

# Apikotaoginakpaktun Ukoniga Tigukluknik C-mik



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PAUKTUUTIT  
INUIT WOMEN OF CANADA  
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# Q&A

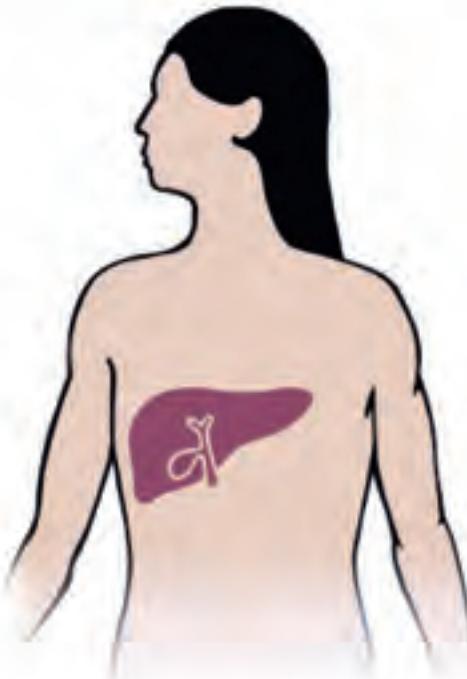


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The Canadian Inuit HIV/AIDS Network

Ihoakhknigin Earthlore-kon Tohaomayotinik Piksan: kaaga,  
tununga makpikniganilo 11 uvanilo 13 apikotaoyuni – Lee Narraway  
Piksan: iluvgoagani iloanetun pugani – David Boult  
Piksan makpiknigini: 4, 14 unalo 15 – Nick Newberry  
Piksan makpiknigini: 2, 3 unalo 13 – iStock  
Piksan makpiknigini: 4, 5, 7, 10, 12, 14, unalo 15 – Pauktuutit  
Titigaoyaknigin makpiknigani: 11 uvalo 13 – EarthLore-konin

Talvanetun titigaoyagaoyun talvatoak inuk piksakaktok talvani kungeaktitikavuktok.

## Honaova tigukluknik C?



Tikukluknik C kupilguk hugaktigivaktok tigukmik.

## Kanok Tigukluknik C heamayakpakpa?



Tigukluknik C kupilguk heamayakpaktok  
**aokmin aokmun** aktutiyokagaagan tigukluknik  
C-mik aneagotikaktomin aneagutikagitoklo.

Tigukluknik C heamayakpaktok ima:

- avanmun atokatigektonin mitkotinik kaplутиникло
- atokatigektonin kигагук hilukhiyotinik imigaknaktonik hilohiyotiniklo
- atokatigenin paepaknik (imigaknaktuvaloknik aalatkenik, taemaetonik.)

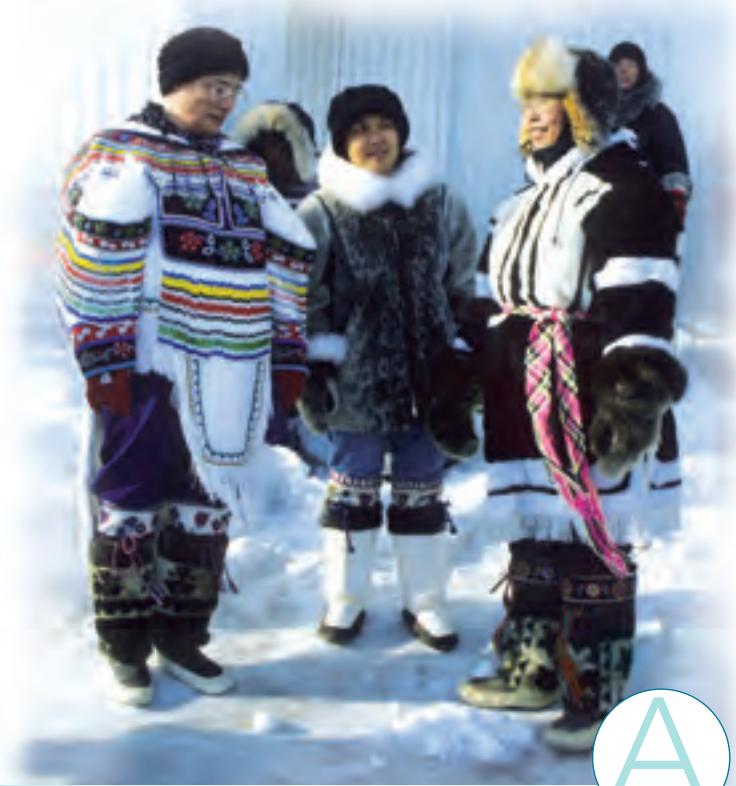
## Tigukluknik C ilaani heamayakpaktok ima:



