᖑᑦ ᐅᕙᓘᓐᓃᑦ ᕿᑐᙵᓕᕐᑖᕈᒪᓂᕐᓄᑦ? — ᐊᓯᖏᑦ ᐅᖃᐅᓯᑦᓴᑦ?

13. ᒪᕐᐴᓐᓂᖕ ᑎᑎᕋᕈᓐᓇᕈᕕᑦ ᐋᖅᑭᒋᐊᕐᕕᓖᓐᓂᖕ. — ᐊᓯᖏᑦ ᐅᖃᐅᓯᑦᓴᑦ?

4. ᑕᐃᒫᓰᑦ

ᒪᕐᕉᓐᓂᖅ ᑖᓐᓂᓛᑦ	ᐃᓕᖅᑯᓯᑐᖃᒃᑯᑦ ᑕᐃᒫᓯᑐᖃᖅ ᓄᓇᖃᖅᑳᖅᓯᒪᔪᑦ ᐊᓪᓚᕆᓐᓄᑦ ᐊᖓᓇᒥᑦ ᐊᙳᒥᓪᓗ ᑖᓐᓇᖃᓐᓂᕋᕐᑐᑦ. ᑖᓐᓇᓚᐅᔪᓐᓇᕐᑐᓂ, ᓄᓚᐊᕐᓂᒃᑯᑦ, ᐊᒻᒪ ᑎᒥᒥᒍᑦ ᐊᙳᑕᐅᔭᖅ ᐊᕐᓇᐅᔭᕐᔫᓐᓃᑦ.
ᑕᒪᒃᑭᓐᓂᑦ ᐃᑎᒍᓱᓐᖏᑦᑐᖅ	ᓇᓪᓚᐅᓄᑐᐃᓐᓇᓯᐊᖅ ᓄᓚᐊᕐᓂᖑᑦ ᐃᑎᒍᓱᓐᖏᑦᑐᖅ.
ᑕᒪᒃᑮᔭᖅ ᓄᓚᐊᕐᓂᖑᑦ	ᐱᐅᓪᓵᑦ ᑕᒪᒃᑭᓐᓂᑦ ᐊᖓᓇᓃᑦ ᐊᙳᑎᓂᓪᓗ.
ᐃᕐᓂᐊᙳᕕᒥ ᑎᒥᒥᓐᖓ ᒪᓕᑐᐃᓐᓇᕐᑐᖅ	ᐃᓄᒃ ᐊᖓᓇᖅ ᐊᙳᓪᓗᓐᓃᑦ ᐃᖕᓂᐊᙳᕕᒥ ᑎᒥᒥᓐᖓ ᐃᓕᖅᑯᓯᕐᓯᑐᐃᓐᓇᕐᑐᖅ.
ᑕᑯᔭᐅᒥᐊᑐᓐᖏᑦᑐᑦ ᑲᓐᖑᓇᕐᓂᖏᓐᓄᑦ	ᑎᓕᔭᐅᔾᔪᑎᐅᓯᒪᔪᑦ ᐃᓅᒃ ᑎᒥᖓᓄᑦ ᐊᓯᖏᓪᓗ ᑐᓴᕋᕐᑦ ᐱᔾᔪᑎᓖᑦ ᐊᓯᖏᓐᓄᑦ ᑐᓴᕐᑕᐅᒥᐊᖃᓐᖏᑦᑐᑦ ᑭᓯᐊᓂ ᐊᖏᖅᑳᖅᐸᑦ ᐃᓄᑦᑕᖓ. ᒪᓕᒐᕐᑎᒍᑦ ᓯᕐᑯᒥᑦᓯᓂᐅᔭᓐᓇᕐᑐᖅ ᖃᓄᐃᓕᔭᐅᔾᔪᑎᐅᔭᓐᓇᕐᑐᓂᓗ ᓯᕐᑯᒥᑕᐅᑉᐸᑦ ᒪᓕᑦᑕᐅᒥᐊᓕᒃ.
ᐊᖏᖅᓯᒪᖅᑳᕐᓂᖅ ᓂᓕᐊᕐᓂᖑᑦ ᐊᑦᑐᖅᑕᐅᔪᒪᒍᓂ	ᐊᖏᖅᓯᒪᓂᖅ ᓄᓚᐊᕐᓂᖑᑦ ᑐᑭᓕᒃ ᒪᕐᕉᒃ ᐊᖏᖅᓯᒪᑦᑎᐊᕐᑐᑎᖅ ᐊᑐᓂ ᓂᓕᐊᕐᑑᖅ. ᓄᓚᐊᕐᓂᖅ ᐊᖏᖅᓯᒪᓐᖏᑦᑐᒥᑦ ᖁᓄᔪᕐᓂᐊᕐᓂᐅᒪᑦ.
ᐃᓕᖅᑯᓯᕐᑎᒍᑦ ᑲᐸᐊᓇᕐᖏᑦᑐᒦᓐᓂᖅ	ᐃᓕᖅᑯᓯᕐᑎᒍᑦ ᑲᐸᐊᓇᓐᖏᑦᑐᖅ ᐊᕙᑎᐊ ᑎᒥᒃᑯᑦ, ᐃᓅᕐᑲᑎᒌᓐᓂᒃᑯᑦ, ᐃᐸᓐᓂᐊᓂᒃᑯᑦ ᐊᒻᒪ ᐅᐸᒃᑑᕐᑲᑎᒌᓐᓂᒃᑯᑦ ᐃᓂᖅᑲᓯᐊᕐᓂᖅ. ᐃᓕᖅᑯᓯᖅᑲᑎᒋᓐᖏᑦᑕᒥᓂᖅ ᐃᐱᒍᓯᑦᑎᐊᕐᓂᖅ ᐃᖅᑲᓱᓐᓂᒃᑯᑦ.
ᐃᐸᓐᓂᐊᓂᒃᑯᑦ ᐃᓅᓯᕐᒥ ᐱᓕᕆᐊᓯᒪᕆᐊᓖᑦ	ᑐᑭᓕᒃ ᐃᓕᑕᕐᓯᔪᓇᕐᓂᖅ ᑐᑭᓯᓯᒪᓕᕐᓗᓂ, ᐅᖃᐅᓯᕆᔪᓐᓇᓯᐊᕐᓗᒍ ᐊᒻᒪ ᐱᓗᐊᑦᑕᐃᓕᒪᔪᓐᓇᕐᑐᖅ ᐃᐸᓐᓂᐊᔭᒥᒍᑦ.
ᖃᐃᕋᔪᐊᑦᑐᑦ ᒪᓃᓗᕿᔅᓗ	ᕿᓇᐅᐃᓐᓇᖅ ᐃᑎᒍᓯᓰᑦ ᐊᙳᑕᐅᖅᑲᕐᒥᓂᖅ ᐊᖓᓇᐅᖅᑲᕐᒥᓂᓪᓗᓐᓃᑦ.
ᐊᙳᑦ ᐊᖓᓇᕐᔫᓐᓃᑦ	ᐃᓅᖅᑲᑎᒌᓄᑦ ᑕᐃᒪᐃᒋᐊᖅᑕᕐᑐᒋᔭᐅᔪᑦ ᓂᕆᐅᒋᔭᐅᔪᓪᓗ ᐊᙳᑦ ᐊᖓᓇᓪᓗᓐᓃᑦ ᑕᐃᒪᐃᑦᑕᕆᐊᖅᑲᕐᓂᖏᓐᓂᑦ. ᐃᓄᐃᑦ ᐃᓐᓇᑐᖅᑲᑦ ᐅᖅᑲᓯᒪᔪᖅᑲᑦ ᓈᒻᒪᒋᔭᐅᓵᖑᒋᐊᖏᑦ ᓇᓪᓚᐅᓄᑐᐃᓐᓇᖅ ᐊᙳᑎᓅᖓᔪᕆᔭᐅᔪᑦ ᐊᖓᓇᓄᓪᓗᓐᓃᑦ ᐃᖅᑲᓇᐃᔮᖅᑲᐅᓇᕐᑐᑦ.
ᐊᖓᓇᐅᑉ ᐊᙳᑕᐅᓪᓗᓐᓃᑦ ᑕᐅᑦᑐᖓ	ᑭᓇᐅᓇᓐᓇᖅ ᐱᖅᑯᓯᓛᑦ ᑭᓇᐅᓯᕆᓪᒪᖕᖏᒥ ᒪᓕᑦᑐᒍ ᑕᐅᑦᑐᓛᑦ ᐊᖓᓇᐅᔭᑦ ᐊᙳᑕᐅᔭᓪᓗᓐᓃᑦ ᐅᑯᐅᓪᓗᓐᓃᑦ ᐊᙳᑕᐅᓯᕆᔪᑦ ᐊᖓᓇᐅᓯᕆᔪᓪᓗᓐᓃᑦ. ᐱᖅᑯᓯᖏᑎᒍᑦ ᑕᐅᑦᑐᖏᑎᒍᓪᓗ ᓯᕐᓗ ᐊᓐᓄᕌᓯᒪᒍᓯᖏᑦ, ᓄᔭᖏᑎᒍᑦ, ᐱᐅᓴᖅᓯᒪᓂᖏᑎᒍᑦ, ᑎᒥᖓᑕ ᐊᐅᓚᓂᖓᑎᒍᑦ, ᐊᐅᓚᔾᔨᓯᖏᑦ ᐱᖅᑯᓯᕐᒥᒍᑦ, ᐱᓱᒍᓯᖏᑎᒍᑦ ᓂᐱᖏᑎᒍᓪᓗ. ᑭᓇᐃᑐᐃᓐᓇᖅ ᐊᑎᖅᑖᕈᒪᓯᒪᔪᖅ ᐊᑎᕆᔭᒪᔭᒥᓂᖅ ᑕᐃᔭᐅᔾᔨᓯᖕᖓᔫᓐᓃᑦ ᓇᓗᓇᐃᖏᔾᔭᐅᕙᓪᓕᑐᑦ ᑕᑯᓐᓇᖅᑕᐅᔪᒪᓂᖓᓂᑦ ᐊᓯᒥᓄᑦ. ᑭᓇᐅᓇᓐᓇᖅ ᐊᖓᓇᐅᔭᑦ ᐊᙳᑕᐅᔭᓪᓗᓐᓃᑦ ᐱᐅᓯᖏᑦ ᐊᓯᔾᔨᕈᓐᓇᖅᑯᕙᑦ ᖃᖓᑐᐃᓐᓇᖅ.
ᐊᙳᑕᐅᓕᖅᐸᑦᑐᓂ ᐊᖓᓇᐅᓕᖅᐸᑦᑐᓂ	ᐃᓄᒃ ᑭᓇᐅᓇᓐᓇᖅ ᓇᓪᓚᐅᓄᑐᐃᓐᓈᖓᔪᓐᓇᕐᑐᖅ ᐊᖓᓇᐅᔭᑦ ᐊᙳᑕᐅᔭᓪᓗ ᐊᑕᐅᓯᐅᔪᒪᓐᖏᑦᑐᑦ. ᓇᓕᐊᓐᓄᑐᐃᓈᖓᔪᓐᓇᕐᑐᑦ ᐊᕐᓇᐅᔭᑦ ᐊᙳᑕᐅᔭᓪᓗ ᐅᑯᐅᓪᓗᓐᓃᑦ ᐊᑕᐅᓯᕐᒃᑯᐊᓗᒃ ᐊᖓᓇᐅᔮᕆᓇᕐᑐᑦ ᐊᙳᑕᐅᔮᕐᓗᓂᓗ.
ᐊᙳᑕᐅᓂᖃᕐᑐᑦ ᐊᖓᓇᐅᓂᖃᕐᑐᕐᔫᓐᓃᑦ	ᑭᓇᐅᓇᓐᓇᖅ ᐃᓗᓯᕐᒥᒍᑦ ᐃᑎᔪᐊᓗᖕᒥᑦ ᐃᐸᓐᓂᐊᔪᖅ ᐊᙳᑕᐅᕙᒥ, ᐊᕐᓇᐅᕙᒥᒃ, ᑕᒪᒃᑮᖑᕙᒥ, ᑕᒪᒃᑮᖑᓐᖏᑦᓇᒥ, ᐅᑯᐅᓪᓗᓐᓃᑦ ᑭᓲᕙᓗᐊᕐᒪᖕᖏᒥ ᐊᕐᓇᐅᐸᑦ ᐊᙳᑕᐅᐸᑦᑕᓪᓗᓐᓃᑦ. ᐊᙳᑕᐅᓂᖃᕐᑐᑦ ᐊᖓᓇᐅᓂᖃᕐᑐᕐᔫᓐᓃᑦ ᐃᒻᒪᖅ ᒪᓕᑐᐃᓐᓇᖃᑦᑕᖅ ᐋᓪᓗᓐᓃᑦ ᐃᖕᓂᐊᒍᑉᒥ ᑭᓇᐅᓂᖃᓚᐅᖅᑕᒥᓂᖅ.
ᐊᙳᑦ ᐊᕐᓇᕐᔫᓐᓃᑦ ᐊᔾᔨᐅᖏᓐᓂᖃᕐᑐᑦ	ᐅᖃᐅᓯᐅᕙᔪᑦᑐᖅ ᐃᓄᓐᓄᑦ ᐊᕐᓇᐅᔭᓄᑦ ᐊᙳᑕᐅᔭᓄᑦᑐ ᑎᒥᖓ ᐊᙳᑕᐅᕙᑦᑐᐊᕐᑉ ᐊᕐᓇᐅᕙᑦᑐᐊᕐᑉᑦᑐᓐᓃᑦ.
ᐊᐃᑉᐸᓈᑦ ᓂᖓᖅᑲᑦᑕᐅᑎᑫᑦᑐᑦ	ᖃᐅᔨᒪᔭᐅᒥᔪᖅ ᑲᑎᑎᑕᐅᓯᒪᔪᑦ ᓂᖓᖅᑲᑦᑕᐅᑎᑫᑦᑐᑦ ᐅᑯᐅᓪᓗᓐᓃᑦ ᐊᐃᑉᐸᒥᓄᑦ ᐋᓐᓂᖅᑎᖅᑕᐅᑫᑦᑐᑦ. ᑐᑭᓕᒃ ᐊᐃᑉᐸᖓ ᖃᓄᐃᓐᓇᖅ ᐋᓐᓂᖅᑎᖕᓯᔾᔨᖅᑎᓪᓗᒍ ᓂᖓᖅᓂᒃᑯᑦ ᓴᓐᖏᓂᖅᓴᐅᔪᓇᒧᑦ ᐊᒻᒪ ᐊᐅᓚᑦᑎᒍᒪᒧᑦ ᐊᐃᑉᐸᖓᑕ ᐃᓅᓯᖓᓂᑦ ᐃᓯᒪᒃᓯᕐᓃᑎᑐᓂᐅᓪᓗ.

