

## Pilimmaksarniq

ENGAGING MEN AND BOYS IN REDUCING VIOLENCE AGAINST WOMEN AND GIRLS

## Mathew Alainga

National Inuit Role Model

Iqaluit, Nunavut



Ask for the revised **Engaging Men and Boys Toolkit** and role
model videos to start your men's
healing or support group.

"Don't contemplate suicide because it's painful to your parents and painful in your mind."



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