- uvinik potukniganik kakinikhuyotiniklo
- okatokatigeknigin kigutigikhaotin, umgiyaotin, kikiknolunen ageanoen
- amigiyotikakloni nuleaknik (ila aokakan akhugaalok nuleaktokakan)
- kapitikaalaknikan atokhimayomun kaplunmun
- amamaoyum pipkakniga nutaganoaminun ihuhanoamun

# Apikotaoginakpaktun Ukoniga Tigukluknik C-mik

## Naonaegutikaka tigukluknik C-mik aneagutikaknikan?



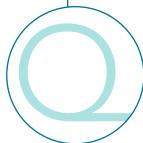
A

Hivoani, amigaenikhan inoen ikitonik  
naonaegutikakneaktun, kiheani...

## ...kagugugaagan ilgin naonaegutivaktun ukuniga:



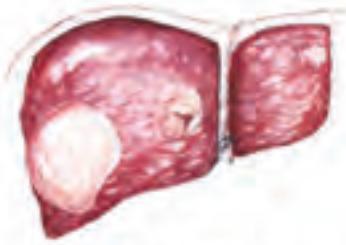
- unaguhoenaknik
- nuken ulogeanaknigin
- atanigin haonen ulogeanaknigin
- neokukleoknik
- kukoenakniga uvineom
- ulugeanakniga naakmini
- kuveohugeoknik
- ihomaloenaknik
- “kagitak ihomateaginiga”
- nakivangonakniga



## Tigukluknik C tokoyotaoneaka? Imanak.



Huhimagitok Tiguk



Aneagutikaktok Tiguk

Auka.



Amigaenikhan inoen aneagutikaktun tigukluknik C-mik tokoyotigyoetaan. Kiheani, kagugugaagan, ilagin aneagutikalikneaktun:

- tigukluknik (tiguk kilaalikpaktok aolanikateagoekhonilo)
- tigukmi kagutikaknik

## Inoen aneagutikaktun tigukluknik C-mik takoyageakakan monakhimik namaktuyaagaloakhutik?

ESTHER AGLUKARK-POWELL RN  
Monakhi Iyoagakhak



Iya.

Siksiniñ toalunun tatkikheotin naatkagata  
amigyaagani tiguk! Inuk namaktuyaagaloakan  
naonaegutikagipatalo, tigukluknik C  
pikpaloegutilaktok tigukmik.



## Kagugugaagan monakhin ilitokhaevakpan kanok kupilgitmagaa inuk aoga?



Monakhin aokmik ilitokhaeneakun  
piyomaligumik:

- naenaegagani inuk aneagutikaktok  
tigukluknik C-mik
- naonaeyaklogo havaotin ihoakutaokmagaa

## Ilitokhaeyotikaka tiguk pikpaloeckmagaanik?



Iya.

Monaktigiyan timiknik ihivgeokhilaktok aoknik aheniklunen naonaeyaeyaagnai tiguk pikpaloeckmagaanik.



## Tigukluknik C mamilaaka?



Iya!



Taya havaotikan aneagutaelaktae  
70%-goyun amigaenigin monaktaoyun\*

Hivunikhami havaotin aneagutaelagunakhiaen  
90%-goyun monaktaoyun.

\* Amigaenigin aalagayun Aoklikhimaguvin.

## Inoen atoktun imigaknaktonik havaotitolaakan?



Iya!