ᖃᐃᕋᔮᐊᑦᑐᖅ	ᐊᖕᓇᖅ ᐃᑎᒍᓯᓲᖅ ᐊᖕᓇᐅᖅᑲᑎᒥᓂᖕ.
LGBTQ2+	ᑖᓐᓇ ᐊᑐᖅᑕᐅᕙᓕᕐᒥᔪᖅ ᐊᔾᔨᒋᖕᖏᑦᑐᓂᑦ ᐃᓕᖅᑯᓯᖃᕐᓂᕋᕐᑐᓄᑦ ᐊᖕᓇᖅ ᐊᖑᑦᑑᓐᓃᑦ ᕿᓇᐅᓂᕋᐳᓯᖕᖓ: ᖃᐃᕋᔮᐊᑦᑐᑦ, ᒪᓂᓗᑭᔅᑦ, ᑕᒻᑮᔮᑦ ᓄᓕᐊᕐᓂᖕᒍᑦ, ᐊᖕᓇᐅᓯᓇᓕᕐᐸᑦᑐᖅ ᐊᖑᑕᐅᓯᓇᓕᕐᐸᑦᑐᑦᑐ, ᐊᕐᓇᐅᖅᑲᑎᒥᓂᖕ ᐊᖑᑕᐅᖅᑲᑎᒥᓂᑦᑑᓐᓃᑦ ᐃᒃᑎᒎᓰᑦ, ᒪᕐᐴᓐᓂᖕ ᑕᕐᓂᓖᑦ ᐊᓯᖕᒋᑦᑐ. ᐃᓚᓕᐅᔾᔭᐅᓯᒪᙱᓐᓂᖕᖓ ᐃᒪᐃᓕᖕᖓᔪᖅ "+" ᑐᑭᓕᒃ ᑕᒪᐃᓐᓂᓕᒫᖅ ᐅᖃᐅᓯᓕᒃ, ᓇᑦᓕᐊᓂᑐᐃᓐᓇᖅ ᓄᓕᐊᓲᑦ, ᐊᒻᒪ ᐃᒃᑎᒎᓰᑦ.
ᐃᓅᓯᕐᒥ ᐱᓕᒻᒪᒃᓴᕆᐊᓖᑦ	ᐱᓕᒻᒪᒃᓴᕆᐊᓖᑦ ᐅᑯᐊᑑᓐᓃᑦ ᐊᔪᕈᕐᓃᖅᓴᒃᓯᒪᔪᒥᓇᕐᑐᑦ ᖃᐅᑖᒻᒪᑦ ᐃᓅᕐᑲᑎᒌᓄᑦ ᐃᓕᕆᔭᐅᑦᑎᐊᕈᒪᓗᓂ. ᑕᒪᑯᐊ ᐱᖕᒐᓱᓕᖕᒐᔪᑦ ᐃᓅᓯᕐᒥ ᐱᓕᒻᒪᒃᓴᕆᐊᓖᑦ: ᐃᓱᒪᒃᓴᖅᓯᐅᕈᓐᓇᕐᓂᖅ, ᐃᓅᕐᑲᑎᒥᓄᑦ ᐃᓚᓕᐅᑎᓯᒪᔪᓐᓇᕐᓂᖅ, ᐊᒻᒪ ᐃᑉᐱᓐᓂᐊᓂᖕᒍᑦ ᐱᓕᒻᒪᒃᓴᕆᐊᓖᑦ ᐃᓕᓭᕐᔪᓐᓇᕐᓯᒍᑏᑦ.
ᐃᓱᒪᕐᓯᐊᓇᓐᓂᖅ	ᑐᑭᓕᒃ ᐃᓱᒪᒃᓴᑦ ᖃᓄᐃᙱᕐᓯᐊᕐᓗᓂ. ᐃᓱᒪᕐᓯᐊᓇᓐᓂᖅ ᓴᐃᒪᑦᓗᓂ ᓇᓗᖅᑯᑎᙱᕐᑐᖅ, ᐃᓅᕐᑲᑎᒥᓄᑦ ᐃᓚᓕᐅᑎᕐᓯᐊᕈᓐᓇᕐᓂᖅ ᐊᒻᒪ ᐃᓅᓯᕐᒥᓂ ᐊᕐᓯᕈᕐᓇᕐᑐᓂᑦ ᐊᐳᕈᑕᐅᙵᑐᓂᑦ ᐊᓂᒍᐃᔪᓐᓇᕐᑐᖅ.
ᐃᓄᖕ	ᑐᑭᖓ ᐃᓅᑉ ᑕᒪᐃᓐᓂᓖᕐᓯᐊᖅ ᐱᖃᓯᐅᔾᔭᐅᓯᒪᔪᖅ ᐊᓯᖕᒋᓐᓂᑦ ᐊᖕᓇᐅᑉ/ᐊᖑᑎᐅᑉ ᐊᒻᒪ ᐊᖕᓇᐅᑉ/ᐊᖑᑎᐅᑉ.
ᓇᓕᐊᓐᓂᑐᐃᓐᓇᖅ ᐃᒃᑎᒎᓰᑦ	ᓇᓕᐊᓐᓂᑐᐃᓐᓇᖅ ᐃᒃᑎᒎᓰᑦ ᐊᖕᓇᓂᑦ ᐊᖑᑎᓂᑦᑐ, ᐃᓄᖕᒥᑦ, ᐅᑯᐊᑑᓐᓃᑦ ᐊᖑᑕᐅᓂᕋᕐᑐᑦ ᐊᖕᓇᐅᓂᕋᕐᑐᕐᑑᓐᓃᑦ.
ᐃᓅᕐᑲᑎᒥᖕ ᐃᓚᕐᑲᕐᓯᐊᕈᓰᑦ	ᐃᓚᕐᑲᕐᓯᐊᕈᓐᓇᕐᓂᖅ ᐃᓚᕐᑲᐃᓐᓇᕐᓗᑎᑦᑐ ᐊᒻᒪ ᐊᔾᔨᒋᖕᖏᑦᑐᓂᑦ ᐃᓅᕐᑲᑎᒋᓂᑦ ᑲᑎᙵᔪᓂᑐᐃᓐᓃᑦ ᐃᓚᒋᔭᐅᑎᐊᕈᓐᓇᕐᓂᖅ.
ᑲᑉᐱᐊᓇᙱᑦᑐᒥ ᐃᓂᕐᑲᕐᓯᐊᕐᓂᖅ	ᑲᑉᐱᐊᓇᙱᑦᑐᒥ ᐃᓂᕐᑲᕐᓯᐊᕐᓂᖅ ᑐᑭᓕᒃ ᐊᓯᒍᑦ ᐃᖅᑲᖅᑐᖅᑕᐅᕚᙱᑦᑐᓂ ᐃᓱᒪᖅᓱᕐᓗᓂ ᓂᑦᑕᐊᓭᓇᕐᓯᐊᕐᑐᖅ ᐃᓱᒪᕆᔭᒥᖕ ᐃᒻᒥᓂᕐᓱᕐᓗᑎᑦᑐ.
ᓇᓗᖅᑯᑎᙱᕐᓂᖅ	ᓇᓗᖅᑯᑎᙱᑦᑐᓂ ᐃᒻᒥᖕ ᐊᑑᑎᖅᑐᕆᔫᖕᖓᑦᑕ ᑕᑯᓇᕐᑕᑎᒍᑦᑐ ᐃᓂᑦᑖᓯᒪᓯᒪᕐᓯᐊᕐᑐᓂ. ᑐᙵᕕᒃᑐᑕ ᐃᓱᒪᕆᔭᕐᑎᓂᑦ ᐅᑉᐱᓇᔭᕐᑎᓂᑦᑐ ᐃᒻᒥᖕ ᓇᓗᖅᑯᑎᓯᖕᖏᑦᑐᒍᑦ.
ᓄᓕᐊᕐᓂᖕᒍᑦ ᐃᒃᑎᒍᓯᒍᓯᖕᖓ	ᓄᓕᐊᕐᓂᖕᒍᑦ ᐃᒃᑎᒍᓯᒍᓯᖕᖓ ᐊᔾᔨᙱᖕᒥᔭᖕᖓ ᐊᖑᑕᐅᓂᕋᕐᑐᑦ ᐊᖕᓇᐅᓂᕋᕐᑐᕐᑑᓐᓃᑦ. ᓄᓕᐊᕐᓂᖕᒍᑦ ᐃᒃᑎᒍᓯᒍᓯᖕᖓ ᑐᑭᓕᒃ ᐃᓅᑉ ᐃᑉᐱᕆᔭᒥᒍᑦ ᐃᓱᒪᒍᓯᖕᖓ ᐅᑯᐊᑑᓐᓃᑦ ᓂᓕᐊᕐᓂᒃᑯᑦ ᐊᓯᒥᓂᖕ ᐃᒃᑎᒍᓯᒍᓯᖕᖓ.
ᐊᑦᑎᒃᓯᐃᓃᑦ ᑲᒪᓂᒃᑯᑦ	ᐊᑦᑎᒃᓯᐃᓃᑦ ᑲᒪᓂᒃᑯᑦ ᐅᑯᐊᑑᓐᓃᑦ ᐊᑦᑎᒃᓯᐃᓃᑦ ᐊᔾᔨᐅᖅᑎᑦᑎᑎᒍᑦ ᕿᓇᑐᐃᓐᓇᖅ ᑲᒪᕆᔭᐅᒍᑦ ᐱᐅᓐᖏᑦᑐᒥᖕ ᑕᑯᓇᕐᑕᐅᓕᖓᔫᖕᒪᑕ ᐃᓅᕐᑲᑎᖕᖏᓐᓄᑦ ᐃᓖᔭᓇᔭᐅᑦᑐᑎᑦ ᐊᒧᑦ ᑕᑯᓇᕐᑕᐅᑦᑐᓂ.
ᐱᐅᓯᑐᖅᑲᕐᑎᑑᕐᑐᑦ (ᐊᖑᑎᑎᑐᑦ ᐊᕐᓇᑎᑐᑦᑐ)	ᐃᓄᒃ ᐊᕐᓇᖅ ᐊᖑᑦᑑᓐᓃᑦ ᐃᒃᑎᒍᓯᓲᑦ ᐊᖕᓇᒥᑦ ᐊᖑᒻᒥᑦᑑᓐᓃᑦ ᐱᐅᓯᑐᖅᑲᕐᑎᑐᑦ.
ᐊᑦᓯᕈᕐᓇᑐᒃᑰᕐᑐᓂ ᐊᐅᓚᑦᑎᑎᐊᕈᓐᓇᕐᓂᖅ	ᐱᓕᒻᒪᒃᓴᐅᑏᑦ ᐊᑦᓯᕈᕐᑐᓂ ᐃᓱᒪᖁᕐᑐᓂᑦᑑᓐᓃᑦ ᒪᑭᑕᓯᐊᕈᓐᓇᕐᓂᖕᒥᑦ ᐊᒻᒪ ᖃᓄᓕᒫᖅ ᖃᓄᐃᙱᑦᓯᐊᕈᓯᔪᓂᑦ.
ᐊᕐᓇᕈᕐᑎᑕᐅᓯᒪᔪᖅ ᐊᖑᑎᕈᕐᑕᐅᓯᒪᔪᕐᑑᓐᓃᑦ	ᑕᒪᐃᓐᓂᑦ ᐱᖃᓯᐅᔾᔭᐅᓯᒪᔪᖅ ᐃᓄᒃ ᐊᖑᑕᐅᓂᕋᕐᑐᑦ ᐊᖕᓇᐅᓂᕋᕐᑐᕐᑑᓐᓃᑦ ᐅᑯᐊᑑᓐᓃᑦ ᕿᓇᐅᓂᕋᕐᓂᖕᖓ ᐊᓯᔾᔨᓯᒪᔪᖅ ᐊᖑᑎᕈᕐᑎᑕᐅᓗᓂ ᐊᕐᓇᕈᕐᑎᑕᐅᓗᓂᑐᐃᓐᓃᑦ ᐃᓅᓚᐅᕋᒥ ᐊᓯᐊᓄᑦ.
ᐊᖕᓇᐅᓯᓇᓕᕐᐸᑦᑐᖅ ᐊᖑᑕᐅᓯᓇᓕᕐᐸᑦᑐᑦᑐ	ᐃᓄᒃ ᐊᖑᑕᐅᓂᕋᕐᑐᑦ ᐊᖕᓇᐅᓂᕋᕐᑐᕐᑑᓐᓃᑦ ᐃᓅᓚᐅᕋᒥ ᐊᓯᐊᓂᑦ ᑕᐃᓭᐅᔭᒪᕙᑦᑐᑦ.
ᖃᓄᐃᙱᑦᓯᐊᕐᓂᖅ	ᖃᓄᐃᙱᕐᓯᐊᕐᓂᖅ ᐅᖅᑲᐃᒪᑦᑎᒍ ᑕᒪᐃᓐᓂᓯᐊᖅ ᐱᖃᓯᐅᔾᔭᐅᓯᒪᔪᖅ. ᖃᐅᑖᒥᓯᐊᖅ ᐃᓅᓯᑦᑎᓐᓂ ᐊᑐᖅᑕᕗᑦ ᖃᓄᕐᓗ ᐃᑉᐱᓐᓂᐊᓕᖕᖠᑦᑕ ᑎᒥᑦᑎᓐᓂ ᐋᓐᓂᐊᕐᑯᓇᑕ ᐊᒻᒪ ᖃᓄᖅ ᐃᓅᕐᑎᒃᓯᐊᕈᓯᑦᑎᓐᓂᑦ ᐅᑯᐊᑑᓐᓃᑦ ᓵᙵᓯᔭᔪᓯᓇᕚᑕᕗᑦ ᕿᓱᑐᐃᓐᓇᕐᓂᑦ.

5. ᓂᕈᐊᕐᑕᐅᓯᒪᔪᑦ ᐃᓄᓐᓅᖕᒐᔪᑦ ᐃᑲᔫᑎᖏᑦ

ᑎᑎᖅᑲᑦᑕᖏᑦ ᐅᓂᒃᑳᑦ ᓄᐊᑕᐅᓚᐅᕐᑐᑦ ᖃᓇᓴᐅᔭᒃᑯᑦ ᕿᓂᕈᑎᒃᑯᑦ ᕿᓂᕐᐸᑦᑐᒋᑦ ᐊᒻᒪ ᐃᖕᓃᓐᓈᕈᑎᒃᑯᑦ ᑐᑦᓯᕋᑲᑕᑦᑐᑕ ᑎᑎᖅᑲᓂᑦ ᑐᑭᓯᒋᐊᕐᕕᖏᑦ ᖃᐅᔨᒪᔨᑕᑦ ᑲᑎᒪᔨᕋᙵᖏᓐᓂᑦ, ᐸᐅᒃᑑᑎᑦ ᐱᓕᒻᒪᒃᓴᕐᓂᖕᒧᑦ ᐊᔪᕆᑦᑐᒥᓇᕐᑐᑦ ᐃᑲᔫᑎᑦ ᐊᓯᖏᓪᓗ ᖃᐅᔨᕆᐊᕐᕕᒋᕙᔪᑦᑕᕗᑦ ᐃᖅᑲᓇᐃᔮᓖᑦ ᐃᓅᓯᑦᑐᓕᕆᓂᖕᒧᑦ ᐱᔨᑦᓯᕐᑕᐅᓂᖏᓐᓄᓪᓗ, ᓂᖕᒐᖅᑕᐃᓕᓂᖅ, ᐃᓱᒪᕐᓯᐅᕆᓐᓂᖅ, ᐊᒻᒪ ᐊᖏᕐᔪᖅᑳᕆᔭᐅᔪᑦ ᐃᓕᓐᓂᐊᕈᑎᖏᑦ. ᑖᒃᑯᐊ ᑎᑎᕋᕐᓯᒪᔪᑦ ᐆᒪᐃᓐᓇᕐᓂᐊᕐᑐᑦ ᐊᒻᒪ ᐊᓯᒃᑲᓐᓂᖏᓂᑦ ᐃᓕᓐᓂᐊᕈᑎᔅᓴᓂᑦ ᐃᓚᔭᐅᕙᓪᓗᑎᑦ ᐊᔪᖅᑭᖅᑐᖅ ᐱᓕᒻᒪᔅᓴᐅᑕᐅᓂᖏᓐᓂ.

ᐃᓘᓐᓇᓯᐊᑎᑦ ᑎᑎᕋᕐᓯᒪᔪᑦ ᐱᓕᒻᒪᔅᓴᐅᑎᔅᓴᑦ ᐃᓄᑎᑑᖕᒐᒻᒪᑕ ᐊᑐᐃᓐᓇᐅᓪᓗᑎᓪᓗ ᐃᓄᒃᑎᑐᑦ ᖃᓪᓗᓈᑎᑐᓪᓗ.

ᖃᐅᔨᕕᒋᓯᒪᔭᕗᑦ

ᐊᖅᑭᑦᑕᐅᕕᒃ ᒪᒥᓴᕕᖕᒐ, ᖁᐊᖅᑕᖅ, ᓄᓇᕕᒃ

ᑲᓇᑕᒥ ᐋᖕᒐᔾᔭᓇᕐᑐᓄᑦ ᐊᔪᓕᕐᓯᒪᔪᓂᑦ ᒪᒥᓴᕕᒃ

ᐃᐸᑦᑎᑦᓯᐊᕐᑐᖕᒐ ᐃᒻᒥᓂᖕ – ᓄᓇᕗᒥ ᐋᓂᐊᕐᑐᓕᕆᓂᖅ

ᐃᓅᖅᑲᑎᒌᑦ ᑐᑦᑕᕐᕕᖕᒐᑦ ᐃᓄᐃᑦ ᕿᑐᙱᖕᒋᓐᓄᑦ, ᐃᓅᓯᑦᑐᓄᑦ ᐃᓚᒌᓄᑦᑐ, ᐋᑐᕚ

ᐃᓅᓯᑎᐊᕆᖕᓂᖅ ᐃᑦᑐᒥᐅᖅᑲᑎᒌᑦᑐᓂ – ᓄᓇᕗᒥ ᐃᓱᒪᓯᐊᕆᓐᓂᖅ

ᐃᓅᓯᕐᒥᑦ ᐃᓭᔨᒪᒋᑦ ᑲᑎᒪᔨᖏᑦ, ᓄᓇᕗᑦ

ᒪᒥᓴᕕᒃ

ᑲᓇᑕᒥ ᐃᑲᔪᕐᑎᐅᖅᑲᑎᒌᑦ ᓄᓇᖅᑲᖅᑳᖅᓯᒪᔪᓂᑦ ᐋᓐᓂᐊᕐᑐᓕᕆᓂᖕᒧᑦ

ᐅᑭᐅᖅᑕᖅᑐᒥ ᒨᓯᐊᒃ ᓯᐊᒃᓯᒪᔪᑦ ᐃᑲᔪᕐᑏᑦ, ᓄᓇᓯᐊᕗᑦ

ᓄᓇᕕᒃ ᐋᓂᐊᕐᑐᓕᕆᔩᖏᑦ ᐃᓄᓕᕆᔮᒃᑯᖏᑦᑐ

ᑲᐅᔨᒋᐊᕐᑏᑦ ᐋᓂᐊᕐᑐᓕᕆᓂᖕᒧᑦ ᖃᐅᔨᓭᕕᒃ, ᓄᓇᕗᑦ

ᓯᓚᖅᑲᑎᑦᑎᓐᓄᑦ ᐃᑲᔫᑎᑦ ᓄᓇᕕᒃᒥ

ᑐᐊᕕᕐᓇᕐᑐᖅᑲᕐᑎᓪᓗᒍ ᓂᖕᒐᕐᑕᐅᓯᒪᔪᓂᑦ ᐃᑲᔪᕐᕕᒃ

ᓴᓐᖏᓂᖅ, ᐊᖑᑎᒻᒪᕆᐅᒍᓯᑦ ᐊᒻᒪ ᓂᓚᐊᕐᓂᒃᑯᑦ ᐊᐃᑑᑎᑦᑕᐃᓕᓂᖅ (SMASH), ᓄᓇᐃᓯᐊᕗᑦ, ᔫᑳᓐ, ᓄᓇᕗᑦ

ᐃᓚᒌᑦᓯᐊᕈᓰᑦ ᖃᓄᐃᓐᖏᑦᓯᐊᓂᖕᒧᑦ

ᐊᐃᑉᐸᕇᓯᐊᓂᖕᒧᑦ ᑐᙵᕕᐊᓯᐊᕙᑦ (2020) [ᖃᓇᓴᐅᔭᒃᑯᑦ ᐅᓂᒃᑳᕕᖕᖏᓐᓂ ᑎᑎᖅᑲᑦᑕᖏᓐᓂᖕᒋᕐᑐᑦ ᐊᒻᒪ ᒪᐱᒐᖕᒐᓃᑦᑐᖅ ᖁᓖᑦ ᒪᕿᑦᓗ ᐊᒃᐱᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᓪᓗᓈᑎᑐᑦ ᐃᓄᑎᑐᓪᓗ]. ᐃᓅᓯᕐᒥᑦ ᐃᓭᔨᒪᒋᑦ ᑲᑎᒪᔨᖏᑦ.
https://inuusiq.com/resource/strong-foundation-healthy-partnership

ᐊᐃᑉᐸᕇᑎᐊᕐᓂᖅ ᖃᓄᖅᑑᕈᑏᑦ ᐅᕐᑲᓖᒐᑦ (2022) [ᐃᓅᓯᑦᑐᑦ, ᐃᓚᒌᑦᓯᐊᕈᓰᑦ ᖃᓄᐃᓐᖏᑦᓯᐊᓂᖕᒧᑦ, ᑐᓴᕋᖅᑦ, ᐱᖕᖑᐊᕈᑎᖅᑦ, 32-ᒪᐱᒐᑦ ᐊᒃᐱᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᓪᓗᓈᑎᑐᑦ ᐃᓄᑎᑐᑦ ᐅᐃᕖᑎᑐᓪᓗ]. ᐃᓅᓯᕐᒥᑦ ᐃᓭᔨᒪᒋᑦ ᑲᑎᒪᔨᖏᑦ.
https://inuusiq.com/resource/aippagiittiarniq-discussion-guide/

ᐊᑐᖕᖄᕋᖅᑦ (2012) [ᐅᖃᑦᑕᐃᓕᓐᖏᑦᑐᑦ ᐅᓂᒃᑳᓕᐊᒥᓂᑦ ᐃᓄᐃᑦ ᐃᓅᓯᑦᑐᖏᓐᓄᑦ ᓄᓕᐊᕐᓂᒃᑯᑦ ᖃᓄᐃᑦᑕᐃᓕᒋᐊᖃᕐᓂᖕᒥᑦ, 40-ᒪᐱᒐᑦ ᐊᒃᐱᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᓪᓗᓈᑎᑐᑦ ᐃᓄᑎᑐᓪᓗ]. ᐃᒻᒥᓂᖕ ᐃᐸᑦᑎᑦᑎᐊᕐᑐᖕᒐ, ᓄᓇᕗᑦ ᐋᓂᐊᖃᕐᓇᖏᑦᑐᓕᕆᔨᖏᑦ.
https://www.irespectmyself.ca/sites/default/files/documents/choices_comicbook_eng_lowres.pdf

ᐊᖏᖅᓯᒪᓂᖅ [ᑕᑦᑕᒪᑦ ᑕᕐᕆᔮᓕᐊᒥᓂᑦ ᓄᓇᖃᖅᑳᖅᓯᒪᔪᑦ ᐃᓅᓯᑦᑐᖏᓐᓄᑦ, ᖃᓪᓗᓈᑎᑐᑦ] ᓴᓐᖏᓂᖅ, ᐊᖑᑎᒻᒪᕆᐅᒍᓯᑦ ᐊᒻᒪ ᓂᓚᐊᕐᓂᒃᑯᑦ ᐊᐃᑑᑎᑦᑕᐃᓕᓂᖅ (SMASH)]. ᑕᕐᕆᔮᑦᓴᖅ:
ᑕᕐᕆᔮᑦᓴᖅ: https://arcticsmash.ca/category/videos/consent/english/
ᐊᔾᔨᖑᐊᖅ ᐊᑭᖃᖏᑦᑐᖅ [ᐃᓄᒃᑎᑐᑦ].
https://arcticsmash.ca/posters/consent-is-smashing-free-downloadable-posters-Inuktut
[ᖃᓪᓗᓈᑎᑐᑦ] https://arcticsmash.ca/posters/consent-is-smashing-free-downloadable-posters-english

ᐊᔾᔨᒌᙱᑦᑐᑦ ᐃᓚᒌᖑᓐᓂᑦ [ᖃᕆᓴᐅᔭᒃᑯᑦ ᐱᑐᙵᕐᒫᓂᑦᑐᖅ ᒪᐱᒐᖅ ᑐᑭᖏᑦ ᐱᖃᓯᐅᑎᓪᓗᒋᑦ, ᖃᓪᓗᓈᑎᑐᑦ ᐃᓄᒃᑎᑐᓪᓗ]. ᐃᒻᒥᓂᖅ ᐃᐱᒋᑦᑎᐊᕐᑐᖅᓴ, ᓄᓇᕗᑦ ᐋᓐᓂᐊᖃᕐᓇᖏᑦᑐᓕᕆᔨᖏᑦ.
https://www.irespectmyself.ca/en/respect-yourself/healthy-relationship/different-types-of-relationships

ᐃᓚᒌᑦᓯᐊᕈᓰᑦ ᖃᓄᐃᓐᖏᑦᓯᐊᓂᖓᑦ (2020) [ᐅᖃᓕᒫᒐᕆᓛᑦ/ᑐᓂᐅᖅᑲᖓᑦ, 12-ᒪᐱᒐᑦ ᐊᔾᔨᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᓪᓗᓈᑎᑐᑦ ᐃᓄᑎᑐᓪᓗ]. ᐃᓅᓯᖅᒥᑦ ᐃᓴᖅᓯᒪᒋᑦ ᑲᑎᒪᔩᖏᑦ.
https://inuusiq.com/wp-content/uploads/2021/10/elc-healthy-relationship-pamphlet-social-media-english-2020.pdf

ᐃᓚᒌᑦᓯᐊᕈᓰᑦ ᖃᓄᐃᓐᖏᑦᓯᐊᓂᖓᑦ [ᖃᕆᓴᐅᔭᒃᑯᑦ ᐱᑐᙵᒻᒥᑦ ᑎᑎᕋᕐᑕᒥᓃᑦ, ᐃᑲᔫᑏᑦ ᐊᒻᒪ ᐅᓂᒃᑳᕐᓂᐊᕐᓗᓂ ᑎᑎᖅᑲᕐᑕᖅᑎᑦ]. ᐃᒻᒥᓂᖅ ᐃᐱᒋᑦᑎᐊᕐᑐᖅᓴ, ᓄᓇᕗᑦ ᐋᓐᓂᐊᖃᕐᓇᖏᑦᑐᓕᕆᔨᖏᑦ.
http://www.irespectmyself.ca

ᐃᓚᒌᑦᓯᐊᕈᓰᑦ ᖃᓄᐃᓐᖏᑦᓯᐊᓂᖓᑦ: ᐃᓕᓐᓂᐊᕐᕕᒻᒥ ᐅᓂᒃᑳᒥᓃᑦ (2018) [ᐊᔾᔨᓕᐅᒪᑦ, ᐆᑦᑐᕋᐅᑏᑦ, 19-ᒪᐱᒐᑦ ᐊᔾᔨᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᓪᓗᓈᑎᑐᑦ ᐃᓄᑎᑐᓪᓗ]. ᐃᒻᒥᓂᖅ ᐃᐱᒋᑦᑎᐊᕐᑐᖅᓴ, ᓄᓇᕗᑦ ᐋᓐᓂᐊᖃᕐᓇᖏᑦᑐᓕᕆᔨᖏᑦ.
https://www.irespectmyself.ca/sites/default/files/documents/healthy_relationships_-_classroom_presentation.pdf

ᐃᓚᒌᑦᓯᐊᕈᓰᑦ ᖃᓄᐃᓐᖏᑦᓯᐊᓂᖓᑦ: ᐆᑦᑐᕋᐅᑎᖕᖑᑦ ᐸᕐᓇᐅᑎᖏᑦ (2017). ᐃᒻᒥᓂᖅ ᐃᐱᒋᑦᑎᐊᕐᑐᖅᓴ, ᓄᓇᕗᑦ ᐋᓐᓂᐊᖃᕐᓇᖏᑦᑐᓕᕆᔨᖏᑦ.
https://www.irespectmyself.ca/sites/default/files/documents/healthy_relationships_-_lesson_plan.pdf

ᐃᓚᒌᑦᓯᐊᕈᓰᑦ ᖃᓄᐃᓐᖏᑦᓯᐊᓂᖓᑦ: ᐃᒻᒥᓂᖅ ᐅᓂᒃᑳᓇᓚᐅᕐᑕ. ᐃᒻᒥᓂᖅ ᐃᐱᒋᑦᑎᐊᕐᑐᖅᓴ, ᓄᓇᕗᑦ ᐋᓐᓂᐊᖃᕐᓇᖏᑦᑐᓕᕆᔨᖏᑦ.
https://www.irespectmyself.ca/sites/default/files/documents/kcard_healthyrelationship_en.pdf

ᔫᐅᓕ ᓄᖕᓴᑲᒃ: ᑕᕐᓇᕗᖕᓴᖅ (2020) [ᑕᕐᓇᕗᖕᓴᖅ ᐅᐸᓇᖅᑲᑦᑕᐅᑎᓂᖓᑦ ᐅᖃᖅᑲᑎᒋᑦᑎᐊᓂᖓᓪᓗ]. ᐸᐅᒃᑑᑎᑦ ᐃᓄᐃᑦ ᐊᕐᓇᐃᑦ ᑲᓇᑕᒥ.
https://pauktuutit.ca/abuse-prevention-justice/gender-based-violence/pilimmaksarniq/jerry-nochasak

ᓅᐃᐅᑦ ᖃᓘᔾᔪᖅ: ᑕᕐᓇᕗᖕᓴᖅ (2020) [ᑕᕐᓇᕗᖕᓴᖅ ᐃᓚᒌᑦᓯᐊᕈᓰᑦ ᖃᓄᐃᓐᖏᑦᓯᐊᓂᖓᑦ ᐊᒻᒪ ᐊᖑᑎᓄᑦ ᐊᑲᐅᓱᓴᕈᓰᑦ ᒪᒥᓴᕐᓂᒃᑯᑦ]. ᐸᐅᒃᑑᑎᑦ ᐃᓄᐃᑦ ᐊᕐᓇᐃᑦ ᑲᓇᑕᒥ.
https://www.youtube.com/watch?v=KqcB9lrljv0

ᐃᓚᒌᑦ [ᐊᔾᔨᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᓪᓗᓈᑎᑐᑦ ᐃᓄᑎᑐᓪᓗ]. ᐃᓅᓯᑦᑎᐊᕙᖕᓂᖅ ᐃᓪᓗᒥᐅᖃᑎᒌᓪᓗᓂ, ᐃᓱᒪᓯᐊᕙᓐᓂᖅ, ᓄᓇᕗᑦ ᐋᓐᓂᐊᖃᕐᓇᖏᑦᑐᓕᕆᔨᖏᑦ.
https://livehealthy.gov.nu.ca/en/mental-wellness/other-mental-health-related-topics/relationships

ᓄᓕᐊᕐᓂᖓᑦ ᖃᓄᐃᓐᖏᑦᓯᐊᕈᓰᑦ [ᐊᔾᔨᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ ᑐᑭᓕᐅᕐᓯᒪᓪᓗᑎᒋᑦ, ᖃᓪᓗᓈᑎᑐᑦ ᐃᓄᑎᑐᓪᓗ]. ᐃᒻᒥᓂᖅ ᐃᐱᒋᑦᑎᐊᕐᑐᖅᓴ, ᓄᓇᕗᑦ ᐋᓐᓂᐊᖃᕐᓇᖏᑦᑐᓕᕆᔨᖏᑦ.
https://www.irespectmyself.ca/en/respect-yourself/healthy-sexuality/sexuality-is

ᐊᕐᓇᐃᑦ ᐊᖑᑏᑦ ᐱᖅᑯᓯᕆᓚᐅᑦᑕᖏᑦ / ᑭᓯᓕᕆᔨᐅᓂᖏᑦ – ᐃᓕᓴᕐᓇᕈᑎᖏᑦ

ᐊᖑᑕᐅᓂᕋᕈᓰᑦ ᐊᕐᓇᐅᓂᕋᕈᓰᑦᑐ ᐱᖅᑯᓯᖏᑦᑐ [ᐊᔾᔨᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᐊᔾᔨᖑᐊᑦ, ᐊᕐᓇᐃᑦ ᐊᖑᑏᑦᑐ ᑭᓯᓕᕆᔨᐅᓂᖏᑦ, LGBTTQA, ᖃᑦᑐᓈᑎᑐᑦ ᐃᓄᑦᑎᑐᑦᑐ] ᐃᒻᒥᓂᒃ ᐃᑉᐱᕆᑦᑎᐊᕐᑐᖕᒐ, ᓄᓇᕗᑦ ᐋᓐᓂᐊᖃᕐᓇᖏᑦᑐᓕᕆᔨᖏᑦ.
https://www.irespectmyself.ca/en/respect-yourself/healthy-sexuality/gender-identity

ᖃᓄᖅ ᐊᖑᑏᑦ ᐱᖅᑯᓯᑐᖃᖏᑦ ᐊᓯᔾᔨᕐᓯᒪᓕᕐᒪᖔᑕ ᓄᓇᕗᒥ [ᐊᔾᔨᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᑦᑐᓈᑎᑐᑦ ᐃᓄᑦᑎᑐᑦᑐ]. ᐃᓅᓯᖕᒥᑦ ᐃᓴᒃᓯᒪᕆᑦ ᑲᑎᒪᔨᖏᑦ.
https://inuusiq.com/resource/role-of-men-changed-nunavut

ᑭᓇᐅᒻᒪᖔᕐᒥ ᐃᓕᓐᓂᐊᕐᓯᓐᓈᑦ ᑲᑎᒪᓂᖅ [13 ᐃᓕᓐᓂᐊᕐᓯᓐᓈᑦ ᑲᑎᒪᕐᑲᑦᑕᕐᑐᑎᑦ ᐊᒻᒪ ᑎᒥᒥᒎᑦ ᑭᓇᐅᓯᕆᒻᒪᖔᕐᒥ, ᖃᑦᑐᓈᑎᑐᑦ]. ᐅᑭᐅᖅᑕᖅᑐᒥ ᒨᓯᐊᒃ ᓯᐊᒃᓯᒪᔪᑦ ᐃᑲᔪᕐᑏᑦ.
https://www.northernmosaic.net/identity-workshops

ᑲᑎᓐᖓᒃ - ᑲᓇᑕᒥ ᐅᖃᖅᑎᖃᕐᓂᖅ ᐊᖑᑎᓂᑦ ᐊᕐᓇᓂᑦᑐ ᐃᓚᐃᓐᓈᑦᑕᐃᓕᓃᑦ ᐃᓅᓯᑐᓂᑦ ᑲᓇᑕᒥᐅᓂᑦ [ᐊᔾᔨᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ & ᑕᕐᕆᔾᔪᓯᖅ, ᖃᑦᑐᓈᑎᑐᑦ]. ᐸᐅᒃᑑᑎᑦ ᐃᓄᐃᑦ ᐊᕐᓇᐃᑦ ᑲᓇᑕᒥ.
https://pauktuutit.ca/katinngak/

ᐊᖑᑕᐅᓯᕆᒻᒪᖔᕐᒥ ᐊᕐᓇᐅᓯᕆᒻᒪᖔᕐᒥᑐ ᓇᑐᓇᐃᕐᓯᒪᓂᖅ [ᐊᔾᔨᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᑦᑐᓈᑎᑐᑦ ᐃᓄᑦᑎᑐᑦᑐ]. ᐃᒻᒥᓂᒃ ᐃᑉᐱᕆᑦᑎᐊᕐᑐᖕᒐ, ᓄᓇᕗᑦ ᐋᓐᓂᐊᖃᕐᓇᖏᑦᑐᓕᕆᔨᖏᑦ.
https://www.irespectmyself.ca/en/respect-yourself/healthy-sexuality/sexual-orientation