Apikhiyukhaogaloen monikhnik kaoyimayun tigukluknik C-mik aneagutikaktun monageagani ukoa imiyuktun (ila kapluitoktun imigaknaktonik atokhotik, taagaknik, mihiknaegepkotiniklo).

# Apikotaoginakpaktun Ukoniga Tigukluknik C-mik



Uko a monakhin havakatikakneakun inukmik  
okakatigilogo opalogaeeyaklotiklo ikayugeagani  
ihaoaktonik havaotikhanik inuhikmikni.

## Inoen aneagutikaktun tiguklukni C-mik aheniklo aneagutinik Aokluknikmik tigukluknik C-mik havaotaenik atoklotik pilakan?



Iya!

Piyotikakloaktok okaohiginyaagani tamaeta  
aneagutigiyatin monaktigiyalo.

Q

A

# Apikotaoginakpaktun Ukoniga Tigukluknik C-mik

## Pikaka ahenik ikpiknakniginik tigukluknik C-mik havaotinin?



Iya!



Kanogilinigin aalatken, kiheani ukuniga ilakalaktun:

- kalaktotun aneagutin
- ayokhakniga hinigeami
- naguhoenakloni akhugaalok

Piyotikateaktok okakatigiyaagani monaktigiyan  
kanok monagiyaagani havaotinin ahenik  
ikpiknaknigin.

## Havaotitoknik malgukni tatkikheotikni hivitolaaktok.



A

Amigaenikhan inoen havaotituktun ihageahukneaktun ikpinaknigiyamini, napatikmini, timimiknilo ikayutikhanik havaotitoktiligin.

Ikayutin monaktinin pilaktun ahenilo ikayoktinin, ilavaloknin, ilananin, inikniiknin, inukatigiyanilo.

# Apikotaoginakpaktun Ukoniga Tigukluknik C-mik

# Itkaomayotin



Una ihoakun ihoakhaktaohimayok ihoakunmin hanayaohimayomin llaoyonin Tigukluknik C-mik Monagiyotinun Havaamin. Pilimagitkaloakman ikayuteagitpata inoen aktoktaoyun tigukluknik C-min, ikayoktin kivgaktoktilo Nunakaktonin Itkiliknin, Kavlonaakanin Inoenaelo timigyaenin humilikaan Kanatamin.

Hivili makpigaak pihimayok ikayoktigivlogin: Kanatami Nunakakaktun Aokluknikmik Havakatigen, Pauktutit-kon Inoen Aknan Kanatami, Chee Manuk Nunakaktaktun Havaami, Nunakakaktun Itkilgin Aneaktaelinikun Atanikteoyin, Nunakakaktun Monakhin Katimayin Kanatami, Red Road Aokluknikun Kupilgiyotiniklo Havakatigen, Tamaeta Inoen Nahogiyun, Ontario-mi Nunakakaktun Kupilgiyotlikinikun Atuligumayaenik, Kamloops-mi Nunakakaktun Ilanagen Timigyaan, Yuusnewas Inulgamen Nunakakaktun Havaaganin ikayutiniklo Ilihakpaalikvikmin British Columbia-mi BC-milo Iglukpak Aneagutinik Monagiyaaagani, manikhaakhalo Kitunilikaa Aneaktaelinikun Havakeyoymen Kanatami

Inoen ilaleogilaknigin inikhimayaan Kanatami Inoen Aokluknikmik Kupilgiyotiniklo Havakatigenin (CIHAN-kon) havaamilo ihomakhakheoktin kamiteoyok.

Hivonikhivaaligumaniguvin, takoenaageaglik [www.pauktuutit.ca](http://www.pauktuutit.ca) uvalunen [www.bccdc.ca](http://www.bccdc.ca) nakilogin ukoa titikan "Attendance Project" kinikheaveani kagitaoyami.

titikiyotin – [info@pauktuutit.ca](mailto:info@pauktuutit.ca)

The background image shows a massive, multi-tiered iceberg floating in dark, textured ocean water. The ice is white and light blue at the top, transitioning to a deep teal and black at the base where it meets the water.

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