ᒥᐊᓕᐅᑉ ᐅᓂᒃᑳᖓ [ᓴᖅᑭᕈᑎᓂᑦ ᓇᓪᓕᐊᓂᑐᐃᓐᓇᕐᓯᐊᕐᑐ ᐃᓅᖅᑲᑎᒥᓂᖕ ᐃᑎᒍᓯᓲᑦ [ᐊᔾᔨᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᑦᑐᓈᑎᑐᑦ, ᐃᓄᒃᑎᑐᑦ ᐅᐃᕖᑎᑐᑦᑐ]. ᓄᓇᕗᑦ ᐋᓐᓂᐊᖃᕐᓇᖏᑦᑐᓕᕆᔨᖏᑦ.
https://gov.nu.ca/health/information/marys-story

ᑕᕝᕙ: ᑲᓇᑕᒥ ᖃᓄᖅᑑᕈᑏᑦ ᓄᓕᐊᕐᓂᖕᒧᑦ ᖃᓄᐃᓐᖏᑦᓯᐊᕈᓯᓂᑦ (2017) [6 ᐅᐸᑐᖕᒐᐃᑦᑕᐅᓯᒪᔪᑦ ᓯᕗᓪᓕᐅᑎᒋᐊᓖᑦ, ᐆᑐᕋᕈᑏᑦᑐ, 31-ᒪᑉᐱᒐᑦ ᐊᔾᔨᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᑦᑐᓈᑎᑐᑦ ᐃᓄᑦᑎᑐᑦᑐ. ᐸᐅᒃᑑᑎᑦ ᐃᓄᐃᑦ ᐊᕐᓇᐃᑦ ᑲᓇᑕᒥ.
https://pauktuutit.ca/wp-content/uploads/Tavva_SexualHealth_English.pdf

ᐃᓱᒪᕐᓯᐊᕆᓐᓂᖅ / ᐃᓅᓯᓕᕆᔨᓄᑦ ᐊᑲᐅᓯᓴᑦᑕᐅᓂᖅ / ᒪᒥᓴᕐᓂᖅ

ᐊᓕᐊᓇᐃᑦ ᐃᓄᐃᑦ ᐃᓱᒪᕐᓯᐊᕆᓐᓂᖅ ᑲᔪᓯᑎᑕᐅᓂᖏᓐᓄᑦ ᐸᕐᓇᐅᑏᑦ [32-ᒪᑉᐱᒐᑦ ᐊᔾᔨᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᑦᑐᓈᑎᑐᑦ]. ᐃᓄᐃᑦ ᑕᐱᕇᑦ ᑲᓇᑕᒥ (2007).
https://www.itk.ca/alianait-inuit-mental-wellness-plan

ᐃᓕᕋᓇᖅᓅᕐᓂᖅ [ᐊᔾᔨᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᑦᑐᓈᑎᑐᑦ ᐃᓄᑦᑎᑐᑦᑐ]. ᐃᓅᓯᑦᑎᐊᕆᓐᓂᖅ ᐃᑦᑐᒥᐅᖃᑎᒌᑦᑐᓂ, ᐃᓱᒪᕐᓯᐊᕆᓐᓂᖅ, ᓄᓇᕗᑦ ᐋᓐᓂᐊᖃᕐᓇᖏᑦᑐᓕᕆᔨᖏᑦ.
https://livehealthy.gov.nu.ca/en/mental-wellness/other-mental-health-related-topics/bullying

ᓴᐃᒻᒪᖅᓴᐃᓂᖅ [ᐊᔾᔨᖑᐊᖅ ᐊᑭᓐᓇᕐᒥᐅᖅ, 1-ᒪᑉᐱᒐᖅ ᐊᔾᔨᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᑦᑐᓈᑎᑐᑦ ᐃᓄᑦᑎᑐᑦᑐ]. ᖃᐅᔨᒋᐊᕐᑏᑦ ᐋᓐᓂᐊᕐᑐᓕᕆᓂᖕᒧᑦ ᖃᐅᔨᓴᕐᕕᒃ.
https://www.qhrc.ca/wp-content/uploads/2022/02/QHRC-De-Escalation-Poster.pdf

ᐃᓱᓖᓗᒧᑦ ᑲᑕᑦᓯᒪᓂᖅ [ᐊᔾᔨᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᑦᑐᓈᑎᑐᑦ ᐃᓄᑦᑎᑐᑦᑐ]. ᐃᓅᓯᑦᑎᐊᕆᓐᓂᖅ ᐃᑦᑐᒥᐅᖃᑎᒌᑦᑐᓂ, ᐃᓱᒪᕐᓯᐊᕆᓐᓂᖅ, ᓄᓇᕗᑦ ᐋᓐᓂᐊᖃᕐᓇᖏᑦᑐᓕᕆᔨᖏᑦ.
https://livehealthy.gov.nu.ca/en/mental-wellness/mental-health-problems/depression

ᖃᓄᐃᓐᓇᖅ ᐃᑲᔪᕐᓯᓲᑏᑦ ᐃᑲᔪᕐᑐᖅᑕᐅᓂᖏᓪᓗ ᐊᑦᓯᕈᕐᑐᑦ [ᓄᓇᕗᑦᒥᒥ ᑐᖅᑲᑕᕐᕖᑦ ᑎᑎᕋᕐᑕᐅᓯᒪᔪᑦ ᐃᓱᒫᔅᑐᓄᑦ ᐊᑲᐅᓯᕋᐃᔾᔨᑦ ᐃᓅᓯᓕᕆᔾᔪᖏᑦ, 3-ᒪᑉᐱᒍᑦ ᐋᕐᕿᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᓪᓗᓈᑎᑐᑦ ᐃᓄᑦᑎᑐᓪᓗ]. ᓄᓇᕗᑦ's Departmeᓄᓇᕐᓯᐊᕗᑦ of Health (2022).
https://gov.nu.ca/sites/default/files/information_sheet_-_getting_help_en_final_1.pdf

ᐃᑲᔫᑕᐅᔪᓐᓇᕐᑐᑦ ᐃᓚᒌᓄᑦ ᐃᓅᓯᕐᖕᒥᑦ ᑭᐱᔪᕐᑲᓚᐅᕐᑎᓪᓗᒍ [ᐅᕐᑲᓖᒐᕋᓛᑦ, 70-ᒪᑉᐱᒍᑦ ᐋᕐᕿᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᓪᓗᓈᑎᑐᑦ ᐃᓄᑦᑎᑐᓪᓗ]. ᐃᓅᓯᕐᖕᒥᑦ ᐃᓵᓯᒪᓕᑦ ᑲᑎᒪᔨᖕᒋᑦ.
https://inuusiq.com/resource/helpful-information-families-after-suicide

ᐱᖅᑲᓇᕆᔭᒥᖕ ᐃᑲᔪᕐᓂᖅ (ᐃᓅᓯᕐᖕᒥᓂᖕ ᑭᐱᔪᒧᒪᔪᓂᑦ) [ᐋᕐᕿᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᓪᓗᓈᑎᑐᑦ ᐃᓄᑦᑎᑐᓪᓗ]. ᐃᓅᓯᕐᖕᒥᑦ ᐃᓵᓯᒪᓕᑦ ᑲᑎᒪᔨᖕᒋᑦ.
https://inuusiq.com/resource/helping-a-friend

ᐃᑲᔪᕐᓂᖅ ᓇᓪᓕᒋᔭᓐᓂᑦ [ᐋᕐᕿᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᓪᓗᓈᑎᑐᑦ ᐃᓄᑦᑎᑐᓪᓗ]. ᐃᒻᒥᓂᖕ ᐃᑉᐱᕆᑦᑎᐊᕐᑐᖕᒐ, ᓄᓇᕗᑦ ᐋᓐᓂᐊᕐᑲᕐᓇᖕᒋᑦᑐᓕᕆᔨᖕᒋᑦ.
https://www.irespectmyself.ca/en/respect-yourself/healthy-mind/helping-someone-you-care-about

ᐃᓄᐃᑦ ᐅᑭᐅᖅᑕᖅᑐᒥᐅᑦ [ᐋᕐᕿᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᕐᓯᑲᐃᓪᓚᐃᑦ ᐅᓂᒃᑳᕐᑐᒥᓃᑦ ᐃᓱᒪᖅᑭᔨᐊᓇᐊᕐᑲᕐᓂᐅᑉ ᒥᑦᓵᓄᑦ ᐊᒻᒪ ᐊᑦᓯᕈᕐᑐᑦ ᖃᓄᖅᑑᕈᓐᓇᐅᑎᖕᒋᑦ ᐱᓕᒻᒪᒃᓴᕐᒃ]. ᓄᓇᕗᑦ ᐋᓐᓂᐊᕐᑲᕐᓇᖕᒋᑦᑐᓕᕆᔨᖕᒋᑦ
https://gov.nu.ca/sante/information/humans-arctic

ᐱᖅᑲᓗᔭ ᐊᑲᐅᓯᓴᕈᔾᔨᑦ ᒪᒥᓴᕐᓂᒃᒧᑦ ᐅᖅᑲᓖᒐᖕᒋᑦ (ᒦᑲ ᐊᕐᓇᒃᑲᖅ) (2010) [ᑐᑭᓯᒋᐊᕐᕖᑦᓴᑦ ᐊᒻᒪ ᐃᑕᓐᓂᐊᕐᓯᓈᑦ ᑲᑎᒪᑎᕐᓯᓂᐊᕐᓗᓂ ᐃᑕᓴᐃᔾᔪᔾᔨᑦ, 110-ᒪᑉᐱᒍᑦ ᐋᕐᕿᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᓪᓗᓈᑎᑐᑦ ᐃᓄᑦᑎᑐᓪᓗ]. ᒪᒥᓴᕐᕕᒃ ᖁᐊᖅᖂᕐᓂᑯᓄᑦ ᐊᔪᓕᕐᓯᒪᔪᓄᓪᓗ ᐋᖕᒐᔾᔭᓇᕐᑐᓂᑦ.
https://arctichealth.org/media/The_Iceberg_Healing_Manual.pdf

ᐊᔪᓇᕐᓯᐅᔾᔨᒍᑏᑦ ᐅᓪᓗᒃᒪᐅᓂᐊᕐᑑᔾᕐᐸᑦ ᖃᓄᐃᓕᐅᕆᐊᖃᖅ [ᑕᕐᕆᔾᔭᖃᖅ, ᖃᓪᓗᓈᑎᑐᑦ ᐃᓄᑦᑎᑐᓪᓗ]. ᐃᓅᓯᕐᖕᒥᑦ ᐃᓵᓯᒪᓕᑦ ᑲᑎᒪᔨᖕᒋᑦ.
https://inuusiq.com/resource/instructions-bad-day

ᐃᓄᑑᔾᔨᓗᐊᕐᓂᖅ [ᐋᕐᕿᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᓪᓗᓈᑎᑐᑦ ᐃᓄᑦᑎᑐᓪᓗ]. ᐃᓅᓯᑦᑎᐊᕆᓐᓂᖅ ᐃᓪᓗᒥᐅᕐᑲᑎᑦᑎᓪᓗᓂ, ᐃᓱᒪᕐᓯᐊᕆᓐᓂᖅ, ᓄᓇᕗᑦ ᐋᓐᓂᐊᕐᑲᕐᓇᖕᒋᑦᑐᓕᕆᔨᖕᒋᑦ.
https://livehealthy.gov.nu.ca/en/mental-wellness/other-mental-health-related-topics/loneliness

ᐃᓱᒪᒥᒍᑦ ᐋᓐᓂᐊᓖᑦ [ᐋᕐᕿᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᓪᓗᓈᑎᑐᑦ ᐃᓄᑦᑎᑐᓪᓗ]. ᐃᓅᓯᑦᑎᐊᕆᓐᓂᖅ ᐃᓪᓗᒥᐅᕐᑲᑎᑦᑎᓪᓗᓂ, ᐃᓱᒪᕐᓯᐊᕆᓐᓂᖅ, ᓄᓇᕗᑦ ᐋᓐᓂᐊᕐᑲᕐᓇᖕᒋᑦᑐᓕᕆᔨᖕᒋᑦ.
https://livehealthy.gov.nu.ca/en/mental-wellness/mental-illness

ᓄᓇᕕᒻᒥ ᐃᓱᒪᓕᕆᓂᖕᒧᑦ ᐃᑲᔫᑏᑦ [ᖃᕆᓴᐅᔭᒃᑯᑦ ᐱᑐᖅᕙᖕᒋᑦ ᐃᑲᔪᕐᑏᑦ ᐱᔨᕐᓯᑎᖕᒋᑦ]. ᐃᓅᓯᑦᑐᑦ ᑯᐱᒃᒥᐅᑦ ᐃᓅᓯᑦᑐᖕᒋᓄᑦ.
https://www.y4yquebec.org/nunavik-mental-health-resource-guide

ᐱᐅᓯᑐᕐᑲᒃᑯᑦ ᐋᓐᓂᐊᕐᑐᓕᕆᓂᖕᒧᑦ ᖃᐅᔨᒪᔭᐅᔪᑦ (ᐊᐱᖅᓱᑲᑕᓐᓂᖅ ᐃᓐᓇᑐᖅᑲᕐᓂᑦ ᐃᓄᓐᓂᑦ ᑕᓪᓕᒪᒋᓪᕐᑕᖕᒋᑦ.5,) (ᐃᑦᓴᐱ ᐆᑦᑐᕋ, et al) (2001). ᓄᓇᕗᑦ ᓯᓚᑦᑐᖅᓴᕐᕕᖕᒐ.
https://nacmedia.ca/product/volume-5-perspectives-on-traditional-health

ᐃᓱᒪᕐᑎᐊᕆᓂᖅ ᐃᓄᖅᑭᑦᓯᐊᕐᓂᒃᑯᑦ [ᐋᕐᕿᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᓪᓗᓈᑎᑐᑦ ᐃᓄᑦᑎᑐᓪᓗ]. ᐃᓅᓯᑦᑎᐊᕆᓐᓂᖅ ᐃᓪᓗᒥᐅᕐᑲᑎᑦᑎᓪᓗᓂ, ᐃᓱᒪᕐᓯᐊᕆᓐᓂᖅ, ᓄᓇᕗᑦ ᐋᓐᓂᐊᕐᑲᕐᓇᖕᒋᑦᑐᓕᕆᔨᖕᒋᑦ.
https://livehealthy.gov.nu.ca/en/mental-wellness/positive-mental-health

ᐃᓅᓯᖖᒥᑦ ᑭᐱᓯᑎᑦᓯᑕᐃᓕᒪᓂᖅ, ᐊᔪᕐᓇᖖᒋᓛᖖ [ᑐᓂᐅᖅᑲᐅᑦ, 2-ᒪᑉᐱᒐᑦ ᐊᔾᔨᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᓪᓗᓈᑎᑐᑦ ᐃᓄᑦᑎᑐᓪᓗ]. ᐃᓅᓯᖖᒥᑦ ᐃᓴᒃᓯᒪᒥᑦ ᑲᑎᒪᔨᖖᒥᑦ.
https://inuusiq.com/resource/preventing-suicide-it-is-possible

ᓯᓚᖅᑲᑎᑦᑎᓐᓄᑦ ᐃᑲᔫᑏᑦ ᓄᓇᕕᒃᒥ [ᐊᑲᐅᔪᒧᑦ ᑐᓴᕈᒥᓇᕐᑐᑦ ᐊᔾᔨᓕᐅᑲᓪᓗ, ᖃᓪᓗᓈᑎᑐᑦ ᐃᓄᑦᑎᑐᓪᓗ].
ᓯᓚᖅᑲᑎᑦᑎᓐᓄᑦ ᐃᑲᔫᑏᑦ ᓄᓇᕕᒃᒥ, Facebook.
https://www.facebook.com/reachoutnunavik/photos

ᓴᐱᓚᑦᑕᐃᓚᓂᖅ: ᐊᓂᒍᐃᓂᖅ ᐊᑦᓱᕈᕐᓇᕐᑐᓂᑦ ᐊᐳᑕᐅᕙᑦᑐᓂᑦ ᐊᒻᒪ ᐃᓄᒃᑭᓯᐊᕐᓗᓂ ᓯᕗᓕᐊᒥᐊᕐᓂᖅ (2007) [ᐃᓄᐃᑦ ᐱᖅᑯᓯᑐᖃᖏᑦ, ᐃᓐᓇᑐᖃᑦ ᐅᖃᐅᔾᔭᐃᔭᓯᖏᑦ, 72-ᒪᑉᐱᒐᑦ ᐊᔾᔨᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᓪᓗᓈᑎᑐᑦ ᐃᓄᑦᑎᑐᓪᓗ]. ᑲᓇᑕᒥ ᓄᓇᖃᖅᑳᖅᓯᒪᔪᑦ ᐋᓐᓂᐊᖃᕐᓇᖏᑦᑐᓕᕆᓂᖓᓄᑦ ᑲᑐᔾᔨᖃᑎᒌᖏᑦ.
https://ruor.uottawa.ca/bitstream/10393/30325/1/2007_Inuit_Resilience_Book.pdf

ᓴᐱᓚᑦᑕᐃᓚᓂᖅ: ᐃᓅᓯᖅ ᐊᑦᓱᕈᕐᓇᕐᑐᓂᑦ ᓈᖕᒐᓯᒍᓐᓇᕐᓂᖅ (2008) [ᑎᑎᕋᕐᓯᒪᔪᑦ ᐊᑐᖅᑕᐅᖃᑦᑕᓚᐅᑦ, 2-ᒪᑉᐱᒐᑦ ᐊᔾᔨᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᓪᓗᓈᑎᑐᑦ]. ᑲᓇᑕᒥ ᓄᓇᖃᖅᑳᖅᓯᒪᔪᑦ ᐋᓐᓂᐊᖃᕐᓇᖏᑦᑐᓕᕆᓂᖓᓄᑦ ᑲᑐᔾᔨᖃᑎᒌᖏᑦ.
https://ruor.uottawa.ca/bitstream/10393/30326/1/2008_Resilience_factsheet.pdf

ᐊᑦᓱᕈᕐᓇᕈᒃᑯᓐᓂᖅ [ᐊᔾᔨᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᓪᓗᓈᑎᑐᑦ ᐃᓄᑦᑎᑐᓪᓗ]. ᐃᓅᓯᑦᑎᐊᕆᓂᖓᓂᒃ ᐃᓪᓗᒥᐅᖅᑲᑎᖏᓪᓗᓂ, ᐃᓱᒪᒃᓯᐊᕆᓐᓂᖅ, ᓄᓇᕗᑦ ᐋᓐᓂᐊᖃᕐᓇᖏᑦᑐᓕᕆᔨᖏᑦ.
https://livehealthy.gov.nu.ca/en/mental-wellness/mental-health-problems/stress

ᐊᑦᓱᕈᕐᓇᕈᒃᑯᓐᓂᖅ, ᐅᐃᒻᒪᓴᖁᐃᓐᓂᖅ ᐊᒻᒪ ᐃᓱᒫᓗᒍᑦ ᑲᑕᒃᓯᒪᓂᖅ ᓄᕙᒡᔪᐊᕐᓇᐃᑦ ᐱᔾᔪᑎᒋᓪᓗᒋᑦ [ᑐᓂᐅᖅᑲᐅᑦ, 3-ᒪᑉᐱᒐᑦ ᐊᔾᔨᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᓪᓗᓈᑎᑐᑦ ᐃᓄᑦᑎᑐᓪᓗ]. ᓄᓇᕕᒃ ᐋᓐᓂᐊᕐᑐᓕᕆᔩᑦ ᐃᓄᓕᕆᔾᔪᑎᖏᓪᓗ.
http://nrbhss.ca/sites/default/files/covid19/Coronavirus_Stress_Anxiety_EN.pdf

ᐊᑦᓱᕈᕐᓇᕈᒃᑯᓐᓂᖅ: ᐅᐃᒻᒪᖅᓴᖁᐃᓐᓂᖅ ᐃᓱᒫᓗᒍᑦ ᐃᓕᓐᓂᐊᕐᑕᒥᓂᖅ (2015) [ᖃᓇᓴᐅᔾᔪᑦ ᐅᓂᒃᑳᓂᑦ ᑕᕐᓇᔾᔪᐆᑦ, ᖃᓪᓗᓈᑎᑐᑦ ᐃᓄᑦᑎᑐᓪᓗ]. ᐃᓅᓯᖖᒥᑦ ᐃᓴᒃᓯᒪᒥᑦ ᑲᑎᒪᔨᖖᒥᑦ.
https://inuusiq.com/resource/stress-anxiety-studying/

ᐊᓯᔾᔨᕈᒪᓕᕐᓗᓂ ᑐᑭᑖᕈᑎᖃᓯᐅᕐᓂᖅ [ᐃᓅᓯᕐᑲᓯᐊᕐᓂᖅ ᐊᔾᔨᖕᖑᐊᖅ ᐊᑭᓐᓇᕐᒥᐅᖅ, 2-ᒪᑉᐱᒐᑦ ᐊᔾᔨᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᓪᓗᓈᑎᑐᑦ ᐃᓄᑦᑎᑐᓪᓗ]. ᓄᓇᕕᒃ ᐋᓐᓂᐊᕐᑐᓕᕆᔩᑦ ᐃᓄᓕᕆᔾᔪᑎᖏᓪᓗ.
http://nrbhss.ca/sites/default/files/documentations/tools/posters/poster_mental_health_week_2018.pdf

ᓇᑭᑦ ᐃᑲᔪᕐᑕᐅᔪᓐᓇᖅᑯᖓ [ᐊᔾᔨᖕᖑᐊᖅ ᐊᑭᓐᓇᕐᒥᐅᖅ, 1-ᒪᑉᐱᒐᖅ ᐊᔾᔨᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᓪᓗᓈᑎᑐᑦ ᐃᓄᑦᑎᑐᓪᓗ]. ᖃᐅᔨᒋᐊᕐᕖᑦ ᐋᓐᓂᐊᕐᑐᓕᕆᓂᖓᓄᑦ ᖃᐅᔨᓴᕐᕕᒃ.
https://www.qhrc.ca/wp-content/uploads/2022/02/QHRC-Where-do-I-get-help__EN.pdf

ᐃᓄᑑᔾᔨᖕᒋᑦᑐᑎᑦ: ᐃᓐᓇᕐᓄᑦ ᐊᒥᐊᖅᑲᑦ [ᐃᓱᒪᒃᓯᐊᕆᓐᓂᖅ ᓴᐃᓚᓂᕐᓗ, 38-ᒪᑉᐱᒐᑦ ᐊᔾᔨᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᓪᓗᓈᑎᑐᑦ ᐃᓄᑦᑎᑐᓪᓗ]. ᐃᓅᓯᖖᒥᑦ ᐃᓴᒃᓯᒪᒥᑦ ᑲᑎᒪᔨᖖᒥᑦ.
https://inuusiq.com/resource/adult-colouring-book

ᐃᓅᓯᑦᑐᑦ ᐋᖖᒐᔾᔮᕐᓇᕐᑐᓪᓗ [ᐊᔾᔨᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᓪᓗᓈᑎᑐᑦ ᐃᓄᑦᑎᑐᓪᓗ]. ᐃᓅᓯᑦᑎᐊᕆᓂᖓᓂᒃ ᐃᓪᓗᒥᐅᖅᑲᑎᖏᓪᓗᓂ, ᐃᓱᒪᒃᓯᐊᕆᓐᓂᖅ, ᓄᓇᕗᑦ ᐋᓐᓂᐊᖃᕐᓇᖏᑦᑐᓕᕆᔨᖏᑦ.
https://livehealthy.gov.nu.ca/en/mental-wellness/drugs-and-alcohol/youth-and-substances

ᓂᖓᖅᑕᐃᓕᓂᖅ

ᖃᓄᖅᑑᕈᑎᖃᕐᓂᖅ ᐃᓄᐃᑦ ᐊᕐᓇᐃᑦ ᐊᕐᓇᐅᓂᖏᓐᓄᑦ ᓂᖓᕐᑕᐅᕙᓐᓂᖏᓐᓂᑦ: ᕿᒥᕐᕈᓂᖅ ᖃᓄᐃᓕᐅᖅᐸᒻᒪᖔᑕ ᐸᓖᓯᒃᑯᑦ ᐊᑐᐊᒐᖏᑎᒍᑦ ᐱᓕᕆᔾᔪᓯᖏᑎᒍᓪᓗ ᐃᓄᐃᑦ ᓄᓇᖓᓂ (2020)
[ᐊᐱᖅᓱᖅᑕᑦᑐᑎᑦ ᖃᐅᔨᓴᕐᑐᒥᓃᑦ ᐊᕐᓇᐃᑦ ᐊᕐᓇᐅᓂᖏᓐᓄᑦ ᓂᖓᖅᑕᐅᕙᑦᑐᑦ ᑲᐱᐊᓇᖅᑐᑏᑎᑕᐅᕙᑦᑐᓂᓗ, 126-ᒪᐸᒌᑦ ᐊᔾᔨᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᓪᓗᓈᑎᑐᑦ ᐃᓄᒃᑎᑐᓪᓗ]. ᐸᐅᒃᑑᑎᑦ ᐃᓄᐃᑦ ᐊᕐᓇᐃᑦ ᑲᓇᑕᒥ ᐊᒻᒪ E. ᑯᒪᒃ.
https://pauktuutit.ca/project/addressing-gendered-violence-against-inuit-women-a-review-of-police-policies-and-practices-in-inuit-nunangat

ᓂᖆᖓᐅᒪᓂᖅ, ᐃᓕᕋᓇᕐᓂᖅ ᐋᓐᓂᖅᑎᕆᔾᔭᐅᓂᕐᖏᓪᓗ ᐱᐅᓯᕐᑲᕐᓂᖅ [ᐊᔾᔨᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᓪᓗᓈᑎᑐᑦ ᐃᓄᒃᑎᑐᓪᓗ]. ᐃᓅᓯᑦᑎᐊᕙᖕᓂᖅ ᐃᓪᓗᒥᐅᖅᑲᑎᓖᓪᓗᓂ, ᐃᓱᒪᕝᔪᐊᕙᖓᓂᖅ, ᓄᓇᕗᑦ ᐋᓐᓂᐊᖅᑲᕐᓇᖏᑦᑐᓕᕆᔨᖏᑦ.
https://livehealthy.gov.nu.ca/en/mental-wellness/other-mental-health-related-topics/anger-hostility-and-violent-behaviour

ᐅᐸᑭᓱᒍᓐᓇᕐᓂᖅ – ᐊᐱᖅᓱᕈᓐᓇᕐᓂᖅ – ᑲᓱᖅᑎᖅᑲᕈᓐᓇᕐᓂᖅ [3 ᐊᔾᔨᙳᐊᖅ ᐊᑭᓐᓇᕐᒥᐅᖅ, 1-ᒪᐸᒐᖅ ᐊᔾᔨᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᓪᓗᓈᑎᑐᑦ ᐃᓄᒃᑎᑐᓪᓗ]. ᐸᐅᒃᑑᑎᑦ ᐃᓄᐃᑦ ᐊᕐᓇᐃᑦ ᑲᓇᑕᒥ.
https://pauktuutit.ca/wp-content/uploads/Believe_English.pdf
https://pauktuutit.ca/wp-content/uploads/Ask_English.pdf
https://pauktuutit.ca/wp-content/uploads/Connect_English.pdf

ᐊᖏᖅᓯᒪᓂᖅ (2016) [ᓄᓕᐊᖅᑎᖅᑲᕈᒥᓇᕐᑐᓱᐊᕐᓂᖅ, 3 ᐱᖓᓲᓕᖓᔪᑦ, ᐊᔾᔨᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᓪᓗᓈᑎᑐᑦ ᐃᓄᒃᑎᑐᓪᓗ]. ᐃᒻᒥᓂᒃ ᐃᐸᒋᑦᑎᐊᕐᑐᖓ, ᓄᓇᕗᑦ ᐋᓐᓂᐊᖅᑲᕐᓇᖏᑦᑐᓕᕆᔨᖏᑦ.
https://www.irespectmyself.ca/en/sex-101/consent

ᓂᖆᖓᐅᒪᕐᑲᑦᑕᕐᑐᓂ ᐱᓗᐊᑦᑕᐃᓕᒪᔪᓐᓇᕐᓂᖅ [ᑐᓂᐅᖅᑲᒐᑦ, 2-ᒪᐸᒌᑦ ᐊᔾᔨᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᓪᓗᓈᑎᑐᑦ ᐃᓄᒃᑎᑐᓪᓗ]. ᐃᓅᓯᕐᖓᒥᑦ ᐃᓴᔾᔨᒪᕆᑦ ᑲᑎᒪᔨᖏᑦ.
https://inuusiq.com/wp-content/uploads/2021/11/2014-ELC-Coping-with-Anger-Brochure-English.pdf

ᖃᐅᔨᒪᔾᔪᑎᕆᔪᓐᓇᕐᑕᑎᑦ ᐊᐃᑉᐸᖅᑖᓇᔭᐃᑦ ᐋᓐᓂᖅᑎᕆᔾᔭᐅᒻᒪᖔᑦ...ᐅᕙᓗᓐᓃᑦ ᑲᓴᒃ [ᐅᕐᑲᓕᒫᓚᕋᓛᑦ ᑕᑕᑎᕆᐊᓖᓪᓗ ᐊᐱᖅᑯᑏᑦ, 76-ᒪᐸᒌᑦ ᐊᔾᔨᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᓪᓗᓈᑎᑐᑦ]. ᑐᐊᕕᕐᓇᕐᑐᖅᑎᕐᓗᒍ ᓂᖓᕐᑕᐅᓯᒪᔪᓂᑦ ᐃᑲᔪᕐᕕᒃ.
https://sosviolenceconjugale.ca/uploads/PDF/SOSVC-SOSInfo-ENGLISH_FINAL.pdf

ᐃᓚᒌᑦ ᓂᖓᖅᑲᑦᑕᐅᑎᔭᑦᑐᑦ [ᑐᓂᐅᖅᑲᒐᑦ, 2-ᒪᐸᒌᑦ ᐊᔾᔨᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᓪᓗᓈᑎᑐᑦ ᐃᓄᒃᑎᑐᓪᓗ]. ᐃᓅᓯᕐᖓᒥᑦ ᐃᓴᔾᔨᒪᕆᑦ ᑲᑎᒪᔨᖏᑦ.
https://inuusiq.com/wp-content/uploads/2021/11/2014-ELC-Family-Violence-Brochure-English.pdf

ᓂᖆᖓᐅᒪᔾᔪᑎᕐᓴᖅᑲᕈᓐᓃᕐᓂᖅ [ᑕᕐᓇᔾᔭᕐᓴᖅ & ᑐᓂᐅᖅᑲᒐᑦ, 2-ᒪᐸᒌᑦ ᐊᔾᔨᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᓪᓗᓈᑎᑐᑦ ᐃᓄᒃᑎᑐᓪᓗ]. ᐊᖅᑭᑦᑕᐅᕕᒃ ᒪᒥᓴᕐᕕᖓ.
ᑐᓂᐅᖅᑲᒐᑦ:
https://www.aaqitauvik.ca/pdf/teaching/english/Free%20From%20Anger%20English.pdf

ᐃᑲᔪᖅᑎᒌᓐᓂᖅ: ᐃᓄᐃᑦ ᐃᓄᓯᑦᑐᑦ ᐊᖅᑯᑎᕆᔪᓐᓇᕐᑕᕐᖏᑦ ᓂᖓᑦᑕᐃᓕᓂᕐᒧᑦ [ᐊᔪᖅᑭᖅᑐᖅ ᐃᓅᓯᑑᖅᑲᑎᒌᓄᑦ ᐊᔪᓇᕐᓯᐅᔾᔨᓂᒃᑯᑦ, 30-ᒪᐸᒌᑦ ᐊᔾᔨᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᓪᓗᓈᑎᑐᑦ ᐃᓄᒃᑎᑐᓪᓗ]. ᐸᐅᒃᑑᑎᑦ ᐃᓄᐃᑦ ᐊᕐᓇᐃᑦ ᑲᓇᑕᒥ.
https://pauktuutit.ca/wp-content/uploads/IkajuqatigiiniqToolkit_ENB_FINAL.pdf

ᐊᑯᓕᕝᕐ ᓇᓪᓕᒋᕙᕋ ᑕᕐᕆᔮᖕᓯᑦ ᐊᐃᑉᐸᖕᒋᑦ – ᐊᐃᑉᐸᒥᓂᖅ ᓂᖕᒐᕐᐸᕐᑐᑦ ᕐᑯᓄᔪᕐᓂᐊᕐᓂᐅᕙᕐᑐᓪᓗ: ᐱᔾᔪᑏᑦ ᐋᖅᑭᐸᑦᓚᐊᓪᓕᕈᑕᐅᔪᓐᓇᕐᑐᓪᓗ (2019) [17-ᒪᓇᑦ ᑕᕐᕆᔮᖕᓯᖅ, ᓄᓇᕝᒥᒥᐅᑦ ᐃᓱᒪᖕᒋᑦ ᐊᑐᖅᓯᒪᔭᖕᒋᓪᓗ ᐋᓐᓂᖅᑎᖅᑕᐅᓂᒃᑯᑦ ᓂᖕᒐᕐᑕᐅᕙᑦᑐᓂᑦ ᕐᑯᓄᔪᕐᓂᐊᕐᑕᒥᓂᕐᓄᓪᓗ, ᖃᓪᓗᓈᑎᑐᑦ, ᐃᓄᒃᑎᑐᑦ, ᐅᐃᕖᑎᑐᑦ]. ᐱᕙᓪᓕᐊᓂᖅ ᓄᓇᕝ.
https://www.youtube.com/watch?v=EfhLTC4cuPI

ᓂᖕᒐᕐᓂᐅᙱᖅ [5 ᐃᓕᓐᓂᐊᕈᑏᑦ ᐅᑭᐅᓕᓐᓄᑦ 15ᓂᑦ 25ᓄᑦ, ᐊᔾᔨᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ ᐊᑐᐊᒐᖕᓯᓪᓗ, 9-ᒪᑉᐱᒑᑦ ᐊᔾᔨᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᓪᓗᓈᑎᑐᑦ]. ᑐᐊᕝᕙᕐᑐᖅᑲᕐᑎᓪᓗᒍ ᓂᖕᒐᕐᑕᐅᓯᒪᔪᓂᑦ ᐃᑲᔪᕐᕝᕕ.
ᐱᓕᕆᖅᑲᑎᒌᒍᑕᐅᔪᓐᓇᖅᑐᓄᑦ ᑎᑎᕐᑲᖕᒋᑦ
https://itsnotviolent.com
ᓴᕿᔮᖅᑐᓄᑦ ᐊᔪᕆᖅᓱᖅᐳᔾᔪᖅ [ᐃᓚᕐᑲᖅᑐᖅ ᐅᖅᑲᐅᓯᕐᑕᐅᒍᑦ ᐊᐱᕐᑯᑎᖕᒋᓐᓂᒃ, ᐃᓕᓐᓂᐊᖅᑐᑦ ᑲᑎᒪᔪᑦ ᕐᑲᓄᐃᓕᐅᕈᑎᖕᒋᑦ, ᐊᓯᖕᒋᓪᓗ]:
https://itsnotviolent.com/animation-guide

ᑲᓇᑕᒥ ᐸᕐᓇᐅᑏᑦ ᓂᖕᒐᕐᑕᐃᓕᓂᖕᒥᑦ ᐃᓄᐃᑦ ᓄᓇᖕᒋᓐᓂ (2006) [ᓂᖕᒐᕐᑕᐅᕙᑦᑐᑦ ᐊᖕᓇᐃᑦ, 29-ᒪᑉᐱᒑᑦ ᐊᔾᔨᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᓪᓗᓈᑎᑐᑦ ᐃᓄᒃᑎᑐᓪᓗ]. ᐸᐅᒃᑑᑎᑦ ᐃᓄᐃᑦ ᐊᕐᓇᐃᑦ ᑲᓇᑕᒥ.
https://pauktuutit.ca/project/national-strategy-prevent-abuse-inuit-communities-sharing-knowledge-sharing-wisdom-guide-national-strategy

ᐱᓕᒻᒪᒃᓴᕐᓂᖅ – ᐃᓕᓐᓂᐊᕈᑏᑦ I (2015) [ᑲᑎᓐᖓᔪᓄᑦ ᐊᔪᕐᓯᐅᔾᔨᒍᑏᑦ, ᐆᑐᕋᕐᑎᑕᐅᓂᖅ, 34-ᒪᑉᐱᒑᑦ ᐊᔾᔨᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᓪᓗᓈᑎᑐᑦ ᐃᓄᒃᑎᑐᓪᓗ] ᐸᐅᒃᑑᑎᑦ ᐃᓄᐃᑦ ᐊᕐᓇᐃᑦ ᑲᓇᑕᒥ.
https://pauktuutit.ca/wp-content/uploads/Pauktuutit_EngagingMenAndBoys_English_WEB.pdf

ᐱᓕᒻᒪᒃᓴᕐᓂᖅ: ᐃᓚᒋᔭᐅᑎᕐᓯᓂᖅ ᐊᖑᑎᓂᑦ ᓄᑲᑉᐱᐊᓂᓪᓗ ᓂᖕᒐᖅᑕᐃᓕᓂᖕᒧᑦ ᐊᕐᖕᓇᓂᑦ ᓂᕝᐊᖅᓯᐊᓂᓪᓗ – ᐃᓕᓐᓂᐊᕈᑏᑦ II (2020) [ᐊᖑᑏᑦ ᐃᑲᔪᖅᑎᐅᕐᑲᑎᒌᖕᒋᓐᓄᑦ ᐱᓕᒻᒪᒃᓴᐅᑏᑦ, 52-ᒪᑉᐱᒑᑦ ᐊᔾᔨᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᓪᓗᓈᑎᑐᑦ ᐃᓄᒃᑎᑐᓪᓗ]. ᐸᐅᒃᑑᑎᑦ ᐃᓄᐃᑦ ᐊᕐᓇᐃᑦ ᑲᓇᑕᒥ.
https://pauktuutit.ca/wp-content/uploads/EMB-Pilimmaksarniq-Toolkit-EN.pdf

ᓄᓕᐊᕐᓂᖅ ᒪᓕᒐᐃᓪᓗ (2022) [ᐊᔾᔨᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᓪᓗᓈᑎᑐᑦ ᐃᓄᒃᑎᑐᓪᓗ]. ᐃᒻᒥᓂᒃ ᐃᑉᐱᒋᑦᑎᐊᕐᑐᖕᒐ, ᓄᓇᕗᑦ ᐋᓐᓂᐊᖅᑲᕐᓇᖕᒋᑦᑐᓕᕆᔨᖕᒋᑦ.
https://www.irespectmyself.ca/en/sex-101/sex-and-the-law

ᓄᓕᐊᕐᓂᖕᒧᑦ ᐊᖕᒋᖅᓯᒪᓂᖅ (2016) [ᑐᓂᐅᖅᑲᒑᑦ, 2-ᒪᑉᐱᒑᑦ ᐊᔾᔨᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᓪᓗᓈᑎᑐᑦ ᐃᓄᒃᑎᑐᓪᓗ]. ᐃᒻᒥᓂᒃ ᐃᑉᐱᒋᑦᑎᐊᕐᑐᖕᒐ, ᓄᓇᕗᑦ ᐋᓐᓂᐊᖅᑲᕐᓇᖕᒋᑦᑐᓕᕆᔨᖕᒋᑦ.
https://www.irespectmyself.ca/sites/default/files/documents/health_consent_kcard_en_rev03_0.pdf

ᓄᓕᐊᕐᓂᖕᒧᑦ ᐊᖕᒋᖅᓯᒪᓂᖅ (2016) [ᐊᔾᔨᙳᐊᖅ ᐊᑭᓐᓇᕐᒥᐅᖅ, 1-ᒪᑉᐱᒑᖅ ᐊᔾᔨᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᓪᓗᓈᑎᑐᑦ ᐃᓄᒃᑎᑐᓪᓗ]. ᐃᒻᒥᓂᒃ ᐃᑉᐱᒋᑦᑎᐊᕐᑐᖕᒐ, ᓄᓇᕗᑦ ᐋᓐᓂᐊᖅᑲᕐᓇᖕᒋᑦᑐᓕᕆᔨᖕᒋᑦ.
https://www.irespectmyself.ca/sites/default/files/documents/health_consent_poster_en_rev02.pdf

ᕐᑯᓄᔪᕐᓂᐊᕐᓂᖅ (2022) [ᐊᔾᔨᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᑐᑭᖕᒋᑦ, ᖃᓪᓗᓈᑎᑐᑦ ᐃᓄᒃᑎᑐᓪᓗ]. ᐃᒻᒥᓂᒃ ᐃᑉᐱᒋᑦᑎᐊᕐᑐᖕᒐ, ᓄᓇᕗᑦ ᐋᓐᓂᐊᖅᑲᕐᓇᖕᒋᑦᑐᓕᕆᔨᖕᒋᑦ.
https://www.irespectmyself.ca/en/respect-yourself/healthy-relationship/sexual-violence

ᐅᕝᕙᒃᑲᐃᑦ ᐊᐃᑉᐸᕆᓕᖅᓯᕐᑐᑦ ᓂᖕᒐᕐᑕᐅᕙᓐᓂᖕᒋᑦ (2014) [ᐅᖅᑲᓖᒪᒐᕋᓛᖅ, 2-ᒪᑉᐱᒑᖅ ᐊᔾᔨᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᓪᓗᓈᑎᑐᑦ ᐃᓄᒃᑎᑐᓪᓗ]. ᐃᓅᓯᖕᒥᑦ ᐃᓴᒃᓯᒪᒋᑦ ᑲᑎᒪᔨᖕᒋᑦ.
https://inuusiq.com/wp-content/uploads/2021/11/2014-ELC-Teen-Dating-Violence-Brochure-English.pdf

ᖃᓄᐃᓕᐅᕆᐊᖃᖅᐳᖓ ᓂᓐᖓᐅᒪᔪᒧᑦ ᓈᓐᖓᖃᐅᒍᒪ? [ᓴᐃᒻᒪᒃᓴᐃᓂᖅ ᐊᔾᔨᙳᐊᖅ ᐊᑭᓐᓇᕐᒥᐅᖅ, 1-ᒪᑉᐱᒐᖅ ᐊᔾᔨᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᓪᓗᓈᑎᑐᑦ ᐃᓄᒃᑎᑐᓪᓗ]. ᖃᐅᔨᒋᐊᕐᕖᑦ ᐋᓐᓂᐊᖅᑐᓕᕆᓂᕐᒧᑦ ᖃᐅᔨᓴᕐᕕᒃ.
https://www.qhrc.ca/wp-content/uploads/2022/02/QHRC-De-Escalation-Poster.pdf

ᕿᑐᕐᖓᓕᕆᓂᖅ

ᐊᕿᑕᕐᑎᐊᕙᓄᐃᖅ: ᐃᓄᒃ ᐊᑖᑕᐅᓪᓗᓂ ᐅᔾᔨᕆᓯᒪᔭᕐᒥᑦ (2012) [ᕗᑏᐅᑯᑦ ᑕᕐᕆᔮᖅᓴᖅ, ᖃᓪᓗᓈᑎᑐᑦ]. ᐸᐅᒃᑑᑎᑦ ᐃᓄᐃᑦ ᐊᕐᓇᐃᑦ ᑲᓇᑕᒥ ᐊᒻᒪ ᑲᑉᐸᑳᓐ ᑕᕐᕆᔮᖅᓴᑦ.
https://www.youtube.com/watch?v=rRz8YfHET5c

ᐊᑐᐊᖅᓯᔪᑦ: ᐊᖅᑯᑎᖅᓴᒥᓂᖕ ᐊᑐᐊᖅᓯᔪᑦ – ᐅᓂᒃᑳᖅᑲᕐᓂᖅ ᐃᓄᐃᑦ ᐱᖅᑯᓯᖕᒋᓐᓂᑦ ᐃᓄᓕᕆᓂᖕᒧᑦ, ᐃᑲᔪᕐᑎᖅᓴᑦ ᐱᔨᑦᓯᕐᑎᓄᑦ ᐃᖅᑲᓇᐃᔭᖃᑎᖃᑉᐸᕐᑐᓂᑦ ᐊᕐᒋᔪᖅᑳᕆᔭᐅᔪᓂᑦ ᕿᑐᕐᖓᓕᓐᓂᑦ ᐃᓄᓐᓂᑦ ᓱᕈᓯᕐᓂᑦ ᐊᓐᑎᐅᕆᔪᒥ (2019) [ᐃᖅᑲᓇᐃᔭᕈᑎᓯᐊᕙᑦ, ᕿᑐᕐᖓᓕᕆᓂᖅ/ᐸᖅᑭᔾᔫᑦ ᐃᓄᐃᑦ ᕿᑐᕐᖓᐅᖕᒋᓐᓂᑦ, 56-ᒪᑉᐱᒐᑦ ᐊᔾᔨᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᓪᓗᓈᑎᑐᑦ]. ᐱᒋᐊᕈᑎᓯᐊᕙᑦ ᑎᑎᕋᕐᑕᒥᓃᑦ ᓂᐊᖁᔅ ᐋᓐᓂᐊᖅᑐᓕᕆᔨᖕᒋᓐᓄᑦ.
https://resources.beststart.org/product/k84a-atuaqsijut-inuit-manual

ᕿᑐᕐᖓᓕᒥᓂᖕ ᐱᕈᖅᓴᐃᓂᖅ (ᒦᑲ ᐊᕐᓇᒃᑲᖅ) (2011) [ᑐᑭᓯᒋᐊᕐᕕᖕᓴᑦ ᐊᒻᒪ ᐃᓚᓐᓂᐊᕐᓯᓐᓈᑦ ᑲᑎᒪᑎᕐᓯᓂᐊᕐᓗᓂ ᐃᓚᓯᐃᔾᔪᔪᑦ, 56-ᒪᑉᐱᒐᑦ ᐊᔾᔨᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᓪᓗᓈᑎᑐᑦ ᐃᓄᒃᑎᑐᓪᓗ]. ᒪᒥᓴᕐᕕᒃ ᐊᒻᒪ ᑲᓇᑕᒥ ᐋᖓᔾᔭᓇᕐᑐᓂᑦ ᐊᔪᓕᕐᓯᒪᔪᓂᑦ ᐃᑲᔪᕐᓯᕕᒃ.
http://en.copian.ca/library/learning/nbes/child_rearing/child_rearing.pdf

ᕿᑐᕐᖓᓕᒥᖕ ᐱᕈᖅᓴᐃᔾᔪᑏᑦ (ᐊᐱᖅᓱᑲᑕᓐᓂᖅ ᐃᓐᓇᑐᕐᑲᕐᓂᑦ ᐃᓄᓐᓂᑦ ᐅᕐᑲᓪᓖᒐᑦ, Vol. 3) (ᓇᕿ ᐃᖅᑯ ᐊᒻᒪ ᐅᖅᓱᕋᓪᒃ ᐅᑦᑐᕿ) (2000). ᓄᓇᕗᑦ ᓯᓚᕐᑐᖅᓴᕐᕕᖕᒐ.
https://nacmedia.ca/product/volume-3-childrearing-practices

ᓱᕈᓯᑯᓗᐃᑦ ᐱᓐᖑᐊᕈᑎᖕᖏᑦ ᐊᒥᐊᒐᖕᖏᓪᓗ (2021) [ᐊᒥᐊᒐᖕᖅ ᐅᖅᑲᓖᒐᑦ, 32-ᒪᑉᐱᒐᑦ ᐊᔾᔨᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᓪᓗᓈᑎᑐᑦ ᐃᓄᒃᑎᑐᓪᓗ]. ᐃᓅᓯᖕᒥᑦ ᐃᓴᒃᓯᒪᒋᑦ ᑲᑎᒪᔨᖕᒋᑦ.
https://inuusiq.com/resource/childrens-activity-colouring-book

ᐃᓚᒌᓐᓂᖅ: ᐅᖅᑲᓖᒐᕋᓛᑦ ᓴᓐᖓᑎᓇᔾᔪᑏᑦ ᐃᓚᒌᓄᑦ ᐃᓄᓐᖑᐃᓂᖅ ᐃᓚᓴᐃᔾᔪᓯᖕᒋᓐᓂᑦ ᐊᑐᖅᑐᑎᑦ (2021) [ᐃᓐᓇᑐᖅᑲᑦ ᐃᓚᓴᐃᔾᔪᓯᖕᒋᑦ, ᐅᑭᐅᖕᒋᑎᒍᑦ ᓇᓗᓇᐃᖅᓯᒪᓪᓗᑎᑦ, 32- ᒪᑉᐱᒐᑦ ᐊᔾᔨᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᓪᓗᓈᑎᑐᑦ ᐃᓄᒃᑎᑐᓪᓗ). ᑲᓇᑕᒥ ᐃᑲᔪᕐᑎᐅᖃᑎᒌᑦ ᓄᓇᖃᖅᑳᖅᓯᒪᔪᓂᑦ ᐋᓐᓂᐊᖅᑐᓕᕆᓂᕐᒧᑦ.
https://www.nccih.ca/Publications/lists/Publications/IPB/Family_Connections_EN_Web_2021-10-25.pdf

ᐊᑖᑕᐅᓂᖅ ᐃᓱᖃᓐᖏᒪᑦ: ᐅᖅᑲᓖᒐᕋᓛᖅ ᖃᓄᐃᓐᖏᑦᓯᐊᕐᑐᓂᑦ ᐃᓚᒌᑎᐊᕐᓂᕐᒥᑦ ᑐᓐᖓᕕᒋᓪᓗᒋᑦ ᐃᓄᓐᖑᐃᓂᕐᒧᑦ ᐃᓚᓴᐃᔾᔪᑏᑦ (2021). ᑲᓇᑕᒥ ᐃᑲᔪᕐᑎᐅᖃᑎᒌᑦ ᓄᓇᖃᖅᑳᖅᓯᒪᔪᓂᑦ ᐋᓐᓂᐊᖅᑐᓕᕆᓂᕐᒧᑦ ᐊᒻᒪ ᐋᖅᑭᐅᒪᕕᒃ ᓱᓴᐃᔭᑎ.
https://www.nccih.ca/Publications/lists/Publications/IPB/Fatherhood_is_Forever_EN_Web_2021-09-23.pdf

ᐃᓄᐃᑦ ᐱᓐᖑᐊᕈᓯᖕᒋᑦ (1989) (ᑭᕙᓪᓕᕐᒥ ᐃᓄᐃᑦ ᑲᑐᔾᔨᖃᑎᒌᖕᖏᑦ) [ᑐᓴᕋᖅᓴᑦ, 107-ᒪᑉᐱᒐᑦ ᑕᓪᓚᒪᑦ ᐊᔾᔨᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ ᑐᖅᑯᐃᕕᒃ, ᖃᓪᓗᓈᑎᑐᑦ ᐃᓄᒃᑎᑐᓪᓗ]. ᐃᓅᖃᑎᒌᑦ ᑐᑦᑕᕐᕕᒃ ᓱᕈᓯᕐᓄᑦ, ᐃᓅᓯᑐᑦ ᐃᓚᖕᒋᓪᓗ.
https://inuuqatigiit.ca/inuit-games

ᐃᓄᐃᑦ ᕿᑐᕐᖓᓕᒥᓂᖕ ᐱᕈᖅᓴᐃᔾᔪᓯᖕᒋᑦ (ᐃᓚᐃᔾᔭ ᐃᖅᓗ) (2014) [ᐃᓄᐃᑦ ᐱᖅᑯᓯᖕᒋᑦ ᕿᑐᕐᖓᓕᕆᓂᕐᒧᑦ, 121-ᒪᑉᐱᒐᑦ ᐊᔾᔨᓕᐅᕐᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᓪᓗᓈᑎᑐᑦ ᐃᓄᒃᑎᑐᓪᓗ]. ᓄᓇᕗᑦ ᒐᕙᒪᖕᒐᑦ.
https://www.gov.nu.ca/sites/default/files/2016-12-19-inuit_parenting_complete_may_5_2.pdf

ᐃᓄᐃᑦ ᕿᑐᕐᖓᒥᓄᑦ ᖃᐃᒑᓪᓛᔪᓐᓇᖏᑦᑐᑦ – ᖃᓄᖅ ᓇᓪᓕᓂᓕᓐᓂᑦ ᐱᕈᓴᐃᓱᖑᒪᖔᑕ, ᐊᖏᔪᖅᑲᐅᓯᕈᓐᓇᖏᑦᑐᓂᑦ ᕿᑐᕐᖓᒥᓂᖕ (ᒪᐃᑯᓛᓐ ᑐᑭᓚᐸ) [ᔫᑑᑉ ᑦᓴᓇᔫᓯᖅ.
https://www.youtube.com/watch?v=Co3d30XL3pQ

ᐃᓅᖑᐃᓂᖅ ᐅᖃᐅᔫᓯᐊᑦ ᐃᓐᓇᑐᖃᖓᓂᑦ ᐱᕈᓴᐃᓂᖕᒍᑦ (2014) [22 ᑐᓴᕋᓴᑦ ᐅᖃᓚᒫᒐᕋᓛᑦ, 44-ᒪᑉᐱᒐᑦ ᐋᖅᑭᓱᐃᔭᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᓪᓗᓈᑎᑐᑦ ᐃᓄᒃᑎᑐᓪᓗ]. ᖃᐅᔨᒋᐊᕐᑏᑦ ᐋᓐᓂᐊᕐᑐᓕᕆᓂᖕᒧᑦ ᖃᐅᔨᓴᕐᕕᒃ.
https://www.qhrc.ca/wp-content/uploads/2019/02/Inuinnguiniq-Brochure-ENG.pdf

ᐃᓅᖑᐃᓂᖅ ᑐᓴᕋᓴᑦ ᑎᑎᕋᕐᓯᒪᓂᖏᑦ (2014) [ᐃᓕᓐᓂᐊᕈᑏᑦ ᓇᐃᓈᖅᓯᒪᔪᑦ, 8-ᒪᑉᐱᒐᑦ ᐋᖅᑭᓱᐃᔭᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᓪᓗᓈᑎᑐᑦ ᐃᓄᒃᑎᑐᓪᓗ]. ᐃᓅᖃᑎᒌᑦ ᑐᑦᑕᕐᕕᒃ ᓱᕈᓯᕐᓄᑦ, ᐃᓅᓱᑦᑐᑦ ᐃᓚᒌᓪᓗ.
https://www.qhrc.ca/wp-content/uploads/2019/09/inunnguiniq_info_sheet_-_mar_2014.pdf

ᐃᓅᖑᐃᓂᖅ ᕿᑐᕐᖓᓕᕆᓂᐅᑉ ᑐᓐᖓᕕᖏᑦ [ᐱᖓᓲᔪᕐᑐᑦ ᐅᖃᓚᒫᒐᕋᓛᕐ]. ᐋᖅᑭᐅᒪᕕᒃ ᓱᓴᐃᔭᑎ (ᐊᑐᐃᓐᓇᑦ ᐃᓅᖃᑎᒌᑦ ᐱᑐᕝᕕᖓᓂ ᐃᑭᐊᖅᑭᕕᒃᑯᑦ).
http://inuuqatigiit.ca/family-well-being-program/parenting-program/inunnguiniq-principles

ᐃᓅᖑᐃᓂᖅ ᕿᑐᕐᖓᓕᕆᓂᖅ ᐃᓕᓐᓂᐊᕈᑎᓴᑦ ᓄᓇᕗᒥᐅᓄᑦ [ᐃᓕᓐᓂᐊᕈᑏᑦ ᓇᓗᓇᐃᕐᓯᒪᓂᖏᑦ, 1-ᒪᑉᐱᒐᖅ ᐋᖅᑭᓱᐃᔭᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᓪᓗᓈᑎᑐᕐ]. ᖃᐅᔨᒋᐊᕐᑏᑦ ᐋᓐᓂᐊᕐᑐᓕᕆᓂᖕᒧᑦ ᖃᐅᔨᓴᕐᕕᒃ.
https://www.qhrc.ca/wp-content/uploads/2019/09/%EF%80%A6.pdf

ᐃᓅᖑᐃᓂᖅ ᐅᓂᒃᑳᖏᑦ (2011) [ᐃᓄᐃᑦ ᖃᐅᔨᒪᔭᑐᖃᖏᑦ ᐊᒻᒪ ᐃᓅᖑᐃᓂᖕᒧᑦ ᐅᐱᓇᔭᑦ ᑐᓐᖓᕕᖏᑦ, 27-ᒪᑉᐱᒐᑦ ᐋᖅᑭᓱᐃᔭᒪᔪᖅ ᑎᑎᖅᑲᓂᕐ]. ᒪᑭᒋᐊᕐᓂᖅ 2011 ᐃᓅᓱᑦᑐᑦ ᑲᑎᒪᕖᔾᔪᐊᕐᓂᖓᑦ, ᐋᖅᑭᐅᒪᕕᒃ ᓱᓴᐃᔭᑎ.
https://www.aqqiumavvik.com/_files/ugd/1f7032_7ad0179f5dc646c3a354d462ef9d5c35.pdf

ᑎᒥᒐ ᐊᓯᓐᓄᑦ ᖃᐅᔨᒪᔭᐅᒋᐊᖅᑲᓐᖏᑦᑐᖅ (ᕐᑯᓄᔪᕐᓂᐊᕐᓂᖅ) [ᐋᖅᑭᓱᐃᔭᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᓪᓗᓈᑎᑐᑦ ᐃᓄᒃᑎᑐᓪᓗ]. ᐃᒻᒥᓂᖕ ᐃᑉᐱᒋᑦᑎᐊᕐᑐᖓ, ᓄᓇᕗᑦ ᐋᓐᓂᐊᖅᑲᕐᓇᖏᑦᑐᓕᕈᖏᑦ.
https://www.irespectmyself.ca/en/respect-yourself/healthy-body/puberty/my-body-is-private

ᖃᐅᔨᕙᓪᓕᐊᔪᒪᓂᖅ (ᐃᓕᑉᐸᓪᓕᐊᔪᒪᓂᖅ ᓄᓕᐊᕐᓂᖕᒧᑦ ᖃᓄᐃᓐᖏᑦᑎᐊᕈᓯᓂᕐ) [ᑐᓴᕋᓴᑦ ᐅᖃᓚᒫᒐᕋᓛᑦ, ᐅᓂᒃᑳᕐᓂᐊᕐᓗᓂ ᐊᑐᐊᒐᓴᑦ, ᑎᓴᒪᑦ ᑐᓴᕋᓴᑦ ᑦᓴᓇᔫᓯᖅs, ᖃᓪᓗᓈᑎᑐᑦ ᐃᓄᒃᑎᑐᓪᓗ]. ᐸᐅᒃᑑᑎᑦ ᐃᓄᐃᑦ ᐊᕐᓇᐃᑦ ᑲᓇᑕᒥ.
https://pauktuutit.ca/health/sexual-health/naturally-curious

ᕿᑐᕐᖓᓕᕆᓂᖕᒧᑦ ᐃᑲᔪᖅᑏᑦ ᓄᓇᕗᒥ: ᕿᒥᕐᕈᓂᖅ (2010) [ᐃᓕᓐᓂᐊᕈᑏᑦ ᓇᓗᓇᐃᕐᓯᒪᓂᖏᑦ ᐊᒻᒪ ᐊᑐᓕᕐᑯᔨᔾᔪᑏᑦ, 53-ᒪᑉᐱᒐᑦ ᐋᖅᑭᓱᐃᔭᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᓪᓗᓈᑎᑐᕐ). ᖃᐅᔨᒋᐊᕐᑏᑦ ᐋᓐᓂᐊᕐᑐᓕᕆᓂᖕᒧᑦ ᖃᐅᔨᓴᕐᕕᒃ (2010), ᒪᑉᐱᒐᖅ. 20-21.
https://www.qhrc.ca/wp-content/uploads/2019/09/Component-4-parenting-no-appendices-web-FINAL.pdf

ᐃᑲᔫᑎᓴᑦ ᐃᓄᓐᓄᑦ ᕿᑐᕐᖓᓕᓐᓄᑦ ᐸᖅᑭᔮᐅᔪᓄᓪᓗ ᓱᕈᓯᕐᓂᑦ ᐅᑭᐅᓕᓐᓂᑦ ᐱᖓᓲᔪᕐᑐᓄᑦ ᑎᑭᓯᒪᔪᓂᑦ (ᐃᓚᒌᑦ ᑲᓱᕐᓂᖏᑦ / ᐊᑖᑕᐅᓂᖅ ᑖᑯᖓᓕᒫᖓᒐᑦ / ᖃᓄᐃᓐᖏᑦᓯᐊᕐᑐᓂ ᐱᕈᓴᓂᖅ / ᐊᖏᔪᖅᑳᑦ ᕿᑐᕐᖓᖏᓐᓄᑦ ᐃᓕᓴᐃᔨᒋᐊᓐᖓᕐᓂᖏᑦ) [4 ᐅᖃᓚᒫᒐᕋᓛᑦ, 28 – 32-ᒪᑉᐱᒐᑦ ᐋᖅᑭᓱᐃᔭᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᓪᓗᓈᑎᑐᑦ ᐃᓄᒃᑎᑐᓪᓗ]. ᑲᓇᑕᒥ ᐃᑲᔪᕐᑎᐅᖃᑎᒌᑦ ᓄᓇᖃᖅᑳᕐᓯᒪᔪᓂᑦ ᐋᓐᓂᐊᕐᑐᓕᕆᓂᖕᒧᑦ.
https://www.nccih.ca/485/NCCIH_in_the_News.nccih?id=475

ᐱᖓᓲᔪᕐᑐᑦ ᐃᓅᖑᐃᓂᖕᒧᑦ ᒪᓕᒐᑦ ᑐᓐᖓᕕᖏᑦ (2022) [ᐋᔾᔨᖑᐊᖅ ᐊᑭᓐᓇᕐᒥᐅᖅ, ᐊᑕᐅᓯᖅ-ᒪᑉᐱᒐᖅ ᐋᖅᑭᓱᐃᔭᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᓪᓗᓈᑎᑐᑦ ᐃᓄᒃᑎᑐᓪᓗ]. ᖃᐅᔨᒋᐊᕐᑏᑦ ᐋᓐᓂᐊᕐᑐᓕᕆᓂᖕᒧᑦ ᖃᐅᔨᓴᕐᕕᒃ.
https://www.qhrc.ca/wp-content/uploads/2022/02/QHRC-Foundational-Inunnguiniq-Principles-Poster_EN.pdf

ᐅᖁᖃᑎᖃᕐᓂᖅ ᖃᐅᔨᒪᑎᓐᓂᑦ ᓂᓪᓚᕐᓂᐅᑉ ᒥᕐᖑᓄᑦ [ᑐᓂᐅᖅᑲᒋᑦ, ᒪᕉᒃ-ᒪᐸᒋᖅ ᐋᖅᖢᓪᓗᐊᕆᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᑦᑐᓈᑎᑐᑦ ᐃᓄᒃᑎᑐᑦᑐ]. ᐃᒻᒥᓂᒃ ᐃᑉᐱᕆᑦᑎᐊᕐᑐᖕᒐ, ᓄᓇᕗᑦ ᐋᓐᓂᐊᖃᕐᓇᖕᒋᑦᑐᓕᕆᔨᖕᒋᑦ.
https://www.irespectmyself.ca/sites/default/files/documents/talking_to_our_children_about_sexuality_-_english_1.pdf

● ᐃᓚᓐᓂᐊᓯᓈᑦ ᑲᑎᒪᓂᖕᒧᑦ ᑕᒻᒫᕐᓂᖕᒧᑦᑐ ᐆᑦᑐᕋᖕᑦ

ᓄᓇᓕᓐᓂᑦ ᐅᓂᒃᑳᑦ: ᐃᓚᓐᓂᐊᓯᓈᑦ ᑲᑎᒪᓂᖕᒧᑦ ᐆᑦᑐᕋᖕᑦ (2013) [ᑭᖑᕚᓖᓄᑦ ᐊᑲᐅᓯᕆᐳᑎᖕᑦ ᒪᒥᓴᕐᓂᒃᑯᑦ, ᐋᓂᖅᑎᓇᑦᑕᐃᓚᓂᖕᒧᑦ, 38-ᒪᐸᒋᑦ ᐋᖅᖢᓪᓗᐊᕆᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᑦᑐᓈᑎᑐᑦ ᐃᓄᒃᑎᑐᑦᑐ]. ᐸᐅᒃᑑᑎᑦ ᐃᓄᐃᑦ ᐊᕐᓇᐃᑦ ᑲᓇᑕᒥ.
https://pauktuutit.ca/wp-content/uploads/Pauktuutit_CommunityStory_English_WEB.pdf

ᓄᓇᓕᓐᓄᑦ ᐋᖅᑭᑦᓯᕐᑕᐅᓯᒪᔪᑦ ᐅᐸᒍᖕᒐᐃᕐᓯᒪᕐᑯᑦᑐᕆᑦ ᐆᑦᑐᕋᐅᑎᑦ (CRM) (2019). ᐸᐅᒃᑑᑎᑦ ᐃᓄᐃᑦ ᐊᕐᓇᐃᑦ ᑲᓇᑕᒥ (ᑲᑐᔾᔨᖅᑲᑎᒋᑦᑐᕆᑦ ᑎᐅᑦHᐊᐅᓯ ᓯᓚᑦᑐᖅᓴᕝᕙᔾᔭᐊᖕᒐᑦ).
https://pauktuutit.ca/wp-content/uploads/Pauktuutit-CRM-Questions-booklet-oct2019-web2.pdf

ᐃᓄᐃᑦ ᐃᓐᓇᑐᖅᑳᑦ ᐃᓅᓯᑦᑐᑦᑐ ᑲᑎᒪᑎᑕᐅᓂᖕᒋᓄᑦ ᐆᑦᑐᕋᐅᑏᑦ (2011) [ᐃᓚᓐᓂᐊᕐᓯᓈᑦ ᑲᑎᒪᓂᖕᒧᑦ ᐆᑦᑑᑏᑦ, 40-ᒪᐸᒋᑦ ᐋᖅᖢᓪᓗᐊᕆᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᑦᑐᓈᑎᑐᑦ ᐃᓄᒃᑎᑐᑦᑐ]. ᐸᐅᒃᑑᑎᑦ ᐃᓄᐃᑦ ᐊᕐᓇᐃᑦ ᑲᓇᑕᒥ.
https://pauktuutit.ca/wp-content/uploads/Inuit-Elder-and-Youth-Workshop-Model_2011.pdf

ᐱᓐᖑᕐᑎᕐᓯᓂᖅ ᐃᓚᖅᑯᓯᕐᑎᒍᑦ ᐊᐅᓚᔪᒥᑦ ᐃᓂᒋᕗᐅᑲᐃᓐᓇᑐᖓᓂᑦ ᐸᖅᑭᕕᖓᓂᑦᑐ ᐃᓄᐃᑦ ᐊᕐᓇᖕᒋᓐᓄᑦ ᖃᐅᔨᒻᒐᖕᒋᓐᓄᑦᑐ: ᐃᑲᔫᑎᖕᑦ ᐱᔾᔪᕐᑎᐅᕙᑦᑐᓄᑦ ᕿᒫᕝᕕᒥ (2019) [ᒪᕉᒃ-ᒪᐸᒌᒃ ᐋᖅᖢᓪᓗᐊᕆᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᑦᑐᓈᑎᑐᑦ ᐃᓄᒃᑎᑐᑦᑐ]. ᐸᐅᒃᑑᑎᑦ ᐃᓄᐃᑦ ᐊᕐᓇᐃᑦ ᑲᓇᑕᒥ.
https://www.pauktuutit.ca/wp-content/uploads/BAC_Info-Pad_English.pdf

ᑎᓴᒪᐅᔪᕐᖕᒋᕋᕐᑐᑦ ᐅᔭᕋᓛᑦ ᐆᑦᑐᕋᐅᑏᑦ ᐃᓅᓯᑦᑐᓄᑦ ᐋᓐᓂᐊᕐᑕᐃᓚᓂᖕᒧᑦ ᒪᑭᐹᑦᓚᕐᓂᖕᒧᑦᑐ ᐊᑲᐅᓯᓴᕐᕖᑦ ᑕᒻᒫᕐᕖᑦ [ᐋᔾᔨᓐᖑᐊᖅ ᐊᑭᓐᓇᕐᒥᐅᖅ, ᐊᑕᐅᓯᖅ-ᒪᐸᒋᖅ ᐋᖅᖢᓪᓗᐊᕆᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᑦᑐᓈᑎᑐᑦ ᐃᓄᒃᑎᑐᑦᑐ]. ᖃᐅᔨᒋᐊᕐᑏᑦ ᐋᓐᓂᐊᕐᑐᓕᕆᓂᖕᒧᑦ ᖃᐅᔨᓴᕐᕕᒃ.
https://www.qhrc.ca/wp-content/uploads/2019/09/8-rocks-model-poster-gkh-AUG-2010-.pdf

ᐃᑲᔪᖅᑲᑎᒌᓐᓂᖅ: ᐃᓄᐃᑦ ᐃᓄᓯᑦᑐᑦ ᐊᖅᑯᑎᕆᔪᓐᓇᕐᑕᖕᒋᑦ ᓂᖕᒐᑦᑕᐃᓚᓂᖕᒧᑦ, ᐃᓅᓯᑦᑐᓄᑦ ᐱᕆᐊᕐᑎᑕᐅᓯᒪᔪᑦ ᐱᓕᒻᒪᖕᐅᑎ (2021) [ᐃᓅᓯᑦᑐᑦ ᑲᑎᓐᖑᑎᑦᑐᕆᑦ ᐊᔪᓇᕐᓯᐅᔾᔨᒍᑏᑦ, ᐆᑦᑑᑏᑦ ᑲᑎᒪᔾᔪᑎᖕᑦ, ᓯᓚᒥ ᐱᓐᖑᐊᕈᑏᑦ, ᐃᓄᐃᑦ ᐱᓐᖑᐊᕈᓯᖕᒋᑦ, ᑐᓐᖑᓵᓇᔾᔪᑏᑦ ᖃᓯᔾᔫᒥᓂᐊᖕᒐᑕ, 30-ᒪᐸᒋᖅ ᐋᖅᖢᓪᓗᐊᕆᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᑦᑐᓈᑎᑐᑦ ᐃᓄᒃᑎᑐᑦᑐ]. ᐸᐅᒃᑑᑎᑦ ᐃᓄᐃᑦ ᐊᕐᓇᐃᑦ ᑲᓇᑕᒥ.
https://pauktuutit.ca/wp-content/uploads/IkajuqatigiiniqToolkit_ENB_FINAL.pdf

ᐃᓄᓐᖑᐃᓂᖅ ᖃᐅᔨᒪᓕᓇᓂᖅ ᐃᓚᓐᓂᐊᕈᑎᖕᑦ ᓄᓇᕗᒥᐅᓄᑦ ᑭᖑᓪᓕᕐᐹᖅᓯᐅᑏᑦ ᖃᐅᔨᓴᕐᑕᐅᓂᖕᒋᑦ (2015) [ᐅᓂᒃᑳᑦ, 32-ᒪᐸᒋᑦ ᐋᖅᖢᓪᓗᐊᕆᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᑦᑐᓈᑎᑐᕐ]. ᖃᐅᔨᒋᐊᕐᑏᑦ ᐋᓐᓂᐊᕐᑐᓕᕆᓂᖕᒧᑦ ᖃᐅᔨᓴᕐᕕᒃ.
https://www.qhrc.ca/wp-content/uploads/2019/09/inunnguiniq_parenting_program_evaluation_2010-2015_-_feb_2015.pdf

ᐃᓅᓯᓐᓂ ᐊᖅᑯᓵᖅᑕᕋ – ᐊᖅᑯᑎᓐᓂ: ᑳᓐᓯᒧᑦ ᐋᓐᓂᐋᓖᑦ ᐃᑲᔪᕐᑎᐅᖅᑲᑎᓖᖕᒋᑦ ᐃᓄᓐᓄᑦ ᒪᒥᓴᕐᓂᖕᒋᓐᓂ (2019). ᐸᐅᒃᑑᑎᑦ ᐃᓄᐃᑦ ᐊᕐᓇᐃᑦ ᑲᓇᑕᒥ.
https://pauktuutit.ca/wp-content/uploads/Cancer-Healing-Circle-Guide-FINAL.pdf

ᓄᓇᒧᑦ ᐊᐅᓪᓚᕐᓯᒪᓗᓂ ᐃᓚᓐᓂᐊᕈᑎᖕᑦ ᐃᓄᓐᓄᑦ ᐊᖖᓇᓄᑦ (2011) [ᐃᓚᓐᓂᐊᕐᓯᓐᓇᑦ ᑲᑎᒪᓂᖕᒧᑦ ᐆᑦᑑᑏᑦ, 52-ᒪᐸᒋᑦ ᐋᖅᖢᓪᓗᐊᕆᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᖃᑦᑐᓈᑎᑐᑦ ᐃᓄᒃᑎᑐᑦᑐ]. ᐸᐅᒃᑑᑎᑦ ᐃᓄᐃᑦ ᐊᕐᓇᐃᑦ ᑲᓇᑕᒥ.
https://pauktuutit.ca/wp-content/uploads/On-the-Land-Workshop-Model_2011.pdf

ᐊᖅᑯᑎᕝᓯᐊᕙᑦ ᐃᓱᒪᕝᓯᐊᕆᓐᓂᕐᒧᑦ ᓄᓇᖃᖅᑳᕐᓯᒪᔪᑦ ᓄᑲᐱᐊᕐᒋᖕᓄᑦ ᐊᖑᑎᕐᒋᖕᓄᓪᓗ (2018) [ᖃᐅᔨᓴᕐᑕᐅᓂᕐᒥᑦ ᐊᒥᓱᐃᕐᓱᕐᑐᑎᑦ ᓄᓇᒧᑦ ᐊᐅᓪᓚᕝᓯᓪᓗᑎᑦ ᐃᑲᔪᑕᐅᖃᑦᑕᕐᓂᒍᑦ, 32-ᒪᐸᒎᑦ ᐋᕝᕆᓚᐅᕝᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ ᖃᓪᓗᓈᑎᑐᕐ].
ᖃᐅᔨᒋᐊᕐᑏᑦ ᐋᓐᓂᐊᕐᑐᓕᕆᓂᕐᒧᑦ ᖃᐅᔨᓴᕐᕕᒃ.
https://drive.google.com/file/d/1NK_zblCzkGNHvzclnrDQRVDe0wZ4Tm6c/view

ᐃᑲᔫᑎᒐᓛᑦ ᑲᐱᐊᓇᖕᒋᑦᑐᒥ ᐃᓂᓴᓚᐅᕐᓂᐊᕐᓗᓂ (2023) [ᐱᖓᓱᑦ-ᒪᐸᒎᑦ ᐋᕝᕆᓚᐅᕝᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ,
ᖃᓪᓗᓈᑎᑐᕐ]. ᑐᓐᖓᓱᕙᖓᑦ ᐃᓄᐃᑦ.
https://tiontario.ca/wp-content/uploads/2023/06/Tips-for-Creating-Safe-Spaces.pdf

ᐊᓯᖕᒋᑦ ᖃᐅᔨᒋᐊᕐᕕᒋᓯᒪᔭᕗᑦ

ᓄᓇᓕᖕᓄᑦ ᐋᖅᑭᑦᓱᕐᑕᐅᓯᒪᔪᑦ ᐅᐸᓗᖓᐃᕝᓯᒪᕐᑯᓪᓗᒋᑦ ᐆᑦᑐᕋᐅᑏᑦ (CRM) (2019). ᐸᐅᒃᑑᑎᑦ ᐃᓄᐃᑦ ᐊᕐᓇᐃᑦ
ᑲᓇᑕᒥ (ᑲᑐᔾᔨᖃᑎᒋᓪᓗᒋᑦ ᑎᐅᑉHᐊᐅᓯ ᓯᓚᑦᑐᖅᓴᕐᕕᔾᔪᐊᖓᑦ).
https://pauktuutit.ca/wp-content/uploads/Pauktuutit-CRM-Questions-booklet-oct2019-web2.pdf

ᐊᑐᐊᒎᑦ ᐃᓄᓐᓂᑦ ᐃᓐᓇᑐᕐᑲᕐᓂᑦ ᐃᑲᔪᕐᑎᖃᕐᓂᐊᕐᓗᓂ (ᐱᓚᔾᔨ ᐊᐅᓪᓛᔪᑦ) (2008). ᓄᓇᕗᑦ ᓯᓚᑦᑐᖅᓴᕐᕕᖓ.
https://the-irg.ca/wp-content/uploads/2022/03/Guidlines-for-working-with-Inuit-elders-Arctic-College-2008.pdf

ᐃᓐᓇᑐᕐᑲᕐᓂᑦ ᐊᐱᖅᓱᕈᓱᑦ: ᐊᑐᐊᒎᑦ (2009). ᑲᓇᑕᒥ ᓄᓇᖃᖅᑳᕐᓯᒪᔪᑦ ᐋᓐᓂᐊᕐᑲᕐᓇᖕᒋᑦᑐᓕᕆᓂᕐᒧᑦ ᑲᑐᔾᔨᖃᑎᒌᖕᒋᑦ.
http://archives.algomau.ca/main/sites/default/files/2012-25_003_008.pdf

ᐊᐱᖅᓱᑲᑕᓐᓂᖅ ᐃᓐᓇᑐᕐᑲᕐᓂᑦ ᐃᓄᓐᓂᑦ, ᖃᐅᔨᒃᑲᐅᑎᓂᖅ [ᐊᐱᖅᓱᑲᑕᓐᓂᖅ ᐃᓐᓇᑐᕐᑲᕐᓂᑦ ᐃᓄᓐᓂᑦ ᐅᕐᑲᓚᒫᒎᑦ,
Vol. 1], J. ᐆᔅᑎᓐ ᐊᒻᒪ F. ᓛᒍᕚᓐ, eds. (1999). ᓄᓇᕗᑦ ᓯᓚᑦᑐᖅᓴᕐᕕᖓ.
https://nacmedia.ca/product/volume-1-introduction

ᐃᓄᐃᑦ ᖃᐅᔨᒪᔭᑐᖃᖕᒋᓐᓂᑦ ᐃᓚᓐᓂᐊᕈᑏᑦ (2007). ᓄᓇᕗᒥ ᐃᓚᓐᓂᐊᕐᑐᓕᕆᔾᑯᑦ.
https://www.gov.nu.ca/sites/default/files/files/Inuit%20Qaujimajatuqangit%20ENG.pdf

ᐃᓄᐃᑦ ᐅᐱᒋᔭᖕᒋᑕ ᑐᓐᖓᕕᖕᒋᑦ (1999). ᓄᓇᕗᑦ ᒐᕙᒪᖓᑦ.
https://www.gov.nu.ca/information/inuit-societal-values

ᐊᖅᑯᑎᕝᓯᐊᕙᑦ ᐃᓱᒪᕝᓯᐊᕆᓐᓂᕐᒧᑦ ᓄᓇᖃᖅᑳᕐᓯᒪᔪᑦ ᓄᑲᐱᐊᕐᒋᖕᓄᑦ ᐊᖑᑎᕐᒋᖕᓄᓪᓗ (2018) [ᖃᐅᔨᓴᕐᑕᐅᓂᕐᒥᑦ
ᐊᒥᓱᐃᕐᓱᕐᑐᑎᑦ ᓄᓇᒧᑦ ᐊᐅᓪᓚᕝᓯᓪᓗᑎᑦ ᐃᑲᔫᑕᐅᖃᑦᑕᕐᓂᒍᑦ, 32-ᒪᐸᒎᑦ ᐋᕝᕆᓚᐅᕝᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ ᖃᓪᓗᓈᑎᑐᕐ].
ᖃᐅᔨᒋᐊᕐᑏᑦ ᐋᓐᓂᐊᕐᑐᓕᕆᓂᕐᒧᑦ ᖃᐅᔨᓴᕐᕕᒃ.
https://drive.google.com/file/d/1NK_zblCzkGNHvzclnrDQRVDe0wZ4Tm6c/view

ᐅᕐᑲᓗᕋᐃᑦ: ᐅᕐᑲᐅᓯᒃᑯᑦ ᐅᓂᒃᑳᕐᑐᐊᑦ ᓄᓇᕗᒥᑦ (2004) J. ᐱᐊᓂᑦ ᐊᒻᒪ S.ᕋᐅᓚ (eds.). ᒪᒃᑭᐅᓪ-ᑯᐃᓐᔅ ᑐᓴᕋᕐᓴᑦ.

ᐊᕐᓇᓂᑦ ᐊᒻᒪ ᐊᖑᑎᓂᑦ ᐊᕐᓇᓂᓪᓗ ᐃᓚᐃᓐᓈᑦᑕᐃᓚᔩᓂᑦ ᑲᓇᑕᒥ, ᐱᓚᓇᕝᕙᖓᓄᑦ ᐸᕐᓇᐅᑏᑦ 2022-23
[ᐋᕝᕆᓚᐅᕝᓯᒪᔪᖅ ᑎᑎᖅᑲᓂᑦ, ᐊᑐᐊᒎᖅ, ᖃᓪᓗᓈᑎᑐᕐ]
ᒥᓂᔅᑕ ᐊᕐᓇᓂᑦ ᐊᒻᒪ ᐊᖑᑎᓂᑦ ᐊᕐᓇᓂᓪᓗ ᐃᓚᐃᓐᓈᑦᑕᐃᓚᔩᓂᑦ ᐃᓅᓯᑦᑐᓂᓪᓗ ᑭᒐᕐᑐᐃᓂᕐᒧᑦ. ᑲᓇᑕᐅᑉ ᒐᕙᒪᒃᑯᖕᒋ
https://women-gender-equality.canada.ca/en/transparency/departmental-plans/2022-2023.html

ᓴᓐᖓᔪᐊᓇᐅᓴᓂᖅ ᐊᒻᒪ ᐃᓄᐃᑦ ᓴᓇᕈᑎᓚᐅᕈᓯᖕᒋᓐᓂᑦ ᐃᓚᓐᓂᐊᕐᓂᖅ (2023) ᑐᓐᖓᓱᒋᑦ.
https://www.tunngasugit.ca/programs/carving-inuit-tool-making-workshops/

“ᐊᒃᓱᕈᓐᓇᓲᖅ ᖃᓄᖅ ᐃᓂᖃᑦᑎᐊᓇᐊᒃᓴᖅ ᐃᓗᐊᓂ ᒫᓐᓇᐅᓕᖅᑐᖅ ᓄᓇᖃᖅᑎᒌᖕᓂ ᐱᔾᔪᑕᐅᒐᖅ ᐊᕙᑖᓂᑦ ᐊᖑᑎᑦ ᐃᓄᐃᑦ ᓄᓇᖕᒥᓐᓂ. ᒫᓐᓇ ᐱᓗᐊᕐᓂᖅᓴᐅᓕᖅᑐᖅ, ᐱᓪᒪᕆᐅᒐᖅ ᑖᒃᑯᐊ ᐊᖑᑎᑦ ᐃᑲᔪᖅᑎᒌᖅᑲᑦᑕᕐᓗᑎᒃ ᐊᖑᑕᐅᖅᑎᒥᖕᓂᒃ ᑐᓴᐅᒪᖅᑎᒌᓪᓗᑎᒃ ᐊᒻᒪᓗ ᐅᖃᖅᑎᒌᓪᓗᑎᒃ ᐱᔭᕐᓂᓐᖏᑦᑐᓂᒃ ᓵᓯᒪᔭᒥᖕᓂᒃ. ᑕᐃᒪᓐᓇᐅᓪᓗᓂ ᐊᖑᑎᒥᒃ ᓴᖕᖕᒌᑐᑯᓘᓕᖅᑎᑦᑎᔪᓐᓇᓐᖏᑦᑐᖅ, ᐅᕝᕙᓘᓐᓃᑦ ᐊᔪᓕᖅᑎᑦᑎᔪᓐᓇᓐᖏᑦᑐᖅ. ᓴᖕᖕᒋᒃᑎᑦᑎᖕᒫᓲᖅ.”

ᐱᕕᐅᔪᖅ: ᖃᓄᖅ ᐃᓂᖕᒋᑦ ᐊᖑᑎᑦ ᐊᓯᕈᖅᓯᒪᓕᖅᐸᑦ ᓄᓇᕗᒻᒥ, ᐃᓴᒃᓯᒪᒋᑦ ᐃᓅᓯᖅᒥᒃ ᑲᑐᔾᔨᖅᑎᒌᖕᒋᑦ ᖃᓇᓴᐅᔭᖅᑲᖅᕕᖕᒋᑦ